

Prova 18 Masc., 400m Livres Absolutos
29/07/2026 - 19:25 Startlist

Recorde Regional Open	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Funchal	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 1, 19:25

3 FERREIRA, Guilherme Nelson	12	Desportivo Sao Roque	5:17.16
4 MIRANDA, Francisco Guilherme	08	Naval do Funchal	4:10.26
5 RAPOSO, Mateus Medeiros	10	Desportivo Nacional	4:24.23