

Prova 11 Femin., 400m Livres Absoluto
23/03/2024 - 9:34 Resultados

Recorde Regional Open	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

Infantil B Fem. Inf B: 5:25.80 / Infantil A Fem. Inf A: 5:14.58 / Juv. B Fem. Juv B: 5:02.08 / Juv. A Fem. Juv A: 4:55.08 /
Júnior 1º Ano Fem. Jun16: 4:48.09 / Júnior 2º Ano Fem. Jun17: 4:46.69 / Sénior 1.º Fem. Sen18: 4:41.10 /
Sénior 2.º Fem. 19+: 4:39.70

Pontos: FINA 2024

Lugar Ano Tempo final Pts

Infantil B - 12 anos

1. AMORIM, Beatriz Pereira	12	Desportivo Sao Roque	6:23.43	231
50m: 41.28 41.28	150m: 2:17.24 48.36	250m: 3:57.24 49.56	350m: 5:36.34 49.15	
100m: 1:28.88 47.60	200m: 3:07.68 50.44	300m: 4:47.19 49.95	400m: 6:23.43 47.09	

Infantil A - 13 anos

1. VELOSA, Ana Matilde	11	Juventude Atlantico	5:40.87	329
50m: 35.60 35.60	150m: 2:01.43 44.17	250m: 3:31.95 46.52	350m: 4:58.81 42.13	
100m: 1:17.26 41.66	200m: 2:45.43 44.00	300m: 4:16.68 44.73	400m: 5:40.87 42.06	
2. VIEIRA, Matilde Sofia	11	Desportivo Nacional	6:04.15	270
50m: 41.30 41.30	150m: 2:14.90 46.97	250m: 3:48.96 47.29	350m: 5:21.39 45.69	
100m: 1:27.93 46.63	200m: 3:01.67 46.77	300m: 4:35.70 46.74	400m: 6:04.15 42.76	
3. SILVA, Ana Matilde	11	Desportivo Nacional	6:08.27	261
50m: 41.31 41.31	150m: 2:15.38 48.15	250m: 3:51.13 47.99	350m: 5:24.22 45.89	
100m: 1:27.23 45.92	200m: 3:03.14 47.76	300m: 4:38.33 47.20	400m: 6:08.27 44.05	
4. BAPTISTA, Valentina Hermida	11	Juventude Atlantico	6:29.60	220
50m: 41.73 41.73	150m: 2:19.97 50.20	250m: 4:01.42 51.66	350m: 5:42.67 49.93	
100m: 1:29.77 48.04	200m: 3:09.76 49.79	300m: 4:52.74 51.32	400m: 6:29.60 46.93	
5. FREITAS, Sofia Spinola	11	Desportivo Sao Roque	6:34.16	212
50m: 43.67 43.67	150m: 2:23.29 50.67	250m: 4:05.70 50.83	350m: 5:46.83 50.05	
100m: 1:32.62 48.95	200m: 3:14.87 51.58	300m: 4:56.78 51.08	400m: 6:34.16 47.33	

Juvenil A - 15 anos

1. PEREIRA, Eduarda Ribeiro	09	Naval do Funchal	5:19.49	399
50m: 33.31 33.31	150m: 1:53.48 40.95	250m: 3:16.56 41.83	350m: 4:40.00 41.71	
100m: 1:12.53 39.22	200m: 2:34.73 41.25	300m: 3:58.29 41.73	400m: 5:19.49 39.49	

Absolutos - 12 anos e mais velhos

1. PEREIRA, Eduarda Ribeiro	09	Naval do Funchal	5:19.49	399
50m: 33.31 33.31	150m: 1:53.48 40.95	250m: 3:16.56 41.83	350m: 4:40.00 41.71	
100m: 1:12.53 39.22	200m: 2:34.73 41.25	300m: 3:58.29 41.73	400m: 5:19.49 39.49	