

Prova 1 Femin., 1500m Livres Absolutos  
06/03/2026 - 19:15 Resultados

Recorde Regional Open	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen	19:15.25	BRANCO, Ana Filipa	CNF	Funchal	05/07/2009
Recorde Regional Jun18	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	18:57.24	SOUSA, Joana Francisca	CDSR	Funchal	03/07/2021
Recorde Regional Juv A	18:57.72	CAMARA, Ines Cruz	CDN	Funchal	02/07/2023
Recorde Regional Juv B	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Inf A	19:07.28	JESUS, Vera Franca	CNF	Funchal	21/03/2025
Recorde Regional Inf B	20:24.76	FREITAS, Maria Beatriz	CDN	Funchal	05/07/2009

TAC Nacional Inf B: 21:28.61; Inf A: 20:56.66; Jun17: 18:48.87; Jun18: 18:27.57; Sub21: 18:16.92 /  
TAC Nacional Mar o Juv B: 20:14.07; Juv A: 19:31.47 / TAC Nacional Julho Juv B: 19:52.77; Juv A: 19:10.17 /  
TAC Nacional Sen. Sen: 18:06.27 / TAC Nacional Abs. Sen: 17:44.97

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
<b>Juniores - 17 e 18 anos</b>			
1. FREITAS, Filipa Carolina	09 Desportiva de Machico	<b>26:41.37</b>	<b>189</b>
100m: 1:29.08 1:29.08	500m: 8:45.89 1:48.63	900m: 16:04.24 1:49.96	1300m: 23:15.33 1:47.15
200m: 3:17.13 1:48.05	600m: 10:34.66 1:48.77	1000m: 17:52.42 1:48.18	1400m: 25:02.97 1:47.64
300m: 5:06.81 1:49.68	700m: 12:24.07 1:49.41	1100m: 19:40.41 1:47.99	1500m: 26:41.37 1:38.40
400m: 6:57.26 1:50.45	800m: 14:14.28 1:50.21	1200m: 21:28.18 1:47.77	

**Absolutos - 15 anos e mais velhos**

1. FREITAS, Filipa Carolina	09 Desportiva de Machico	<b>26:41.37</b>	<b>189</b>
100m: 1:29.08 1:29.08	500m: 8:45.89 1:48.63	900m: 16:04.24 1:49.96	1300m: 23:15.33 1:47.15
200m: 3:17.13 1:48.05	600m: 10:34.66 1:48.77	1000m: 17:52.42 1:48.18	1400m: 25:02.97 1:47.64
300m: 5:06.81 1:49.68	700m: 12:24.07 1:49.41	1100m: 19:40.41 1:47.99	1500m: 26:41.37 1:38.40
400m: 6:57.26 1:50.45	800m: 14:14.28 1:50.21	1200m: 21:28.18 1:47.77	