

Prova 17 Femin., 400m Livres Absolutos
29/07/2026 - 19:19 Resultados

Recorde Regional Open	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.73	MARGARIDO, Ines Tomas	CNF	Funchal	09/07/2016
Recorde Regional Jun18	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Juv A	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv B	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Inf A	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf B	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992

Pontos: AQUA 2025

Lugar	Ano								Tempo final	Pts
Infantis B, 13 anos										
1. ANICETO, Leonor Telo	13 Naval do Funchal								5:05.77	426
50m: 33.46 33.46	150m: 1:51.30 39.66	250m: 3:10.65 39.57	350m: 4:28.70 38.66							
100m: 1:11.64 38.18	200m: 2:31.08 39.78	300m: 3:50.04 39.39	400m: 5:05.77 37.07							

Juvenis A, 16 anos

1. JARDIM, Eva Santos	10	Juventude Atlantico			5:11.61	403
50m: 34.57 34.57	150m: 1:51.97 39.29	250m: 3:12.27 40.35	350m: 4:32.60 40.14			
100m: 1:12.68 38.11	200m: 2:31.92 39.95	300m: 3:52.46 40.19	400m: 5:11.61 39.01			

Seniores 19 de mais velhos

1. RODRIGUES, Laura Sofia	07	Juventude Atlantico			4:41.20	548
50m: 32.05 32.05	150m: 1:41.78 35.10	250m: 2:53.21 35.79	350m: 4:05.53 36.32			
100m: 1:06.68 34.63	200m: 2:17.42 35.64	300m: 3:29.21 36.00	400m: 4:41.20 35.67			

Absolutos, 13 anos e mais velhos

1. RODRIGUES, Laura Sofia	07	Juventude Atlantico			4:41.20	548
50m: 32.05 32.05	150m: 1:41.78 35.10	250m: 2:53.21 35.79	350m: 4:05.53 36.32			
100m: 1:06.68 34.63	200m: 2:17.42 35.64	300m: 3:29.21 36.00	400m: 4:41.20 35.67			
2. ANICETO, Leonor Telo	13	Naval do Funchal			5:05.77	426
50m: 33.46 33.46	150m: 1:51.30 39.66	250m: 3:10.65 39.57	350m: 4:28.70 38.66			
100m: 1:11.64 38.18	200m: 2:31.08 39.78	300m: 3:50.04 39.39	400m: 5:05.77 37.07			
3. JARDIM, Eva Santos	10	Juventude Atlantico			5:11.61	403
50m: 34.57 34.57	150m: 1:51.97 39.29	250m: 3:12.27 40.35	350m: 4:32.60 40.14			
100m: 1:12.68 38.11	200m: 2:31.92 39.95	300m: 3:52.46 40.19	400m: 5:11.61 39.01			