1 - 1.ª Sessão - Sexta-feira 03/12/2021 - 19:15

Prova 1 — Femin., 200m Livres — Absoluto
03/12/2021 - 19:15 — Resultados

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDWT	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Zonais Inf B: 2:55.35; Inf A: 2:42.27; Juv B: 2:25.23; Juv A: 2:21.16 / TAC Nacional - PL (Março) Juv B: 2:19.44; Juv A: 2:15.08; Jun16: 2:11.10; Jun17: 2:08.24; Sen: 2:07.00 / TAC Nacional Inf B: 2:51.35; Inf A: 2:38.37; Juv B: 2:19.44; Juv A: 2:15.71; Jun16: 2:11.97; Jun17: 2:11.32; Sen18: 2:08.45; 19 +: 2:07.81

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 12 anos									
1.	LEITAO, Isabel Gouveia	10	Naval do Funchal	**2:54.64**	252	40.12	46.17	46.99	41.36
	Mínimos Zonais Sul - A definir (local)								
2.	ROSA, Clara Sofia	10	CD Nacional	**3:00.30**	229	42.01	46.76	46.34	45.19
3.	ALVES, Ana Carolina	10	CD Nacional	**3:02.54**	221	41.80	46.85	47.36	46.53
4.	QUADRADO, Teresa Gom	10	Juventude AC	**3:20.42**	167	42.44	51.65	54.22	52.11
5.	SILVA, Maria Luis	10	Naval do Funchal	**3:26.29**	153	46.59	53.30	53.72	52.68
6.	GOMES, Alice Silva	10	Naval do Funchal	**3:29.27**	146	47.51	53.18	56.54	52.04
7.	MEDEIROS, C.	10	Naval do Funchal	**3:36.22**	133	50.97	56.06	56.49	52.70
Infantis A, 13 anos									
1.	MATEUS, Eleine Vieira	09	CD Nacional	**2:41.41**	320	37.22	41.75	42.62	39.82
	Mínimos Zonais Sul - A definir (local)								
2.	MELIM, Sara Beatriz	09	CD Nacional	**2:42.97**	311	37.24	41.84	42.95	40.94
3.	TEMTEM, Madalena Barb	09	CD Nacional	**2:55.40**	249	40.95	45.28	45.68	43.49
4.	SILVA, Maria Korina	09	CD Nacional	**2:58.37**	237	40.33	46.16	46.80	45.08
5.	ROMAO, Laura Beatriz	09	Naval do Funchal	**3:22.55**	162	45.23	51.39	54.70	51.23
6.	PASSOS, Carolina Goncal	09	Naval do Funchal	**3:31.59**	142	45.32	53.82	57.13	55.32
7.	CARVALHO, Laura Jardim	09	Juventude AC	**3:52.38**	107	49.02	58.71	1:02.58	1:02.07
DSQ	GONCALVES, Carlota Isal	09	Juventude AC						
	102 - Não completou a prova - SW 10.2								
DSQ	MARTINS, Clara Luisa	09	Juventude AC						
	403 - Falsa partida - SW 4.4								
Juvenis B, 14 anos									
1.	GOMES, Sofia Vega	08	Naval do Funchal	**2:30.26**	396	34.70	38.51	39.26	37.79
2.	NOBREGA, Sara Francisc	08	CD Sao Roque	**2:43.67**	307	37.48	42.49	43.16	40.54
Juvenis A, 15 anos									
1.	RINCU, Alexandra	07	Naval do Funchal	**3:01.59**	224	40.98	46.46	48.06	46.09
Juniores, 16 e 17 anos									
1.	SILVA, Silvana Suamade	06	CD Sao Roque	**2:25.38**	438	33.15	36.83	37.64	37.76
2.	FREITAS, Margarida Ram	06	CD Nacional	**2:26.33**	429	33.67	37.70	38.69	36.27
3.	BELO, Bruna Raquel	05	CD Nacional	**2:28.90**	407	34.13	37.23	38.75	38.79
4.	GOMES, Madalena Sousa	05	Naval do Funchal	**2:40.62**	324	35.66	39.61	42.53	42.82
5.	JESUS, Veronica Martins	06	CD Sao Roque	**3:22.69**	161	41.92	51.65	58.29	50.83
6.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	**3:25.81**	154	44.74	52.01	55.28	53.78

Prova 1, Femin., 200m Livres

Seniores, 18 anos e mais velhas

1.	LUIS, Jessica Santos	00	CD Sao Roque	**2:35.18**	360	33.95	38.76	41.06	41.41

Prova 2 — Masc., 200m Livres — Absoluto
03/12/2021 - 19:30 — Resultados

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 2:40.18; Inf A: 2:31.01; Juv B: 2:10.76; Juv A: 2:08.36 / TAC Nacional - PL (Março) Juv B: 2:05.23; Juv A: 2:02.36; Jun17: 1:57.10; Jun18: 1:54.37; Sen: 1:52.78 / TAC Nacional Inf B: 2:36.18; Inf A: 2:27.01; Juv B: 2:05.62; Juv A: 2:02.36; Jun17: 1:57.46; Jun18: 1:56.88; Sen19: 1:54.97; 20 +: 1:54.40

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 13 anos									
1.	GONCALVES, Pedro Marti	09	Juventude AC	**2:40.00**	239	35.90	43.10	42.57	38.43
	Mínimos Zonais Sul - A definir (local)								
2.	FARIA, Afonso Cunha	09	CD Sao Roque	**2:42.57**	228	36.69	41.55	43.27	41.06
3.	SILVA, Joao Bernardo	09	CD Nacional	**2:46.23**	213	37.87	43.96	42.81	41.59
4.	VELOZA, Tomas Ramos	09	CD Nacional	**2:51.15**	195	38.95	43.82	44.63	43.75
5.	MARTINS, Antonio Freitas	09	CD Nacional	**2:56.39**	178	41.55	46.80	46.37	41.67
6.	JARDIM, Joao Tomas	09	CD Nacional	**2:57.08**	176	41.10	45.46	45.97	44.55
7.	ALVES, Mateus Basilio	09	Juventude AC	**3:01.85**	163	41.69	47.46	47.66	45.04
8.	CRESPO, Joao Jesus	09	CD Nacional	**3:15.48**	131	41.59	50.72	53.43	49.74
Infantis A, 14 anos									
1.	RODRIGUES, G.	08	CD Sao Roque	**2:31.72**	280	34.41	38.86	40.37	38.08
2.	FERNANDES, Antonio Mai	08	Naval do Funchal	**2:57.43**	175	39.22	46.32	48.96	42.93
3.	CORREIA, Joao Luis	08	Juventude AC	**3:26.84**	110	42.34	53.87	56.59	54.04
Juvenis B, 15 anos									
1.	NEVES, Tiago Brazao	07	Naval do Funchal	**2:10.06**	445	30.32	33.25	34.31	32.18
	Mínimos Zonais Sul - Tomar								
2.	ALMEIDA, Joao Francisco	07	Naval do Funchal	**2:10.22**	444	29.52	33.05	34.54	33.11
	Mínimos Zonais Sul - Tomar								
3.	RIBEIRO, Telmo Drumonc	07	Naval do Funchal	**2:18.67**	367	31.28	35.19	36.90	35.30
4.	JESUS, David Martins	07	CD Sao Roque	**2:26.77**	310	33.67	37.46	38.79	36.85
5.	SMIRNOV, Dmytro	07	CD Sao Roque	**2:27.36**	306	33.74	38.45	38.15	37.02
6.	GOUVEIA, Martim Jose	07	CD Sao Roque	**2:35.23**	262	34.50	39.09	41.25	40.39
7.	CARVALHO, J.	07	Naval do Funchal	**2:39.15**	243	36.66	41.39	41.80	39.30
Juvenis A, 16 anos									
1.	NACHYCHKO, Maximo	06	Naval do Funchal	**2:38.62**	245	33.88	41.42	44.04	39.28
Juniores, 17 e 18 anos									
1.	RODRIGUES, Rodrigo Re	04	CD Sao Roque	**1:58.96**	582	27.18	29.99	31.06	30.73
2.	AGUILAR, Luis Santos	04	CD Nacional	**2:11.37**	432	29.15	32.89	34.91	34.42
3.	SILVA, Tony Stefano	05	CD Nacional	**2:31.05**	284	33.92	38.05	39.87	39.21

Prova 2, Masc., 200m Livres

Seniores, 19 anos e mais velhos

1.	BELO, Francisco Miguel	02	CD Nacional	**2:19.47**	361	30.43	34.96	36.99	37.09

Prova 3 — Femin., 50m Costas — Absoluto
03/12/2021 - 19:43 — Resultados

Recorde Regional Absoluto	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	31.07	AGUILAR, Vera Ines	CDN	Funchal	10/12/2016
Recorde Regional Jun16	30.71	AGUILAR, Vera Ines	CDN	Funchal	18/12/2015
Recorde Regional Juv A	31.50	AGUILAR, Vera Ines	CDN	Funchal	18/10/2014
Recorde Regional Juv B	31.80	AGUILAR, Vera Ines	CDN	Funchal	13/03/2014
Recorde Regional Inf A	33.35	AGUILAR, Vera Ines	CDN	Funchal	07/06/2013
Recorde Regional Inf B	33.99	FERREIRA, Maria Leonor	CDN	Funchal	08/07/2016

TAC Zonais Juv B: 33.14; Juv A: 32.65 / TAC Nacional - PL (Março) Juv B: 32.65; Juv A: 32.17; Jun16: 31.69; Jun17: 31.25; Sen: 30.93 / TAC Nacional Juv B: 32.65; Juv A: 32.17; Jun16: 32.29; Jun17: 32.13; Sen18: 31.37; 19 +: 31.21

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 12 anos					
1.	BRITO, Madalena Pinto	10	Naval do Funchal	**43.59**	202
2.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	**48.14**	150
3.	FERNANDES, Francisca Gomes	10	Naval do Funchal	**51.04**	126
Infantis A, 13 anos					
1.	MARGARIDO, Paula Aguiar	09	Juventude AC	**37.37**	321
2.	SILVA, Maria Korina	09	CD Nacional	**40.51**	252
3.	ALVES, Francisca Pereira	09	Juventude AC	**41.48**	235
4.	FREITAS, Madalena Silva	09	Naval do Funchal	**49.44**	138
5.	MACEDO, Eva Maria	09	Naval do Funchal	**51.93**	119
6.	PEREIRA, Eva Veronica	09	Naval do Funchal	**54.72**	102
Juvenis B, 14 anos					
1.	BAPTISTA, Ines Sande	08	CD Nacional	**36.24**	352
2.	SOARES, Leonor Silva	08	CD Nacional	**41.10**	241
3.	ALVES, Margarida Jesus	08	CD Nacional	**47.57**	155
4.	BRYGAR, Margarida Lysova	08	Naval do Funchal	**51.83**	120
Juvenis A, 15 anos					
1.	NETO, Leonor Rodrigues *Mínimos Zonais Sul - Tomar*	07	Naval do Funchal	**32.36**	495
2.	FRANCA, Ines Matos	07	Juventude AC	**37.67**	313
Juniores, 16 e 17 anos					
1.	CANADA, Maria Elvira	06	CD Nacional	**36.35**	349
2.	GOMES, Madalena Sousa	05	Naval do Funchal	**38.43**	295
3.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	**39.18**	278
4.	NOBREGA, Maria Trindade	05	CD Nacional	**43.93**	197
5.	JESUS, Veronica Martins	06	CD Sao Roque	**47.77**	153
Seniores, 18 anos e mais velhas					
1.	GONCALVES, Maria Margarida	04	Naval do Funchal	**34.55**	406
2.	LUIS, Jessica Santos	00	CD Sao Roque	**36.63**	341

Prova 4 — Masc., 50m Costas — Absoluto
03/12/2021 - 19:50 — Resultados

Recorde Regional Absoluto	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Sen	26.31	FERNANDES, Joao Manuel	CNF	Leiria	15/12/2019
Recorde Regional Jun18	26.38	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	26.83	FERNANDES, Rui Afonso	CDN	Funchal	18/07/2020
Recorde Regional Juv A	27.26	CASTRO, Joao Cruz	CDSR	Funchal	17/06/2016
Recorde Regional Juv B	28.67	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	30.10	BRITO, Goncalo	CNF	Funchal	23/07/2002
Recorde Regional Inf B	32.18	SOUSA, Pedro Afonso	CDN	Funchal	27/07/2016

TAC Zonais Juv B: 29.85; Juv A: 29.41 / TAC Nacional - PL (Março) Juv B: 29.41; Juv A: 28.98; Jun17: 28.55; Jun18: 27.22; Sen: 26.62 / TAC Nacional Juv B: 29.41; Juv A: 28.98; Jun17: 28.55; Jun18: 28.09; Sen19: 27.34; 20 +: 27.70

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 13 anos					
1.	GONCALVES, Pedro Martim	09	Juventude AC	**37.94**	200
2.	SOUSA, Eduardo Afonseca	09	CD Nacional	**43.49**	133
3.	ALVES, Francisco Manuel	09	CD Nacional	**44.09**	128
4.	CAMACHO, Santiago Bettencourt	09	Juventude AC	**45.55**	116
5.	MARTINHO, Joao Miguel	09	CD Nacional	**46.07**	112
6.	DIZ, Francisco Bravo	09	Naval do Funchal	**55.77**	63
Infantis A, 14 anos					
1.	NOBREGA, Matias Sargo	08	Naval do Funchal	**36.63**	223
2.	JARDIM, Lourenco Almeida	08	CD Nacional	**40.30**	167
3.	ANTUNES, Frederico Luis	08	Juventude AC	**44.60**	123
4.	BARATA, Joao Tomas	08	Juventude AC	**46.22**	111
5.	CORREIA, Joao Luis	08	Juventude AC	**48.51**	96
6.	SILVA, Francisco Pita	08	Juventude AC	**50.87**	83
Juvenis B, 15 anos					
1.	NEVES, Tiago Brazao	07	Naval do Funchal	**30.56**	384
2.	OLIVEIRA, Afonso Miguel	07	Juventude AC	**31.24**	359
3.	ALVES, Diogo Basilio	07	Juventude AC	**37.34**	210
4.	BARBOSA, Joao Camacho	07	CD Nacional	**38.73**	188
5.	BERENGUER, Santiago Moura	07	Juventude AC	**40.74**	162
6.	SOUSA, Simao Henrique	07	CD Nacional	**43.32**	134
7.	VIEIRA, Luis Henrique	07	CD Nacional	**44.89**	121
Juvenis A, 16 anos					
1.	PITA, Pedro Miguel	06	Naval do Funchal	**28.78**	460
	Mínimos Zonais Sul - Tomar, Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor				
2.	ALVES, Pedro Miguel	06	CD Nacional	**32.98**	305

Prova 5 — Femin., 400m Estilos — Absoluto
03/12/2021 - 19:56 — Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional - PL (Março) Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen: 5:04.54 / TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90; 19 +: 5:06.36

Pontos: FINA 2021

Lugar				Ano							Tempo final	Pts
Infantis B, 12 anos												
1.	TEIXEIRA, Maria Leonor			10	Naval do Funchal						**6:56.23**	240
	50m:	43.25	43.25	150m:	2:34.03	54.55	250m:	4:23.01	57.05	350m:	6:09.55	47.55
	100m:	1:39.48	56.23	200m:	3:25.96	51.93	300m:	5:22.00	58.99	400m:	6:56.23	46.68
2.	RIBEIRO, Guida Drumond			10	Naval do Funchal						**7:04.62**	226
	50m:	40.78	40.78	150m:	2:41.34	55.36	250m:	4:31.48	59.95	350m:	6:20.29	49.16
	100m:	1:45.98	1:05.20	200m:	3:31.53	50.19	300m:	5:31.13	59.65	400m:	7:04.62	44.33
Infantis A, 13 anos												
1.	GONCALVES, Vera Andrade			09	Juventude AC						**5:47.88**	412
	50m:	39.07	39.07	150m:	2:10.40	43.79	250m:	3:43.13	50.10	350m:	5:11.98	38.35
	100m:	1:26.61	47.54	200m:	2:53.03	42.63	300m:	4:33.63	50.50	400m:	5:47.88	35.90
2.	SA, Vanessa Fernandes			09	Naval do Funchal						**6:16.85**	324
	50m:	42.58	42.58	150m:	2:24.14	48.61	250m:	4:02.32	50.71	350m:	5:36.50	44.02
	100m:	1:35.53	52.95	200m:	3:11.61	47.47	300m:	4:52.48	50.16	400m:	6:16.85	40.35
Juvenis B, 14 anos												
1.	PEREIRA, Maria Clara			08	Juventude AC						**6:16.90**	324
	50m:	40.91	40.91	150m:	2:19.68	47.73	250m:	4:03.19	56.17	350m:	5:37.18	40.75
	100m:	1:31.95	51.04	200m:	3:07.02	47.34	300m:	4:56.43	53.24	400m:	6:16.90	39.72
Juniores, 16 e 17 anos												
1.	CARICHAS, Joana Medeiros			06	Juventude AC						**5:46.21**	418
	50m:	36.60	36.60	150m:	2:04.27	43.21	250m:	3:38.21	51.27	350m:	5:09.58	39.86
	100m:	1:21.06	44.46	200m:	2:46.94	42.67	300m:	4:29.72	51.51	400m:	5:46.21	36.63

Prova 6 — Masc., 400m Estilos — Absoluto
03/12/2021 - 20:04 — Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10 / TAC Nacional - PL (Março) Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen: 4:33.15 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20 +: 4:37.73

Pontos: FINA 2021

Lugar		Ano			Tempo final	Pts

Infantis B, 13 anos

1.	ANDRADE, Salvador Freitas				09	Naval do Funchal						**6:07.68**	260
	50m:	40.14	40.14	150m:	2:15.90	48.12	250m:	3:52.86	48.98	350m:	5:28.12		42.34
	100m:	1:27.78	47.64	200m:	3:03.88	47.98	300m:	4:45.78	52.92	400m:	6:07.68		39.56
2.	ALVES, Mateus Basilio				09	Juventude AC						**7:11.03**	161
	50m:	52.16	52.16	150m:	2:46.11	50.73	250m:	4:37.90	1:01.95	350m:	6:24.49		47.12
	100m:	1:55.38	1:03.22	200m:	3:35.95	49.84	300m:	5:37.37	59.47	400m:	7:11.03		46.54

Infantis A, 14 anos

1.	MIRANDA, Francisco Guilherme				08	Naval do Funchal						**5:41.76**	324
	50m:	35.52	35.52	150m:	2:01.04	44.35	250m:	3:34.81	49.80	350m:	5:03.21		38.93
	100m:	1:16.69	41.17	200m:	2:45.01	43.97	300m:	4:24.28	49.47	400m:	5:41.76		38.55
2.	JESUS, Vasco Franca				08	Naval do Funchal						**6:07.80**	260
	50m:	38.91	38.91	150m:	2:15.13	46.27	250m:	3:53.43	54.00	350m:	5:28.80		41.05
	100m:	1:28.86	49.95	200m:	2:59.43	44.30	300m:	4:47.75	54.32	400m:	6:07.80		39.00
3.	NOBREGA, Matias Sargo				08	Naval do Funchal						**6:30.52**	217
	50m:	40.39	40.39	150m:	2:22.84	50.90	250m:	4:06.93	56.22	350m:	5:44.91		43.45
	100m:	1:31.94	51.55	200m:	3:10.71	47.87	300m:	5:01.46	54.53	400m:	6:30.52		45.61
4.	FERNANDEZ, Henrique Justino				08	Juventude AC						**6:49.90**	187
	50m:	46.42	46.42	150m:	2:38.47	54.95	250m:	4:28.35	56.45	350m:	6:08.72		43.22
	100m:	1:43.52	57.10	200m:	3:31.90	53.43	300m:	5:25.50	57.15	400m:	6:49.90		41.18
DSQ	CASTRO, Marco Antonio				08	Naval do Funchal							

724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6, Bruços

Juvenis B, 15 anos

1.	FERNANDES, Afonso Berimbau				07	Juventude AC						**5:53.05**	294
	50m:	34.46	34.46	150m:	2:01.46	46.96	250m:	3:40.97	54.23	350m:	5:15.54		40.45
	100m:	1:14.50	40.04	200m:	2:46.74	45.28	300m:	4:35.09	54.12	400m:	5:53.05		37.51
2.	NUNES, Duarte Costa				07	Juventude AC						**6:09.01**	257
	50m:	39.80	39.80	150m:	2:18.52	47.16	250m:	3:58.68	50.88	350m:	5:33.05		39.93
	100m:	1:31.36	51.56	200m:	3:07.80	49.28	300m:	4:53.12	54.44	400m:	6:09.01		35.96

Juvenis A, 16 anos

1.	ABREU, Joao Francisco				06	Naval do Funchal						**5:13.55**	419
	50m:	32.69	32.69	150m:	1:50.01	40.18	250m:	3:16.29	46.87	350m:	4:38.98		36.22
	100m:	1:09.83	37.14	200m:	2:29.42	39.41	300m:	4:02.76	46.47	400m:	5:13.55		34.57
2.	TEMES, Joao Caires				06	Juventude AC						**5:36.27**	340
	50m:	36.19	36.19	150m:	2:02.64	45.41	250m:	3:35.41	47.84	350m:	4:59.84		37.48
	100m:	1:17.23	41.04	200m:	2:47.57	44.93	300m:	4:22.36	46.95	400m:	5:36.27		36.43

Prova 6, Masc., 400m Estilos

Juniores, 17 e 18 anos

1. MARQUES, Gustavo Pires 04 CD Sao Roque **4:38.63** 598

Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor

50m:	28.31	28.31	150m:	1:35.93	35.11	250m:	2:52.79	41.70	350m:	4:06.76	32.30
100m:	1:00.82	32.51	200m:	2:11.09	35.16	300m:	3:34.46	41.67	400m:	4:38.63	31.87

Prova 7 — Femin., 100m Mariposa — Absoluto
03/12/2021 - 20:30 — Resultados

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Zonais Inf B: 1:27.71; Inf A: 1:21.62; Juv B: 1:13.31; Juv A: 1:11.34 / TAC Nacional - PL (Março) Juv B: 1:12.23; Juv A: 1:09.58; Jun16: 1:08.22; Jun17: 1:05.30; Sen: 1:04.10 / TAC Nacional Inf B: 1:25.71; Inf A: 1:19.62; Juv B: 1:12.23; Juv A: 1:09.49; Jun16: 1:08.22; Jun17: 1:07.01; Sen18: 1:05.61; 19 +: 1:05.28

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 12 anos							
1.	ALVES, Ana Carolina	10	CD Nacional	**1:46.29**	135	49.24	57.05
Infantis A, 13 anos							
1.	MATEUS, Eleine Vieira	09	CD Nacional	**1:24.70**	268	38.46	46.24
2.	MARGARIDO, Paula Aguiar	09	Juventude AC	**1:32.56**	205	41.68	50.88
3.	FREITAS, Francisca Leonor	09	Naval do Funchal	**1:47.46**	131	49.17	58.29
Juvenis B, 14 anos							
1.	ALVES, Juliana Rodrigues	08	CD Nacional	**1:15.93**	372	34.66	41.27
Juvenis A, 15 anos							
1.	NETO, Leonor Rodrigues	07	Naval do Funchal	**1:12.04**	435	33.00	39.04
2.	FRANCA, Ines Matos	07	Juventude AC	**1:18.55**	336	35.67	42.88
Juniores, 16 e 17 anos							
1.	CANADA, Maria Elvira	06	CD Nacional	**1:20.72**	309	37.34	43.38
2.	PEREIRA, Joana Marques	06	Juventude AC	**1:23.72**	277	37.01	46.71

Prova 8 — Masc., 100m Mariposa — Absoluto
03/12/2021 - 20:34 — Resultados

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	57.94	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Zonais Inf B: 1:19.01; Inf A: 1:14.35; Juv B: 1:06.27; Juv A: 1:05.09 / TAC Nacional - PL (Março) Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.61; Jun18: 56.94; Sen: 56.33 / TAC Nacional Inf B: 1:17.01; Inf A: 1:12.35; Juv B: 1:04.21; Juv A: 1:01.45; Jun17: 58.72; Jun18: 58.43; Sen19: 57.53; 20 +: 57.24

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 13 anos							
1.	PESTANA, Andre Pinto	09	Naval do Funchal	**1:27.53**	162	40.17	47.36
2.	SILVA, Joao Bernardo	09	CD Nacional	**1:28.88**	155	41.02	47.86
3.	GONCALVES, Joao Guilherme	09	Naval do Funchal	**1:34.24**	130	42.20	52.04
4.	FARIA, Afonso Cunha	09	CD Sao Roque	**1:36.07**	123	43.13	52.94
5.	ALVES, Francisco Manuel	09	CD Nacional	**1:42.42**	101	45.59	56.83
Infantis A, 14 anos							
1.	MEDEIROS, Joao Francisco	08	Juventude AC	**1:29.08**	154	40.15	48.93
DSQ	ANTUNES, Frederico Luis	08	Juventude AC				
	808 - Movimento alternado de braços durante o percurso - SW 8.2						
Juvenis B, 15 anos							
1.	OLIVEIRA, Afonso Miguel	07	Juventude AC	**1:04.89**	399	30.39	34.50
	Mínimos Zonais Sul - Tomar						
2.	COSTA, Guilherme Corte	07	CD Nacional	**1:08.20**	343	32.00	36.20
3.	PEREIRA, Lucas Santos	07	Naval do Funchal	**1:12.21**	289	32.99	39.22
4.	JESUS, David Martins	07	CD Sao Roque	**1:16.35**	245	33.89	42.46
5.	ALVES, Diogo Basilio	07	Juventude AC	**1:19.71**	215	36.66	43.05
6.	BARBOSA, Joao Camacho	07	CD Nacional	**1:25.60**	173	39.46	46.14
7.	VIEIRA, Luis Henrique	07	CD Nacional	**1:32.54**	137	43.20	49.34
DSQ	BERENGUER, Santiago Moura	07	Juventude AC				
	813 - Não chegou com as mãos na parede separadas ou simultaneamente - SW 8.4						
Juvenis A, 16 anos							
1.	SILVA, Joao Luis	06	Escola O Liceu	**1:04.75**	401	29.88	34.87
	Mínimos Zonais Sul - Tomar						
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	**1:05.46**	388	30.55	34.91
3.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	**1:22.49**	194	36.87	45.62
Juniores, 17 e 18 anos							
1.	RODRIGUES, Joao Luis	05	Naval do Funchal	**59.76**	511	27.42	32.34
2.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**1:00.71**	487	29.02	31.69
3.	AGUILAR, Luis Santos	04	CD Nacional	**1:08.03**	346	30.08	37.95
4.	ALVES, Andre Camara	05	CD Nacional	**1:08.20**	343	31.29	36.91
Seniores, 19 anos e mais velhos							
1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:02.66**	443	29.11	33.55

Prova 9 — Femin., 200m Bruços — Absoluto
03/12/2021 - 20:42 — Resultados

Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:56.77	RODRIGUES, Laura Sofia	JACL	Funchal	08/06/2019

TAC Zonais Inf B: 3:34.01; Inf A: 3:21.83; Juv B: 3:02.55; Juv A: 2:59.14 / TAC Nacional - PL (Março) Juv B: 2:55.01; Juv A: 2:50.82; Jun16: 2:46.07; Jun17: 2:43.46; Sen: 2:40.92 / TAC Nacional Inf B: 3:30.01; Inf A: 3:17.83; Juv B: 2:57.14; Juv A: 2:54.45; Jun16: 2:49.43; Jun17: 2:48.59; Sen18: 2:43.50; 19 +: 2:42.69

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 12 anos									
1.	BRITO, Madalena Pinto	10	Naval do Funchal	**3:39.97**	228	50.82	57.52	55.74	55.89
2.	QUADRADO, Teresa Gom	10	Juventude AC	**3:57.14**	182	54.78	1:01.89	1:00.84	59.63
3.	ROSA, Clara Sofia	10	CD Nacional	**3:57.50**	181	54.35	1:01.97	1:00.82	1:00.36
Infantis A, 13 anos									
1.	MELIM, Sara Beatriz	09	CD Nacional	**3:11.08**	349	43.69	48.66	50.01	48.72
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição								
2.	GONCALVES, Vera Andra	09	Juventude AC	**3:15.62**	325	44.32	50.59	51.29	49.42
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição								
3.	ALVES, Francisca Pereira	09	Juventude AC	**3:35.18**	244	48.52	55.57	56.60	54.49
4.	TEMTEM, Madalena Barb	09	CD Nacional	**3:38.09**	234	49.04	56.20	56.67	56.18
Juvenis B, 14 anos									
1.	BAPTISTA, Ines Sande	08	CD Nacional	**3:11.29**	348	43.03	49.16	49.44	49.66
2.	SOARES, Leonor Silva	08	CD Nacional	**3:17.72**	315	45.50	50.27	51.03	50.92
3.	NOBREGA, Sara Francisc	08	CD Sao Roque	**3:40.52**	227	49.68	56.04	58.11	56.69
Juvenis A, 15 anos									
1.	MATEUS, Clarisse Vieira	07	CD Nacional	**3:02.59**	400	39.96	46.40	47.94	48.29
2.	FIGUEIRA, Madalena Leo	07	Naval do Funchal	**3:06.55**	375	40.59	46.28	49.42	50.26
Juniores, 16 e 17 anos									
1.	SILVA, Silvana Suamade	06	CD Sao Roque	**3:04.97**	385	41.33	47.39	48.76	47.49

Prova 10 — Masc., 200m Bruços — Absoluto
03/12/2021 - 20:50 — Resultados

Recorde Regional Absoluto	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:17.57	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:21.49	ALVES, Paulo Rodrigues	CDN	Funchal	17/07/2021
Recorde Regional Juv A	2:23.49	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	2:23.33	ALVES, Paulo Rodrigues	CDN	Funchal	13/07/2019
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Zonais Inf B: 3:15.96; Inf A: 3:07.00; Juv B: 2:44.27; Juv A: 2:41.26 / TAC Nacional - PL (Março) Juv B: 2:42.20; Juv A: 2:35.28; Jun17: 2:28.72; Jun18: 2:24.78; Sen: 2:21.84 / TAC Nacional Inf B: 3:11.96; Inf A: 3:03.00; Juv B: 2:42.26; Juv A: 2:38.44; Jun17: 2:30.02; Jun18: 2:29.27; Sen19: 2:25.15; 20 +: 2:24.42

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 13 anos									
1.	GOMES, Joao Abreu	09	Naval do Funchal	**3:15.10**	233	43.63	50.55	50.28	50.64
	Mínimos Zonais Sul - A definir (local)								
2.	SOUSA, Eduardo Afonsec	09	CD Nacional	**3:35.76**	172	49.96	54.50	56.11	55.19
3.	JARDIM, Joao Tomas	09	CD Nacional	**3:36.32**	171	49.46	55.57	55.43	55.86
4.	MARTINHO, Joao Miguel	09	CD Nacional	**3:43.60**	155	49.51	58.30	57.74	58.05
5.	VELOZA, Tomas Ramos	09	CD Nacional	**3:52.83**	137	54.36	59.99	59.37	59.11
6.	CRESPO, Joao Jesus	09	CD Nacional	**3:57.21**	129	53.00	1:03.39	1:02.21	58.61
7.	CAMACHO, S.	09	Juventude AC	**3:58.61**	127	53.33	1:01.83	1:03.57	59.88
Infantis A, 14 anos									
1.	RODRIGUES, G.	08	CD Sao Roque	**3:12.22**	244	43.58	49.52	50.29	48.83
2.	JARDIM, Lourenco Almeid	08	CD Nacional	**3:22.58**	208	45.60	52.11	52.65	52.22
3.	FERNANDEZ, H.	08	Juventude AC	**3:32.50**	180	47.17	55.74	56.28	53.31
4.	BARATA, Joao Tomas	08	Juventude AC	**3:58.77**	127	54.06	1:01.17	1:03.65	59.89
5.	SILVA, Francisco Pita	08	Juventude AC	**4:43.48**	76	1:07.34	1:12.61	1:12.23	1:11.30
Juvenis B, 15 anos									
1.	ARAUJO, Joao Caldeira	07	Naval do Funchal	**3:02.94**	283	40.96	46.96	48.11	46.91
2.	SMIRNOV, Dmytro	07	CD Sao Roque	**3:04.04**	278	40.92	46.74	48.56	47.82
3.	GOUVEIA, Martim Jose	07	CD Sao Roque	**3:18.81**	220	44.73	49.53	52.09	52.46
4.	SOUSA, Simao Henrique	07	CD Nacional	**3:25.01**	201	42.44	51.17		
5.	FERNANDES, A.	07	Juventude AC	**3:26.68**	196	47.52	53.26	54.20	51.70
Juvenis A, 16 anos									
1.	SETIM, Joao Oliveira	06	Naval do Funchal	**2:42.73**	402	34.56	40.91	43.72	43.54
2.	TEMES, Joao Caires	06	Juventude AC	**2:57.22**	311	39.69	45.61	46.48	45.44
Juniores, 17 e 18 anos									
1.	FERNANDES, Martim Pes	04ıa	Naval do Funchal	**2:28.05**	534	32.92	37.56	39.02	38.55
	Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor								
2.	MARQUES, Gustavo Pires	04	CD Sao Roque	**2:29.55**	518	33.97	38.31	38.40	38.87
3.	SILVA, Tony Stefano	05	CD Nacional	**2:38.60**	434	33.45	40.26	42.51	42.38

Prova 11 — Misto, 4 x 100m Livres — 13 anos e mais velhos
03/12/2021 - 21:07 — Resultados

Pontos: FINA 2021

Lugar							Tempo final	Pts

Infantis B, 13 Masculino | 12 Feminino

1.	Naval do Funchal 19				Naval do Funchal			**5:13.47**	237
	MEDEIROS, Constanca Sousa	10	46.83	1:36.97	ANDRADE, Salvador Freitas	09	34.28	1:12.70	
	GONCALVES, Joao Guilherme	09	32.73	1:08.97	TEIXEIRA, Maria Leonor	10	35.32	1:14.83	
2.	Naval do Funchal 9				Naval do Funchal			**5:35.32**	194
	GOMES, Joao Abreu	+0,67	39.89	1:25.91	RIBEIRO, Guida Drumond	+0,65	38.06	1:22.47	
	LEITAO, Isabel Gouveia	+0,67	38.92	1:23.99	PESTANA, Andre Pinto	+0,51	39.48	1:22.95	

Infantis A, 14 Masculino | 13 Feminino

1.	Naval do Funchal 8				Naval do Funchal			**5:15.71**	232
	ROMAO, Laura Beatriz	+0,88	44.24	1:35.26	MIRANDA, Francisco Guilherme		32.54	1:08.47	
	FREITAS, Francisca Leonor	+0,32	39.22	1:22.86	CASTRO, Marco Antonio	+0,38	32.34	1:09.12	
2.	Naval do Funchal 18				Naval do Funchal			**5:22.29**	218
	SA, Vanessa Fernandes	+0,72	33.94	1:12.70	FERNANDES, Antonio Maria	+0,51	36.43	1:15.67	
	PASSOS, Carolina Goncalves	+0,58	45.13	1:38.34	JESUS, Vasco Franca	+0,21	34.81	1:15.58	

2 - 2.ª Sessão - Sábado de Manhã — 04/12/2021 - 9:15

Prova 12 — Femin., 400m Livres — Absoluto
04/12/2021 - 9:15 — Resultados

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Zonais Inf B: 6:03.32; Inf A: 5:41.89; Juv B: 5:05.93; Juv A: 4:57.35 / TAC Nacional - PL (Março) Juv B: 4:54.81; Juv A: 4:43.53; Jun16: 4:34.44; Jun17: 4:31.36; Sen: 4:26.04 / TAC Nacional Inf B: 5:55.32; Inf A: 5:33.89; Juv B: 4:54.81; Juv A: 4:45.52; Jun16: 4:38.56; Jun17: 4:37.18; Sen18: 4:31.05; 19 +: 4:29.70

Pontos: FINA 2021

Lugar		Ano			Tempo final	Pts

Infantis B, 12 anos

1. NOBREGA, Madalena Chulata — 10 — AD Machico — **7:27.59** — 142

50m:	47.72	47.72	150m:	2:42.86	1:00.64	250m:	4:38.25	59.03	350m:	6:36.70	1:00.69
100m:	1:42.22	54.50	200m:	3:39.22	56.36	300m:	5:36.01	57.76	400m:	7:27.59	50.89

Infantis A, 13 anos

1. GONCALVES, Vera Andrade — 09 — Juventude AC — **5:05.79** — 447

Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição

50m:	33.69	33.69	150m:	1:52.43	40.06	250m:	3:12.01	40.07	350m:	4:31.04	39.44
100m:	1:12.37	38.68	200m:	2:31.94	39.51	300m:	3:51.60	39.59	400m:	5:05.79	34.75

2. FREITAS, Filipa Carolina — 09 — AD Machico — **7:07.25** — 164

50m:	44.03	44.03	150m:	2:30.86	55.36	250m:	4:24.28	56.48	350m:	6:15.68	55.03
100m:	1:35.50	51.47	200m:	3:27.80	56.94	300m:	5:20.65	56.37	400m:	7:07.25	51.57

3. SANTOS, Alexandra Mendes — 09 — AD Machico — **7:11.69** — 159

50m:	45.11	45.11	150m:	2:33.24	55.64	250m:	4:25.27	57.56	350m:	6:17.56	56.84
100m:	1:37.60	52.49	200m:	3:27.71	54.47	300m:	5:20.72	55.45	400m:	7:11.69	54.13

4. CARVALHO, Beatriz Xavier — 09 — AD Machico — **7:12.72** — 157

50m:	43.39	43.39	150m:	2:31.99	56.20	250m:	4:25.70	57.13	350m:	6:20.58	57.54
100m:	1:35.79	52.40	200m:	3:28.57	56.58	300m:	5:23.04	57.34	400m:	7:12.72	52.14

Juvenis B, 14 anos

1. PEREIRA, Maria Clara — 08 — Juventude AC — **5:31.28** — 352

50m:	36.86	36.86	150m:	2:01.02	43.19	250m:	3:28.40	43.25	350m:	4:52.58	42.31
100m:	1:17.83	40.97	200m:	2:45.15	44.13	300m:	4:10.27	41.87	400m:	5:31.28	38.70

2. ALVES, Juliana Rodrigues — 08 — CD Nacional — **5:33.45** — 345

50m:	35.34	35.34	150m:	1:57.97	42.52	250m:	3:25.07	44.17	350m:	4:51.50	43.45
100m:	1:15.45	40.11	200m:	2:40.90	42.93	300m:	4:08.05	42.98	400m:	5:33.45	41.95

3. NOBREGA, Sara Francisca — 08 — CD Sao Roque — **5:50.21** — 298

50m:	39.35	39.35	150m:	2:07.94	44.76	250m:	3:38.97	45.64	350m:	5:08.50	44.24
100m:	1:23.18	43.83	200m:	2:53.33	45.39	300m:	4:24.26	45.29	400m:	5:50.21	41.71

Juniores, 16 e 17 anos

1. SILVA, Silvana Suamade — 06 — CD Sao Roque — **5:00.47** — 471

50m:	33.78	33.78	150m:	1:49.58	38.30	250m:	3:06.51	38.66	350m:	4:23.18	38.28
100m:	1:11.28	37.50	200m:	2:27.85	38.27	300m:	3:44.90	38.39	400m:	5:00.47	37.29

2. CARICHAS, Joana Medeiros — 06 — Juventude AC — **5:05.98** — 446

50m:	33.44	33.44	150m:	1:50.46	39.56	250m:	3:11.01	39.90	350m:	4:29.72	38.62
100m:	1:10.90	37.46	200m:	2:31.11	40.65	300m:	3:51.10	40.09	400m:	5:05.98	36.26

Prova 12, Femin., 400m Livres, Juniores, 16 e 17 anos

Lugar		Ano		Tempo final	Pts
3.	PEREIRA, Joana Marques	06	Juventude AC	**5:27.52**	364

50m:	34.62	34.62	150m:	1:55.06	41.49	250m:	3:20.09	42.68	350m:	4:45.89	42.88
100m:	1:13.57	38.95	200m:	2:37.41	42.35	300m:	4:03.01	42.92	400m:	5:27.52	41.63

Prova 13 — Masc., 400m Livres — Absoluto
04/12/2021 - 9:30 — Resultados

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 5:39.38; Inf A: 5:21.39; Juv B: 4:38.55; Juv A: 4:33.44 / TAC Nacional - PL (Março) Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.09; Jun18: 4:04.87; Sen: 4:00.66 / TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20 +: 4:02.70

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts

Infantis B, 13 anos

1.	GONCALVES, Joao Guilherme	09	Naval do Funchal	**5:39.80**	243

50m:	36.24	36.24	150m:	2:02.40	44.00	250m:	3:31.47	44.81	350m:	4:59.78	43.79
100m:	1:18.40	42.16	200m:	2:46.66	44.26	300m:	4:15.99	44.52	400m:	5:39.80	40.02

2.	GONCALVES, Pedro Martim	09	Juventude AC	**5:49.27**	224

50m:	38.67	38.67	150m:	2:10.28	46.36	250m:	3:40.44	45.23	350m:	5:10.82	45.28
100m:	1:23.92	45.25	200m:	2:55.21	44.93	300m:	4:25.54	45.10	400m:	5:49.27	38.45

3.	FARIA, Afonso Cunha	09	CD Sao Roque	**5:54.82**	214

50m:	38.99	38.99	150m:	2:07.97	44.45	250m:	3:40.53	46.16	350m:	5:12.36	46.06
100m:	1:23.52	44.53	200m:	2:54.37	46.40	300m:	4:26.30	45.77	400m:	5:54.82	42.46

4.	SILVA, Joao Bernardo	09	CD Nacional	**5:57.52**	209

50m:	39.11	39.11	150m:	2:11.74	46.71	250m:	3:43.19	45.16	350m:	5:15.07	45.61
100m:	1:25.03	45.92	200m:	2:58.03	46.29	300m:	4:29.46	46.27	400m:	5:57.52	42.45

5.	ALVES, Mateus Basilio	09	Juventude AC	**6:25.92**	166

50m:	43.10	43.10	150m:	2:22.84	50.26	250m:	4:02.41	49.35	350m:	5:39.35	47.64
100m:	1:32.58	49.48	200m:	3:13.06	50.22	300m:	4:51.71	49.30	400m:	6:25.92	46.57

6.	CAMACHO, Santiago Bettencourt	09	Juventude AC	**7:03.04**	126

50m:	47.87	47.87	150m:	2:35.34	54.60	250m:	4:25.26	55.44	350m:	6:14.34	52.97
100m:	1:40.74	52.87	200m:	3:29.82	54.48	300m:	5:21.37	56.11	400m:	7:03.04	48.70

7.	GONCALVES, Jose Bernardo	09	AD Machico	**7:16.60**	114

50m:	47.24	47.24	150m:	2:37.65	56.82	250m:	4:29.43	55.89	350m:	6:24.06	57.15
100m:	1:40.83	53.59	200m:	3:33.54	55.89	300m:	5:26.91	57.48	400m:	7:16.60	52.54

DSQ	SANTOS, Joao Dinis	09	AD Machico
	403 - Falsa partida - SW 4.4		

Infantis A, 14 anos

1.	RODRIGUES, Guilherme Gomes	08	CD Sao Roque	**5:27.15**	273

50m:	35.44	35.44	150m:	1:58.72	42.13	250m:	3:23.74	42.00	350m:	4:48.30	41.52
100m:	1:16.59	41.15	200m:	2:41.74	43.02	300m:	4:06.78	43.04	400m:	5:27.15	38.85

2.	BARRADAS, Rafael Alves	08	Escola O Liceu	**5:36.43**	251

50m:	36.43	36.43	150m:	2:01.11	42.43	250m:	3:27.48	43.21	350m:	4:55.39	43.55
100m:	1:18.68	42.25	200m:	2:44.27	43.16	300m:	4:11.84	44.36	400m:	5:36.43	41.04

Prova 13, Masc., 400m Livres, Infantis A, 14 anos

Lugar		Ano		Tempo final	Pts
3.	FERNANDEZ, Henrique Justino	08	Juventude AC	**5:47.30**	228
	50m: 37.77 37.77 150m: 2:06.65 45.51 250m: 3:37.54 45.72 350m: 5:07.23 44.29				
	100m: 1:21.14 43.37 200m: 2:51.82 45.17 300m: 4:22.94 45.40 400m: 5:47.30 40.07				
4.	ANTUNES, Frederico Luis	08	Juventude AC	**6:48.96**	139
	50m: 44.56 44.56 150m: 2:26.23 51.42 250m: 4:11.70 52.56 350m: 5:58.76 53.42				
	100m: 1:34.81 50.25 200m: 3:19.14 52.91 300m: 5:05.34 53.64 400m: 6:48.96 50.20				
5.	CORREIA, Joao Luis	08	Juventude AC	**7:15.16**	116
	50m: 43.59 43.59 150m: 2:32.39 54.98 250m: 4:25.59 56.91 350m: 6:20.80 56.81				
	100m: 1:37.41 53.82 200m: 3:28.68 56.29 300m: 5:23.99 58.40 400m: 7:15.16 54.36				

Juvenis B, 15 anos

1.	NEVES, Tiago Brazao *Mínimos Zonais Sul - Tomar*	07	Naval do Funchal	**4:37.40**	447
	50m: 30.77 30.77 150m: 1:40.74 35.28 250m: 2:53.31 36.29 350m: 4:04.11 35.36				
	100m: 1:05.46 34.69 200m: 2:17.02 36.28 300m: 3:28.75 35.44 400m: 4:37.40 33.29				
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	**4:41.22**	429
	50m: 30.58 30.58 150m: 1:41.07 36.52 250m: 2:54.88 36.91 350m: 4:07.52 35.90				
	100m: 1:04.55 33.97 200m: 2:17.97 36.90 300m: 3:31.62 36.74 400m: 4:41.22 33.70				
3.	OLIVEIRA, Afonso Miguel	07	Juventude AC	**4:47.37**	402
	50m: 30.62 30.62 150m: 1:42.20 36.31 250m: 2:56.73 37.33 350m: 4:11.85 37.34				
	100m: 1:05.89 35.27 200m: 2:19.40 37.20 300m: 3:34.51 37.78 400m: 4:47.37 35.52				
4.	ALVES, Diogo Basilio	07	Juventude AC	**5:07.03**	330
	50m: 34.65 34.65 150m: 1:52.48 39.27 250m: 3:11.55 39.67 350m: 4:30.22 38.87				
	100m: 1:13.21 38.56 200m: 2:31.88 39.40 300m: 3:51.35 39.80 400m: 5:07.03 36.81				
5.	JESUS, David Martins	07	CD Sao Roque	**5:12.30**	313
	50m: 34.96 34.96 150m: 1:54.22 40.19 250m: 3:13.92 39.31 350m: 4:34.70 40.51				
	100m: 1:14.03 39.07 200m: 2:34.61 40.39 300m: 3:54.19 40.27 400m: 5:12.30 37.60				
6.	SMIRNOV, Dmytro	07	CD Sao Roque	**5:13.17**	311
	50m: 34.15 34.15 150m: 1:53.77 40.51 250m: 3:14.38 40.20 350m: 4:35.23 39.99				
	100m: 1:13.26 39.11 200m: 2:34.18 40.41 300m: 3:55.24 40.86 400m: 5:13.17 37.94				
7.	NUNES, Duarte Costa	07	Juventude AC	**5:17.62**	298
	50m: 34.96 34.96 150m: 1:55.07 40.59 250m: 3:15.70 40.46 350m: 4:37.59 40.63				
	100m: 1:14.48 39.52 200m: 2:35.24 40.17 300m: 3:56.96 41.26 400m: 5:17.62 40.03				
8.	GOUVEIA, Martim Jose	07	CD Sao Roque	**5:32.85**	259
	50m: 35.04 35.04 150m: 1:57.80 41.97 250m: 3:24.36 43.52 350m: 4:51.74 44.07				
	100m: 1:15.83 40.79 200m: 2:40.84 43.04 300m: 4:07.67 43.31 400m: 5:32.85 41.11				

Juvenis A, 16 anos

1.	VIVEIROS, Pedro Perestrelo	06	AD Machico	**5:53.66**	216
	50m: 36.04 36.04 150m: 2:01.48 44.13 250m: 3:34.37 46.77 350m: 5:09.49 47.58				
	100m: 1:17.35 41.31 200m: 2:47.60 46.12 300m: 4:21.91 47.54 400m: 5:53.66 44.17				
DSQ	VIEIRA, Rodrigo Leal *403 - Falsa partida - SW 4.4*	06	AD Machico		

Juniores, 17 e 18 anos

1.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**4:14.37**	580
	50m: 28.65 28.65 150m: 1:33.06 32.63 250m: 2:37.97 32.33 350m: 3:42.44 32.31				
	100m: 1:00.43 31.78 200m: 2:05.64 32.58 300m: 3:10.13 32.16 400m: 4:14.37 31.93				

Prova 13, Masc., 400m Livres

Seniores, 19 anos e mais velhos

1.	RODRIGUES, Pedro Reis			02	CD Sao Roque							**4:14.20**	582
	50m:	28.08	28.08	150m:	1:32.15	32.23	250m:	2:37.11	32.46	350m:	3:42.62	32.64	
	100m:	59.92	31.84	200m:	2:04.65	32.50	300m:	3:09.98	32.87	400m:	4:14.20	31.58	

Prova 14 — Femin., 50m Bruços — Absoluto
04/12/2021 - 9:57 — Resultados

Recorde Regional Absoluto	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Sen	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Jun17	34.07	ABREU, Laura Catarina	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	33.71	ABREU, Laura Catarina	CDN	Porto	13/12/2015
Recorde Regional Juv A	34.46	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	34.57	ABREU, Laura Catarina	CDN	Funchal	15/03/2014
Recorde Regional Inf A	35.44	ABREU, Laura Catarina	CDN	Funchal	05/04/2013
Recorde Regional Inf B	37.72	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Zonais Juv B: 37.85; Juv A: 37.29 / TAC Nacional - PL (Março) Juv B: 37.29; Juv A: 36.74; Jun16: 36.20; Jun17: 35.27; Sen: 34.60 / TAC Nacional Juv B: 37.29; Juv A: 36.74; Jun16: 36.45; Jun17: 36.27; Sen18: 35.23; 19 +: 35.06

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 12 anos					
1.	BRITO, Madalena Pinto	10	Naval do Funchal	**48.27**	207
2.	GOMES, Alice Silva	10	Naval do Funchal	**48.96**	198
3.	SILVA, Maria Luis	10	Naval do Funchal	**55.18**	138
4.	FERNANDES, Francisca Gomes	10	Naval do Funchal	**56.85**	126
Infantis A, 13 anos					
1.	SA, Vanessa Fernandes	09	Naval do Funchal	**39.59**	375
2.	MARGARIDO, Paula Aguiar	09	Juventude AC	**42.64**	300
3.	TEMTEM, Madalena Barbosa	09	CD Nacional	**45.16**	252
4.	ALVES, Francisca Pereira	09	Juventude AC	**45.77**	242
5.	FREITAS, Francisca Leonor	09	Naval do Funchal	**46.80**	227
6.	FREITAS, Madalena Silva	09	Naval do Funchal	**52.81**	158
7.	SILVA, Mariana Ponte	09	Naval do Funchal	**55.27**	137
8.	MACEDO, Eva Maria	09	Naval do Funchal	**1:02.37**	96
DSQ	PEREIRA, Eva Veronica	09	Naval do Funchal		
	734 - Efectuou mais que uma pernada golfinho durante percurso subaquático após a partida - SW 7.1				
Juvenis B, 14 anos					
1.	MARQUES, Beatriz Paixao	08	Naval do Funchal	**48.77**	200
2.	ALVES, Margarida Jesus	08	CD Nacional	**52.49**	161
3.	BRYGAR, Margarida Lysova	08	Naval do Funchal	**55.44**	136
Juvenis A, 15 anos					
1.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	**39.41**	380
2.	MATEUS, Clarisse Vieira	07	CD Nacional	**39.58**	375
DSQ	RODRIGUES, Ines Costa	07	CD Nacional		
	721 - Na chegada não tocou na parede com as mãos separadas e simultaneamente - SW 7.6				
Juniores, 16 e 17 anos					
1.	NOBREGA, Maria Trindade	05	CD Nacional	**48.33**	206
2.	JESUS, Veronica Martins	06	CD Sao Roque	**50.97**	175
3.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	**53.46**	152

Prova 15 — Masc., 50m Bruços — Absoluto
04/12/2021 - 10:02 — Resultados

Recorde Regional Absoluto	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	29.26	FIGUEIRA, Andre Temtem	CNF	Funchal	12/07/2009
Recorde Regional Jun17	29.89	FERNANDES, Martim Pestana	CNF	Funchal	17/07/2021
Recorde Regional Juv A	31.04	SILVA, Tony Stefano	CDN	Funchal	17/07/2021
Recorde Regional Juv B	31.51	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	32.93	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	34.34	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Juv B: 34.04; Juv A: 33.55 / TAC Nacional - PL (Março) Juv B: 33.54; Juv A: 33.05; Jun17: 32.56; Jun18: 30.36; Sen: 29.79 / TAC Nacional Juv B: 33.54; Juv A: 33.05; Jun17: 32.56; Jun18: 31.22; Sen19: 30.37; 20 +: 30.22

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 13 anos					
1.	ANDRADE, Salvador Freitas	09	Naval do Funchal	**37.65**	301
2.	GONCALVES, Pedro Martim	09	Juventude AC	**44.29**	185
3.	SOUSA, Eduardo Afonseca	09	CD Nacional	**46.94**	155
Infantis A, 14 anos					
1.	MEDEIROS, Joao Francisco	08	Juventude AC	**44.35**	184
2.	BARATA, Joao Tomas	08	Juventude AC	**51.57**	117
3.	SILVA, Francisco Pita	08	Juventude AC	**1:04.30**	60
Juvenis B, 15 anos					
1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	**36.28**	337
2.	SOUSA, Simao Henrique	07	CD Nacional	**39.13**	268
3.	ALVES, Diogo Basilio	07	Juventude AC	**42.04**	216
4.	FERNANDES, Afonso Berimbau	07	Juventude AC	**42.80**	205
5.	BERENGUER, Santiago Moura	07	Juventude AC	**44.17**	186
6.	BARBOSA, Joao Camacho	07	CD Nacional	**48.24**	143
7.	MARTINS, Tomas Rodrigo	07	CD Nacional	**49.61**	131
Juvenis A, 16 anos					
1.	SETIM, Joao Oliveira	06	Naval do Funchal	**33.88**	413
2.	TEMES, Joao Caires	06	Juventude AC	**36.46**	332
Juniores, 17 e 18 anos					
1.	FERNANDES, Martim Pestana	04	Naval do Funchal	**31.20**	530
	Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor				
2.	SILVA, Tony Stefano	05	CD Nacional	**31.37**	521
	Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor				
3.	AGUILAR, Luis Santos	04	CD Nacional	**34.10**	405
4.	ALVES, Andre Camara	05	CD Nacional	**34.66**	386
Seniores, 19 anos e mais velhos					
1.	BARRACOSA, Alexandre Manuel	74	CD Nacional	**38.42**	283

Prova 16 — Femin., 200m Costas — Absoluto
04/12/2021 - 10:06 — Resultados

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:24.93	FERREIRA, Maria Leonor	CDN	Funchal	07/03/2020
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:26.17	COSTA, Maria Jardim	CDN	Funchal	07/03/2020
Recorde Regional Inf A	2:33.29	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	2:37.35	GONCALVES, Vera Andrade	JACL	Funchal	11/07/2021

TAC Zonais Inf B: 3:10.68; Inf A: 3:00.87; Juv B: 2:43.15; Juv A: 2:38.58 / TAC Nacional - PL (Março) Juv B: 2:37.01; Juv A: 2:30.56; Jun16: 2:27.76; Jun17: 2:25.51; Sen: 2:23.08 / TAC Nacional Inf B: 3:06.68; Inf A: 2:56.87; Juv B: 2:37.01; Juv A: 2:32.42; Jun16: 2:28.04; Jun17: 2:27.30; Sen18: 2:25.06; 19 +: 2:24.33

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 12 anos									
1.	ALVES, Ana Carolina	10	CD Nacional	**3:19.26**	212	46.73	51.37	51.79	49.37
2.	ROSA, Clara Sofia	10	CD Nacional	**3:28.88**	184	50.10	53.79	53.88	51.11
3.	QUADRADO, Teresa Gom	10	Juventude AC	**3:32.70**	174	49.16	57.36	53.15	53.03
Infantis A, 13 anos									
1.	MATEUS, Eleine Vieira	09	CD Nacional	**2:52.72**	326	40.20	44.50	45.30	42.72
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição								
2.	MELIM, Sara Beatriz	09	CD Nacional	**3:01.02**	283	43.56	46.10	46.23	45.13
3.	SILVA, Maria Korina	09	CD Nacional	**3:02.41**	277	42.75	46.92	47.97	44.77
4.	SA, Vanessa Fernandes	09	Naval do Funchal	**3:02.96**	274	44.68	47.48	47.30	43.50
Juvenis B, 14 anos									
1.	BAPTISTA, Ines Sande	08	CD Nacional	**2:48.53**	351	37.44	41.93	44.24	44.92
2.	SOARES, Leonor Silva	08	CD Nacional	**3:04.96**	265	43.38	46.79	47.52	47.27
3.	NOBREGA, Sara Francisc	08	CD Sao Roque	**3:17.17**	219	46.19	50.84	50.71	49.43
Juvenis A, 15 anos									
1.	FRANCA, Ines Matos	07	Juventude AC	**2:51.68**	332	40.04	43.64	44.69	43.31
Juniores, 16 e 17 anos									
1.	FREITAS, Margarida Ram	06	CD Nacional	**2:40.38**	407	38.50	40.37	41.02	40.49
2.	CARICHAS, Joana Medeir	06	Juventude AC	**2:40.54**	406	37.77	41.62	41.96	39.19
3.	CANADA, Maria Elvira	06	CD Nacional	**2:48.38**	352	39.27	42.39	43.34	43.38
4.	PEREIRA, Joana Marques	06	Juventude AC	**2:57.14**	302	40.74	45.76	46.84	43.80
Seniores, 18 anos e mais velhas									
1.	LUIS, Jessica Santos	00	CD Sao Roque	**2:42.53**	391	36.74	40.68	42.80	42.31

Prova 17 — Masc., 200m Costas — Absoluto
04/12/2021 - 10:14 — Resultados

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:03.83	FERNANDES, Rui Afonso	CDN	Funchal	25/07/2020
Recorde Regional Juv A	2:06.54	FERNANDES, Rui Afonso	CDN	Tomar	15/12/2018
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:57.73; Inf A: 2:47.30; Juv B: 2:27.99; Juv A: 2:25.28 / TAC Nacional - PL (Março) Juv B: 2:21.79; Juv A: 2:15.31; Jun17: 2:11.05; Jun18: 2:08.96; Sen: 2:06.11 / TAC Nacional Inf B: 2:53.73; Inf A: 2:43.30; Juv B: 2:21.79; Juv A: 2:17.66; Jun17: 2:12.67; Jun18: 2:12.01; Sen19: 2:08.98; 20 +: 2:08.34

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 13 anos									
1.	VELOZA, Tomas Ramos	09	CD Nacional	**3:09.26**	173	44.92	48.13	49.02	47.19
2.	JARDIM, Joao Tomas	09	CD Nacional	**3:10.82**	169	45.44	49.30	49.37	46.71
3.	ALVES, Francisco Manuel	09	CD Nacional	**3:17.29**	153	47.40	51.06	49.80	49.03
4.	ALVES, Mateus Basilio	09	Juventude AC	**3:21.98**	143	47.12	52.53	53.48	48.85
5.	CRESPO, Joao Jesus	09	CD Nacional	**3:33.80**	120	52.40	54.74	55.50	51.16
6.	CAMACHO, S.	09	Juventude AC	**3:38.01**	113	51.48	56.49	56.35	53.69
7.	MARTINS, Antonio Freitas	09	CD Nacional	**3:38.48**	113	53.22	57.56	55.95	51.75
DSQ	MARTINHO, Joao Miguel	09	CD Nacional						
	612 - Perdeu posição dorsal após a viragem aos 150 metros SW 6.2								
Infantis A, 14 anos									
1.	JARDIM, Lourenco Almeid	08	CD Nacional	**3:09.06**	174	45.09	49.76	48.30	45.91
DSQ	ANTUNES, Frederico Luis	08	Juventude AC						
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3								
Juvenis B, 15 anos									
1.	OLIVEIRA, Afonso Miguel	07	Juventude AC	**2:30.30**	347	33.52	37.73	39.96	39.09
2.	JESUS, David Martins	07	CD Sao Roque	**2:44.93**	262	38.89	42.45	42.25	41.34
3.	GOUVEIA, Martim Jose	07	CD Sao Roque	**2:56.55**	214	41.62	44.67	45.66	44.60
4.	NUNES, Duarte Costa	07	Juventude AC	**2:59.47**	203	42.25	46.92	47.15	43.15
5.	VIEIRA, Luis Henrique	07	CD Nacional	**3:34.84**	118	51.16	56.43	55.47	51.78
Juvenis A, 16 anos									
1.	ALVES, Pedro Miguel	06	CD Nacional	**2:25.86**	379	33.27	36.46	38.25	37.88
Juniores, 17 e 18 anos									
1.	MARQUES, Gustavo Pires	04	CD Sao Roque	**2:11.44**	519	30.09	33.28	34.01	34.06
	Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor								

Prova 18 — Femin., 100m Livres — Absoluto
04/12/2021 - 10:37 — Resultados

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Zonais Inf B: 1:19.88; Inf A: 1:15.03; Juv B: 1:06.98; Juv A: 1:05.10 / TAC Nacional - PL (Março) Juv B: 1:04.37; Juv A: 1:02.57; Jun16: 1:00.36; Jun17: 59.41; Sen: 58.64 / TAC Nacional Inf B: 1:17.88; Inf A: 1:13.03; Juv B: 1:04.37; Juv A: 1:02.41; Jun16: 1:00.73; Jun17: 1:00.43; Sen18: 59.48; 19 +: 59.19

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 12 anos							
1.	TEIXEIRA, Maria Leonor	10	Naval do Funchal	**1:15.09**	299	35.96	39.13
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição						
2.	RIBEIRO, Guida Drumond	10	Naval do Funchal	**1:19.39**	253	36.60	42.79
	Mínimos Zonais Sul - A definir (local)						
3.	LEITAO, Isabel Gouveia	10	Naval do Funchal	**1:22.28**	227	39.07	43.21
4.	ROSA, Clara Sofia	10	CD Nacional	**1:25.10**	205	39.95	45.15
5.	ALVES, Ana Carolina	10	CD Nacional	**1:26.89**	193	41.40	45.49
6.	BRITO, Madalena Pinto	10	Naval do Funchal	**1:28.53**	182	41.67	46.86
7.	QUADRADO, Teresa Gomes	10	Juventude AC	**1:30.94**	168	41.39	49.55
8.	GOMES, Alice Silva	10	Naval do Funchal	**1:31.64**	164	43.52	48.12
9.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	**1:37.02**	138	47.66	49.36
10.	NOBREGA, Madalena Chulata	10	AD Machico	**1:38.17**	134	47.76	50.41
11.	SILVA, Maria Luis	10	Naval do Funchal	**1:38.49**	132	47.05	51.44
12.	FERNANDES, Francisca Gome	10	Naval do Funchal	**1:38.67**	132	46.91	51.76
13.	MADEIRA, Sara Alexandra	10	AD Machico	**1:43.26**	115	48.13	55.13
Infantis A, 13 anos							
1.	MELIM, Sara Beatriz	09	CD Nacional	**1:15.40**	296	36.22	39.18
2.	MATEUS, Eleine Vieira	09	CD Nacional	**1:15.42**	295	36.62	38.80
3.	SILVA, Maria Korina	09	CD Nacional	**1:21.51**	234	39.57	41.94
4.	ALVES, Francisca Pereira	09	Juventude AC	**1:22.42**	226	39.74	42.68
5.	FREITAS, Francisca Leonor	09	Naval do Funchal	**1:22.78**	223	40.72	42.06
6.	TEMTEM, Madalena Barbosa	09	CD Nacional	**1:23.63**	216	39.67	43.96
7.	FREITAS, Filipa Carolina	09	AD Machico	**1:32.54**	160	43.65	48.89
8.	ROMAO, Laura Beatriz	09	Naval do Funchal	**1:35.35**	146	44.31	51.04
9.	PASSOS, Carolina Goncalves	09	Naval do Funchal	**1:36.87**	139	45.61	51.26
10.	SILVA, Mariana Ponte	09	Naval do Funchal	**1:42.24**	118	47.11	55.13
11.	FREITAS, Madalena Silva	09	Naval do Funchal	**1:48.94**	98	48.47	1:00.47
DSQ	CARVALHO, Beatriz Xavier	09	AD Machico				
	403 - Falsa partida - SW 4.4						
Juvenis B, 14 anos							
1.	GOMES, Sofia Vega	08	Naval do Funchal	**1:08.07**	402	32.77	35.30
2.	ALVES, Juliana Rodrigues	08	CD Nacional	**1:13.80**	315	34.97	38.83
3.	SILVA, Carolina Pestana	08	Naval do Funchal	**1:14.62**	305	35.85	38.77
4.	SOARES, Leonor Silva	08	CD Nacional	**1:19.40**	253	37.12	42.28
5.	ALVES, Margarida Jesus	08	CD Nacional	**1:26.82**	193	40.30	46.52
6.	BRYGAR, Margarida Lysova	08	Naval do Funchal	**1:38.19**	134	45.04	53.15
7.	MARQUES, Beatriz Paixao	08	Naval do Funchal	**1:43.46**	114	47.94	55.52

Prova 18, Femin., 100m Livres

Juvenis A, 15 anos

1.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:12.83**	328	34.50	38.33
2.	RINCU, Alexandra	07	Naval do Funchal	**1:23.03**	221	40.28	42.75
3.	RODRIGUES, Ines Costa	07	CD Nacional	**1:34.38**	150	44.71	49.67

Juniores, 16 e 17 anos

1.	FREITAS, Margarida Ramos	06	CD Nacional	**1:08.06**	402	32.56	35.50
2.	SILVA, Silvana Suamade	06	CD Sao Roque	**1:09.37**	380	33.09	36.28
3.	NOBREGA, Maria Trindade	05	CD Nacional	**1:20.81**	240	38.32	42.49
4.	JESUS, Veronica Martins	06	CD Sao Roque	**1:31.52**	165	42.02	49.50
5.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	**1:31.55**	165	43.17	48.38

Seniores, 18 anos e mais velhas

1.	LUIS, Jessica Santos	00	CD Sao Roque	**1:07.47**	413	32.29	35.18

Prova 19 — Masc., 100m Livres — Absoluto
04/12/2021 - 10:48 — Resultados

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Zonais Inf B: 1:13.39; Inf A: 1:09.14; Juv B: 1:00.07; Juv A: 58.97 / TAC Nacional - PL (Março) Juv B: 57.93; Juv A: 56.12; Jun17: 53.68; Jun18: 51.77; Sen: 50.97 / TAC Nacional Inf B: 1:11.39; Inf A: 1:07.14; Juv B: 57.29; Juv A: 56.12; Jun17: 53.68; Jun18: 53.21; Sen19: 52.54; 20 +: 52.28

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 13 anos							
1.	GONCALVES, Joao Guilherme	09	Naval do Funchal	**1:09.30**	272	33.13	36.17
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição						
2.	ANDRADE, Salvador Freitas	09	Naval do Funchal	**1:12.58**	237	34.58	38.00
	Mínimos Zonais Sul - A definir (local)						
3.	FARIA, Afonso Cunha	09	CD Sao Roque	**1:14.49**	219	35.25	39.24
4.	SILVA, Joao Bernardo	09	CD Nacional	**1:16.00**	206	36.03	39.97
5.	JARDIM, Joao Tomas	09	CD Nacional	**1:18.24**	189	37.85	40.39
6.	GOMES, Joao Abreu	09	Naval do Funchal	**1:19.17**	182	37.17	42.00
7.	SANTOS, Joao Dinis	09	AD Machico	**1:19.43**	181	37.65	41.78
8.	VELOZA, Tomas Ramos	09	CD Nacional	**1:19.63**	179	38.52	41.11
9.	MARTINS, Antonio Freitas	09	CD Nacional	**1:19.89**	178	38.43	41.46
10.	SOUSA, Eduardo Afonseca	09	CD Nacional	**1:22.19**	163	38.87	43.32
11.	MARTINHO, Joao Miguel	09	CD Nacional	**1:23.73**	154	40.04	43.69
12.	CRESPO, Joao Jesus	09	CD Nacional	**1:28.01**	133	41.81	46.20
13.	ALVES, Francisco Manuel	09	CD Nacional	**1:28.07**	132	42.92	45.15
14.	GONCALVES, Jose Bernardo	09	AD Machico	**1:40.77**	88	46.84	53.93
15.	DIZ, Francisco Bravo	09	Naval do Funchal	**1:48.78**	70	47.74	1:01.04
DSQ	PESTANA, Andre Pinto	09	Naval do Funchal				
	403 - Falsa partida - SW 4.4						

Prova 19, Masc., 100m Livres

Infantis A, 14 anos

1.	MIRANDA, Francisco Guilherm	08	Naval do Funchal	**1:07.73**	292	32.29	35.44
	Mínimos Zonais Sul - A definir (local)							
2.	RODRIGUES, Guilherme Gom	08	CD Sao Roque	**1:07.93**	289	32.41	35.52
	Mínimos Zonais Sul - A definir (local)							
3.	JESUS, Vasco Franca	08	Naval do Funchal	**1:09.67**	268	33.03	36.64
4.	CASTRO, Marco Antonio	08	Naval do Funchal	**1:12.81**	235	34.51	38.30
5.	NOBREGA, Matias Sargo	08	Naval do Funchal	**1:13.51**	228	34.67	38.84
6.	FERNANDEZ, Henrique Justin	08	Juventude AC	**1:14.30**	221	36.00	38.30
7.	FERNANDES, Antonio Maria	08	Naval do Funchal	**1:16.98**	198	37.45	39.53
8.	JARDIM, Lourenco Almeida	08	CD Nacional	**1:18.28**	189	37.61	40.67
9.	SILVA, Bruno Correia	08	Naval do Funchal	**1:19.72**	179	38.04	41.68
10.	BARATA, Joao Tomas	08	Juventude AC	**1:21.06**	170	38.90	42.16
11.	CORREIA, Joao Luis	08	Juventude AC	**1:21.34**	168	38.81	42.53
12.	SILVA, Francisco Pita	08	Juventude AC	**1:30.37**	122	43.47	46.90
13.	SANTO, Goncalo Tomas	08	AD Machico	**1:32.58**	114	43.15	49.43

Juvenis B, 15 anos

1.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	**1:02.47**	372	29.92	32.55
2.	FERNANDES, Afonso Berimba	07	Juventude AC	**1:05.22**	327	31.91	33.31
3.	PENSO, Miguel Reigada	07	Escola O Liceu	**1:05.74**	319	31.62	34.12
4.	SMIRNOV, Dmytro	07	CD Sao Roque	**1:05.84**	318	31.14	34.70
5.	BARBOSA, Joao Camacho	07	CD Nacional	**1:11.95**	243	34.10	37.85
6.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	**1:17.88**	192	36.58	41.30
7.	SOUSA, Simao Henrique	07	CD Nacional	**1:19.52**	180	37.83	41.69
8.	VIEIRA, Luis Henrique	07	CD Nacional	**1:24.93**	148	39.89	45.04
9.	MARTINS, Tomas Rodrigo	07	CD Nacional	**1:37.00**	99	45.68	51.32

Juvenis A, 16 anos

1.	GARANITO, Simao Silva	06	Naval do Funchal	**57.72**	471	27.80	29.92
	Mínimos Zonais Sul - Tomar						
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	**59.37**	433	28.72	30.65
3.	SILVA, Joao Luis	06	Escola O Liceu	**59.72**	426	29.35	30.37
4.	ABREU, Joao Francisco	06	Naval do Funchal	**1:01.00**	399	29.44	31.56
5.	NACHYCHKO, Maximo	06	Naval do Funchal	**1:07.42**	296	31.72	35.70
6.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	**1:08.52**	282	32.66	35.86
7.	SETIM, Joao Oliveira	06	Naval do Funchal	**1:09.10**	275	35.45	33.65
8.	VIEIRA, Rodrigo Leal	06	AD Machico	**1:09.38**	271	33.21	36.17
9.	VIVEIROS, Pedro Perestrelo	06	AD Machico	**1:12.49**	238	34.70	37.79

Juniores, 17 e 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	**52.86**	614	25.40	27.46
	Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor						
2.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**56.32**	508	27.15	29.17
3.	AGUILAR, Luis Santos	04	CD Nacional	**1:00.27**	414	28.19	32.08
4.	ALVES, Andre Camara	05	CD Nacional	**1:07.40**	296	31.57	35.83
5.	SILVA, Tony Stefano	05	CD Nacional	**1:09.96**	265	32.16	37.80

Seniores, 19 anos e mais velhos

1.	PERESTRELO, Pedro Antonio	96	AD Machico	**1:20.18**	176	36.52	43.66

Prova 20 — Femin., 200m Mariposa — Absoluto
04/12/2021 - 11:02 — Resultados

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:28.89	CAMARA, Ines Cruz	CDN	Funchal	10/07/2021
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 3:14.03; Inf A: 3:01.32; Juv B: 2:49.48; Juv A: 2:42.48 / TAC Nacional - PL (Março) Juv B: 2:42.30; Juv A: 2:35.60; Jun16: 2:30.12; Jun17: 2:26.15; Sen: 2:22.23 / TAC Nacional Inf B: 3:10.03; Inf A: 2:57.32; Juv B: 2:42.30; Juv A: 2:37.62; Jun16: 2:32.18; Jun17: 2:31.42; Sen18: 2:26.33; 19 +: 2:25.60

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis A, 13 anos								
1. GONCALVES, Vera Andra	09	Juventude AC	**3:05.21**	269	40.08	48.77	50.08	46.28
2. MARGARIDO, Paula Aguia	09	Juventude AC	**3:26.90**	193	43.81	52.81	55.58	54.70
Juvenis B, 14 anos								
1. PEREIRA, Maria Clara	08	Juventude AC	**3:17.30**	222	43.03	53.16	53.69	47.42

Prova 21 — Masc., 200m Mariposa — Absoluto
04/12/2021 - 11:05 — Resultados

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:04.72	GOUVEIA, Luis Galvao	CDN	Funchal	10/07/2021
Recorde Regional Juv B	2:09.52	GOUVEIA, Luis Galvao	CDN	Funchal	08/08/2020
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:56.61; Inf A: 2:46.65; Juv B: 2:29.02; Juv A: 2:26.36 / TAC Nacional - PL (Março) Juv B: 2:25.72; Juv A: 2:19.79; Jun17: 2:12.65; Jun18: 2:08.55; Sen: 2:06.06 / TAC Nacional Inf B: 2:52.61; Inf A: 2:42.65; Juv B: 2:26.20; Juv A: 2:20.53; Jun17: 2:12.71; Jun18: 2:12.05; Sen19: 2:09.11; 20 +: 2:08.47

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Juvenis B, 15 anos								
1. ALMEIDA, Joao Francisco	07	Naval do Funchal	**2:30.56**	371	32.28	37.55	40.30	40.43
2. COSTA, Guilherme Corte	07	CD Nacional	**2:30.92**	368	33.59	38.56	39.71	39.06
Juniores, 17 e 18 anos								
DSQ RODRIGUES, Joao Luis	05	Naval do Funchal						

812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 50 m - SW 8.4

Prova 22 — Misto, 4 x 100m Estilos — 13 anos e mais velhos
04/12/2021 - 11:14 — Resultados

TAC Estafeta Mista Zonais 12 - 13: 5:40.63; 13 - 14: 5:21.00 / TAC Estafeta Mista Nacional 12 - 13: 5:32.63; 13 - 14: 5:13.00; 14 - 16: 4:28.36

Pontos: FINA 2021

Lugar							Tempo final	Pts

Infantis B, 13 Masculino | 12 Feminino

1.	Naval do Funchal 9				Naval do Funchal		**5:49.94**	220
	LEITAO, Isabel Gouveia	+0,54	43.64	1:32.58	TEIXEIRA, Maria Leonor		41.84	1:36.79
	GOMES, Joao Abreu		42.97	1:32.26	GONCALVES, Joao Guilherme		32.57	1:08.31
2.	Naval do Funchal 19				Naval do Funchal		**6:19.84**	172
	ANDRADE, Salvador Freitas	+0,80	39.41	1:21.92	RIBEIRO, Guida Drumond	+0,64	46.04	1:48.95
	BRITO, Madalena Pinto	+0,53	49.34	1:43.64	PESTANA, Andre Pinto		39.84	1:25.33

Infantis A, 14 Masculino | 13 Feminino

1.	Naval do Funchal 8				Naval do Funchal		**6:08.65**	188
	FERNANDES, Antonio Maria	+0,51	46.43	1:35.62	NOBREGA, Matias Sargo	+0,36	40.13	1:28.60
	SA, Vanessa Fernandes	+0,60	39.72	1:27.14	PASSOS, Carolina Goncalves	+0,05	45.00	1:37.29
DSQ	Naval do Funchal 18				Naval do Funchal			
	111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11							
	JESUS, Vasco Franca	+0,86	39.68	1:21.23	MIRANDA, Francisco Guilherme	-0,60		
	FREITAS, Francisca Leonor				ROMAO, Laura Beatriz			

Absolutos (composta por várias categorias)

1.	CD Nacional 1				CD Nacional		**4:55.08**	368
	TEMBE, Ines Afonso	+0,91	38.56	1:21.49	CAMACHO, Joao Simao		31.10	1:07.77
	ALVES, Andre Camara		35.88	1:18.10	FREITAS, Margarida Ramos		31.91	1:07.72
2.	CD Nacional 5				CD Nacional		**6:00.56**	202
	BAPTISTA, Ines Sande	+0,83	38.15	1:20.75	MATEUS, Eleine Vieira	+0,42	39.69	1:29.05
	CRESPO, Joao Jesus	+0,43	51.16	1:51.20	VIEIRA, Luis Henrique	+0,44	37.71	1:19.56
3.	CD Nacional 2				CD Nacional		**6:01.15**	201
	SILVA, Maria Korina	+0,77	44.37	1:29.19	SILVA, Joao Bernardo	+0,54	42.19	1:31.65
	MELIM, Sara Beatriz	+0,63	43.92	1:31.76	ALVES, Francisco Manuel	+0,53	41.49	1:28.55
4.	CD Nacional 6				CD Nacional		**6:03.76**	196
	ROSA, Clara Sofia	+0,95	52.59	1:48.23	CANADA, Maria Elvira	+0,38	35.90	1:19.90
	SOUSA, Simao Henrique	+0,60	41.27	1:30.08	MARTINHO, Joao Miguel	+0,32	39.40	1:25.55
5.	CD Nacional 8				CD Nacional		**6:04.58**	195
	RODRIGUES, Ines Costa	+0,79	50.61	1:46.18	JARDIM, Lourenco Almeida	+0,65	40.81	1:28.38
	MATEUS, Clarisse Vieira	+0,38	41.15	1:28.67	VELOZA, Tomas Ramos	+0,50	39.08	1:21.35
6.	CD Nacional 4				CD Nacional		**6:24.87**	166
	MARTINS, Antonio Freitas	+0,78	51.69	1:45.15	BARBOSA, Joao Camacho	+0,10	39.23	1:27.04
	TEMTEM, Madalena Barbosa	+0,58	48.39	1:45.24	ALVES, Margarida Jesus	+0,35	41.86	1:27.44
7.	CD Nacional 7				CD Nacional		**6:35.18**	153
	ALVES, Ana Carolina	+0,74	47.84	1:40.06	JARDIM, Joao Tomas	+0,44	47.45	1:46.20
	SOARES, Leonor Silva	+0,27	44.35	1:35.19	MARTINS, Tomas Rodrigo	+0,69	43.10	1:33.73
DSQ	CD Nacional 3				CD Nacional			
	111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11							
	NOBREGA, Maria Trindade	+0,97	45.19	1:35.08	ALVES, Juliana Rodrigues			
	SILVA, Tony Stefano	-0,24			SOUSA, Eduardo Afonseca			

3 - 3.ª Sessão - Sábado de Tarde — 04/12/2021 - 16:30

Prova 23 — Femin., 800m Livres — Absoluto
04/12/2021 - 16:30 — Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Alges	17/03/1995
Recorde Regional Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recorde Regional Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Alges	16/02/1993
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991

TAC Zonais Juv B: 10:27.05; Juv A: 10:09.47 / TAC Nacional - PL (Março) Juv B: 10:17.45; Juv A: 9:47.35; Jun16: 9:30.39; Jun17: 9:24.92; Sen: 9:16.45 / TAC Nacional Juv B: 10:17.45; Juv A: 9:53.10; Jun16: 9:40.74; Jun17: 9:37.85; Sen18: 9:16.45; 19 +: 9:16.45

Pontos: FINA 2021

Lugar		Ano			Tempo final	Pts

Juvenis B, 14 anos

1. NOBREGA, Sara Francisca — 08 — CD Sao Roque — **12:11.61** — 281

100m:	1:25.37	1:25.37	300m:	4:31.34	1:33.78	500m:	7:39.32	1:34.36	700m:	10:45.10	1:31.45
200m:	2:57.56	1:32.19	400m:	6:04.96	1:33.62	600m:	9:13.65	1:34.33	800m:	12:11.61	1:26.51

Juniores, 16 e 17 anos

1. SILVA, Silvana Suamade — 06 — CD Sao Roque — **10:11.70** — 481

100m:	1:13.59	1:13.59	300m:	3:49.85	1:17.87	500m:	6:23.54	1:16.53	700m:	8:57.11	1:16.86
200m:	2:31.98	1:18.39	400m:	5:07.01	1:17.16	600m:	7:40.25	1:16.71	800m:	10:11.70	1:14.59

Prova 24 — Masc., 1500m Livres — Absoluto
04/12/2021 - 16:43 — Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonais Juv B: 18:44.12; Juv A: 18:23.49 / TAC Nacional - PL (Março) Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:42.75; Jun18: 16:42.75; Sen: 16:22.58 / TAC Nacional Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:57.69; Jun18: 16:52.63; Sen19: 16:22.58; 20 +: 16:22.58

Pontos: FINA 2021

Lugar		Ano			Tempo final	Pts

Infantis A, 14 anos

1. RODRIGUES, Guilherme Gomes — 08 — CD Sao Roque — **21:04.54** — 301

100m:	1:17.34	1:17.34	500m:	6:58.32	1:25.10	900m:	12:37.00	1:24.32	1300m:	18:14.26	1:24.57
200m:	2:43.65	1:26.31	600m:	8:24.28	1:25.96	1000m:	14:01.56	1:24.56	1400m:	19:39.22	1:24.96
300m:	4:09.40	1:25.75	700m:	9:48.50	1:24.22	1100m:	15:26.15	1:24.59	1500m:	21:04.54	1:25.32
400m:	5:33.22	1:23.82	800m:	11:12.68	1:24.18	1200m:	16:49.69	1:23.54			

2. CASTRO, Marco Antonio — 08 — Naval do Funchal — **21:20.91** — 290

100m:	1:19.64	1:19.64	500m:	7:01.49	1:25.84	900m:	12:47.39	1:26.87	1300m:	18:35.65	1:27.58
200m:	2:43.70	1:24.06	600m:	8:27.58	1:26.09	1000m:	14:13.77	1:26.38	1400m:	19:59.84	1:24.19
300m:	4:09.99	1:26.29	700m:	9:53.22	1:25.64	1100m:	15:40.87	1:27.10	1500m:	21:20.91	1:21.07
400m:	5:35.65	1:25.66	800m:	11:20.52	1:27.30	1200m:	17:08.07	1:27.20			

Prova 24, Masc., 1500m Livres

Juvenis B, 15 anos

1. ALMEIDA, Joao Francisco 07 Naval do Funchal **18:25.52** 451
Mínimos Zonais Sul - Tomar, Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | *OPEN - Jamor*

100m:	1:08.21	1:08.21	500m:	5:59.62	1:15.37	900m:	10:59.90	1:15.02	1300m:	16:00.49	1:15.74
200m:	2:20.37	1:12.16	600m:	7:15.26	1:15.64	1000m:	12:14.68	1:14.78	1400m:	17:16.60	1:16.11
300m:	3:33.28	1:12.91	700m:	8:30.15	1:14.89	1100m:	13:29.19	1:14.51	1500m:	18:25.52	1:08.92
400m:	4:44.25	1:10.97	800m:	9:44.88	1:14.73	1200m:	14:44.75	1:15.56			

2. PEREIRA, Lucas Santos 07 Naval do Funchal **18:25.81** 451
Mínimos Zonais Sul - Tomar, Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | *OPEN - Jamor*

100m:	1:09.57	1:09.57	500m:	6:09.82	1:14.87	900m:	11:07.87	1:14.70	1300m:	16:02.88	1:14.56
200m:	2:24.93	1:15.36	600m:	7:24.39	1:14.57	1000m:	12:21.31	1:13.44	1400m:	17:17.43	1:14.55
300m:	3:39.60	1:14.67	700m:	8:39.43	1:15.04	1100m:	13:34.53	1:13.22	1500m:	18:25.81	1:08.38
400m:	4:54.95	1:15.35	800m:	9:53.17	1:13.74	1200m:	14:48.32	1:13.79			

3. JESUS, David Martins 07 CD Sao Roque **19:49.83** 362

100m:	1:16.78	1:16.78	500m:	6:34.54	1:18.78	900m:	11:48.15	1:18.02	1300m:	16:57.88	1:17.69
200m:	2:36.01	1:19.23	600m:	7:52.45	1:17.91	1000m:	13:05.03	1:16.88	1400m:	18:16.92	1:19.04
300m:	3:55.95	1:19.94	700m:	9:10.99	1:18.54	1100m:	14:22.74	1:17.71	1500m:	19:49.83	1:32.91
400m:	5:15.76	1:19.81	800m:	10:30.13	1:19.14	1200m:	15:40.19	1:17.45			

4. SMIRNOV, Dmytro 07 CD Sao Roque **20:50.47** 311

100m:	1:17.88	1:17.88	500m:	6:55.49	1:25.55	900m:	12:33.08	1:23.40	1300m:	18:06.69	1:23.27
200m:	2:41.10	1:23.22	600m:	8:20.35	1:24.86	1000m:	13:58.10	1:25.02	1400m:	19:30.32	1:23.63
300m:	4:05.71	1:24.61	700m:	9:45.00	1:24.65	1100m:	15:21.12	1:23.02	1500m:	20:50.47	1:20.15
400m:	5:29.94	1:24.23	800m:	11:09.68	1:24.68	1200m:	16:43.42	1:22.30			

5. GOUVEIA, Martim Jose 07 CD Sao Roque **21:18.50** 291

100m:	1:18.67	1:18.67	500m:	6:55.77	1:24.25	900m:	12:34.26	1:24.51	1300m:	18:14.85	1:26.08
200m:	2:42.50	1:23.83	600m:	8:20.95	1:25.18	1000m:	13:58.78	1:24.52	1400m:	19:41.70	1:26.85
300m:	4:07.24	1:24.74	700m:	9:45.42	1:24.47	1100m:	15:24.23	1:25.45	1500m:	21:18.50	1:36.80
400m:	5:31.52	1:24.28	800m:	11:09.75	1:24.33	1200m:	16:48.77	1:24.54			

Prova 25 — Femin., 50m Mariposa — Absoluto
04/12/2021 - 17:05 — Resultados

Recorde Regional Absoluto	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Sen	28.91	OLIM, Carlota Freitas	CNF	Funchal	22/03/2012
Recorde Regional Sen	28.91	GOMES, Susana Clara	CNF	Felgueiras	22/12/2013
Recorde Regional Jun17	29.28	OLIM, Carlota Freitas	CNF	Funchal	24/10/2009
Recorde Regional Jun16	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Juv A	29.26	BOULHOSA, Carolina Abreu	CNF	Funchal	29/07/2016
Recorde Regional Juv B	30.23	ROSA, Beatriz Jong	CDN	Funchal	13/03/2014
Recorde Regional Inf A	32.11	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	32.20	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonais Juv B: 32.36; Juv A: 31.88 / TAC Nacional - PL (Março) Juv B: 31.88; Juv A: 31.41; Jun16: 30.95; Jun17: 29.75; Sen: 29.30 / TAC Nacional Juv B: 31.88; Juv A: 31.41; Jun16: 30.95; Jun17: 30.58; Sen18: 29.87; 19 +: 29.72

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 12 anos					
1.	GOMES, Alice Silva	10	Naval do Funchal	**50.09**	115
Infantis A, 13 anos					
1.	ALVES, Francisca Pereira	09	Juventude AC	**39.24**	239
2.	MARGARIDO, Paula Aguiar	09	Juventude AC	**40.71**	214
3.	MACEDO, Eva Maria	09	Naval do Funchal	**48.68**	125

Prova 25, Femin., 50m Mariposa

Juvenis B, 14 anos

1.	ALVES, Juliana Rodrigues	08	CD Nacional	**34.07**	366
2.	ALVES, Margarida Jesus	08	CD Nacional	**46.79**	141
DSQ	MARQUES, Beatriz Paixao	08	Naval do Funchal		
	102 - Não completou a prova - SW 10.2				

Juvenis A, 15 anos

1.	RODRIGUES, Ines Costa	07	CD Nacional	**51.32**	107

Juniores, 16 e 17 anos

1.	NOBREGA, Maria Trindade	05	CD Nacional	**40.63**	216
2.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	**45.83**	150
3.	TEIXEIRA, Daniela Nobrega	05	AD Camacha	**46.36**	145

Prova 26 — Masc., 50m Mariposa — Absoluto
04/12/2021 - 17:08 — Resultados

Recorde Regional Absoluto	24.60	FERNANDES, Joao Vitor	CEOL	Funchal	11/07/2021
Recorde Regional Sen	24.60	FERNANDES, Joao Vitor	CEOL	Funchal	11/07/2021
Recorde Regional Jun18	25.13	SEQUEIRA, Afonso Meneses	CNF	Funchal	09/12/2016
Recorde Regional Jun17	25.56	SEQUEIRA, Afonso Meneses	CNF	Porto	13/12/2015
Recorde Regional Juv A	26.20	CASTRO, Joao Cruz	CDSR	Funchal	09/07/2016
Recorde Regional Juv B	27.07	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	28.39	BARRY, Rafael Francisco	CNF	Funchal	01/08/2018
Recorde Regional Inf B	29.59	SOUSA, Pedro Afonso	CDN	Funchal	09/07/2016

TAC Zonais Juv B: 27.94; Juv A: 27.54 / TAC Nacional - PL (Março) Juv B: 27.53; Juv A: 27.13; Jun17: 26.73; Jun18: 25.61; Sen: 25.25 / TAC Nacional Juv B: 27.53; Juv A: 27.13; Jun17: 26.73; Jun18: 26.59; Sen19: 25.96; 20 +: 28.83

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts
Infantis B, 13 anos					
1.	ALVES, Mateus Basilio	09	Juventude AC	**49.22**	86
2.	CAMACHO, Santiago Bettencourt	09	Juventude AC	**56.40**	57
3.	DIZ, Francisco Bravo	09	Naval do Funchal	**1:02.45**	42
Infantis A, 14 anos					
1.	MEDEIROS, Joao Francisco	08	Juventude AC	**34.94**	241
2.	FERNANDEZ, Henrique Justino	08	Juventude AC	**45.96**	105
3.	BARATA, Joao Tomas	08	Juventude AC	**48.73**	88
4.	SILVA, Francisco Pita	08	Juventude AC	**52.53**	70
DSQ	CORREIA, Joao Luis	08	Juventude AC		
	403 - Falsa partida - SW 4.4				
Juvenis B, 15 anos					
1.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	**29.81**	388
2.	BARBOSA, Joao Camacho	07	CD Nacional	**36.62**	209
3.	SOUSA, Simao Henrique	07	CD Nacional	**38.20**	184
4.	BERENGUER, Santiago Moura	07	Juventude AC	**40.16**	158
DSQ	MARTINS, Tomas Rodrigo	07	CD Nacional		
	814 - Tocou com uma mão na parede na viragem aos 25 m - SW 8.4				

Prova 26, Masc., 50m Mariposa

Juvenis A, 16 anos

1.	GONCALVES, Martim Luis	06	CD Nacional	**28.74**	433
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	**30.27**	370
3.	GARANITO, Simao Silva	06	Naval do Funchal	**31.16**	340
4.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	**33.85**	265

Juniores, 17 e 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	**26.08**	580
	Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor				
2.	RODRIGUES, Joao Luis	05	Naval do Funchal	**26.59**	547
	Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor				
3.	SILVA, Tony Stefano	05	CD Nacional	**28.22**	457
4.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**28.24**	456
5.	ALVES, Andre Camara	05	CD Nacional	**30.17**	374

Seniores, 19 anos e mais velhos

1.	CAMACHO, Joao Simao	03	CD Nacional	**29.52**	399

Prova 27 — Femin., 100m Costas — Absoluto
04/12/2021 - 17:13 — Resultados

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.56	COSTA, Maria Jardim	CDN	Funchal	10/07/2021
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.41	COSTA, Maria Jardim	CDN	Funchal	08/06/2019
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Zonais Inf B: 1:28.42; Inf A: 1:23.64; Juv B: 1:15.93; Juv A: 1:13.80 / TAC Nacional - PL (Março) Juv B: 1:12.36; Juv A: 1:10.06; Jun16: 1:09.32; Jun17: 1:06.64; Sen: 1:06.03 / TAC Nacional Inf B: 1:26.42; Inf A: 1:21.64; Juv B: 1:12.36; Juv A: 1:10.08; Jun16: 1:09.32; Jun17: 1:08.11; Sen18: 1:06.78; 19 +: 1:06.45

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 12 anos							
1.	LEITAO, Isabel Gouveia	10	Naval do Funchal	**1:32.58**	208	44.45	48.13
2.	BRITO, Madalena Pinto	10	Naval do Funchal	**1:33.36**	203	46.37	46.99
3.	RIBEIRO, Guida Drumond	10	Naval do Funchal	**1:34.10**	198	45.64	48.46
4.	TEIXEIRA, Maria Leonor	10	Naval do Funchal	**1:34.69**	194	45.84	48.85
5.	ROSA, Clara Sofia	10	CD Nacional	**1:41.82**	156	50.36	51.46
6.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	**1:43.77**	148	52.02	51.75
7.	QUADRADO, Teresa Gomes	10	Juventude AC	**1:43.95**	147	49.81	54.14
8.	SILVA, Maria Luis	10	Naval do Funchal	**1:46.35**	137	52.46	53.89
Infantis A, 13 anos							
1.	MATEUS, Eleine Vieira	09	CD Nacional	**1:23.48**	284	40.24	43.24
	Mínimos Zonais Sul - A definir (local)						
2.	SA, Vanessa Fernandes	09	Naval do Funchal	**1:24.03**	278	41.41	42.62
3.	SILVA, Maria Korina	09	CD Nacional	**1:27.13**	250	43.39	43.74
4.	MELIM, Sara Beatriz	09	CD Nacional	**1:27.18**	249	42.64	44.54
5.	TEMTEM, Madalena Barbosa	09	CD Nacional	**1:32.63**	208	44.14	48.49
6.	SILVA, Mariana Ponte	09	Naval do Funchal	**1:43.05**	151	50.45	52.60
7.	ROMAO, Laura Beatriz	09	Naval do Funchal	**1:46.10**	138	50.16	55.94
8.	PASSOS, Carolina Goncalves	09	Naval do Funchal	**1:46.18**	138	51.47	54.71

Prova 27, Femin., 100m Costas, Infantis A, 13 anos

Lugar		Ano		Tempo final	Pts	50m	100m
9.	FREITAS, Madalena Silva	09	Naval do Funchal	**1:53.46**	113	54.11	59.35
DSQ	GONCALVES, Carolina Fernan	09s	AD Camacha				
	403 - Falsa partida - SW 4.4						

Juvenis B, 14 anos

1.	SILVA, Carolina Pestana	08	Naval do Funchal	**1:21.67**	303	39.21	42.46
2.	BAPTISTA, Ines Sande	08	CD Nacional	**1:21.77**	302	39.53	42.24

Juvenis A, 15 anos

1.	RINCU, Alexandra	07	Naval do Funchal	**1:31.96**	212	45.17	46.79

Juniores, 16 e 17 anos

1.	FREITAS, Margarida Ramos	06	CD Nacional	**1:16.64**	367	37.40	39.24
2.	CANADA, Maria Elvira	06	CD Nacional	**1:18.22**	345	38.14	40.08

Seniores, 18 anos e mais velhas

1.	LUIS, Jessica Santos	00	CD Sao Roque	**1:16.62**	367	36.91	39.71

Prova 28 — Masc., 100m Costas — Absoluto
04/12/2021 - 17:23 — Resultados

Recorde Regional Absoluto	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Sen	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun18	57.10	FERNANDES, Rui Afonso	CDN	Funchal	10/07/2021
Recorde Regional Jun17	57.39	FERNANDES, Rui Afonso	CDN	Leiria	14/12/2019
Recorde Regional Juv A	59.07	FERNANDES, Rui Afonso	CDN	Tomar	14/12/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Zonais Inf B: 1:22.06; Inf A: 1:17.30; Juv B: 1:08.48; Juv A: 1:07.23 / TAC Nacional - PL (Março) Juv B: 1:05.23; Juv A: 1:01.94; Jun17: 1:00.23; Jun18: 58.43; Sen: 57.21 / TAC Nacional Inf B: 1:20.06; Inf A: 1:15.30; Juv B: 1:05.23; Juv A: 1:02.85; Jun17: 1:00.48; Jun18: 1:00.18; Sen19: 58.65; 20 +: 58.36

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m

Infantis B, 13 anos

1.	ANDRADE, Salvador Freitas	09	Naval do Funchal	**1:18.58**	232	37.87	40.71
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição						
2.	GONCALVES, Joao Guilherme	09	Naval do Funchal	**1:22.58**	200	40.17	42.41
3.	SILVA, Joao Bernardo	09	CD Nacional	**1:24.76**	185	42.14	42.62
4.	GOMES, Joao Abreu	09	Naval do Funchal	**1:25.45**	180	41.97	43.48
5.	FARIA, Afonso Cunha	09	CD Sao Roque	**1:27.18**	170	43.32	43.86
6.	JARDIM, Joao Tomas	09	CD Nacional	**1:32.06**	144	45.57	46.49
7.	SOUSA, Eduardo Afonseca	09	CD Nacional	**1:32.63**	142	45.78	46.85
8.	MARTINHO, Joao Miguel	09	CD Nacional	**1:36.34**	126	46.99	49.35
9.	PESTANA, Andre Pinto	09	Naval do Funchal	**1:36.75**	124	47.26	49.49
10.	ALVES, Francisco Manuel	09	CD Nacional	**1:37.49**	121	48.11	49.38
11.	CRESPO, Joao Jesus	09	CD Nacional	**1:40.41**	111	49.87	50.54
12.	MARTINS, Antonio Freitas	09	CD Nacional	**1:44.03**	100	51.49	52.54

Prova 28, Masc., 100m Costas

Infantis A, 14 anos

1.	NOBREGA, Matias Sargo	08	Naval do Funchal	**1:20.04**	220	39.00	41.04
2.	JESUS, Vasco Franca	08	Naval do Funchal	**1:20.82**	213	39.19	41.63
3.	CASTRO, Marco Antonio	08	Naval do Funchal	**1:22.65**	199	40.83	41.82
4.	JARDIM, Lourenco Almeida	08	CD Nacional	**1:26.84**	172	42.25	44.59
5.	FERNANDES, Antonio Maria	08	Naval do Funchal	**1:31.59**	146	46.09	45.50
6.	ANTUNES, Frederico Luis	08	Juventude AC	**1:34.89**	132	46.95	47.94

Juvenis B, 15 anos

1.	SMIRNOV, Dmytro	07	CD Sao Roque	**1:15.84**	258	36.31	39.53
2.	JESUS, David Martins	07	CD Sao Roque	**1:18.37**	234	37.51	40.86

Juvenis A, 16 anos

1.	PITA, Pedro Miguel	06	Naval do Funchal	**1:02.45**	463	29.54	32.91
	Mínimos Zonais Sul - Tomar, Mínimos Camp. Nacional Juv. e Abs. | OPEN - Jamor						
2.	ABREU, Joao Francisco	06	Naval do Funchal	**1:08.90**	345	32.91	35.99
3.	ALVES, Pedro Miguel	06	CD Nacional	**1:08.93**	344	33.55	35.38
4.	OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	**1:24.36**	188	40.52	43.84

Juniores, 17 e 18 anos

1.	AGUILAR, Luis Santos	04	CD Nacional	**1:08.87**	345	32.46	36.41

Seniores, 19 anos e mais velhos

1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:03.91**	432	30.62	33.29

Prova 29 — Femin., 50m Livres — Absoluto
04/12/2021 - 17:42 — Resultados

Recorde Regional Absoluto	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	27.71	OLIM, Carlota Freitas	CNF	Funchal	21/11/2009
Recorde Regional Jun16	27.57	AGUILAR, Vera Ines	CDN	Porto	12/12/2015
Recorde Regional Juv A	27.55	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	28.33	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	28.43	AGUILAR, Vera Ines	CDN	Funchal	23/07/2013
Recorde Regional Inf B	29.30	NUNES, Jeanette Vilarejo	CNF	Funchal	23/05/1992

TAC Zonais Juv B: 30.08; Juv A: 29.64 / TAC Nacional - PL (Março) Juv B: 29.64; Juv A: 29.20; Jun16: 28.77; Jun17: 27.55; Sen: 27.12 / TAC Nacional Juv B: 29.64; Juv A: 29.20; Jun16: 28.77; Jun17: 28.16; Sen18: 27.82; 19 +: 27.68

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts

Infantis B, 12 anos

1.	RIBEIRO, Guida Drumond	10	Naval do Funchal	**34.67**	289
2.	FERNANDES, Francisca Gomes	10	Naval do Funchal	**41.23**	172
3.	SILVA, Maria Luis	10	Naval do Funchal	**42.65**	155
4.	NASCIMENTO, Leonor Silva	10	Naval do Funchal	**44.75**	134
5.	CAIRES, Lara Sofia	10	AD Camacha	**55.59**	70

Infantis A, 13 anos

1.	MARGARIDO, Paula Aguiar	09	Juventude AC	**33.66**	316
2.	ALVES, Francisca Pereira	09	Juventude AC	**37.81**	223
3.	GONCALVES, Carolina Fernandes	09	AD Camacha	**41.13**	173
4.	FREITAS, Madalena Silva	09	Naval do Funchal	**44.65**	135
5.	MACEDO, Eva Maria	09	Naval do Funchal	**45.35**	129
6.	NOBREGA, Joana Valentina	09	AD Camacha	**55.36**	71

Prova 29, Femin., 50m Livres, Infantis A, 13 anos

Lugar		Ano		Tempo final	Pts
DSQ	SILVA, Mariana Ponte *403 - Falsa partida - SW 4.4*	09	Naval do Funchal		

Juvenis B, 14 anos

1.	ALVES, Margarida Jesus	08	CD Nacional	**38.95**	204

Juvenis A, 15 anos

1.	RODRIGUES, Ines Costa	07	CD Nacional	**41.38**	170

Juniores, 16 e 17 anos

1.	CANADA, Maria Elvira	06	CD Nacional	**32.73**	343
2.	NOBREGA, Maria Trindade	05	CD Nacional	**35.55**	268
3.	TEIXEIRA, Daniela Nobrega	05	AD Camacha	**38.49**	211
4.	FIGUEIRA, Ana Nunes	06	Naval do Funchal	**40.20**	185
DSQ	TEIXEIRA, Cristina Martins *403 - Falsa partida - SW 4.4*	06	AD Camacha		

Prova 30 — Masc., 50m Livres — Absoluto
04/12/2021 - 17:45 — Resultados

Recorde Regional Absoluto	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	23.64	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	23.82	CASTRO, Joao Cruz	CDSR	Funchal	10/12/2016
Recorde Regional Juv A	24.00	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2016
Recorde Regional Juv B	24.46	CASTRO, Joao Cruz	CDSR	Funchal	11/07/2015
Recorde Regional Inf A	25.30	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	27.30	CASTRO, Joao Cruz	CSM	Funchal	06/04/2013

TAC Zonais Juv B: 26.40; Juv A: 26.01 / TAC Nacional - PL (Março) Juv B: 26.01; Juv A: 25.63; Jun17: 25.25; Jun18: 23.88; Sen: 23.42 / TAC Nacional Juv B: 26.01; Juv A: 25.63; Jun17: 25.25; Jun18: 24.53; Sen19: 24.16; 20 +: 24.04

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts

Infantis B, 13 anos

1.	GONCALVES, Joao Guilherme	09	Naval do Funchal	**30.44**	290
2.	ANDRADE, Salvador Freitas	09	Naval do Funchal	**30.82**	279
3.	GONCALVES, Pedro Martim	09	Juventude AC	**31.13**	271
4.	PESTANA, Andre Pinto	09	Naval do Funchal	**33.76**	212
5.	GOMES, Joao Abreu	09	Naval do Funchal	**33.87**	210
6.	ALVES, Mateus Basilio	09	Juventude AC	**37.56**	154
7.	DIZ, Francisco Bravo	09	Naval do Funchal	**47.16**	78

Infantis A, 14 anos

1.	JESUS, Vasco Franca	08	Naval do Funchal	**30.61**	285
2.	MEDEIROS, Joao Francisco	08	Juventude AC	**30.63**	285
3.	SILVA, Bruno Correia	08	Naval do Funchal	**34.11**	206
4.	FERNANDEZ, Henrique Justino	08	Juventude AC	**34.22**	204
5.	CORREIA, Joao Luis	08	Juventude AC	**35.46**	183
6.	BARATA, Joao Tomas	08	Juventude AC	**38.08**	148
7.	SILVA, Francisco Pita	08	Juventude AC	**40.96**	119
DSQ	MARTINS, Ricardo Manuel *403 - Falsa partida - SW 4.4*	08	AD Camacha		

Prova 30, Masc., 50m Livres

Juvenis B, 15 anos

1.	PEREIRA, Lucas Santos	07	Naval do Funchal	**27.49**	394
2.	RIBEIRO, Telmo Drumond	07	Naval do Funchal	**28.63**	349
3.	BARBOSA, Joao Camacho	07	CD Nacional	**32.80**	232
4.	BERENGUER, Santiago Moura	07	Juventude AC	**33.10**	225

Juvenis A, 16 anos

1.	GARANITO, Simao Silva	06	Naval do Funchal	**26.12**	459
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	**27.69**	385
3.	PITA, Pedro Miguel	06	Naval do Funchal	**27.74**	383

Juniores, 17 e 18 anos

1.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**26.14**	458
2.	SILVA, Tony Stefano	05	CD Nacional	**26.29**	450

Seniores, 19 anos e mais velhos

1.	CAMACHO, Joao Simao	03	CD Nacional	**26.99**	416

Prova 31 — Femin., 100m Bruços — Absoluto
04/12/2021 - 17:49 — Resultados

Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDWT	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:21.89	RODRIGUES, Laura Sofia	JACL	Funchal	12/07/2019

TAC Zonais Inf B: 1:39.81; Inf A: 1:33.87; Juv B: 1:24.57; Juv A: 1:22.99 / TAC Nacional - PL (Março) Juv B: 1:21.18; Juv A: 1:19.00; Jun16: 1:17.56; Jun17: 1:15.90; Sen: 1:14.39 / TAC Nacional Inf B: 1:37.81; Inf A: 1:31.87; Juv B: 1:21.61; Juv A: 1:20.47; Jun16: 1:18.00; Jun17: 1:17.61; Sen18: 1:15.79; 19 +: 1:15.41

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m
Infantis B, 12 anos							
1.	ROSA, Clara Sofia	10	CD Nacional	**1:51.60**	174	53.54	58.06
2.	GOMES, Alice Silva	10	Naval do Funchal	**1:52.05**	172	52.82	59.23
3.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	**1:52.48**	170	53.78	58.70
4.	FERNANDES, Francisca Gome	10	Naval do Funchal	**1:54.43**	161	54.92	59.51
Infantis A, 13 anos							
1.	SA, Vanessa Fernandes	09	Naval do Funchal	**1:26.16**	379	40.28	45.88
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição						
2.	MELIM, Sara Beatriz	09	CD Nacional	**1:30.72**	324	43.11	47.61
	Mínimos Zonais Sul - A definir (local), Mínimos Camp. Nacional Infantis - Famalição						
3.	FREITAS, Francisca Leonor	09	Naval do Funchal	**1:38.21**	256	46.08	52.13
4.	TEMTEM, Madalena Barbosa	09	CD Nacional	**1:40.21**	240	47.25	52.96
5.	ROMAO, Laura Beatriz	09	Naval do Funchal	**1:54.50**	161	54.27	1:00.23
Juvenis B, 14 anos							
1.	SOARES, Leonor Silva	08	CD Nacional	**1:34.33**	288	44.31	50.02
2.	MARQUES, Beatriz Paixao	08	Naval do Funchal	**1:48.58**	189	51.24	57.34

Prova 31, Femin., 100m Bruços

Juvenis A, 15 anos

1.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:23.96**	409	39.09	44.87
2.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	**1:24.01**	409	39.50	44.51

Juniores, 16 e 17 anos

1.	SILVA, Silvana Suamade	06	CD Sao Roque	**1:28.46**	350	41.17	47.29
2.	JESUS, Veronica Martins	06	CD Sao Roque	**1:49.86**	182	52.06	57.80

Prova 32 — Masc., 100m Bruços — Absoluto
04/12/2021 - 17:56 — Resultados

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:04.77	FERNANDES, Martim Pestana	CNF	Funchal	09/05/2021
Recorde Regional Juv A	1:05.91	ALVES, Paulo Rodrigues	CDN	Funchal	08/08/2020
Recorde Regional Juv B	1:06.23	ALVES, Paulo Rodrigues	CDN	Funchal	18/05/2019
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonais Inf B: 1:31.49; Inf A: 1:26.17; Juv B: 1:15.54; Juv A: 1:14.16 / TAC Nacional - PL (Março) Juv B: 1:13.69; Juv A: 1:10.92; Jun17: 1:08.68; Jun18: 1:05.85; Sen: 1:04.47 / TAC Nacional Inf B: 1:29.49; Inf A: 1:24.17; Juv B: 1:13.69; Juv A: 1:11.68; Jun17: 1:08.68; Jun18: 1:07.67; Sen19: 1:05.98; 20 +: 1:05.66

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m

Infantis B, 13 anos

1.	FARIA, Afonso Cunha	09	CD Sao Roque	**1:40.43**	167	46.96	53.47
2.	JARDIM, Joao Tomas	09	CD Nacional	**1:41.33**	162	48.64	52.69
3.	SOUSA, Eduardo Afonseca	09	CD Nacional	**1:41.86**	160	48.78	53.08
4.	MARTINHO, Joao Miguel	09	CD Nacional	**1:45.59**	143	49.98	55.61
5.	CRESPO, Joao Jesus	09	CD Nacional	**1:47.36**	136	51.52	55.84

Infantis A, 14 anos

1.	MIRANDA, Francisco Guilherm	08	Naval do Funchal	**1:27.97**	248	41.70	46.27
2.	BARRADAS, Rafael Alves	08	Escola O Liceu	**1:28.52**	244	42.33	46.19

Juvenis B, 15 anos

1.	ALMEIDA, Joao Francisco	07	Naval do Funchal	**1:19.47**	337	37.20	42.27
2.	SOUSA, Simao Henrique	07	CD Nacional	**1:28.84**	241	40.79	48.05
3.	GOUVEIA, Martim Jose	07	CD Sao Roque	**1:33.96**	204	43.09	50.87
4.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	**1:40.54**	166	47.66	52.88
5.	MARTINS, Tomas Rodrigo	07	CD Nacional	**1:46.71**	139	50.62	56.09

Juvenis A, 16 anos

1.	SETIM, Joao Oliveira *Mínimos Zonais Sul - Tomar*	06	Naval do Funchal	**1:12.55**	443	33.52	39.03
2.	NACHYCHKO, Maximo	06	Naval do Funchal	**1:28.38**	245	40.29	48.09

Juniores, 17 e 18 anos

1.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:08.40**	529	32.04	36.36
2.	MARQUES, Gustavo Pires	04	CD Sao Roque	**1:10.54**	482	33.33	37.21
3.	ALVES, Andre Camara	05	CD Nacional	**1:16.67**	376	35.27	41.40
4.	AGUILAR, Luis Santos	04	CD Nacional	**1:17.66**	361	35.26	42.40

Prova 33 — Femin., 200m Estilos — Absoluto
04/12/2021 - 18:02 — Resultados

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDWT	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.06	COSTA, Maria Jardim	CDN	Funchal	08/03/2020
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonais Inf B: 3:12.87; Inf A: 3:02.80; Juv B: 2:43.70; Juv A: 2:39.11 / TAC Nacional - PL (Março) Juv B: 2:36.40; Juv A: 2:32.89; Jun16: 2:28.04; Jun17: 2:25.27; Sen: 2:23.38 / TAC Nacional Inf B: 3:08.87; Inf A: 2:58.80; Juv B: 2:36.40; Juv A: 2:32.60; Jun16: 2:28.85; Jun17: 2:28.11; Sen18: 2:25.29; 19 +: 2:24.57

Pontos: FINA 2021

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 12 anos								
1. LEITAO, Isabel Gouveia	10	Naval do Funchal	**3:14.32**	246	42.67	48.73	1:00.77	42.15
2. QUADRADO, Teresa Gom	10	Juventude AC	**3:44.57**	159	57.37	57.91	1:01.69	47.60
Infantis A, 13 anos								
1. MATEUS, Eleine Vieira	09	CD Nacional	**3:01.36**	303	39.20	47.51	52.74	41.91
Mínimos Zonais Sul - A definir (local)								
2. SILVA, Maria Korina	09	CD Nacional	**3:18.25**	232	47.10	47.65	1:00.00	43.50
Juvenis B, 14 anos								
1. GOMES, Sofia Vega	08	Naval do Funchal	**2:47.78**	383	35.86	43.32	51.26	37.34
2. ALVES, Juliana Rodrigues	08	CD Nacional	**2:49.54**	371	35.70	44.02	50.11	39.71
3. BAPTISTA, Ines Sande	08	CD Nacional	**3:00.68**	306	38.79	46.23	53.16	42.50
4. NOBREGA, Sara Francisc	08	CD Sao Roque	**3:16.15**	239	46.66	50.60	56.52	42.37
Juniores, 16 e 17 anos								
1. FREITAS, Margarida Ram	06	CD Nacional	**2:46.36**	393	36.83	43.04	49.84	36.65
Seniores, 18 anos e mais velhas								
1. LUIS, Jessica Santos	00	CD Sao Roque	**2:46.33**	393	35.95	43.32	49.20	37.86

Prova 34 — Masc., 200m Estilos — Absoluto
04/12/2021 - 18:10 — Resultados

Recorde Regional Absoluto	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Sen	2:05.46	SILVA, Tomas Antonio	CNF	Leiria	14/12/2019
Recorde Regional Jun18	2:05.78	SILVA, Tomas Antonio	CNF	Felgueiras	22/12/2018
Recorde Regional Jun17	2:08.03	ALVES, Paulo Rodrigues	CDN	Funchal	10/07/2021
Recorde Regional Juv A	2:10.57	GOUVEIA, Luis Galvao	CDN	Funchal	17/07/2021
Recorde Regional Juv B	2:11.24	ALVES, Paulo Rodrigues	CDN	Funchal	17/05/2019
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonais Inf B: 2:58.00; Inf A: 2:49.22; Juv B: 2:30.83; Juv A: 2:28.06 / TAC Nacional - PL (Março) Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:11.70; Jun18: 2:09.63; Sen: 2:07.68 / TAC Nacional Inf B: 2:54.00; Inf A: 2:45.22; Juv B: 2:21.88; Juv A: 2:18.24; Jun17: 2:12.79; Jun18: 2:12.13; Sen19: 2:09.62; 20 +: 2:08.98

Pontos: FINA 2021

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantis B, 13 anos									
1.	GONCALVES, Pedro Marti	09	Juventude AC	**3:05.97**	204	38.88	49.08	54.96	43.05
2.	SILVA, Joao Bernardo	09	CD Nacional	**3:11.73**	186	43.73	47.76	56.99	43.25
3.	MARTINS, Antonio Freitas	09	CD Nacional	**3:41.35**	121	52.02	57.92	1:09.38	42.03
4.	CAMACHO, S.	09	Juventude AC	**3:43.94**	117	58.07	54.95	1:01.33	49.59
Infantis A, 14 anos									
1.	RODRIGUES, G.	08	CD Sao Roque	**2:48.45**	275	34.51	44.97	51.65	37.32
	Mínimos Zonais Sul - A definir (local)								
2.	JARDIM, Lourenco Almeid	08	CD Nacional	**3:04.37**	210	40.73	48.38	53.31	41.95
DSQ	ANTUNES, Frederico Luis	08	Juventude AC						
	809 - Movimento alternado de pernas durante o percurso - SW 8.3								
Juvenis B, 15 anos									
1.	NEVES, Tiago Brazao	07	Naval do Funchal	**2:25.91**	424	30.97	36.87	43.79	34.28
	Mínimos Zonais Sul - Tomar								
2.	COSTA, Guilherme Corte	07	CD Nacional	**2:30.47**	386	32.26	38.07	45.72	34.42
	Mínimos Zonais Sul - Tomar								
3.	PENSO, Miguel Reigada	07	Escola O Liceu	**2:50.93**	263	38.36	45.57	50.73	36.27
Juvenis A, 16 anos									
1.	SILVA, Joao Luis	06	Escola O Liceu	**2:30.51**	386	30.41	38.68	45.66	35.76
Juniores, 17 e 18 anos									
1.	RODRIGUES, Joao Luis	05	Naval do Funchal	**2:17.61**	505	28.66	35.59	41.95	31.41
Seniores, 19 anos e mais velhos									
1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**2:17.02**	512	30.58	35.95	40.31	30.18

Prova 35 | Misto, 4 x 200m Livres | 13 anos e mais velhos
04/12/2021 - 18:23 | Resultados

Pontos: FINA 2021

Lugar							Tempo final	Pts

Infantis B, 13 Masculino | 12 Feminino

1.	Naval do Funchal 9			Naval do Funchal			**11:44.70**	
	BRITO, Madalena Pinto	10		42.04	49.90	52.07	47.90	3:11.91
	TEIXEIRA, Maria Leonor	10		35.41	45.29	47.54	42.25	2:50.49
	ANDRADE, Salvador Freitas	09		35.51	41.85	43.21	37.50	2:38.07
	GOMES, Joao Abreu	09		40.37	47.40	50.08	46.38	3:04.23
2.	Naval do Funchal 19			Naval do Funchal			**11:44.78**	
	PESTANA, Andre Pinto	09	+0,70	40.50	47.94	49.19	47.77	3:05.40
	GONCALVES, Joao Guilherme	09	+0,49	35.70	41.51	42.95	40.72	2:40.88
	RIBEIRO, Guida Drumond	10	+0,69	40.03	47.68	49.44	44.68	3:01.83
	LEITAO, Isabel Gouveia	10	+0,54	40.39	46.12	47.33	42.83	2:56.67

Infantis A, 14 Masculino | 13 Feminino

1.	Naval do Funchal 18			Naval do Funchal			**11:39.11**	
	ROMAO, Laura Beatriz	09	+0,87	45.78	55.64	55.89	54.11	3:31.42
	SA, Vanessa Fernandes	09	+0,48	36.31	42.85	43.70	40.85	2:43.71
	NOBREGA, Matias Sargo	08	+0,44	38.37	44.10	45.19	43.36	2:51.02
	JESUS, Vasco Franca	08	+0,09	35.89	40.49	41.25	35.33	2:32.96
2.	Naval do Funchal 8			Naval do Funchal			**11:43.65**	
	CASTRO, Marco Antonio	08	+0,85	36.68	42.83	43.82	38.66	2:41.99
	PASSOS, Carolina Goncalves	09	+0,16	46.60	55.27	57.06	56.10	3:35.03
	FREITAS, Francisca Leonor	09	+0,57	40.80	45.91	47.50	45.77	2:59.98
	MIRANDA, Francisco Guilherme	08	+0,08	32.66	38.46	39.53	36.00	2:26.65