

Prova 2 Absolutos
06/03/2026 - 19:34 Resultados

		Masc., 400m Livres				
Recorde Regional Open	3:58.51	FRANCO, Paulo	Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo	Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro	Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo	Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo	Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas	Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos	Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo	Fragueiro	CDN	Olivais	28/07/1995
Recorde Nacional Nat. Adaptada S1	59:00.00					
Recorde Nacional Nat. Adaptada S2	59:00.00					
Recorde Nacional Nat. Adaptada S3	59:00.00					
Recorde Nacional Nat. Adaptada S4	59:00.00					
Recorde Nacional Nat. Adaptada S5	7:07.80	NASCIMENTO, Luis	Carlos	FCP	Funchal	01/03/2025
Recorde Nacional Nat. Adaptada S6	5:15.72	VIDEIRA, Daniel	Carlos	POR	Funchal	19/05/2021
Recorde Nacional Nat. Adaptada S7	5:07.70	SOARES, Ricardo	Aderneira	POR	Singapore (SGP)	22/09/2025
Recorde Nacional Nat. Adaptada S8	4:34.61	CANCELA, Diogo	Luis	POR	Funchal	21/04/2024
Recorde Nacional Nat. Adaptada S9	4:21.94	GRACHAT, David	Realista	POR	Londres (GBR)	04/09/2012
Recorde Nacional Nat. Adaptada S10	4:22.53	CORDEIRO, Tomas	Coelho	INDANC	Coimbra	17/12/2023
Recorde Nacional Nat. Adaptada S11	4:36.36	MENESES, Marco	Ribeiro	POR	Paris (FRA)	30/08/2024
Recorde Nacional Nat. Adaptada S12	6:50.72	CRUZ, Joao	Tanica	PDEM	Porto	21/01/2024
Recorde Nacional Nat. Adaptada S13	4:31.26	ENCARNACAO, Vitor	Hugo	POR	Eindhoven (NED)	10/08/2014
Recorde Nacional Nat. Adaptada S14	4:46.12	DUARTE, Samuel	Lima	FVCD	Coimbra	15/12/2024
Recorde Nacional Nat. Adaptada S15	4:28.84	CRUZ, Miguel	Duarte	CFB	Oeiras	20/12/2020
Recorde Nacional Nat. Adaptada S16	5:18.51	JORGE, Andre	Camara	CEOL	Rio Maior	25/01/2020
Recorde Nacional Nat. Adaptada S17	5:09.78	CARVALHO, Joaquim	Eduardo	CNF	Funchal	22/03/2025
Recorde Nacional Nat. Adaptada S21	5:38.24	PEREIRA, Vicente	Barros	POR	Padova (ITA)	08/09/2023

TAC Nacional Inf B: 5:17.39; Inf A: 5:02.63; Jun17: 4:23.26; Jun18: 4:15.88; Sub21: 4:13.42 / TAC Nacional Março Juv B: 4:45.41; Juv A: 4:33.10 / TAC Nacional Julho Juv B: 4:40.49; Juv A: 4:28.18 / TAC Nacional Sen. Sen: 4:10.96 / TAC Nacional Abs. Sen: 4:06.04

Pontos: AQUA 2025

Lugar Ano Tempo final Pts

Infantil B - 13 anos

1. SOUSA, Pedro Henrique	13	Desportivo Nacional	6:02.20	224
50m: 40.55 40.55	150m: 2:11.39 45.93	250m: 3:44.39 46.72	350m: 5:17.34 46.54	
100m: 1:25.46 44.91	200m: 2:57.67 46.28	300m: 4:30.80 46.41	400m: 6:02.20 44.86	

Infantil A - 14 anos

1. BARATA, Bernardo Vieira	12	Juventude Atlantico	4:55.85	411
<i>TAC NACIONAL - Manteigadas, 17 a 19 Julho</i>				
50m: 31.43 31.43	150m: 1:43.86 37.35	250m: 3:00.32 38.72	350m: 4:18.03 39.14	
100m: 1:06.51 35.08	200m: 2:21.60 37.74	300m: 3:38.89 38.57	400m: 4:55.85 37.82	
2. GOMES, Gustavo Daniel	12	Desportivo Nacional	5:10.39	356
50m: 33.75 33.75	150m: 1:51.29 39.75	250m: 3:10.57 40.12	350m: 4:31.82 40.75	
100m: 1:11.54 37.79	200m: 2:30.45 39.16	300m: 3:51.07 40.50	400m: 5:10.39 38.57	

Juvenil B - 15 anos

1. FREITAS, Jonas Christian	11	Desportivo Nacional	4:50.73	433
50m: 31.56 31.56	150m: 1:43.32 36.53	250m: 2:58.42 37.41	350m: 4:13.78 37.48	
100m: 1:06.79 35.23	200m: 2:21.01 37.69	300m: 3:36.30 37.88	400m: 4:50.73 36.95	
2. VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	5:04.91	375
50m: 31.01 31.01	150m: 1:43.86 37.19	250m: 3:02.08 39.44	350m: 4:24.56 42.03	
100m: 1:06.67 35.66	200m: 2:22.64 38.78	300m: 3:42.53 40.45	400m: 5:04.91 40.35	

Prova 2, Masc., 400m Livres

Juvenil A - 16 anos

1.	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	4:34.79	513
	50m: 30.08 30.08 150m: 1:40.59 35.65 250m: 2:51.21 35.12 350m: 4:01.06 34.86				
	100m: 1:04.94 34.86 200m: 2:16.09 35.50 300m: 3:26.20 34.99 400m: 4:34.79 33.73				
2.	GARANITO, Mateus Silva	10	Naval do Funchal	4:47.41	448
	50m: 29.95 29.95 150m: 1:41.45 36.45 250m: 2:55.40 36.90 350m: 4:10.59 37.48				
	100m: 1:05.00 35.05 200m: 2:18.50 37.05 300m: 3:33.11 37.71 400m: 4:47.41 36.82				
3.	JACINTO, Pedro Freitas	10	Juventude Atlantico	5:06.15	371
	50m: 32.18 32.18 150m: 1:48.38 39.09 250m: 3:08.66 39.67 350m: 4:27.90 38.70				
	100m: 1:09.29 37.11 200m: 2:28.99 40.61 300m: 3:49.20 40.54 400m: 5:06.15 38.25				
4.	GONCALVES, Tiago Mauricio	10	Desportivo Nacional	5:15.72	338
	50m: 34.64 34.64 150m: 1:54.26 40.65 250m: 3:15.25 40.47 350m: 4:37.10 41.15				
	100m: 1:13.61 38.97 200m: 2:34.78 40.52 300m: 3:55.95 40.70 400m: 5:15.72 38.62				

Juniores - 17 e 18 anos

1.	ANDRADE, Salvador Freitas	09	Naval do Funchal	4:21.44	596
	<i>TAC NACIONAL - Coimbra, 28-31/03 e Jamor, 23-26/07</i>				
	50m: 29.46 29.46 150m: 1:35.28 33.17 250m: 2:43.18 33.97 350m: 3:49.44 32.64				
	100m: 1:02.11 32.65 200m: 2:09.21 33.93 300m: 3:16.80 33.62 400m: 4:21.44 32.00				
2.	MIRANDA, Francisco Guilherme	08	Naval do Funchal	4:24.06	578
	50m: 29.74 29.74 150m: 1:35.39 33.28 250m: 2:42.70 33.78 350m: 3:50.52 33.85				
	100m: 1:02.11 32.37 200m: 2:08.92 33.53 300m: 3:16.67 33.97 400m: 4:24.06 33.54				
3.	JESUS, Vasco Franca	08	Naval do Funchal	4:29.95	541
	50m: 29.82 29.82 150m: 1:35.38 33.37 250m: 2:44.00 34.55 350m: 3:54.94 35.59				
	100m: 1:02.01 32.19 200m: 2:09.45 34.07 300m: 3:19.35 35.35 400m: 4:29.95 35.01				
4.	SOUSA, Eduardo Afonseca	09	Desportivo Nacional	4:44.82	461
	50m: 30.38 30.38 150m: 1:41.98 36.27 250m: 2:55.32 36.73 350m: 4:09.43 36.88				
	100m: 1:05.71 35.33 200m: 2:18.59 36.61 300m: 3:32.55 37.23 400m: 4:44.82 35.39				
5.	FERNANDES, Salvador Freitas	09	Juventude Atlantico	5:02.32	385
	50m: 32.28 32.28 150m: 1:46.67 38.00 250m: 3:05.00 38.87 350m: 4:23.55 38.32				
	100m: 1:08.67 36.39 200m: 2:26.13 39.46 300m: 3:45.23 40.23 400m: 5:02.32 38.77				
6.	MARTINS, Antonio Freitas	09	Desportivo Nacional	5:22.39	318
	50m: 35.76 35.76 150m: 1:57.54 41.66 250m: 3:20.22 41.53 350m: 4:42.64 41.50				
	100m: 1:15.88 40.12 200m: 2:38.69 41.15 300m: 4:01.14 40.92 400m: 5:22.39 39.75				

Absolutos - 15 anos e mais velhos

1.	ANDRADE, Salvador Freitas	09	Naval do Funchal	4:21.44	596
	<i>TAC NACIONAL - Coimbra, 28-31/03 e Jamor, 23-26/07</i>				
	50m: 29.46 29.46 150m: 1:35.28 33.17 250m: 2:43.18 33.97 350m: 3:49.44 32.64				
	100m: 1:02.11 32.65 200m: 2:09.21 33.93 300m: 3:16.80 33.62 400m: 4:21.44 32.00				
2.	MIRANDA, Francisco Guilherme	08	Naval do Funchal	4:24.06	578
	50m: 29.74 29.74 150m: 1:35.39 33.28 250m: 2:42.70 33.78 350m: 3:50.52 33.85				
	100m: 1:02.11 32.37 200m: 2:08.92 33.53 300m: 3:16.67 33.97 400m: 4:24.06 33.54				
3.	ALMEIDA, Joao Francisco	07	Naval do Funchal	4:26.32	564
	50m: 29.06 29.06 150m: 1:33.75 32.84 250m: 2:41.98 34.39 350m: 3:51.46 34.20				
	100m: 1:00.91 31.85 200m: 2:07.59 33.84 300m: 3:17.26 35.28 400m: 4:26.32 34.86				
4.	JESUS, Vasco Franca	08	Naval do Funchal	4:29.95	541
	50m: 29.82 29.82 150m: 1:35.38 33.37 250m: 2:44.00 34.55 350m: 3:54.94 35.59				
	100m: 1:02.01 32.19 200m: 2:09.45 34.07 300m: 3:19.35 35.35 400m: 4:29.95 35.01				
5.	RAPOSO, Mateus Medeiros	10	Desportivo Nacional	4:34.79	513
	50m: 30.08 30.08 150m: 1:40.59 35.65 250m: 2:51.21 35.12 350m: 4:01.06 34.86				
	100m: 1:04.94 34.86 200m: 2:16.09 35.50 300m: 3:26.20 34.99 400m: 4:34.79 33.73				

Prova 2, Masc., 400m Livres, Absolutos - 15 anos e mais velhos

Lugar			Ano					Tempo final	Pts		
6.	SOUSA, Eduardo Afonseca		09	Desportivo Nacional				4:44.82	461		
	50m:	30.38 30.38	150m:	1:41.98	36.27	250m:	2:55.32	36.73	350m:	4:09.43	36.88
	100m:	1:05.71 35.33	200m:	2:18.59	36.61	300m:	3:32.55	37.23	400m:	4:44.82	35.39
7.	GARANITO, Mateus Silva		10	Naval do Funchal				4:47.41	448		
	50m:	29.95 29.95	150m:	1:41.45	36.45	250m:	2:55.40	36.90	350m:	4:10.59	37.48
	100m:	1:05.00 35.05	200m:	2:21.50	37.05	300m:	3:33.11	37.71	400m:	4:47.41	36.82
8.	FREITAS, Jonas Christian		11	Desportivo Nacional				4:50.73	433		
	50m:	31.56 31.56	150m:	1:43.32	36.53	250m:	2:58.42	37.41	350m:	4:13.78	37.48
	100m:	1:06.79 35.23	200m:	2:21.01	37.69	300m:	3:36.30	37.88	400m:	4:50.73	36.95
9.	FERNANDES, Salvador Freitas		09	Juventude Atlantico				5:02.32	385		
	50m:	32.28 32.28	150m:	1:46.67	38.00	250m:	3:05.00	38.87	350m:	4:23.55	38.32
	100m:	1:08.67 36.39	200m:	2:26.13	39.46	300m:	3:45.23	40.23	400m:	5:02.32	38.77
10.	CARVALHO, Joaquim Eduardo		07	Naval do Funchal				5:02.45	385		
	<i>RECORDE NACIONAL DE NATA�O ADAPTADA</i>										
	50m:	31.68 31.68	150m:	1:47.91	39.15	250m:	3:07.44	39.96	350m:	4:24.98	38.03
	100m:	1:08.76 37.08	200m:	2:27.48	39.57	300m:	3:46.95	39.51	400m:	5:02.45	37.47
11.	VARELA, Alvaro Antonio		11	Ginasio de Porto Santo				5:04.91	375		
	50m:	31.01 31.01	150m:	1:43.86	37.19	250m:	3:02.08	39.44	350m:	4:24.56	42.03
	100m:	1:06.67 35.66	200m:	2:22.64	38.78	300m:	3:42.53	40.45	400m:	5:04.91	40.35
12.	JACINTO, Pedro Freitas		10	Juventude Atlantico				5:06.15	371		
	50m:	32.18 32.18	150m:	1:48.38	39.09	250m:	3:08.66	39.67	350m:	4:27.90	38.70
	100m:	1:09.29 37.11	200m:	2:28.99	40.61	300m:	3:49.20	40.54	400m:	5:06.15	38.25
13.	GONCALVES, Tiago Mauricio		10	Desportivo Nacional				5:15.72	338		
	50m:	34.64 34.64	150m:	1:54.26	40.65	250m:	3:15.25	40.47	350m:	4:37.10	41.15
	100m:	1:13.61 38.97	200m:	2:34.78	40.52	300m:	3:55.95	40.70	400m:	5:15.72	38.62
14.	MARTINS, Antonio Freitas		09	Desportivo Nacional				5:22.39	318		
	50m:	35.76 35.76	150m:	1:57.54	41.66	250m:	3:20.22	41.53	350m:	4:42.64	41.50
	100m:	1:15.88 40.12	200m:	2:38.69	41.15	300m:	4:01.14	40.92	400m:	5:22.39	39.75