

Prova 10

Masc., 400m Livres

Absolutos

08/11/2025 - 10:01

Startlist

Recorde Regional Open	3:50.96	FRANCO Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO Joao Cruz	CDSR	Funchal	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS Tomas Miguel	CDN	Funchal	12/07/2003
Recorde Nacional Adaptada S12	6:24.01	CRUZ Joao Tanica	PDEM	Recarei	22/05/2022

TAC Zonal Inf B: 4:59.53; Inf A: 4:45.26; Juv B: 4:35.76; Juv A: 4:26.25 / TAC Nacional Inf B: 4:52.40; Inf A: 4:38.13; Jun17: 4:11.98; Jun18: 4:07.23; Sub21: 4:04.85 / TAC Nacional Março Juv B: 4:31.00; Juv A: 4:21.49 / TAC Nacional Julho Juv B: 4:26.25; Juv A: 4:16.74 / TAC Nacional Sen. Sen: 4:02.47 / TAC Nacional Abs. Sen: 3:57.72

Pista	Nome	Ano	Licença	Clube	Tempo de Inscrição		
Série 1 de 3, 10:01							
EXH 2	CAMACHO Goncalo Filipe	13	223500	Desportivo Nacional	8:00.00	_____	_____
EXH 3	ABREU Leo Matias	13	222748	Escola O Liceu	7:23.15	_____	_____
EXH 4	FERREIRA Manuel Maria	10	215316	Naval do Funchal	5:32.86	25m	_____
EXH 5	TAVARES Lourenco Carvalho	10	221320	Naval do Funchal	6:00.00	_____	_____
EXH 6	FURTADO Martim Sousa	12	223506	Desportivo Nacional	7:50.00	_____	_____
EXH 7	DINIS Tiago Gouveia	96	219664	Desportivo Nacional	8:15.00	_____	_____

Série 2 de 3, 10:09

EXH 1	SILVA Pedro Fernandes	11	213394	Naval do Funchal	5:17.00	25m	_____
EXH 2	BARATA Bernardo Vieira	12	214837	Juventude Atlantico	5:06.61	_____	_____
	3 FERNANDEZ Henrique Justir	08	207496	Juventude Atlantico	4:50.30	25m	_____
EXH 4	PESTANA Pedro Correia	09	209489	Desportivo Nacional	4:38.23	25m	_____
EXH 5	FREITAS Jonas Christian	11	213115	Desportivo Nacional	4:46.46	25m	_____
EXH 6	MARTINHO Joao Miguel	09	211722	Desportivo Nacional	4:51.75	25m	_____
EXH 7	ROMAO Santiago Maio	12	214149	Juventude Atlantico	5:13.74	_____	_____
	8 SANTOS Joao Dinis	09	206754	Desportiva de Machico	5:18.67	25m	_____

Série 3 de 3, 10:15

EXH 1	SOUSA Eduardo Afonseca	09	204365	Desportivo Nacional	4:34.94	25m	_____
EXH 2	ALMEIDA Joao Francisco	07	209787	Naval do Funchal	4:17.42	25m	_____
EXH 3	JESUS Vasco Franca	08	207497	Naval do Funchal	4:14.04	25m	_____
EXH 4	ABREU Sergio Gomes	96	100821	Naval do Funchal	4:07.48	25m	_____
EXH 5	MIRANDA Francisco Guilherro	08	206796	Naval do Funchal	4:11.08	25m	_____
EXH 6	CASTRO Marco Antonio	08	203451	Naval do Funchal	4:14.54	25m	_____
EXH 7	SILVA Joao Bernardo	09	210132	Desportivo Nacional	4:26.52	25m	_____
EXH 8	GOMES Guilherme Silva	08	209488	Desportivo Nacional	4:36.44	25m	_____