

Prova 1
13/06/2026 - 9:15

Masc., 400m Livres
CADETES A + EXH

12 - 14 anos
Resultados

Pontos: AOUA 2025

Lugar	Ano										Tempo final	Pts
Cadete A, 12 anos												
1.	FREITAS, Rafael Gordon				14	Escola O Liceu					5:29.75	266
	50m:	34.93	34.93	150m:	1:58.46	42.43	250m:	3:24.82	42.29	350m:	4:44.17	37.54
	100m:	1:16.03	41.10	200m:	2:42.53	44.07	300m:	4:06.63	41.81	400m:	5:29.75	45.58
2.	GONCALVES, Martim Figueiredo				14	Naval do Funchal					5:31.22	263
	50m:	35.03	35.03	150m:	1:58.11	42.68	250m:	3:24.73	43.48	350m:	4:49.29	41.62
	100m:	1:15.43	40.40	200m:	2:41.25	43.14	300m:	4:07.67	42.94	400m:	5:31.22	41.93
3.	QUINTAL, Joao Faria				14	Naval do Funchal					5:40.72	241
	50m:	35.27	35.27	150m:	1:59.11	42.67	250m:	3:25.53	43.49	350m:	4:52.35	43.47
	100m:	1:16.44	41.17	200m:	2:42.04	42.93	300m:	4:08.88	43.35	400m:	5:40.72	48.37
4.	GOMES, Rodrigo Gomes				14	Naval do Funchal					5:45.95	230
	50m:	36.06	36.06	150m:	2:01.24	43.77	250m:	3:32.25	45.67	350m:	5:02.11	45.19
	100m:	1:17.47	41.41	200m:	2:46.58	45.34	300m:	4:16.92	44.67	400m:	5:45.95	43.84
5.	LEITAO, Pedro Benjamim				14	Naval do Funchal					6:04.02	198
	50m:	39.87	39.87	150m:	2:12.82	47.82	250m:	3:45.28	45.77	350m:	5:18.84	46.40
	100m:	1:25.00	45.13	200m:	2:59.51	46.69	300m:	4:32.44	47.16	400m:	6:04.02	45.18
6.	ABREU, Guilherme Campainha				14	Naval do Funchal					6:26.80	165
	50m:	39.89	39.89	150m:	2:19.19	50.34	250m:	3:59.68	50.35	350m:	5:39.69	49.48
	100m:	1:28.85	48.96	200m:	3:09.33	50.14	300m:	4:50.21	50.53	400m:	6:26.80	47.11
7.	VIEIRA, Lorenzo Miguel				14	Juventude Atlantico					6:38.29	151
	50m:	43.29	43.29	150m:	2:24.31	51.03	250m:	4:06.13	50.69	350m:	5:48.75	50.80
	100m:	1:33.28	49.99	200m:	3:15.44	51.13	300m:	4:57.95	51.82	400m:	6:38.29	49.54
8.	FREITAS, Guilherme Magalhaes				14	Desportivo Sao Roque					6:43.70	145
	50m:	43.23	43.23	150m:	2:25.54	52.36	250m:	4:11.73	53.09	350m:	5:55.37	48.93
	100m:	1:33.18	49.95	200m:	3:18.64	53.10	300m:	5:06.44	54.71	400m:	6:43.70	48.33
9.	BOTELHO, Pedro Fernandes				14	Naval do Funchal					6:54.38	134
	50m:	42.68	42.68	150m:	2:29.40	54.14	250m:	4:15.78	52.84	350m:	6:03.54	53.78
	100m:	1:35.26	52.58	200m:	3:22.94	53.54	300m:	5:09.76	53.98	400m:	6:54.38	50.84
10.	ALVES, Mateus Gabriel				14	Escola O Liceu					6:56.27	132
	50m:	46.29	46.29	150m:	2:28.16	51.63	250m:	4:15.54	54.28	350m:	6:07.71	56.33
	100m:	1:36.53	50.24	200m:	3:21.26	53.10	300m:	5:11.38	55.84	400m:	6:56.27	48.56
11.	FERNANDES, Bernardo Freitas				14	Desportivo Nacional					7:17.72	114
	50m:	44.71	44.71	150m:	2:36.18	55.92	250m:	4:32.12	57.02	350m:	6:26.22	57.48
	100m:	1:40.26	55.55	200m:	3:35.10	58.92	300m:	5:28.74	56.62	400m:	7:17.72	51.50
12.	DRUMOND, Salvador Pereira				14	Desportivo Nacional					7:47.75	93
	50m:	47.64	47.64	150m:	2:46.03	1:00.37	250m:	4:48.40	1:01.46	350m:	6:52.89	1:03.64
	100m:	1:45.66	58.02	200m:	3:46.94	1:00.91	300m:	5:49.25	1:00.85	400m:	7:47.75	54.86
EXH	DANTAS, Henrique Marques				13	Desportivo Sao Roque					6:48.96	139
	50m:	45.59	45.59	150m:	2:29.50	53.22	250m:	4:15.99	52.84	350m:	6:00.04	52.47
	100m:	1:36.28	50.69	200m:	3:23.15	53.65	300m:	5:07.57	51.58	400m:	6:48.96	48.92
EXH	SARSEKEEV, Kir				13	Desportivo Nacional					6:49.22	139
	50m:	42.67	42.67	150m:	2:24.57	52.47	250m:	4:10.29	53.50	350m:	5:58.06	54.54
	100m:	1:32.10	49.43	200m:	3:16.79	52.22	300m:	5:03.52	53.23	400m:	6:49.22	51.16
EXH	DYACHKOV, Sergei				13	Desportivo Nacional					7:03.24	126
	50m:	41.61	41.61	150m:	2:26.97	51.33	250m:	4:21.60	58.11	350m:	6:09.07	53.56
	100m:	1:35.64	54.03	200m:	3:23.49	56.52	300m:	5:15.51	53.91	400m:	7:03.24	54.17
EXH	MARQUEZ, Andres David				13	Juventude Atlantico					7:14.85	116
	50m:	47.39	47.39	150m:	2:37.11	55.77	250m:	4:26.47	55.01	350m:	6:20.11	56.61
	100m:	1:41.34	53.95	200m:	3:31.46	54.35	300m:	5:23.50	57.03	400m:	7:14.85	54.74