

Torneio Regional de Fundo - Juvenis
Funchal, 16 - 17/11/2019



Prova 7

Femin., 800m Livres

Juvenis

17/11/2019 - 9:55

Resultados

Recordes Regionais Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recordes Regionais Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recordes Regionais Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993

TAC Nacionais Juv B: 10:02.02; Juv A: 9:53.10 / TAC Zonais Juv B: 10:27.05; Juv A: 10:09.47

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenil B, 14 anos			
1. COSTA, Maria Jardim	06 Nacional	10:05.66	495
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:13.25 1:13.25	300m: 3:47.23 1:17.10	500m: 6:20.53 1:16.28	700m: 8:52.77 1:15.59
200m: 2:30.13 1:16.88	400m: 5:04.25 1:17.02	600m: 7:37.18 1:16.65	800m: 10:05.66 1:12.89
2. SILVA, Silvana Suamade	06 Sao Roque	10:09.47	486
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:15.00 1:15.00	300m: 3:48.92 1:17.08	500m: 6:21.47 1:16.29	700m: 8:55.06 1:16.60
200m: 2:31.84 1:16.84	400m: 5:05.18 1:16.26	600m: 7:38.46 1:16.99	800m: 10:09.47 1:14.41
3. DIAS, Julia Alves	06 Nacional	10:19.72	462
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:14.53 1:14.53	300m: 3:51.48 1:18.73	500m: 6:29.27 1:19.12	700m: 9:05.28 1:17.54
200m: 2:32.75 1:18.22	400m: 5:10.15 1:18.67	600m: 7:47.74 1:18.47	800m: 10:19.72 1:14.44
4. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	10:20.89	460
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:14.28 1:14.28	300m: 3:48.65 1:17.31	500m: 6:24.90 1:18.92	700m: 9:04.88 1:19.87
200m: 2:31.34 1:17.06	400m: 5:05.98 1:17.33	600m: 7:45.01 1:20.11	800m: 10:20.89 1:16.01
5. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	10:37.75	424
100m: 1:14.87 1:14.87	300m: 3:56.52 1:21.10	500m: 6:38.43 1:20.94	700m: 9:19.82 1:20.05
200m: 2:35.42 1:20.55	400m: 5:17.49 1:20.97	600m: 7:59.77 1:21.34	800m: 10:37.75 1:17.93
6. DEUS, Ines Portugal	06 Naval do Funchal	10:38.54	423
100m: 1:15.44 1:15.44	300m: 3:54.56 1:20.73	500m: 6:36.83 1:21.18	700m: 9:19.32 1:20.98
200m: 2:33.83 1:18.39	400m: 5:15.65 1:21.09	600m: 7:58.34 1:21.51	800m: 10:38.54 1:19.22
7. FREITAS, Margarida Ramos	06 Nacional	10:41.23	417
100m: 1:16.42 1:16.42	300m: 3:59.28 1:21.95	500m: 6:41.66 1:21.10	700m: 9:23.77 1:21.13
200m: 2:37.33 1:20.91	400m: 5:20.56 1:21.28	600m: 8:02.64 1:20.98	800m: 10:41.23 1:17.46
8. JARDIM, Lara Filipa	06 Naval do Funchal	10:51.86	397
100m: 1:17.19 1:17.19	300m: 4:01.68 1:22.25	500m: 6:46.26 1:22.66	700m: 9:33.97 1:24.21
200m: 2:39.43 1:22.24	400m: 5:23.60 1:21.92	600m: 8:09.76 1:23.50	800m: 10:51.86 1:17.89
9. ABREU, Ana Rodrigues	06 Naval do Funchal	10:58.67	385
100m: 1:17.61 1:17.61	300m: 4:06.55 1:25.78	500m: 6:51.55 1:22.16	700m: 9:37.42 1:22.56
200m: 2:40.77 1:23.16	400m: 5:29.39 1:22.84	600m: 8:14.86 1:23.31	800m: 10:58.67 1:21.25
10. FERRO, Maria Leonor	06 Naval do Funchal	11:03.13	377
100m: 1:20.29 1:20.29	300m: 4:08.33 1:24.13	500m: 6:56.38 1:23.49	700m: 9:44.14 1:24.17
200m: 2:44.20 1:23.91	400m: 5:32.89 1:24.56	600m: 8:19.97 1:23.59	800m: 11:03.13 1:18.99
11. PEREIRA, Joana Marques	06 Nacional	11:09.77	366
100m: 1:21.58 1:21.58	300m: 4:13.22 1:25.88	500m: 7:04.03 1:25.48	700m: 9:53.21 1:24.46
200m: 2:47.34 1:25.76	400m: 5:38.55 1:25.33	600m: 8:28.75 1:24.72	800m: 11:09.77 1:16.56
12. CARICHAS, Joana Medeiros	06 Salesianos do Funchal	11:10.97	364
100m: 1:18.22 1:18.22	300m: 4:06.33 1:25.25	500m: 6:56.31 1:25.89	700m: 9:49.55 1:25.77
200m: 2:41.08 1:22.86	400m: 5:30.42 1:24.09	600m: 8:23.78 1:27.47	800m: 11:10.97 1:21.42
13. CANADA, Maria Elvira	06 Nacional	11:13.70	360
100m: 1:21.32 1:21.32	300m: 4:13.03 1:25.72	500m: 7:03.51 1:25.03	700m: 9:52.74 1:24.09
200m: 2:47.31 1:25.99	400m: 5:38.48 1:25.45	600m: 8:28.65 1:25.14	800m: 11:13.70 1:20.96
14. SOUSA, Ivana Valentina	06 Nacional	11:30.94	333
100m: 1:19.66 1:19.66	300m: 4:13.45 1:26.91	500m: 7:08.93 1:28.35	700m: 10:05.68 1:28.06
200m: 2:46.54 1:26.88	400m: 5:40.58 1:27.13	600m: 8:37.62 1:28.69	800m: 11:30.94 1:25.26

Torneio Regional de Fundo - Juvenis
Funchal, 16 - 17/11/2019



Prova 7, Femin., 800m Livres, Juvenil B, 14 anos

Lugar	Ano	Tempo final	Pts
15. FARIA, Laura Pereira	06 Salesianos do Funchal	11:41.61	318
100m: 1:21.05 1:21.05	300m: 4:19.04 1:28.98	500m: 7:19.30 1:31.15	700m: 10:19.04 1:29.77
200m: 2:50.06 1:29.01	400m: 5:48.15 1:29.11	600m: 8:49.27 1:29.97	800m: 11:41.61 1:22.57
16. TEMBE, Ines Afonso	06 Nacional	12:09.75	283
100m: 1:25.60 1:25.60	300m: 4:31.39 1:32.97	500m: 7:38.62 1:33.57	700m: 10:43.39 1:32.48
200m: 2:58.42 1:32.82	400m: 6:05.05 1:33.66	600m: 9:10.91 1:32.29	800m: 12:09.75 1:26.36
17. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	12:15.79	276
100m: 1:30.15 1:30.15	300m: 4:36.27 1:32.89	500m: 7:41.67 1:32.60	700m: 10:49.63 1:33.37
200m: 3:03.38 1:33.23	400m: 6:09.07 1:32.80	600m: 9:16.26 1:34.59	800m: 12:15.79 1:26.16

Juvenil A, 15 anos

1. LUIS, Mariana Capelo	05 Salesianos do Funchal	11:38.00	323
100m: 1:24.97 1:24.97	300m: 4:22.25 1:28.68	500m: 7:15.99 1:27.21	700m: 10:12.40 1:28.35
200m: 2:53.57 1:28.60	400m: 5:48.78 1:26.53	600m: 8:44.05 1:28.06	800m: 11:38.00 1:25.60
2. FERNANDES, Maria Madalena	05 Salesianos do Funchal	14:11.10	178
100m: 1:43.31 1:43.31	300m: 5:19.76 1:47.37	500m: 8:54.02 1:47.55	700m: 12:29.69 1:47.94
200m: 3:32.39 1:49.08	400m: 7:06.47 1:46.71	600m: 10:41.75 1:47.73	800m: 14:11.10 1:41.41
3. NOBREGA, Maria Trindade	05 Nacional	14:30.14	167
100m: 1:43.32 1:43.32	300m: 5:20.27 1:47.71	500m: 9:01.99 1:52.86	700m: 12:46.57 1:50.66
200m: 3:32.56 1:49.24	400m: 7:09.13 1:48.86	600m: 10:55.91 1:53.92	800m: 14:30.14 1:43.57
4. DINIS, Maria Antonia	05 Nacional	15:36.02	134
100m: 1:48.89 1:48.89	300m: 5:47.27 1:58.60	500m: 9:49.31 2:01.89	700m: 13:47.00 1:56.99
200m: 3:48.67 1:59.78	400m: 7:47.42 2:00.15	600m: 11:50.01 2:00.70	800m: 15:36.02 1:49.02
dsq total SILVA, Maria Fabiana	05 Nacional		
dsq total ARAUJO, Maria Clara	05 Naval do Funchal		
dsq total AVEIRO, Leonor Sofia	05 Naval do Funchal		

Juvenil Geral, 14 e 15 anos

1. COSTA, Maria Jardim	06 Nacional	10:05.66	495
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:13.25 1:13.25	300m: 3:47.23 1:17.10	500m: 6:20.53 1:16.28	700m: 8:52.77 1:15.59
200m: 2:30.13 1:16.88	400m: 5:04.25 1:17.02	600m: 7:37.18 1:16.65	800m: 10:05.66 1:12.89
2. SILVA, Silvana Suamade	06 Sao Roque	10:09.47	486
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:15.00 1:15.00	300m: 3:48.92 1:17.08	500m: 6:21.47 1:16.29	700m: 8:55.06 1:16.60
200m: 2:31.84 1:16.84	400m: 5:05.18 1:16.26	600m: 7:38.46 1:16.99	800m: 10:09.47 1:14.41
3. DIAS, Julia Alves	06 Nacional	10:19.72	462
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:14.53 1:14.53	300m: 3:51.48 1:18.73	500m: 6:29.27 1:19.12	700m: 9:05.28 1:17.54
200m: 2:32.75 1:18.22	400m: 5:10.15 1:18.67	600m: 7:47.74 1:18.47	800m: 10:19.72 1:14.44
4. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	10:20.89	460
<i>Minimos Campeonato Zonal - Sines</i>			
100m: 1:14.28 1:14.28	300m: 3:48.65 1:17.31	500m: 6:24.90 1:18.92	700m: 9:04.88 1:19.87
200m: 2:31.34 1:17.06	400m: 5:05.98 1:17.33	600m: 7:45.01 1:20.11	800m: 10:20.89 1:16.01
5. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	10:37.75	424
100m: 1:14.87 1:14.87	300m: 3:56.52 1:21.10	500m: 6:38.43 1:20.94	700m: 9:19.82 1:20.05
200m: 2:35.42 1:20.55	400m: 5:17.49 1:20.97	600m: 7:59.77 1:21.34	800m: 10:37.75 1:17.93
6. DEUS, Ines Portugal	06 Naval do Funchal	10:38.54	423
100m: 1:15.44 1:15.44	300m: 3:54.56 1:20.73	500m: 6:36.83 1:21.18	700m: 9:19.32 1:20.98
200m: 2:33.83 1:18.39	400m: 5:15.65 1:21.09	600m: 7:58.34 1:21.51	800m: 10:38.54 1:19.22
7. FREITAS, Margarida Ramos	06 Nacional	10:41.23	417
100m: 1:16.42 1:16.42	300m: 3:59.28 1:21.95	500m: 6:41.66 1:21.10	700m: 9:23.77 1:21.13
200m: 2:37.33 1:20.91	400m: 5:20.56 1:21.28	600m: 8:02.64 1:20.98	800m: 10:41.23 1:17.46

Torneio Regional de Fundo - Juvenis
Funchal, 16 - 17/11/2019



Prova 7, Femin., 800m Livres, Juvenil Geral, 14 e 15 anos

Lugar	Ano	Tempo final	Pts
8. JARDIM, Lara Filipa	06 Naval do Funchal	10:51.86	397
100m: 1:17.19 1:17.19	300m: 4:01.68 1:22.25	500m: 6:46.26 1:22.66	700m: 9:33.97 1:24.21
200m: 2:39.43 1:22.24	400m: 5:23.60 1:21.92	600m: 8:09.76 1:23.50	800m: 10:51.86 1:17.89
9. ABREU, Ana Rodrigues	06 Naval do Funchal	10:58.67	385
100m: 1:17.61 1:17.61	300m: 4:06.55 1:25.78	500m: 6:51.55 1:22.16	700m: 9:37.42 1:22.56
200m: 2:40.77 1:23.16	400m: 5:29.39 1:22.84	600m: 8:14.86 1:23.31	800m: 10:58.67 1:21.25
10. FERRO, Maria Leonor	06 Naval do Funchal	11:03.13	377
100m: 1:20.29 1:20.29	300m: 4:08.33 1:24.13	500m: 6:56.38 1:23.49	700m: 9:44.14 1:24.17
200m: 2:44.20 1:23.91	400m: 5:32.89 1:24.56	600m: 8:19.97 1:23.59	800m: 11:03.13 1:18.99
11. PEREIRA, Joana Marques	06 Nacional	11:09.77	366
100m: 1:21.58 1:21.58	300m: 4:13.22 1:25.88	500m: 7:04.03 1:25.48	700m: 9:53.21 1:24.46
200m: 2:47.34 1:25.76	400m: 5:38.55 1:25.33	600m: 8:28.75 1:24.72	800m: 11:09.77 1:16.56
12. CARICHAS, Joana Medeiros	06 Salesianos do Funchal	11:10.97	364
100m: 1:18.22 1:18.22	300m: 4:06.33 1:25.25	500m: 6:56.31 1:25.89	700m: 9:49.55 1:25.77
200m: 2:41.08 1:22.86	400m: 5:30.42 1:24.09	600m: 8:23.78 1:27.47	800m: 11:10.97 1:21.42
13. CANADA, Maria Elvira	06 Nacional	11:13.70	360
100m: 1:21.32 1:21.32	300m: 4:13.03 1:25.72	500m: 7:03.51 1:25.03	700m: 9:52.74 1:24.09
200m: 2:47.31 1:25.99	400m: 5:38.48 1:25.45	600m: 8:28.65 1:25.14	800m: 11:13.70 1:20.96
14. SOUSA, Ivana Valentina	06 Nacional	11:30.94	333
100m: 1:19.66 1:19.66	300m: 4:13.45 1:26.91	500m: 7:08.93 1:28.35	700m: 10:05.68 1:28.06
200m: 2:46.54 1:26.88	400m: 5:40.58 1:27.13	600m: 8:37.62 1:28.69	800m: 11:30.94 1:25.26
15. LUIS, Mariana Capelo	05 Salesianos do Funchal	11:38.00	323
100m: 1:24.97 1:24.97	300m: 4:22.25 1:28.68	500m: 7:15.99 1:27.21	700m: 10:12.40 1:28.35
200m: 2:53.57 1:28.60	400m: 5:48.78 1:26.53	600m: 8:44.05 1:28.06	800m: 11:38.00 1:25.60
16. FARIA, Laura Pereira	06 Salesianos do Funchal	11:41.61	318
100m: 1:21.05 1:21.05	300m: 4:19.04 1:28.98	500m: 7:19.30 1:31.15	700m: 10:19.04 1:29.77
200m: 2:50.06 1:29.01	400m: 5:48.15 1:29.11	600m: 8:49.27 1:29.97	800m: 11:41.61 1:22.57
17. TEMBE, Ines Afonso	06 Nacional	12:09.75	283
100m: 1:25.60 1:25.60	300m: 4:31.39 1:32.97	500m: 7:38.62 1:33.57	700m: 10:43.39 1:32.48
200m: 2:58.42 1:32.82	400m: 6:05.05 1:33.66	600m: 9:10.91 1:32.29	800m: 12:09.75 1:26.36
18. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	12:15.79	276
100m: 1:30.15 1:30.15	300m: 4:36.27 1:32.89	500m: 7:41.67 1:32.60	700m: 10:49.63 1:33.37
200m: 3:03.38 1:33.23	400m: 6:09.07 1:32.80	600m: 9:16.26 1:34.59	800m: 12:15.79 1:26.16
19. FERNANDES, Maria Madalena	05 Salesianos do Funchal	14:11.10	178
100m: 1:43.31 1:43.31	300m: 5:19.76 1:47.37	500m: 8:54.02 1:47.55	700m: 12:29.69 1:47.94
200m: 3:32.39 1:49.08	400m: 7:06.47 1:46.71	600m: 10:41.75 1:47.73	800m: 14:11.10 1:41.41
20. NOBREGA, Maria Trindade	05 Nacional	14:30.14	167
100m: 1:43.32 1:43.32	300m: 5:20.27 1:47.71	500m: 9:01.99 1:52.86	700m: 12:46.57 1:50.66
200m: 3:32.56 1:49.24	400m: 7:09.13 1:48.86	600m: 10:55.91 1:53.92	800m: 14:30.14 1:43.57
21. DINIS, Maria Antonia	05 Nacional	15:36.02	134
100m: 1:48.89 1:48.89	300m: 5:47.27 1:58.60	500m: 9:49.31 2:01.89	700m: 13:47.00 1:56.99
200m: 3:48.67 1:59.78	400m: 7:47.42 2:00.15	600m: 11:50.01 2:00.70	800m: 15:36.02 1:49.02
dsq total	SILVA, Maria Fabiana	05 Nacional	
dsq total	ARAUJO, Maria Clara	05 Naval do Funchal	
dsq total	AVEIRO, Leonor Sofia	05 Naval do Funchal	