

RUMO A PARIS 2024



GENERALI
TRANQUILIDADE

CAMPEONATO NACIONAL DE JUVENIS JUNIORES E ABSOLUTOS OPEN DE PORTUGAL

4 A 7

ABRIL 2024



CENTRO OLÍMPICO DE PISCINAS MUNICIPAIS DE COIMBRA

QUINTA-FEIRA
4 ABRIL

1.ª JORNADA
Elimin.: 09h00
Finais: 17h00

SEXTA-FEIRA
5 ABRIL

2.ª JORNADA
Elimin.: 09h00
Finais: 17h00

SÁBADO
6 ABRIL

3.ª JORNADA
Elimin.: 09h00
Finais: 17h00

DOMINGO
7 ABRIL

4.ª JORNADA
Elimin.: 09h00
Finais: 16h00



+INFO: [HTTPS://FPNATACAO.PT](https://fpnatacao.pt)

LIVE STREAMING
EM NATACAOTV.PT

ORGANIZAÇÃO



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



PARCEIROS



Entry Statistics
All Events

Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
ARG - Argentina											
Argentina	ARG	ARG	2	-	2	6	-	6	-	-	-
Total number of 1 clubs		ARG	2	-	2	6	-	6	-	-	-

ESP - Spain

Spain	ESP	ESP	9	7	16	29	23	52	-	-	-
Total number of 1 clubs		ESP	9	7	16	29	23	52	-	-	-

ITA - Italy

Team Nuoto Trento asd	996338	ITA	1	-	1	2	-	2	-	-	-
Total number of 1 clubs		ITA	1	-	1	2	-	2	-	-	-

LBN - Lebanon

Lebanon	LBN	LBN	-	1	1	-	4	4	-	-	-
Total number of 1 clubs		LBN	-	1	1	-	4	4	-	-	-

POR - Portugal

O Crasto	CRASTO	POR	3	1	4	12	1	13	-	-	-
Academico Viseu Futebol Clube	AVFC	POR	3	1	4	10	5	15	-	-	-
Amigos da Montanha	AMAMB	POR	-	1	1	-	5	5	-	-	-
Aminata-Evora Clube de Natacao	AMINATA	POR	-	1	1	-	1	1	-	-	-
Aquatico Clube de Silves	ACS	POR	1	1	2	2	3	5	-	-	-
Ass. Desp. Bairro dos Anjos	ADBA	POR	1	4	5	5	9	14	-	-	-
- Rejected entries						-	2	2	-	-	-
Colegio Int Monte Maior	ADRCIMM	POR	6	6	12	15	13	28	-	1	1
- Rejected entries						1	2	3	-	-	-
Bombeiros dos Estoris	AHBE	POR	1	-	1	1	-	1	-	-	-
AN Albicastrense	ANAR	POR	3	-	3	5	-	5	-	-	-
Assoc. Desportiva de Fafe	ADF	POR	6	1	7	16	1	17	-	-	-
- Rejected entries						2	-	2	-	-	-
Associacao Academica de Coimbra	AAC	POR	3	2	5	6	7	13	-	-	-
- Rejected entries						1	-	1	-	-	-
Associacao De Nadadores Dos Esto	ANE	POR	1	-	1	5	-	5	-	-	-
Associacao Desportiva de Penafiel	ADP	POR	1	1	2	4	5	9	-	-	-
Fisica Torres Vedras	AEFDTV	POR	2	3	5	8	7	15	-	-	-
Associacao Estamos Juntos	AEJ	POR	-	2	2	-	4	4	-	-	-
Associacao Tubaroes de Gaia	TG	POR	1	-	1	-	-	-	-	-	-
- Rejected entries						2	-	2	-	-	-

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**

Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
ASSS Columb Cantanhedense - Rejected entries	SCC	POR	2	4	6	4	8	12	1	-	1
BUZIOS - Coruche - Rejected entries	BUZIOS	POR	2	2	4	4	7	11	-	-	-
Caspae	CASPAE	POR	-	2	2	-	6	6	-	-	-
Celorico Basto Clube Natacao	CBCN	POR	1	-	1	5	-	5	-	-	-
Centro Rep. Inst. Rec. Aljustrelense	CRIRA	POR	-	1	1	-	2	2	-	-	-
CLIP Teams Associacao Desportiva	CLIPTEAM	POR	2	2	4	5	5	10	-	-	-
Clube Aquatico Pacense	CAP	POR	2	4	6	5	10	15	-	1	1
Gafanha da Encarnacao - Rejected entries	CAPGE	POR	1	5	6	4	12	16	-	2	2
Bombeiros de Ponta Delgada - Rejected entries	CAFBPD	POR	3	3	6	4	7	11	-	-	-
Laranjeiro - Rejected entries	CIRL	POR	2	7	9	7	6	13	-	2	2
Colegio Vasco da Gama - Rejected entries	CNCVG	POR	3	2	5	11	4	15	-	-	-
Clube de Natacao da Maia - Rejected entries	CNMAIA	POR	5	2	7	21	5	26	-	-	-
Clube de Natacao de Alcobaca	CNAL	POR	1	4	5	4	10	14	-	-	-
Clube de Natacao de Beja	CNBE	POR	1	-	1	2	-	2	-	-	-
Clube de Natacao de Lagos	CNLGOS	POR	-	2	2	-	8	8	-	-	-
Clube de Natacao de Torres Novas - Rejected entries	CNTN	POR	1	2	3	1	5	6	-	-	-
Clube de Natacao de Valongo	CNV	POR	1	1	2	1	2	3	-	-	-
Clube Desportivo de Campinho - Rejected entries	CDCA	POR	2	2	4	3	4	7	-	-	-
Clube Desportivo Feirense	CDF	POR	2	3	5	2	4	6	-	-	-
Clube Desportivo Nacional	CDN	POR	6	3	9	16	12	28	-	-	-
Clube dos Galitos / Bresimar - Rejected entries	CGA	POR	10	14	24	22	40	62	7	3	10
Clube Fluvial Portuense - Rejected entries	CFP	POR	8	8	16	27	24	51	5	3	8
Clube Fluvial Vilacondense - Rejected entries	CFV	POR	8	11	19	16	21	37	2	-	2
Clube Futebol Os Belenenses - Rejected entries	CFB	POR	13	6	19	34	17	51	2	-	2
CMNPR - Rejected entries	CMNPR	POR	1	1	2	-	4	4	-	-	-
Clube Nacional de Natacao - Rejected entries	CNN	POR	2	4	6	9	11	20	-	1	1
Clube Natacao Colegio Efanor - Rejected entries	CNCE	POR	2	10	12	7	32	39	-	1	1
Clube Natacao da Amadora	CNA	POR	1	1	2	2	3	5	-	-	-
Clube Natacao de Lisboa	CNLX	POR	1	1	2	1	3	4	-	-	-
Clube Natacao de Rio Maior - Rejected entries	CNRM	POR	5	2	7	11	2	13	-	-	-
Clube Natacao de Vagos	CNVA	POR	-	1	1	-	6	6	-	-	-
Clube Natacao Olhao - Rejected entries	CNOL	POR	3	2	5	9	5	14	-	-	-
Nautico Academico - Rejected entries	CNAC	POR	6	12	18	16	26	42	-	4	4

Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024

Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
Clube Nautico de Leiria	CNL	POR	7	3	10	29	9	38	5	-	5
- Rejected entries						2	2	4	2	-	2
Clube Nautico de Miranda do Corvo	CNMC	POR	1	3	4	1	3	4	-	-	-
- Rejected entries						1	3	4	-	-	-
Clube Naval da Horta	CNH	POR	-	1	1	-	5	5	-	-	-
Clube Naval de Peniche	CNPE	POR	-	3	3	-	9	9	-	-	-
Clube Naval do Funchal	CNF	POR	16	11	27	37	23	60	7	1	8
- Rejected entries						3	1	4	-	-	-
Clube Naval Povoense	CNPO	POR	4	-	4	5	-	5	1	-	1
Clube Naval Praia da Vitoria	CNPV	POR	4	1	5	8	-	8	1	-	1
- Rejected entries						-	1	1	-	-	-
Clube Naval Setubalense	CNS	POR	5	5	10	17	16	33	3	-	3
- Rejected entries						-	1	1	-	-	-
Clube Oriental de Lisboa	COL	POR	2	2	4	6	5	11	-	-	-
- Rejected entries						1	-	1	-	-	-
Clube Sport Alges e Agueda XXI	CSAAXXI	POR	1	3	4	4	6	10	-	-	-
- Rejected entries						-	4	4	-	-	-
Clube Uniao 1919	CUC	POR	1	2	3	4	8	12	-	-	-
Condeixa Aqua Clube	CAQC	POR	6	6	12	19	22	41	-	3	3
- Rejected entries						3	1	4	-	-	-
CPCD Povia de Santa Iria	CPCD	POR	-	2	2	-	6	6	-	-	-
- Rejected entries						-	1	1	-	-	-
Nautico Marinha Grande	DNMG	POR	5	5	10	16	16	32	-	-	-
Escola Desportiva de Viana	EDV	POR	3	5	8	7	17	24	-	1	1
- Rejected entries						2	-	2	-	-	-
Estarreja/PROZINCO	CDE	POR	5	10	15	7	31	38	1	5	6
Foca Quinta Da Lixa - Cnf	FOCA	POR	6	6	12	18	17	35	-	-	-
Fundacao Salesianos	FS	POR	1	1	2	1	5	6	-	-	-
Futebol Clube de Ferreiras	FCF	POR	4	4	8	12	16	28	-	-	-
Futebol Clube do Porto	FCP	POR	16	14	30	56	46	102	12	5	17
Geslours	GESL	POR	5	7	12	10	17	27	-	1	1
Ginasio Clube de Vila Real	GCVR	POR	5	7	12	7	20	27	1	1	2
Famalicao	GDNFAMA	POR	9	4	13	21	12	33	3	-	3
Individual ANC	INDANC	POR	1	-	1	7	-	7	-	-	-
Individual ANCPN	INDCNP	POR	-	3	3	-	14	14	-	-	-
Individual ANL	INDANL	POR	1	1	2	5	2	7	-	-	-
Industrial Desportivo Viegrense	IDV	POR	2	-	2	5	-	5	-	-	-
- Rejected entries						1	-	1	-	-	-
Juventude Atlantico Clube	JACL	POR	2	3	5	3	9	12	-	-	-
Lagoa Academico Clube	LAGAC	POR	5	4	9	3	11	14	1	-	1
- Rejected entries						1	3	4	-	-	-
Leixoes Sport Clube	LSC	POR	10	8	18	12	19	31	1	1	2
Louletano Desportos Clube	LDC	POR	6	3	9	18	10	28	-	-	-
- Rejected entries						1	-	1	-	-	-
Louzan Natacao/EFAPEL	ALN	POR	5	6	11	24	20	44	1	-	1
Natacao do Fundao/Girassol	CNFU	POR	1	1	2	1	3	4	-	-	-
Nucleo SCP da Ilha Terceira	NSIT	POR	-	1	1	-	3	3	-	-	-
Obidos Criativa, EEM	OC	POR	1	1	2	-	1	1	-	-	-
- Rejected entries						2	-	2	-	-	-
Palmela Desporto, E.M.	PDEM	POR	5	6	11	11	20	31	-	2	2
- Rejected entries						2	-	2	-	-	-
Portinado	PORTIN	POR	8	7	15	16	23	39	2	-	2
- Rejected entries						-	1	1	-	-	-

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**

Club	Code	Nation	Athletes			Individuals			Relays		
			Men	Women	Total	Men	Women	Total	Men	Women	Total
Sanjoanense/FEPSA	ADS	POR	1	1	2	1	1	2	-	-	-
Pimpoes/Cimai	PIMP	POR	5	3	8	19	7	26	-	-	-
- Rejected entries						1	1	2	-	-	-
Soc.Filarmonica Uniao A. Piedense	SFUAP	POR	8	4	12	13	8	21	2	1	3
Sport Alges e Dafundo	SAD	POR	16	17	33	47	44	91	3	2	5
- Rejected entries						2	4	6	-	-	-
Sport Lisboa e Benfica	SLB	POR	20	15	35	68	50	118	8	6	14
- Rejected entries						1	-	1	-	-	-
Sporting Club Caminhense	SCCAM	POR	1	1	2	-	3	3	-	-	-
- Rejected entries						1	-	1	-	-	-
Sporting Clube de Aveiro	SCA	POR	5	1	6	5	2	7	1	-	1
Sporting Clube de Braga	SCB	POR	14	12	26	33	43	76	2	7	9
- Rejected entries						10	1	11	2	-	2
Sporting Clube de Espinho	SCE	POR	7	3	10	15	6	21	1	-	1
- Rejected entries						2	-	2	-	-	-
Sporting Clube de Portugal	SCP	POR	27	16	43	85	55	140	11	3	14
- Rejected entries						6	2	8	1	-	1
Sporting Clube Sao Joao Ver	SCSJV	POR	2	5	7	4	14	18	-	-	-
- Rejected entries						1	-	1	-	-	-
UD Oliveirense/FERSILVA	UDO	POR	1	2	3	2	5	7	-	-	-
Viana Natacao Clube	VNC	POR	2	3	5	4	8	12	-	-	-
Vitoria Sport Clube	VSC	POR	4	6	10	11	7	18	1	2	3
- Rejected entries						-	3	3	-	-	-
Viver Santarem	VS	POR	3	1	4	4	1	5	-	-	-
Total number of 101 clubs		POR	398	387	785	1 043	1 070	2 113	85	59	144
- Rejected entries						75	55	130	5	-	5
Total number of 105 clubs			410	395	805	1 080	1 097	2 177	85	59	144
- Rejected entries						75	55	130	5	-	5

Schedule Session No. 1 - 1ª Jornada - Eliminatórias
04/04/2024 - 9:00

9:00	1.	1500m Freestyle	Women	Slower Heats	Open	1:00	3 Heats	30
10:00	2.	400m Freestyle	Men	Prelim	Open	0:45	9 Heats	81
10:45	3.	100m Backstroke	Women	Prelim	Open	0:15	8 Heats	76
11:00	4.	100m Backstroke	Men	Prelim	Open	0:15	7 Heats	61
11:15	5.	200m Butterfly	Women	Prelim	Open	0:20	6 Heats	47
11:35	6.	200m Butterfly	Men	Prelim	Open	0:15	6 Heats	53
11:50	Medal Ceremony						0:25	
12:15	7.	50m Freestyle	Women	Prelim	Open	0:10	10 Heats	96
12:25	8.	50m Freestyle	Men	Prelim	Open	0:10	9 Heats	81
12:35	90.	4 x 200m Freestyle	Girls	Timed Final	14 - 17	0:10	1 Heat	8
12:45	100.	4 x 200m Freestyle	Boys	Timed Final	15 - 18	0:10	1 Heat	7
12:55	90.	4 x 200m Freestyle	Girls	Medal ceremony		0:05		
13:00	100.	4 x 200m Freestyle	Boys	Medal ceremony		0:05		
13:05	End of session				Total duration	4:05		

Schedule Session No. 3 - 2ª Jornada - Eliminatórias
05/04/2024 - 9:00

9:00	11.	1500m Freestyle	Men	Slower Heats	Open	1:30	5 Heats	50
10:30	12.	400m Freestyle	Women	Prelim	Open	0:35	6 Heats	60
11:05	13.	50m Breaststroke	Men	Prelim	Open	0:05	7 Heats	63
11:10	14.	50m Breaststroke	Women	Prelim	Open	0:10	9 Heats	81
11:20	15.	100m Butterfly	Men	Prelim	Open	0:10	7 Heats	56
11:30	16.	100m Butterfly	Women	Prelim	Open	0:10	6 Heats	42
11:40	17.	50m Backstroke	Men	Prelim	Open	0:15	7 Heats	59
11:55	18.	50m Backstroke	Women	Prelim	Open	0:10	9 Heats	85
12:05	Medal Ceremony						0:30	
12:35	19.	200m Medley	Men	Prelim	Open	0:20	6 Heats	60
12:55	20.	200m Medley	Women	Prelim	Open	0:15	5 Heats	49
13:10	210.	4 x 100m Medley	Mixed	Timed Final	14 - 18	0:10	2 Heats	13
13:20	210.	4 x 100m Medley	Mixed	Medal ceremony		0:05		
13:25	End of session				Total duration	4:25		

Schedule Session No. 5 - 3ª Jornada - Eliminatórias
06/04/2024 - 9:00

9:00	22.	400m Medley	Men	Prelim	Open	0:30	5 Heats	48
9:30	23.	800m Freestyle	Women	Slower Heats	Open	0:50	5 Heats	50
10:20	24.	50m Butterfly	Men	Prelim	Open	0:10	8 Heats	78
10:30	25.	50m Butterfly	Women	Prelim	Open	0:05	8 Heats	71
10:35	26.	100m Breaststroke	Men	Prelim	Open	0:15	6 Heats	50
10:50	27.	100m Breaststroke	Women	Prelim	Open	0:10	7 Heats	66
11:00	28.	200m Freestyle	Men	Prelim	Open	0:25	10 Heats	91
11:25	29.	200m Freestyle	Women	Prelim	Open	0:20	7 Heats	62
11:45	Medal Ceremony						0:30	
12:15	300.	4 x 100m Freestyle	Boys	Timed Final	15 - 18	0:10	2 Heats	13
12:25	310.	4 x 100m Freestyle	Girls	Timed Final	14 - 17	0:05	1 Heat	9
12:30	300.	4 x 100m Freestyle	Boys	Medal ceremony		0:05		
12:35	310.	4 x 100m Freestyle	Girls	Medal ceremony		0:05		
12:40	End of session				Total duration	3:40		

Schedule Session No. 7 - 4ª Jornada - Eliminatórias

07/04/2024 - 9:00

9:00	32.	400m Medley	Women	Prelim	Open	0:30	5 Heats	47
9:30	33.	800m Freestyle	Men	Slower Heats	Open	0:30	3 Heats	30
10:00	34.	200m Breaststroke	Women	Prelim	Open	0:20	6 Heats	57
10:20	35.	200m Breaststroke	Men	Prelim	Open	0:15	5 Heats	42
10:35	36.	100m Freestyle	Women	Prelim	Open	0:15	8 Heats	77
10:50	37.	100m Freestyle	Men	Prelim	Open	0:10	8 Heats	79
11:00	38.	200m Backstroke	Women	Prelim	Open	0:30	8 Heats	78
11:30	39.	200m Backstroke	Men	Prelim	Open	0:20	6 Heats	57
11:50	Medal Ceremony						0:30	
12:20	400.	4 x 100m Medley	Girls	Timed Final	14 - 17	0:10	2 Heats	15
12:30	410.	4 x 100m Medley	Boys	Timed Final	15 - 18	0:10	2 Heats	18
12:40	400.	4 x 100m Medley	Girls	Medal ceremony		0:05		
12:45	410.	4 x 100m Medley	Boys	Medal ceremony		0:05		
12:50	End of session							
					Total duration	3:50		

1 - 1ª Jornada - Eliminatórias
04/04/2024 - 9:00
Event 1 Women, 1500m Freestyle Open Startlist
04/04/2024 - 9:00

Rec Nac Open	16:15.12	DURAES, Diana Margarida	SLB	Lisboa	2020
Rec Nac Sen	16:15.12	DURAES, Diana Margarida	SLB	Lisboa	2020
Rec Nac Jun 17	16:20.80	HOLUB, Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 16	16:43.22	HOLUB, Tamila Hryhorivna	SCB	Singapore (SGP)	2015
Rec Nac Juv A	16:54.60	HOLUB, Tamila Hryhorivna	POR	Dordrecht (NED)	2014
Rec Nac Juv B	17:34.28	VELOSO, Maria Miguel	CNAC	Coimbra	2007

CEJun_Fem 14 - 18: 17:14.78 / CEPL : 16:28.47 / JO : 16:09.09

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 4						
0 FERNANDES, Marta Silva			10	210702	Porto	19:36.23 25m :.:.:
1 JESUS, Margarida Santos			09	139324	Olhao	19:31.98 25m :.:.:
2 MENDES, Bianca Balbino			10	206074	Naval de Peniche	19:23.04 25m :.:.:
3 UVA, Sofia Monteiro			09	209405	Alges	19:33.99 50m :.:.:
4 FARIA, Ines Maria			09	205180	Porto	19:06.21 25m :.:.:
5 NOGUEIRA, Ana Laura			10	209772	Braga	19:07.55 25m :.:.:
6 COSTA, Sofia Rodrigues			10	206179	Porto	19:22.16 25m :.:.:
7 PAIVA, Leonor Antunes			10	211155	Nautico Academico	19:46.23 50m :.:.:
8 MORAIS, Laura Prates			09	208599	BUZIOS - Coruche	19:31.57 25m :.:.:
9 LIMA, Beatriz Ribeiro			09	209224	Geslours	19:57.28 50m :.:.:

Heat 2 of 4						
0 SANTOS, Mariana Silva			09	206175	Porto	18:56.80 25m :.:.:
1 NUNES, Francisca Ramos			09	204735	Naval de Peniche	18:48.93 25m :.:.:
2 MARQUES, Ana Jose			10	210414	Braga	18:46.84 25m :.:.:
3 CARVALHO, Sofia Alexandra			07	133262	Fluvial Portuense	18:25.34 25m :.:.:
4 ALMEIDA, Bianca Filipa			07	204110	Alges e Agueda XXI	18:38.44 50m :.:.:
5 MARCELO, Camila Duarte			10	208416	Condeixa Aqua Clube	18:23.91 25m :.:.:
6 MACEDO, Alice Mendes			08	208163	Associacao Estamos Juntos	18:28.28 25m :.:.:
7 MARTINS, Leonor Sombreiro			10	211313	BUZIOS - Coruche	18:49.14 25m :.:.:
8 CRUZ, Constanca Lopes			09	208279	Colegio Int Monte Maior	19:08.15 50m :.:.:
9 MARTINS, Carolina Correia			09	206183	Porto	18:57.42 25m :.:.:

Heat 3 of 4						
0 SANTOS, Leonor Castanho			07	150848	Sporting	18:19.78 25m :.:.:
1 ALVES, Sara Sofia			07	202517	Palmela Desporto	18:13.85 25m :.:.:
2 PINTO, Maria Carvalho			09	206343	Viana Natacao	18:02.47 25m :.:.:
3 CRAVEIRO, Luana Ferreira			09	144313	Nautico Marinha Grande	17:34.04 25m :.:.:
4 RAMOS, Joana Barbas			06	153484	Gafanha da Encarnacao	17:25.87 25m :.:.:
5 ARMAS, Maria Ornelas			98	106961	Clube Oriental de Lisboa	17:30.21 25m :.:.:
6 AGUILAR, Marta Andre			07	132766	Nautico Academico	18:00.83 50m :.:.:
7 FREITAS, Diana Gomes			08	202656	Amigos da Montanha	18:25.33 50m :.:.:
8 VIANA, Matilde Violante			07	205552	CNLeiria	18:14.52 25m :.:.:
9 MOREIRA, Madalena Valente			09	207969	Colegio Efanor	18:22.40 25m :.:.:

Heat 4 scheduled in session 2

Event 2 **Open**
04/04/2024 - 10:00 **Startlist Prelim**
Men, 400m Freestyle

Rec Nac Open	3:50.56	LOPES, Jose Paulo	POR	Barcelona (ESP)	2021
Rec Nac Sen	3:50.56	LOPES, Jose Paulo	POR	Barcelona (ESP)	2021
Rec Nac Jun 18	3:53.79	LOPES, Jose Paulo	SCB	Oeiras	2018
Rec Nac Jun 17	3:57.15	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	2010
Rec Nac Juv A	3:59.38	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	4:06.22	COSTA, Rui Filipe	VSC	Coimbra	2006

CEJun_Masc 15 - 18: 4:01.28 / CEPL : 3:49.22 / JO : 3:46.78 / TAC_Masc Juv B 50m: 4:39.07 - 25m: 4:28.59 / Masc Juv A 50m: 4:32.67 - 25m: 4:22.43; Jun 17 50m: 4:24.99 - 25m: 4:15.03; Jun 18 50m: 4:23.71 - 25m: 4:13.80; Sen 1º 50m: 4:17.31 - 25m: 4:07.64; Sen + 50m: 4:16.03 - 25m: 4:06.41

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 9						
0 MONIZ, Rafael Lin	09			210337	Naval Setubalense	4:32.14 50m : :
1 RIZZON, Guilherme Oliveira	09			214294	Sporting	4:31.48 50m : :
2 PINTO, Martim Chambel	09			208969	Colegio Int Monte Maior	4:20.38 25m : :
3 KOT, Paulo	09			144468	Nautico Marinha Grande	4:14.70 25m : :
4 FERREIRA, Tomas Pascoal	09			208129	Ba-Leiria	4:10.86 25m : :
5 MACEDO, Martim Cunha	09			204594	Natacao da Maia	4:23.21 50m : :
6 REIS, Tomas Augusto	09			219434	Os Belenenses	4:27.77 50m : :
7 MARTINS, Martim Guerreiro	09			217667	Sporting	4:30.50 50m : :
8 VALENTE, Xavier Jesus	09			206889	Colegio Vasco da Gama	4:22.40 25m : :
9 SAMPAIO, Rafael Rui	09			206128	Famalicao	4:32.53 50m : :

Heat 2 of 9						
0 SOUSA, Santiago Boica	08			212709	Vieirense	4:19.20 25m : :
1 RODRIGUES, Rafael Pereira	08			205593	Condeixa Aqua Clube	4:17.24 25m : :
2 LIMA, Eduardo Miguel	08			201133	Foca Quinta Da Lixa - Cnf	4:23.74 50m : :
3 CANELAS, Tiago Andre	08			200358	Fluvial Portuense	4:22.68 50m : :
4 PEREIRA, Rui Silva	08			205327	Colegio Int Monte Maior	3:58.45 25m : :
5 MEDEIROS, Miguel Fragoso	08			200778	Porto	4:03.00 25m : :
6 SOARES, Goncalo Augusto	08			206424	Porto	4:22.86 50m : :
7 SOUSA, Guilherme Simoes	08			202988	Nautico Academico	4:26.75 50m : :
8 OLIVEIRA, Paulo Jorge	08			205716	Estarreja/PROZINCO	4:27.26 50m : :
9 PEREIRA, Santiago Carvalho	08			206129	Famalicao	4:29.24 50m : :

Heat 3 of 9						
0 CASTRO, Vasco Monteiro	06			202720	Porto	4:08.20 25m : :
1 LEMOS, Gil Santos	06			201904	Pimpoes/Cimai	4:07.72 25m : :
2 ROQUE, Tomas Nunes	06			132472	Benfica	4:16.17 50m : :
3 TIGRE, Pedro Bethlem	06			208305	Sporting	4:04.13 25m : :
4 LARANJO, Filipe Manso	07			202281	Escola Desportiva de Viana	4:11.52 50m : :
5 LOUREIRO, Bruno Silva	06			129872	Porto	4:03.12 25m : :
6 BORGES, Rodrigo Costa	07			133190	Fluvial Portuense	4:13.15 50m : :
7 ASMAR, Axel Guedes	07			207810	Sporting	4:16.47 50m : :
8 GOMES, Joao Almeida	06			132828	Nacional de Natacao	4:17.30 50m : :
9 MARQUES, Duarte Cachulo	07			205589	Condeixa Aqua Clube	4:18.73 50m : :

Event 2, Men, 400m Freestyle, Prelim
Heat 4 of 9

0	COSTA, Afonso Filipe	03	126380	Louzan Natacao/EFAPEL	4:03.72	50m	_____
1	ELACHARAFI, Ilias ElFallaki	06	213324	Louletano / Loule Concelho	3:59.02	50m	_____
2	MENDEZ PUGA, Mario	03		Spain	3:55.87	50m	_____
3	PUEBLA MARTINEZ, Alejandro	02		Spain	3:54.66	50m	_____
4	GARACH BENITO, Carlos	04		Spain	3:47.98	50m	_____
5	ORTIZ MARTINEZ, Carlos	04		Spain	3:54.33	50m	_____
6	LOPES, Jose Paulo	00	117924	Braga	3:55.39	50m	_____
7	AMARAL, Francisco Rodriguez	02	122608	Porto	3:58.97	50m	_____
8	RIBEIRO, Gustavo Carvalhais	03	121864	Alges	4:00.29	50m	_____
9	BASTOS, Lucas Pereira	00	117492	Nautico Academico	4:04.35	50m	_____

Heat 5 of 9

0	CARVALHO, Goncalo Renato	04	127586	Porto	4:13.96	50m	_____
1	LEITE, Afonso Martim	05	127335	Foca Quinta Da Lixa - Cnf	4:09.18	50m	_____
2	FERRAO, Gabriel Carvalho	05	132345	Benfica	4:07.98	50m	_____
3	SARREIRA, Tomas Amor	05	132117	Porto	4:06.48	50m	_____
4	SIMOES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	3:56.73	25m	_____
5	CARDOSO, Diogo Santos	01	122969	Sporting	3:57.14	25m	_____
6	OLIVEIRA, Diogo Alexandre	05	130414	Braga	3:58.34	25m	_____
7	MONTFORT, Nicolas Filip	05	217266	Alges	3:59.51	25m	_____
8	CARDOSO, Filipe Santos	04	130500	Gafanha da Encarnacao	4:13.66	50m	_____
9	GONCALVES, Alexandre Ramos	05	128601	Sporting Clube Sao Joao Ver	4:14.94	50m	_____

Heat 6 of 9

0	NOGUEIRA, Afonso Miguel	07	200633	Braga	4:15.00	25m	_____	
1	RITA, Francisco Xavier	07	205310	Vieirense	4:13.45	25m	_____	
2	COSTA, Andre Leitao	07	201806	Assoc. Desportiva Fafe	4:22.28	50m	_____	
EXH 3	CORDEIRO, Tomas Coelho	S10 12+	04	130167	Individual ANC	4:21.92	50m	_____
4	SOUSA, Joao Maria	05	130462	Braga	4:16.25	50m	_____	
5	MARQUES, Joao Ferreira	06	201190	Academica de Coimbra	4:10.48	25m	_____	
6	VELHINHO, Miguel Lourenco	07	207677	Lagoa Academico Clube	4:12.76	25m	_____	
7	RODRIGUES, Gil Afonso	07	148683	Fluvial Portuense	4:22.75	50m	_____	
8	JORGE, Pedro Crispim	06	148340	Uniao Piedense	4:22.86	50m	_____	
9	CASTRO, Marco Antonio	08	203451	Naval do Funchal	4:19.91	25m	_____	

Heat 7 of 9

0	LOPES, Gustavo Miguel	08	201750	Porto	4:22.40	25m	_____
1	SANTOS, Rodrigo Canedo	08	153185	Bombeiros de Ponta Delgada	4:31.86	50m	_____
2	MORGADO, David Jesus	08	203407	Sporting	4:31.36	50m	_____
3	LIMA, Rodrigo Silva	08	206003	Porto	4:31.10	50m	_____
4	FARDILHA, Antonio Cruz	08	140216	Galitos / Bresimar	4:29.84	50m	_____
5	ANJOS, Nuno Miguel	08	140396	Galitos / Bresimar	4:30.62	50m	_____
6	ORNELAS, Afonso Mendonca	08	208752	Gesloures	4:31.11	50m	_____
7	MONTEIRO, Joao Pedro	08	203021	BUZIOS - Coruche	4:31.73	50m	_____
8	SILVA, Guilherme Martins	08	204688	Academico Viseu	4:32.03	50m	_____
9	TOME, Tome Nunes	08	205544	CNLeiria	4:32.48	50m	_____

Event 2, Men, 400m Freestyle, Prelim
Heat 8 of 9

0 BENTO, Afonso Maria	09	211118	AN Albicastrense	4:27.38	25m	_____
1 SHUBIN, Alexandre	09	207643	Desportivo de Campinho	4:27.20	25m	_____
2 NETO, Goncalo Malha	09	141256	Galitos / Bresimar	4:34.88	50m	_____
3 SILVA, Francisco Carvalho	09	132869	Naval Praia da Vitoria	4:34.41	50m	_____
4 PEREIRA, Salvador Correia	08	205594	Condeixa Aqua Clube	4:32.49	50m	_____
5 BISPO, Miguel Almeida	08	203715	Natacao da Maia	4:32.53	50m	_____
6 SILVA, Joao Bernardo	09	210132	Desportivo Nacional	4:24.91	25m	_____
EXH 7 CANCELA, Diogo Luis	S8	1,2,4	02 124221 Louzan Natacao/EFAPEL	4:36.27	50m	_____
8 MARTINS, Vasco Alexandre	09	209406	Colegio Int Monte Maior	4:37.09	50m	_____

Heat 9 of 9

3 PINTO, Rodrigo Teixeira	09	206287	Foca Quinta Da Lixa - Cnf	4:38.52	50m	_____
4 CHELE, Stefan Iordan	09	210899	Rio Maior	4:27.70	25m	_____
5 PEREIRA, Tomas Rafael	09	205415	Nautico Academico	4:28.32	25m	_____

Event 3
Women, 100m Backstroke
**Open
Startlist Prelim**
04/04/2024 - 10:45

Rec Nac Open	1:00.66	REBELO, Camila Rodrigues	POR	Roma (ITA)	2022
Rec Nac Sen	1:00.66	REBELO, Camila Rodrigues	POR	Roma (ITA)	2022
Rec Nac Jun 17	1:01.18	AZEVEDO, Rafaela Gomes	POR	Budapest (HUN)	2019
Rec Nac Jun 16	1:03.21	REBELO, Camila Rodrigues	ALN	Coimbra	2019
Rec Nac Juv A	1:03.92	FERNANDES, Ines Camacho	SCP	Coimbra	2012
Rec Nac Juv A	1:03.92	SILVA, Joana Carina	LSXXI	Coimbra	2012
Rec Nac Juv B	1:04.90	SILVA, Joana Carina	LSXXI	Oeiras	2011

CEJun_Fem 14 - 18: 1:04.59 / CEPL : 1:01.11 / JO : 59.99 / TAC_Fem Juv B 50m: 1:15.31 - 25m: 1:12.14 / Fem Juv A 50m: 1:13.57 - 25m: 1:10.47; Jun 16 50m: 1:11.82 - 25m: 1:08.80; Jun 17 50m: 1:11.47 - 25m: 1:08.47; Sen 1 50m: 1:10.08 - 25m: 1:07.13; Sen + 50m: 1:09.73 - 25m: 1:06.80

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8						
0 PEDROSO, Madalena Gracio	10			144100	Nautico Marinha Grande	1:10.38 25m _____
1 FERNANDES, Mariana Mesquita	10			212451	Braga	1:12.68 50m _____
2 BARROSO, Juliana Bushe	10			201862	FC Ferreiras/AlgarExperience	1:09.02 25m _____
3 NOGUEIRA, Cloe Canadas	10			209151	Colegio Efanor	1:07.74 25m _____
4 CARVALHO, Matilde Brandao	10			211099	Fluvial Portuense	1:08.28 50m _____
5 TAVEIRA, Carolina Ratola	10			209341	Galitos / Bresimar	1:05.29 25m _____
6 AZEVEDO, Constanca Lourenco	10			213367	Lagoa Academico Clube	1:08.33 25m _____
7 BRITO, Rita Canas	10			210978	Naval Setubalense	1:12.60 50m _____
8 ALVES, Diana Isabel	10			205555	Pimpoes/Cimai	1:13.39 50m _____
9 PETERSSON, Violeta Reis	10			213282	Louletano / Loule Concelho	1:10.61 25m _____

Event 3, Women, 100m Backstroke, Prelim
Heat 2 of 8

0 SANTOS, Joana Almeida	09	210792	Galitos / Bresimar	1:11.36	50m	_____
1 MATIAS, Alana Costa	09	209589	Clube Uniao 1919	1:10.85	50m	_____
2 RIBEIRO, Ines Carvalhinho	09	203712	Natacao da Maia	1:10.61	50m	_____
3 BAPTISTA, Carolina Sofia	09	208839	Estarreja/PROZINCO	1:10.09	50m	_____
4 GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	1:07.89	50m	_____
5 CLARA, Beatriz Belo	09	205723	CNLeiria	1:06.89	25m	_____
6 FIALHO, Matilde Lopes	09	208396	Palmela Desporto	1:10.21	50m	_____
7 NOVAIS, Mariana Silvestre	09	209908	Portinado	1:10.83	50m	_____
8 COSTA, Leonor Martins	09	205320	Natacao de Lagos	1:08.02	25m	_____
9 ANTUNES, Ana Moreira	09	203682	Famalicao	1:12.11	50m	_____

Heat 3 of 8

0 PEREIRA, Julia Freitas	08	206800	Naval do Funchal	1:09.80	50m	_____
1 FERREIRA, Constanca Santos	08	205945	Alges	1:09.42	50m	_____
2 RODRIGUES, Maria Leonor	07	203917	Fundacao Salesianos	1:09.08	50m	_____
3 CASALINHO, Catarina Castro	07	202624	Estarreja/PROZINCO	1:07.75	50m	_____
4 NEVES, Maria Gomes	08	204347	Braga	1:06.42	50m	_____
5 MESQUITA, Mafalda Martins	07	202805	Famalicao	1:07.01	50m	_____
6 MENDES, Rafaela Ferreira	08	200571	Torres Novas	1:07.84	50m	_____
7 ROLIM, Beatriz Alexandra	08	207351	Palmela Desporto	1:09.20	50m	_____
8 MENDES, Matilde Marques	08	152959	Gafanha da Encarnacao	1:09.79	50m	_____
9 FIGUEIRA, Madalena Almeida	07	130765	Academico Viseu	1:09.83	50m	_____

Heat 4 of 8

0 ROMAO, Ana Teresa	06	200128	FC Ferreiras/AlgarExperience	1:07.14	50m	_____
1 CAMACHO, Carolina Martins	06	202646	Benfica	1:06.58	50m	_____
2 FRISCHKNECHT, Rita Barros	98	106257	Sporting	1:01.26	25m	_____
3 AZEVEDO, Rafaela Gomes	02	122048	Alges	1:02.40	50m	_____
4 REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	1:00.52	50m	_____
5 GARRIDO MALVAR, Nahia	07		Spain	1:02.03	50m	_____
6 PESSANHA, Maria Luiza	00	219301	Naval do Funchal	1:02.42	50m	_____
7 EIRA, Maria Carolina	05	130388	Ginasio Clube de Vila Real	1:06.34	50m	_____
8 COELHO, Maria Leonor	06	132470	Benfica	1:03.87	25m	_____
9 CARDEAL, Joana Nunes	02	124752	Individual ANCPN	1:04.21	25m	_____

Heat 5 of 8

0 SILVA, Beatriz Machado	06	132774	Braga	1:06.91	25m	_____
1 RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	1:09.06	50m	_____
2 MAGALHAES, Luana Cardoso	06	201688	Alges	1:08.72	50m	_____
3 MENDES, Ana Sebastiao	04	129455	Aquatico Silves	1:04.97	25m	_____
4 RODRIGUES, Luana Correia	01	121504	Os Belenenses	1:07.36	50m	_____
5 SALGADO, Soraia Maria	05	132513	Fisica Torres Vedras	1:04.39	25m	_____
6 FERREIRA, Maria Joao	06	132732	Foca Quinta Da Lixa - Cnf	1:08.31	50m	_____
7 PINTO, Leonor Filipa	06	132842	Porto	1:05.64	25m	_____
8 AMADO, Maria Lopes	04	131517	Sporting	1:09.11	50m	_____
9 MARQUES, Margarida Catroga	08	205879	Colegio Int Monte Maior	1:10.04	50m	_____

Event 3, Women, 100m Backstroke, Prelim
Heat 6 of 8

0 CASTRO, Marta Antunes	09 140055	Sporting Clube de Aveiro	1:12.56 50m	___:___:___
1 NEVES, Barbara Maria	08 209449	Alges	1:11.42 50m	___:___:___
2 ANTONIO, Rafaela Mariano	07 207751	Portinado	1:10.76 50m	___:___:___
3 SILVA, Nuria Resende	07 210934	UD Oliveirense/FERSILVA	1:07.13 25m	___:___:___
4 FERRARI, Maria Carlotta	07 203867	Benfica	1:06.98 25m	___:___:___
5 SIMOES, Dania Rodrigues	07 133520	Louzan Natacao/EFAPEL	1:10.16 50m	___:___:___
6 DUARTE, Cristiana Sofia	07 207717	Academica de Coimbra	1:10.60 50m	___:___:___
7 GOMES, Sofia Vega	08 206798	Naval do Funchal	1:11.04 50m	___:___:___
8 MELO, Lis Fatima	08 208661	Gesloures	1:11.72 50m	___:___:___
9 RICARDO, Francisca Martingo	09 206171	Porto	1:12.59 50m	___:___:___

Heat 7 of 8

0 OLIVEIRA, Catarina Sousa	10 206388	Colegio Efanor	1:14.30 50m	___:___:___
1 LIMA, Sara Marques	10 210508	CASPAE	1:14.04 50m	___:___:___
2 MAGALHAES, Matilde Esteves	09 207334	Sporting Club Caminhense	1:10.09 25m	___:___:___
3 GALANTE, Filipa Carvalho	09 203195	Vilacondense	1:13.12 50m	___:___:___
4 SANTOS, Caetana Amado	09 144755	Miranda do Corvo	1:13.09 50m	___:___:___
5 SANTOS, Ines Sousa	09 202667	Vilacondense	1:13.11 50m	___:___:___
6 CAVALEIRO, Leonor Mercês	09 207209	Columbofila Cantanhedense	1:13.27 50m	___:___:___
7 CALCADA, Maria Leonor	09 210653	Sporting	1:13.57 50m	___:___:___
8 ESTRELA, Ema Ferreira	10 212145	Leixoes Sport Clube	1:14.21 50m	___:___:___
9 JESUS, Leonor Silva	10 206656	Galitos / Bresimar	1:14.48 50m	___:___:___

Heat 8 of 8

1 COELHO, Bianca Pinto	10 213908	Leixoes Sport Clube	1:15.31 50m	___:___:___
2 SILVESTRE, Mariana Bernardo	10 208132	Nautico Academico	1:15.24 50m	___:___:___
3 GUERRA, Carolina Escrevente	10 212746	Alges	1:14.92 50m	___:___:___
4 ROSA, Isabel Silva	10 212420	Naval da Horta	1:11.35 25m	___:___:___
5 FILIPE, Maria Rita	10 211565	Gesloures	1:14.87 50m	___:___:___
6 TRINDADE, Adriana Resende	10 208543	Sporting de Espinho	1:11.89 25m	___:___:___
7 FERNANDES, Marta Silva	10 210702	Porto	1:15.30 50m	___:___:___

Event 4 **Open**
04/04/2024 - 11:00 **Startlist Prelim**
Men, 100m Backstroke

Rec Nac Open	53.71	COSTA, Joao Nogueira	POR	Fukuoka (JPN)	2023
Rec Nac Sen	53.71	COSTA, Joao Nogueira	POR	Fukuoka (JPN)	2023
Rec Nac Jun 18	55.18	COSTA, Joao Nogueira	POR	Budapest (HUN)	2019
Rec Nac Jun 17	57.17	SANTOS, Alexis Manacas	POR	Praga (CZE)	2009
Rec Nac Juv A	58.61	SOUSA, Diogo Gomes	CNCVG	Coimbra	2011
Rec Nac Juv B	59.54	RIBEIRO, Diogo Matos	POR	Baku (AZE)	2019

CEJun_Masc 15 - 18: 57.28 / CEPL : 54.45 / JO : 53.74 / TAC_Masc Juv B 50m: 1:07.26 - 25m: 1:03.80 / Masc Juv A 50m: 1:05.72 - 25m: 1:02.33; Jun 17 50m: 1:03.87 - 25m: 1:00.58; Jun 18 50m: 1:03.56 - 25m: 1:00.29; Sen 1º 50m: 1:02.02 - 25m: 58.82; Sen + 50m: 1:01.71 - 25m: 58.53

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
1 BARROS, Tomas Pinto			09	205534	Natacao da Maia	1:07.05 50m ___:___:___
2 GUIMARAES, Joao Cesar			09	203591	CLIP Teams	1:06.58 50m ___:___:___
3 JOAQUIM, Henrique Martins			09	207318	CNLeiria	1:06.18 50m ___:___:___
4 OLIVEIRA, Miguel Reis			09	214174	Vitoria Sport Clube	1:01.56 50m ___:___:___
5 PIRES, Daniel Ducatti			09	220208	Naval Setubalense	1:04.33 50m ___:___:___
6 GODINHO, Hugo Pacheco			09	208765	Sporting	1:06.30 50m ___:___:___
7 TEIXEIRA, Filipe Assuncao			09	206054	Foca Quinta Da Lixa - Cnf	1:06.72 50m ___:___:___

Heat 2 of 7						
1 BATISTA, Miguel Duarte			08	205348	Academico Viseu	1:05.38 50m ___:___:___
2 VITORIA, Joao Miguel			08	204687	Academico Viseu	1:04.93 50m ___:___:___
3 OLIVEIRA, Pedro Saad			08	141892	Sporting	1:04.06 50m ___:___:___
4 ONUTSKYY, Mikhael			08	207253	Pimpoes/Cimai	1:01.24 50m ___:___:___
5 PEREIRA, Francisco Miguel			08	201111	Fluvial Portuense	1:02.73 50m ___:___:___
6 FEDOROV, Andriy			08	205060	FC Ferreiras/AlgarExperience	1:04.53 50m ___:___:___
7 MOREIRA, Antonio Pedro			08	203429	Colegio Efanor	1:05.18 50m ___:___:___

Heat 3 of 7						
0 COSTA, Tiago Mendes			07	201132	Famalicao	1:00.95 50m ___:___:___
1 VIEIRA, Antonio Coelho			06	141506	Sporting	59.92 50m ___:___:___
2 PITA, Pedro Miguel			06	201963	Naval do Funchal	59.65 50m ___:___:___
3 SILVA, Francisco Araujo			06	132331	Famalicao	58.30 50m ___:___:___
4 JANUARIO, Tomas Maia			06	202694	Benfica	57.32 50m ___:___:___
5 RODRIGUES, Rodrigo Vieira			06	129787	Sporting de Espinho	57.97 50m ___:___:___
6 FREITAS, Afonso Bjork			07	208727	Nacional de Natacao	59.25 50m ___:___:___
7 CRUZ, Leonardo Jose			07	204601	Alcobaca	59.90 50m ___:___:___
8 CORREIA, Rodrigo Filipe			07	210429	Porto	1:00.21 50m ___:___:___
9 NEVES, Tiago Brazao			07	204426	Naval do Funchal	1:01.31 50m ___:___:___

Event 4, Men, 100m Backstroke, Prelim
Heat 4 of 7

0 SILVA, Diogo Miguel	05	133049	Galitos / Bresimar	59.43	50m	_____
1 COSTA, Diogo Santos	02	126007	Benfica	56.87	50m	_____
2 SANTOS, Francisco Rogerio	98	120268	Sporting	52.69	25m	_____
3 NARVAEZ, Alejandro Rueda	02	214803	Louletano / Loule Concelho	56.22	50m	_____
4 SARAVIA, Ulises	05		Argentina	53.95	50m	_____
5 MARTINEZ SOTA, Ivan	05		Spain	55.25	50m	_____
6 ORTEGA NAVARRO, Pablo	04		Spain	56.27	50m	_____
7 ROCHA, Ricardo Filipe	02	121787	Aquatico Pacense	56.87	50m	_____
8 SANTOS, Ricardo Matias	05	209305	Louzan Natacao/EFAPEL	57.86	50m	_____
9 BARAONA, Andre Azevedo	04	123965	Palmela Desporto	59.46	50m	_____

Heat 5 of 7

0 SANTOS, Goncalo Teixeira	94	25310	Assoc Nadadores Estoris	1:01.57	50m	_____
1 MENESES, Martim Ribeiro	06	200854	O Crasto	1:01.45	50m	_____
2 CRISTINO, David Matias	01	127872	Uniao Piedense	56.63	25m	_____
3 CATALAO, Daniel Nogueira	00	127075	Sporting	59.92	50m	_____
4 ALMEIDA, Miguel Cordeiro	05	200392	Alges	59.50	50m	_____
5 FERNANDES, Joao Diogo	98	121542	Os Belenenses	59.57	50m	_____
6 REMELHE, Joao Anibal	05	130349	Braga	1:00.24	50m	_____
7 CEPELEAGA, Marin	05	200223	Portinado	56.75	25m	_____
8 TRISTAO, Miguel Salomao	04	129885	Portinado	1:01.45	50m	_____
9 CARVALHO, Artur Guterres	06	202266	Vilacondense	1:01.73	50m	_____

Heat 6 of 7

0 PEREIRA, Pedro Santos	06	202814	Leixoes Sport Clube	1:03.47	50m	_____
1 REIS, Leonardo Conceicao	07	207815	Sporting	1:02.96	50m	_____
2 ALVES, Rodrigo Castro	06	153304	Escola Desportiva de Viana	1:02.83	50m	_____
3 DZYAKANAU, Alexandre	07	131765	Louzan Natacao/EFAPEL	1:02.60	50m	_____
4 GONCALVES, Manuel Alves	06	148528	Celorico Basto	1:01.91	50m	_____
5 OLIVEIRA, Tomas Ferreira	06	151457	Natacao da Maia	1:02.39	50m	_____
6 COLACO, Goncalo Pereira	07	205720	CNLeiria	1:02.73	50m	_____
7 SILVA, Lourenco Lopes	07	202104	Uniao Piedense	1:02.93	50m	_____
8 CALHELHA, Afonso Rodrigues	07	208048	Colegio Int Monte Maior	1:03.42	50m	_____
9 MEDEIROS, Caio Salgado	07	208963	Alges	1:03.55	50m	_____

Heat 7 of 7

EXH 1 CRUZ, Miguel Duarte	S15	H	99	125797	Os Belenenses	1:07.84	25m	_____
2 DURAO, Miguel Costa			06	201051	Braga	1:00.20	25m	_____
3 PINTO, Pedro Miguel			07	148621	Assoc. Desportiva Fafe	1:03.87	50m	_____
4 CARVALHO, Luis Filipe			07	132279	Clube Naval Povoense	1:03.68	50m	_____
5 SIMOES, Francisco Marques			07	205719	CNLeiria	1:03.81	50m	_____
6 OLIVEIRA, Dario Rafael			07	202643	Portinado	1:00.03	25m	_____
EXH 7 MENESES, Marco Ribeiro	S11	T	01	204993	O Crasto	1:07.55	50m	_____

**Event 5 Women, 200m Butterfly Open
04/04/2024 - 11:15 Startlist Prelim**

Rec Nac Open	2:08.03	MONTEIRO, Ana Catarina	POR	Glasgow (GBR)	2018
Rec Nac Sen	2:08.03	MONTEIRO, Ana Catarina	POR	Glasgow (GBR)	2018
Rec Nac Jun 17	2:12.56	OLIVEIRA, Sara Freitas	POR	Berlim (GER)	2002
Rec Nac Jun 16	2:17.09	BARBOSA, Mariana Fernandes	FCP	Oeiras	2018
Rec Nac Juv A	2:15.56	FRANCISCO, Ana Rita	POR	Genebra (SUI)	1995
Rec Nac Juv B	2:20.75	MIGUEL, Susana Patricia	POR	Génova (ITA)	2004

CEJun_Fem 14 - 18: 2:17.07 / CEPL : 2:11.00 / JO : 2:08.43 / TAC_Fem Juv B 50m: 2:44.19 - 25m: 2:37.64 /
Fem Juv A 50m: 2:40.39 - 25m: 2:33.99; Jun 16 50m: 2:36.59 - 25m: 2:30.34; Jun 17 50m: 2:35.83 - 25m: 2:29.61; Sen 1 50m: 2:32.79 -
25m: 2:26.69; Sen + 50m: 2:32.03 - 25m: 2:25.96

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
4 BRANCO, Francisca Sousa			10	203800	Porto	2:38.03 50m : :
5 FERNANDES, Maria Madalena			10	212757	Alges	2:42.35 50m : :
Heat 2 of 6						
1 FERNANDES, Joana Sofia			09	208735	Nacional de Natacao	2:38.63 50m : :
2 BRAS, Raquel Sofia			09	208973	Os Belenenses	2:33.67 25m : :
3 COSTA, Uxia Romero			09	208443	Fluvial Portuense	2:32.45 25m : :
4 TOMAS, Constanca Baptista			09	206496	Alcobaca	2:28.38 50m : :
5 MATEUS, Eleine Vieira			09	206350	Desportivo Nacional	2:32.72 50m : :
6 NETO, Maria Ines			09	202390	Bombeiros de Ponta Delgada	2:32.68 25m : :
7 AMBRUS, Beatriz Alves			09	203309	Porto	2:38.30 50m : :
Heat 3 of 6						
0 LOPES, Catarina Maria			08	203020	Benfica	2:28.35 25m : :
1 PAIXAO, Maria Saraiva			08	152960	Galitos / Bresimar	2:28.25 50m : :
2 CAMARA, Ines Cruz			07	131346	Desportivo Nacional	2:27.72 50m : :
3 SOUSA, Maria Rita			07	201853	Escola Desportiva de Viana	2:24.01 25m : :
4 ALMEIDA, Maria Emilia			07	131568	Colegio Efanor	2:19.47 25m : :
5 SOARES, Leonor Carvalho			08	200784	Porto	2:23.12 25m : :
6 DIAS, Beatriz Costa			08	204424	Aquatico Pacense	2:27.59 50m : :
7 SILVA, Carolina Martins			07	205709	Estarreja/PROZINCO	2:25.30 25m : :
8 BOTELHO, Margarida Santos			07	202518	Naval Setubalense	2:28.01 25m : :
9 MARQUES, Gabriela Silva			07	206559	Braga	2:28.46 25m : :
Heat 4 of 6						
0 MOURA, Maria Ferreira			04	131382	Sporting	2:15.16 25m : :
1 ANDRE, Angelica Maria			94	15497	Porto	2:13.90 25m : :
2 HENRIQUES, Ines Jacinto			00	120220	Louzan Natacao/EFAPPEL	2:12.13 50m : :
3 CUNHA, Mariana Pacheco			04	124577	Colegio Efanor	2:09.30 25m : :
4 MONTEIRO, Ana Catarina			93	24320	Vilacondense	2:10.45 50m : :
5 CABANES GARZAS, Laura			06		Spain	2:11.20 50m : :
6 PESSANHA, Maria Luiza			00	219301	Naval do Funchal	2:09.54 25m : :
7 VAZQUEZ RUIZ, Alba			02		Spain	2:16.10 50m : :
8 CARDEAL, Beatriz Nunes			04	124753	Individual ANCNP	2:17.39 50m : :
9 VARGAS, Giovanna Vaz			00	110957	Nautico Marinha Grande	2:19.92 50m : :

Event 5, Women, 200m Butterfly, Prelim
Heat 5 of 6

0 FERREIRA, Maria Neto	06	131467	Nautico Academico	2:26.03	50m	___:___:___
1 FIDALGO, Maria Jardim	04	131429	Colegio Vasco da Gama	2:22.31	25m	___:___:___
2 FERREIRA, Francisca Santos	06	200402	Alges	2:21.78	25m	___:___:___
3 LOPES, Matilde Nunes	06	201711	Benfica	2:20.88	25m	___:___:___
4 LIMA, Lia Ana	01	205396	Benfica	2:18.01	25m	___:___:___
5 MONTEIRO, Ana Carolina	04	129474	Clube Uniao 1919	2:20.30	25m	___:___:___
6 TEJO, Beatriz Costa	02	122103	Academica de Coimbra	2:21.00	25m	___:___:___
7 BROCHADO, Mariana Goncalves	06	200620	Viana Natacao	2:21.99	25m	___:___:___
8 NEVES, Gabriela Ferreira	06	132731	Foca Quinta Da Lixa - Cnf	2:25.88	50m	___:___:___
9 PIMENTEL, Sara Calisto	05	128091	Gafanha da Encarnacao	2:23.64	25m	___:___:___

Heat 6 of 6

1 ALVES, Catarina Alexandra	07	205924	Gesloures	2:34.75	50m	___:___:___
2 SILVA, Ana Francisca	06	200045	Alcobaca	2:30.76	50m	___:___:___
3 MATOS, Ana Rita	02	127501	Os Belenenses	2:28.06	50m	___:___:___
4 FERREIRA, Ana Claudia	90	10559	Alcobaca	2:23.87	25m	___:___:___
5 MORGADO, Alice Jesus	04	131016	Sporting	2:24.94	25m	___:___:___
6 BENTO, Maria Madalena	05	127217	Alges	2:29.46	50m	___:___:___
7 ALMEIDA, Bianca Filipa	07	204110	Alges e Agueda XXI	2:28.74	25m	___:___:___
8 FERNANDES, Laura Carvalho	08	208551	Nautico Academico	2:36.24	50m	___:___:___

Event 6
Men, 200m Butterfly
Open
04/04/2024 - 11:35
Startlist Prelim

Rec Nac Open	1:56.17	OLIVEIRA, Pedro Diogo	POR	Roma (ITA)	2009
Rec Nac Sen	1:56.17	OLIVEIRA, Pedro Diogo	POR	Roma (ITA)	2009
Rec Nac Jun 18	2:01.46	OLIVEIRA, Pedro Diogo	POR	Palma de Mallorca (ESP)	2006
Rec Nac Jun 17	2:02.12	OLIVEIRA, Pedro Diogo	POR	Belgrado (HUN)	2005
Rec Nac Juv A	2:03.76	OLIVEIRA, Pedro Diogo	CNRM	Lisboa	2004
Rec Nac Juv B	2:08.12	SILVA, Jorge Jesus	SCB	Coimbra	2015

CEJun_Masc 15 - 18: 2:03.83 / CEPL : 1:57.96 / JO : 1:55.78 / TAC_Masc Juv B 50m: 2:24.65 - 25m: 2:20.30 /
Masc Juv A 50m: 2:21.34 - 25m: 2:17.09; Jun 17 50m: 2:17.35 - 25m: 2:13.23; Jun 18 50m: 2:16.69 - 25m: 2:12.58;
Sen 1º 50m: 2:13.37 - 25m: 2:09.36; Sen + 50m: 2:12.71 - 25m: 2:08.72

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
3 LOURENCO, Daniel Alexandre			09	214004	Sporting	2:19.75 50m ___:___:___
4 FERREIRA, Tomas Pascoal			09	208129	Ba-Leiria	2:12.87 50m ___:___:___
5 MARRAZES, Guilherme Meireles			09	152840	Nautico Marinha Grande	2:18.20 50m ___:___:___
6 NOVAIS, Guilherme Pereira			09	205195	Assoc. Desportiva Fafe	2:22.63 50m ___:___:___

Event 6, Men, 200m Butterfly, Prelim

Heat 2 of 6

0 BISPO, Miguel Almeida	08	203715	Natacao da Maia	2:20.94	50m	___:___:___
1 CABRITA, Martim Santos	08	208153	Louletano / Loule Concelho	2:20.00	50m	___:___:___
2 RODRIGUES, Guilherme Gomes	08	208353	Naval do Funchal	2:15.15	25m	___:___:___
3 PEIXOTO, Tomas Pinto	08	203354	Porto	2:18.70	50m	___:___:___
4 BENNETT, Aubry Armada	08	218668	Naval Setubalense	2:17.06	50m	___:___:___
5 SOARES, Guilherme Costa	08	201093	Vilacondense	2:17.26	50m	___:___:___
6 SANTOS, Rodrigo Canedo	08	153185	Bombeiros de Ponta Delgada	2:14.53	25m	___:___:___
7 SANTOS, Francisco Pereira	08	202612	Sporting de Espinho	2:19.95	50m	___:___:___
8 GAGO, Rodolfo Charrua	08	206444	Viver Santarem	2:15.74	25m	___:___:___
9 SILVA, Vasco Henrique	08	201107	Assoc. Desportiva Fafe	2:21.27	50m	___:___:___

Heat 3 of 6

0 HERRERO, Miguel Mera	06	151461	Sporting	2:12.82	50m	___:___:___
1 FRANCISCO, Joao Moura	07	205724	CNLeiria	2:06.92	25m	___:___:___
2 MOURA, Leonardo Cunha	07	205462	Foca Quinta Da Lixa - Cnf	2:10.85	50m	___:___:___
3 COSTA, Antonio Miguel	07	202259	Assoc. Desportiva Fafe	2:10.68	50m	___:___:___
4 PEREIRA, Rodrigo Ferreira	06	205524	Famalicao	2:02.66	25m	___:___:___
5 FAFTINE, Kaio Araujo	06	213446	Sporting	2:05.33	25m	___:___:___
6 TONA, Luca Valentino	06	203165	Pimpoes/Cimai	2:10.82	50m	___:___:___
7 MARQUES, Jose Miguel	06	202999	Condeixa Aqua Clube	2:11.11	50m	___:___:___
8 MORAIS, David Miguel	06	153428	Benfica	2:07.67	25m	___:___:___
9 ZHUKOV, Mark	06	200632	Braga	2:12.87	50m	___:___:___

Heat 4 of 6

0 CORDEIRO, Tiago Roberto	00	205275	Os Belenenses	2:04.20	50m	___:___:___
1 AZEVEDO, Gabriel Arteiro	00	222246	Naval do Funchal	2:03.15	50m	___:___:___
2 CARNEIRO, Joao Soares	03	205269	Benfica	2:01.79	50m	___:___:___
3 APSENIECE, Kevins Alexandre	04	128451	Porto	1:58.49	50m	___:___:___
4 GONZALEZ ALVAREZ, Arbidel	02		Spain	1:54.99	50m	___:___:___
5 MARTINEZ NOVOA, Miguel	00		Spain	1:52.88	25m	___:___:___
6 SILVA, Henrique Gomes	02	120860	Benfica	1:56.65	25m	___:___:___
7 MORGADO, Vasco Alves	05	147123	Alges	1:59.15	25m	___:___:___
8 GOUVEIA, Luis Galvao	05	127884	Desportivo Nacional	2:03.66	50m	___:___:___
9 LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	2:01.28	25m	___:___:___

Heat 5 of 6

0 ROCHA, Joao Pedro	02	121839	Viana Natacao	2:11.32	50m	___:___:___
1 RELVAS, David Ferreira	03	125604	Nautico Marinha Grande	2:10.21	50m	___:___:___
2 OVIEDO, Miguel Freitas	02	130017	Academica de Coimbra	2:08.43	50m	___:___:___
3 RAMOS, Bruno Miguel	97	109110	Os Belenenses	2:02.50	25m	___:___:___
4 SIMOES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	2:01.28	25m	___:___:___
5 CARDOSO, Diogo Santos	01	122969	Sporting	2:05.95	50m	___:___:___
6 CARVALHO, Jose Paula	98	111450	Uniao Piedense	2:02.83	25m	___:___:___
7 FOMIN, Yury	06	208159	Louletano / Loule Concelho	2:10.03	50m	___:___:___
8 SANTOS, Goncalo Duarte	00	111095	Clube Oriental de Lisboa	2:07.05	25m	___:___:___
9 ROLDAN CABEZA, Fernando	09	220141	Louletano / Loule Concelho	2:12.50	50m	___:___:___

Event 6, Men, 200m Butterfly, Prelim
Heat 6 of 6

0 MIRANDA, Francisco Guilherme	08	206796	Naval do Funchal	2:16.86	25m	___:___:___
1 GOMES, Joao Almeida	06	132828	Nacional de Natacao	2:12.18	25m	___:___:___
2 ALMEIDA, Joao Francisco	07	209787	Naval do Funchal	2:11.49	25m	___:___:___
3 TEMUDO, Jose Maria	06	206962	Rio Maior	2:10.04	25m	___:___:___
4 BAPTISTA, Guilherme Fernandes	06	153381	Benfica	2:09.05	25m	___:___:___
5 MARTELO, Francisco Bernardes	07	201758	Porto	2:09.46	25m	___:___:___
6 COSTA, Guilherme Corte	07	132693	Desportivo Nacional	2:15.72	50m	___:___:___
7 DORES, Tomas Rocha	07	200766	Colegio Efanor	2:11.86	25m	___:___:___
8 PINTO, Guilherme Romeira	07	200844	Sporting de Espinho	2:12.42	25m	___:___:___

11:50 Medal Ceremony

Event 7
Women, 50m Freestyle
**Open
Startlist Prelim**

04/04/2024 - 12:15

Rec Nac Open	25.25	RODRIGUES, Ana Pinho	EDV	Funchal	2023
Rec Nac Sen	25.25	RODRIGUES, Ana Pinho	EDV	Funchal	2023
Rec Nac Jun 17	26.17	FERNANDES, Carolina Miranda	CGA	Coimbra	2022
Rec Nac Jun 16	26.21	RODRIGUES, Ana Pinho	AEJ	Coimbra	2010
Rec Nac Juv A	26.78	PEREIRA, Maria Gomes	SAD	Coimbra	2019
Rec Nac Juv B	27.17	GUEDES, Ana Margarida	GCVR	Coimbra	2015

CEJun_Fem 14 - 18: 26.33 / CEPL : 25.19 / JO : 24.70 / TAC_Fem Juv B 50m: 30.48 - 25m: 29.78 / Fem Juv A 50m: 29.77 - 25m: 29.09; Jun 16 50m: 29.07 - 25m: 28.40; Jun 17 50m: 28.93 - 25m: 28.26; Sen 1 50m: 28.36 - 25m: 27.71; Sen + 50m: 28.22 - 25m: 27.57

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 10						
0 RODRIGUES, Maria Ines	10			207574	Condeixa Aqua Clube	30.00 50m ___:___:___
1 NOGUEIRA, Cloe Canadas	10			209151	Colegio Efanor	29.67 50m ___:___:___
2 FERNANDES, Maria Miguel	10			214491	Columbofila Cantanhedense	29.54 50m ___:___:___
3 VASCONCELOS, Sofia Rodrigues	10			201422	Galitos / Bresimar	29.43 50m ___:___:___
4 TAVEIRA, Carolina Ratola	10			209341	Galitos / Bresimar	28.01 50m ___:___:___
5 BARROSO, Juliana Bushe	10			201862	FC Ferreiras/AlgarExperience	29.23 50m ___:___:___
6 SANTOS, Rita Lucas	10			208356	Condeixa Aqua Clube	29.49 50m ___:___:___
7 ROSA, Isabel Silva	10			212420	Naval da Horta	28.62 25m ___:___:___
8 MELO, Ines Ribeiro	10			140527	Galitos / Bresimar	29.85 50m ___:___:___
9 RIBEIRO, Guida Drumond	10			208351	Naval do Funchal	30.01 50m ___:___:___

Event 7, Women, 50m Freestyle, Prelim
Heat 2 of 10

0	MAIA, Lara Catarina	09	205712	Estarreja/PROZINCO	28.83	50m	_____
1	MADEIRA, Carolina Marques	09	208728	Nacional de Natacao	28.74	50m	_____
2	ARAUJO, Catarina Soares	09	205861	Penafiel	28.59	50m	_____
3	COUTINHO, Eva Alexandra	09	208558	CMNPR	27.96	50m	_____
4	SILVA, Leonor Carnide	09	151721	Ginasio Clube de Vila Real	27.50	50m	_____
5	GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	27.85	50m	_____
6	PEREIRA, Beatriz Maciel	09	213928	Escola Desportiva de Viana	28.45	50m	_____
7	COSTA, Uxia Romero	09	208443	Fluvial Portuense	27.77	25m	_____
8	CARDOSO, Raquel Campos	09	153184	Bombeiros de Ponta Delgada	28.77	50m	_____
9	COSTA, Leonor Martins	09	205320	Natacao de Lagos	28.09	25m	_____

Heat 3 of 10

0	NEVES, Ana Carolina	08	200350	Fluvial Portuense	27.07	25m	_____
1	LOURO, Beatriz Silva	07	129303	Louletano / Loule Concelho	27.55	50m	_____
2	AMADOR, Erica Domitila	07	202625	Estarreja/PROZINCO	26.52	25m	_____
3	PARENTE, Leonor Peso	07	208092	Palmela Desporto	27.25	50m	_____
4	PEREIRA, Maria Silva	08	209414	Ginasio Clube de Vila Real	27.05	50m	_____
5	BOLEIXA, Carlota Costa	08	206163	Louletano / Loule Concelho	26.30	25m	_____
6	ROJAS, Zara Alejandra	07	217329	Desportivo Nacional	27.38	50m	_____
7	MANO, Leonor Mil	07	202991	Nautico Academico	27.52	50m	_____
8	VIEIRA, Ana Beatriz	07	202851	Foca Quinta Da Lixa - Cnf	27.91	50m	_____
9	CACHACO, Beatriz Heitor	07	205927	Gesloures	28.25	50m	_____

Heat 4 of 10

0	FOMINA, Anna	02	208146	Sporting	26.23	25m	_____
1	PEGO, Isabel Porfirio	01	121336	Fluvial Portuense	26.74	50m	_____
2	FERNANDES, Carolina Miranda	05	127797	Galitos / Bresimar	26.64	50m	_____
3	GUEDES, Ana Margarida	01	109087	Ginasio Clube de Vila Real	25.53	25m	_____
4	RODRIGUES, Ana Pinho	94	13372	Escola Desportiva de Viana	25.25	50m	_____
5	MARTINS, Francisca Soares	03	126504	Foca Quinta Da Lixa - Cnf	26.05	50m	_____
6	CONCEICAO, Ema Jeronimo	03	129812	Benfica	26.63	50m	_____
7	KHOURY, Marie	01		Lebanon	26.69	50m	_____
8	BARBEITO, Laura Espinola	06	201165	Nucleo Sporting da Terceira	27.00	50m	_____
9	ANDRE, Leticia Maia	02	132801	Benfica	27.20	50m	_____

Heat 5 of 10

0	GOUVEIA, Ana Luisa	06	200924	Colegio Efanor	28.15	50m	_____
1	TEJO, Beatriz Costa	02	122103	Academica de Coimbra	28.03	50m	_____
2	RODRIGUES, Joana Francisca	04	127509	Condeixa Aqua Clube	27.81	50m	_____
3	FERNANDES, N'Hara Estevaeo	06	216077	Fluvial Portuense	27.59	50m	_____
4	CATALAO, Leonor Tavares	06	202215	Sporting	27.21	50m	_____
5	AMORIM, Ines Santos	06	200626	Escola Desportiva de Viana	27.57	50m	_____
6	CORREIA, Matilde Ribeiro	04	210936	UD Oliveirense/FERSILVA	27.77	50m	_____
7	PIRES, Marta Joao	05	147235	Alges	27.84	50m	_____
8	TEIXEIRA, Ines Correia Teixeira	06	133334	Amadora	28.13	50m	_____
9	EIRA, Maria Carolina	05	130388	Ginasio Clube de Vila Real	28.16	50m	_____

Event 7, Women, 50m Freestyle, Prelim
Heat 6 of 10

0	PIRES, Ana Beatriz	08	205416	Uniao Piedense	28.61	50m	___:___:___
1	VEIGA, Ana Filipa	01	125558	Gafanha da Encarnacao	27.57	25m	___:___:___
2	PINO, Ines Mira	06	208131	Pimpoes/Cimai	28.35	50m	___:___:___
3	ANTONIO, Rafaela Mariano	07	207751	Portinado	28.29	50m	___:___:___
4	CARRAO, Iris Pereira	05	201392	Uniao Piedense	28.17	50m	___:___:___
5	FERNANDES, Ana Ines	00	119258	Vitoria Sport Clube	28.22	50m	___:___:___
6	SIMOES, Dania Rodrigues	07	133520	Louzan Natacao/EFAPEL	28.33	50m	___:___:___
7	SILVA, Carlota Filipa	08	209557	Portinado	27.49	25m	___:___:___
8	SANTOS, Rita Machita	07	205379	Naval Setubalense	28.51	50m	___:___:___
9	OLIVEIRA, Leonor Carvalho	07	200901	Naval Setubalense	28.64	50m	___:___:___

Heat 7 of 10

0	MIRANDA, Matilde Pinguicha	08	132640	Galitos / Bresimar	29.03	50m	___:___:___
1	GOMES, Barbara Sofia	07	147188	Leixoes Sport Clube	28.88	50m	___:___:___
2	COENTRAO, Beatriz Silva	08	201062	Famalicao	28.84	50m	___:___:___
3	SILVA, Nuria Soares	07	203604	Sporting Clube Sao Joao Ver	28.67	50m	___:___:___
4	CABRAL, Carolina Vizinho	07	206307	CN Vagos	27.76	25m	___:___:___
5	RODRIGUES, Maria Leonor	07	203917	Fundacao Salesianos	28.66	50m	___:___:___
6	NUNES, Carolina Mendes	08	205710	Estarreja/PROZINCO	28.71	50m	___:___:___
7	JORGE, Luisa Ponte	07	204158	Uniao Piedense	28.85	50m	___:___:___
8	MARQUES, Matilde Catroga	08	205880	Colegio Int Monte Maior	28.10	25m	___:___:___
9	SILVA, Nuria Resende	07	210934	UD Oliveirense/FERSILVA	28.20	25m	___:___:___

Heat 8 of 10

0	FERNANDES, Catarina Moreira	09	207047	Aljustrelense	29.74	50m	___:___:___
1	CALCADA, Maria Leonor	09	210653	Sporting	29.52	50m	___:___:___
2	NOVAIS, Mariana Silvestre	09	209908	Portinado	29.44	50m	___:___:___
3	CANCELA, Raquel Alexandra	09	144935	Louzan Natacao/EFAPEL	29.35	50m	___:___:___
4	PROTOLYUK, Anastacia	09	205586	Columbofila Cantanhedense	29.14	50m	___:___:___
5	NUNES, Francisca Ramos	09	204735	Naval de Peniche	29.31	50m	___:___:___
6	RODRIGUES, Daniela Pina	09	208657	Gesloures	29.37	50m	___:___:___
7	MESSIAS, Madalena Azevedo	09	209662	Sporting	28.58	25m	___:___:___
8	BAPTISTA, Carolina Sofia	09	208839	Estarreja/PROZINCO	29.70	50m	___:___:___
9	FERNANDES, Joana Sofia	09	208735	Nacional de Natacao	28.83	25m	___:___:___

Heat 9 of 10

0	ROMAO, Filipa Santos	10	207973	Vilacondense	30.35	50m	___:___:___
1	SANTOS, Carolina Brito	10	212564	FC Ferreiras/AlgarExperience	29.31	25m	___:___:___
2	JESUS, Leonor Silva	10	206656	Galitos / Bresimar	30.21	50m	___:___:___
3	MATEUS, Ines Filipa	10	212937	Lagoa Academico Clube	29.19	25m	___:___:___
4	FARIA, Ines Maria	09	205180	Porto	28.98	25m	___:___:___
5	BARFIELD, Isabel	10	210363	Natacao de Lagos	29.12	25m	___:___:___
6	SOUTO, Elisa Henriques	10	219855	Obidos Criativa, EEM	30.20	50m	___:___:___
7	SILVA, Joana Alexandra	10	207187	CPCD Povia de Santa Iria	29.27	25m	___:___:___
8	LOPES, Maria Leonor	10	210579	Torres Novas	30.31	50m	___:___:___
9	SILVA, Rita Mota	10	208180	Palmela Desporto	30.37	50m	___:___:___

Event 7, Women, 50m Freestyle, Prelim
Heat 10 of 10

2 ALVES, Maria Carolina	10	210804	Ba-Leiria	30.47	50m	_____
3 LOPES, Carolina Melo	10	211880	Portinado	29.48	25m	_____
4 INACIO, Debora Silva	10	209102	Pimpoes/Cimai	30.40	50m	_____
5 OLIVEIRA, Leonor Silva	10	140320	Galitos / Bresimar	30.42	50m	_____
6 BERNAT, Alicia Del Rio	10	212723	Alges	29.51	25m	_____
7 COSTA, Mariana Varela	10	208738	Sporting	29.74	25m	_____

Event 8
Men, 50m Freestyle
Open
04/04/2024 - 12:25
Startlist Prelim

Rec Nac Open	21.87	RIBEIRO, Diogo Matos	SLB	Funchal	2023
Rec Nac Sen	21.87	RIBEIRO, Diogo Matos	SLB	Funchal	2023
Rec Nac Jun 18	21.92	RIBEIRO, Diogo Matos	POR	Lima (PER)	2022
Rec Nac Jun 17	22.95	VENANCIO, Tiago Andre	POR	Oeiras	2004
Rec Nac Juv A	23.78	VENANCIO, Tiago Andre	POR	Paris (FRA)	2003
Rec Nac Juv B	24.61	MACHADO, Tiago Andrade	SCA	Oeiras	2017

CEJun_Masc 15 - 18: 23.45 / CEPL : 22.27 / JO : 21.96 / TAC_Masc Juv B 50m: 26.88 - 25m: 26.01 / Masc Juv A 50m: 26.26 - 25m: 25.41; Jun 17 50m: 25.52 - 25m: 24.70; Jun 18 50m: 25.40 - 25m: 24.58; Sen 1º 50m: 24.78 - 25m: 23.98; Sen + 50m: 24.66 - 25m: 23.86

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 9						
0 SAMPAIO, Rafael Rui			09	206128	Famalicao	26.44 50m _____
1 SILVA, Pedro Miguel			09	212760	Naval Setubalense	26.44 50m _____
2 NUNES, Joao Tomas			09	211145	Olhao	26.18 50m _____
3 PARREIRA, Santiago Agostinho			09	209481	Pimpoes/Cimai	26.13 50m _____
4 JOAQUIM, Henrique Martins			09	207318	CNLeiria	25.35 50m _____
5 FERNANDES, Paulo Junio			09	212754	Alges	25.86 50m _____
6 DEUS, Bernardo Silva			09	209237	Fluvial Portuense	25.20 25m _____
7 PEREIRA, Tomas Rafael			09	205415	Nautico Academico	26.22 50m _____
8 MADEIRA, Xavier Rosa			09	212301	Laranjeiro	26.44 50m _____
9 GUEDELHA, Bernardo Afonso			09	208760	Benfica	26.62 50m _____

Heat 2 of 9

0 LOPES, Joao Terceiro	08	209300	Portinado	25.28	25m	_____
1 VALE, Vicente Sa	08	148738	Galitos / Bresimar	26.08	50m	_____
2 SANTOS, Martim Rodrigues	08	206625	Colegio Int Monte Maior	25.93	50m	_____
3 PEREIRA, Francisco Miguel	08	201111	Fluvial Portuense	25.54	50m	_____
4 FERREIRA, Duarte Santos	08	200643	Porto	25.39	50m	_____
5 PASCOAL, Martim Nobre	08	203009	Columbofila Cantanhedense	25.47	50m	_____
6 MOREIRA, Antonio Pedro	08	203429	Colegio Efanor	25.88	50m	_____
7 RODRIGUES, Pedro Caiada	08	206431	Benfica	25.02	25m	_____
8 ORNELAS, Afonso Mendonca	08	208752	Geslours	26.12	50m	_____
9 BARROS, Jose Pedro	08	203324	Assoc. Desportiva Fafe	26.24	50m	_____

Event 8, Men, 50m Freestyle, Prelim
Heat 3 of 9

0 RODRIGUES, Rodrigo Vieira	06	129787	Sporting de Espinho	24.78	50m	___:___:___
1 VIEIRA, Antonio Coelho	06	141506	Sporting	23.84	25m	___:___:___
2 CARVALHO, Artur Guterres	06	202266	Vilacondense	24.60	50m	___:___:___
3 MORARI, Alexandre	07	206445	Rio Maior	24.30	50m	___:___:___
4 TAVARES, Daniel Batista	06	202604	Braga	24.12	50m	___:___:___
5 RAMOS, Andre Miguel	07	209022	Fisica Torres Vedras	24.19	50m	___:___:___
6 BAPTISTA, Guilherme Fernandes	06	153381	Benfica	24.54	50m	___:___:___
7 GONCALVES, Manuel Alves	06	148528	Celorico Basto	24.62	50m	___:___:___
8 BARROS, Joao Carlos	06	200357	Fluvial Portuense	24.75	50m	___:___:___
9 ROQUE, Afonso Dinis	07	205541	CNLeiria	24.88	50m	___:___:___

Heat 4 of 9

0 VIEIRA, Francisco Ribeiro	04	130443	Fisica Torres Vedras	23.85	50m	___:___:___
1 PADRELA, Joao Esteves	99	119137	Naval do Funchal	22.53	25m	___:___:___
2 SILVA, Fernando Souza	86	207684	Naval do Funchal	22.34	25m	___:___:___
3 SCHILLING, Leonardo	93	209678	Porto	21.96	25m	___:___:___
4 BUSCAGLIA, Guido Alejandro	96		Argentina	22.17	50m	___:___:___
5 MARQUES, Miguel Henriques	00	120530	Benfica	22.44	50m	___:___:___
6 DEL RIEGO TORRES, Teo	06		Spain	23.16	50m	___:___:___
7 LEBRE, Diogo Ramos	01	122294	Alges	23.19	50m	___:___:___
8 SILVA, Miguel Vicente	02	124468	Nautico Marinha Grande	23.69	50m	___:___:___
9 ALMEIDA, Bernardo Victorino	04	153357	Sporting	23.03	25m	___:___:___

Heat 5 of 9

0 MARQUES, Andre Henriques	05	129665	Benfica	23.48	25m	___:___:___
1 REIS, Rodrigo Miguel	04	129842	Nautico Academico	24.32	50m	___:___:___
2 ZENZA, Francisco Manuel	01	112097	Natacao da Maia	23.30	25m	___:___:___
3 POLIAKOV, A.	93	11114	Clube Oriental de Lisboa	23.19	25m	___:___:___
4 SANTOS, Joao Duarte	95	26430	Olhao	23.90	50m	___:___:___
5 MASCARENHAS, Henrique Silva	01	212154	Fluvial Portuense	23.94	50m	___:___:___
6 PEREIRA, Tomas Coelho	05	133202	Penafiel	24.10	50m	___:___:___
7 GOMES, Filipe Miguel	97	107284	CNLeiria	24.20	50m	___:___:___
8 SANTOS, Pedro Andre	94	15732	Alges	23.47	25m	___:___:___
9 COSTA, Afonso Filipe	03	126380	Louzan Natacao/EFAPEL	24.39	50m	___:___:___

Heat 6 of 9

0 MONTFORT, Nicolas Filip	05	217266	Alges	23.90	25m	___:___:___
1 RIBEIRO, Filipe Silva	05	132090	Leixoes Sport Clube	24.68	50m	___:___:___
2 OLIVEIRA, Diogo Alexandre	05	130414	Braga	23.71	25m	___:___:___
3 COSTA, Joao Peres	04	130322	Naval Praia da Vitoria	23.63	25m	___:___:___
4 FERNANDES, Diogo Henrique	04	133152	Naval do Funchal	23.56	25m	___:___:___
5 BRITO, Bernardo Geada	02	130621	Uniao Piedense	24.51	50m	___:___:___
6 SANTOS, Goncalo Teixeira	94	25310	Assoc Nadadores Estoris	24.55	50m	___:___:___
7 GABOLEIRO, Guilherme Filipe	05	130049	Rio Maior	24.67	50m	___:___:___
8 RIBEIRO, Vasco Almeida	05	131214	Sporting Clube Sao Joao Ver	23.86	25m	___:___:___
9 SILVA, Diogo Miguel	05	133049	Galitos / Bresimar	23.94	25m	___:___:___

Event 8, Men, 50m Freestyle, Prelim
Heat 7 of 9

0	GARANITO, Simao Silva	06	204645	Naval do Funchal	24.58	25m	_____
1	MACHADO, Bernardo Magalhaes	06	129920	Desportivo Nacional	24.51	25m	_____
2	MENESES, Martim Ribeiro	06	200854	O Crasto	25.21	50m	_____
3	MARTINS, Joao Valente	07	206161	FC Ferreiras/AlgarExperience	25.13	50m	_____
4	LEMOS, Gil Santos	06	201904	Pimpoes/Cimai	25.03	50m	_____
5	MEJIAS, Jesus Alberto	09	218311	Individual ANL	25.12	50m	_____
6	PITA, Pedro Miguel	06	201963	Naval do Funchal	24.28	25m	_____
7	CHOCAS, Rodrigo Martins	07	130042	Sporting	25.23	50m	_____
8	CALHELHA, Afonso Rodrigues	07	208048	Colegio Int Monte Maior	25.44	50m	_____
9	RESENDE, Alexandre Silva	07	203598	Feirense	25.51	50m	_____

Heat 8 of 9

1	GONCALVES, Pedro Martim	09	205087	Juventude Atlantico Clube	25.72	25m	_____	
2	BERNARDES, Duarte Oliveira	09	205688	Feirense	26.63	50m	_____	
3	FERNANDES, Tiago Manuel	08	205831	Ginasio Clube de Vila Real	25.30	25m	_____	
4	BRESSAN, Henrique Perez	07	205449	Portinado	24.60	25m	_____	
EXH 5	NEVES, Tiago Correia	S15 H	97	125796	Os Belenenses	25.81	50m	_____
6	GUERRA, Gabriel Moises	09	217419	UD Oliveirense/FERSILVA	26.37	50m	_____	
7	GASPAR, Joao Nuno	09	203634	Condeixa Aqua Clube	26.64	50m	_____	
8	CAXARIA, Miguel Loucao	09	205908	Palmela Desporto	26.87	50m	_____	

Heat 9 of 9

EXH 3	CORDEIRO, Tomas Coelho	S10 12+	04	130167	Individual ANC	27.95	50m	_____
EXH 4	MENESES, Marco Ribeiro	S11 T	01	204993	O Crasto	27.47	50m	_____
EXH 5	CANCELA, Diogo Luis	S8 1,2,4	02	124221	Louzan Natacao/EFAPEL	27.55	50m	_____

Event 90
Girls, 4 x 200m Freestyle
14 - 17 years
04/04/2024 - 12:35
Startlist

Rec Nac Open	8:22.93	Sport Alges e Dafundo	SAD	Oeiras	2019
Rec Nac Jun	8:37.33	Sport Lisboa e Benfica	SLB	Oeiras	2018
Rec Nac Juv A	8:55.49	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv	8:46.61	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	2012

TAC_Fem Juv B 50m: 9:33.05 - 25m: 9:22.23 / Fem Juv A 50m: 9:25.95 - 25m: 9:14.63; Jun 50m: 9:09.78 - 25m: 8:58.78

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
1				Condeixa Aqua Clube	9:23.12	_____
2				Braga	9:10.55	_____
3				Estarreja/PROZINCO	9:07.54	_____
4				Benfica	8:45.50	_____
5				Braga	9:02.97	_____
6				Nautico Academico	9:08.08	_____
7				Galitos / Bresimar	9:22.79	_____
8				Porto	9:25.95	_____

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**

Event 100 **Boys, 4 x 200m Freestyle** 15 - 18 years
04/04/2024 - 12:45 Startlist

Rec Nac Open	7:26.26	Sporting Clube de Portugal	SCP	Oeiras	2019
Rec Nac Jun	7:44.42	Associacao Naval Amorense	ANAM	Coimbra	2014
Rec Nac Juv A	7:58.57	Associacao Naval Amorense	ANAM	Jamor	2012
Rec Nac Juv	7:58.57	tempo limite			
Rec Nac Juv B	8:09.89	Ass. Desp. Bairro dos Anjos	ADBA	Funchal	2019

TAC_Masc Juv B 50m: 8:46.02 - 25m: 8:36.14 / Masc Juv A 50m: 8:38.62 - 25m: 8:28.24; Jun 50m: 8:17.01 - 25m: 8:07.07

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
1				Sporting	8:31.68	_:._.:
2				Porto	8:14.10	_:._.:
3				Porto	8:09.46	_:._.:
4				Benfica	7:35.04	_:._.:
5				CNLeiria	7:55.47	_:._.:
6				Sporting	8:10.45	_:._.:
7				Galitos / Bresimar	8:31.49	_:._.:

12:55 Medal ceremony No. 90. Girls, 4 x 200m Freestyle

13:00 Medal ceremony No. 100. Boys, 4 x 200m Freestyle

2 - 1ª Jornada - Finais
04/04/2024 - 17:00

Event 1 **Women, 1500m Freestyle** Open
04/04/2024 Startlist

Rec Nac Open	16:15.12	DURAES, Diana Margarida	SLB	Lisboa	2020
Rec Nac Sen	16:15.12	DURAES, Diana Margarida	SLB	Lisboa	2020
Rec Nac Jun 17	16:20.80	HOLUB, Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 16	16:43.22	HOLUB, Tamila Hryhorivna	SCB	Singapore (SGP)	2015
Rec Nac Juv A	16:54.60	HOLUB, Tamila Hryhorivna	POR	Dordrecht (NED)	2014
Rec Nac Juv B	17:34.28	VELOSO, Maria Miguel	CNAC	Coimbra	2007

CEJun_Fem 14 - 18: 17:14.78 / CEPL : 16:28.47 / JO : 16:09.09

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 4 of 4						
0 VIANA, Carolina Pereira			04	129199	Sporting	16:52.68 25m _:._.:
1 DURAES, Diana Margarida			96	102992	Benfica	16:16.80 25m _:._.:
2 ANDRE, Angelica Maria			94	15497	Porto	16:07.07 25m _:._.:
3 OTERO FERNANDEZ, Paula			04		Spain	16:16.61 50m _:._.:
4 MARTINEZ GUILLEN, Angela			04		Spain	16:14.95 50m _:._.:
5 HOLUB, Tamila Hryhorivna			99	116887	Braga	16:16.29 50m _:._.:
6 CARMONA VILLAPLANA, Marta			05		Spain	16:04.52 25m _:._.:
7 DE VALDES ALVAREZ, Maria			98		Spain	16:26.62 50m _:._.:
8 MENDES, Mariana Amaral			02	123959	Sporting	16:21.16 25m _:._.:
9 LOPES, Daniela Magalhaes			05	130098	Famalicao	17:15.87 25m _:._.:

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 9 Women, 4 x 200m Freestyle OPEN Startlist
04/04/2024

Rec Nac Open	8:22.93	Sport Alges e Dafundo	SAD	Oeiras	2019
Rec Nac Sen	8:25.04	Sport Alges e Dafundo	SAD	Coimbra	2018
Rec Nac Jun	8:37.33	Sport Lisboa e Benfica	SLB	Oeiras	2018
Rec Nac Juv A	8:55.49	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv	8:46.61	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv B	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	2012

Fem 50m: 8:59.00 - 25m: 8:48.22

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
1				Gafanha da Encarnacao	8:58.22	_:._.:
2				Porto	8:53.67	_:._.:
3				Braga	8:37.70	_:._.:
4				Benfica	8:03.35	_:._.:
5				Sporting	8:35.29	_:._.:
6				Fluval Portuense	8:42.81	_:._.:
7				Nautico Academico	8:54.67	_:._.:

Event 10 Men, 4 x 200m Freestyle OPEN Startlist
04/04/2024

Rec Nac Open	7:26.26	Sporting Clube de Portugal	SCP	Oeiras	2019
Rec Nac Sen	7:26.26	Sporting Clube de Portugal	SCP	Oeiras	2019
Rec Nac Jun	7:44.42	Associacao Naval Amorense	ANAM	Coimbra	2014
Rec Nac Juv A	7:58.57	Associacao Naval Amorense	ANAM	Jamor	2012
Rec Nac Juv	7:58.57	tempo limite			
Rec Nac Juv B	8:09.89	Ass. Desp. Bairro dos Anjos	ADBA	Funchal	2019
Rec Nac 14	8:31.60	Assoc Desp Cult Rec Bairro dos ArADBAmcaiCoimbra			2018

Masc 50m: 8:00.20 - 25m: 7:50.60

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
2				Naval do Funchal	7:56.69	_:._.:
3				Porto	7:46.06	_:._.:
4				Benfica	7:19.55	_:._.:
5				Sporting	7:42.34	_:._.:
6				Braga	7:54.75	_:._.:
7				Fluval Portuense	7:58.65	_:._.:

Medal ceremony No. 7. Women, 50m Freestyle
 Medal ceremony No. 8. Men, 50m Freestyle
 Medal ceremony No. 9. Women, 4 x 200m Freestyle
 Medal ceremony No. 10. Men, 4 x 200m Freestyle

3 - 2ª Jornada - Eliminatórias
05/04/2024 - 9:00
Event 11 Men, 1500m Freestyle Open Startlist
05/04/2024 - 9:00

Rec Nac Open	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Sen	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Jun 18	15:23.46	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SGP)	2015
Rec Nac Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	16:11.75	PEREIRA, Rui Silva	POR	Coimbra	2023

CEJun_Masc 15 - 18: 15:56.90 / CEPL : 15:18.18 / JO : 15:00.99

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
0 BARROS, Raul Ventura			09	210422	Braga	17:52.17 25m :.:.:
1 MARTINS, Vasco Alexandre			09	209406	Colegio Int Monte Maior	17:46.42 25m :.:.:
2 ROQUE, Francisco Nunes			09	208764	Benfica	18:16.92 50m :.:.:
3 BENTO, Afonso Maria			09	211118	AN Albicastrense	17:38.99 25m :.:.:
4 MAIA, Samuel Dinis			08	203585	Miranda do Corvo	18:07.48 50m :.:.:
5 PINTO, Rodrigo Teixeira			09	206287	Foca Quinta Da Lixa - Cnf	18:08.13 50m :.:.:
6 GASPAS, Joao Nuno			09	203634	Condeixa Aqua Clube	18:12.41 50m :.:.:
7 SILVA, Rafael Alexandre			09	212573	Louletano / Loule Concelho	17:46.40 25m :.:.:
8 FREIXIEIRO, Francisco Guilherme			08	208642	Rio Maior	17:51.30 25m :.:.:
9 RIZZON, Guilherme Oliveira			09	214294	Sporting	18:25.81 50m :.:.:

Heat 2 of 6						
0 SOUSA, Santiago Boica			08	212709	Vieirense	18:02.18 50m :.:.:
1 MONIZ, Rafael Lin			09	210337	Naval Setubalense	17:55.82 50m :.:.:
2 SILVA, Guilherme Martins			08	204688	Academico Viseu	17:19.08 25m :.:.:
3 PEREIRA, Salvador Correia			08	205594	Condeixa Aqua Clube	17:08.00 25m :.:.:
4 PINHO, Afonso Formigo			06	129956	Torres Novas	17:01.37 25m :.:.:
5 SOUSA, Guilherme Simoes			08	202988	Nautico Academico	17:34.68 50m :.:.:
6 MONTEIRO, Joao Pedro			08	203021	BUZIOS - Coruche	17:17.19 25m :.:.:
7 CABRITA, Martim Santos			08	208153	Louletano / Loule Concelho	17:22.48 25m :.:.:
8 GONCALVES, Luis Pedro			08	146966	Braga	17:30.60 25m :.:.:
9 JESUS, Vasco Franca			08	207497	Naval do Funchal	17:36.92 25m :.:.:

Heat 3 of 6						
0 LIMA, Rodrigo Silva			08	206003	Porto	17:27.74 50m :.:.:
1 RITA, Francisco Xavier			07	205310	Vieirense	16:53.90 25m :.:.:
2 CARVALHO, Daniel Casaca			07	205098	Colegio Vasco da Gama	16:52.34 25m :.:.:
3 PEREIRA, Tomas Veiga			06	137055	Nautico Academico	17:16.02 50m :.:.:
4 MATOS, Rodrigo Onofre			06	200159	Os Belenenses	16:43.11 25m :.:.:
5 LOPES, Gustavo Miguel			08	201750	Porto	16:45.01 25m :.:.:
6 SOARES, Goncalo Augusto			08	206424	Porto	16:47.97 25m :.:.:
7 GOMES, Miguel Braga			07	207816	Sporting	16:52.84 25m :.:.:
8 PINTO, Martim Chambel			09	208969	Colegio Int Monte Maior	16:56.66 25m :.:.:
9 NOGUEIRA, Afonso Miguel			07	200633	Braga	16:59.56 25m :.:.:

Event 11, Men, 1500m Freestyle
Heat 4 of 6

0 RODRIGUES, Rafael Pereira	08	205593	Condeixa Aqua Clube	16:39.10	25m	___:___:___
1 CANELAS, Tiago Andre	08	200358	Fluvial Portuense	17:00.93	50m	___:___:___
2 PEIXOTO, Tomas Pinto	08	203354	Porto	16:58.60	50m	___:___:___
3 GONCALVES, Alexandre Ramos	05	128601	Sporting Clube Sao Joao Ver	16:51.19	50m	___:___:___
4 ASMAR, Axel Guedes	07	207810	Sporting	16:49.31	50m	___:___:___
5 CARDOSO, Filipe Santos	04	130500	Gafanha da Encarnacao	16:49.85	50m	___:___:___
6 SOUSA, Joao Maria	05	130462	Braga	16:24.55	25m	___:___:___
7 KOT, Paulo	09	144468	Nautico Marinha Grande	16:58.88	50m	___:___:___
8 JORGE, Pedro Crispim	06	148340	Uniao Piedense	16:32.94	25m	___:___:___
9 MACEDO, Martim Cunha	09	204594	Natacao da Maia	17:11.49	50m	___:___:___

Heat 5 of 6

0 CASTRO, Vasco Monteiro	06	202720	Porto	16:14.88	25m	___:___:___
1 FERRAO, Gabriel Carvalho	05	132345	Benfica	16:10.44	25m	___:___:___
2 MEDEIROS, Miguel Fragoso	08	200778	Porto	15:54.29	25m	___:___:___
3 BORGES, Rodrigo Costa	07	133190	Fluvial Portuense	16:15.37	50m	___:___:___
4 SANTOS, Ricardo Matias	05	209305	Louzan Natacao/EFAPEL	15:42.02	25m	___:___:___
5 PEREIRA, Rui Silva	08	205327	Colegio Int Monte Maior	16:11.75	50m	___:___:___
6 SIMOES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	15:51.23	25m	___:___:___
7 TIGRE, Pedro Bethlem	06	208305	Sporting	15:59.35	25m	___:___:___
8 CARVALHO, Goncalo Renato	04	127586	Porto	16:42.48	50m	___:___:___
9 GOMES, Marcio Fernandes	04	200286	Braga	16:18.38	25m	___:___:___

Heat 6 scheduled in session 4

Event 12
Women, 400m Freestyle
**Open
Startlist Prelim**

05/04/2024 - 10:30

Rec Nac Open	4:08.77	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillon (FRA)	2023
Rec Nac Sen	4:08.77	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillon (FRA)	2023
Rec Nac Jun 17	4:14.67	HOLUB, Tamila Hryhorivna	SCB	Oeiras	2016
Rec Nac Jun 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	2002
Rec Nac Juv A	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	2014
Rec Nac Juv B	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	2014

CEJun_Fem 14 - 18: 4:23.44 / CEPL : 4:12.86 / JO : 4:07.90 / TAC_Fem Juv B 50m: 5:02.08 - 25m: 4:53.50 /

Fem Juv A 50m: 4:55.08 - 25m: 4:46.71; Jun 16 50m: 4:48.09 - 25m: 4:39.91; Jun 17 50m: 4:46.69 - 25m: 4:38.55; Sen 1 50m: 4:41.10 - 25m: 4:33.12; Sen + 50m: 4:39.70 - 25m: 4:31.76

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
0 NOGUEIRA, Ana Laura	10			209772	Braga	4:52.28 25m ___:___:___
1 PEDROSO, Madalena Gracio	10			144100	Nautico Marinha Grande	4:51.08 25m ___:___:___
2 MARTINS, Leonor Sombreireiro	10			211313	BUZIOS - Coruche	4:46.13 25m ___:___:___
3 CARDEAL, Leonor Nunes	10			201021	Individual ANCPN	4:42.36 25m ___:___:___
4 MARCELO, Camila Duarte	10			208416	Condeixa Aqua Clube	4:40.34 50m ___:___:___
5 SANTOS, Rita Lucas	10			208356	Condeixa Aqua Clube	4:45.88 50m ___:___:___
6 MARQUES, Ana Jose	10			210414	Braga	4:44.52 25m ___:___:___
7 CUNHA, Maria Rita	10			206403	Colegio Efanor	4:47.06 25m ___:___:___
8 MENDES, Bianca Balbino	10			206074	Naval de Peniche	4:51.88 25m ___:___:___
9 PROENCA, Victoria Sales	10			211478	Benfica	4:52.46 25m ___:___:___

Event 12, Women, 400m Freestyle, Prelim

Heat 2 of 6

0	JORDAO, Beatriz Silva	09	206785	Individual ANL	4:44.28	25m	_____
1	CARDOSO, Raquel Campos	09	153184	Bombeiros de Ponta Delgada	4:40.42	25m	_____
2	MOREIRA, Madalena Valente	09	207969	Colegio Efanor	4:45.96	50m	_____
3	PINTO, Maria Carvalho	09	206343	Viana Natacao	4:34.76	25m	_____
4	CRAVEIRO, Luana Ferreira	09	144313	Nautico Marinha Grande	4:35.92	50m	_____
5	MAIA, Lara Catarina	09	205712	Estarreja/PROZINCO	4:39.57	50m	_____
6	MATIAS, Alana Costa	09	209589	Clube Uniao 1919	4:41.11	50m	_____
7	RICARDO, Francisca Martingo	09	206171	Porto	4:39.85	25m	_____
8	MADEIRA, Carolina Marques	09	208728	Nacional de Natacao	4:43.72	25m	_____
9	GALANTE, Filipa Carvalho	09	203195	Vilacondense	4:44.34	25m	_____

Heat 3 of 6

0	FREITAS, Diana Gomes	08	202656	Amigos da Montanha	4:42.00	50m	_____
1	RODRIGUES, Leonor Carreiro	07	205129	Benfica	4:34.48	25m	_____
2	AGUILAR, Marta Andre	07	132766	Nautico Academico	4:33.22	25m	_____
3	CABRAL, Carolina Vizinho	07	206307	CN Vagos	4:31.28	50m	_____
4	FRANCO, Catarina Andrade	07	203865	Benfica	4:21.12	25m	_____
5	LOURO, Beatriz Silva	07	129303	Louletano / Loule Concelho	4:24.54	25m	_____
6	NEVES, Maria Gomes	08	204347	Braga	4:28.40	25m	_____
7	ALMEIDA, Bianca Filipa	07	204110	Alges e Agueda XXI	4:34.02	25m	_____
8	FERREIRA, Carolina Amadeu	08	202815	Leixoes Sport Clube	4:41.46	50m	_____
9	SANTOS, Leonor Castanho	07	150848	Sporting	4:37.08	25m	_____

Heat 4 of 6

0	FOMINA, Anna	02	208146	Sporting	4:22.91	50m	_____
1	DE VALDES ALVAREZ, Maria	98		Spain	4:15.80	50m	_____
2	CARMONA VILLAPLANA, Marta	05		Spain	4:07.57	25m	_____
3	MARTINEZ GUILLEN, Angela	04		Spain	4:10.95	50m	_____
4	MARTINS, Francisca Soares	03	126504	Foca Quinta Da Lixa - Cnf	4:08.77	50m	_____
5	OTERO FERNANDEZ, Paula	04		Spain	4:10.50	50m	_____
6	HOLUB, Tamila Hryhorivna	99	116887	Braga	4:11.04	50m	_____
7	DURAES, Diana Margarida	96	102992	Benfica	4:14.41	50m	_____
8	CONCEICAO, Ema Jeronimo	03	129812	Benfica	4:12.08	25m	_____
9	CARDEAL, Beatriz Nunes	04	124753	Individual ANCPN	4:24.40	50m	_____

Heat 5 of 6

0	RAMOS, Joana Barbas	06	153484	Gafanha da Encarnacao	4:30.50	25m	_____
1	LOPES, Francisca Macedo	05	129982	Vilacondense	4:34.11	50m	_____
2	FERREIRA, Maria Neto	06	131467	Nautico Academico	4:31.90	50m	_____
3	AMORIM, Ines Santos	06	200626	Escola Desportiva de Viana	4:27.10	50m	_____
4	VIANA, Carolina Pereira	04	129199	Sporting	4:19.23	25m	_____
5	MOURA, Maria Ferreira	04	131382	Sporting	4:26.45	50m	_____
6	RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	4:23.77	25m	_____
7	ARMAS, Maria Ornelas	98	106961	Clube Oriental de Lisboa	4:27.57	25m	_____
8	PEIXOTO, Carolina Esteves	06	133308	Braga	4:29.15	25m	_____
9	FARIA, Leonor Verissimo	06	143779	Nautico Academico	4:30.47	25m	_____

Event 12, Women, 400m Freestyle, Prelim
Heat 6 of 6

0 PAIVA, Leonor Antunes		10	211155	Nautico Academico	5:01.14	50m	_____	
EXH 1 VEIGA, Susana Pereira	S9	9	00	121936	Colegio Vasco da Gama	4:52.36	25m	_____
2 UVA, Sofia Monteiro			09	209405	Alges	4:46.53	25m	_____
3 LUIZ, Margarida Maria			08	211814	Lagoa Academico Clube	4:47.59	50m	_____
4 LOPES, Catarina Maria			08	203020	Benfica	4:37.33	25m	_____
5 ALVES, Sara Sofia			07	202517	Palmela Desporto	4:44.25	50m	_____
6 NUNES, Francisca Ramos			09	204735	Naval de Peniche	4:46.34	25m	_____
7 PEDREIRO, Francisca Soreto			09	139907	Galitos / Bresimar	4:53.91	50m	_____
8 REGO, Filipa Correia			10	216769	Vilacondense	5:00.36	50m	_____
9 MENDES, Ana Nabais			10	211556	Laranjeiro	5:01.40	50m	_____

Event 13
Men, 50m Breaststroke
**Open
Startlist Prelim**
05/04/2024 - 11:05

Rec Nac Open	28.16	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	2013
Rec Nac Sen	28.16	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	2013
Rec Nac Jun 18	28.86	NUNES, Carlos Daniel	POR	Porto	2023
Rec Nac Jun 17	29.10	AGOSTINHO, Pedro Miguel	POR	Praga (CZE)	2009
Rec Nac Juv A	29.75	, tempo limite			
Rec Nac Juv B	30.57	, tempo limite			

CEPL : 27.71 / TAC_Masc Juv B 50m: 34.06 - 25m: 33.15 / Masc Juv A 50m: 33.28 - 25m: 32.39; Jun 17 50m: 32.34 - 25m: 31.47; Jun 18 50m: 32.19 - 25m: 31.32; Sen 1º 50m: 31.41 - 25m: 30.56; Sen + 50m: 31.25 - 25m: 30.41

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
0 PARREIRA, Santiago Agostinho			09	209481	Pimpoes/Cimai	32.91 25m
1 ANTONIO, Joao Pedro			09	211881	Portinado	32.44 25m
2 AMARO, Afonso Miguel			09	216575	Os Belenenses	33.58 50m
3 COSTA, Filipe Saldanha			09	203900	O Crasto	33.35 50m
4 REIS, Diogo Damasceno			09	151317	Sporting	31.34 50m
5 CAXARIA, Miguel Loucao			09	205908	Palmela Desporto	33.03 50m
6 FREITAS, Francisco Gabriel			09	214293	Gesloures	33.58 50m
7 ROCHA, Dinis Valente			09	208532	Estarreja/PROZINCO	33.72 50m
8 GOMES, Joao Abreu			09	210367	Naval do Funchal	34.06 50m
9 ANDRADE, Salvador Freitas			09	208851	Naval do Funchal	32.96 25m

Heat 2 of 7

0 SA, Tomas Ferreira			08	209928	Famalicao	32.09 25m
1 BESSA, Guilherme Simao			08	208436	Vilacondense	33.26 50m
2 FERNANDES, Tiago Manuel			08	205831	Ginasio Clube de Vila Real	32.99 50m
3 ANJOS, Nuno Miguel			08	140396	Galitos / Bresimar	32.49 50m
4 BENNETT, Aubry Armada			08	218668	Naval Setubalense	31.69 50m
5 BRAZ, Pedro Pereira			08	206536	CLIP Teams	32.26 50m
6 MELO, Jorge Lucas			08	212909	Desportivo de Campinho	32.57 50m
7 MORGADO, David Jesus			08	203407	Sporting	31.92 25m
8 BARROS, Jose Pedro			08	203324	Assoc. Desportiva Fafe	32.03 25m
9 KUNYK, Nestor			08	207678	Lagoa Academico Clube	32.07 25m

Event 13, Men, 50m Breaststroke, Prelim
Heat 3 of 7

0 DANIEL IONAS, Daniel	07	205631	Amadora	31.88	50m	_____
1 FERNANDES, Duarte Jose	06	205623	Clube Uniao 1919	31.72	50m	_____
2 NUNES, Duarte Ramos	07	131915	Galitos / Bresimar	30.66	50m	_____
3 RODRIGUES, Joao Carvalho	06	129939	Galitos / Bresimar	29.10	25m	_____
4 BONNIZ, Pedro Goncalves	06	202696	Benfica	28.61	25m	_____
5 MIMOSO, Rafael Miguel	07	202973	Benfica	28.94	25m	_____
6 CHOCAS, Rodrigo Martins	07	130042	Sporting	30.51	50m	_____
7 FERNANDES, Leonardo Freitas	06	209567	Famalicao	31.24	50m	_____
8 IGREJA, Pedro Roque	06	203964	Vilacondense	31.87	50m	_____
9 MARTINS, Henrique Ferreira	06	203907	Alges e Agueda XXI	32.17	50m	_____

Heat 4 of 7

0 GOMES, Filipe Miguel	97	107284	CNLeiria	29.87	50m	_____
1 GRENHO, Andre Tavares	99	120605	Geslours	28.31	25m	_____
2 GEORGE LAWRENCE, Matthew	03	217507	Vitoria Sport Clube	28.94	50m	_____
3 CARNEIRO, Joao Soares	03	205269	Benfica	27.49	25m	_____
4 AMORIM, Alexandre Ferreira	99	103953	Vitoria Sport Clube	28.21	50m	_____
5 QUINTAS, Francisco Robalo	95	26501	Sporting	27.14	25m	_____
6 NUNES, Carlos Daniel	05	132140	Benfica	28.79	50m	_____
7 FRISCHKNECHT, Renato Barros	01	122051	Sporting	27.98	25m	_____
8 PEREIRA, Tomas Coelho	05	133202	Penafiel	29.82	50m	_____
9 ALMEIDA, Bernardo Victorino	04	153357	Sporting	29.95	50m	_____

Heat 5 of 7

0 ESTEVES, Pedro Ferraz	99	118772	Natacao de Lisboa	30.83	50m	_____
1 SILVA, Rui Pedro	03	127555	Leixoes Sport Clube	30.61	50m	_____
2 ZENZA, Francisco Manuel	01	112097	Natacao da Maia	30.51	50m	_____
3 CUNHA, Joao Simons	02	124582	Leixoes Sport Clube	30.48	50m	_____
4 MAGALHAES, Andre Filipe	98	111394	Laranjeiro	30.01	50m	_____
5 MATEUS, Diogo Garcez	02	129622	Sporting	30.26	50m	_____
6 REBELO, Joao Lourenco	04	132558	Alges	30.50	50m	_____
7 CRISTINO, Guilherme Matias	03	132528	Uniao Piedense	30.58	50m	_____
8 TSYKAL, Daniel	04	128727	Sporting	30.62	50m	_____
9 ROSATTI, Giovanni	03		Team Nuoto Trento asd	29.75	25m	_____

Heat 6 of 7

EXH0 NEVES, Tiago Correia	SB15 H	97	125796	Os Belenenses	32.45	50m	_____
1 PROTUC, Daniel Cristiano		05	222172	Alges	30.34	25m	_____
2 PAIS, Joao Ventura		02	125615	Condeixa Aqua Clube	30.23	25m	_____
3 SANTOS, Afonso Amaro		02	131510	Geslours	30.11	25m	_____
4 BRITO, Bernardo Geada		02	130621	Uniao Piedense	31.08	50m	_____
5 CEPELEAGA, Marin		05	200223	Portinado	29.89	25m	_____
6 ROCHA, Rodrigo Manuel		05	200081	Sporting de Espinho	31.41	50m	_____
7 GOUVEIA, Afonso Martim		05	210095	FC Ferreiras/AlgarExperience	30.30	25m	_____
8 DOURADO, Alexandre Moreira		07	213891	Clube Naval Povoense	32.31	50m	_____
9 GONCALVES, Luis Pedro		08	146966	Braga	32.16	25m	_____

Event 13, Men, 50m Breaststroke, Prelim
Heat 7 of 7

EXH 3 CANCELA, Diogo Luis	SB8	1,2,4	02	124221	Louzan Natacao/EFAPEL	38.59	50m	_____
4 SILVA, Francisco Carvalho			09	132869	Naval Praia da Vitoria	33.12	25m	_____
EXH 5 CORDEIRO, Tomas Coelho	SB9	12+	04	130167	Individual ANC	34.52	50m	_____

Event 14
Women, 50m Breaststroke
**Open
Startlist Prelim**
05/04/2024 - 11:10

Rec Nac Open	30.73	RODRIGUES, Ana Pinho	EDV	Porto	2023
Rec Nac Sen	30.73	RODRIGUES, Ana Pinho	EDV	Porto	2023
Rec Nac Jun 17	31.60	CARVALHO, Joana Catarina	FCP	Coimbra	2009
Rec Nac Jun 16	31.92	RODRIGUES, Ana Pinho	POR	Gorzow Wlwp (POL)	2010
Rec Nac Juv A	32.04	, tempo limite			
Rec Nac Juv B	34.12	, tempo limite			

CEPL : 31.46 / TAC_Fem Juv B 50m: 38.75 - 25m: 37.74 / Fem Juv A 50m: 37.85 - 25m: 36.86; Jun 16 50m: 36.96 - 25m: 35.99;
Jun 17 50m: 36.78 - 25m: 35.81; Sen 1 50m: 36.06 - 25m: 35.11; Sen + 50m: 35.88 - 25m: 34.94

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 9						
0 BRITO, Rita Canas			10	210978	Naval Setubalense	37.36 25m _____
1 LOPES, Carolina Melo			10	211880	Portinado	37.04 25m _____
2 CARVALHO, Maria Duarte			10	211475	Benfica	36.95 25m _____
3 BRIZIDA, Sofia Roma			10	207308	Ba-Leiria	37.43 50m _____
4 SIMOES, Maria Neto			10	208358	Condeixa Aqua Clube	36.34 50m _____
5 AZEVEDO, Mariana Sa			10	205443	Sporting de Espinho	36.44 50m _____
6 CARVALHO, Matilde Brandao			10	211099	Fluvial Portuense	37.58 50m _____
7 ALMEIDA, Leonor Sobreiro			10	213045	CASP AE	38.24 50m _____
8 GOMES, Rita Braga			10	213921	Sporting	37.17 25m _____
9 MELO, Ines Ribeiro			10	140527	Galitos / Bresimar	38.70 50m _____

Heat 2 of 9

0 VERISSIMO, Ines Maria	09	209394	Alges	37.20	50m	_____
1 BATISTA, Beatriz Ferreira	09	205653	CPCD Povia de Santa Iria	36.77	50m	_____
2 OLIVEIRA, Maria Teresa	09	207314	Ba-Leiria	36.48	50m	_____
3 SA, Vanessa Fernandes	09	209814	Naval do Funchal	36.32	50m	_____
4 COUTINHO, Eva Alexandra	09	208558	CMNPR	34.87	50m	_____
5 BRAZ, Maria Manuel	09	209417	Ginasio Clube de Vila Real	35.35	50m	_____
6 MESSIAS, Madalena Azevedo	09	209662	Sporting	35.21	25m	_____
7 RODRIGUES, Daniela Pina	09	208657	Gesloures	36.69	50m	_____
8 GAIBU, Daria Taturevici	09	212924	Portinado	35.71	25m	_____
9 PEREIRA, Beatriz Maciel	09	213928	Escola Desportiva de Viana	36.41	25m	_____

Event 14, Women, 50m Breaststroke, Prelim
Heat 3 of 9

0 RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	35.64	50m	_:._.:
1 SILVA, Nuria Soares	07	203604	Sporting Clube Sao Joao Ver	35.19	50m	_:._.:
2 REBELO, Angela Rodrigues	07	131719	Louzan Natacao/EFAPEL	33.40	25m	_:._.:
3 MIRANDA, Matilde Pinguicha	08	132640	Galitos / Bresimar	34.21	50m	_:._.:
4 PARENTE, Leonor Peso	07	208092	Palmela Desporto	32.76	25m	_:._.:
5 BERGAMO, Emma Aguiar	07	202965	Alges	33.00	25m	_:._.:
6 GUERRA, Matilde Militao	08	208968	Colegio Int Monte Maior	34.26	50m	_:._.:
7 LEAL, Matilde Barros	07	132883	Aquatico Pacense	35.03	50m	_:._.:
8 LEITE, Maria Alexandra	08	204345	Braga	34.35	25m	_:._.:
9 PEREIRA, Beatriz Azevedo	07	203589	Sporting Clube Sao Joao Ver	35.89	50m	_:._.:

Heat 4 of 9

0 RIBEIRO, Maria Joao	05	133241	Sporting Clube Sao Joao Ver	34.22	50m	_:._.:
1 JESUS, Mariana Teixeira	06	200025	Estarreja/PROZINCO	34.05	50m	_:._.:
2 ALMEIDA, Ana Rita	05	201629	Desportivo de Campinho	33.75	50m	_:._.:
3 RODRIGUES, Lidiana Correia	04	130399	Os Belenenses	33.08	50m	_:._.:
4 RODRIGUES, Ana Pinho	94	13372	Escola Desportiva de Viana	30.73	50m	_:._.:
5 BORGES, Claudia Ferreira	99	116591	Olhao	32.94	50m	_:._.:
6 NUNES, Margarida Domingues	05	201398	Sporting	33.34	50m	_:._.:
7 CERDEIRA, Madalena Reis	03	130053	Sporting	33.89	50m	_:._.:
8 ANTUNES, Rebeca Leonor	06	148284	Benfica	34.09	50m	_:._.:
9 LEITAO, Rita Fernandes	96	25571	Porto	34.42	50m	_:._.:

Heat 5 of 9

0 FERNANDES, N'Hara Estevaeo	06	216077	Fluvial Portuense	35.16	50m	_:._.:
1 ALVES, Andreia Wongsangnoi	03	130956	Os Belenenses	35.04	50m	_:._.:
2 CARVALHO, Bruna Cruz	03	127518	Louzan Natacao/EFAPEL	34.87	50m	_:._.:
3 FERREIRA, Joana Rosa	05	130757	CNLeiria	34.75	50m	_:._.:
4 CASTRO, Maria Freitas	03	124809	Porto	34.54	50m	_:._.:
5 RINGUE, Pauline	97	216323	Naval do Funchal	34.64	50m	_:._.:
6 LOURENCO, Beatriz Vale	05	204613	Portinado	33.66	25m	_:._.:
7 SEQUEIRA, Catarina Costa	98	119735	Natacao de Lisboa	33.85	25m	_:._.:
8 CARDOSO, Eduarda Oliveira	06	205428	Associacao Estamos Juntos	35.13	50m	_:._.:
9 VEIGA, Ana Filipa	01	125558	Gafanha da Encarnacao	34.05	25m	_:._.:

Heat 6 of 9

0 VASCONCELOS, Lara Rodrigues	05	128983	Galitos / Bresimar	35.83	50m	_:._.:
1 RIESENBERGER, Bruna Martins	97	105541	Laranjeiro	35.68	50m	_:._.:
2 LOPES DE FREITAS, Maria	97	122994	Vitoria Sport Clube	34.44	25m	_:._.:
3 SA, Madalena Correa	06	201548	Benfica	35.36	50m	_:._.:
4 ALMEIDA, Beatriz Matias	06	200222	Lagoa Academico Clube	35.23	50m	_:._.:
5 RODRIGUES, Luana Correia	01	121504	Os Belenenses	35.35	50m	_:._.:
6 LOPES, Margarida Santos	04	125564	Estarreja/PROZINCO	35.46	50m	_:._.:
7 PINHEIRO, Francisca Sena	05	129598	Ginasio Clube de Vila Real	35.63	50m	_:._.:
8 CABRAL, Nuria Costa	06	153420	Bombeiros de Ponta Delgada	35.74	50m	_:._.:
9 SANTOS, Margarida Ascenso	08	209004	Natacao de Valongo	35.98	50m	_:._.:

Event 14, Women, 50m Breaststroke, Prelim

Heat 7 of 9

0 CUNHA, Beatriz Teixeira	07	204727	Leixoes Sport Clube	36.46	50m	___:___:___
1 CARDOSO, Mafalda Rodrigues	07	205435	Sporting Clube Sao Joao Ver	36.38	50m	___:___:___
2 AUGUSTO, Raquel Rodrigues	07	202485	FC Ferreiras/AlgarExperience	35.13	25m	___:___:___
3 BRAZ, Sofia Pereira	07	206537	CLIP Teams	36.14	50m	___:___:___
4 RODRIGUES, Luisa Goncalves	08	202678	Fisica Torres Vedras	36.06	50m	___:___:___
5 GOMES, Francisca Martins	07	207830	Porto	34.99	25m	___:___:___
6 BARROS, Erica Ferreira	08	151596	Aquatico Pacense	36.23	50m	___:___:___
7 SANTOS, Rita Machita	07	205379	Naval Setubalense	36.34	50m	___:___:___
8 NASCIMENTO, Leonor Serrao	08	205949	Alges	36.42	50m	___:___:___
9 LAMEIRA, Lara Martins	08	201091	Leixoes Sport Clube	35.32	25m	___:___:___

Heat 8 of 9

1 FERREIRA, Mariana Pinto	08	206487	Foca Quinta Da Lixa - Cnf	35.95	25m	___:___:___
2 GOMES, Rita Silva	08	200932	Colegio Efanor	35.70	25m	___:___:___
3 MENDES, Marta Barbosa	07	205684	Feirense	36.75	50m	___:___:___
4 TEIXEIRA, Joana Navega	07	200355	Fluvial Portuense	36.70	50m	___:___:___
5 PEREIRA, Julia Freitas	08	206800	Naval do Funchal	36.72	50m	___:___:___
6 GOMES, Beatriz Silva	08	207357	Gesloures	36.78	50m	___:___:___
7 CASTRO, Laura Doellinger	08	201105	Assoc. Desportiva Fafe	35.89	25m	___:___:___
8 PEIXOTO, Mafalda Coelho	09	206406	Vitoria Sport Clube	37.62	50m	___:___:___

Heat 9 of 9

3 SILVA, Rita Mota	10	208180	Palmela Desporto	37.58	25m	___:___:___
4 PIRES, Rita Lobo	09	205497	Natacao do Fundao/Girassol	37.64	50m	___:___:___
5 SANTOS, Carlota Ganito	09	201019	Galitos / Bresimar	36.83	25m	___:___:___

Event 15 **Open**
05/04/2024 - 11:20 **Startlist Prelim**
Men, 100m Butterfly

Rec Nac Open	51.17	RIBEIRO, Diogo Matos	POR	Doha (QAT)	2024
Rec Nac Sen	51.17	RIBEIRO, Diogo Matos	POR	Doha (QAT)	2024
Rec Nac Jun 18	51.61	RIBEIRO, Diogo Matos	POR	Roma (ITA)	2022
Rec Nac Jun 17	52.54	RIBEIRO, Diogo Matos	POR	Roma (ITA)	2021
Rec Nac Juv A	56.05	VAKULYUK, Paulo	CNTN	Funchal	2019
Rec Nac Juv B	56.61	RIBEIRO, Diogo Matos	CUC	Funchal	2019

CEJun_Masc 15 - 18: 55.25 / CEPL : 52.28 / JO : 51.67 / TAC_Masc Juv B 50m: 1:03.61 - 25m: 1:02.28 / Masc Juv A 50m: 1:02.15 - 25m: 1:00.85; Jun 17 50m: 1:00.40 - 25m: 59.14; Jun 18 50m: 1:00.11 - 25m: 58.85; Sen 1º 50m: 58.65 - 25m: 57.43; Sen + 50m: 58.36 - 25m: 57.14

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
2 LOURENCO, Daniel Alexandre			09	214004	Sporting	1:03.52 50m : : . . .
3 NUNES, Joao Tomas			09	211145	Olhao	59.93 25m : : . . .
4 FERREIRA, Tomas Pascoal			09	208129	Ba-Leiria	59.25 50m : : . . .
5 OLIVEIRA, Miguel Reis			09	214174	Vitoria Sport Clube	59.35 50m : : . . .
6 MARRAZES, Guilherme Meireles			09	152840	Nautico Marinha Grande	1:03.17 50m : : . . .
7 MADEIRA, Xavier Rosa			09	212301	Laranjeiro	1:02.15 25m : : . . .

Heat 2 of 7						
1 SILVA, Vasco Henrique			08	201107	Assoc. Desportiva Fafe	1:00.80 25m : : . . .
2 CEGONHO, Tomas Mamede			08	207455	Natacao de Beja	1:00.20 25m : : . . .
3 SOUSA, Bernardo Filipe			08	215266	Alges	1:01.99 50m : : . . .
4 FERREIRA, Duarte Santos			08	200643	Porto	58.80 50m : : . . .
5 RODRIGUES, Guilherme Gomes			08	208353	Naval do Funchal	1:01.52 50m : : . . .
6 SANTOS, Francisco Pereira			08	202612	Sporting de Espinho	1:02.13 50m : : . . .
7 PEREIRA, Francisco Miguel			08	201111	Fluvial Portuense	1:00.37 25m : : . . .
8 MEIRELES, Rodrigo Silva			08	140099	Sporting Clube de Aveiro	1:00.82 25m : : . . .

Heat 3 of 7						
0 MOURA, Leonardo Cunha			07	205462	Foca Quinta Da Lixa - Cnf	58.65 50m : : . . .
1 TONA, Luca Valentino			06	203165	Pimpoes/Cimai	58.15 50m : : . . .
2 ROQUE, Afonso Dinis			07	205541	CNLeiria	57.64 50m : : . . .
3 MACHADO, Bernardo Magalhaes			06	129920	Desportivo Nacional	57.62 50m : : . . .
4 PEREIRA, Rodrigo Ferreira			06	205524	Famalicao	57.05 50m : : . . .
5 TAVARES, Daniel Batista			06	202604	Braga	57.34 50m : : . . .
6 RAMOS, Andre Miguel			07	209022	Fisica Torres Vedras	57.62 50m : : . . .
7 FRANCISCO, Joao Moura			07	205724	CNLeiria	57.91 50m : : . . .
8 HERRERO, Miguel Mera			06	151461	Sporting	58.19 50m : : . . .
9 MORAIS, David Miguel			06	153428	Benfica	59.07 50m : : . . .

Event 15, Men, 100m Butterfly, Prelim
Heat 4 of 7

0 RIBEIRO, Gustavo Carvalhais	03	121864	Alges	55.54	50m	_____
1 APSENIECE, Kevins Alexandre	04	128451	Porto	54.92	50m	_____
2 SILVA, Henrique Gomes	02	120860	Benfica	54.81	50m	_____
3 DEL RIEGO TORRES, Teo	06		Spain	53.92	50m	_____
4 GONZALEZ ALVAREZ, Arbidel	02		Spain	52.61	50m	_____
5 MARTINEZ NOVOA, Miguel	00		Spain	53.35	50m	_____
6 LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	54.17	50m	_____
7 SANTOS, Pedro Andre	94	15732	Alges	54.87	50m	_____
8 SCHILLING, Leonardo	93	209678	Porto	55.13	50m	_____
9 MORGADO, Vasco Alves	05	147123	Alges	56.04	50m	_____

Heat 5 of 7

0 OVIEDO, Miguel Freitas	02	130017	Academica de Coimbra	57.64	50m	_____
1 COSTA, Joao Peres	04	130322	Naval Praia da Vitoria	57.53	50m	_____
2 GOUVEIA, Luis Galvao	05	127884	Desportivo Nacional	56.88	50m	_____
3 PEDROSA, Carlos Lopes	94	102149	Bombeiros de Ponta Delgada	56.59	50m	_____
4 VIEIRA, Francisco Ribeiro	04	130443	Fisica Torres Vedras	56.20	50m	_____
5 COSTA, Diogo Santos	02	126007	Benfica	56.45	50m	_____
6 SIMOES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	56.77	50m	_____
7 CORDEIRO, Tiago Roberto	00	205275	Os Belenenses	56.95	50m	_____
8 GORDO, Goncalo Morais	02	126006	Colegio Int Monte Maior	57.60	50m	_____
9 GRENHO, Andre Tavares	99	120605	Geslourses	58.21	50m	_____

Heat 6 of 7

0 ANISI, Kurosh	06	218754	Aquatico Silves	59.92	50m	_____
1 CARVALHO, Artur Guterres	06	202266	Vilacondense	59.83	50m	_____
2 ROCHA, Joao Pedro	02	121839	Viana Natacao	57.10	25m	_____
3 FERREIRA, Ricardo Pinela	01	122050	Alges	56.71	25m	_____
4 ALMEIDA, Miguel Cordeiro	05	200392	Alges	58.22	50m	_____
5 OLIVEIRA, Diogo Alexandre	05	130414	Braga	56.40	25m	_____
6 ROLDAN CABEZA, Fernando	09	220141	Louletano / Loule Concelho	58.77	50m	_____
7 BRANDAO, Tiago Lopes	07	131917	Sporting Clube de Aveiro	59.24	50m	_____
8 PINTO, Andre Deniz	06	220271	Sporting	59.84	50m	_____

Heat 7 of 7

3 OLIVEIRA, Afonso Miguel	07	148420	Juventude Atlantico Clube	58.38	25m	_____
4 MEJIAS, Jesus Alberto	09	218311	Individual ANL	57.95	25m	_____
5 COSTA, Antonio Miguel	07	202259	Assoc. Desportiva Fafe	1:00.02	50m	_____

Event 16 Women, 100m Butterfly Open
Startlist Prelim

05/04/2024 - 11:30

Rec Nac Open	58.76	OLIVEIRA, Sara Freitas	POR	Budapeste (HUN)	2010
Rec Nac Sen	58.76	OLIVEIRA, Sara Freitas	POR	Budapeste (HUN)	2010
Rec Nac Jun 17	1:00.11	CUNHA, Mariana Pacheco	POR	Porto	2021
Rec Nac Jun 16	1:01.48	CRUZ, Sara Francisco	ADBA	Faro	2009
Rec Nac Juv A	1:01.69	CUNHA, Mariana Pacheco	CFP	Funchal	2019
Rec Nac Juv B	1:02.99	FERNANDES, Carolina Miranda	POR	Baku (AZE)	2019

CEJun_Fem 14 - 18: 1:01.69 / CEPL : 59.08 / JO : 57.92 / TAC_Fem Juv B 50m: 1:12.14 - 25m: 1:10.50 / Fem Juv A 50m: 1:10.47 - 25m: 1:08.87; Jun 16 50m: 1:08.80 - 25m: 1:07.24; Jun 17 50m: 1:08.47 - 25m: 1:06.91; Sen 1 50m: 1:07.13 - 25m: 1:05.61; Sen + 50m: 1:06.80 - 25m: 1:05.28

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
3 BARROSO, Juliana Bushe			10	201862	FC Ferreiras/AlgarExperience	1:10.95 50m : :
4 TAVEIRA, Carolina Ratola			10	209341	Galitos / Bresimar	1:06.18 50m : :
5 BERNAT, Alicia Del Rio			10	212723	Alges	1:08.74 25m : :
6 RIBEIRO, Guida Drumond			10	208351	Naval do Funchal	1:09.73 25m : :
Heat 2 of 6						
3 FERNANDES, Joana Sofia			09	208735	Nacional de Natacao	1:09.40 50m : :
4 COSTA, Uxia Romero			09	208443	Fluvial Portuense	1:08.86 50m : :
5 TOMAS, Constanca Baptista			09	206496	Alcobaca	1:09.18 50m : :
6 MATEUS, Eleine Vieira			09	206350	Desportivo Nacional	1:08.41 25m : :
Heat 3 of 6						
0 PAIXAO, Maria Saraiva			08	152960	Galitos / Bresimar	1:07.22 50m : :
1 MARQUES, Gabriela Silva			07	206559	Braga	1:06.93 50m : :
2 SILVA, Carolina Martins			07	205709	Estarreja/PROZINCO	1:06.37 50m : :
3 SOUSA, Maria Rita			07	201853	Escola Desportiva de Viana	1:06.13 50m : :
4 ROJAS, Zara Alejandra			07	217329	Desportivo Nacional	1:01.94 25m : :
5 DIAS, Beatriz Costa			08	204424	Aquatico Pacense	1:06.00 50m : :
6 ALMEIDA, Maria Emilia			07	131568	Colegio Efanor	1:06.22 50m : :
7 OLIVEIRA, Leonor Carvalho			07	200901	Naval Setubalense	1:05.13 25m : :
8 SOARES, Leonor Carvalho			08	200784	Porto	1:05.24 25m : :
9 MANO, Leonor Mil			07	202991	Nautico Academico	1:08.08 50m : :
Heat 4 of 6						
0 LIMA, Lia Ana			01	205396	Benfica	1:03.98 50m : :
1 HENRIQUES, Ines Jacinto			00	120220	Louzan Natacao/EFAPEL	1:02.13 50m : :
2 PESSANHA, Maria Luiza			00	219301	Naval do Funchal	59.71 25m : :
3 GUEDES, Ana Margarida			01	109087	Ginasio Clube de Vila Real	58.64 25m : :
4 CUNHA, Mariana Pacheco			04	124577	Colegio Efanor	58.87 50m : :
5 CABANES GARZAS, Laura			06		Spain	59.95 50m : :
6 MONTEIRO, Ana Catarina			93	24320	Vilacondense	1:00.65 50m : :
7 FERNANDES, Carolina Miranda			05	127797	Galitos / Bresimar	1:01.49 50m : :
8 TEJO, Beatriz Costa			02	122103	Academica de Coimbra	1:03.02 50m : :
9 ANDRE, Leticia Maia			02	132801	Benfica	1:02.45 25m : :

Event 16, Women, 100m Butterfly, Prelim
Heat 5 of 6

0 FIDALGO, Maria Jardim	04	131429	Colegio Vasco da Gama	1:05.89	50m	___:___:___
1 MONTEIRO, Ana Carolina	04	129474	Clube Uniao 1919	1:05.61	50m	___:___:___
2 BROCHADO, Mariana Goncalves	06	200620	Viana Natacao	1:03.49	25m	___:___:___
3 VARGAS, Giovanna Vaz	00	110957	Nautico Marinha Grande	1:04.49	50m	___:___:___
4 FERREIRA, Francisca Santos	06	200402	Alges	1:04.30	50m	___:___:___
5 CATALAO, Leonor Tavares	06	202215	Sporting	1:04.35	50m	___:___:___
6 MOURA, Maria Ferreira	04	131382	Sporting	1:04.50	50m	___:___:___
7 FERNANDES, Filipa Viamonte	02	122198	Vitoria Sport Clube	1:05.20	50m	___:___:___
8 BENTO, Maria Madalena	05	127217	Alges	1:05.77	50m	___:___:___
9 SANTOS, Beatriz Rocha	02	129667	Desportivo de Campinho	1:06.30	50m	___:___:___

Heat 6 of 6

3 CAMARA, Ines Cruz	07	131346	Desportivo Nacional	1:08.33	50m	___:___:___
4 TOME, Madalena Rodrigues	03	126829	Os Belenenses	1:06.51	50m	___:___:___
5 JORGE, Luisa Ponte	07	204158	Uniao Piedense	1:06.41	25m	___:___:___
6 SILVA, Carlota Filipa	08	209557	Portinado	1:08.67	50m	___:___:___

Event 17
Men, 50m Backstroke
Open
05/04/2024 - 11:40
Startlist Prelim

Rec Nac Open	25.28	SANTOS, Alexis Manacas	POR	Budapest (HUN)	2021
Rec Nac Open	25.28	COSTA, Joao Nogueira	POR	Fukuoka (JPN)	2023
Rec Nac Sen	25.28	SANTOS, Alexis Manacas	POR	Budapest (HUN)	2021
Rec Nac Sen	25.28	COSTA, Joao Nogueira	POR	Fukuoka (JPN)	2023
Rec Nac Jun 18	26.22	COSTA, Joao Nogueira	POR	Budapest (HUN)	2019
Rec Nac Jun 17	26.67	COSTA, Diogo Santos	ADRCIMM	Oeiras	2019
Rec Nac Juv A	27.46	AZEVEDO, Goncalo Carlos	CNMAIA	Funchal	2023
Rec Nac Juv B	27.97	OLIVEIRA, Miguel Reis	POR	Funchal	2024

CEPL : 25.29 / TAC_Masc Juv B 50m: 31.12 - 25m: 29.62 / Masc Juv A 50m: 30.41 - 25m: 28.94; Jun 17 50m: 29.55 - 25m: 28.12; Jun 18 50m: 29.41 - 25m: 27.99; Sen 1º 50m: 28.69 - 25m: 27.31; Sen + 50m: 28.55 - 25m: 27.17

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
2 GUIMARAES, Joao Cesar			09	203591	CLIP Teams	30.63 50m ___:___:___
3 JOAQUIM, Henrique Martins			09	207318	CNLeiria	29.87 50m ___:___:___
4 OLIVEIRA, Miguel Reis			09	214174	Vitoria Sport Clube	27.97 50m ___:___:___
5 PIRES, Daniel Ducatti			09	220208	Naval Setubalense	29.45 50m ___:___:___
6 GODINHO, Hugo Pacheco			09	208765	Sporting	30.54 50m ___:___:___
7 MANUEL, Tiago Trindade			09	205937	Palmela Desporto	31.08 50m ___:___:___

Event 17, Men, 50m Backstroke, Prelim
Heat 2 of 7

3 MOREIRA, Antonio Pedro	08	203429	Colegio Efanor	30.14	50m	__:	__.	__.
4 ONUTSKYY, Mikhael	08	207253	Pimpoes/Cimai	28.01	50m	__:	__.	__.
5 OLIVEIRA, Pedro Saad	08	141892	Sporting	29.16	50m	__:	__.	__.
6 RODRIGUES, Pedro Caiada	08	206431	Benfica	28.88	25m	__:	__.	__.

Heat 3 of 7

0 CORREIA, Rodrigo Filipe	07	210429	Porto	28.21	50m	__:	__.	__.
1 MENESES, Martim Ribeiro	06	200854	O Crasto	27.98	50m	__:	__.	__.
2 GONCALVES, Manuel Alves	06	148528	Celorico Basto	27.56	50m	__:	__.	__.
3 PITA, Pedro Miguel	06	201963	Naval do Funchal	27.30	50m	__:	__.	__.
4 SILVA, Francisco Araujo	06	132331	Famalicao	26.98	50m	__:	__.	__.
5 RODRIGUES, Rodrigo Vieira	06	129787	Sporting de Espinho	27.01	50m	__:	__.	__.
6 JANUARIO, Tomas Maia	06	202694	Benfica	27.37	50m	__:	__.	__.
7 FREITAS, Afonso Bjork	07	208727	Nacional de Natacao	27.77	50m	__:	__.	__.
8 VIEIRA, Antonio Coelho	06	141506	Sporting	28.14	50m	__:	__.	__.
9 NEVES, Tiago Brazao	07	204426	Naval do Funchal	28.32	50m	__:	__.	__.

Heat 4 of 7

0 SILVA, Diogo Miguel	05	133049	Galitos / Bresimar	27.53	50m	__:	__.	__.
1 ROCHA, Ricardo Filipe	02	121787	Aquatico Pacense	26.75	50m	__:	__.	__.
2 NARVAEZ, Alejandro Rueda	02	214803	Louletano / Loule Concelho	26.28	50m	__:	__.	__.
3 ORTEGA NAVARRO, Pablo	04		Spain	25.86	50m	__:	__.	__.
4 SARAVIA, Ulises	05		Argentina	24.95	50m	__:	__.	__.
5 COSTA, Joao Nogueira	01	124315	Vitoria Sport Clube	25.28	50m	__:	__.	__.
6 COSTA, Diogo Santos	02	126007	Benfica	26.16	50m	__:	__.	__.
7 SANTOS, Francisco Rogerio	98	120268	Sporting	24.62	25m	__:	__.	__.
8 SANTOS, Ricardo Matias	05	209305	Louzan Natacao/EFAPEL	27.40	50m	__:	__.	__.
9 ALMEIDA, Miguel Cordeiro	05	200392	Alges	27.57	50m	__:	__.	__.

Heat 5 of 7

0 LIMA, Gaspar Pinheiro	04	127892	Leixoes Sport Clube	28.27	50m	__:	__.	__.
1 REMELHE, Joao Anibal	05	130349	Braga	28.08	50m	__:	__.	__.
2 BARAONA, Andre Azevedo	04	123965	Palmela Desporto	27.81	50m	__:	__.	__.
3 MARQUES, Andre Henriques	05	129665	Benfica	27.67	50m	__:	__.	__.
4 FERNANDES, Joao Diogo	98	121542	Os Belenenses	27.64	50m	__:	__.	__.
5 POLIAKOV, A.	93	11114	Clube Oriental de Lisboa	25.80	25m	__:	__.	__.
6 ZENZA, Francisco Manuel	01	112097	Natacao da Maia	25.88	25m	__:	__.	__.
7 CEPELEAGA, Marin	05	200223	Portinado	27.89	50m	__:	__.	__.
8 SANTOS, Goncalo Teixeira	94	25310	Assoc Nadadores Estoris	28.09	50m	__:	__.	__.
9 FURTADO, Yussen Rafael	05	220205	Os Belenenses	28.31	50m	__:	__.	__.

Event 17, Men, 50m Backstroke, Prelim
Heat 6 of 7

0	SOROKOVKIN, Dinis Vlasov	06	130932	Sporting Clube de Aveiro	28.93	50m	_____
1	OLIVEIRA, Tomas Ferreira	06	151457	Natacao da Maia	28.83	50m	_____
2	ROJAS, Jean Louis	05	217332	Desportivo Nacional	28.68	50m	_____
3	COSTA, Tiago Mendes	07	201132	Famalicao	28.47	50m	_____
4	PINTO, Andre Deniz	06	220271	Sporting	28.45	50m	_____
5	LOURENCO, Tiago Campos	02	127923	Natacao de Valongo	28.45	50m	_____
6	COLACO, Goncalo Pereira	07	205720	CNLeiria	28.62	50m	_____
7	CRISTINO, David Matias	01	127872	Uniao Piedense	26.78	25m	_____
8	SILVA, Lourenco Lopes	07	202104	Uniao Piedense	28.92	50m	_____
9	ALVES, Rodrigo Castro	06	153304	Escola Desportiva de Viana	29.17	50m	_____

Heat 7 of 7

EXH0	MENESES, Marco Ribeiro	S11	T	01	204993	O Crasto	31.47	50m	_____
1	DURAO, Miguel Costa	06		06	201051	Braga	27.53	25m	_____
2	DZYAKANAU, Alexandre	07		07	131765	Louzan Natacao/EFAPEL	29.33	50m	_____
3	PEREIRA, Pedro Santos	06		06	202814	Leixoes Sport Clube	29.29	50m	_____
4	CALHELHA, Afonso Rodrigues	07		07	208048	Colegio Int Monte Maior	29.21	50m	_____
5	OLIVEIRA, Dario Rafael	07		07	202643	Portinado	29.26	50m	_____
6	SIMAO, Pedro Afonso	07		07	213351	FC Ferreiras/AlgarExperience	29.32	50m	_____
7	CARVALHO, Luis Filipe	07		07	132279	Clube Naval Povoense	29.41	50m	_____
8	KOVALCHUK, Herman	06		06	147658	Ginasio Clube de Vila Real	27.92	25m	_____

Event 18
Women, 50m Backstroke
Open
05/04/2024 - 11:55
Startlist Prelim

Rec Nac Open	28.24	AZEVEDO, Rafaela Gomes	SAD	Oeiras	2021
Rec Nac Sen	28.24	AZEVEDO, Rafaela Gomes	SAD	Oeiras	2021
Rec Nac Jun 17	28.55	AZEVEDO, Rafaela Gomes	POR	Kazan (RUS)	2019
Rec Nac Jun 17	28.55	AZEVEDO, Rafaela Gomes	POR	Budapest (HUN)	2019
Rec Nac Jun 16	29.33	AZEVEDO, Rafaela Gomes	SAD	Oeiras	2018
Rec Nac Juv A	29.42	, tempo limite			
Rec Nac Juv B	30.52	, tempo limite			

CEPL : 28.40 / TAC_Fem Juv B 50m: 35.12 - 25m: 33.71 / Fem Juv A 50m: 34.31 - 25m: 32.93; Jun 16 50m: 33.50 - 25m: 32.15;
Jun 17 50m: 33.33 - 25m: 31.99; Sen 1 50m: 32.68 - 25m: 31.37; Sen + 50m: 32.52 - 25m: 31.21

Lane	Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 9							
0	PETERSSON, Violeta Reis	10			213282	Louletano / Loule Concelho	34.55 50m _____
1	FERNANDES, Mariana Mesquita	10			212451	Braga	34.05 50m _____
2	AZEVEDO, Constanca Lourenco	10			213367	Lagoa Academico Clube	33.95 50m _____
3	BRITO, Rita Canas	10			210978	Naval Setubalense	33.33 50m _____
4	CARVALHO, Matilde Brandao	10			211099	Fluvial Portuense	31.39 50m _____
5	NOGUEIRA, Cloe Canadas	10			209151	Colegio Efanor	32.21 50m _____
6	ESTRELA, Ema Ferreira	10			212145	Leixoes Sport Clube	33.94 50m _____
7	GUERRA, Carolina Escrevente	10			212746	Alges	33.97 50m _____
8	SOARES, Beatriz Guerra	10			206400	Leixoes Sport Clube	34.22 50m _____
9	LIMA, Sara Marques	10			210508	CASPAE	34.74 50m _____

Event 18, Women, 50m Backstroke, Prelim
Heat 2 of 9

0 SANTOS, Ines Sousa	09	202667	Vilacondense	33.57	50m	_____
1 COSTA, Leonor Martins	09	205320	Natacao de Lagos	33.35	50m	_____
2 FIALHO, Matilde Lopes	09	208396	Palmela Desporto	32.90	50m	_____
3 RIBEIRO, Ines Carvalhinho	09	203712	Natacao da Maia	32.61	50m	_____
4 GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	31.05	50m	_____
5 CLARA, Beatriz Belo	09	205723	CNLeiria	31.97	50m	_____
6 NOVAIS, Mariana Silvestre	09	209908	Portinado	32.71	50m	_____
7 MATIAS, Alana Costa	09	209589	Clube Uniao 1919	33.30	50m	_____
8 BAPTISTA, Carolina Sofia	09	208839	Estarreja/PROZINCO	33.55	50m	_____
9 ANTUNES, Ana Moreira	09	203682	Famalicao	33.69	50m	_____

Heat 3 of 9

0 ROLIM, Beatriz Alexandra	08	207351	Palmela Desporto	32.24	50m	_____
1 SIMOES, Dania Rodrigues	07	133520	Louzan Natacao/EFAPEL	31.88	50m	_____
2 MENDES, Rafaela Ferreira	08	200571	Torres Novas	31.67	50m	_____
3 CASALINHO, Catarina Castro	07	202624	Estarreja/PROZINCO	31.59	50m	_____
4 MESQUITA, Mafalda Martins	07	202805	Famalicao	31.15	50m	_____
5 RODRIGUES, Maria Leonor	07	203917	Fundacao Salesianos	31.57	50m	_____
6 NEVES, Maria Gomes	08	204347	Braga	31.67	50m	_____
7 SILVA, Nuria Resende	07	210934	UD Oliveirense/FERSILVA	31.79	50m	_____
8 ANTONIO, Rafaela Mariano	07	207751	Portinado	32.20	50m	_____
9 GOMES, Barbara Sofia	07	147188	Leixoes Sport Clube	32.29	50m	_____

Heat 4 of 9

0 MARQUES, Mariana Nunes	03	126768	Estarreja/PROZINCO	31.76	50m	_____
1 ROMAO, Ana Teresa	06	200128	FC Ferreiras/AlgarExperience	31.42	50m	_____
2 SALGADO, Soraia Maria	05	132513	Fisica Torres Vedras	30.90	50m	_____
3 GARRIDO MALVAR, Nahia	07		Spain	29.40	50m	_____
4 AZEVEDO, Rafaela Gomes	02	122048	Alges	28.56	50m	_____
5 REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	28.65	50m	_____
6 KHOURY, Marie	01		Lebanon	30.77	50m	_____
7 EIRA, Maria Carolina	05	130388	Ginasio Clube de Vila Real	31.03	50m	_____
8 RODRIGUES, Luana Correia	01	121504	Os Belenenses	31.54	50m	_____
9 CAMACHO, Carolina Martins	06	202646	Benfica	31.86	50m	_____

Heat 5 of 9

0 CORREIA, Matilde Ribeiro	04	210936	UD Oliveirense/FERSILVA	32.52	50m	_____
1 MARQUES, Matilde Catroga	08	205880	Colegio Int Monte Maior	32.51	50m	_____
2 FERREIRA, Maria Joao	06	132732	Foca Quinta Da Lixa - Cnf	32.47	50m	_____
3 TEIXEIRA, Ines Correia Teixeira	06	133334	Amadora	32.45	50m	_____
4 MAGALHAES, Luana Cardoso	06	201688	Alges	32.24	50m	_____
5 MENDES, Matilde Marques	08	152959	Gafanha da Encarnacao	32.41	50m	_____
6 BOLEIXA, Carlota Costa	08	206163	Louletano / Loule Concelho	30.38	25m	_____
7 AMADO, Maria Lopes	04	131517	Sporting	32.48	50m	_____
8 MARQUES, Margarida Catroga	08	205879	Colegio Int Monte Maior	32.51	50m	_____
9 SILVA, Beatriz Machado	06	132774	Braga	32.54	50m	_____

Event 18, Women, 50m Backstroke, Prelim

Heat 6 of 9

0 MENDES, Ana Sebastiao	04	129455	Aquatico Silves	30.84	25m	_____
1 NEVES, Barbara Maria	08	209449	Alges	32.80	50m	_____
2 SILVA, Lara Pinho	07	204992	Feirense	32.68	50m	_____
3 DUARTE, Cristiana Sofia	07	207717	Academica de Coimbra	32.62	50m	_____
4 SOARES, Miriam Mortagua	06	129027	Galitos / Bresimar	32.57	50m	_____
5 NETO, Leonor Rodrigues	07	201962	Naval do Funchal	32.62	50m	_____
6 CABRAL, Carolina Vizinho	07	206307	CN Vagos	32.67	50m	_____
7 GOMES, Sofia Vega	08	206798	Naval do Funchal	32.73	50m	_____
8 AMADOR, Erica Domitila	07	202625	Estarreja/PROZINCO	32.87	50m	_____
9 JARDIM, Lara Filipa	06	200830	Naval do Funchal	30.89	25m	_____

Heat 7 of 9

0 MAGALHAES, Matilde Esteves	09	207334	Sporting Club Caminhense	33.99	50m	_____
1 CASTRO, Marta Antunes	09	140055	Sporting Clube de Aveiro	33.77	50m	_____
2 FERRARI, Maria Carlotta	07	203867	Benfica	33.27	50m	_____
3 FIGUEIRA, Madalena Almeida	07	130765	Academico Viseu	33.04	50m	_____
4 PEREIRA, Julia Freitas	08	206800	Naval do Funchal	33.00	50m	_____
5 SILVA, Carlota Filipa	08	209557	Portinado	33.03	50m	_____
6 MIRANDA, Matilde Pinguicha	08	132640	Galitos / Bresimar	33.09	50m	_____
7 OLIVEIRA, Francisca Pinto	09	203803	Galitos / Bresimar	33.73	50m	_____
8 GALANTE, Filipa Carvalho	09	203195	Vilacondense	33.78	50m	_____
9 SANTOS, Caetana Amado	09	144755	Miranda do Corvo	34.04	50m	_____

Heat 8 of 9

0 INACIO, Debora Silva	10	209102	Pimpoes/Cimai	34.95	50m	_____
1 ALVES, Diana Isabel	10	205555	Pimpoes/Cimai	34.94	50m	_____
2 MADEIRA, Carolina Marques	09	208728	Nacional de Natacao	32.63	25m	_____
3 COELHO, Bianca Pinto	10	213908	Leixoes Sport Clube	34.75	50m	_____
4 CAVALEIRO, Leonor Mercês	09	207209	Columbofila Cantanhedense	34.05	50m	_____
5 COSTA, Catarina Ribeiro	09	213894	Vitoria Sport Clube	34.21	50m	_____
6 OLIVEIRA, Catarina Sousa	10	206388	Colegio Efanor	34.82	50m	_____
7 BRITO, Madalena Pinto	10	208850	Naval do Funchal	34.91	50m	_____
8 JESUS, Leonor Silva	10	206656	Galitos / Bresimar	34.94	50m	_____
9 SANTOS, Carolina Brito	10	212564	FC Ferreiras/AlgarExperience	32.72	25m	_____

Heat 9 of 9

2 ROSA, Isabel Silva	10	212420	Naval da Horta	33.18	25m	_____
3 FILIPE, Maria Rita	10	211565	Gesloures	35.05	50m	_____
4 VASCONCELOS, Sofia Rodrigues	10	201422	Galitos / Bresimar	35.02	50m	_____
5 GOMES, Carolina Frois	10	211879	Portinado	35.03	50m	_____
6 SILVESTRE, Mariana Bernardo	10	208132	Nautico Academico	35.11	50m	_____
7 PEDROSO, Madalena Gracio	10	144100	Nautico Marinha Grande	33.26	25m	_____

12:05 Medal Ceremony

Event 19 **Open**
05/04/2024 - 12:35 **Startlist Prelim**
Men, 200m Medley

Rec Nac Open	1:58.19	SANTOS, Alexis Manacas	SCP	Coimbra	2019
Rec Nac Sen	1:58.19	SANTOS, Alexis Manacas	SCP	Coimbra	2019
Rec Nac Jun 18	2:02.55	LOPES, Jose Paulo	POR	Helsinki (FIN)	2018
Rec Nac Jun 17	2:04.32	ALMEIDA, Carlos Esteves	POR	Budapeste (HUN)	2005
Rec Nac Juv A	2:08.11	ALMEIDA, Carlos Esteves	CNA	Lisboa	2004
Rec Nac Juv B	2:10.83	SILVA, Jorge Jesus	SCB	Coimbra	2015

CEJun_Masc 15 - 18: 2:07.06 / CEPL : 2:00.30 / JO : 1:57.94 / TAC_Masc Juv B 50m: 2:26.69 - 25m: 2:21.02 / Masc Juv A 50m: 2:23.33 - 25m: 2:17.79; Jun 17 50m: 2:19.29 - 25m: 2:13.91; Jun 18 50m: 2:18.62 - 25m: 2:13.26; Sen 1º 50m: 2:15.25 - 25m: 2:10.03; Sen + 50m: 2:14.58 - 25m: 2:09.38

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
0 CHELE, Stefan Iordan	09			210899	Rio Maior	2:20.22 25m : :
1 SILVA, Francisco Carvalho	09			132869	Naval Praia da Vitoria	2:24.63 50m : :
2 PARREIRA, Santiago Agostinho	09			209481	Pimpoes/Cimai	2:18.57 25m : :
3 VALENTE, Xavier Jesus	09			206889	Colegio Vasco da Gama	2:18.29 25m : :
4 REIS, Diogo Damasceno	09			151317	Sporting	2:16.47 50m : :
5 FERNANDES, Paulo Junio	09			212754	Alges	2:23.02 50m : :
6 ROCHA, Dinis Valente	09			208532	Estarreja/PROZINCO	2:18.48 25m : :
7 MARRAZES, Guilherme Meireles	09			152840	Nautico Marinha Grande	2:24.48 50m : :
8 TEIXEIRA, Filipe Assuncao	09			206054	Foca Quinta Da Lixa - Cnf	2:25.31 50m : :
9 REIS, Tomas Augusto	09			219434	Os Belenenses	2:25.94 50m : :

Heat 2 of 6						
0 FEDOROV, Andriy	08			205060	FC Ferreiras/AlgarExperience	2:16.49 25m : :
1 LIMA, Eduardo Miguel	08			201133	Foca Quinta Da Lixa - Cnf	2:21.48 50m : :
2 VITORIA, Joao Miguel	08			204687	Academico Viseu	2:20.74 50m : :
3 BISPO, Miguel Almeida	08			203715	Natacao da Maia	2:20.21 50m : :
4 SOARES, Guilherme Costa	08			201093	Vilacondense	2:16.89 50m : :
5 ONUTSKYY, Mikhael	08			207253	Pimpoes/Cimai	2:11.86 25m : :
6 MIRANDA, Francisco Guilherme	08			206796	Naval do Funchal	2:20.73 50m : :
7 RODRIGUES, Rafael Pereira	08			205593	Condeixa Aqua Clube	2:21.16 50m : :
8 BENNETT, Aubry Armada	08			218668	Naval Setubalense	2:16.22 25m : :
9 ANJOS, Nuno Miguel	08			140396	Galitos / Bresimar	2:22.40 50m : :

Heat 3 of 6						
0 ALVES, Andre Correia	06			131173	Benfica	2:10.09 25m : :
1 BORGES, Rodrigo Costa	07			133190	Fluvial Portuense	2:14.43 50m : :
2 ZHUKOV, Mark	06			200632	Braga	2:14.02 50m : :
3 TEIXEIRA, Renato Gouveia	07			204599	Foca Quinta Da Lixa - Cnf	2:07.61 25m : :
4 CRUZ, Leonardo Jose	07			204601	Alcobaca	2:08.77 50m : :
5 FAFTINE, Kaio Araujo	06			213446	Sporting	2:04.85 25m : :
6 REIS, Leonardo Conceicao	07			207815	Sporting	2:13.40 50m : :
7 SIMOES, Francisco Marques	07			205719	CNLeiria	2:09.13 25m : :
8 MACHADO, Bernardo Magalhaes	06			129920	Desportivo Nacional	2:09.86 25m : :
9 RODRIGUES, Gil Afonso	07			148683	Fluvial Portuense	2:16.19 50m : :

Event 19, Men, 200m Medley, Prelim
Heat 4 of 6

0	BASTOS, Lucas Pereira	00	117492	Nautico Academico	2:05.77	25m	_____
1	CARVALHO, Goncalo Duarte	05	132466	Benfica	2:08.77	50m	_____
2	ROCHA, Ricardo Filipe	02	121787	Aquatico Pacense	2:02.77	25m	_____
3	MARTINEZ SOTA, Ivan	05		Spain	2:06.35	50m	_____
4	LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	1:58.77	50m	_____
5	RAMOS, Bruno Miguel	97	109110	Os Belenenses	2:04.06	50m	_____
6	CATALAO, Daniel Nogueira	00	127075	Sporting	2:02.51	25m	_____
7	FOMIN, Yury	06	208159	Louletano / Loule Concelho	2:08.44	50m	_____
8	COSTA, Joao Peres	04	130322	Naval Praia da Vitoria	2:09.39	50m	_____
9	CORDEIRO, Tiago Roberto	00	205275	Os Belenenses	2:11.61	50m	_____

Heat 5 of 6

0	MENESES, Martim Ribeiro	06	200854	O Crasto	2:17.64	50m	_____
1	OLIVEIRA, Tomas Ferreira	06	151457	Natacao da Maia	2:16.90	50m	_____
2	FERNANDES, Duarte Jose	06	205623	Clube Uniao 1919	2:16.24	50m	_____
3	ROCHA, Joao Pedro	02	121839	Viana Natacao	2:09.30	25m	_____
4	GOUVEIA, Luis Galvao	05	127884	Desportivo Nacional	2:07.44	25m	_____
5	RELVAS, David Ferreira	03	125604	Nautico Marinha Grande	2:08.31	25m	_____
6	GOUVEIA, Afonso Martim	05	210095	FC Ferreiras/AlgarExperience	2:09.99	25m	_____
7	COLACO, Goncalo Pereira	07	205720	CNLeiria	2:16.56	50m	_____
8	LARANJO, Filipe Manso	07	202281	Escola Desportiva de Viana	2:17.22	50m	_____
9	ALMEIDA, Joao Francisco	07	209787	Naval do Funchal	2:12.42	25m	_____

Heat 6 of 6

0	MEJIAS, Jesus Alberto	09	218311	Individual ANL	2:26.56	50m	_____	
1	PIRES, Daniel Ducatti	09	220208	Naval Setubalense	2:26.08	50m	_____	
EXH 2	CANCELA, Diogo Luis	SM8 1,2,4	02	124221	Louzan Natacao/EFAPEL	2:22.50	50m	_____
3	PRICE, Thomas Branco		07	219874	Viver Santarem	2:19.23	50m	_____
4	DZYAKANAU, Alexandre		07	131765	Louzan Natacao/EFAPEL	2:17.98	50m	_____
5	DORES, Tomas Rocha		07	200766	Colegio Efanor	2:12.69	25m	_____
EXH 6	CORDEIRO, Tomas Coelho	SM10 12+	04	130167	Individual ANC	2:19.92	50m	_____
7	FERNANDES, Tiago Manuel		08	205831	Ginasio Clube de Vila Real	2:17.50	25m	_____
8	CAXARIA, Miguel Loucao		09	205908	Palmela Desporto	2:26.48	50m	_____
9	ANDRADE, Salvador Freitas		09	208851	Naval do Funchal	2:21.01	25m	_____

Event 20 **Open**
05/04/2024 - 12:55 **Startlist Prelim**
Women, 200m Medley

Rec Nac Open	2:13.87	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	2017
Rec Nac Sen	2:13.87	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	2017
Rec Nac Jun 17	2:17.22	PEREIRA, Raquel Gomes	SAD	Coimbra	2017
Rec Nac Jun 16	2:20.61	DURAES, Diana Margarida	FOCA	Porto	2012
Rec Nac Juv A	2:21.01	PEREIRA, Raquel Gomes	SAD	Coimbra	2015
Rec Nac Juv B	2:23.60	DURAES, Diana Margarida	FOCA	Coimbra	2010

CEJun_Fem 14 - 18: 2:21.10 / CEPL : 2:13.84 / JO : 2:11.22 / TAC_Fem Juv B 50m: 2:42.64 - 25m: 2:37.64 /
 Fem Juv A 50m: 2:38.87 - 25m: 2:33.99; Jun 16 50m: 2:35.11 - 25m: 2:30.34; Jun 17 50m: 2:34.35 - 25m: 2:29.61; Sen 1 50m: 2:31.34 -
 25m: 2:26.69; Sen + 50m: 2:30.59 - 25m: 2:25.96

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 5						
0 BRANCO, Francisca Sousa			10	203800	Porto	2:42.05 50m : :
1 GOMES, Rita Braga			10	213921	Sporting	2:41.14 50m : :
2 BRIZIDA, Sofia Roma			10	207308	Ba-Leiria	2:39.44 50m : :
3 CUNHA, Maria Rita			10	206403	Colegio Efanor	2:36.66 50m : :
4 SIMOES, Maria Neto			10	208358	Condeixa Aqua Clube	2:27.56 25m : :
5 CARDEAL, Leonor Nunes			10	201021	Individual ANCNP	2:35.84 50m : :
6 AZEVEDO, Constanca Lourenco			10	213367	Lagoa Academico Clube	2:31.91 25m : :
7 LOPES, Carolina Melo			10	211880	Portinado	2:35.47 25m : :
8 GANTE, Maria Ines			10	211156	Nautico Academico	2:41.82 50m : :
9 NOGUEIRA, Ana Laura			10	209772	Braga	2:36.97 25m : :

Heat 2 of 5						
0 SILVA, Leonor Carnide			09	151721	Ginasio Clube de Vila Real	2:36.34 50m : :
1 PEREIRA, Beatriz Maciel			09	213928	Escola Desportiva de Viana	2:30.60 25m : :
2 RODRIGUES, Teresa Isabel			09	207950	Foca Quinta Da Lixa - Cnf	2:35.06 50m : :
3 TOMAS, Constanca Baptista			09	206496	Alcobaca	2:34.11 50m : :
4 ARAUJO, Catarina Soares			09	205861	Penafiel	2:32.73 50m : :
5 AMBRUS, Beatriz Alves			09	203309	Porto	2:33.71 50m : :
6 BRAS, Raquel Sofia			09	208973	Os Belenenses	2:29.37 25m : :
7 BATISTA, Beatriz Ferreira			09	205653	CPCD Povia de Santa Iria	2:35.58 50m : :
8 MOREIRA, Madalena Valente			09	207969	Colegio Efanor	2:35.95 50m : :
9 CRUZ, Rita Calado			09	205626	Nautico Academico	2:37.15 50m : :

Heat 3 of 5						
0 SILVA, Carolina Martins			07	205709	Estarreja/PROZINCO	2:32.74 50m : :
1 SILVA, Nuria Soares			07	203604	Sporting Clube Sao Joao Ver	2:31.38 50m : :
2 FERREIRA, Constanca Santos			08	205945	Alges	2:24.65 25m : :
3 PARENTE, Leonor Peso			07	208092	Palmela Desporto	2:24.29 25m : :
4 PINTO, Margarida Vieira			07	204344	Braga	2:27.56 50m : :
5 SANTOS, Rita Machita			07	205379	Naval Setubalense	2:28.38 50m : :
6 LEAL, Matilde Barros			07	132883	Aquatico Pacense	2:29.49 50m : :
7 FIGUEIRA, Madalena Almeida			07	130765	Academico Viseu	2:30.72 50m : :
8 NUNES, Carolina Mendes			08	205710	Estarreja/PROZINCO	2:32.07 50m : :
9 ALVES, Catarina Alexandra			07	205924	Gesloures	2:33.41 50m : :

Event 20, Women, 200m Medley, Prelim
Heat 4 of 5

0 LOPES, Matilde Nunes	06	201711	Benfica	2:26.08	50m	_____
1 PIRES, Marta Joao	05	147235	Alges	2:23.12	50m	_____
2 CARDEAL, Joana Nunes	02	124752	Individual ANCNP	2:21.55	50m	_____
3 ANDRE, Angelica Maria	94	15497	Porto	2:20.11	50m	_____
4 CABANES GARZAS, Laura	06		Spain	2:13.56	50m	_____
5 VAZQUEZ RUIZ, Alba	02		Spain	2:15.22	50m	_____
6 HENRIQUES, Ines Jacinto	00	120220	Louzan Natacao/EFAPEL	2:21.53	50m	_____
7 MENDES, Mariana Amaral	02	123959	Sporting	2:17.53	25m	_____
8 VEIGA, Ana Filipa	01	125558	Gafanha da Encarnacao	2:19.62	25m	_____
9 CATALAO, Leonor Tavares	06	202215	Sporting	2:26.45	50m	_____

Heat 5 of 5

0 MATEUS, Eleine Vieira	09	206350	Desportivo Nacional	2:33.92	25m	_____
1 FIALHO, Matilde Lopes	09	208396	Palmela Desporto	2:37.59	50m	_____
2 LOURENCO, Bruna Filipa	08	203897	O Crasto	2:34.94	50m	_____
3 RODRIGUES, Leonor Carreiro	07	205129	Benfica	2:33.50	50m	_____
4 COELHO, Maria Leonor	06	132470	Benfica	2:26.58	50m	_____
5 PINTO, Leonor Filipa	06	132842	Porto	2:22.27	25m	_____
6 BRAZ, Sofia Pereira	07	206537	CLIP Teams	2:34.21	50m	_____
7 BARROS, Adriana Ribeiro	08	201050	Braga	2:35.10	50m	_____
8 UVA, Sofia Monteiro	09	209405	Alges	2:38.13	50m	_____

Event 210
Mixed, 4 x 100m Medley
14 - 18 years
05/04/2024 - 13:10
Startlist

Rec Nac Open	3:58.56	Associacao Louzan Natacao	ALN	Funchal	2023
Rec Nac 18 +	3:58.56	Associacao Louzan Natacao	ALN	Funchal	2023
Rec Nac Jun	4:09.98	Clube Natacao Colegio Efanor	CNCE	Coimbra	2021
Rec Nac Juv A	4:23.79	Gesloures-Gestao Equip. Sociais, EGESL		Coimbra	2022
Rec Nac 14 - 16	4:15.97	Clube dos Galitos / Bresimar	CGA	Oeiras	2021
Rec Nac Juv B	4:24.01	Grupo Desp. Natacao V. N. FamalicGDNFAMA		Oeiras	2021

Misto Jun 50m: 4:25.38 - 25m: 4:16.53; Juv A 50m: 4:31.25 - 25m: 4:23.87; Juv B 50m: 4:39.56 - 25m: 4:30.22

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time
Heat 1 of 2					
3				Galitos / Bresimar	4:39.56 _____
4				Galitos / Bresimar	4:31.25 _____
5				Sporting 1	4:34.10 _____

Event 210, Mixed, 4 x 100m Medley
Heat 2 of 2

0 Naval Setubalense 1	Naval Setubalense	4:29.36	_____
1 Fluvial Portuense 1	Fluvial Portuense	4:22.89	_____
2 Galitos / Bresimar 1	Galitos / Bresimar	4:20.52	_____
3 Naval do Funchal 68	Naval do Funchal	4:16.53	_____
4 Benfica 2	Benfica	4:09.07	_____
5 Braga 1	Braga	4:15.57	_____
6 Famalicao 1	Famalicao	4:19.05	_____
7 Porto 3	Porto	4:22.59	_____
8 Porto 2	Porto	4:25.38	_____
9 Columbofila Cantanhedense 1	Columbofila Cantanhedense	4:31.25	_____

13:20 Medal ceremony No. 210. Mixed, 4 x 100m Medley

4 - 2ª Jornada - Finais
05/04/2024 - 17:00

Event 11	Men, 1500m Freestyle				Open Startlist
05/04/2024					
Rec Nac Open	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Sen	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Jun 18	15:23.46	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SGP)	2015
Rec Nac Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	16:11.75	PEREIRA, Rui Silva	POR	Coimbra	2023
CEJun_Masc 15 - 18: 15:56.90 / CEPL : 15:18.18 / JO : 15:00.99					

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 6 of 6						
0 SARREIRA, Tomas Amor			05	132117	Porto	15:27.53 25m _____
1 AZEVEDO, Gabriel Artoiro			00	222246	Naval do Funchal	15:38.19 50m _____
2 CARDOSO, Diogo Santos			01	122969	Sporting	15:30.36 50m _____
3 LOPES, Jose Paulo			00	117924	Braga	14:56.04 25m _____
4 GARACH BENITO, Carlos			04		Spain	14:57.23 50m _____
5 PUEBLA MARTINEZ, Alejandro			02		Spain	15:19.44 50m _____
6 MENDEZ PUGA, Mario			03		Spain	15:27.20 50m _____
7 ORTIZ MARTINEZ, Carlos			04		Spain	15:06.43 25m _____
8 AMARAL, Francisco Rodriguez			02	122608	Porto	15:17.69 25m _____
9 LOUREIRO, Bruno Silva			06	129872	Porto	15:41.66 25m _____

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
**Event 21 Mixed, 4 x 100m Medley OPEN
05/04/2024 Startlist**

Rec Nac Open	3:58.56	Associacao Louzan Natacao	ALN	Funchal	2023
Rec Nac 18 +	3:58.56	Associacao Louzan Natacao	ALN	Funchal	2023
Rec Nac Jun	4:09.98	Clube Natacao Colegio Efanor	CNCE	Coimbra	2021
Rec Nac Juv A	4:23.79	Gesloures-Gestao Equip. Sociais, EGESL		Coimbra	2022
Rec Nac 14 - 16	4:15.97	Clube dos Galitos / Bresimar	CGA	Oeiras	2021
Rec Nac Juv B	4:24.01	Grupo Desp. Natacao V. N. Famalic	GDNFAMA	Oeiras	2021

Misto 50m: 4:16.23 - 25m: 4:08.94

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time
Heat 1 of 1					
0				CNLeiria	4:14.82
1				Porto	4:08.27
2				Os Belenenses	4:06.69
3				Alges	4:03.91
4				Louzan Natacao/EFAPEL	3:56.99
5				Sporting	4:02.52
6				Benfica	4:05.49
7				Galitos / Bresimar	4:07.79
8				Vitoria Sport Clube	4:10.60
9				Fluvial Portuense	4:16.12

Medal ceremony No. 19. Men, 200m Medley
 Medal ceremony No. 20. Women, 200m Medley
 Medal ceremony No. 21. Mixed, 4 x 100m Medley

**Event 110 Men, 1500m Freestyle OPEN
05/04/2024 Startlist Time Trial**

Rec Nac Open	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Sen	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	2017
Rec Nac Jun 18	15:23.46	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SGP)	2015
Rec Nac Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	16:11.75	PEREIRA, Rui Silva	POR	Coimbra	2023

CEJun_Masc 15 - 18: 15:56.90 / CEPL : 15:18.18 / JO : 15:00.99

Lane	Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 1							
0	SHUBIN, Alexandre				09 207643	Desportivo de Campinho	18:05.72 25m
1	CRUZ, Miguel Duarte	S15	H		99 125797	Os Belenenses	18:25.00 50m
2	SANTOS, Tomas Alexandre				07 200575	BUZIOS - Coruche	17:41.35 50m
3	COSTA, Andre Leitao				07 201806	Assoc. Desportiva Fafe	17:03.99 25m
4	AMADO, Pedro Maria				05 148286	Alges	16:30.53 25m
5	TROMBINHAS, Tiago Miguel				04 201495	Os Belenenses	16:52.46 25m
6	MARQUES, Jose Miguel				06 202999	Condeixa Aqua Clube	17:40.95 50m
7	GOMES, Joao Almeida				06 132828	Nacional de Natacao	17:43.77 50m
8	DOMINGOS, Henrique Barros				08 151201	Sporting	17:54.70 25m
9	CARDOSO, Diogo Filipe				09 210399	Olhao	18:07.36 25m

5 - 3ª Jornada - Eliminatórias
06/04/2024 - 9:00
Event 22 Men, 400m Medley Open Startlist Prelim
06/04/2024 - 9:00

Rec Nac Open	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	2016
Rec Nac Sen	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	2016
Rec Nac Jun 18	4:21.42	LOPES, Jose Paulo	POR	Helsinki (FIN)	2018
Rec Nac Jun 17	4:25.23	VITAL, Joao Alexandre	POR	Singapore (SGP)	2015
Rec Nac Juv A	4:32.66	VITAL, Joao Alexandre	ADRCIMM	Coimbra	2014
Rec Nac Juv B	4:37.06	VITAL, Joao Alexandre	POR	Utrecht (NED)	2013

CEJun_Masc 15 - 18: 4:33.58 / CEPL : 4:17.55 / JO : 4:12.50 / TAC_Masc Juv B 50m: 5:15.96 - 25m: 5:05.79 / Masc Juv A 50m: 5:08.71 - 25m: 4:58.78; Jun 17 50m: 5:00.02 - 25m: 4:50.36; Jun 18 50m: 4:58.57 - 25m: 4:48.96; Sen 1º 50m: 4:51.32 - 25m: 4:41.94; Sen + 50m: 4:49.87 - 25m: 4:40.54

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 5						
0 JESUS, Ricardo Jorge			09	204730	Leixoes Sport Clube	5:14.14 50m : :
1 NOVAIS, Guilherme Pereira			09	205195	Assoc. Desportiva Fafe	4:58.10 25m : :
2 FERNANDES, Paulo Junio			09	212754	Alges	5:05.20 50m : :
3 MACEDO, Martim Cunha			09	204594	Natacao da Maia	5:02.25 50m : :
4 REIS, Diogo Damasceno			09	151317	Sporting	4:46.30 25m : :
5 KOT, Paulo			09	144468	Nautico Marinha Grande	4:48.12 25m : :
6 MARRAZES, Guilherme Meireles			09	152840	Nautico Marinha Grande	5:02.75 50m : :
7 MONIZ, Rafael Lin			09	210337	Naval Setubalense	5:06.83 50m : :
8 TEIXEIRA, Filipe Assuncao			09	206054	Foca Quinta Da Lixa - Cnf	5:13.37 50m : :
9 SILVA, Joao Bernardo			09	210132	Desportivo Nacional	5:02.70 25m : :

Heat 2 of 5						
1 VITORIA, Joao Miguel			08	204687	Academico Viseu	5:03.17 50m : :
2 BISPO, Miguel Almeida			08	203715	Natacao da Maia	4:44.24 25m : :
3 MEDEIROS, Miguel Fragoso			08	200778	Porto	4:50.85 50m : :
4 SOARES, Guilherme Costa			08	201093	Vilacondense	4:37.47 25m : :
5 PEIXOTO, Tomas Pinto			08	203354	Porto	4:49.68 50m : :
6 RODRIGUES, Rafael Pereira			08	205593	Condeixa Aqua Clube	4:52.87 50m : :
7 MIRANDA, Francisco Guilherme			08	206796	Naval do Funchal	4:47.71 25m : :
8 BATISTA, Miguel Duarte			08	205348	Academico Viseu	4:57.79 25m : :

Heat 3 of 5						
0 ALMEIDA, Joao Francisco			07	209787	Naval do Funchal	4:43.63 25m : :
1 RODRIGUES, Gil Afonso			07	148683	Fluvial Portuense	4:51.59 50m : :
2 ALVES, Andre Correia			06	131173	Benfica	4:37.39 25m : :
3 ZHUKOV, Mark			06	200632	Braga	4:45.92 50m : :
4 CRUZ, Leonardo Jose			07	204601	Alcobaca	4:29.76 25m : :
5 TEIXEIRA, Renato Gouveia			07	204599	Foca Quinta Da Lixa - Cnf	4:34.03 25m : :
6 REIS, Leonardo Conceicao			07	207815	Sporting	4:46.49 50m : :
7 SIMOES, Francisco Marques			07	205719	CNLeiria	4:51.16 50m : :
8 OLIVEIRA, Tomas Ferreira			06	151457	Natacao da Maia	4:54.14 50m : :
9 DORES, Tomas Rocha			07	200766	Colegio Efanor	4:43.77 25m : :

Event 22, Men, 400m Medley, Prelim
Heat 4 of 5

0 SARREIRA, Tomas Amor	05	132117	Porto	4:24.76	25m	_____
1 FOMIN, Yury	06	208159	Louletano / Loule Concelho	4:32.95	50m	_____
2 BASTOS, Lucas Pereira	00	117492	Nautico Academico	4:31.47	50m	_____
3 SILVA, Henrique Gomes	02	120860	Benfica	4:19.51	25m	_____
4 LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	4:05.87	25m	_____
5 LOPES, Jose Paulo	00	117924	Braga	4:23.80	50m	_____
6 AZEVEDO, Gabriel Arteiro	00	222246	Naval do Funchal	4:30.16	50m	_____
7 CATALAO, Daniel Nogueira	00	127075	Sporting	4:22.63	25m	_____
8 CARDOSO, Diogo Santos	01	122969	Sporting	4:34.47	50m	_____
9 GOUVEIA, Luis Galvao	05	127884	Desportivo Nacional	4:36.02	50m	_____

Heat 5 of 5

EXH0 CRUZ, Miguel Duarte	SM15 H	99	125797	Os Belenenses	5:04.52	50m	_____
1 PRICE, Thomas Branco		07	219874	Viver Santarem	4:46.05	25m	_____
2 CARDOSO, Filipe Santos		04	130500	Gafanha da Encarnacao	4:39.65	25m	_____
3 RELVAS, David Ferreira		03	125604	Nautico Marinha Grande	4:36.00	25m	_____
4 CORDEIRO, Tiago Roberto		00	205275	Os Belenenses	4:40.01	50m	_____
5 CARVALHO, Goncalo Duarte		05	132466	Benfica	4:32.85	25m	_____
6 TRISTAO, Miguel Salomao		04	129885	Portinado	4:38.51	25m	_____
7 BARROS, Joao Carlos		06	200357	Fluvial Portuense	4:55.90	50m	_____
8 DZYKANAU, Alexandre		07	131765	Louzan Natacao/EFAPEL	4:49.62	25m	_____
9 FELGUEIRAS, Carlos Daniel		09	211918	Viana Natacao	5:02.93	25m	_____

Event 23
Women, 800m Freestyle
**Open
Startlist**
06/04/2024 - 9:30

Rec Nac Open	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	2018
Rec Nac Sen	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	2018
Rec Nac Jun 17	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	2016
Rec Nac Jun 16	8:45.53	HOLUB, Tamila Hryhorivna	SCB	Coimbra	2015
Rec Nac Juv A	8:50.68	HOLUB, Tamila Hryhorivna	SCB	Oeiras	2014
Rec Nac Juv B	9:07.70	SILVA, Alexandra Maria	POR	Split (CRO)	1981

CEJun_Fem 14 - 18: 9:04.96 / CEPL : 8:36.84 / JO : 8:26.71

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
0 PROENCA, Victoria Sales			10	211478	Benfica	10:24.96 50m _____
1 JESUS, Margarida Santos			09	139324	Olhao	10:12.30 25m _____
2 FERNANDES, Maria Madalena			10	212757	Alges	10:19.17 50m _____
3 FERNANDES, Marta Silva			10	210702	Porto	10:08.06 25m _____
4 COSTA, Laura Brites			09	211108	Rio Maior	10:03.62 25m _____
5 SANTOS, Mariana Silva			09	206175	Porto	10:04.79 25m _____
6 PAIVA, Leonor Antunes			10	211155	Nautico Academico	10:18.74 50m _____
7 MORAIS, Laura Prates			09	208599	BUZIOS - Coruche	10:10.26 25m _____
8 LIMA, Beatriz Ribeiro			09	209224	Gesloures	10:24.92 50m _____
9 MENDES, Ana Nabais			10	211556	Laranjeiro	10:16.14 25m _____

Event 23, Women, 800m Freestyle
Heat 2 of 6

0 FARIA, Ines Maria	09	205180	Porto	10:09.38	50m	___:___:___
1 COSTA, Sofia Rodrigues	10	206179	Porto	9:58.99	25m	___:___:___
2 MENDES, Bianca Balbino	10	206074	Naval de Peniche	9:58.05	25m	___:___:___
3 GASPAS, Joana Melo	09	208734	Nacional de Natacao	9:53.70	25m	___:___:___
4 AMBRUS, Beatriz Alves	09	203309	Porto	10:02.39	50m	___:___:___
5 CRUZ, Constanca Lopes	09	208279	Colegio Int Monte Maior	10:02.94	50m	___:___:___
6 MARQUES, Ana Jose	10	210414	Braga	9:55.23	25m	___:___:___
7 PEDREIRO, Francisca Soreto	09	139907	Galitos / Bresimar	9:57.98	25m	___:___:___
8 NOGUEIRA, Ana Laura	10	209772	Braga	9:59.88	25m	___:___:___
9 PEDROSO, Madalena Gracio	10	144100	Nautico Marinha Grande	10:00.81	25m	___:___:___

Heat 3 of 6

0 CUNHA, Maria Rita	10	206403	Colegio Efanor	9:50.54	25m	___:___:___
1 CARVALHO, Sofia Alexandra	07	133262	Fluvial Portuense	9:41.06	25m	___:___:___
2 RICARDO, Francisca Martingo	09	206171	Porto	9:37.12	25m	___:___:___
3 MOREIRA, Madalena Valente	09	207969	Colegio Efanor	9:45.01	50m	___:___:___
4 TOMAS, Constanca Baptista	09	206496	Alcobaca	9:34.54	25m	___:___:___
5 ALMEIDA, Bianca Filipa	07	204110	Alges e Agueda XXI	9:35.43	25m	___:___:___
6 MACEDO, Alice Mendes	08	208163	Associacao Estamos Juntos	9:36.70	25m	___:___:___
7 LUIZ, Margarida Maria	08	211814	Lagoa Academico Clube	9:46.54	50m	___:___:___
8 MARTINS, Leonor Sombreiroiro	10	211313	BUZIOS - Coruche	9:48.74	25m	___:___:___
9 MARTINS, Carolina Correia	09	206183	Porto	9:51.34	25m	___:___:___

Heat 4 of 6

0 SANTOS, Leonor Castanho	07	150848	Sporting	9:31.76	25m	___:___:___
1 MAIA, Lara Catarina	09	205712	Estarreja/PROZINCO	9:30.79	25m	___:___:___
2 MARCELO, Camila Duarte	10	208416	Condeixa Aqua Clube	9:30.05	25m	___:___:___
3 FERREIRA, Carolina Amadeu	08	202815	Leixoes Sport Clube	9:26.10	25m	___:___:___
4 MORGADO, Alice Jesus	04	131016	Sporting	9:19.74	25m	___:___:___
5 NUNES, Rita Sofia	05	129103	Colegio Efanor	9:29.24	50m	___:___:___
6 PINTO, Maria Carvalho	09	206343	Viana Natacao	9:28.12	25m	___:___:___
7 ALVES, Sara Sofia	07	202517	Palmela Desporto	9:30.07	25m	___:___:___
8 VIANA, Matilde Violante	07	205552	CNLeiria	9:31.11	25m	___:___:___
9 FREITAS, Diana Gomes	08	202656	Amigos da Montanha	9:32.06	25m	___:___:___

Heat 5 of 6

0 FARIA, Leonor Verissimo	06	143779	Nautico Academico	9:16.81	25m	___:___:___
1 CABRAL, Carolina Vizinho	07	206307	CN Vagos	9:14.72	25m	___:___:___
2 ARMAS, Maria Ornelas	98	106961	Clube Oriental de Lisboa	9:20.98	50m	___:___:___
3 PEIXOTO, Carolina Esteves	06	133308	Braga	9:09.43	25m	___:___:___
4 LOPES, Daniela Magalhaes	05	130098	Famalicao	9:04.07	25m	___:___:___
5 RAMOS, Joana Barbas	06	153484	Gafanha da Encarnacao	9:08.94	25m	___:___:___
6 MESQUITA, Mafalda Martins	07	202805	Famalicao	9:09.82	25m	___:___:___
7 LOPES, Francisca Macedo	05	129982	Vilacondense	9:22.70	50m	___:___:___
8 CRAVEIRO, Luana Ferreira	09	144313	Nautico Marinha Grande	9:16.75	25m	___:___:___
9 AGUILAR, Marta Andre	07	132766	Nautico Academico	9:26.86	50m	___:___:___

Heat 6 scheduled in session 6

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 24 Men, 50m Butterfly Open Startlist Prelim
06/04/2024 - 10:20

Rec Nac Open	22.80	RIBEIRO, Diogo Matos	POR	Fukuoka (JPN)	2023
Rec Nac Sen	22.80	RIBEIRO, Diogo Matos	POR	Fukuoka (JPN)	2023
Rec Nac Jun 18	22.96	RIBEIRO, Diogo Matos	POR	Lima (PER)	2022
Rec Nac Jun 17	24.09	RIBEIRO, Diogo Matos	POR	Rome (ITA)	2021
Rec Nac Juv A	25.63	, tempo limite			
Rec Nac Juv B	25.84	FERREIRA, Duarte Santos	FCP	Coimbra	2023

CEPL : 23.57 / TAC_Masc Juv B 50m: 28.50 - 25m: 28.05 / Masc Juv A 50m: 27.85 - 25m: 27.40; Jun 17 50m: 27.07 - 25m: 26.63; Jun 18 50m: 26.93 - 25m: 26.50; Sen 1º 50m: 26.28 - 25m: 25.86; Sen + 50m: 26.15 - 25m: 25.73

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8						
0 CARONHO, Bernardo Querido			09	209622	Natacao do Fundao/Girassol	28.33 50m : :
1 MADEIRA, Xavier Rosa			09	212301	Laranjeiro	28.12 50m : :
2 JOAQUIM, Henrique Martins			09	207318	CNLeiria	26.88 25m : :
3 NUNES, Joao Tomas			09	211145	Olhao	27.05 50m : :
4 FERREIRA, Tomas Pascoal			09	208129	Ba-Leiria	26.44 50m : :
5 OLIVEIRA, Miguel Reis			09	214174	Vitoria Sport Clube	26.90 50m : :
6 PIRES, Daniel Ducatti			09	220208	Naval Setubalense	27.25 50m : :
7 SILVA, Pedro Miguel			09	212760	Naval Setubalense	27.72 50m : :
8 MESQUITA, Martim Alexandre			09	208834	Nautico Marinha Grande	28.27 50m : :
9 AMARAL, Afonso Cunha			09	212745	Alges	28.44 50m : :

Heat 2 of 8						
0 CASTRO, Joao Coelho			08	200845	Sporting de Espinho	27.85 50m : :
1 MEIRELES, Rodrigo Silva			08	140099	Sporting Clube de Aveiro	27.78 50m : :
2 ONUTSKYY, Mikhael			08	207253	Pimpoes/Cimai	26.78 25m : :
3 PASCOAL, Martim Nobre			08	203009	Columbofila Cantanhedense	27.19 50m : :
4 FERREIRA, Duarte Santos			08	200643	Porto	25.84 50m : :
5 CEGONHO, Tomas Mamede			08	207455	Natacao de Beja	26.24 25m : :
6 RODRIGUES, Guilherme Gomes			08	208353	Naval do Funchal	27.42 50m : :
7 SOUSA, Bernardo Filipe			08	215266	Alges	27.73 50m : :
8 FERNANDES, Tiago Manuel			08	205831	Ginasio Clube de Vila Real	27.81 50m : :

Heat 3 of 8						
0 FRANCISCO, Joao Moura			07	205724	CNLeiria	26.37 50m : :
1 PITA, Pedro Miguel			06	201963	Naval do Funchal	25.69 25m : :
2 MACHADO, Bernardo Magalhaes			06	129920	Desportivo Nacional	25.60 25m : :
3 RAMOS, Andre Miguel			07	209022	Fisica Torres Vedras	25.43 25m : :
4 PEREIRA, Rodrigo Ferreira			06	205524	Famalicao	24.82 25m : :
5 TAVARES, Daniel Batista			06	202604	Braga	24.93 25m : :
6 MOURA, Leonardo Cunha			07	205462	Foca Quinta Da Lixa - Cnf	25.46 25m : :
7 ROQUE, Afonso Dinis			07	205541	CNLeiria	26.26 50m : :
8 GONCALVES, Manuel Alves			06	148528	Celorico Basto	26.35 50m : :
9 BRANDAO, Tiago Lopes			07	131917	Sporting Clube de Aveiro	26.41 50m : :

Event 24, Men, 50m Butterfly, Prelim
Heat 4 of 8

0 PADRELA, Joao Esteves	99	119137	Naval do Funchal	25.07	50m	_____
1 MARTINEZ NOVOA, Miguel	00		Spain	24.54	50m	_____
2 GEORGE LAWRENCE, Matthew	03	217507	Vitoria Sport Clube	23.93	25m	_____
3 SILVA, Fernando Souza	86	207684	Naval do Funchal	23.60	25m	_____
4 SCHILLING, Leonardo	93	209678	Porto	23.01	25m	_____
5 DEL RIEGO TORRES, Teo	06		Spain	23.82	50m	_____
6 MARQUES, Miguel Henriques	00	120530	Benfica	24.32	50m	_____
7 SANTOS, Pedro Andre	94	15732	Alges	23.96	25m	_____
8 GONZALEZ ALVAREZ, Arbidel	02		Spain	24.72	50m	_____
9 ALMEIDA, Miguel Cordeiro	05	200392	Alges	25.07	50m	_____

Heat 5 of 8

0 SILVA, Miguel Vicente	02	124468	Nautico Marinha Grande	25.56	50m	_____
1 MARTINEZ SOTA, Ivan	05		Spain	25.50	50m	_____
2 POLIAKOV, A.	93	11114	Clube Oriental de Lisboa	24.86	25m	_____
3 APSENIECE, Kevins Alexandre	04	128451	Porto	25.28	50m	_____
4 VIEIRA, Francisco Ribeiro	04	130443	Fisica Torres Vedras	25.09	50m	_____
5 GORDO, Goncalo Morais	02	126006	Colegio Int Monte Maior	25.23	50m	_____
6 PEDROSA, Carlos Lopes	94	102149	Bombeiros de Ponta Delgada	24.81	25m	_____
7 COSTA, Diogo Santos	02	126007	Benfica	25.50	50m	_____
8 COSTA, Joao Peres	04	130322	Naval Praia da Vitoria	24.91	25m	_____
9 SILVA, Henrique Gomes	02	120860	Benfica	25.01	25m	_____

Heat 6 of 8

0 LOPES, Rodrigo Beja	03	132651	Palmela Desporto	26.10	50m	_____
1 MADUREIRA, Rui Pedro	04	204932	Famalicao	26.00	50m	_____
2 PEREIRA, Tomas Coelho	05	133202	Penafiel	25.98	50m	_____
3 MARQUES, Andre Henriques	05	129665	Benfica	25.82	50m	_____
4 ZENZA, Francisco Manuel	01	112097	Natacao da Maia	25.01	25m	_____
5 MORGADO, Vasco Alves	05	147123	Alges	25.19	25m	_____
6 FERREIRA, Ricardo Pinela	01	122050	Alges	25.35	25m	_____
7 REIS, Rodrigo Miguel	04	129842	Nautico Academico	25.98	50m	_____
8 ORTEGA NAVARRO, Pablo	04		Spain	26.08	50m	_____
9 SANTOS, Goncalo Teixeira	94	25310	Assoc Nadadores Estoris	26.14	50m	_____

Heat 7 of 8

0 TONA, Luca Valentino	06	203165	Pimpoes/Cimai	26.89	50m	_____
1 MEJIAS, Jesus Alberto	09	218311	Individual ANL	26.86	50m	_____
2 MARTELO, Francisco Bernardes	07	201758	Porto	26.83	50m	_____
3 ANISI, Kurosh	06	218754	Aquatico Silves	26.29	50m	_____
4 GABOLEIRO, Guilherme Filipe	05	130049	Rio Maior	26.20	50m	_____
5 CABRAL, Jose Pinto	05	130623	Viver Santarem	26.28	50m	_____
6 PINTO, Andre Deniz	06	220271	Sporting	26.78	50m	_____
7 PAULO, Dinis Trigueiros	06	202533	AN Alcabastrense	26.21	25m	_____
8 MORARI, Alexandre	07	206445	Rio Maior	26.89	50m	_____
9 HERRERO, Miguel Mera	06	151461	Sporting	26.90	50m	_____

Event 24, Men, 50m Butterfly, Prelim
Heat 8 of 8

EXH 0 CORDEIRO, Tomas Coelho	S10 12+	04	130167	Individual ANC	29.73 50m	_____
1 OLIVEIRA, Dario Rafael		07	202643	Portinado	26.50 25m	_____
2 RODRIGUES, Rodrigo Vieira		06	129787	Sporting de Espinho	26.43 25m	_____
3 BORGES, Rodrigo Costa		07	133190	Fluvial Portuense	27.05 50m	_____
4 BAPTISTA, Guilherme Fernandes		06	153381	Benfica	26.34 25m	_____
5 MARTINS, Joao Valente		07	206161	FC Ferreiras/AlgarExperience	26.99 50m	_____
6 PINTO, Guilherme Romeira		07	200844	Sporting de Espinho	27.05 50m	_____
7 YAKUBENKO, Eduardo		06	205829	Ginasio Clube de Vila Real	26.46 25m	_____
8 FURTADO, Marco Alessandro		09	222166	Os Belenenses	28.30 50m	_____

Event 25
Women, 50m Butterfly
**Open
Startlist Prelim**
06/04/2024 - 10:30

Rec Nac Open	26.58	GUEDES, Ana Margarida	GCVR	Porto	2021
Rec Nac Sen	26.58	GUEDES, Ana Margarida	GCVR	Porto	2021
Rec Nac Jun 17	27.10	CUNHA, Mariana Pacheco	POR	Rome (ITA)	2021
Rec Nac Jun 16	27.99	FERNANDES, Carilina Miranda	POR	Rome (ITA)	2021
Rec Nac Juv A	27.98	, tempo limite			
Rec Nac Juv B	28.51	, tempo limite			

CEPL : 26.61 / TAC_Fem Juv B 50m: 32.55 - 25m: 32.01 / Fem Juv A 50m: 31.80 - 25m: 31.27; Jun 16 50m: 31.04 - 25m: 30.53;
Jun 17 50m: 30.89 - 25m: 30.38; Sen 1 50m: 30.29 - 25m: 29.79; Sen + 50m: 30.14 - 25m: 29.64

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8						
0 MELO, Ines Ribeiro			10	140527	Galitos / Bresimar	32.45 50m _____
1 RIBEIRO, Francisca Ramos			10	207263	Escola Desportiva de Viana	31.96 25m _____
2 TEIXEIRA, Maria Leonor			10	209687	Naval do Funchal	31.51 25m _____
3 SANTOS, Carolina Brito			10	212564	FC Ferreiras/AlgarExperience	31.19 25m _____
4 TAVEIRA, Carolina Ratola			10	209341	Galitos / Bresimar	29.22 50m _____
5 RIBEIRO, Guida Drumond			10	208351	Naval do Funchal	30.45 50m _____
6 BERNAT, Alicia Del Rio			10	212723	Alges	31.28 50m _____
7 BARROSO, Juliana Bushe			10	201862	FC Ferreiras/AlgarExperience	31.87 25m _____
8 ROCHA, Mariana Nobrega			10	206374	CLIP Teams	32.32 50m _____

Heat 2 of 8

0 MATEUS, Eleine Vieira			09	206350	Desportivo Nacional	31.54 50m _____
1 FERNANDES, Catarina Moreira			09	207047	Aljustrelense	31.00 25m _____
2 CLARA, Beatriz Belo			09	205723	CNLeiria	30.56 25m _____
3 COSTA, Uxia Romero			09	208443	Fluvial Portuense	30.06 25m _____
4 SILVA, Leonor Carnide			09	151721	Ginasio Clube de Vila Real	29.08 50m _____
5 GONCALVES, Vera Andrade			09	204429	Juventude Atlantico Clube	29.57 25m _____
6 FERNANDES, Joana Sofia			09	208735	Nacional de Natacao	30.50 25m _____
7 ARAUJO, Catarina Soares			09	205861	Penafiel	30.79 50m _____
8 NOVAIS, Mariana Silvestre			09	209908	Portinado	31.10 25m _____
9 RIBEIRO, Ines Carvalhinho			09	203712	Natacao da Maia	31.75 50m _____

Event 25, Women, 50m Butterfly, Prelim
Heat 3 of 8

0 SILVA, Carolina Martins	07	205709	Estarreja/PROZINCO	29.53	25m	_____
1 DIAS, Beatriz Costa	08	204424	Aquatico Pacense	29.42	25m	_____
2 JORGE, Luisa Ponte	07	204158	Uniao Piedense	29.04	25m	_____
3 SOUSA, Maria Rita	07	201853	Escola Desportiva de Viana	28.69	25m	_____
4 ROJAS, Zara Alejandra	07	217329	Desportivo Nacional	27.95	25m	_____
5 PEREIRA, Maria Silva	08	209414	Ginasio Clube de Vila Real	28.45	25m	_____
6 OLIVEIRA, Leonor Carvalho	07	200901	Naval Setubalense	28.94	25m	_____
7 MANO, Leonor Mil	07	202991	Nautico Academico	29.08	25m	_____
8 PARENTE, Leonor Peso	07	208092	Palmela Desporto	29.49	25m	_____
9 ANTONIO, Rafaela Mariano	07	207751	Portinado	29.53	25m	_____

Heat 4 of 8

0 KHOURY, Marie	01		Lebanon	28.61	25m	_____
1 CATALAO, Leonor Tavares	06	202215	Sporting	28.46	25m	_____
2 CABANES GARZAS, Laura	06		Spain	27.42	25m	_____
3 GARRIDO MALVAR, Nahia	07		Spain	27.27	25m	_____
4 GUEDES, Ana Margarida	01	109087	Ginasio Clube de Vila Real	26.12	25m	_____
5 CUNHA, Mariana Pacheco	04	124577	Colegio Efanor	26.60	25m	_____
6 FERNANDES, Carolina Miranda	05	127797	Galitos / Bresimar	27.35	25m	_____
7 TEJO, Beatriz Costa	02	122103	Academica de Coimbra	28.00	25m	_____
8 PEGO, Isabel Porfirio	01	121336	Fluvial Portuense	28.58	25m	_____
9 FERREIRA, Francisca Santos	06	200402	Alges	28.65	25m	_____

Heat 5 of 8

0 BENTO, Maria Madalena	05	127217	Alges	29.47	25m	_____
1 TOME, Madalena Rodrigues	03	126829	Os Belenenses	29.20	50m	_____
2 BARBEITO, Laura Espinola	06	201165	Nucleo Sporting da Terceira	28.99	25m	_____
3 FERNANDES, Filipa Viamonte	02	122198	Vitoria Sport Clube	28.72	25m	_____
4 CARDEAL, Joana Nunes	02	124752	Individual ANCP	28.73	50m	_____
5 LIMA, Lia Ana	01	205396	Benfica	28.70	25m	_____
6 CARDEAL, Beatriz Nunes	04	124753	Individual ANCP	28.93	50m	_____
7 RODRIGUES, Joana Francisca	04	127509	Condeixa Aqua Clube	29.17	50m	_____
8 JARDIM, Lara Filipa	06	200830	Naval do Funchal	29.36	25m	_____
9 VARGAS, Giovanna Vaz	00	110957	Nautico Marinha Grande	29.57	50m	_____

Heat 6 of 8

0 SOARES, Leonor Carvalho	08	200784	Porto	29.99	25m	_____
1 SILVA, Carlota Filipa	08	209557	Portinado	29.83	25m	_____
2 MARQUES, Gabriela Silva	07	206559	Braga	29.77	25m	_____
3 PINO, Ines Mira	06	208131	Pimpoes/Cimai	29.61	50m	_____
4 SALGADO, Soraia Maria	05	132513	Fisica Torres Vedras	29.52	25m	_____
5 SANTOS, Beatriz Rocha	02	129667	Desportivo de Campinho	29.52	25m	_____
6 GOUVEIA, Ana Luisa	06	200924	Colegio Efanor	29.70	25m	_____
7 MARQUES, Barbara Nunes	06	200027	Estarreja/PROZINCO	29.76	25m	_____
8 ALMEIDA, Maria Emilia	07	131568	Colegio Efanor	29.94	25m	_____
9 SILVA, Lara Pinho	07	204992	Feirense	30.04	25m	_____

Event 25, Women, 50m Butterfly, Prelim
Heat 7 of 8

0 NUNES, Marta Filipa	07	203167	Viver Santarem	30.86	50m	___:___:___
1 CACHACO, Beatriz Heitor	07	205927	Gesloures	30.81	50m	___:___:___
2 RODRIGUES, Maria Leonor	07	203917	Fundacao Salesianos	30.59	50m	___:___:___
3 FERRARI, Maria Carlotta	07	203867	Benfica	30.19	50m	___:___:___
4 FERREIRA, Constanca Santos	08	205945	Alges	30.08	25m	___:___:___
5 MENDES, Rafaela Ferreira	08	200571	Torres Novas	30.18	50m	___:___:___
6 BARROS, Adriana Ribeiro	08	201050	Braga	30.49	25m	___:___:___
7 NUNES, Carolina Mendes	08	205710	Estarreja/PROZINCO	30.81	50m	___:___:___
8 NUNES, Leonor Correia	08	207635	Aminata	30.82	50m	___:___:___

Heat 8 of 8

EXH 3 VEIGA, Susana Pereira	S9	9	00	121936	Colegio Vasco da Gama	33.45	50m	___:___:___
4 NASCIMENTO, Leonor Serrao			08	205949	Alges	31.00	50m	___:___:___
5 BARFIELD, Isabel			10	210363	Natacao de Lagos	30.99	25m	___:___:___

Event 26
Men, 100m Breaststroke
**Open
Startlist Prelim**
06/04/2024 - 10:35

Rec Nac Open	1:01.01	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	2013
Rec Nac Sen	1:01.01	ALMEIDA, Carlos Esteves	POR	Barcelona (ESP)	2013
Rec Nac Jun 18	1:02.87	SILVA, Andre Miguel	PDEM	Faro	2009
Rec Nac Jun 17	1:04.35	BONNIZ, Pedro Goncalves	SLB	Funchal	2023
Rec Nac Juv A	1:03.71	MIMOSO, Rafael Miguel	POR	Maribor (SLO)	2023
Rec Nac Juv B	1:06.16	PEREIRA, Ricardo Samuel	SLB	Oeiras	2018

CEJun_Masc 15 - 18: 1:03.93 / CEPL : 1:00.23 / JO : 59.49 / TAC_Masc Juv B 50m: 1:14.89 - 25m: 1:11.65 /
Masc Juv A 50m: 1:13.18 - 25m: 1:10.00; Jun 17 50m: 1:11.11 - 25m: 1:08.03; Jun 18 50m: 1:10.77 - 25m: 1:07.70;
Sen 1º 50m: 1:09.05 - 25m: 1:06.06; Sen + 50m: 1:08.71 - 25m: 1:05.73

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
1 GASPAR, Guilherme Andre			09	204669	Nautico Academico	1:11.58 25m ___:___:___
2 COSTA, Filipe Saldanha			09	203900	O Crasto	1:13.49 50m ___:___:___
3 CAXARIA, Miguel Loucao			09	205908	Palmela Desporto	1:11.14 25m ___:___:___
4 REIS, Diogo Damasceno			09	151317	Sporting	1:08.98 50m ___:___:___
5 ROCHA, Dinis Valente			09	208532	Estarreja/PROZINCO	1:10.13 25m ___:___:___
6 AMARO, Afonso Miguel			09	216575	Os Belenenses	1:11.28 25m ___:___:___
7 ANTONIO, Joao Pedro			09	211881	Portinado	1:11.52 25m ___:___:___
8 ROQUE, Francisco Nunes			09	208764	Benfica	1:14.61 50m ___:___:___

Event 26, Men, 100m Breaststroke, Prelim
Heat 2 of 6

2 GONCALVES, Luis Pedro	08	146966	Braga	1:10.00	25m	___:___:___
3 MORGADO, David Jesus	08	203407	Sporting	1:08.69	25m	___:___:___
4 BENNETT, Aubry Armada	08	218668	Naval Setubalense	1:06.57	25m	___:___:___
5 BRAZ, Pedro Pereira	08	206536	CLIP Teams	1:08.66	25m	___:___:___
6 ANJOS, Nuno Miguel	08	140396	Galitos / Bresimar	1:11.55	50m	___:___:___

Heat 3 of 6

0 MARTINS, Henrique Ferreira	06	203907	Alges e Agueda XXI	1:06.92	25m	___:___:___
1 FERNANDES, Duarte Jose	06	205623	Clube Uniao 1919	1:06.14	25m	___:___:___
2 NUNES, Duarte Ramos	07	131915	Galitos / Bresimar	1:06.55	50m	___:___:___
3 RODRIGUES, Joao Carvalho	06	129939	Galitos / Bresimar	1:03.08	25m	___:___:___
4 MIMOSO, Rafael Miguel	07	202973	Benfica	1:01.63	25m	___:___:___
5 BONNIZ, Pedro Goncalves	06	202696	Benfica	1:01.72	25m	___:___:___
6 CHOCAS, Rodrigo Martins	07	130042	Sporting	1:04.03	25m	___:___:___
7 FERNANDES, Leonardo Freitas	06	209567	Famalicao	1:04.87	25m	___:___:___
8 DANIEL IONAS, Daniel	07	205631	Amadora	1:06.56	25m	___:___:___
9 SIMOES, Francisco Marques	07	205719	CNLeiria	1:07.67	25m	___:___:___

Heat 4 of 6

0 TSYKAL, Daniel	04	128727	Sporting	1:03.52	25m	___:___:___
1 FRISCHKNECHT, Renato Barros	01	122051	Sporting	1:02.08	25m	___:___:___
2 NUNES, Carlos Daniel	05	132140	Benfica	1:03.62	50m	___:___:___
3 CARNEIRO, Joao Soares	03	205269	Benfica	1:00.03	25m	___:___:___
4 QUINTAS, Francisco Robalo	95	26501	Sporting	58.21	25m	___:___:___
5 AMORIM, Alexandre Ferreira	99	103953	Vitoria Sport Clube	59.58	25m	___:___:___
6 GEORGE LAWRENCE, Matthew	03	217507	Vitoria Sport Clube	1:01.68	25m	___:___:___
7 GRENHO, Andre Tavares	99	120605	Geslours	1:02.03	25m	___:___:___
8 GOMES, Filipe Miguel	97	107284	CNLeiria	1:02.83	25m	___:___:___
9 MATEUS, Diogo Garcez	02	129622	Sporting	1:03.73	25m	___:___:___

Heat 5 of 6

0 PROTUC, Daniel Cristiano	05	222172	Alges	1:05.78	25m	___:___:___
1 GOUVEIA, Afonso Martim	05	210095	FC Ferreiras/AlgarExperience	1:05.51	25m	___:___:___
2 CRISTINO, Guilherme Matias	03	132528	Uniao Piedense	1:05.36	25m	___:___:___
3 ROSATTI, Giovanni	03		Team Nuoto Trento asd	1:04.64	25m	___:___:___
4 REBELO, Joao Lourenco	04	132558	Alges	1:06.12	50m	___:___:___
5 ZENZA, Francisco Manuel	01	112097	Natacao da Maia	1:04.26	25m	___:___:___
6 MAGALHAES, Andre Filipe	98	111394	Laranjeiro	1:04.71	25m	___:___:___
7 CEPELEAGA, Marin	05	200223	Portinado	1:05.38	25m	___:___:___
8 RIBEIRO, Afonso Mateus	95	100430	Os Belenenses	1:05.56	25m	___:___:___
9 ROCHA, Rodrigo Manuel	05	200081	Sporting de Espinho	1:08.68	50m	___:___:___

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 26, Men, 100m Breaststroke, Prelim
Heat 6 of 6

EXH 1 CANCELA, Diogo Luis	SB8 1,2,4	02 124221	Louzan Natacao/EFAPEL	1:19.40 25m	___:___:___
2 RODRIGUES, Gil Afonso		07 148683	Fluvial Portuense	1:10.31 50m	___:___:___
3 DOURADO, Alexandre Moreira		07 213891	Clube Naval Povoense	1:09.83 50m	___:___:___
4 CUNHA, Joao Simons		02 124582	Leixoes Sport Clube	1:08.70 50m	___:___:___
5 IGREJA, Pedro Roque		06 203964	Vilacondense	1:09.72 50m	___:___:___
6 RODRIGUES, Joao Alves		07 201808	Famalicao	1:10.05 50m	___:___:___
EXH 7 NEVES, Tiago Correia	SB15 H	97 125796	Os Belenenses	1:08.92 25m	___:___:___

Event 27
Women, 100m Breaststroke
Open
06/04/2024 - 10:50
Startlist Prelim

Rec Nac Open	1:08.22	RODRIGUES, Ana Pinho	EDV	Porto	2023
Rec Nac Sen	1:08.22	RODRIGUES, Ana Pinho	EDV	Porto	2023
Rec Nac Jun 17	1:10.00	PEREIRA, Raquel Gomes	SAD	Coimbra	2017
Rec Nac Jun 16	1:10.09	GOMES, Diana Duarte	POR	Budapeste (HUN)	2005
Rec Nac Juv A	1:10.73	RODRIGUES, Ana Pinho	AEJ	Coimbra	2009
Rec Nac Juv B	1:12.89	OLIVEIRA, Paula Alexandra	FCP	Coimbra	2010

CEJun_Fem 14 - 18: 1:11.31 / CEPL : 1:08.09 / JO : 1:06.79 / TAC_Fem Juv B 50m: 1:24.53 - 25m: 1:21.68 /

Fem Juv A 50m: 1:22.57 - 25m: 1:19.79; Jun 16 50m: 1:20.62 - 25m: 1:17.90; Jun 17 50m: 1:20.23 - 25m: 1:17.52; Sen 1 50m: 1:18.66 - 25m: 1:16.01; Sen + 50m: 1:18.27 - 25m: 1:15.63

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
0 SILVA, Rita Mota			10	208180	Palmela Desporto	1:21.59 25m ___:___:___
1 GOMES, Rita Braga			10	213921	Sporting	1:20.48 25m ___:___:___
2 AZEVEDO, Mariana Sa			10	205443	Sporting de Espinho	1:20.13 25m ___:___:___
3 BRIZIDA, Sofia Roma			10	207308	Ba-Leiria	1:18.33 25m ___:___:___
4 SIMOES, Maria Neto			10	208358	Condeixa Aqua Clube	1:15.91 25m ___:___:___
5 BRITO, Rita Canas			10	210978	Naval Setubalense	1:20.35 50m ___:___:___
6 CARVALHO, Matilde Brandao			10	211099	Fluvial Portuense	1:21.13 50m ___:___:___
7 CARVALHO, Maria Duarte			10	211475	Benfica	1:20.43 25m ___:___:___
8 ALMEIDA, Leonor Sobreiro			10	213045	CASPAAE	1:23.17 50m ___:___:___

Heat 2 of 7

0 RODRIGUES, Daniela Pina	09		208657	Gesloures	1:18.94 25m ___:___:___
1 PEREIRA, Beatriz Maciel	09		213928	Escola Desportiva de Viana	1:18.23 25m ___:___:___
2 BATISTA, Beatriz Ferreira	09		205653	CPCD Pova de Santa Iria	1:18.07 25m ___:___:___
3 MESSIAS, Madalena Azevedo	09		209662	Sporting	1:17.12 25m ___:___:___
4 BRAZ, Maria Manuel	09		209417	Ginasio Clube de Vila Real	1:14.99 25m ___:___:___
5 COUTINHO, Eva Alexandra	09		208558	CMNPR	1:16.81 25m ___:___:___
6 GAIBU, Daria Taturevici	09		212924	Portinado	1:17.77 25m ___:___:___
7 PIRES, Rita Lobo	09		205497	Natacao do Fundao/Girassol	1:20.45 50m ___:___:___
8 BRAS, Raquel Sofia	09		208973	Os Belenenses	1:18.35 25m ___:___:___
9 SA, Vanessa Fernandes	09		209814	Naval do Funchal	1:19.02 25m ___:___:___

Event 27, Women, 100m Breaststroke, Prelim
Heat 3 of 7

0	AUGUSTO, Raquel Rodrigues	07	202485	FC Ferreiras/AlgarExperience	1:15.28	25m	_____
1	RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	1:14.78	25m	_____
2	LEITE, Maria Alexandra	08	204345	Braga	1:14.32	25m	_____
3	SILVA, Nuria Soares	07	203604	Sporting Clube Sao Joao Ver	1:13.36	25m	_____
4	LEAL, Matilde Barros	07	132883	Aquatico Pacense	1:12.06	25m	_____
5	BERGAMO, Emma Aguiar	07	202965	Alges	1:12.46	25m	_____
6	REBELO, Angela Rodrigues	07	131719	Louzan Natacao/EFAPEL	1:13.65	25m	_____
7	GUERRA, Matilde Militao	08	208968	Colegio Int Monte Maior	1:14.32	25m	_____
8	SANTOS, Rita Machita	07	205379	Naval Setubalense	1:14.89	25m	_____
9	MIRANDA, Matilde Pinguicha	08	132640	Galitos / Bresimar	1:17.66	50m	_____

Heat 4 of 7

0	CASTRO, Maria Freitas	03	124809	Porto	1:11.76	25m	_____
1	ANTUNES, Rebeca Leonor	06	148284	Benfica	1:10.77	25m	_____
2	CERDEIRA, Madalena Reis	03	130053	Sporting	1:12.05	50m	_____
3	RODRIGUES, Lidiana Correia	04	130399	Os Belenenses	1:11.55	50m	_____
4	RODRIGUES, Ana Pinho	94	13372	Escola Desportiva de Viana	1:08.22	50m	_____
5	BORGES, Claudia Ferreira	99	116591	Olhao	1:08.76	25m	_____
6	VAZQUEZ RUIZ, Alba	02		Spain	1:11.72	50m	_____
7	NUNES, Margarida Domingues	05	201398	Sporting	1:12.74	50m	_____
8	JESUS, Mariana Teixeira	06	200025	Estarreja/PROZINCO	1:13.42	50m	_____
9	VEIGA, Ana Filipa	01	125558	Gafanha da Encarnacao	1:11.90	25m	_____

Heat 5 of 7

0	LOPES, Margarida Santos	04	125564	Estarreja/PROZINCO	1:15.22	25m	_____
1	RIESENBERGER, Bruna Martins	97	105541	Laranjeiro	1:14.97	25m	_____
2	ALMEIDA, Ana Rita	05	201629	Desportivo de Campinho	1:13.91	25m	_____
3	RODRIGUES, Luana Correia	01	121504	Os Belenenses	1:15.56	50m	_____
4	SEQUEIRA, Catarina Costa	98	119735	Natacao de Lisboa	1:12.01	25m	_____
5	RIBEIRO, Maria Joao	05	133241	Sporting Clube Sao Joao Ver	1:12.73	25m	_____
6	LEITAO, Rita Fernandes	96	25571	Porto	1:15.92	50m	_____
7	FERREIRA, Joana Rosa	05	130757	CNLeiria	1:16.67	50m	_____
8	ALMEIDA, Beatriz Matias	06	200222	Lagoa Academico Clube	1:15.05	25m	_____
9	MADEIRA, Margarida Correia	06	200050	Nautico Marinha Grande	1:15.26	25m	_____

Heat 6 of 7

0	PEREIRA, Julia Freitas	08	206800	Naval do Funchal	1:17.39	25m	_____
1	LAMEIRA, Lara Martins	08	201091	Leixoes Sport Clube	1:17.08	25m	_____
2	RODRIGUES, Luisa Goncalves	08	202678	Fisica Torres Vedras	1:18.76	50m	_____
3	TEIXEIRA, Joana Navega	07	200355	Fluvial Portuense	1:18.12	50m	_____
4	SA, Madalena Correa	06	201548	Benfica	1:15.55	25m	_____
5	CARDOSO, Eduarda Oliveira	06	205428	Associacao Estamos Juntos	1:15.60	25m	_____
6	CARVALHO, Bruna Cruz	03	127518	Louzan Natacao/EFAPEL	1:18.27	50m	_____
7	BARROS, Erica Ferreira	08	151596	Aquatico Pacense	1:19.14	50m	_____
8	CARDOSO, Mafalda Rodrigues	07	205435	Sporting Clube Sao Joao Ver	1:19.53	50m	_____
9	NASCIMENTO, Leonor Serrao	08	205949	Alges	1:19.68	50m	_____

Event 27, Women, 100m Breaststroke, Prelim
Heat 7 of 7

1	VERISSIMO, Ines Maria	09	209394	Alges	1:22.32	50m	___:___:___
2	OLIVEIRA, Maria Teresa	09	207314	Ba-Leiria	1:19.37	25m	___:___:___
3	GOMES, Beatriz Silva	08	207357	Gesloures	1:20.31	50m	___:___:___
4	SANTOS, Margarida Ascenso	08	209004	Natacao de Valongo	1:17.56	25m	___:___:___
5	BRAZ, Sofia Pereira	07	206537	CLIP Teams	1:20.11	50m	___:___:___
6	RODRIGUES, Teresa Isabel	09	207950	Foca Quinta Da Lixa - Cnf	1:21.55	50m	___:___:___
7	SILVA, Matilde Lopes	09	206365	Sporting Clube Sao Joao Ver	1:22.19	50m	___:___:___

Event 28
Men, 200m Freestyle
Open
06/04/2024 - 11:00
Startlist Prelim

Rec Nac Open	1:47.97	NASCIMENTO, Miguel Duarte	SLB	Coimbra	2019
Rec Nac Sen	1:47.97	NASCIMENTO, Miguel Duarte	SLB	Coimbra	2019
Rec Nac Jun 18	1:49.98	VENANCIO, Tiago Andre	POR	Budapeste (HUN)	2005
Rec Nac Jun 17	1:50.82	RIBEIRO, Diogo Matos	CUC	Coimbra	2021
Rec Nac Juv A	1:54.18	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	1:53.96	RIBEIRO, Diogo Matos	CUC	Funchal	2019

CEJun_Masc 15 - 18: 1:53.68 / CEPL : 1:48.37 / JO : 1:46.26 / TAC_Masc Juv B 50m: 2:09.83 - 25m: 2:05.06 / Masc Juv A 50m: 2:06.85 - 25m: 2:02.19; Jun 17 50m: 2:03.28 - 25m: 1:58.75; Jun 18 50m: 2:02.68 - 25m: 1:58.17; Sen 1º 50m: 1:59.71 - 25m: 1:55.30; Sen + 50m: 1:59.11 - 25m: 1:54.73

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 10						
0	MARTINS, Martim Guerreiro	09	217667	Sporting	2:03.49	25m ___:___:___
1	MACEDO, Martim Cunha	09	204594	Natacao da Maia	2:02.40	25m ___:___:___
2	PARREIRA, Santiago Agostinho	09	209481	Pimpoes/Cimai	2:02.22	25m ___:___:___
3	REIS, Tomas Augusto	09	219434	Os Belenenses	2:04.91	50m ___:___:___
4	FERREIRA, Tomas Pascoal	09	208129	Ba-Leiria	2:00.32	50m ___:___:___
5	DEUS, Bernardo Silva	09	209237	Fluvial Portuense	2:00.34	25m ___:___:___
6	NUNES, Joao Tomas	09	211145	Olhao	2:02.05	25m ___:___:___
7	MADEIRA, Xavier Rosa	09	212301	Laranjeiro	2:05.52	50m ___:___:___
8	VALENTE, Xavier Jesus	09	206889	Colegio Vasco da Gama	2:03.01	25m ___:___:___
9	FERNANDES, Paulo Junio	09	212754	Alges	2:06.85	50m ___:___:___

Heat 2 of 10

0	FEDOROV, Andriy	08	205060	FC Ferreiras/AlgarExperience	2:01.29	25m ___:___:___
1	TOME, Tome Nunes	08	205544	CNLeiria	2:04.06	50m ___:___:___
2	MEDEIROS, Miguel Fragoso	08	200778	Porto	2:02.14	50m ___:___:___
3	SOARES, Guilherme Costa	08	201093	Vilacondense	2:00.57	50m ___:___:___
4	PEREIRA, Francisco Miguel	08	201111	Fluvial Portuense	1:56.35	25m ___:___:___
5	FERREIRA, Duarte Santos	08	200643	Porto	1:56.58	25m ___:___:___
6	RODRIGUES, Pedro Caiada	08	206431	Benfica	1:58.83	25m ___:___:___
7	LIMA, Eduardo Miguel	08	201133	Foca Quinta Da Lixa - Cnf	1:59.98	25m ___:___:___
8	FARDILHA, Antonio Cruz	08	140216	Galitos / Bresimar	2:01.17	25m ___:___:___
9	ORNELAS, Afonso Mendonca	08	208752	Gesloures	2:04.56	50m ___:___:___

Event 28, Men, 200m Freestyle, Prelim
Heat 3 of 10

0	FREITAS, Afonso Bjork	07	208727	Nacional de Natacao	1:59.78	50m	___:___:___
1	MARQUES, Joao Ferreira	06	201190	Academica de Coimbra	1:56.20	25m	___:___:___
2	JANUARIO, Tomas Maia	06	202694	Benfica	1:57.12	50m	___:___:___
3	ROQUE, Tomas Nunes	06	132472	Benfica	1:53.67	25m	___:___:___
4	LARANJO, Filipe Manso	07	202281	Escola Desportiva de Viana	1:53.12	25m	___:___:___
5	LEMOS, Gil Santos	06	201904	Pimpoes/Cimai	1:53.35	25m	___:___:___
6	FAFTINE, Kaio Araujo	06	213446	Sporting	1:57.07	50m	___:___:___
7	CARVALHO, Artur Guterres	06	202266	Vilacondense	1:55.46	25m	___:___:___
8	VIEIRA, Antonio Coelho	06	141506	Sporting	1:56.46	25m	___:___:___
9	TIGRE, Pedro Bethlem	06	208305	Sporting	1:56.67	25m	___:___:___

Heat 4 of 10

0	COSTA, Diogo Santos	02	126007	Benfica	1:51.06	25m	___:___:___
1	ALMEIDA, Bernardo Victorino	04	153357	Sporting	1:49.26	25m	___:___:___
2	BUSCAGLIA, Guido Alejandro	96		Argentina	1:47.63	25m	___:___:___
3	GARACH BENITO, Carlos	04		Spain	1:49.53	50m	___:___:___
4	LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	1:45.11	25m	___:___:___
5	RIBEIRO, Gustavo Carvalhais	03	121864	Alges	1:46.60	25m	___:___:___
6	RAMOS, Bruno Miguel	97	109110	Os Belenenses	1:47.52	25m	___:___:___
7	MARTINEZ NOVOA, Miguel	00		Spain	1:48.53	25m	___:___:___
8	COSTA, Afonso Filipe	03	126380	Louzan Natacao/EFAPEL	1:53.70	50m	___:___:___
9	MASCARENHAS, Henrique Silva	01	212154	Fluvial Portuense	1:51.24	25m	___:___:___

Heat 5 of 10

0	MORGADO, Vasco Alves	05	147123	Alges	1:56.51	50m	___:___:___
1	FERRAO, Gabriel Carvalho	05	132345	Benfica	1:52.64	25m	___:___:___
2	ELACHARAFI, Ilias EIFallaki	06	213324	Louletano / Loule Concelho	1:52.10	25m	___:___:___
3	SANTOS, Joao Duarte	95	26430	Olhao	1:54.85	50m	___:___:___
4	SIMÕES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	1:51.37	25m	___:___:___
5	OLIVEIRA, Diogo Alexandre	05	130414	Braga	1:51.78	25m	___:___:___
6	AMARAL, Francisco Rodriguez	02	122608	Porto	1:51.95	25m	___:___:___
7	MENDEZ PUGA, Mario	03		Spain	1:55.34	50m	___:___:___
8	MONTFORT, Nicolas Filip	05	217266	Alges	1:52.76	25m	___:___:___
9	REIS, Rodrigo Miguel	04	129842	Nautico Academico	1:53.51	25m	___:___:___

Heat 6 of 10

0	RODRIGUES, Rodrigo Vieira	06	129787	Sporting de Espinho	1:59.99	50m	___:___:___
1	ROLDAN CABEZA, Fernando	09	220141	Louletano / Loule Concelho	1:59.71	50m	___:___:___
2	ABREU, Sergio Gomes	96	100821	Naval do Funchal	1:57.77	50m	___:___:___
3	DELGADO, Juan Mendez	01	219650	Alges	1:54.16	25m	___:___:___
4	RIBEIRO, Filipe Silva	05	132090	Leixoes Sport Clube	1:53.89	25m	___:___:___
5	MARTINEZ SOTA, Ivan	05		Spain	1:56.91	50m	___:___:___
6	SANTOS, Goncalo Duarte	00	111095	Clube Oriental de Lisboa	1:54.68	25m	___:___:___
7	LEITE, Afonso Martim	05	127335	Foca Quinta Da Lixa - Cnf	1:58.01	50m	___:___:___
8	LOUREIRO, Bruno Silva	06	129872	Porto	1:56.79	25m	___:___:___
9	TEMUDO, Jose Maria	06	206962	Rio Maior	1:56.91	25m	___:___:___

Event 28, Men, 200m Freestyle, Prelim
Heat 7 of 10

0 TONA, Luca Valentino	06	203165	Pimpoes/Cimai	2:02.36	50m	_____
1 ASMAR, Axel Guedes	07	207810	Sporting	2:01.65	50m	_____
2 CASTRO, Vasco Monteiro	06	202720	Porto	1:58.07	25m	_____
3 MEDEIROS, Caio Salgado	07	208963	Alges	2:00.92	50m	_____
4 ROQUE, Afonso Dinis	07	205541	CNLeiria	2:00.19	50m	_____
5 GOMES, Joao Almeida	06	132828	Nacional de Natacao	1:57.09	25m	_____
6 MORAIS, David Miguel	06	153428	Benfica	2:01.19	50m	_____
7 COLACO, Goncalo Pereira	07	205720	CNLeiria	1:58.34	25m	_____
8 COSTA, Antonio Miguel	07	202259	Assoc. Desportiva Fafe	2:01.67	50m	_____
9 PINTO, Guilherme Romeira	07	200844	Sporting de Espinho	2:02.43	50m	_____

Heat 8 of 10

0 PEREIRA, Salvador Correia	08	205594	Condeixa Aqua Clube	2:06.29	50m	_____
1 OLIVEIRA, Vasco Frischknecht	08	209456	Benfica	2:05.58	50m	_____
2 PEREIRA, Santiago Carvalho	08	206129	Famalicao	2:05.40	50m	_____
3 OLIVEIRA, Paulo Jorge	08	205716	Estarreja/PROZINCO	2:01.56	25m	_____
4 MARTINS, Henrique Ferreira	06	203907	Alges e Agueda XXI	2:02.45	50m	_____
5 MARQUES, Duarte Cachulo	07	205589	Condeixa Aqua Clube	2:02.69	50m	_____
6 CASTRO, Marco Antonio	08	203451	Naval do Funchal	2:01.84	25m	_____
7 BRAZ, Alexandre Frederico	08	151417	Sporting	2:05.57	50m	_____
8 SOARES, Goncalo Augusto	08	206424	Porto	2:05.91	50m	_____
9 SILVA, Eduardo Pires	08	205581	Vilacondense	2:06.33	50m	_____

Heat 9 of 10

1 MONIZ, Rafael Lin	09	210337	Naval Setubalense	2:05.00	25m	_____	
2 RIZZON, Guilherme Oliveira	09	214294	Sporting	2:07.72	50m	_____	
3 SILVA, Tiago Joaquim	09	206653	Galitos / Bresimar	2:07.58	50m	_____	
4 SOUSA, Guilherme Simoes	08	202988	Nautico Academico	2:06.56	50m	_____	
EXH 5 CORDEIRO, Tomas Coelho	S10 12+	04	130167	Individual ANC	2:07.38	50m	_____
6 SAMPAIO, Rafael Rui	09	206128	Famalicao	2:07.71	50m	_____	
7 GUEDELHA, Bernardo Afonso	09	208760	Benfica	2:04.67	25m	_____	
8 GASPAR, Joao Nuno	09	203634	Condeixa Aqua Clube	2:08.45	50m	_____	

Heat 10 of 10

EXH 3 MENESES, Marco Ribeiro	S11 T	01	204993	O Crasto	2:14.86	50m	_____
4 SILVA, Joao Bernardo		09	210132	Desportivo Nacional	2:08.85	50m	_____
5 NETO, Goncalo Malha		09	141256	Galitos / Bresimar	2:09.19	50m	_____

**Event 29 Women, 200m Freestyle Open
06/04/2024 - 11:25 Startlist Prelim**

Rec Nac Open	1:58.55	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	2023
Rec Nac Sen	1:58.55	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	2023
Rec Nac Jun 17	2:03.11	MARTINS, Francisca Soares	POR	Loule	2020
Rec Nac Jun 16	2:02.89	SOUSA, Ana Reis	POR	Helsinki (FIN)	2018
Rec Nac Juv A	2:05.85	MARTINS, Francisca Soares	FOCA	Oeiras	2018
Rec Nac Juv B	2:07.40	CABRAL, Maria Francisca	FCP	Oeiras	2014

CEJun_Fem 14 - 18: 2:04.90 / CEPL : 1:59.61 / JO : 1:57.26 / TAC_Fem Juv B 50m: 2:22.92 - 25m: 2:18.69 /
Fem Juv A 50m: 2:19.61 - 25m: 2:15.48; Jun 16 50m: 2:16.30 - 25m: 2:12.27; Jun 17 50m: 2:15.64 - 25m: 2:11.63; Sen 1 50m: 2:12.99 -
25m: 2:09.06; Sen + 50m: 2:12.33 - 25m: 2:08.42

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 7						
0 NOGUEIRA, Cloe Canadas	10			209151	Colegio Efanor	2:18.25 25m : : . . .
1 VASCONCELOS, Sofia Rodrigues	10			201422	Galitos / Bresimar	2:17.82 25m : : . . .
2 MARQUES, Ana Jose	10			210414	Braga	2:20.78 50m : : . . .
3 CASTRO, Leticia Alves	10			209781	Braga	2:13.61 25m : : . . .
4 TAVEIRA, Carolina Ratola	10			209341	Galitos / Bresimar	2:12.62 50m : : . . .
5 CARDEAL, Leonor Nunes	10			201021	Individual ANCP	2:12.81 25m : : . . .
6 SANTOS, Rita Lucas	10			208356	Condeixa Aqua Clube	2:17.85 50m : : . . .
7 LOPES, Carolina Melo	10			211880	Portinado	2:17.88 25m : : . . .
8 FERNANDES, Maria Miguel	10			214491	Columbofila Cantanhedense	2:21.64 50m : : . . .
9 ROSA, Isabel Silva	10			212420	Naval da Horta	2:18.27 25m : : . . .

Heat 2 of 7						
0 MADEIRA, Carolina Marques	09			208728	Nacional de Natacao	2:14.75 25m : : . . .
1 CARDOSO, Raquel Campos	09			153184	Bombeiros de Ponta Delgada	2:16.11 50m : : . . .
2 BAPTISTA, Carolina Sofia	09			208839	Estarreja/PROZINCO	2:14.94 50m : : . . .
3 PINTO, Maria Carvalho	09			206343	Viana Natacao	2:10.26 25m : : . . .
4 MATIAS, Alana Costa	09			209589	Clube Uniao 1919	2:13.14 50m : : . . .
5 CRAVEIRO, Luana Ferreira	09			144313	Nautico Marinha Grande	2:13.36 50m : : . . .
6 MAIA, Lara Catarina	09			205712	Estarreja/PROZINCO	2:10.30 25m : : . . .
7 ARAUJO, Catarina Soares	09			205861	Penafiel	2:15.54 50m : : . . .
8 UVA, Sofia Monteiro	09			209405	Alges	2:16.76 50m : : . . .
9 JORDAO, Beatriz Silva	09			206785	Individual ANL	2:18.48 50m : : . . .

Heat 3 of 7						
0 FREITAS, Diana Gomes	08			202656	Amigos da Montanha	2:12.69 50m : : . . .
1 CABRAL, Carolina Vizinho	07			206307	CN Vagos	2:10.72 50m : : . . .
2 PINTO, Margarida Vieira	07			204344	Braga	2:06.40 25m : : . . .
3 VIEIRA, Ana Beatriz	07			202851	Foca Quinta Da Lixa - Cnf	2:03.87 25m : : . . .
4 FRANCO, Catarina Andrade	07			203865	Benfica	2:01.18 25m : : . . .
5 LOURO, Beatriz Silva	07			129303	Louletano / Loule Concelho	2:03.71 25m : : . . .
6 MESQUITA, Mafalda Martins	07			202805	Famalicao	2:04.95 25m : : . . .
7 NEVES, Maria Gomes	08			204347	Braga	2:10.00 50m : : . . .
8 OLIVEIRA, Leonor Carvalho	07			200901	Naval Setubalense	2:08.32 25m : : . . .
9 FERREIRA, Carolina Amadeu	08			202815	Leixoes Sport Clube	2:09.74 25m : : . . .

Event 29, Women, 200m Freestyle, Prelim
Heat 4 of 7

0 MOURA, Maria Ferreira	04	131382	Sporting	2:06.04	50m	_____
1 REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	2:01.43	25m	_____
2 FRISCHKNECHT, Rita Barros	98	106257	Sporting	2:00.46	25m	_____
3 CONCEICAO, Ema Jeronimo	03	129812	Benfica	1:59.54	25m	_____
4 MARTINS, Francisca Soares	03	126504	Foca Quinta Da Lixa - Cnf	1:58.55	50m	_____
5 OTERO FERNANDEZ, Paula	04		Spain	2:01.84	50m	_____
6 FOMINA, Anna	02	208146	Sporting	2:00.28	25m	_____
7 ANDRE, Leticia Maia	02	132801	Benfica	2:04.32	50m	_____
8 AMORIM, Ines Santos	06	200626	Escola Desportiva de Viana	2:05.24	50m	_____
9 PIRES, Marta Joao	05	147235	Alges	2:03.04	25m	_____

Heat 5 of 7

0 ALMEIDA, Bianca Filipa	07	204110	Alges e Agueda XXI	2:13.00	50m	_____
1 FERREIRA, Maria Neto	06	131467	Nautico Academico	2:11.52	50m	_____
2 LOPES, Francisca Macedo	05	129982	Vilacondense	2:10.05	50m	_____
3 COELHO, Maria Leonor	06	132470	Benfica	2:04.47	25m	_____
4 CARDEAL, Joana Nunes	02	124752	Individual ANCNP	2:03.15	25m	_____
5 VIANA, Carolina Pereira	04	129199	Sporting	2:04.04	25m	_____
6 RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	2:04.97	25m	_____
7 GOUVEIA, Ana Luisa	06	200924	Colegio Efanor	2:08.05	25m	_____
8 ALVES, Sara Sofia	07	202517	Palmela Desporto	2:12.94	50m	_____
9 NEVES, Ana Carolina	08	200350	Fluvial Portuense	2:10.63	25m	_____

Heat 6 of 7

0 MENDES, Barbara Balbino	10	206073	Naval de Peniche	2:21.80	50m	_____
1 MARTINS, Carolina Correia	09	206183	Porto	2:19.52	50m	_____
2 PIRES, Ana Beatriz	08	205416	Uniao Piedense	2:15.73	50m	_____
3 FIGUEIRA, Madalena Almeida	07	130765	Academico Viseu	2:15.07	50m	_____
4 RODRIGUES, Leonor Carreiro	07	205129	Benfica	2:11.21	25m	_____
5 LOPES, Catarina Maria	08	203020	Benfica	2:14.86	50m	_____
6 CARVALHO, Sofia Alexandra	07	133262	Fluvial Portuense	2:15.63	50m	_____
7 GALANTE, Filipa Carvalho	09	203195	Vilacondense	2:19.41	50m	_____
8 NUNES, Francisca Ramos	09	204735	Naval de Peniche	2:19.60	50m	_____

Heat 7 of 7

3 REGO, Filipa Correia	10	216769	Vilacondense	2:22.47	50m	_____
4 MARTINS, Leonor Sombreiroiro	10	211313	BUZIOS - Coruche	2:18.58	25m	_____
5 FERNANDES, Mariana Mesquita	10	212451	Braga	2:18.67	25m	_____

11:45 Medal Ceremony

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 300 Boys, 4 x 100m Freestyle 15 - 18 years
06/04/2024 - 12:15 Startlist

Rec Nac Open	3:20.92	Sport Lisboa e Benfica	SLB	Oeiras	2023
Rec Nac Jun	3:32.70	Clube Uniao 1919	CUC	Coimbra	2021
Rec Nac Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalicao	2013
Rec Nac Juv	3:39.68	Futebol Clube do Porto	FCP	Famalicao	2013
Rec Nac Juv B	3:44.52	Ass. Desp. Bairro dos Anjos	ADBA	Funchal	2019

TAC_Masc Juv B 50m: 4:00.12 - 25m: 3:55.30 / Masc Juv A 50m: 3:56.02 - 25m: 3:51.30; Jun 50m: 3:46.19 - 25m: 3:41.67

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 2						
3				Sporting	3:55.63	_:._.:
4				Galitos / Bresimar	3:54.87	_:._.:
5				Naval Setubalense	3:55.62	_:._.:
Heat 2 of 2						
0				Porto	3:47.90	_:._.:
1				CNLeiria	3:44.89	_:._.:
2				Portinado	3:40.86	_:._.:
3				Naval do Funchal	3:37.31	_:._.:
4				Benfica	3:27.52	_:._.:
5				Sporting	3:30.75	_:._.:
6				Ginasio Clube de Vila Real	3:39.09	_:._.:
7				Famalicao	3:43.78	_:._.:
8				Porto	3:45.83	_:._.:
9				Naval do Funchal	3:51.21	_:._.:

Event 310 Girls, 4 x 100m Freestyle 14 - 17 years
06/04/2024 - 12:25 Startlist

Rec Nac Open	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	2010
Rec Nac Jun	4:00.06	Clube dos Galitos / Bresimar	CGA	Oeiras	2022
Rec Nac Juv A	4:06.43	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv	4:03.10	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv B	4:10.72	Clube Nautico Academico de CoimbcNAC		Povoa de Varzim	2011

TAC_Fem Juv B 50m: 4:26.07 - 25m: 4:20.14 / Fem Juv A 50m: 4:21.37 - 25m: 4:16.14; Jun 50m: 4:13.90 - 25m: 4:08.82

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
0				Condeixa Aqua Clube	4:18.63	_:._.:
1				Porto	4:16.14	_:._.:
2				Braga	4:12.71	_:._.:
3				Palmela Desporto	4:12.27	_:._.:
4				Benfica	4:02.88	_:._.:
5				Estarreja/PROZINCO	4:10.80	_:._.:
6				Galitos / Bresimar	4:12.40	_:._.:
7				Nautico Academico	4:13.50	_:._.:
8				Braga	4:17.46	_:._.:

12:30 Medal ceremony No. 300. Boys, 4 x 100m Freestyle

12:35 Medal ceremony No. 310. Girls, 4 x 100m Freestyle

6 - 3ª Jornada - Finais
06/04/2024 - 17:00

Event 23 06/04/2024	Women, 800m Freestyle				Open Startlist
Rec Nac Open	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	2018
Rec Nac Sen	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	2018
Rec Nac Jun 17	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	2016
Rec Nac Jun 16	8:45.53	HOLUB, Tamila Hryhorivna	SCB	Coimbra	2015
Rec Nac Juv A	8:50.68	HOLUB, Tamila Hryhorivna	SCB	Oeiras	2014
Rec Nac Juv B	9:07.70	SILVA, Alexandra Maria	POR	Split (CRO)	1981
CEJun_Fem 14 - 18: 9:04.96 / CEPL : 8:36.84 / JO : 8:26.71					

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 6 of 6						
0 VIANA, Carolina Pereira			04	129199	Sporting	8:56.05 25m :.:.:
1 MENDES, Mariana Amaral			02	123959	Sporting	8:40.83 25m :.:.:
2 DURAES, Diana Margarida			96	102992	Benfica	8:40.48 50m :.:.:
3 HOLUB, Tamila Hryhorivna			99	116887	Braga	8:33.96 50m :.:.:
4 MARTINEZ GUILLEN, Angela			04		Spain	8:29.08 50m :.:.:
5 CARMONA VILLAPLANA, Marta			05		Spain	8:23.33 25m :.:.:
6 DE VALDES ALVAREZ, Maria			98		Spain	8:38.77 50m :.:.:
7 ANDRE, Angelica Maria			94	15497	Porto	8:32.85 25m :.:.:
8 HENRIQUES, Ines Jacinto			00	120220	Louzan Natacao/EFAPEL	8:49.54 25m :.:.:
9 CARDEAL, Beatriz Nunes			04	124753	Individual ANCPN	9:01.18 25m :.:.:

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 30 Men, 4 x 100m Freestyle OPEN Startlist
06/04/2024

Rec Nac Open	3:20.92	Sport Lisboa e Benfica	SLB	Oeiras	2023
Rec Nac Sen	3:20.92	Sport Lisboa e Benfica	SLB	Oeiras	2023
Rec Nac Jun	3:32.70	Clube Uniao 1919	CUC	Coimbra	2021
Rec Nac Juv A	3:39.68	Futebol Clube do Porto	FCP	Famalicao	2013
Rec Nac Juv	3:39.68	Futebol Clube do Porto	FCP	Famalicao	2013
Rec Nac Juv B	3:44.52	Ass. Desp. Bairro dos Anjos	ADBA	Funchal	2019
Rec Nac 14	3:52.27	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Loulé	2014

Masc 50m: 3:38.54 - 25m: 3:34.17

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
1				Porto	3:32.59	_:._.:
2				Naval do Funchal	3:29.93	_:._.:
3				Sporting	3:26.04	_:._.:
4				Benfica	3:12.81	_:._.:
5				Alges	3:19.68	_:._.:
6				Leixoes Sport Clube	3:29.13	_:._.:
7				Uniao Piedense	3:31.38	_:._.:
8				Fluvial Portuense	3:33.10	_:._.:

Event 31 Women, 4 x 100m Freestyle OPEN Startlist
06/04/2024

Rec Nac Open	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	2010
Rec Nac Sen	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	2010
Rec Nac Jun	4:00.06	Clube dos Galitos / Bresimar	CGA	Oeiras	2022
Rec Nac Juv A	4:06.43	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv	4:03.10	Futebol Clube do Porto	FCP	Coimbra	2015
Rec Nac Juv B	4:10.72	Clube Nautico Academico de Coimb	CNAC	Povoa de Varzim	2011

Fem 50m: 4:08.92 - 25m: 4:03.94

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
0				Nautico Academico	4:08.23	_:._.:
1				Porto	4:05.36	_:._.:
2				Fluvial Portuense	4:03.03	_:._.:
3				Uniao Piedense	3:58.66	_:._.:
4				Benfica	3:45.57	_:._.:
5				Sporting	3:56.15	_:._.:
6				Laranjeiro	4:01.81	_:._.:
7				Estarreja/PROZINCO	4:04.56	_:._.:
8				Vitoria Sport Clube	4:08.15	_:._.:

Medal ceremony No. 30. Men, 4 x 100m Freestyle
 Medal ceremony No. 31. Women, 4 x 100m Freestyle

7 - 4ª Jornada - Eliminatórias
07/04/2024 - 9:00
Event 32 Women, 400m Medley Open Startlist Prelim
07/04/2024 - 9:00

Rec Nac Open	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	2017
Rec Nac Sen	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	2017
Rec Nac Jun 17	4:52.12	KAMINSKAYA, Victoria	PIMP	Oeiras	2012
Rec Nac Jun 16	4:54.00	ROCHA, Ines Neto	SANNP	Gijón (ESP)	2017
Rec Nac Juv A	4:58.08	DURAES, Diana Margarida	FOCA	Povoa de Varzim	2011
Rec Nac Juv B	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	2015

CEJun_Fem 14 - 18: 4:55.87 / CEPL : 4:44.10 / JO : 4:38.53 / TAC_Fem Juv B 50m: 5:47.19 - 25m: 5:37.05 /
 Fem Juv A 50m: 5:39.15 - 25m: 5:29.24; Jun 16 50m: 5:31.11 - 25m: 5:21.44; Jun 17 50m: 5:29.51 - 25m: 5:19.88; Sen 1 50m: 5:23.08 -
 25m: 5:13.64; Sen + 50m: 5:21.47 - 25m: 5:12.08

Lane	Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 5							
0	NOGUEIRA, Ana Laura	10			209772	Braga	5:36.05 25m : :
1	MARTINS, Leonor Sombreiro	10			211313	BUZIOS - Coruche	5:32.23 25m : :
2	BERNAT, Alicia Del Rio	10			212723	Alges	5:37.78 50m : :
3	AZEVEDO, Constanca Lourenco	10			213367	Lagoa Academico Clube	5:18.83 25m : :
4	SIMOES, Maria Neto	10			208358	Condeixa Aqua Clube	5:14.42 25m : :
5	CUNHA, Maria Rita	10			206403	Colegio Efanor	5:27.90 50m : :
6	CARDEAL, Leonor Nunes	10			201021	Individual ANCNP	5:23.59 25m : :
7	GANTE, Maria Ines	10			211156	Nautico Academico	5:39.29 50m : :
8	GOMES, Rita Braga	10			213921	Sporting	5:34.20 25m : :
9	VIEIRA, Matilde Santos	10			214518	Nautico Marinha Grande	5:46.38 50m : :

Heat 2 of 5							
1	SILVA, Marta Oliveira	09			208167	Sanjoanense/FEPSA	5:26.17 25m : :
2	MATEUS, Eleine Vieira	09			206350	Desportivo Nacional	5:18.63 25m : :
3	RODRIGUES, Teresa Isabel	09			207950	Foca Quinta Da Lixa - Cnf	5:24.08 50m : :
4	CRAVEIRO, Luana Ferreira	09			144313	Nautico Marinha Grande	5:21.91 50m : :
5	AMBRUS, Beatriz Alves	09			203309	Porto	5:23.15 50m : :
6	TOMAS, Constanca Baptista	09			206496	Alcobaca	5:15.54 25m : :
7	NETO, Maria Ines	09			202390	Bombeiros de Ponta Delgada	5:25.54 25m : :
8	MARTINS, Carolina Correia	09			206183	Porto	5:37.21 50m : :

Heat 3 of 5							
0	CRUZ, Laura Maria	07			203984	Colegio Int Monte Maior	5:14.35 25m : :
1	ALVES, Catarina Alexandra	07			205924	Gesloures	5:22.84 50m : :
2	CAMARA, Ines Cruz	07			131346	Desportivo Nacional	5:19.07 50m : :
3	SANTOS, Rita Machita	07			205379	Naval Setubalense	5:15.00 50m : :
4	PINTO, Margarida Vieira	07			204344	Braga	5:01.29 25m : :
5	ALMEIDA, Maria Emilia	07			131568	Colegio Efanor	5:03.88 25m : :
6	FERREIRA, Constanca Santos	08			205945	Alges	5:06.35 25m : :
7	NUNES, Carolina Mendes	08			205710	Estarreja/PROZINCO	5:11.09 25m : :
8	RODRIGUES, Leonor Carreiro	07			205129	Benfica	5:23.29 50m : :
9	GOMES, Francisca Martins	07			207830	Porto	5:14.83 25m : :

Event 32, Women, 400m Medley, Prelim
Heat 4 of 5

0	PINTO, Leonor Filipa	06	132842	Porto	4:57.66	25m	___:___:___
1	CARDEAL, Beatriz Nunes	04	124753	Individual ANCPN	4:57.54	50m	___:___:___
2	HENRIQUES, Ines Jacinto	00	120220	Louzan Natacao/EFAPEL	4:55.63	50m	___:___:___
3	DURAES, Diana Margarida	96	102992	Benfica	4:43.85	25m	___:___:___
4	DE VALDES ALVAREZ, Maria	98		Spain	4:50.62	50m	___:___:___
5	ANDRE, Angelica Maria	94	15497	Porto	4:43.69	25m	___:___:___
6	MENDES, Mariana Amaral	02	123959	Sporting	4:43.90	25m	___:___:___
7	REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	4:48.15	25m	___:___:___
8	LOPES, Daniela Magalhaes	05	130098	Famalicao	4:53.91	25m	___:___:___
9	LOPES, Matilde Nunes	06	201711	Benfica	4:58.69	25m	___:___:___

Heat 5 of 5

0	GOMES, Rita Cunha	07	132782	Viana Natacao	5:18.65	25m	___:___:___
1	FREITAS, Diana Gomes	08	202656	Amigos da Montanha	5:18.39	25m	___:___:___
2	COSTA, Maria Joao	08	201391	Vilacondense	5:15.01	25m	___:___:___
3	SILVA, Ana Francisca	06	200045	Alcobaca	5:11.33	25m	___:___:___
4	MORGADO, Alice Jesus	04	131016	Sporting	5:08.38	25m	___:___:___
5	MONTEIRO, Ana Carolina	04	129474	Clube Uniao 1919	5:11.08	25m	___:___:___
6	MATOS, Ana Rita	02	127501	Os Belenenses	5:11.46	25m	___:___:___
7	FERREIRA, Carolina Amadeu	08	202815	Leixoes Sport Clube	5:25.03	50m	___:___:___
8	BARROS, Adriana Ribeiro	08	201050	Braga	5:27.82	50m	___:___:___

Event 33
Men, 800m Freestyle
**Open
Startlist**
07/04/2024 - 9:30

Rec Nac Open	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Sen	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Jun 18	8:06.97	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	8:13.49	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	2010
Rec Nac Juv A	8:23.54	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	8:32.97	PEREIRA, Rui Silva	POR	Coimbra	2023

CEJun_Masc 15 - 18: 8:16.80 / CEPL : 7:55.34 / JO : 7:51.65

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 4						
0	PINTO, Rodrigo Teixeira		09	206287	Foca Quinta Da Lixa - Cnf	9:25.61 50m ___:___:___
1	MONIZ, Rafael Lin		09	210337	Naval Setubalense	9:08.13 25m ___:___:___
2	MONTEIRO, Joao Pedro		08	203021	BUZIOS - Coruche	9:05.74 25m ___:___:___
3	OLIVEIRA, Paulo Jorge		08	205716	Estarreja/PROZINCO	9:02.53 25m ___:___:___
4	SILVA, Guilherme Martins		08	204688	Academico Viseu	8:58.48 25m ___:___:___
5	CABRITA, Martim Santos		08	208153	Louletano / Loule Concelho	8:59.96 25m ___:___:___
6	SOUSA, Guilherme Simoes		08	202988	Nautico Academico	9:13.66 50m ___:___:___
7	MARTINS, Martim Guerreiro		09	217667	Sporting	9:18.88 50m ___:___:___
8	BENTO, Afonso Maria		09	211118	AN Alcabastrense	9:12.73 25m ___:___:___
9	NOVAIS, Guilherme Pereira		09	205195	Assoc. Desportiva Fafe	9:15.08 25m ___:___:___

Event 33, Men, 800m Freestyle
Heat 2 of 4

0 MARRAZES, Guilherme Meireles	09	152840	Nautico Marinha Grande	8:53.66	25m	_____
1 MACEDO, Martim Cunha	09	204594	Natacao da Maia	9:01.94	50m	_____
2 SOARES, Goncalo Augusto	08	206424	Porto	8:45.31	25m	_____
3 RITA, Francisco Xavier	07	205310	Vieirense	8:41.50	25m	_____
4 GOMES, Miguel Braga	07	207816	Sporting	8:39.66	25m	_____
5 KOT, Paulo	09	144468	Nautico Marinha Grande	8:39.75	25m	_____
6 CANELAS, Tiago Andre	08	200358	Fluvial Portuense	8:53.61	50m	_____
7 RODRIGUES, Rafael Pereira	08	205593	Condeixa Aqua Clube	8:46.75	25m	_____
8 LOPES, Gustavo Miguel	08	201750	Porto	8:52.32	25m	_____
9 LIMA, Rodrigo Silva	08	206003	Porto	8:54.62	25m	_____

Heat 3 of 4

0 ALVES, Andre Correia	06	131173	Benfica	8:35.21	25m	_____
1 CASTRO, Vasco Monteiro	06	202720	Porto	8:32.54	25m	_____
2 CARVALHO, Goncalo Renato	04	127586	Porto	8:29.94	25m	_____
3 TIGRE, Pedro Bethlem	06	208305	Sporting	8:24.27	25m	_____
4 FERRAO, Gabriel Carvalho	05	132345	Benfica	8:21.80	25m	_____
5 BORGES, Rodrigo Costa	07	133190	Fluvial Portuense	8:24.17	25m	_____
6 MEDEIROS, Miguel Fragoso	08	200778	Porto	8:28.06	25m	_____
7 SOUSA, Joao Maria	05	130462	Braga	8:30.51	25m	_____
8 ASMAR, Axel Guedes	07	207810	Sporting	8:32.78	25m	_____
9 COSTA, Antonio Miguel	07	202259	Assoc. Desportiva Fafe	8:35.30	25m	_____

Heat 4 scheduled in session 8

Event 34
Women, 200m Breaststroke
**Open
Startlist Prelim**

07/04/2024 - 10:00

Rec Nac Open	2:25.67	KAMINSKAYA, Victoria	POR	Gwangju (KOR)	2019
Rec Nac Sen	2:25.67	KAMINSKAYA, Victoria	POR	Gwangju (KOR)	2019
Rec Nac Jun 17	2:29.23	PEREIRA, Raquel Gomes	SAD	Coimbra	2017
Rec Nac Jun 16	2:29.51	GOMES, Diana Duarte	POR	Budapeste (HUN)	2005
Rec Nac Juv A	2:31.32	GOMES, Diana Duarte	POR	Mulhouse (FRA)	2004
Rec Nac Juv B	2:36.99	GOMES, Diana Duarte	POR	Paris (FRA)	2003

CEJun_Fem 14 - 18: 2:35.49 / CEPL : 2:26.79 / JO : 2:23.91 / TAC_Fem Juv B 50m: 3:04.76 - 25m: 2:56.94 /

Fem Juv A 50m: 3:00.48 - 25m: 2:52.84; Jun 16 50m: 2:56.20 - 25m: 2:48.74; Jun 17 50m: 2:55.35 - 25m: 2:47.93; Sen 1 50m: 2:51.93 - 25m: 2:44.65; Sen + 50m: 2:51.07 - 25m: 2:43.83

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
1 VELEZ, Vida Sofia	10			209976	Ba-Leiria	3:01.74 50m _____
2 ALMEIDA, Leonor Sobreiro	10			213045	CASPAE	2:57.43 50m _____
3 CARVALHO, Maria Duarte	10			211475	Benfica	2:49.51 25m _____
4 BRIZIDA, Sofia Roma	10			207308	Ba-Leiria	2:50.83 50m _____
5 SIMOES, Maria Neto	10			208358	Condeixa Aqua Clube	2:47.61 25m _____
6 LOPES, Carolina Melo	10			211880	Portinado	2:50.44 25m _____
7 CUNHA, Maria Rita	10			206403	Colegio Efanor	2:55.99 25m _____
8 AZEVEDO, Mariana Sa	10			205443	Sporting de Espinho	3:03.53 50m _____

Event 34, Women, 200m Breaststroke, Prelim
Heat 2 of 6

0 CRUZ, Rita Calado	09	205626	Nautico Academico	2:54.04	50m	___:___:___
1 PEREIRA, Beatriz Maciel	09	213928	Escola Desportiva de Viana	2:53.89	50m	___:___:___
2 MESSIAS, Madalena Azevedo	09	209662	Sporting	2:47.03	25m	___:___:___
3 RODRIGUES, Teresa Isabel	09	207950	Foca Quinta Da Lixa - Cnf	2:46.42	25m	___:___:___
4 BRAS, Raquel Sofia	09	208973	Os Belenenses	2:45.59	25m	___:___:___
5 PIRES, Rita Lobo	09	205497	Natacao do Fundao/Girassol	2:51.60	50m	___:___:___
6 GAIBU, Daria Taturevici	09	212924	Portinado	2:46.64	25m	___:___:___
7 BRAZ, Maria Manuel	09	209417	Ginasio Clube de Vila Real	2:48.15	25m	___:___:___
8 BATISTA, Beatriz Ferreira	09	205653	CPCD Povia de Santa Iria	2:48.35	25m	___:___:___
9 SANTOS, Carlota Ganito	09	201019	Galitos / Bresimar	2:54.33	50m	___:___:___

Heat 3 of 6

0 CARDOSO, Mafalda Rodrigues	07	205435	Sporting Clube Sao Joao Ver	2:50.42	50m	___:___:___
1 REBELO, Angela Rodrigues	07	131719	Louzan Natacao/EFAPEL	2:42.81	25m	___:___:___
2 LEITE, Maria Alexandra	08	204345	Braga	2:40.88	25m	___:___:___
3 BERGAMO, Emma Aguiar	07	202965	Alges	2:39.35	25m	___:___:___
4 LEAL, Matilde Barros	07	132883	Aquatico Pacense	2:33.33	25m	___:___:___
5 RODRIGUES, Laura Sofia	07	148425	Juventude Atlantico Clube	2:37.74	25m	___:___:___
6 GUERRA, Matilde Militao	08	208968	Colegio Int Monte Maior	2:40.70	25m	___:___:___
7 SILVA, Nuria Soares	07	203604	Sporting Clube Sao Joao Ver	2:41.71	25m	___:___:___
8 GOMES, Francisca Martins	07	207830	Porto	2:42.94	25m	___:___:___
9 LAMEIRA, Lara Martins	08	201091	Leixoes Sport Clube	2:45.51	25m	___:___:___

Heat 4 of 6

0 SEQUEIRA, Catarina Costa	98	119735	Natacao de Lisboa	2:40.26	50m	___:___:___
1 ANTUNES, Rebeca Leonor	06	148284	Benfica	2:37.81	50m	___:___:___
2 JESUS, Mariana Teixeira	06	200025	Estarreja/PROZINCO	2:37.33	50m	___:___:___
3 RODRIGUES, Lidiana Correia	04	130399	Os Belenenses	2:34.73	50m	___:___:___
4 BORGES, Claudia Ferreira	99	116591	Olhao	2:29.10	25m	___:___:___
5 CERDEIRA, Madalena Reis	03	130053	Sporting	2:29.27	25m	___:___:___
6 CASTRO, Maria Freitas	03	124809	Porto	2:35.93	50m	___:___:___
7 VEIGA, Ana Filipa	01	125558	Gafanha da Encarnacao	2:32.64	25m	___:___:___
8 NUNES, Margarida Domingues	05	201398	Sporting	2:38.48	50m	___:___:___
9 RIBEIRO, Maria Joao	05	133241	Sporting Clube Sao Joao Ver	2:38.11	25m	___:___:___

Heat 5 of 6

0 AUGUSTO, Raquel Rodrigues	07	202485	FC Ferreiras/AlgarExperience	2:46.39	25m	___:___:___
1 MIRANDA, Matilde Pinguicha	08	132640	Galitos / Bresimar	2:51.08	50m	___:___:___
2 SA, Madalena Correa	06	201548	Benfica	2:47.78	50m	___:___:___
3 ALMEIDA, Beatriz Matias	06	200222	Lagoa Academico Clube	2:41.32	25m	___:___:___
4 MADEIRA, Margarida Correia	06	200050	Nautico Marinha Grande	2:43.91	50m	___:___:___
5 FERREIRA, Joana Rosa	05	130757	CNLeiria	2:39.80	25m	___:___:___
6 PEIXOTO, Carolina Esteves	06	133308	Braga	2:46.64	50m	___:___:___
7 GASPAS, Beatriz Andre	06	132656	Nautico Academico	2:47.97	50m	___:___:___
8 BRAZ, Sofia Pereira	07	206537	CLIP Teams	2:51.48	50m	___:___:___
9 SILVA, Rita Rocha	08	204600	Alcobaca	2:52.58	50m	___:___:___

Event 34, Women, 200m Breaststroke, Prelim
Heat 6 of 6

0 BRASIL, Sara Cabaco	09	208717	Fisica Torres Vedras	2:59.96	50m	_____
1 OLIVEIRA, Maria Teresa	09	207314	Ba-Leiria	2:52.80	25m	_____
2 SILVA, Matilde Lopes	09	206365	Sporting Clube Sao Joao Ver	2:50.87	25m	_____
3 BARROS, Erica Ferreira	08	151596	Aquatico Pacense	2:48.41	25m	_____
4 TEIXEIRA, Joana Navega	07	200355	Fluvial Portuense	2:52.82	50m	_____
5 RODRIGUES, Luisa Goncalves	08	202678	Fisica Torres Vedras	2:53.20	50m	_____
6 FERREIRA, Mariana Pinto	08	206487	Foca Quinta Da Lixa - Cnf	2:55.17	50m	_____
7 COSTA, Laura Brites	09	211108	Rio Maior	2:52.54	25m	_____
8 PEIXOTO, Mafalda Coelho	09	206406	Vitoria Sport Clube	2:59.39	50m	_____

Event 35
Men, 200m Breaststroke
**Open
Startlist Prelim**
07/04/2024 - 10:20

Rec Nac Open	2:11.92	LOPES, Gabriel Jose	POR	Roma (ITA)	2022
Rec Nac Sen	2:11.92	LOPES, Gabriel Jose	POR	Roma (ITA)	2022
Rec Nac Jun 18	2:15.99	SILVA, Andre Miguel	PDEM	Faro	2009
Rec Nac Jun 17	2:19.00	SANTOS, Andre Goncalo	LSC	Oeiras	2014
Rec Nac Juv A	2:15.98	MIMOSO, Rafael Miguel	POR	Maribor (SLO)	2023
Rec Nac Juv B	2:19.73	MIMOSO, Rafael Miguel	POR	Banská Bystrica (SVK)	2022

CEJun_Masc 15 - 18: 2:19.25 / CEPL : 2:12.13 / JO : 2:09.54 / TAC_Masc Juv B 50m: 2:45.03 - 25m: 2:37.66 /
Masc Juv A 50m: 2:41.24 - 25m: 2:34.04; Jun 17 50m: 2:36.70 - 25m: 2:29.70; Jun 18 50m: 2:35.94 - 25m: 2:28.98;
Sen 1º 50m: 2:32.16 - 25m: 2:25.36; Sen + 50m: 2:31.40 - 25m: 2:24.64

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 5						
0 GOMES, Goncalo Matos			09	141204	Aquatico Pacense	2:36.05 25m _____
1 SANTOS, Hugo Miguel			09	210463	Pimpoes/Cimai	2:42.71 50m _____
2 ROQUE, Francisco Nunes			09	208764	Benfica	2:34.94 25m _____
3 ANTONIO, Joao Pedro			09	211881	Portinado	2:34.58 25m _____
4 REIS, Diogo Damasceno			09	151317	Sporting	2:28.45 25m _____
5 ROCHA, Dinis Valente			09	208532	Estarreja/PROZINCO	2:38.90 50m _____
6 COSTA, Filipe Saldanha			09	203900	O Crasto	2:34.78 25m _____
7 AMARO, Afonso Miguel			09	216575	Os Belenenses	2:34.93 25m _____
8 SILVA, Francisco Carvalho			09	132869	Naval Praia da Vitoria	2:35.99 25m _____
9 MACHADO, Gustavo Silva			09	207440	Leixoes Sport Clube	2:43.90 50m _____

Heat 2 of 5

2 DUARTE, Rafael Ataide	08	205919	Benfica	2:40.78	50m	_____
3 BESSA, Guilherme Simao	08	208436	Vilacondense	2:37.94	50m	_____
4 BENNETT, Aubry Armada	08	218668	Naval Setubalense	2:28.94	25m	_____
5 BRAZ, Pedro Pereira	08	206536	CLIP Teams	2:37.53	50m	_____
6 BARROS, Jose Pedro	08	203324	Assoc. Desportiva Fafe	2:31.91	25m	_____
7 SILVA, Rodrigo Mosca	08	210814	Columbofila Cantanhedense	2:41.20	50m	_____

Event 35, Men, 200m Breaststroke, Prelim
Heat 3 of 5

0 RODRIGUES, Joao Alves	07	201808	Famalicao	2:34.00	50m	_____
1 DOURADO, Alexandre Moreira	07	213891	Clube Naval Povoense	2:30.00	50m	_____
2 RODRIGUES, Joao Carvalho	06	129939	Galitos / Bresimar	2:19.28	25m	_____
3 FERNANDES, Leonardo Freitas	06	209567	Famalicao	2:24.59	50m	_____
4 MIMOSO, Rafael Miguel	07	202973	Benfica	2:15.98	50m	_____
5 BONNIZ, Pedro Goncalves	06	202696	Benfica	2:12.17	25m	_____
6 NUNES, Duarte Ramos	07	131915	Galitos / Bresimar	2:24.88	50m	_____
7 ZHUKOV, Mark	06	200632	Braga	2:22.16	25m	_____
8 RODRIGUES, Gil Afonso	07	148683	Fluvial Portuense	2:33.16	50m	_____
9 FERNANDES, Duarte Jose	06	205623	Clube Uniao 1919	2:34.31	50m	_____

Heat 4 of 5

0 GOMES, Filipe Miguel	97	107284	CNLeiria	2:19.47	25m	_____
1 TSYKAL, Daniel	04	128727	Sporting	2:17.60	25m	_____
2 MATEUS, Diogo Garcez	02	129622	Sporting	2:23.19	50m	_____
3 CARNEIRO, Joao Soares	03	205269	Benfica	2:19.64	50m	_____
4 LOPES, Gabriel Jose	97	24488	Louzan Natacao/EFAPEL	2:07.87	25m	_____
5 QUINTAS, Francisco Robalo	95	26501	Sporting	2:15.83	50m	_____
6 NUNES, Carlos Daniel	05	132140	Benfica	2:22.83	50m	_____
7 REBELO, Joao Lourenco	04	132558	Alges	2:23.21	50m	_____
8 CARVALHO, Goncalo Duarte	05	132466	Benfica	2:24.42	50m	_____
9 RIBEIRO, Afonso Mateus	95	100430	Os Belenenses	2:21.25	25m	_____

Heat 5 of 5

2 CAMPOS, Ricardo Lima	06	209771	Sanjoanense/FEPSA	2:35.87	50m	_____	
3 FOMIN, Yury	06	208159	Louletano / Loule Concelho	2:31.70	50m	_____	
4 GOUVEIA, Afonso Martim	05	210095	FC Ferreiras/AlgarExperience	2:22.91	25m	_____	
5 CRISTINO, Guilherme Matias	03	132528	Uniao Piedense	2:24.18	25m	_____	
EXH 6 NEVES, Tiago Correia	SB15 H	97	125796	Os Belenenses	2:34.58	50m	_____
7 SOUSA, Eduardo Afonseca	09	204365	Desportivo Nacional	2:44.02	50m	_____	

**Event 36 Women, 100m Freestyle Open
07/04/2024 - 10:35 Startlist Prelim**

Rec Nac Open	56.21	MARTINS, Francisca Soares	FOCA	Coimbra	2023
Rec Nac Sen	56.21	MARTINS, Francisca Soares	FOCA	Coimbra	2023
Rec Nac Jun 17	56.56	SOUSA, Ana Reis	SAD	Coimbra	2019
Rec Nac Jun 16	57.11	SOUSA, Ana Reis	POR	Helsinki (FIN)	2018
Rec Nac Juv A	57.75	ROSA, Maria Carolina	POR	Prague (CZE)	2009
Rec Nac Juv B	58.07	FERNANDES, Carolina Miranda	POR	Baku (AZE)	2019

CEJun_Fem 14 - 18: 57.81 / CEPL : 54.68 / JO : 53.61 / TAC_Fem Juv B 50m: 1:05.75 - 25m: 1:04.15 / Fem Juv A 50m: 1:04.23 - 25m: 1:02.67; Jun 16 50m: 1:02.71 - 25m: 1:01.18; Jun 17 50m: 1:02.40 - 25m: 1:00.89; Sen 1 50m: 1:01.18 - 25m: 59.70; Sen + 50m: 1:00.88 - 25m: 59.40

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8						
0 SILVA, Joana Alexandra	10			207187	CPCD Povia de Santa Iria	1:02.88 25m : : . . .
1 RIBEIRO, Guida Drumond	10			208351	Naval do Funchal	1:04.51 50m : : . . .
2 ROSA, Isabel Silva	10			212420	Naval da Horta	1:02.40 25m : : . . .
3 VASCONCELOS, Sofia Rodrigues	10			201422	Galitos / Bresimar	1:03.88 50m : : . . .
4 TAVEIRA, Carolina Ratola	10			209341	Galitos / Bresimar	1:00.76 50m : : . . .
5 MARCELO, Camila Duarte	10			208416	Condeixa Aqua Clube	1:02.90 50m : : . . .
6 FERNANDES, Maria Miguel	10			214491	Columbofila Cantanhedense	1:04.18 50m : : . . .
7 SANTOS, Rita Lucas	10			208356	Condeixa Aqua Clube	1:04.39 50m : : . . .
8 CASTRO, Leticia Alves	10			209781	Braga	1:02.86 25m : : . . .
9 FERNANDES, Mariana Mesquita	10			212451	Braga	1:04.80 50m : : . . .

Heat 2 of 8						
0 COSTA, Leonor Martins	09			205320	Natacao de Lagos	1:00.73 25m : : . . .
1 MADEIRA, Carolina Marques	09			208728	Nacional de Natacao	1:00.60 25m : : . . .
2 PROTOLYUK, Anastacia	09			205586	Columbofila Cantanhedense	1:02.13 50m : : . . .
3 SILVA, Leonor Carnide	09			151721	Ginasio Clube de Vila Real	1:01.91 50m : : . . .
4 MAIA, Lara Catarina	09			205712	Estarreja/PROZINCO	1:01.53 50m : : . . .
5 ARAUJO, Catarina Soares	09			205861	Penafiel	1:01.55 50m : : . . .
6 PINTO, Maria Carvalho	09			206343	Viana Natacao	1:01.93 50m : : . . .
7 CARDOSO, Raquel Campos	09			153184	Bombeiros de Ponta Delgada	1:02.16 50m : : . . .
8 COUTINHO, Eva Alexandra	09			208558	CMNPR	1:00.62 25m : : . . .
9 MATIAS, Alana Costa	09			209589	Clube Uniao 1919	1:00.81 25m : : . . .

Heat 3 of 8						
0 PARENTE, Leonor Peso	07			208092	Palmela Desporto	59.94 50m : : . . .
1 MANO, Leonor Mil	07			202991	Nautico Academico	59.65 50m : : . . .
2 VIEIRA, Ana Beatriz	07			202851	Foca Quinta Da Lixa - Cnf	59.20 50m : : . . .
3 FRANCO, Catarina Andrade	07			203865	Benfica	59.00 50m : : . . .
4 BOLEIXA, Carlota Costa	08			206163	Louletano / Loule Concelho	58.74 50m : : . . .
5 ROJAS, Zara Alejandra	07			217329	Desportivo Nacional	57.30 25m : : . . .
6 LOURO, Beatriz Silva	07			129303	Louletano / Loule Concelho	57.40 25m : : . . .
7 AMADOR, Erica Domitila	07			202625	Estarreja/PROZINCO	57.64 25m : : . . .
8 PEREIRA, Maria Silva	08			209414	Ginasio Clube de Vila Real	58.01 25m : : . . .
9 NEVES, Ana Carolina	08			200350	Fluvial Portuense	59.25 25m : : . . .

Event 36, Women, 100m Freestyle, Prelim
Heat 4 of 8

0	PEGO, Isabel Porfirio	01	121336	Fluvial Portuense	58.46	50m	_____
1	FERNANDES, Carolina Miranda	05	127797	Galitos / Bresimar	57.96	50m	_____
2	FRISCHKNECHT, Rita Barros	98	106257	Sporting	57.48	50m	_____
3	CONCEICAO, Ema Jeronimo	03	129812	Benfica	55.05	25m	_____
4	MARTINS, Francisca Soares	03	126504	Foca Quinta Da Lixa - Cnf	56.21	50m	_____
5	CUNHA, Mariana Pacheco	04	124577	Colegio Efanor	56.63	50m	_____
6	FOMINA, Anna	02	208146	Sporting	55.60	25m	_____
7	ANDRE, Leticia Maia	02	132801	Benfica	56.20	25m	_____
8	BARBEITO, Laura Espinola	06	201165	Nucleo Sporting da Terceira	58.10	50m	_____
9	AMORIM, Ines Santos	06	200626	Escola Desportiva de Viana	58.87	50m	_____

Heat 5 of 8

0	KHOURY, Marie	01		Lebanon	1:00.42	50m	_____
1	PIMENTA, Margarida Sobral	99	118764	Clube Oriental de Lisboa	1:00.39	50m	_____
2	PIRES, Marta Joao	05	147235	Alges	59.66	50m	_____
3	COELHO, Maria Leonor	06	132470	Benfica	57.63	25m	_____
4	MOURA, Maria Ferreira	04	131382	Sporting	59.21	50m	_____
5	CATALAO, Leonor Tavares	06	202215	Sporting	59.33	50m	_____
6	VIANA, Carolina Pereira	04	129199	Sporting	59.65	50m	_____
7	GOUVEIA, Ana Luisa	06	200924	Colegio Efanor	1:00.14	50m	_____
8	MENDES, Ana Sebastiao	04	129455	Aquatico Silves	58.70	25m	_____
9	TEIXEIRA, Ines Correia Teixeira	06	133334	Amadora	1:00.45	50m	_____

Heat 6 of 8

0	ALMEIDA, Bianca Filipa	07	204110	Alges e Agueda XXI	1:01.90	50m	_____
1	MARQUES, Matilde Catroga	08	205880	Colegio Int Monte Maior	1:01.88	50m	_____
2	OLIVEIRA, Leonor Carvalho	07	200901	Naval Setubalense	59.87	25m	_____
3	FERNANDES, Maria Teresa	05	132557	Alges	1:00.88	50m	_____
4	RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	1:00.79	50m	_____
5	CARRAO, Iris Pereira	05	201392	Uniao Piedense	1:00.87	50m	_____
6	CABRAL, Carolina Vizinho	07	206307	CN Vagos	1:01.06	50m	_____
7	PIRES, Ana Beatriz	08	205416	Uniao Piedense	1:01.86	50m	_____
8	CACHACO, Beatriz Heitor	07	205927	Gesloures	1:01.89	50m	_____
9	SIMOES, Dania Rodrigues	07	133520	Louzan Natacao/EFAPEL	1:01.97	50m	_____

Heat 7 of 8

0	BARROSO, Juliana Bushe	10	201862	FC Ferreiras/AlgarExperience	1:03.23	25m	_____
1	MELO, Ines Ribeiro	10	140527	Galitos / Bresimar	1:05.01	50m	_____
2	CALCADA, Maria Leonor	09	210653	Sporting	1:04.10	50m	_____
3	COSTA, Uxia Romero	09	208443	Fluvial Portuense	1:01.02	25m	_____
4	ANTONIO, Rafaela Mariano	07	207751	Portinado	1:02.13	50m	_____
5	COSTA, Maria Joao	08	201391	Vilacondense	1:00.53	25m	_____
6	UVA, Sofia Monteiro	09	209405	Alges	1:03.20	50m	_____
7	MOREIRA, Madalena Valente	09	207969	Colegio Efanor	1:02.30	25m	_____
8	MARQUES, Ana Jose	10	210414	Braga	1:05.04	50m	_____
9	COSTA, Mariana Varela	10	208738	Sporting	1:05.16	50m	_____

Event 36, Women, 100m Freestyle, Prelim
Heat 8 of 8

1	REGO, Filipa Correia	10	216769	Vilacondense	1:05.65	50m	_____
2	BARFIELD, Isabel	10	210363	Natacao de Lagos	1:03.68	25m	_____
3	SANTOS, Carolina Brito	10	212564	FC Ferreiras/AlgarExperience	1:05.53	50m	_____
4	JESUS, Leonor Silva	10	206656	Galitos / Bresimar	1:05.23	50m	_____
5	MENDES, Ana Nabais	10	211556	Laranjeiro	1:05.37	50m	_____
6	RODRIGUES, Maria Ines	10	207574	Condeixa Aqua Clube	1:05.54	50m	_____
7	ROMAO, Filipa Santos	10	207973	Vilacondense	1:05.59	50m	_____
8	MENDES, Barbara Balbino	10	206073	Naval de Peniche	1:04.14	25m	_____

Event 37
Men, 100m Freestyle
Open
07/04/2024 - 10:50
Startlist Prelim

Rec Nac Open	47.98	RIBEIRO, Diogo Matos	SLB	Funchal	2023
Rec Nac Sen	47.98	RIBEIRO, Diogo Matos	SLB	Funchal	2023
Rec Nac Jun 18	48.52	RIBEIRO, Diogo Matos	POR	Roma (ITA)	2022
Rec Nac Jun 17	49.34	RIBEIRO, Diogo Matos	POR	Rome (ITA)	2021
Rec Nac Juv A	52.10	VENANCIO, Tiago Andre	POR	Paris (FRA)	2003
Rec Nac Juv B	52.51	RIBEIRO, Diogo Matos	CUC	Funchal	2019

CEJun_Masc 15 - 18: 51.54 / CEPL : 49.02 / JO : 48.34 / TAC_Masc Juv B 50m: 58.76 - 25m: 56.64 / Masc Juv A 50m: 57.41 - 25m: 55.34; Jun 17 50m: 55.80 - 25m: 53.78; Jun 18 50m: 55.53 - 25m: 53.52; Sen 1º 50m: 54.18 - 25m: 52.22; Sen + 50m: 53.91 - 25m: 51.96

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8						
0	GASPAR, Joao Nuno		09	203634	Condeixa Aqua Clube	58.34 50m _____
1	DEUS, Bernardo Silva		09	209237	Fluvial Portuense	55.75 25m _____
2	NUNES, Joao Tomas		09	211145	Olhao	57.22 50m _____
3	REIS, Tomas Augusto		09	219434	Os Belenenses	56.70 50m _____
4	MADEIRA, Xavier Rosa		09	212301	Laranjeiro	56.21 50m _____
5	JOAQUIM, Henrique Martins		09	207318	CNLeiria	56.69 50m _____
6	PARREIRA, Santiago Agostinho		09	209481	Pimpoes/Cimai	56.92 50m _____
7	GUEDELHA, Bernardo Afonso		09	208760	Benfica	57.56 50m _____
8	CAXARIA, Miguel Loucao		09	205908	Palmela Desporto	58.28 50m _____
9	SILVA, Tiago Joaquim		09	206653	Galitos / Bresimar	58.55 50m _____

Heat 2 of 8

0	VALE, Vicente Sa		08	148738	Galitos / Bresimar	56.72 50m _____
1	FARDILHA, Antonio Cruz		08	140216	Galitos / Bresimar	56.68 50m _____
2	FEDOROV, Andriy		08	205060	FC Ferreiras/AlgarExperience	56.47 50m _____
3	PASCOAL, Martim Nobre		08	203009	Columbofila Cantanhedense	55.73 50m _____
4	FERREIRA, Duarte Santos		08	200643	Porto	55.04 50m _____
5	PEREIRA, Francisco Miguel		08	201111	Fluvial Portuense	55.05 50m _____
6	ORNELAS, Afonso Mendonca		08	208752	Gesloures	55.89 50m _____
7	RODRIGUES, Pedro Caiada		08	206431	Benfica	56.62 50m _____
8	SILVA, Eduardo Pires		08	205581	Vilacondense	56.69 50m _____
9	OLIVEIRA, Vasco Frischknecht		08	209456	Benfica	56.72 50m _____

Event 37, Men, 100m Freestyle, Prelim
Heat 3 of 8

0	PITA, Pedro Miguel	06	201963	Naval do Funchal	54.55	50m	_____
1	BAPTISTA, Guilherme Fernandes	06	153381	Benfica	54.18	50m	_____
2	LEMOS, Gil Santos	06	201904	Pimpoes/Cimai	54.04	50m	_____
3	VIEIRA, Antonio Coelho	06	141506	Sporting	51.53	25m	_____
4	MORARI, Alexandre	07	206445	Rio Maior	52.11	50m	_____
5	TAVARES, Daniel Batista	06	202604	Braga	52.86	50m	_____
6	RAMOS, Andre Miguel	07	209022	Fisica Torres Vedras	53.88	50m	_____
7	CARVALHO, Artur Guterres	06	202266	Vilacondense	51.80	25m	_____
8	ROQUE, Afonso Dinis	07	205541	CNLeiria	54.45	50m	_____
9	GONCALVES, Manuel Alves	06	148528	Celorico Basto	54.57	50m	_____

Heat 4 of 8

0	ALMEIDA, Bernardo Victorino	04	153357	Sporting	52.15	50m	_____
1	COSTA, Diogo Santos	02	126007	Benfica	51.28	50m	_____
2	MARQUES, Miguel Henriques	00	120530	Benfica	51.10	50m	_____
3	RAMOS, Bruno Miguel	97	109110	Os Belenenses	50.76	50m	_____
4	BUSCAGLIA, Guido Alejandro	96		Argentina	49.65	50m	_____
5	LEBRE, Diogo Ramos	01	122294	Alges	50.59	50m	_____
6	RIBEIRO, Gustavo Carvalhais	03	121864	Alges	51.00	50m	_____
7	PADRELA, Joao Esteves	99	119137	Naval do Funchal	51.11	50m	_____
8	SCHILLING, Leonardo	93	209678	Porto	51.31	50m	_____
9	MASCARENHAS, Henrique Silva	01	212154	Fluvial Portuense	52.21	50m	_____

Heat 5 of 8

0	OLIVEIRA, Diogo Alexandre	05	130414	Braga	53.26	50m	_____
1	APSENIECE, Kevins Alexandre	04	128451	Porto	50.64	25m	_____
2	PEREIRA, Tomas Coelho	05	133202	Penafiel	52.76	50m	_____
3	SANTOS, Joao Duarte	95	26430	Olhao	52.64	50m	_____
4	DELGADO, Juan Mendez	01	219650	Alges	52.36	50m	_____
5	NARVAEZ, Alejandro Rueda	02	214803	Louletano / Loule Concelho	52.53	50m	_____
6	COSTA, Afonso Filipe	03	126380	Louzan Natacao/EFAPEL	52.69	50m	_____
7	SANTOS, Goncalo Teixeira	94	25310	Assoc Nadadores Estoris	52.89	50m	_____
8	REIS, Rodrigo Miguel	04	129842	Nautico Academico	53.22	50m	_____
9	SANTOS, Pedro Andre	94	15732	Alges	53.41	50m	_____

Heat 6 of 8

0	ROQUE, Tomas Nunes	06	132472	Benfica	54.78	50m	_____
1	RIBEIRO, Filipe Silva	05	132090	Leixoes Sport Clube	53.99	50m	_____
2	MONTFORT, Nicolas Filip	05	217266	Alges	53.71	50m	_____
3	MORGADO, Vasco Alves	05	147123	Alges	53.59	50m	_____
4	FERNANDES, Diogo Henrique	04	133152	Naval do Funchal	53.49	50m	_____
5	SIMOES, Bernardo Jorge	04	130250	Colegio Vasco da Gama	53.57	50m	_____
6	VIEIRA, Francisco Ribeiro	04	130443	Fisica Torres Vedras	53.68	50m	_____
7	POLIAKOV, A.	93	11114	Clube Oriental de Lisboa	53.77	50m	_____
8	ROLDAN CABEZA, Fernando	09	220141	Louletano / Loule Concelho	54.77	50m	_____
9	LARANJO, Filipe Manso	07	202281	Escola Desportiva de Viana	55.05	50m	_____

Event 37, Men, 100m Freestyle, Prelim
Heat 7 of 8

0	MARTINS, Joao Valente	07	206161	FC Ferreiras/AlgarExperience	55.69	50m	_____
1	CHOCAS, Rodrigo Martins	07	130042	Sporting	52.94	25m	_____
2	MEJIAS, Jesus Alberto	09	218311	Individual ANL	55.29	50m	_____
3	FIGUEIREDO, Luis Pedro	06	203875	Gesloures	55.19	50m	_____
4	MEDEIROS, Caio Salgado	07	208963	Alges	55.05	50m	_____
5	COLACO, Goncalo Pereira	07	205720	CNLeiria	55.15	50m	_____
6	BARROS, Joao Carlos	06	200357	Fluvial Portuense	55.23	50m	_____
7	MACHADO, Bernardo Magalhaes	06	129920	Desportivo Nacional	55.31	50m	_____
8	CALHELHA, Afonso Rodrigues	07	208048	Colegio Int Monte Maior	55.64	50m	_____
9	MARTINS, Henrique Ferreira	06	203907	Alges e Agueda XXI	53.39	25m	_____

Heat 8 of 8

EXH 0	CANCELA, Diogo Luis	S8	1,2,4	02	124221	Louzan Natacao/EFAPEL	1:01.94	50m	_____
1	GONCALVES, Pedro Martim			09	205087	Juventude Atlantico Clube	56.44	25m	_____
2	OLIVEIRA, Manuel Martins			08	202617	Sporting de Espinho	57.39	50m	_____
3	BRAZ, Alexandre Frederico			08	151417	Sporting	57.25	50m	_____
4	LIMA, Eduardo Miguel			08	201133	Foca Quinta Da Lixa - Cnf	56.91	50m	_____
5	GAMEIRO DOS SANTOS, Tiago			08	216811	AN Albicastrense	56.97	50m	_____
6	BARROS, Jose Pedro			08	203324	Assoc. Desportiva Fafe	57.32	50m	_____
7	GUERRA, Gabriel Moises			09	217419	UD Oliveirense/FERSILVA	58.45	50m	_____
EXH 8	CORDEIRO, Tomas Coelho	S10	12+	04	130167	Individual ANC	59.84	50m	_____

Event 38
Women, 200m Backstroke
Open
07/04/2024 - 11:00
Startlist Prelim

Rec Nac Open	2:09.54	REBELO, Camila Rodrigues	ALN	Palma de Mallorca (ESP)	2023
Rec Nac Sen	2:09.54	REBELO, Camila Rodrigues	ALN	Palma de Mallorca (ESP)	2023
Rec Nac Jun 17	2:15.53	FRISCHKNECHT, Rita Barros	SAD	Coimbra	2015
Rec Nac Jun 16	2:15.72	REBELO, Camila Rodrigues	ALN	Coimbra	2019
Rec Nac Juv A	2:17.38	SILVA, Joana Carina	LSXXI	Coimbra	2012
Rec Nac Juv B	2:20.53	REBELO, Camila Rodrigues	ALN	Oeiras	2017

CEJun_Fem 14 - 18: 2:18.63 / CEPL : 2:13.00 / JO : 2:10.39 / TAC_Fem Juv B 50m: 2:43.47 - 25m: 2:37.09 /

Fem Juv A 50m: 2:39.68 - 25m: 2:33.45; Jun 16 50m: 2:35.90 - 25m: 2:29.81; Jun 17 50m: 2:35.14 - 25m: 2:29.09; Sen 1 50m: 2:32.12 - 25m: 2:26.18; Sen + 50m: 2:31.36 - 25m: 2:25.45

Lane	Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 8							
0	PETERSSON, Violeta Reis	10			213282	Louletano / Loule Concelho	2:32.53 25m _____
1	BRITO, Rita Canas	10			210978	Naval Setubalense	2:37.85 50m _____
2	SANTOS, Carolina Brito	10			212564	FC Ferreiras/AlgarExperience	2:30.65 25m _____
3	NOGUEIRA, Cloe Canadas	10			209151	Colegio Efanor	2:33.04 50m _____
4	CARVALHO, Matilde Brandao	10			211099	Fluvial Portuense	2:24.84 25m _____
5	AZEVEDO, Constanca Lourenco	10			213367	Lagoa Academico Clube	2:27.00 25m _____
6	FERNANDES, Mariana Mesquita	10			212451	Braga	2:35.15 50m _____
7	PEDROSO, Madalena Gracio	10			144100	Nautico Marinha Grande	2:31.85 25m _____
8	GANTE, Maria Ines	10			211156	Nautico Academico	2:37.96 50m _____
9	SILVESTRE, Mariana Bernardo	10			208132	Nautico Academico	2:33.12 25m _____

Event 38, Women, 200m Backstroke, Prelim

Heat 2 of 8

0	ANTUNES, Ana Moreira	09	203682	Famalicao	2:33.69	50m	_____
1	RICARDO, Francisca Martingo	09	206171	Porto	2:27.07	25m	_____
2	FIALHO, Matilde Lopes	09	208396	Palmela Desporto	2:30.64	50m	_____
3	BAPTISTA, Carolina Sofia	09	208839	Estarreja/PROZINCO	2:24.24	25m	_____
4	GONCALVES, Vera Andrade	09	204429	Juventude Atlantico Clube	2:21.40	25m	_____
5	SANTOS, Joana Almeida	09	210792	Galitos / Bresimar	2:28.86	50m	_____
6	CLARA, Beatriz Belo	09	205723	CNLeiria	2:29.80	50m	_____
7	RIBEIRO, Ines Carvalhinho	09	203712	Natacao da Maia	2:31.45	50m	_____
8	COSTA, Leonor Martins	09	205320	Natacao de Lagos	2:27.54	25m	_____
9	AMBRUS, Beatriz Alves	09	203309	Porto	2:29.35	25m	_____

Heat 3 of 8

0	RODRIGUES, Maria Leonor	07	203917	Fundacao Salesianos	2:30.48	50m	_____
1	MENDES, Matilde Marques	08	152959	Gafanha da Encarnacao	2:29.09	50m	_____
2	ROLIM, Beatriz Alexandra	08	207351	Palmela Desporto	2:28.12	50m	_____
3	CASALINHO, Catarina Castro	07	202624	Estarreja/PROZINCO	2:26.04	50m	_____
4	MESQUITA, Mafalda Martins	07	202805	Famalicao	2:22.98	50m	_____
5	NEVES, Maria Gomes	08	204347	Braga	2:23.38	50m	_____
6	ALVES, Sara Sofia	07	202517	Palmela Desporto	2:20.79	25m	_____
7	MENDES, Rafaela Ferreira	08	200571	Torres Novas	2:22.83	25m	_____
8	FIGUEIRA, Madalena Almeida	07	130765	Academico Viseu	2:29.47	50m	_____
9	CRUZ, Laura Maria	07	203984	Colegio Int Monte Maior	2:25.82	25m	_____

Heat 4 of 8

0	ARMAS, Maria Ornelas	98	106961	Clube Oriental de Lisboa	2:20.72	25m	_____
1	FERREIRA, Maria Joao	06	132732	Foca Quinta Da Lixa - Cnf	2:25.48	50m	_____
2	EIRA, Maria Carolina	05	130388	Ginasio Clube de Vila Real	2:16.75	25m	_____
3	CARDEAL, Joana Nunes	02	124752	Individual ANCNP	2:14.88	25m	_____
4	REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	2:04.39	25m	_____
5	PESSANHA, Maria Luiza	00	219301	Naval do Funchal	2:18.66	50m	_____
6	CAMACHO, Carolina Martins	06	202646	Benfica	2:15.94	25m	_____
7	RODRIGUES, Luana Correia	01	121504	Os Belenenses	2:25.25	50m	_____
8	MAGALHAES, Luana Cardoso	06	201688	Alges	2:20.34	25m	_____
9	PINTO, Leonor Filipa	06	132842	Porto	2:20.89	25m	_____

Heat 5 of 8

0	SANTOS, Leonor Castanho	07	150848	Sporting	2:32.13	50m	_____
1	SILVA, Beatriz Machado	06	132774	Braga	2:23.66	25m	_____
2	SILVA, Ana Francisca	06	200045	Alcobaca	2:22.91	25m	_____
3	NUNES, Sofia Alexandra	00	112322	Laranjeiro	2:21.43	25m	_____
4	AMADO, Maria Lopes	04	131517	Sporting	2:21.02	25m	_____
5	RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	2:21.40	25m	_____
6	GUEDES, Ana Margarida	01	109087	Ginasio Clube de Vila Real	2:27.74	50m	_____
7	ROMAO, Ana Teresa	06	200128	FC Ferreiras/AlgarExperience	2:28.60	50m	_____
8	COSTA, Daniela Alexandra	06	129441	Leixoes Sport Clube	2:25.72	25m	_____
9	MARQUES, Margarida Catroga	08	205879	Colegio Int Monte Maior	2:33.06	50m	_____

Event 38, Women, 200m Backstroke, Prelim
Heat 6 of 8

0 SANTOS, Caetana Amado	09	144755	Miranda do Corvo	2:35.96	50m	_____
1 CAVALEIRO, Leonor Mercês	09	207209	Columbofila Cantanhedense	2:35.71	50m	_____
2 MARGARIDO, Paula Aguiar	09	204386	Juventude Atlantico Clube	2:29.61	25m	_____
3 DIOGO, Ines Miranda	07	200416	Nautico Academico	2:34.07	50m	_____
4 FERRARI, Maria Carlotta	07	203867	Benfica	2:33.68	50m	_____
5 DUARTE, Cristiana Sofia	07	207717	Academica de Coimbra	2:34.03	50m	_____
6 CONCEICAO, Sara Oliveira	07	203607	Feirense	2:34.98	50m	_____
7 GOMES, Sofia Vega	08	206798	Naval do Funchal	2:29.68	25m	_____
8 SILVA, Ana Castro	08	205522	Vilacondense	2:35.86	50m	_____
9 MAGALHAES, Matilde Esteves	09	207334	Sporting Club Caminhense	2:31.96	25m	_____

Heat 7 of 8

0 TRINDADE, Adriana Resende	10	208543	Sporting de Espinho	2:40.98	50m	_____
1 ESTRELA, Ema Ferreira	10	212145	Leixoes Sport Clube	2:40.88	50m	_____
2 FILIPE, Maria Rita	10	211565	Gesloures	2:40.71	50m	_____
3 PATRICIO, Ines Castro	09	213889	Vilacondense	2:38.91	50m	_____
4 FERNANDES, Joana Sofia	09	208735	Nacional de Natacao	2:32.09	25m	_____
5 GALANTE, Filipa Carvalho	09	203195	Vilacondense	2:38.45	50m	_____
6 ALVES, Diana Isabel	10	205555	Pimpoes/Cimai	2:33.65	25m	_____
7 OLIVEIRA, Catarina Sousa	10	206388	Colegio Efanor	2:40.75	50m	_____
8 FERNANDES, Marta Silva	10	210702	Porto	2:40.95	50m	_____
9 MOREIRA, Beatriz Ribeiro	10	209179	Sporting de Espinho	2:35.25	25m	_____

Heat 8 of 8

1 RIBEIRO, Francisca Ramos	10	207263	Escola Desportiva de Viana	2:42.84	50m	_____
2 GUERRA, Carolina Escrevente	10	212746	Alges	2:42.69	50m	_____
3 COELHO, Bianca Pinto	10	213908	Leixoes Sport Clube	2:35.88	25m	_____
4 SOARES, Beatriz Guerra	10	206400	Leixoes Sport Clube	2:35.35	25m	_____
5 LIMA, Sara Marques	10	210508	CASPAE	2:41.30	50m	_____
6 POETA, Maria Silva	10	212032	Ginasio Clube de Vila Real	2:35.86	25m	_____
7 SILVA, Ines Senhorinha	10	205529	Natacao da Maia	2:42.70	50m	_____
8 JESUS, Leonor Silva	10	206656	Galitos / Bresimar	2:43.17	50m	_____

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
**Event 39 Men, 200m Backstroke Open
07/04/2024 - 11:30 Startlist Prelim**

Rec Nac Open	1:57.06	SANTOS, Francisco Rogerio	SCP	Porto	2021
Rec Nac Sen	1:57.06	SANTOS, Francisco Rogerio	SCP	Porto	2021
Rec Nac Jun 18	2:00.07	COSTA, Joao Nogueira	POR	Budapest (HUN)	2019
Rec Nac Jun 17	2:03.06	OLIVEIRA, Pedro Diogo	POR	Budapest (HUN)	2005
Rec Nac Juv A	2:06.59	VITAL, Joao Alexandre	POR	Netanya (ISR)	2014
Rec Nac Juv B	2:06.44	VITAL, Joao Alexandre	POR	Utrecht (NED)	2013

CEJun_Masc 15 - 18: 2:04.74 / CEPL : 1:59.23 / JO : 1:57.50 / TAC_Masc Juv B 50m: 2:27.37 - 25m: 2:20.56 / Masc Juv A 50m: 2:23.99 - 25m: 2:17.33; Jun 17 50m: 2:19.93 - 25m: 2:13.46; Jun 18 50m: 2:19.26 - 25m: 2:12.82; Sen 1º 50m: 2:15.88 - 25m: 2:09.59; Sen + 50m: 2:15.20 - 25m: 2:08.95

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 6						
0 GODINHO, Hugo Pacheco	09			208765	Sporting	2:25.74 50m : : . . .
1 PEREIRA, Tomas Rafael	09			205415	Nautico Academico	2:24.50 50m : : . . .
2 TEIXEIRA, Filipe Assuncao	09			206054	Foca Quinta Da Lixa - Cnf	2:23.44 50m : : . . .
3 REIS, Tomas Augusto	09			219434	Os Belenenses	2:22.04 50m : : . . .
4 PINTO, Martim Chambel	09			208969	Colegio Int Monte Maior	2:17.82 50m : : . . .
5 OLIVEIRA, Miguel Reis	09			214174	Vitoria Sport Clube	2:11.77 25m : : . . .
6 FERNANDES, Paulo Junio	09			212754	Alges	2:15.04 25m : : . . .
7 PIRES, Daniel Ducatti	09			220208	Naval Setubalense	2:23.49 50m : : . . .
8 KOT, Paulo	09			144468	Nautico Marinha Grande	2:17.03 25m : : . . .
9 MANUEL, Tiago Trindade	09			205937	Palmela Desporto	2:26.68 50m : : . . .

Heat 2 of 6						
0 BISPO, Miguel Almeida	08			203715	Natacao da Maia	2:22.23 50m : : . . .
1 PEREIRA, Francisco Fernandes	08			207471	Academica de Coimbra	2:21.08 50m : : . . .
2 SOARES, Guilherme Costa	08			201093	Vilacondense	2:19.70 50m : : . . .
3 BATISTA, Miguel Duarte	08			205348	Academico Viseu	2:11.68 25m : : . . .
4 PEIXOTO, Tomas Pinto	08			203354	Porto	2:14.70 50m : : . . .
5 ONUTSKYY, Mikhael	08			207253	Pimpoes/Cimai	2:07.14 25m : : . . .
6 VITORIA, Joao Miguel	08			204687	Academico Viseu	2:19.58 50m : : . . .
7 OLIVEIRA, Pedro Saad	08			141892	Sporting	2:20.34 50m : : . . .
8 MOREIRA, Antonio Pedro	08			203429	Colegio Efanor	2:21.28 50m : : . . .
9 MIRANDA, Francisco Guilherme	08			206796	Naval do Funchal	2:14.91 25m : : . . .

Heat 3 of 6						
0 NEVES, Tiago Brazao	07			204426	Naval do Funchal	2:06.65 25m : : . . .
1 CRUZ, Leonardo Jose	07			204601	Alcobaca	2:05.54 25m : : . . .
2 FREITAS, Afonso Bjork	07			208727	Nacional de Natacao	2:02.98 25m : : . . .
3 RODRIGUES, Rodrigo Vieira	06			129787	Sporting de Espinho	2:06.77 50m : : . . .
4 JANUARIO, Tomas Maia	06			202694	Benfica	1:57.90 25m : : . . .
5 SILVA, Francisco Araujo	06			132331	Famalicao	2:06.10 50m : : . . .
6 CORREIA, Rodrigo Filipe	07			210429	Porto	2:09.90 50m : : . . .
7 COSTA, Tiago Mendes	07			201132	Famalicao	2:11.30 50m : : . . .
8 HERRERO, Miguel Mera	06			151461	Sporting	2:14.16 50m : : . . .
9 FAFTINE, Kaio Araujo	06			213446	Sporting	2:14.50 50m : : . . .

Event 39, Men, 200m Backstroke, Prelim
Heat 4 of 6

0 TRISTAO, Miguel Salomao	04	129885	Portinado	2:13.96	50m	___:___.
1 REMELHE, Joao Anibal	05	130349	Braga	2:11.82	50m	___:___.
2 ALMEIDA, Miguel Cordeiro	05	200392	Alges	2:08.46	50m	___:___.
3 SARAIVA, Ulises	05		Argentina	2:04.50	50m	___:___.
4 SANTOS, Ricardo Matias	05	209305	Louzan Natacao/EFAPEL	2:03.07	50m	___:___.
5 SANTOS, Francisco Rogerio	98	120268	Sporting	1:56.81	25m	___:___.
6 ROCHA, Ricardo Filipe	02	121787	Aquatico Pacense	1:59.63	25m	___:___.
7 FERNANDES, Joao Diogo	98	121542	Os Belenenses	2:09.86	50m	___:___.
8 BARAONA, Andre Azevedo	04	123965	Palmela Desporto	2:12.74	50m	___:___.
9 SILVA, Henrique Gomes	02	120860	Benfica	2:14.32	50m	___:___.

Heat 5 of 6

0 SIMOES, Francisco Marques	07	205719	CNLeiria	2:16.64	50m	___:___.
1 GOUVEIA, Luis Galvao	05	127884	Desportivo Nacional	2:08.27	25m	___:___.
2 PEREIRA, Pedro Santos	06	202814	Leixoes Sport Clube	2:15.18	50m	___:___.
3 DIAS, Tiago Miguel	03	207929	Fundacao Salesianos	2:14.69	50m	___:___.
4 CARDOSO, Filipe Santos	04	130500	Gafanha da Encarnacao	2:14.44	50m	___:___.
5 CEPELEAGA, Marin	05	200223	Portinado	2:14.60	50m	___:___.
6 ALVES, Rodrigo Castro	06	153304	Escola Desportiva de Viana	2:14.86	50m	___:___.
7 OLIVEIRA, Tomas Ferreira	06	151457	Natacao da Maia	2:15.36	50m	___:___.
8 REIS, Leonardo Conceicao	07	207815	Sporting	2:16.25	50m	___:___.
9 MENESES, Martim Ribeiro	06	200854	O Crasto	2:09.22	25m	___:___.

Heat 6 of 6

1 VALENTE, Xavier Jesus	09	206889	Colegio Vasco da Gama	2:20.05	25m	___:___.
2 GOMES, Miguel Puebla	08	209404	Alges	2:23.71	50m	___:___.
3 SILVA, Rodrigo Daniel	06	147587	Ginasio Clube de Vila Real	2:12.66	25m	___:___.
4 ALVES, Andre Correia	06	131173	Benfica	2:09.41	25m	___:___.
5 SILVA, Lourenco Lopes	07	202104	Uniao Piedense	2:17.83	50m	___:___.
6 BRITO, Francisco Soares	08	205892	Bombeiros dos Estoris	2:23.18	50m	___:___.
7 PERDIGAO, Santiago Ganso	08	207674	Lagoa Academico Clube	2:17.07	25m	___:___.

11:50 Medal Ceremony

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 400 Girls, 4 x 100m Medley 14 - 17 years
07/04/2024 - 12:20 Startlist

Rec Nac Open	4:14.70	Sport Alges e Dafundo	SAD	Oeiras	2019
Rec Nac Jun	4:24.80	Sport Alges e Dafundo	SAD	Coimbra	2015
Rec Nac Juv A	4:35.70	tempo limite	SLB	Oeiras	2008
Rec Nac Juv	4:30.40	Sport Alges e Dafundo	SAD	Oeiras	2016
Rec Nac Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	2008

TAC_Fem Juv B 50m: 4:59.82 - 25m: 4:53.32 / Fem Juv A 50m: 4:55.32 - 25m: 4:49.42; Jun 50m: 4:46.89 - 25m: 4:41.15

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 2						
2				Condeixa Aqua Clube	4:58.43	___:___:___
3				Braga	4:53.29	___:___:___
4				Galitos / Bresimar	4:50.64	___:___:___
5				Colegio Efanor	4:51.59	___:___:___
6				Nacional de Natacao	4:54.91	___:___:___

Heat 2 of 2						
0				Gesloures	4:43.19	___:___:___
1				Palmela Desporto	4:40.48	___:___:___
2				Alges	4:37.53	___:___:___
3				Estarreja/PROZINCO	4:35.93	___:___:___
4				Benfica	4:31.05	___:___:___
5				Braga	4:32.33	___:___:___
6				Leixoes Sport Clube	4:36.31	___:___:___
7				Aquatico Pacense	4:40.22	___:___:___
8				Naval do Funchal	4:41.15	___:___:___
9				Colegio Int Monte Maior	4:45.31	___:___:___

Event 410 Boys, 4 x 100m Medley 15 - 18 years
07/04/2024 - 12:30 Startlist

Rec Nac Open	3:42.94	Sport Lisboa e Benfica	SLB	Oeiras	2022
Rec Nac Jun	3:54.74	Sport Lisboa e Benfica	SLB	Funchal	2023
Rec Nac Juv A	4:03.65	Sporting Clube de Portugal	SCP	Oeiras	2018
Rec Nac Juv	4:03.65	Sporting Clube de Portugal	SCP	Oeiras	2018
Rec Nac Juv B	4:08.58	Sporting Clube de Portugal	SCP	Oeiras	2017

TAC_Masc Juv B 50m: 4:31.56 - 25m: 4:26.42 / Masc Juv A 50m: 4:27.78 - 25m: 4:22.42; Jun 50m: 4:16.62 - 25m: 4:11.49

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 2						
EXH 1				Os Belenenses	4:25.80	___:___:___
2				Vilacondense	4:22.67	___:___:___
3				Sporting	4:18.50	___:___:___
4				Porto	4:15.22	___:___:___
5				Vilacondense	4:16.54	___:___:___
6				Naval Setubalense	4:19.51	___:___:___
7				Galitos / Bresimar	4:23.88	___:___:___
8				Sporting de Espinho	4:26.57	___:___:___

Event 410, Boys, 4 x 100m Medley
Heat 2 of 2

0 Clube Naval Povoense 1	Clube Naval Povoense	4:15.06	_____
1 Sporting Clube de Aveiro 1	Sporting Clube de Aveiro	4:11.49	_____
2 CNLeiria 68	CNLeiria	4:07.55	_____
3 Famalicao 1	Famalicao	3:59.88	_____
4 Benfica 2	Benfica	3:46.26	_____
5 Sporting 1	Sporting	3:52.05	_____
6 Naval do Funchal 2	Naval do Funchal	4:02.60	_____
7 Portinado 1	Portinado	4:09.41	_____
8 Porto 3	Porto	4:14.16	_____
9 Lagoa Academico Clube 1	Lagoa Academico Clube	4:15.20	_____

12:40 Medal ceremony No. 400. Girls, 4 x 100m Medley

12:45 Medal ceremony No. 410. Boys, 4 x 100m Medley

8 - 4ª Jornada - Finais
07/04/2024 - 16:00

Event 33	Men, 800m Freestyle				Open
07/04/2024					Startlist
Rec Nac Open	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Sen	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Jun 18	8:06.97	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	8:13.49	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	2010
Rec Nac Juv A	8:23.54	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	8:32.97	PEREIRA, Rui Silva	POR	Coimbra	2023

CEJun_Masc 15 - 18: 8:16.80 / CEPL : 7:55.34 / JO : 7:51.65

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 4 of 4						
0 ELACHARAFI, Ilias ElFallaki			06	213324	Louletano / Loule Concelho	8:29.45 50m _____
1 CARDOSO, Diogo Santos			01	122969	Sporting	8:16.45 50m _____
2 AZEVEDO, Gabriel Arteiro			00	222246	Naval do Funchal	8:08.74 50m _____
3 ORTIZ MARTINEZ, Carlos			04		Spain	7:55.01 25m _____
4 LOPES, Jose Paulo			00	117924	Braga	7:48.28 25m _____
5 PUEBLA MARTINEZ, Alejandro			02		Spain	8:03.23 50m _____
6 AMARAL, Francisco Rodriguez			02	122608	Porto	7:58.96 25m _____
7 SARREIRA, Tomas Amor			05	132117	Porto	8:04.95 25m _____
8 PEREIRA, Rui Silva			08	205327	Colegio Int Monte Maior	8:17.30 25m _____
9 LOUREIRO, Bruno Silva			06	129872	Porto	8:21.34 25m _____

**Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024**
Event 40 Women, 4 x 100m Medley OPEN Startlist
07/04/2024

Rec Nac Open	4:14.70	Sport Alges e Dafundo	SAD	Oeiras	2019
Rec Nac Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	2009
Rec Nac Jun	4:24.80	Sport Alges e Dafundo	SAD	Coimbra	2015
Rec Nac Juv A	4:35.70	tempo limite	SLB	Oeiras	2008
Rec Nac Juv	4:30.40	Sport Alges e Dafundo	SAD	Oeiras	2016
Rec Nac Juv B	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	2008

Fem 50m: 4:41.26 - 25m: 4:35.63

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 2						
3				Vitoria Sport Clube	4:40.13	_:_.:_.
4				Fluvial Portuense	4:33.72	_:_.:_.
5				Gafanha da Encarnacao	4:37.56	_:_.:_.
Heat 2 of 2						
1				Porto	4:30.56	_:_.:_.
2				Ginasio Clube de Vila Real	4:28.75	_:_.:_.
3				Sporting	4:18.41	_:_.:_.
4				Benfica	4:09.31	_:_.:_.
5				Alges	4:14.92	_:_.:_.
6				Escola Desportiva de Viana	4:28.21	_:_.:_.
7				Estarreja/PROZINCO	4:29.71	_:_.:_.
8				Laranjeiro	4:32.11	_:_.:_.

Event 41 Men, 4 x 100m Medley OPEN Startlist
07/04/2024

Rec Nac Open	3:42.94	Sport Lisboa e Benfica	SLB	Oeiras	2022
Rec Nac Sen	3:43.87	Sporting Clube de Portugal	SCP	Oeiras	2022
Rec Nac Jun	3:54.74	Sport Lisboa e Benfica	SLB	Funchal	2023
Rec Nac Juv A	4:03.65	Sporting Clube de Portugal	SCP	Oeiras	2018
Rec Nac Juv	4:03.65	Sporting Clube de Portugal	SCP	Oeiras	2018
Rec Nac Juv B	4:08.58	Sporting Clube de Portugal	SCP	Oeiras	2017
Rec Nac 14	4:18.17	Grupo Desp. Natacao V. N. FamalicGDNVNF		Loulé	2014

Masc 50m: 4:07.94 - 25m: 4:02.98

Lane	Clas.	Exc.C.	Lic.Num	Club	R. Time	
Heat 1 of 1						
0				CNLeiria	4:02.93	_:_.:_.
1				Naval Praia da Vitoria	4:01.93	_:_.:_.
2				Uniao Piedense	3:51.09	_:_.:_.
3				Sporting	3:44.73	_:_.:_.
4				Benfica	3:33.12	_:_.:_.
5				Alges	3:41.47	_:_.:_.
6				Naval do Funchal	3:50.49	_:_.:_.
7				Porto	4:00.24	_:_.:_.
8				Estarreja/PROZINCO	4:02.02	_:_.:_.
9				Fluvial Portuense	4:06.66	_:_.:_.

Medal ceremony No. 40. Women, 4 x 100m Medley
Medal ceremony No. 41. Men, 4 x 100m Medley

Event 330	Men, 800m Freestyle				OPEN
07/04/2024					Startlist Time Trial
Rec Nac Open	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Sen	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	2021
Rec Nac Jun 18	8:06.97	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	2016
Rec Nac Jun 17	8:13.49	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	2010
Rec Nac Juv A	8:23.54	SANTA, Gustavo Manuel	POR	Tampere (FIN)	2009
Rec Nac Juv B	8:32.97	PEREIRA, Rui Silva	POR	Coimbra	2023

CEJun_Masc 15 - 18: 8:16.80 / CEPL : 7:55.34 / JO : 7:51.65

Lane Name	Clas.	Exc.C.	YB	Lic.Num	Club	R. Time
Heat 1 of 1						
0 TROMBINHAS, Tiago Miguel			04	201495	Os Belenenses	8:49.64 25m :.:.:
1 MARQUES, Joao Ferreira			06	201190	Academica de Coimbra	8:47.38 25m :.:.:
2 AMADO, Pedro Maria			05	148286	Alges	8:52.58 50m :.:.:
3 TEMUDO, Jose Maria			06	206962	Rio Maior	8:41.87 25m :.:.:
4 GOMES, Marcio Fernandes			04	200286	Braga	8:32.89 25m :.:.:
5 GONCALVES, Alexandre Ramos			05	128601	Sporting Clube Sao Joao Ver	8:45.84 50m :.:.:
6 MARQUES, Duarte Cachulo			07	205589	Condeixa Aqua Clube	8:52.48 50m :.:.:
7 GOMES, Joao Almeida			06	132828	Nacional de Natacao	8:44.31 25m :.:.:
8 MARQUES, Jose Miguel			06	202999	Condeixa Aqua Clube	8:59.12 50m :.:.:
9 CRUZ, Miguel Duarte	S15	H	99	125797	Os Belenenses	9:14.43 25m :.:.: