

Prova 12 Masc., 1500m Livres Absolutos  
07/03/2026 - 9:20 Resultados

Recorde Regional Open	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC Nacional Inf B: 21:05.74; Inf A: 20:06.86; Jun17: 17:29.87; Jun18: 17:00.44; Sub21: 16:50.63 /  
TAC Nacional Mar o Juv B: 18:58.18; Juv A: 18:09.12 / TAC Nacional Julho Juv B: 18:38.56; Juv A: 17:49.50 /  
TAC Nacional Sen. Sen: 16:40.81 / TAC Nacional Abs. Sen: 16:21.19

Pontos: AQUA 2025

Juvenil A - 16 anos

Lugar	Ano	Tempo final	Pts
1.	RAPOSO, Mateus Medeiros	10 Desportivo Nacional	18:18.60 497
100m:	1:08.44 1:08.44	500m: 6:04.09 1:14.94	900m: 11:01.51 1:13.86
200m:	2:20.97 1:12.53	600m: 7:18.85 1:14.76	1000m: 12:15.05 1:13.54
300m:	3:34.92 1:13.95	700m: 8:33.49 1:14.64	1100m: 13:28.58 1:13.53
400m:	4:49.15 1:14.23	800m: 9:47.65 1:14.16	1200m: 14:42.20 1:13.62
			1300m: 15:55.93 1:13.73
			1400m: 17:09.06 1:13.13
			1500m: 18:18.60 1:09.54

Absolutos - 15 anos e mais velhos

1.	RAPOSO, Mateus Medeiros	10 Desportivo Nacional	18:18.60 497
100m:	1:08.44 1:08.44	500m: 6:04.09 1:14.94	900m: 11:01.51 1:13.86
200m:	2:20.97 1:12.53	600m: 7:18.85 1:14.76	1000m: 12:15.05 1:13.54
300m:	3:34.92 1:13.95	700m: 8:33.49 1:14.64	1100m: 13:28.58 1:13.53
400m:	4:49.15 1:14.23	800m: 9:47.65 1:14.16	1200m: 14:42.20 1:13.62
			1300m: 15:55.93 1:13.73
			1400m: 17:09.06 1:13.13
			1500m: 18:18.60 1:09.54