

Prova 5 Masc., 1500m Livres Juvenis
15/11/2025 - 10:05 JUVENIS A & B Resultados

Recorde Regional Open	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004

TAC Zonal Juv B: 18:12.33; Juv A: 17:34.66 / TAC Nacional Março Juv B: 17:53.49; Juv A: 17:15.83 /
TAC Nacional Julho Juv B: 17:34.66; Juv A: 16:56.99

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
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Juvenis B, 15 anos

1. LUCIO, Lourenco Perestrelo	11	Naval do Funchal	18:23.55	451
100m: 1:10.98 1:10.98	500m: 6:07.97 1:13.96	900m: 11:07.18 1:14.46	1300m: 15:59.78 1:12.04	
200m: 2:25.09 1:14.11	600m: 7:23.43 1:15.46	1000m: 12:21.04 1:13.86	1400m: 17:12.66 1:12.88	
300m: 3:39.47 1:14.38	700m: 8:37.06 1:13.63	1100m: 13:34.70 1:13.66	1500m: 18:23.55 1:10.89	
400m: 4:54.01 1:14.54	800m: 9:52.72 1:15.66	1200m: 14:47.74 1:13.04		
2. SILVA, Alexandre Antonio	11	Naval do Funchal	18:25.05	450
100m: 1:11.68 1:11.68	500m: 6:09.46 1:14.71	900m: 11:07.94 1:14.48	1300m: 16:01.16 1:12.99	
200m: 2:25.55 1:13.87	600m: 7:24.54 1:15.08	1000m: 12:21.88 1:13.94	1400m: 17:14.48 1:13.32	
300m: 3:40.09 1:14.54	700m: 8:39.17 1:14.63	1100m: 13:35.12 1:13.24	1500m: 18:25.05 1:10.57	
400m: 4:54.75 1:14.66	800m: 9:53.46 1:14.29	1200m: 14:48.17 1:13.05		
3. FREITAS, Jonas Christian	11	Desportivo Nacional	18:36.45	436
100m: 1:10.65 1:10.65	500m: 6:07.62 1:14.82	900m: 11:08.31 1:14.90	1300m: 16:09.13 1:15.25	
200m: 2:24.67 1:14.02	600m: 7:22.62 1:15.00	1000m: 12:23.90 1:15.59	1400m: 17:24.63 1:15.50	
300m: 3:38.63 1:13.96	700m: 8:37.78 1:15.16	1100m: 13:39.76 1:15.86	1500m: 18:36.45 1:11.82	
400m: 4:52.80 1:14.17	800m: 9:53.41 1:15.63	1200m: 14:53.88 1:14.12		
4. RODRIGUES, David Oliveira	11	Naval do Funchal	19:32.42	376
100m: 1:11.57 1:11.57	500m: 6:18.24 1:17.56	900m: 11:34.12 1:19.21	1300m: 16:54.59 1:20.36	
200m: 2:26.69 1:15.12	600m: 7:36.37 1:18.13	1000m: 12:53.92 1:19.80	1400m: 18:15.28 1:20.69	
300m: 3:43.31 1:16.62	700m: 8:55.46 1:19.09	1100m: 14:13.76 1:19.84	1500m: 19:32.42 1:17.14	
400m: 5:00.68 1:17.37	800m: 10:14.91 1:19.45	1200m: 15:34.23 1:20.47		
5. ABREU, Pedro Dinis	11	Naval do Funchal	19:46.64	363
100m: 1:13.58 1:13.58	500m: 6:31.25 1:20.86	900m: 11:51.94 1:21.04	1300m: 17:13.59 1:19.94	
200m: 2:31.40 1:17.82	600m: 7:51.40 1:20.15	1000m: 13:12.72 1:20.78	1400m: 18:31.59 1:18.00	
300m: 3:50.60 1:19.20	700m: 9:10.48 1:19.08	1100m: 14:33.65 1:20.93	1500m: 19:46.64 1:15.05	
400m: 5:10.39 1:19.79	800m: 10:30.90 1:20.42	1200m: 15:53.65 1:20.00		

Juvenis A, 16 anos

1. RAPOSO, Mateus Medeiros	10	Desportivo Nacional	17:28.35	527
<i>TAC Zonal - Albufeira, 6 a 8 Dezembro 2025</i>				
100m: 1:05.66 1:05.66	500m: 5:44.90 1:10.36	900m: 10:27.30 1:10.35	1300m: 15:08.13 1:10.35	
200m: 2:14.91 1:09.25	600m: 6:55.94 1:11.04	1000m: 11:38.02 1:10.72	1400m: 16:18.46 1:10.33	
300m: 3:24.59 1:09.68	700m: 8:06.17 1:10.23	1100m: 12:48.13 1:10.11	1500m: 17:28.35 1:09.89	
400m: 4:34.54 1:09.95	800m: 9:16.95 1:10.78	1200m: 13:57.78 1:09.65		
2. GONCALVES, Tomas Figueiredo	10	Naval do Funchal	17:52.68	492
100m: 1:08.79 1:08.79	500m: 5:55.68 1:12.82	900m: 10:46.36 1:12.93	1300m: 15:33.15 1:11.10	
200m: 2:18.89 1:10.10	600m: 7:08.15 1:12.47	1000m: 11:58.28 1:11.92	1400m: 16:44.45 1:11.30	
300m: 3:30.69 1:11.80	700m: 8:20.94 1:12.79	1100m: 13:10.39 1:12.11	1500m: 17:52.68 1:08.23	
400m: 4:42.86 1:12.17	800m: 9:33.43 1:12.49	1200m: 14:22.05 1:11.66		
3. GONCALVES, Tiago Mauricio	10	Desportivo Nacional	20:28.93	327
100m: 1:16.48 1:16.48	500m: 6:43.68 1:22.52	900m: 12:15.70 1:23.33	1300m: 17:49.21 1:22.78	
200m: 2:37.80 1:21.32	600m: 8:06.32 1:22.64	1000m: 13:39.60 1:23.90	1400m: 19:10.61 1:21.40	
300m: 3:59.67 1:21.87	700m: 9:29.51 1:23.19	1100m: 15:02.24 1:22.64	1500m: 20:28.93 1:18.32	
400m: 5:21.16 1:21.49	800m: 10:52.37 1:22.86	1200m: 16:26.43 1:24.19		