

Prova 13
07/07/2018 - 9:38

Femin., 400m Estilos

12 anos e mais velhos
Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional 18 +	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional 17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recorde Regional 16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional 15	5:21.90	ANDRADE, Rubina Amaro	CDN	Funchal	08/12/1993
Recorde Regional 14	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
Recorde Regional 13	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional 12	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

Mínimos 12: 6:00.14; 13: 5:40.16; 14: 5:32.35; 15: 5:24.99; 16 - 17: 5:17.49; 18 +: 5:07.00

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
Infantil B, 12 anos			
1. DIAS, Julia Alves	06	Clube Desportivo Nacional	6:06.03 356
50m: 38.49 38.49	150m: 2:11.81 46.31	250m: 3:51.31 53.82	350m: 5:26.49 42.34
100m: 1:25.50 47.01	200m: 2:57.49 45.68	300m: 4:44.15 52.84	400m: 6:06.03 39.54
2. SILVA, Silvana Suamade	06	Desportivo Sao Roque	6:14.41 332
50m: 40.28 40.28	150m: 2:15.99 45.58	250m: 3:55.02 54.09	350m: 5:31.69 43.03
100m: 1:30.41 50.13	200m: 3:00.93 44.94	300m: 4:48.66 53.64	400m: 6:14.41 42.72
3. SOUSA, Ivana Valentina	06	Clube Desportivo Nacional	6:55.72 243
50m: 42.14 42.14	150m: 2:24.41 55.15	250m: 4:19.11 1:02.01	350m: 6:09.40 47.89
100m: 1:29.26 47.12	200m: 3:17.10 52.69	300m: 5:21.51 1:02.40	400m: 6:55.72 46.32

Juvenil B, 14 anos

1. RAMOS, Barbara Emerick	04	Juventude Atlantico Clube	5:48.18 413
50m: 36.87 36.87	150m: 2:04.85 45.00	250m: 3:39.71 49.70	350m: 5:10.40 40.10
100m: 1:19.85 42.98	200m: 2:50.01 45.16	300m: 4:30.30 50.59	400m: 5:48.18 37.78

Absoluto, 14 anos e mais velhas

1. RAMOS, Barbara Emerick	04	Juventude Atlantico Clube	5:48.18 413
50m: 36.87 36.87	150m: 2:04.85 45.00	250m: 3:39.71 49.70	350m: 5:10.40 40.10
100m: 1:19.85 42.98	200m: 2:50.01 45.16	300m: 4:30.30 50.59	400m: 5:48.18 37.78