

Prova 3

Femin., 400m Livres

Open

09/03/2024 - 10:05

Resultados

Rec Nac Univ 4:28.00 Ema Jeronimo CONCEICAO AEFCL Porto 18/06/2023

Pontos: FINA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	FINA	Pts
1.	Beatriz CARDEAL	04	IP Viseu	4:28.40	+0,63	674	
	50m: 31.22 31.22	150m: 1:39.53	34.32	250m: 2:47.86	33.74	350m: 3:55.52	33.85
	100m: 1:05.21 33.99	200m: 2:14.12	34.59	300m: 3:21.67	33.81	400m: 4:28.40	32.88
2.	Daniela LOPES	05	U Porto	4:32.39	+0,78	645	
	50m: 31.78 31.78	150m: 1:39.83	34.38	250m: 2:48.97	34.64	350m: 3:58.64	35.11
	100m: 1:05.45 33.67	200m: 2:14.33	34.50	300m: 3:23.53	34.56	400m: 4:32.39	33.75
3.	Carolina VIANA	04	FAI Politecnico de Lisboa	4:32.66	+0,72	643	
	50m: 31.50 31.50	150m: 1:39.38	34.28	250m: 2:49.14	34.69	350m: 3:58.61	34.76
	100m: 1:05.10 33.60	200m: 2:14.45	35.07	300m: 3:23.85	34.71	400m: 4:32.66	34.05
4.	Bruna RIESENBERGER	97	FAI Politecnico de Lisboa	4:46.40	+0,70	555	
	50m: 32.89 32.89	150m: 1:44.25	36.02	250m: 2:57.41	36.48	350m: 4:10.74	36.30
	100m: 1:08.23 35.34	200m: 2:20.93	36.68	300m: 3:34.44	37.03	400m: 4:46.40	35.66
5.	Alice MORGADO	04	Nova de Lisboa	4:46.97	+0,76	551	
	50m: 32.64 32.64	150m: 1:43.58	35.59	250m: 2:57.61	36.51	350m: 4:10.71	36.58
	100m: 1:07.99 35.35	200m: 2:21.10	37.52	300m: 3:34.13	36.52	400m: 4:46.97	36.26
6.	Vanessa OLIVEIRA	05	AAU Aveiro	4:49.19	+0,81	539	
	50m: 33.80 33.80	150m: 1:46.12	36.47	250m: 2:59.60	36.86	350m: 4:13.41	36.90
	100m: 1:09.65 35.85	200m: 2:22.74	36.62	300m: 3:36.51	36.91	400m: 4:49.19	35.78
7.	Beatriz GASPAS	04	Academica de Coimbra	5:02.88	+0,73	469	
	50m: 33.14 33.14	150m: 1:46.85	37.51	250m: 3:04.08	38.90	350m: 4:23.83	40.07
	100m: 1:09.34 36.20	200m: 2:25.18	38.33	300m: 3:43.76	39.68	400m: 5:02.88	39.05