

Prova 37

Masc., 400m Livres

13 - 18 anos

23/06/2024 - 9:23

Resultados

Recorde Regional Open	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicão	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

Infantil B Mas. Inf B: 5:00.89 / Infantil A Mas. Inf A: 4:45.84 / Juv. B Mas. Juv B: 4:39.07 / Juv. A Mas. Juv A: 4:32.67 /
Júnior 1º Ano Mas. Jun17: 4:24.99 / Júnior 2º Ano Mas. Jun18: 4:23.71

Pontos: FINA 2024

Lugar	Ano	Tempo final	Pts
Infantil B - 13 anos			
1. ABREU, Pedro Dinis	11	Naval do Funchal	5:29.82 297
50m: 36.53 36.53 150m: 2:00.60 42.75 250m: 3:25.98 42.84 350m: 4:50.40 42.08			
100m: 1:17.85 41.32 200m: 2:43.14 42.54 300m: 4:08.32 42.34 400m: 5:29.82 39.42			
2. LUCIO, Lourenco Perestrelo	11	Naval do Funchal	5:30.02 296
50m: 38.10 38.10 150m: 2:02.69 42.58 250m: 3:27.11 42.91 350m: 4:51.25 41.33			
100m: 1:20.11 42.01 200m: 2:44.20 41.51 300m: 4:09.92 42.81 400m: 5:30.02 38.77			
3. SILVA, Alexandre Antonio	11	Naval do Funchal	5:30.95 294
50m: 36.68 36.68 150m: 2:00.96 42.61 250m: 3:27.03 42.77 350m: 4:51.67 41.36			
100m: 1:18.35 41.67 200m: 2:44.26 43.30 300m: 4:10.31 43.28 400m: 5:30.95 39.28			
4. SPINOLA, David Sousa	11	Selecao dos Acores	5:33.25 287
50m: 35.15 35.15 150m: 1:59.15 42.71 250m: 3:26.07 44.25 350m: 4:54.36 43.68			
100m: 1:16.44 41.29 200m: 2:41.82 42.67 300m: 4:10.68 44.61 400m: 5:33.25 38.89			
5. RODRIGUES, David Oliveira	11	Naval do Funchal	5:52.25 243
50m: 38.08 38.08 150m: 2:06.95 44.82 250m: 3:39.37 45.87 350m: 5:10.54 44.74			
100m: 1:22.13 44.05 200m: 2:53.50 46.55 300m: 4:25.80 46.43 400m: 5:52.25 41.71			

Infantil A - 14 anos

1. RAPOSO, Mateus Medeiros	10	Desportivo Nacional	4:53.24 422
50m: 31.71 31.71 150m: 1:46.14 38.42 250m: 3:02.88 38.95 350m: 4:18.33 37.30			
100m: 1:07.72 36.01 200m: 2:23.93 37.79 300m: 3:41.03 38.15 400m: 4:53.24 34.91			
2. MENDES, Salvador Neves	10	Naval do Funchal	5:04.13 378
50m: 33.55 33.55 150m: 1:51.21 39.54 250m: 3:08.69 38.46 350m: 4:26.13 38.45			
100m: 1:11.67 38.12 200m: 2:30.23 39.02 300m: 3:47.68 38.99 400m: 5:04.13 38.00			
3. LETRA, Francisco Freitas	10	Naval do Funchal	5:10.47 356
50m: 34.01 34.01 150m: 1:50.15 38.90 250m: 3:10.13 39.90 350m: 4:30.99 40.26			
100m: 1:11.25 37.24 200m: 2:30.23 40.08 300m: 3:50.73 40.60 400m: 5:10.47 39.48			
4. GARNITO, Mateus Silva	10	Naval do Funchal	5:18.62 329
50m: 35.27 35.27 150m: 1:56.60 41.20 250m: 3:19.13 40.46 350m: 4:40.48 39.87			
100m: 1:15.40 40.13 200m: 2:38.67 42.07 300m: 4:00.61 41.48 400m: 5:18.62 38.14			
5. MENESES, Miguel Rocha	10	Selecao dos Acores	5:20.99 322
50m: 34.04 34.04 150m: 1:54.69 41.14 250m: 3:18.53 41.97 350m: 4:43.12 43.11			
100m: 1:13.55 39.51 200m: 2:36.56 41.87 300m: 4:00.01 41.48 400m: 5:20.99 37.87			
6. ROCHA, Tomas Pinto	10	Naval do Funchal	5:23.30 315
50m: 34.43 34.43 150m: 1:51.99 39.95 250m: 3:16.92 42.39 350m: 4:43.08 42.67			
100m: 1:12.04 37.61 200m: 2:34.53 42.54 300m: 4:00.41 43.49 400m: 5:23.30 40.22			
7. CABRAL, Santiago Nicolau	10	Selecao dos Acores	5:24.01 313
50m: 33.44 33.44 150m: 1:55.56 41.81 250m: 3:19.24 41.13 350m: 4:44.92 44.59			
100m: 1:13.75 40.31 200m: 2:38.11 42.55 300m: 4:00.33 41.09 400m: 5:24.01 39.09			

Prova 37, Masc., 400m Livres, Infantil A - 14 anos

Lugar	Ano	Tempo final	Pts
8. JACINTO, Pedro Freitas	10 Juventude Atlantico	5:28.76	299
50m: 37.09 37.09 150m: 2:01.10 42.60 250m: 3:26.03 42.41 350m: 4:49.46 41.14			
100m: 1:18.50 41.41 200m: 2:43.62 42.52 300m: 4:08.32 42.29 400m: 5:28.76 39.30			
9. VIEIRA, Francisco Rodrigues	10 Naval do Funchal	5:29.74	297
50m: 36.76 36.76 150m: 1:59.98 42.94 250m: 3:24.73 42.90 350m: 4:50.69 43.06			
100m: 1:17.04 40.28 200m: 2:41.83 41.85 300m: 4:07.63 42.90 400m: 5:29.74 39.05			
10. BRITO, Tomas Rocha	10 Seleccion dos Acores	5:40.81	269
50m: 37.08 37.08 150m: 2:02.57 43.56 250m: 3:29.70 43.70 350m: 4:57.70 44.01			
100m: 1:19.01 41.93 200m: 2:46.00 43.43 300m: 4:13.69 43.99 400m: 5:40.81 43.11			
11. MENDONCA, Florival Rodrigo	10 Juventude Atlantico	5:44.87	259
50m: 37.03 37.03 150m: 2:02.74 43.90 250m: 3:31.76 45.09 350m: 5:02.33 45.43			
100m: 1:18.84 41.81 200m: 2:46.67 43.93 300m: 4:16.90 45.14 400m: 5:44.87 42.54			
12. DUARTE, Nayan Santos	10 Juventude Atlantico	6:20.22	193
50m: 42.06 42.06 150m: 2:18.08 48.55 250m: 3:56.30 49.35 350m: 5:33.17 46.84			
100m: 1:29.53 47.47 200m: 3:06.95 48.87 300m: 4:46.33 50.03 400m: 6:20.22 47.05			

Juvenil B - 15 anos

1. PESTANA, Pedro Correia	09 Desportivo Nacional	4:51.21	431
50m: 30.72 30.72 150m: 1:42.57 37.36 250m: 2:57.65 37.85 350m: 4:14.34 38.47			
100m: 1:05.21 34.49 200m: 2:19.80 37.23 300m: 3:35.87 38.22 400m: 4:51.21 36.87			
2. MARTINS, Antonio Freitas	09 Desportivo Nacional	4:54.68	416
50m: 33.77 33.77 150m: 1:48.42 37.98 250m: 3:04.16 37.85 350m: 4:19.19 37.37			
100m: 1:10.44 36.67 200m: 2:26.31 37.89 300m: 3:41.82 37.66 400m: 4:54.68 35.49			
3. CRESPO, Joao Jesus	09 Desportivo Nacional	5:00.05	394
50m: 32.02 32.02 150m: 1:48.02 39.23 250m: 3:07.52 39.92 350m: 4:23.73 38.10			
100m: 1:08.79 36.77 200m: 2:27.60 39.58 300m: 3:45.63 38.11 400m: 5:00.05 36.32			
4. JARDIM, Joao Tomas	09 Desportivo Nacional	5:21.12	321
50m: 35.36 35.36 150m: 1:58.35 41.77 250m: 3:22.61 42.05 350m: 4:45.80 41.38			
100m: 1:16.58 41.22 200m: 2:40.56 42.21 300m: 4:04.42 41.81 400m: 5:21.12 35.32			
5. FERNANDES, Salvador Freitas	09 Juventude Atlantico	5:29.46	298
50m: 35.84 35.84 150m: 1:59.24 42.05 250m: 3:24.10 42.25 350m: 4:49.17 41.50			
100m: 1:17.19 41.35 200m: 2:41.85 42.61 300m: 4:07.67 43.57 400m: 5:29.46 40.29			

Juvenil A - 16 anos

1. SANTOS, Rodrigo Canedo	08 Seleccion dos Acores	4:30.75	537
TAC Nacional JUV, JUN e SEN Jamor, 12 a 14 Julho			
50m: 29.91 29.91 150m: 1:37.50 34.40 250m: 2:47.52 34.97 350m: 3:57.52 34.95			
100m: 1:03.10 33.19 200m: 2:12.55 35.05 300m: 3:22.57 35.05 400m: 4:30.75 33.23			
2. JESUS, Vasco Franca	08 Naval do Funchal	4:34.92	512
50m: 30.18 30.18 150m: 1:38.57 34.74 250m: 2:49.45 35.53 350m: 4:01.03 35.73			
100m: 1:03.83 33.65 200m: 2:13.92 35.35 300m: 3:25.30 35.85 400m: 4:34.92 33.89			
3. ANTUNES, Frederico Luis	08 Juventude Atlantico	5:27.91	302
50m: 34.90 34.90 150m: 1:57.88 42.08 250m: 3:23.18 42.44 350m: 4:48.86 42.60			
100m: 1:15.80 40.90 200m: 2:40.74 42.86 300m: 4:06.26 43.08 400m: 5:27.91 39.05			

Prova 37, Masc., 400m Livres

Juniores - 17, 18 anos

1.	COSTA, Guilherme Corte			07	Desportivo Nacional					4:28.44	550	
	50m:	30.10	30.10	150m:	1:37.25	34.26	250m:	2:46.75	34.77	350m:	3:56.43	34.66
	100m:	1:02.99	32.89	200m:	2:11.98	34.73	300m:	3:21.77	35.02	400m:	4:28.44	32.01
2.	OLIVEIRA, Afonso Miguel			07	Juventude Atlantico					4:43.59	467	
	50m:	29.34	29.34	150m:	1:37.51	34.32	250m:	2:50.16	36.80	350m:	4:06.35	38.17
	100m:	1:03.19	33.85	200m:	2:13.36	35.85	300m:	3:28.18	38.02	400m:	4:43.59	37.24