

Prova 30	Masc., 1500m Livres				Absolutos
30/07/2026 - 19:36	JUNTOS COM A PROVA 29 - 1500L Femin.				Resultados
Recorde Regional Open	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

Pontos: AQUA 2025

Lugar	Ano										Tempo final	Pts
Juniões, 17 e 18 anos												
1. MIRANDA, Francisco Guilherme	08	Naval do Funchal								16:49.59	590	
100m: 1:02.36 1:02.36	500m: 5:27.59 1:06.56	900m: 9:59.67 1:08.89	1300m: 14:34.15 1:08.83									
200m: 2:08.38 1:06.02	600m: 6:34.44 1:06.85	1000m: 11:08.04 1:08.37	1400m: 15:43.03 1:08.88									
300m: 3:14.68 1:06.30	700m: 7:42.40 1:07.96	1100m: 12:16.61 1:08.57	1500m: 16:49.59 1:06.56									
400m: 4:21.03 1:06.35	800m: 8:50.78 1:08.38	1200m: 13:25.32 1:08.71										

Absolutos, 13 anos e mais velhos

1. MIRANDA, Francisco Guilherme	08	Naval do Funchal			16:49.59	590
100m: 1:02.36 1:02.36	500m: 5:27.59 1:06.56	900m: 9:59.67 1:08.89	1300m: 14:34.15 1:08.83			
200m: 2:08.38 1:06.02	600m: 6:34.44 1:06.85	1000m: 11:08.04 1:08.37	1400m: 15:43.03 1:08.88			
300m: 3:14.68 1:06.30	700m: 7:42.40 1:07.96	1100m: 12:16.61 1:08.57	1500m: 16:49.59 1:06.56			
400m: 4:21.03 1:06.35	800m: 8:50.78 1:08.38	1200m: 13:25.32 1:08.71				