

Prova 4 Femin., 200m Bruços Absolutos  
Startlist  
17/01/2026 - 9:27

Recorde Regional Open	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun18	2:44.04	MARQUES, Mariana Sousa	CNF	Coimbra	27/07/2006
Recorde Regional Jun17	2:42.89	RODRIGUES, Laura Sofia	JACL	Oeiras	13/07/2024
Recorde Regional Juv A	2:45.23	RODRIGUES, Laura Sofia	JACL	Coimbra	29/07/2023
Recorde Regional Juv B	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Inf A	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf B	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013

TAC Zonal Inf B: 3:28.19; Inf A: 3:19.93 / TAC Nacional Março Juv B: 3:08.36; Juv A: 3:01.75 / TAC Nacional Julho Juv B: 3:05.06;  
Juv A: 2:58.45 / TAC Nacional Jun17: 2:55.14; Jun18: 2:51.84; Sub21: 2:50.19; Inf B: 3:19.93; Inf A: 3:14.97 /  
TAC Nacional Sen. Sen: 2:48.53 / TAC Nacional Abs. Sen: 2:45.23

Ano

Série 1 de 2, 9:27

1	GOUVEIA, Sofia Isabel	12	Juventude Atlantico	4:14.15
2	GOUVEIA, Juliana Caires	13	Recreativo Santanense	4:00.00
3	TEMTEM, Maria Clara	13	Desportivo Nacional	3:45.21
4	BARRETO, Maria Clara	10	Juventude Atlantico	3:45.00
5	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	3:45.00
6	NIPO, Joana Caldeira	13	Recreativo Santanense	3:49.08
7	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	4:07.26
8	VELOSA, Ana Matilde	11	Juventude Atlantico	4:31.94

Série 2 de 2, 9:32

1	JARDIM, Eva Santos	10	Juventude Atlantico	3:37.11
2	FREITAS, Sara Margarida	11	Juventude Atlantico	3:35.00
3	MELIM, Sara Beatriz	09	Desportivo Nacional	3:04.07
4	RODRIGUES, Laura Sofia	07	Juventude Atlantico	2:42.89
5	SOUSA, Susana Conceicao	10	Desportivo Nacional	3:03.11
6	FREITAS, Maria Silva	12	Naval do Funchal	3:26.68
7	FERREIRA, Ana Pereira	10	Juventude Atlantico	3:35.31
8	SILVA, Joana Flor	12	Naval do Funchal	3:44.23