

Prova 30	Masc., 800m Livres				Absoluto
24/03/2024 - 9:15	Juntos com os 800L Femin. (Pista 1 � 4)				Resultados
Recorde Regional Open	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao	24/07/1997
Recorde Regional Inf A	9:06.84	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	9:41.21	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

J nior 1  Ano Mas. Jun17: 9:21.51 / J nior 2  Ano Mas. Jun18: 9:18.80 / S nior 1  Ano Mas. Sen19: 9:05.23 /  
S nior 2  Ano Mas. 20 +: 9:02.52

Pontos: FINA 2024

Lugar	Ano						Tempo final	Pts
<b>Infantil A - 14 anos</b>								
1.	MENDONCA, Florival Rodrigo		10	Juventude Atlantico			<b>11:50.72</b>	257
	100m: 1:19.20	1:19.20	300m: 4:20.46	1:31.06	500m: 7:25.25	1:32.88	700m: 10:27.99	1:29.20
	200m: 2:49.40	1:30.20	400m: 5:52.37	1:31.91	600m: 8:58.79	1:33.54	800m: 11:50.72	1:22.73

#### Juvenil B - 15 anos

1.	MARTINS, Antonio Freitas		09	Desportivo Nacional			<b>9:59.99</b>	427
	100m: 1:10.51	1:10.51	300m: 3:42.34	1:16.13	500m: 6:14.33	1:16.10	700m: 8:47.12	1:16.31
	200m: 2:26.21	1:15.70	400m: 4:58.23	1:15.89	600m: 7:30.81	1:16.48	800m: 9:59.99	1:12.87

#### Absolutos - 13 anos e mais velhos

1.	MARTINS, Antonio Freitas		09	Desportivo Nacional			<b>9:59.99</b>	427
	100m: 1:10.51	1:10.51	300m: 3:42.34	1:16.13	500m: 6:14.33	1:16.10	700m: 8:47.12	1:16.31
	200m: 2:26.21	1:15.70	400m: 4:58.23	1:15.89	600m: 7:30.81	1:16.48	800m: 9:59.99	1:12.87