

Prova 11	Femin., 400m Livres				Absoluto
23/03/2024 - 9:34					Startlist
Recorde Regional Open	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

Infantil B Fem. Inf B: 5:25.80 / Infantil A Fem. Inf A: 5:14.58 / Juv. B Fem. Juv B: 5:02.08 / Juv. A Fem. Juv A: 4:55.08 /
J nior 1  Ano Fem. Jun16: 4:48.09 / J nior 2  Ano Fem. Jun17: 4:46.69 / S nior 1.  Fem. Sen18: 4:41.10 /
S nior 2.  Fem. 19 +: 4:39.70

Pista	Nome	Ano	Clube	Tempo de Inscri�o
S�rie 1 de 1				
1	VELOSA, Ana Matilde	11	Juventude Atlantico	7:02.06
2	AMORIM, Beatriz Pereira	12	Desportivo Sao Roque	6:36.56
3	SILVA, Ana Matilde	11	Desportivo Nacional	6:07.70
4	PEREIRA, Eduarda Ribeiro	09	Naval do Funchal	5:02.25
5	VIEIRA, Matilde Sofia	11	Desportivo Nacional	6:04.16
6	FREITAS, Sofia Spinola	11	Desportivo Sao Roque	6:35.51
7	BAPTISTA, Valentina Hermida	11	Juventude Atlantico	6:57.43