

Prova 3 Masc., 1500m Livres Absolutos
21/11/2025 - 19:37 Resultados

Recorde Regional Open	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonal Inf B: 19:46.49; Inf A: 18:49.99; Juv B: 18:12.33; Juv A: 17:34.66 / TAC Nacional Inf B: 19:18.24; Inf A: 18:21.74;
Jun17: 16:38.16; Jun18: 16:19.33; Sub21: 16:09.91 / TAC Nacional Mar o Juv B: 17:53.49; Juv A: 17:15.83 /
TAC Nacional Julho Juv B: 17:34.66; Juv A: 16:56.99 / TAC Nacional Sen. Sen: 16:00.49 / TAC Nacional Abs. Sen: 15:41.66

Pontos: AQUA 2025

Lugar Ano Tempo final Pts

Juvenil A - 16 anos

1. RAPOSO, Mateus Medeiros 10 Desportivo Nacional **17:09.27** 557
TAC Zonal - Albufeira, 6 a 8 Dezembro 2025, TAC Nacional - Coimbra, 20 a 22 Mar o 2026

100m:	1:02.53	1:02.53	500m:	5:39.89	1:09.50	900m:	10:17.28	1:09.19	1300m:	14:54.69	1:09.24
200m:	2:10.96	1:08.43	600m:	6:49.44	1:09.55	1000m:	11:26.69	1:09.41	1400m:	16:03.53	1:08.84
300m:	3:20.72	1:09.76	700m:	7:58.56	1:09.12	1100m:	12:35.80	1:09.11	1500m:	17:09.27	1:05.74
400m:	4:30.39	1:09.67	800m:	9:08.09	1:09.53	1200m:	13:45.45	1:09.65			

Juniores - 17, 18 anos

1. JESUS, Vasco Franca 08 Naval do Funchal **17:08.04** 559

100m:	59.63	59.63	500m:	5:32.95	1:10.38	900m:	10:14.09	1:10.65	1300m:	14:53.23	1:09.35
200m:	2:05.39	1:05.76	600m:	6:43.36	1:10.41	1000m:	11:24.14	1:10.05	1400m:	16:01.35	1:08.12
300m:	3:13.16	1:07.77	700m:	7:53.27	1:09.91	1100m:	12:34.11	1:09.97	1500m:	17:08.04	1:06.69
400m:	4:22.57	1:09.41	800m:	9:03.44	1:10.17	1200m:	13:43.88	1:09.77			