

Prova 2
05/04/2025 - 9:25

Femin., 400m Livres

11 - 13 anos
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Cadetes A, 2014			
1. SA, Margarida Fernandes	14	6:11.96	240
50m: 40.20 40.20 150m: 2:13.59 47.36 250m: 3:50.51 48.24 350m: 5:25.15 45.75			
100m: 1:26.23 46.03 200m: 3:02.27 48.68 300m: 4:39.40 48.89 400m: 6:11.96 46.81			
2. JESUS, Mariana Franca	14	6:17.76	229
50m: 42.60 42.60 150m: 2:19.84 49.12 250m: 3:57.10 49.27 350m: 5:33.86 48.31			
100m: 1:30.72 48.12 200m: 3:07.83 47.99 300m: 4:45.55 48.45 400m: 6:17.76 43.90			
3. FERNANDES, Ema Vasconcelos	14	6:45.50	185
50m: 42.28 42.28 150m: 2:24.75 52.41 250m: 4:09.93 52.74 350m: 5:55.75 52.28			
100m: 1:32.34 50.06 200m: 3:17.19 52.44 300m: 5:03.47 53.54 400m: 6:45.50 49.75			
4. BAPTISTA, Valeria Sofia	14	6:56.05	171
50m: 42.25 42.25 150m: 2:27.45 54.93 250m: 4:14.66 56.88 350m: 6:04.17 55.13			
100m: 1:32.52 50.27 200m: 3:17.78 50.33 300m: 5:09.04 54.38 400m: 6:56.05 51.88			
5. ROMAO, Ana Catarina	14	6:58.61	168
50m: 46.72 46.72 150m: 2:34.53 54.46 250m: 4:21.84 52.37 350m: 6:08.44 52.70			
100m: 1:40.07 53.35 200m: 3:29.47 54.94 300m: 5:15.74 53.90 400m: 6:58.61 50.17			
6. RODRIGUES, Andreia Carolina	14	7:01.63	165
50m: 49.13 49.13 150m: 2:36.45 54.11 250m: 4:23.59 53.51 350m: 6:09.63 52.57			
100m: 1:42.34 53.21 200m: 3:30.08 53.63 300m: 5:17.06 53.47 400m: 7:01.63 52.00			
7. GOUVEIA, Maria Mendonca	14	7:04.65	161
50m: 49.11 49.11 150m: 2:35.98 53.80 250m: 4:26.19 54.95 350m: 6:15.59 54.77			
100m: 1:42.18 53.07 200m: 3:31.24 55.26 300m: 5:20.82 54.63 400m: 7:04.65 49.06			
8. FERNANDES, Teresa Almeida	14	7:17.41	147
50m: 49.07 49.07 150m: 2:40.99 55.54 250m: 4:34.00 57.24 350m: 6:24.95 56.48			
100m: 1:45.45 56.38 200m: 3:36.76 55.77 300m: 5:28.47 54.47 400m: 7:17.41 52.46			
9. RODRIGUES, Margarida Pestana	14	7:21.08	144
50m: 49.57 49.57 150m: 2:42.14 56.95 250m: 4:38.46 58.40 350m: 6:32.69 56.31			
100m: 1:45.19 55.62 200m: 3:40.06 57.92 300m: 5:36.38 57.92 400m: 7:21.08 48.39			
10. ANES, Mafalda Freitas	14	7:27.68	137
50m: 47.68 47.68 150m: 2:43.17 58.56 250m: 4:37.40 56.89 350m: 6:32.49 56.20			
100m: 1:44.61 56.93 200m: 3:40.51 57.34 300m: 5:36.29 58.89 400m: 7:27.68 55.19			
11. FINO, Sara Silva	14	7:57.28	113
50m: 52.48 52.48 150m: 2:55.66 1:01.90 250m: 4:54.37 1:00.67 350m: 7:00.33 1:03.32			
100m: 1:53.76 1:01.28 200m: 3:53.70 58.04 300m: 5:57.01 1:02.64 400m: 7:57.28 56.95			
12. FREITAS, Ingrid Kirch	14	8:26.97	94
50m: 51.94 51.94 150m: 3:01.17 1:05.42 250m: 5:16.57 1:06.92 350m: 7:25.62 1:03.52			
100m: 1:55.75 1:03.81 200m: 4:09.65 1:08.48 300m: 6:22.10 1:05.53 400m: 8:26.97 1:01.35			
13. PEREIRA, Frederica Cunha	14	8:53.84	81
50m: 1:01.37 1:01.37 150m: 3:17.24 1:08.40 250m: 5:32.33 1:07.58 350m: 7:47.70 1:07.41			
100m: 2:08.84 1:07.47 200m: 4:24.75 1:07.51 300m: 6:40.29 1:07.96 400m: 8:53.84 1:06.14			
EXH MACIEL, Constanca Maria	13	6:22.40	221
50m: 44.19 44.19 150m: 2:24.09 51.60 250m: 4:01.77 47.63 350m: 5:40.21 48.50			
100m: 1:32.49 48.30 200m: 3:14.14 50.05 300m: 4:51.71 49.94 400m: 6:22.40 42.19			
EXH LUIS, Clara Abreu	13	6:38.26	195
50m: 43.32 43.32 150m: 2:23.99 51.78 250m: 4:05.97 51.54 350m: 5:50.47 50.98			
100m: 1:32.21 48.89 200m: 3:14.43 50.44 300m: 4:59.49 53.52 400m: 6:38.26 47.79			