Prova 37 | Femin., 1500m Livres | Absoluto
03/07/2021 - 18:47 | Resultados

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:44.24	DORIA, Madalena Melim	CDN	Funchal	02/07/2017
Recorde Regional Jun16	19:01.67	SOUSA, Joana Francisca	CDSR	Funchal	28/02/2020
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	19:33.38	ARAUJO, Maria Clara	CNF	Funchal	07/07/2019
Recorde Regional Inf A	20:24.76	FREITAS, Maria Beatriz	CDN	Funchal	05/07/2009
Recorde Regional Inf B	20:28.70	TELO, Carla Patricia	CSM	Matur	01/01/1983

TAC OPEN Juv B: 19:55.00; Juv A: 19:45.00; Jun16: 18:35.24; Jun17: 18:35.24; Sen: 17:55.98

Pontos: FINA 2021

Lugar		Ano			Tempo final	Pts

Juvenil A - 15 anos

1. SILVA, Silvana Suamade — 06 — Desportivo Sao Roque — **20:09.22** — 441

100m:	1:16.77	1:16.77	500m:	6:38.57	1:20.65	900m:	12:03.61	1:21.21	1300m:	17:31.34	1:21.93
200m:	2:37.36	1:20.59	600m:	7:59.75	1:21.18	1000m:	13:25.62	1:22.01	1400m:	18:52.29	1:20.95
300m:	3:57.77	1:20.41	700m:	9:20.60	1:20.85	1100m:	14:47.35	1:21.73	1500m:	20:09.22	1:16.93
400m:	5:17.92	1:20.15	800m:	10:42.40	1:21.80	1200m:	16:09.41	1:22.06			

Juniores - 16 e 17 anos

1. SOUSA, Joana Francisca — 04 — Desportivo Sao Roque — **18:57.24** — 530
Recorde Regional

100m:	1:11.31	1:11.31	500m:	6:17.58	1:16.62	900m:	11:22.78	1:15.80	1300m:	16:27.23	1:16.32
200m:	2:27.81	1:16.50	600m:	7:34.24	1:16.66	1000m:	12:38.54	1:15.76	1400m:	17:43.27	1:16.04
300m:	3:44.45	1:16.64	700m:	8:50.68	1:16.44	1100m:	13:54.60	1:16.06	1500m:	18:57.24	1:13.97
400m:	5:00.96	1:16.51	800m:	10:06.98	1:16.30	1200m:	15:10.91	1:16.31			

Absolutos - 14 e mais velhos

1. SOUSA, Joana Francisca — 04 — Desportivo Sao Roque — **18:57.24** — 530
Recorde Regional

100m:	1:11.31	1:11.31	500m:	6:17.58	1:16.62	900m:	11:22.78	1:15.80	1300m:	16:27.23	1:16.32
200m:	2:27.81	1:16.50	600m:	7:34.24	1:16.66	1000m:	12:38.54	1:15.76	1400m:	17:43.27	1:16.04
300m:	3:44.45	1:16.64	700m:	8:50.68	1:16.44	1100m:	13:54.60	1:16.06	1500m:	18:57.24	1:13.97
400m:	5:00.96	1:16.51	800m:	10:06.98	1:16.30	1200m:	15:10.91	1:16.31			

2. SILVA, Silvana Suamade — 06 — Desportivo Sao Roque — **20:09.22** — 441

100m:	1:16.77	1:16.77	500m:	6:38.57	1:20.65	900m:	12:03.61	1:21.21	1300m:	17:31.34	1:21.93
200m:	2:37.36	1:20.59	600m:	7:59.75	1:21.18	1000m:	13:25.62	1:22.01	1400m:	18:52.29	1:20.95
300m:	3:57.77	1:20.41	700m:	9:20.60	1:20.85	1100m:	14:47.35	1:21.73	1500m:	20:09.22	1:16.93
400m:	5:17.92	1:20.15	800m:	10:42.40	1:21.80	1200m:	16:09.41	1:22.06			