

Prova 14

Femin., 400m Estilos

12 anos e mais velhos

30/06/2018 - 9:44

Resultados

Recordes Regionais Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recordes Regionais 18 +	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recordes Regionais 17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recordes Regionais 16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recordes Regionais 15	5:32.07	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recordes Regionais 14	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recordes Regionais 13	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recordes Regionais 12	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

Mínimos 12: 6:12.90; 13: 5:52.12; 14: 5:40.41; 15: 5:40.41; 16 - 17: 5:28.49; 18 +: 5:18.50

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Infantil B, 12 anos

1. DIAS, Julia Alves	06	Clube Desportivo Nacional	6:19.64	345	1:26.91	1:38.44	1:48.67	1:25.62
50m:		150m:	250m:		350m:			
100m: 1:26.91		200m: 3:05.35	300m: 4:54.02		400m: 6:19.64			
2. FREITAS, Margarida Ram	06	Clube Desportivo Nacional	6:24.48	332	1:36.01	1:33.34	1:49.51	1:25.62
50m:		150m:	250m:		350m:			
100m: 1:36.01		200m: 3:09.35	300m: 4:58.86		400m: 6:24.48			
3. PEREIRA, Joana Marques	06	Clube Desportivo Nacional	6:43.41	287	1:40.57	1:42.82	1:48.80	1:31.22
50m:		150m:	250m:		350m:			
100m: 1:40.57		200m: 3:23.39	300m: 5:12.19		400m: 6:43.41			
4. CARICHAS, Joana Medeir	06	Juventude Atlantico Clube	7:08.49	240	1:48.64	1:40.84	2:04.64	1:34.37
50m:		150m:	250m:		350m:			
100m: 1:48.64		200m: 3:29.48	300m: 5:34.12		400m: 7:08.49			
5. FARIA, Laura Pereira	06	Juventude Atlantico Clube	7:22.11	218	1:56.21	1:51.25	1:57.42	1:37.23
50m:		150m:	250m:		350m:			
100m: 1:56.21		200m: 3:47.46	300m: 5:44.88		400m: 7:22.11			
DSQ SOUSA, Ivana Valentina	06	Clube Desportivo Nacional						
<i>720 - Toque alternado na viragem aos 250 m - SW 7.6</i>								

Infantil A, 13 anos

1. LUIS, Mariana Capelo	05	Juventude Atlantico Clube	7:20.73	220	2:03.59	1:48.33	1:56.51	1:32.30
50m:		150m:	250m:		350m:			
100m: 2:03.59		200m: 3:51.92	300m: 5:48.43		400m: 7:20.73			
2. BARROS, Ana Carolina	05	Juventude Atlantico Clube	7:41.04	192	1:53.94	1:53.59	2:12.70	1:40.81
50m:		150m:	250m:		350m:			
100m: 1:53.94		200m: 3:47.53	300m: 6:00.23		400m: 7:41.04			

Juvenil B, 14 anos

1. FERREIRA, Maria Leonor	04	Clube Desportivo Nacional	5:40.94	476	1:20.61	1:27.32	1:36.02	1:16.99
50m:		150m:	250m:		350m:			
100m: 1:20.61		200m: 2:47.93	300m: 4:23.95		400m: 5:40.94			

Absoluto, 14 anos e mais velhas

1. FERREIRA, Maria Leonor	04	Clube Desportivo Nacional	5:40.94	476	1:20.61	1:27.32	1:36.02	1:16.99
50m:		150m:	250m:		350m:			
100m: 1:20.61		200m: 2:47.93	300m: 4:23.95		400m: 5:40.94			