

Prova 1 Femin., 800m Livres Absolutos
01/11/2023 - 9:00 Resultados

Recordes Regional Open	9:12.66	ANDRADE Rubina Amaro	CDN	Alges	17/03/1995
Recordes Regional Sen	9:21.09	ANDRADE Rubina Amaro	CDN	Estoril	07/03/1997
Recordes Regional Jun17	9:13.81	ANDRADE Rubina Amaro	CDN	Funchal	13/07/1996
Recordes Regional Jun16	9:12.66	ANDRADE Rubina Amaro	CDN	Alges	17/03/1995
Recordes Regional Juv A	9:14.78	ANDRADE Rubina Amaro	CDN	Braga	04/03/1994
Recordes Regional Juv B	9:15.96	ANDRADE Rubina Amaro	CDN	Alges	16/02/1993
Recordes Regional Inf A	9:40.30	ANDRADE Rubina Amaro	CDN	Funchal	15/02/1992
Recordes Regional Inf B	10:13.00	ANDRADE Rubina Amaro	CDN	Funchal	29/06/1991

ZONAL Juv. B Fem. Juv B: 10:33.54 / ZONAL Juv. A Fem. Juv A: 10:22.23 / Júnior 1º Ano Fem. Jun16: 9:42.63 / Júnior 2º Ano Fem. Jun17: 9:39.80 / Sénior 1.º Fem. 18: 9:28.49 / Sénior 2.º Fem. 19 +: 9:25.66

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	VIEIRA Catarina Leonor	07	131550	Desportiva de Machico	12:16.49	+0,97	272	25,0(-)
	50m: 41.23 41.23	250m: 3:42.98	46.48	450m: 6:49.16	47.01	650m: 9:57.76	47.16	
	100m: 1:25.30 44.07	300m: 4:29.73	46.75	500m: 7:35.84	46.68	700m: 10:45.32	47.56	
	150m: 2:10.63 45.33	350m: 5:15.51	45.78	550m: 8:23.46	47.62	750m: 11:32.51	47.19	
	200m: 2:56.50 45.87	400m: 6:02.15	46.64	600m: 9:10.60	47.14	800m: 12:16.49	43.98	
EXH	MARGARIDO Paula Aguiar	09	204386	Juventude Atlantico	10:18.33	+0,66	460	-
	<i>Tor. Zonal Juvenis - ANALEN, 15 a 17 Dezembro</i>							
	50m: 33.30 33.30	250m: 3:07.89	39.37	450m: 5:44.51	39.64	650m: 8:22.15	39.41	
	100m: 1:10.57 37.27	300m: 3:46.89	39.00	500m: 6:24.18	39.67	700m: 9:01.27	39.12	
	150m: 1:49.60 39.03	350m: 4:25.97	39.08	550m: 7:03.24	39.06	750m: 9:40.09	38.82	
	200m: 2:28.52 38.92	400m: 5:04.87	38.90	600m: 7:42.74	39.50	800m: 10:18.33	38.24	
EXH	MELIM Sara Beatriz	09	206793	Desportivo Nacional	10:23.17	+0,77	449	-
	50m: 36.36 36.36	250m: 3:13.82	39.56	450m: 5:51.49	39.22	650m: 8:28.53	39.10	
	100m: 1:15.15 38.79	300m: 3:53.39	39.57	500m: 6:30.87	39.38	700m: 9:07.37	38.84	
	150m: 1:54.67 39.52	350m: 4:32.70	39.31	550m: 7:10.04	39.17	750m: 9:46.25	38.88	
	200m: 2:34.26 39.59	400m: 5:12.27	39.57	600m: 7:49.43	39.39	800m: 10:23.17	36.92	
EXH	ROSA Clara Sofia	10	210050	Desportivo Nacional	10:54.17	+0,73	388	-
	50m: 37.82 37.82	250m: 3:23.08	41.44	450m: 6:08.33	41.21	650m: 8:53.84	41.52	
	100m: 1:18.84 41.02	300m: 4:04.35	41.27	500m: 6:49.26	40.93	700m: 9:35.28	41.44	
	150m: 2:00.15 41.31	350m: 4:45.60	41.25	550m: 7:31.09	41.83	750m: 10:15.74	40.46	
	200m: 2:41.64 41.49	400m: 5:27.12	41.52	600m: 8:12.32	41.23	800m: 10:54.17	38.43	
EXH	FERREIRA Ana Pereira	10	215312	Juventude Atlantico	12:10.90	+0,87	278	-
	50m: 40.18 40.18	250m: 3:43.29	45.56	450m: 6:53.59	46.97	650m: 10:01.71	45.83	
	100m: 1:24.74 44.56	300m: 4:31.20	47.91	500m: 7:40.38	46.79	700m: 10:49.21	47.50	
	150m: 2:10.99 46.25	350m: 5:18.60	47.40	550m: 8:28.01	47.63	750m: 11:32.60	43.39	
	200m: 2:57.73 46.74	400m: 6:06.62	48.02	600m: 9:15.88	47.87	800m: 12:10.90	38.30	
EXH	VELOSA Ana Matilde	11	211721	Juventude Atlantico	12:30.77	+0,79	257	-
	50m: 38.53 38.53	250m: 3:44.30	47.22	450m: 6:57.31	47.48	650m: 10:10.07	47.42	
	100m: 1:22.68 44.15	300m: 4:32.14	47.84	500m: 7:46.44	49.13	700m: 10:57.74	47.67	
	150m: 2:10.23 47.55	350m: 5:20.86	48.72	550m: 8:34.83	48.39	750m: 11:44.23	46.49	
	200m: 2:57.08 46.85	400m: 6:09.83	48.97	600m: 9:22.65	47.82	800m: 12:30.77	46.54	
EXH	CARVALHO Laura Jardim	09	213538	Juventude Atlantico	12:38.86	+0,83	249	-
	50m: 41.60 41.60	250m: 3:50.80	46.92	450m: 7:02.87	48.25	650m: 10:16.58	48.52	
	100m: 1:28.64 47.04	300m: 4:39.40	48.60	500m: 7:51.17	48.30	700m: 11:04.97	48.39	
	150m: 2:16.43 47.79	350m: 5:26.63	47.23	550m: 8:39.84	48.67	750m: 11:52.92	47.95	
	200m: 3:03.88 47.45	400m: 6:14.62	47.99	600m: 9:28.06	48.22	800m: 12:38.86	45.94	
EXH	BAPTISTA Valentina Hermida	11	213377	Juventude Atlantico	12:55.46	+0,98	233	-
	50m: 39.56 39.56	250m: 3:50.65	48.98	450m: 7:10.37	49.57	650m: 10:31.42	50.48	
	100m: 1:24.93 45.37	300m: 4:40.60	49.95	500m: 7:59.87	49.50	700m: 11:21.51	50.09	
	150m: 2:12.69 47.76	350m: 5:29.90	49.30	550m: 8:50.74	50.87	750m: 12:10.56	49.05	
	200m: 3:01.67 48.98	400m: 6:20.80	50.90	600m: 9:40.94	50.20	800m: 12:55.46	44.90	
EXH	QUINTAL Margarida Silva	12	213374	Juventude Atlantico	13:07.89		222	-
	50m: 43.01 43.01	250m: 4:00.87	49.76	450m: 7:23.86	51.22	650m: 10:47.63	51.33	
	100m: 1:31.24 48.23	300m: 4:51.31	50.44	500m: 8:13.76	49.90	700m: 11:36.48	48.85	
	150m: 2:21.01 49.77	350m: 5:42.11	50.80	550m: 9:04.08	50.32	750m: 12:21.33	44.85	
	200m: 3:11.11 50.10	400m: 6:32.64	50.53	600m: 9:56.30	52.22	800m: 13:07.89	46.56	
EXH	FREITAS Sara Margarida	11	215578	Juventude Atlantico	13:24.44	+0,84	209	-
	50m: 43.12 43.12	250m: 4:05.45	51.25	450m: 7:34.69	53.37	650m: 10:59.97	51.69	
	100m: 1:32.13 49.01	300m: 4:56.83	51.38	500m: 8:25.74	51.05	700m: 11:49.33	49.36	
	150m: 2:22.69 50.56	350m: 5:49.36	52.53	550m: 9:17.07	51.33	750m: 12:38.40	49.07	
	200m: 3:14.20 51.51	400m: 6:41.32	51.96	600m: 10:08.28	51.21	800m: 13:24.44	46.04	

Prova 1, Femin., 800m Livres

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
EXH	SILVA Maria Ines	12	214715	Juventude Atlantico	14:24.99	+0,64	168	-
	50m: 45.13	45.13	250m: 4:24.66	57.04	450m: 8:01.38	53.05	650m: 11:45.39	57.93
	100m: 1:34.65	49.52	300m: 5:20.75	56.09	500m: 8:51.96	50.58	700m: 12:42.59	57.20
	150m: 2:31.41	56.76	350m: 6:11.49	50.74	550m: 9:49.79	57.83	750m: 13:35.18	52.59
	200m: 3:27.62	56.21	400m: 7:08.33	56.84	600m: 10:47.46	57.67	800m: 14:24.99	49.81