



Prova 29 Masc., 800m Livres Absoluto  
03/03/2024 - 9:30 Resultados

Recorde Regional Open	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	8:16.27	GOUVEIA, Pedro Galvao	CDN	Funchal	09/12/2016
Recorde Regional Jun17	8:26.03	GOUVEIA, Pedro Galvao	CDN	Funchal	05/03/2016
Recorde Regional Juv A	8:47.54	ALMEIDA, Carlos Alexandre	CDN	Funchal	11/12/2004
Recorde Regional Juv B	8:46.95	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	8:59.16	FREITAS, Tomas Miguel	CDN	Funchal	22/05/2004
Recorde Regional Inf B	9:18.20	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003
Recorde Nacional Adaptada	10:29.46	CARVALHO, Joaquim Eduardo	CNF	Funchal	27/05/2023

Júnior 1º Ano Mas. Jun17: 9:03.42 / Júnior 2º Ano Mas. Jun18: 9:00.79 / Sénior 1º Ano Mas. Sen19: 8:47.67 /  
Sénior 2º Ano Mas. 20+: 8:45.04

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
<b>Infantis B, 13 anos</b>					
1.	ABREU, Pedro Dinis	11	Naval do Funchal	<b>11:13.62</b>	285
	100m: 1:18.11 1:18.11	300m: 4:08.40	1:26.00 500m: 7:00.18	1:25.46 700m: 9:51.14	1:25.09
	200m: 2:42.40 1:24.29	400m: 5:34.72	1:26.32 600m: 8:26.05	1:25.87 800m: 11:13.62	1:22.48
2.	SILVA, Alexandre Antonio	11	Naval do Funchal	<b>11:16.90</b>	281
	100m: 1:20.34 1:20.34	300m: 4:15.10	1:27.37 500m: 7:08.85	1:26.42 700m: 9:56.58	1:23.30
	200m: 2:47.73 1:27.39	400m: 5:42.43	1:27.33 600m: 8:33.28	1:24.43 800m: 11:16.90	1:20.32
3.	FERNANDES, Francisco Miguel	11	Desportivo Sao Roque	<b>11:45.02</b>	248
	100m: 1:22.24 1:22.24	300m: 4:18.04	1:27.27 500m: 7:15.29	1:28.58 700m: 10:16.96	1:30.84
	200m: 2:50.77 1:28.53	400m: 5:46.71	1:28.67 600m: 8:46.12	1:30.83 800m: 11:45.02	1:28.06
4.	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	<b>12:39.67</b>	198
	100m: 1:26.61 1:26.61	300m: 4:39.35	1:37.03 500m: 7:53.03	1:36.75 700m: 11:08.67	1:37.36
	200m: 3:02.32 1:35.71	400m: 6:16.28	1:36.93 600m: 9:31.31	1:38.28 800m: 12:39.67	1:31.00

**Juvenis B, 15 anos**

1.	PESTANA, Pedro Correia	09	Desportivo Nacional	<b>9:41.80</b>	442
	100m: 1:06.96 1:06.96	300m: 3:34.02	1:13.11 500m: 6:01.93	1:14.02 700m: 8:29.54	1:13.18
	200m: 2:20.91 1:13.95	400m: 4:47.91	1:13.89 600m: 7:16.36	1:14.43 800m: 9:41.80	1:12.26
2.	MARTINS, Antonio Freitas	09	Desportivo Nacional	<b>9:59.76</b>	404
	100m: 1:10.70 1:10.70	300m: 3:42.77	1:16.28 500m: 6:13.63	1:15.62 700m: 8:46.49	1:16.27
	200m: 2:26.49 1:15.79	400m: 4:58.01	1:15.24 600m: 7:30.22	1:16.59 800m: 9:59.76	1:13.27
3.	SANTOS, Joao Dinis	09	Desportiva de Machico	<b>11:27.05</b>	268
	100m: 1:15.90 1:15.90	300m: 4:07.30	1:27.02 500m: 7:04.12	1:28.45 700m: 10:01.63	1:28.34
	200m: 2:40.28 1:24.38	400m: 5:35.67	1:28.37 600m: 8:33.29	1:29.17 800m: 11:27.05	1:25.42

**Juvenis A, 16 anos**

1.	CASTRO, Marco Antonio	08	Naval do Funchal	<b>9:04.75</b>	539
	100m: 1:04.10 1:04.10	300m: 3:21.67	1:09.34 500m: 5:39.89	1:08.93 700m: 7:58.86	1:09.57
	200m: 2:12.33 1:08.23	400m: 4:30.96	1:09.29 600m: 6:49.29	1:09.40 800m: 9:04.75	1:05.89
2.	MIRANDA, Francisco Guilherme	08	Naval do Funchal	<b>9:04.85</b>	539
	100m: 1:04.47 1:04.47	300m: 3:22.63	1:09.38 500m: 5:40.29	1:08.57 700m: 7:58.78	1:09.54
	200m: 2:13.25 1:08.78	400m: 4:31.72	1:09.09 600m: 6:49.24	1:08.95 800m: 9:04.85	1:06.07
3.	JESUS, Vasco Franca	08	Naval do Funchal	<b>9:08.04</b>	529
	100m: 1:03.73 1:03.73	300m: 3:21.84	1:09.56 500m: 5:41.73	1:10.30 700m: 8:01.23	1:09.52
	200m: 2:12.28 1:08.55	400m: 4:31.43	1:09.59 600m: 6:51.71	1:09.98 800m: 9:08.04	1:06.81



Prova 29, Masc., 800m Livres

Absolutos, 13 anos e mais velhos

1.	CASTRO, Marco Antonio	08	Naval do Funchal	<b>9:04.75</b>	539
	100m: 1:04.10 1:04.10	300m: 3:21.67 1:09.34	500m: 5:39.89 1:08.93	700m: 7:58.86 1:09.57	
	200m: 2:12.33 1:08.23	400m: 4:30.96 1:09.29	600m: 6:49.29 1:09.40	800m: 9:04.75 1:05.89	
2.	MIRANDA, Francisco Guilherme	08	Naval do Funchal	<b>9:04.85</b>	539
	100m: 1:04.47 1:04.47	300m: 3:22.63 1:09.38	500m: 5:40.29 1:08.57	700m: 7:58.78 1:09.54	
	200m: 2:13.25 1:08.78	400m: 4:31.72 1:09.09	600m: 6:49.24 1:08.95	800m: 9:04.85 1:06.07	
3.	JESUS, Vasco Franca	08	Naval do Funchal	<b>9:08.04</b>	529
	100m: 1:03.73 1:03.73	300m: 3:21.84 1:09.56	500m: 5:41.73 1:10.30	700m: 8:01.23 1:09.52	
	200m: 2:12.28 1:08.55	400m: 4:31.43 1:09.59	600m: 6:51.71 1:09.98	800m: 9:08.04 1:06.81	
4.	ALMEIDA, Joao Francisco	07	Naval do Funchal	<b>9:15.30</b>	509
	100m: 1:04.44 1:04.44	300m: 3:22.32 1:09.13	500m: 5:42.11 1:10.28	700m: 8:04.73 1:11.60	
	200m: 2:13.19 1:08.75	400m: 4:31.83 1:09.51	600m: 6:53.13 1:11.02	800m: 9:15.30 1:10.57	
5.	PESTANA, Pedro Correia	09	Desportivo Nacional	<b>9:41.80</b>	442
	100m: 1:06.96 1:06.96	300m: 3:34.02 1:13.11	500m: 6:01.93 1:14.02	700m: 8:29.54 1:13.18	
	200m: 2:20.91 1:13.95	400m: 4:47.91 1:13.89	600m: 7:16.36 1:14.43	800m: 9:41.80 1:12.26	
6.	MARTINS, Antonio Freitas	09	Desportivo Nacional	<b>9:59.76</b>	404
	100m: 1:10.70 1:10.70	300m: 3:42.77 1:16.28	500m: 6:13.63 1:15.62	700m: 8:46.49 1:16.27	
	200m: 2:26.49 1:15.79	400m: 4:58.01 1:15.24	600m: 7:30.22 1:16.59	800m: 9:59.76 1:13.27	
7.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	<b>10:01.81</b>	400
	<i>RECORDE NACIONAL ADAPTADA</i>				
	100m: 1:09.81 1:09.81	300m: 3:41.71 1:16.42	500m: 6:13.69 1:15.92	700m: 8:46.92 1:16.83	
	200m: 2:25.29 1:15.48	400m: 4:57.77 1:16.06	600m: 7:30.09 1:16.40	800m: 10:01.81 1:14.89	
8.	PENSO, Miguel Reigada	07	Desportivo Sao Roque	<b>10:10.16</b>	383
	100m: 1:09.57 1:09.57	300m: 3:40.98 1:16.57	500m: 6:14.51 1:16.94	700m: 8:53.46 1:20.29	
	200m: 2:24.41 1:14.84	400m: 4:57.57 1:16.59	600m: 7:33.17 1:18.66	800m: 10:10.16 1:16.70	
9.	ABREU, Pedro Dinis	11	Naval do Funchal	<b>11:13.62</b>	285
	100m: 1:18.11 1:18.11	300m: 4:08.40 1:26.00	500m: 7:00.18 1:25.46	700m: 9:51.14 1:25.09	
	200m: 2:42.40 1:24.29	400m: 5:34.72 1:26.32	600m: 8:26.05 1:25.87	800m: 11:13.62 1:22.48	
10.	SILVA, Alexandre Antonio	11	Naval do Funchal	<b>11:16.90</b>	281
	100m: 1:20.34 1:20.34	300m: 4:15.10 1:27.37	500m: 7:08.85 1:26.42	700m: 9:56.58 1:23.30	
	200m: 2:47.73 1:27.39	400m: 5:42.43 1:27.33	600m: 8:33.28 1:24.43	800m: 11:16.90 1:20.32	
11.	SANTOS, Joao Dinis	09	Desportiva de Machico	<b>11:27.05</b>	268
	100m: 1:15.90 1:15.90	300m: 4:07.30 1:27.02	500m: 7:04.12 1:28.45	700m: 10:01.63 1:28.34	
	200m: 2:40.28 1:24.38	400m: 5:35.67 1:28.37	600m: 8:33.29 1:29.17	800m: 11:27.05 1:25.42	
12.	FERNANDES, Francisco Miguel	11	Desportivo Sao Roque	<b>11:45.02</b>	248
	100m: 1:22.24 1:22.24	300m: 4:18.04 1:27.27	500m: 7:15.29 1:28.58	700m: 10:16.96 1:30.84	
	200m: 2:50.77 1:28.53	400m: 5:46.71 1:28.67	600m: 8:46.12 1:30.83	800m: 11:45.02 1:28.06	
13.	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	<b>12:39.67</b>	198
	100m: 1:26.61 1:26.61	300m: 4:39.35 1:37.03	500m: 7:53.03 1:36.75	700m: 11:08.67 1:37.36	
	200m: 3:02.32 1:35.71	400m: 6:16.28 1:36.93	600m: 9:31.31 1:38.28	800m: 12:39.67 1:31.00	