1 - 1ª Jornada / 1ª Sessão — 05/07/2019 - 19:15

Prova 1 — Masc., 400m Livres — Absoluto
05/07/2019 - 19:15 — Resultados

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC Regional Inf B: 6:31.10; Inf A: 6:19.37; Juv B: 5:51.87; Juv A: 5:47.75; Jun: 5:37.70; Sen: 5:30.88 / TAC Nacional Inf B: 5:04.76; Inf A: 4:41.70; Juv B: 4:31.87; Juv A: 4:27.75; Jun: 4:17.70; Sen: 4:10.88

Pontos: FINA 2019

Lugar — Ano — Tempo final — Pts

Infantil B, 13 anos

1. ABREU, Joao Francisco — 06 — Naval do Funchal — **5:06.55** — 369

50m:	34.77	34.77	150m:	1:52.04	39.44	250m:	3:10.71	39.21	350m:	4:28.99	38.95
100m:	1:12.60	37.83	200m:	2:31.50	39.46	300m:	3:50.04	39.33	400m:	5:06.55	37.56

2. PAULOS, Joao Afonso — 06 — Naval do Funchal — **5:07.14** — 367

50m:	33.03	33.03	150m:	1:50.64	39.75	250m:	3:10.29	39.85	350m:	4:30.05	39.84
100m:	1:10.89	37.86	200m:	2:30.44	39.80	300m:	3:50.21	39.92	400m:	5:07.14	37.09

3. PITA, Pedro Miguel — 06 — Naval do Funchal — **5:08.91** — 361

50m:	33.45	33.45	150m:	1:51.66	39.42	250m:	3:11.14	39.83	350m:	4:31.00	39.78
100m:	1:12.24	38.79	200m:	2:31.31	39.65	300m:	3:51.22	40.08	400m:	5:08.91	37.91

4. MACHADO, Bernardo Magalhaes — 06 — CD Nacional — **5:21.51** — 320

50m:	34.27	34.27	150m:	1:53.34	40.14	250m:	3:16.83	42.37	350m:	4:41.22	42.50
100m:	1:13.20	38.93	200m:	2:34.46	41.12	300m:	3:58.72	41.89	400m:	5:21.51	40.29

Infantil A, 14 anos

1. OLIVEIRA, Diogo Alexandre — 05 — Naval do Funchal — **4:38.26** — 494
Mínimos Camp. Nacional de Infantis, Loulé

50m:	30.41	30.41	150m:	1:39.59	35.49	250m:	2:51.05	36.32	350m:	4:03.34	36.56
100m:	1:04.10	33.69	200m:	2:14.73	35.14	300m:	3:26.78	35.73	400m:	4:38.26	34.92

2. RODRIGUES, Joao Luis — 05 — Naval do Funchal — **4:42.82** — 471

50m:	30.69	30.69	150m:	1:42.39	36.46	250m:	2:55.78	36.78	350m:	4:09.14	36.18
100m:	1:05.93	35.24	200m:	2:19.00	36.61	300m:	3:32.96	37.18	400m:	4:42.82	33.68

3. DIAS, Andre Vicente — 05 — CD Nacional — **4:43.93** — 465

50m:	30.34	30.34	150m:	1:40.80	36.36	250m:	2:54.25	36.82	350m:	4:08.49	36.75
100m:	1:04.44	34.10	200m:	2:17.43	36.63	300m:	3:31.74	37.49	400m:	4:43.93	35.44

4. LEITAO, Andre Freitas — 05 — Naval do Funchal — **5:03.80** — 380

50m:	32.32	32.32	150m:	1:48.46	38.48	250m:	3:07.39	39.19	350m:	4:25.79	38.32
100m:	1:09.98	37.66	200m:	2:28.20	39.74	300m:	3:47.47	40.08	400m:	5:03.80	38.01

5. VOLOZHENIN, Alexandre — 05 — Naval do Funchal — **5:06.26** — 371

50m:	32.75	32.75	150m:	1:48.05	38.73	250m:	3:08.49	40.23	350m:	4:28.92	40.06
100m:	1:09.32	36.57	200m:	2:28.26	40.21	300m:	3:48.86	40.37	400m:	5:06.26	37.34

6. ALVES, Luis Fernandez — 05 — CD Nacional — **5:55.48** — 237

50m:	37.98	37.98	150m:	2:07.05	45.94	250m:	3:40.55	46.97	350m:	5:14.10	46.19
100m:	1:21.11	43.13	200m:	2:53.58	46.53	300m:	4:27.91	47.36	400m:	5:55.48	41.38

7. NUNES, Andre Maltez — 05 — CD Nacional — **6:04.12** — 220

50m:	40.40	40.40	150m:	2:12.23	47.28	250m:	3:46.56	48.17	350m:	5:20.21	46.15
100m:	1:24.95	44.55	200m:	2:58.39	46.16	300m:	4:34.06	47.50	400m:	6:04.12	43.91

Prova 1, Masc., 400m Livres, Infantil A, 14 anos

Lugar		Ano		Tempo final	Pts
8.	MENDES, Juan Diego	05	CD Nacional	**6:12.78**	205

50m:	40.31	40.31	150m:	2:14.24	48.40	250m:	3:51.59	49.40	350m:	5:28.42	47.85
100m:	1:25.84	45.53	200m:	3:02.19	47.95	300m:	4:40.57	48.98	400m:	6:12.78	44.36

Juvenil B, 15 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**4:34.82**	513

50m:	31.58	31.58	150m:	1:41.30	34.77	250m:	2:50.81	34.33	350m:	4:00.60	34.67
100m:	1:06.53	34.95	200m:	2:16.48	35.18	300m:	3:25.93	35.12	400m:	4:34.82	34.22

2.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**4:38.59**	492

50m:	31.04	31.04	150m:	1:40.31	34.63	250m:	2:51.55	35.54	350m:	4:03.99	35.77
100m:	1:05.68	34.64	200m:	2:16.01	35.70	300m:	3:28.22	36.67	400m:	4:38.59	34.60

3.	TELES, Artur Corte	04	Individual ANMAD	**4:46.55**	452

50m:	31.81	31.81	150m:	1:42.81	36.11	250m:	2:55.58	36.79	350m:	4:10.37	37.67
100m:	1:06.70	34.89	200m:	2:18.79	35.98	300m:	3:32.70	37.12	400m:	4:46.55	36.18

Absoluto, 15 anos e mais velhos

1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**4:23.44**	582

50m:	29.66	29.66	150m:	1:35.05	32.88	250m:	2:42.42	33.54	350m:	3:50.30	33.96
100m:	1:02.17	32.51	200m:	2:08.88	33.83	300m:	3:16.34	33.92	400m:	4:23.44	33.14

2.	DEUS, Andre Portugal	02	Naval do Funchal	**4:23.81**	580

50m:	30.18	30.18	150m:	1:37.01	34.16	250m:	2:45.15	33.93	350m:	3:52.99	33.65
100m:	1:02.85	32.67	200m:	2:11.22	34.21	300m:	3:19.34	34.19	400m:	4:23.81	30.82

3.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**4:34.82**	513

50m:	31.58	31.58	150m:	1:41.30	34.77	250m:	2:50.81	34.33	350m:	4:00.60	34.67
100m:	1:06.53	34.95	200m:	2:16.48	35.18	300m:	3:25.93	35.12	400m:	4:34.82	34.22

4.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	**4:36.80**	502

50m:	31.20	31.20	150m:	1:40.67	35.11	250m:	2:50.64	34.61	350m:	4:00.63	33.55
100m:	1:05.56	34.36	200m:	2:16.03	35.36	300m:	3:27.08	36.44	400m:	4:36.80	36.17

5.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**4:38.59**	492

50m:	31.04	31.04	150m:	1:40.31	34.63	250m:	2:51.55	35.54	350m:	4:03.99	35.77
100m:	1:05.68	34.64	200m:	2:16.01	35.70	300m:	3:28.22	36.67	400m:	4:38.59	34.60

6.	TELES, Artur Corte	04	Individual ANMAD	**4:46.55**	452

50m:	31.81	31.81	150m:	1:42.81	36.11	250m:	2:55.58	36.79	350m:	4:10.37	37.67
100m:	1:06.70	34.89	200m:	2:18.79	35.98	300m:	3:32.70	37.12	400m:	4:46.55	36.18

Prova 2 — Femin., 400m Livres — Absoluto
05/07/2019 - 19:34 — Resultados

Recorde Regional Absoluto	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 6:58.64; Inf A: 6:42.83; Juv B: 6:16.05; Jun: 6:04.93; Sen: 5:56.53 / Juv A: 6:11.86 /
TAC Nacional Inf B: 5:19.99; Inf A: 5:05.44; Juv B: 4:56.05; Juv A: 4:51.86; Jun: 4:44.93; Sen: 4:36.53

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1. CAMARA, Ines Cruz — 07 — CD Nacional — **5:19.15** — 406
Mínimos Camp. Nacional de Infantis, Loulé

50m:	35.82	35.82	150m:	1:56.01	40.49	250m:	3:17.52	40.81	350m:	4:40.06	41.53
100m:	1:15.52	39.70	200m:	2:36.71	40.70	300m:	3:58.53	41.01	400m:	5:19.15	39.09

2. GONCALVES, Valentina Jose — 07 — CD Nacional — **5:33.08** — 357

50m:	37.20	37.20	150m:	2:02.24	42.66	250m:	3:28.38	42.91	350m:	4:52.88	41.83
100m:	1:19.58	42.38	200m:	2:45.47	43.23	300m:	4:11.05	42.67	400m:	5:33.08	40.20

3. MATEUS, Clarisse Vieira — 07 — CD Nacional — **6:01.96** — 278

50m:	40.14	40.14	150m:	2:12.82	46.97	250m:	3:45.64	46.77	350m:	5:18.16	45.96
100m:	1:25.85	45.71	200m:	2:58.87	46.05	300m:	4:32.20	46.56	400m:	6:01.96	43.80

DSQ NETO, Leonor Rodrigues — 07 — Naval do Funchal
403 - Falsa partida - SW 4.4

Infantil A, 13 anos

1. FREITAS, Beatriz Rodrigues — 06 — Naval do Funchal — **5:03.13** — 474
Mínimos Camp. Nacional de Infantis, Loulé

50m:	34.52	34.52	150m:	1:51.24	38.53	250m:	3:08.92	38.77	350m:	4:26.04	38.35
100m:	1:12.71	38.19	200m:	2:30.15	38.91	300m:	3:47.69	38.77	400m:	5:03.13	37.09

2. FREITAS, Margarida Ramos — 06 — CD Nacional — **5:05.16** — 465
Mínimos Camp. Nacional de Infantis, Loulé

50m:	33.89	33.89	150m:	1:50.58	39.15	250m:	3:08.85	39.21	350m:	4:27.00	39.04
100m:	1:11.43	37.54	200m:	2:29.64	39.06	300m:	3:47.96	39.11	400m:	5:05.16	38.16

3. SILVA, Silvana Suamade — 06 — CD Sao Roque — **5:09.47** — 446

50m:	35.20	35.20	150m:	1:54.22	39.70	250m:	3:12.72	38.86	350m:	4:31.06	38.83
100m:	1:14.52	39.32	200m:	2:33.86	39.64	300m:	3:52.23	39.51	400m:	5:09.47	38.41

4. JARDIM, Lara Filipa — 06 — Naval do Funchal — **5:11.60** — 436

50m:	34.32	34.32	150m:	1:53.62	40.15	250m:	3:13.92	40.41	350m:	4:33.28	39.34
100m:	1:13.47	39.15	200m:	2:33.51	39.89	300m:	3:53.94	40.02	400m:	5:11.60	38.32

5. DEUS, Ines Portugal — 06 — Naval do Funchal — **5:11.90** — 435

50m:	34.73	34.73	150m:	1:53.32	40.10	250m:	3:14.21	40.63	350m:	4:33.58	39.56
100m:	1:13.22	38.49	200m:	2:33.58	40.26	300m:	3:54.02	39.81	400m:	5:11.90	38.32

6. SEQUEIRA, Beatriz Meneses — 06 — Naval do Funchal — **5:12.59** — 432

50m:	34.73	34.73	150m:	1:54.00	39.66	250m:	3:15.26	40.77	350m:	4:34.63	39.07
100m:	1:14.34	39.61	200m:	2:34.49	40.49	300m:	3:55.56	40.30	400m:	5:12.59	37.96

7. DIAS, Julia Alves — 06 — CD Nacional — **5:13.74** — 428

50m:	35.62	35.62	150m:	1:55.00	40.57	250m:	3:15.68	40.36	350m:	4:36.18	40.23
100m:	1:14.43	38.81	200m:	2:35.32	40.32	300m:	3:55.95	40.27	400m:	5:13.74	37.56

8. FERRO, Maria Leonor — 06 — Naval do Funchal — **5:24.13** — 388

50m:	35.99	35.99	150m:	1:59.17	41.38	250m:	3:21.61	40.27	350m:	4:44.15	40.16
100m:	1:17.79	41.80	200m:	2:41.34	42.17	300m:	4:03.99	42.38	400m:	5:24.13	39.98

Prova 2, Femin., 400m Livres, Infantil A, 13 anos

Lugar		Ano		Tempo final	Pts
9.	CANADA, Maria Elvira	06	CD Nacional	**5:25.13**	384
	50m: 36.53 36.53 150m: 2:00.11 41.94 250m: 3:23.90 42.08 350m: 4:46.38 41.45				
	100m: 1:18.17 41.64 200m: 2:41.82 41.71 300m: 4:04.93 41.03 400m: 5:25.13 38.75				
10.	PEREIRA, Joana Marques	06	CD Nacional	**5:31.43**	363
	50m: 35.50 35.50 150m: 2:01.18 43.39 250m: 3:25.94 43.06 350m: 4:50.72 42.57				
	100m: 1:17.79 42.29 200m: 2:42.88 41.70 300m: 4:08.15 42.21 400m: 5:31.43 40.71				

Juvenil A, 15 anos

1.	SOUSA, Joana Francisca	04	CD Sao Roque	**5:00.10**	489
	50m: 32.74 32.74 150m: 1:48.03 38.39 250m: 3:05.29 38.81 350m: 4:22.72 38.37				
	100m: 1:09.64 36.90 200m: 2:26.48 38.45 300m: 3:44.35 39.06 400m: 5:00.10 37.38				
2.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**5:11.43**	437
	50m: 34.11 34.11 150m: 1:53.58 41.57 250m: 3:16.04 42.35 350m: 4:35.67 39.75				
	100m: 1:12.01 37.90 200m: 2:33.69 40.11 300m: 3:55.92 39.88 400m: 5:11.43 35.76				
3.	SOARES, Ines Silva	04	CD Nacional	**6:01.48**	279
	50m: 39.30 39.30 150m: 2:10.49 46.13 250m: 3:43.39 46.51 350m: 5:16.39 46.06				
	100m: 1:24.36 45.06 200m: 2:56.88 46.39 300m: 4:30.33 46.94 400m: 6:01.48 45.09				

Absoluto, 14 anos e mais velhas

1.	SOUSA, Joana Francisca	04	CD Sao Roque	**5:00.10**	489
	50m: 32.74 32.74 150m: 1:48.03 38.39 250m: 3:05.29 38.81 350m: 4:22.72 38.37				
	100m: 1:09.64 36.90 200m: 2:26.48 38.45 300m: 3:44.35 39.06 400m: 5:00.10 37.38				
2.	LUIS, Jessica Santos	00	CD Sao Roque	**5:09.44**	446
	50m: 34.02 34.02 150m: 1:52.15 39.75 250m: 3:11.81 39.76 350m: 4:31.20 39.28				
	100m: 1:12.40 38.38 200m: 2:32.05 39.90 300m: 3:51.92 40.11 400m: 5:09.44 38.24				
3.	TELES, Anabela Corte	01	Individual ANMAD	**5:11.35**	438
	50m: 34.35 34.35 150m: 1:52.35 39.31 250m: 3:12.74 40.03 350m: 4:33.29 40.15				
	100m: 1:13.04 38.69 200m: 2:32.71 40.36 300m: 3:53.14 40.40 400m: 5:11.35 38.06				
4.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**5:11.43**	437
	50m: 34.11 34.11 150m: 1:53.58 41.57 250m: 3:16.04 42.35 350m: 4:35.67 39.75				
	100m: 1:12.01 37.90 200m: 2:33.69 40.11 300m: 3:55.92 39.88 400m: 5:11.43 35.76				
5.	JESUS, Filipa Mafalda	03	CD Sao Roque	**5:20.12**	403
	50m: 35.94 35.94 150m: 1:57.01 41.17 250m: 3:18.73 40.82 350m: 4:40.60 40.60				
	100m: 1:15.84 39.90 200m: 2:37.91 40.90 300m: 4:00.00 41.27 400m: 5:20.12 39.52				
6.	LECA, Natasha Maria	03	CD Nacional	**5:34.90**	351
	50m: 37.88 37.88 150m: 2:02.98 43.09 250m: 3:29.78 43.12 350m: 4:54.95 42.27				
	100m: 1:19.89 42.01 200m: 2:46.66 43.68 300m: 4:12.68 42.90 400m: 5:34.90 39.95				
7.	PEREIRA, Luisa Tovela	03	CD Nacional	**5:41.04**	333
	50m: 38.31 38.31 150m: 2:05.39 43.48 250m: 3:32.69 43.80 350m: 5:00.42 43.69				
	100m: 1:21.91 43.60 200m: 2:48.89 43.50 300m: 4:16.73 44.04 400m: 5:41.04 40.62				
8.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**5:43.51**	326
	50m: 35.64 35.64 150m: 2:01.86 43.66 250m: 3:31.16 44.59 350m: 5:01.52 44.26				
	100m: 1:18.20 42.56 200m: 2:46.57 44.71 300m: 4:17.26 46.10 400m: 5:43.51 41.99				
9.	SOARES, Ines Silva	04	CD Nacional	**6:01.48**	279
	50m: 39.30 39.30 150m: 2:10.49 46.13 250m: 3:43.39 46.51 350m: 5:16.39 46.06				
	100m: 1:24.36 45.06 200m: 2:56.88 46.39 300m: 4:30.33 46.94 400m: 6:01.48 45.09				

Prova 3 | Masc., 100m Mariposa | Absoluto
05/07/2019 - 19:53 | Resultados

Recorde Regional Absoluto	56.49	CAMACHO, Paulo Antonio	CNF	Restelo	23/07/1993
Recorde Regional Sen	56.49	CAMACHO, Paulo Antonio	CNF	Restelo	23/07/1993
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015
Recorde Regional Juv B	59.81	VARGAS, Henrique Luis	CNF	Famalicao	20/07/2013
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC Regional Inf B: 1:59.83; Inf A: 1:54.78; Juv B: 1:44.49; Juv A: 1:42.58; Jun: 1:39.76; Sen: 1:38.20 / TAC Nacional Inf B: 1:19.83; Inf A: 1:14.78; Juv B: 1:04.49; Juv A: 1:02.58; Jun: 59.76; Sen: 58.20

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	GONCALVES, Martim Luis	06	CD Nacional	**1:15.69**	285
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 34.18 34.18 100m: 1:15.69 41.51				
2.	FERRAZ, Luis Afonso	06	Naval do Funchal	**1:19.48**	246
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 37.24 37.24 100m: 1:19.48 42.24				
3.	TEMES, Joao Caires	06	Salesianos de Funchal	**1:46.20**	103
	50m: 51.30 51.30 100m: 1:46.20 54.90				
Infantil A, 14 anos					
1.	GOUVEIA, Luis Galvao	05	CD Nacional	**1:04.19**	467
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 30.67 30.67 100m: 1:04.19 33.52				
2.	ALVES, Andre Camara	05	CD Nacional	**1:13.33**	313
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 33.32 33.32 100m: 1:13.33 40.01				
3.	FREITAS, Diogo Jesus	05	CD Nacional	**1:17.07**	270
	50m: 34.79 34.79 100m: 1:17.07 42.28				
Juvenil B, 15 anos					
1.	LEAL, Diogo Silva	04	Salesianos de Funchal	**1:06.42**	422
	50m: 30.30 30.30 100m: 1:06.42 36.12				
2.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:06.46**	421
	50m: 30.75 30.75 100m: 1:06.46 35.71				
3.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**1:08.20**	389
	50m: 32.12 32.12 100m: 1:08.20 36.08				
4.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**1:10.50**	352
	50m: 33.21 33.21 100m: 1:10.50 37.29				
5.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:13.58**	310
	50m: 33.05 33.05 100m: 1:13.58 40.53				
6.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**1:13.87**	306
	50m: 34.69 34.69 100m: 1:13.87 39.18				
7.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:24.83**	202
	50m: 37.94 37.94 100m: 1:24.83 46.89				

Prova 3, Masc., 100m Mariposa

Juvenil A, 16 anos

1.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:05.49**	440
	50m: 30.67 30.67 100m: 1:05.49 34.82				
2.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:16.83**	272
	50m: 34.56 34.56 100m: 1:16.83 42.27				
3.	CAMACHO, Joao Simao	03	CS Maritimo	**1:18.32**	257
	50m: 35.17 35.17 100m: 1:18.32 43.15				

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	**59.12**	598
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 27.77 27.77 100m: 59.12 31.35				
2.	AGUIAR, Joao Menezes	97	Naval do Funchal	**59.52**	586
	50m: 27.85 27.85 100m: 59.52 31.67				
3.	SILVA, Martim Moniz	99	Naval do Funchal	**1:00.46**	559
	50m: 28.57 28.57 100m: 1:00.46 31.89				
4.	FERNANDES, Joao Vitor	00	Escola O Liceu	**1:00.96**	545
	50m: 28.92 28.92 100m: 1:00.96 32.04				
5.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**1:01.47**	532
	50m: 29.19 29.19 100m: 1:01.47 32.28				
6.	FERRO, Henrique Martins	01	Naval do Funchal	**1:02.76**	500
	50m: 29.10 29.10 100m: 1:02.76 33.66				
7.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:05.49**	440
	50m: 30.67 30.67 100m: 1:05.49 34.82				
8.	LEAL, Diogo Silva	04	Salesianos de Funchal	**1:06.42**	422
	50m: 30.30 30.30 100m: 1:06.42 36.12				
9.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:06.46**	421
	50m: 30.75 30.75 100m: 1:06.46 35.71				
10.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**1:08.20**	389
	50m: 32.12 32.12 100m: 1:08.20 36.08				
11.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**1:10.50**	352
	50m: 33.21 33.21 100m: 1:10.50 37.29				
12.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:13.58**	310
	50m: 33.05 33.05 100m: 1:13.58 40.53				
13.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**1:13.87**	306
	50m: 34.69 34.69 100m: 1:13.87 39.18				
14.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:16.83**	272
	50m: 34.56 34.56 100m: 1:16.83 42.27				
15.	CAMACHO, Joao Simao	03	CS Maritimo	**1:18.32**	257
	50m: 35.17 35.17 100m: 1:18.32 43.15				
16.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:24.83**	202
	50m: 37.94 37.94 100m: 1:24.83 46.89				
DSQ	FERNANDES, Goncalo Jose	01	CS Maritimo		
	814 - Tocou com uma mão na parede na viragem aos 50 m - SW 8.4				

Prova 4 — Femin., 100m Mariposa — Absoluto
05/07/2019 - 20:00 — Resultados

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	1:07.58	BOULHOSA, Carolina Abreu	CNF	Coimbra	25/07/2015
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 2:07.55; Inf A: 2:02.40; Juv B: 1:51.98; Jun: 1:48.40; Sen: 1:46.44 / Juv A: 1:51.32 /
TAC Nacional Inf B: 1:27.55; Inf A: 1:22.40; Juv B: 1:11.98; Juv A: 1:11.32; Jun: 1:08.40; Sen: 1:06.44

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	TEMTEM, Sara Maria	07	CD Nacional	**1:38.06**	181
	50m: 44.76 44.76 100m: 1:38.06 53.30				
Infantil A, 13 anos					
1.	TEMBE, Ines Afonso	06	CD Nacional	**1:24.19**	286
	50m: 37.66 37.66 100m: 1:24.19 46.53				
2.	FARIA, Laura Pereira	06	Salesianos de Funchal	**1:26.55**	263
	50m: 39.62 39.62 100m: 1:26.55 46.93				
3.	CARICHAS, Joana Medeiros	06	Salesianos de Funchal	**1:28.56**	245
	50m: 40.55 40.55 100m: 1:28.56 48.01				
4.	BAPTISTA, Constança Ornelas	06	Naval do Funchal	**1:37.86**	182
	50m: 41.22 41.22 100m: 1:37.86 56.64				
Juvenil B, 14 anos					
1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:23.97**	288
	50m: 36.84 36.84 100m: 1:23.97 47.13				
Juvenil A, 15 anos					
1.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:13.28**	433
	50m: 34.16 34.16 100m: 1:13.28 39.12				
Absoluto, 14 anos e mais velhas					
1.	ROSA, Beatriz Jong	00	CD Nacional	**1:08.26**	536
	50m: 32.79 32.79 100m: 1:08.26 35.47				
2.	GOMES, Susana Clara	77	Naval do Funchal	**1:08.27**	536
	50m: 31.58 31.58 100m: 1:08.27 36.69				
3.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**1:11.23**	472
	50m: 33.47 33.47 100m: 1:11.23 37.76				
4.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:13.28**	433
	50m: 34.16 34.16 100m: 1:13.28 39.12				
5.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:23.97**	288
	50m: 36.84 36.84 100m: 1:23.97 47.13				
6.	HERNANDEZ, Marcelis Natvid	99	CS Maritimo	**1:29.04**	241
	50m: 38.08 38.08 100m: 1:29.04 50.96				

Prova 5 | Masc., 100m Bruços | Absoluto
05/07/2019 - 20:04 | Resultados

Recorde Regional Absoluto	1:05.96	FIGUEIRA, Andre Temtem	CNF	Faro	18/07/2009
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.96	FIGUEIRA, Andre Temtem	CNF	Faro	18/07/2009
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:11.42	FREITAS, Tomas Miguel	CDN	Coimbra	29/07/2006
Recorde Regional Juv B	1:08.89	DEUS, Andre Portugal	CNF	Oeiras	20/07/2017
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC Regional Inf B: 2:10.12; Inf A: 2:04.46; Juv B: 1:56.66; Juv A: 1:54.51; Jun: 1:50.62; Sen: 1:48.06 / TAC Nacional Inf B: 1:30.12; Inf A: 1:24.46; Juv B: 1:16.66; Juv A: 1:14.51; Jun: 1:10.62; Sen: 1:08.06

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	SETIM, Joao Oliveira	06	Naval do Funchal	**1:27.42**	278
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 41.33 41.33 100m: 1:27.42 46.09				
2.	MACHADO, Bernardo Magalhaes	06	CD Nacional	**1:30.06**	254
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 42.10 42.10 100m: 1:30.06 47.96				
3.	ALVES, Pedro Miguel	06	CD Nacional	**1:31.63**	241
	50m: 43.64 43.64 100m: 1:31.63 47.99				
4.	CASTRO, Mateus Pereira	06	Escola O Liceu	**1:49.69**	141
	50m: 53.91 53.91 100m: 1:49.69 55.78				
5.	NACHYCHKO, Maximo	06	Naval do Funchal	**1:49.83**	140
	50m: 50.24 50.24 100m: 1:49.83 59.59				
6.	SILVA, Joao Luis	06	Escola O Liceu	**1:49.94**	140
	50m: 51.26 51.26 100m: 1:49.94 58.68				
DSQ	GARANITO, Simao Silva	06	Naval do Funchal		
	403 - Falsa partida - SW 4.4				
Infantil A, 14 anos					
1.	SILVA, Tony Stefano	05	Naval do Funchal	**1:19.29**	373
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 35.91 35.91 100m: 1:19.29 43.38				
2.	ALVES, Andre Camara	05	CD Nacional	**1:24.63**	307
	50m: 41.26 41.26 100m: 1:24.63 43.37				
3.	SOUSA, Lourenco Quintas	05	Naval do Funchal	**1:25.57**	297
	50m: 39.97 39.97 100m: 1:25.57 45.60				
4.	VOLOZHENIN, Alexandre	05	Naval do Funchal	**1:28.77**	266
	50m: 41.74 41.74 100m: 1:28.77 47.03				
5.	CORREIA, Rodrigo Ramos	05	CD Nacional	**1:38.88**	192
	50m: 45.95 45.95 100m: 1:38.88 52.93				
6.	NUNES, Andre Maltez	05	CD Nacional	**1:59.01**	110
	50m: 56.70 56.70 100m: 1:59.01 1:02.31				
Juvenil B, 15 anos					
1.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:11.59**	507
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 33.81 33.81 100m: 1:11.59 37.78				

Prova 5, Masc., 100m Bruços, Juvenil B, 15 anos

Lugar		Ano		Tempo final	Pts
2.	AGUILAR, Luis Santos	04	CD Nacional	**1:26.56**	287
	50m: 40.50 40.50 100m: 1:26.56 46.06				
3.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**1:40.23**	184
	50m: 47.23 47.23 100m: 1:40.23 53.00				
DSQ	URDANETA, Lisandro Alberto	04	CD Nacional		
	403 - Falsa partida - SW 4.4				

Juvenil A, 16 anos

1.	LOPES, Pedro Henrique	03	CD Sao Roque	**1:17.39**	401
	50m: 36.85 36.85 100m: 1:17.39 40.54				
2.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:20.98**	350
	50m: 37.34 37.34 100m: 1:20.98 43.64				
3.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:26.70**	285
	50m: 40.19 40.19 100m: 1:26.70 46.51				
4.	RODRIGUES, Renato Correia	03	Salesianos de Funchal	**1:27.07**	282
	50m: 40.56 40.56 100m: 1:27.07 46.51				
5.	LUIS, Francisco Sousa	03	CD Nacional	**1:34.88**	217
	50m: 43.75 43.75 100m: 1:34.88 51.13				

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	**1:08.32**	583
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 31.94 31.94 100m: 1:08.32 36.38				
2.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:11.59**	507
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 33.81 33.81 100m: 1:11.59 37.78				
3.	SILVA, Luis Pedro	98	CD Nacional	**1:12.44**	489
	50m: 34.25 34.25 100m: 1:12.44 38.19				
4.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**1:13.13**	476
	50m: 34.73 34.73 100m: 1:13.13 38.40				
5.	MARCOS, Joao Freitas	01	Individual ANMAD	**1:13.52**	468
	50m: 33.73 33.73 100m: 1:13.52 39.79				
6.	CASTRO, Martim Pereira	02	Escola O Liceu	**1:14.33**	453
	50m: 34.81 34.81 100m: 1:14.33 39.52				
7.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:16.53**	415
	50m: 36.83 36.83 100m: 1:16.53 39.70				
8.	LOPES, Pedro Henrique	03	CD Sao Roque	**1:17.39**	401
	50m: 36.85 36.85 100m: 1:17.39 40.54				
9.	FERREIRA, Luis Duarte	89	Escola O Liceu	**1:18.73**	381
	50m: 35.99 35.99 100m: 1:18.73 42.74				
10.	FREITAS, Joao Tomas	02	Salesianos de Funchal	**1:19.65**	368
	50m: 37.40 37.40 100m: 1:19.65 42.25				
11.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:20.98**	350
	50m: 37.34 37.34 100m: 1:20.98 43.64				
12.	NUNES, Goncalo Almada	01	Salesianos de Funchal	**1:25.88**	293
	50m: 40.63 40.63 100m: 1:25.88 45.25				

Prova 5, Masc., 100m Bruços, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
13.	AGUILAR, Luis Santos	04	CD Nacional	**1:26.56**	287
	50m: 40.50 40.50 100m: 1:26.56 46.06				
14.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:26.70**	285
	50m: 40.19 40.19 100m: 1:26.70 46.51				
15.	RODRIGUES, Renato Correia	03	Salesianos de Funchal	**1:27.07**	282
	50m: 40.56 40.56 100m: 1:27.07 46.51				
16.	LUIS, Francisco Sousa	03	CD Nacional	**1:34.88**	217
	50m: 43.75 43.75 100m: 1:34.88 51.13				
17.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**1:40.23**	184
	50m: 47.23 47.23 100m: 1:40.23 53.00				
DSQ	URDANETA, Lisandro Alberto	04	CD Nacional		
	403 - Falsa partida - SW 4.4				

Prova 6 — Femin., 100m Bruços — Absoluto
05/07/2019 - 20:13 — Resultados

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015
Recorde Regional Juv B	1:15.14	ABREU, Laura Catarina	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:24.46	ABREU, Laura Catarina	CDN	Rio Maior	22/07/2012

TAC Regional Inf B: 2:17.85; Inf A: 2:13.21; Juv B: 2:04.70; Jun: 2:00.38; Sen: 1:57.77 / Juv A: 2:03.71 /
TAC Nacional Inf B: 1:37.85; Inf A: 1:33.21; Juv B: 1:24.70; Juv A: 1:23.71; Jun: 1:20.38; Sen: 1:17.77

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	RODRIGUES, Laura Sofia	07	Salesianos de Funchal	**1:21.92**	479
	Recorde Regional, Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 38.53 38.53 100m: 1:21.92 43.39				
2.	CAMARA, Ines Cruz	07	CD Nacional	**1:32.36**	334
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 44.13 44.13 100m: 1:32.36 48.23				
3.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	**1:34.56**	311
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 44.60 44.60 100m: 1:34.56 49.96				
4.	FRANCA, Ines Matos	07	Salesianos de Funchal	**1:35.76**	300
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 45.52 45.52 100m: 1:35.76 50.24				
5.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:36.03**	297
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 46.35 46.35 100m: 1:36.03 49.68				
6.	GOUVEIA, Ines Mendes	07	Salesianos de Funchal	**2:12.75**	112
	50m: 1:04.36 1:04.36 100m: 2:12.75 1:08.39				

Prova 6, Femin., 100m Bruços

Infantil A, 13 anos

1.	SILVA, Silvana Suamade	06	CD Sao Roque	**1:32.72**	330
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 44.24 44.24 100m: 1:32.72 48.48				
2.	ABREU, Ana Rodrigues	06	Naval do Funchal	**1:32.92**	328
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 42.72 42.72 100m: 1:32.92 50.20				
3.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	**1:34.95**	308
	50m: 45.43 45.43 100m: 1:34.95 49.52				
4.	PEREIRA, Joana Marques	06	CD Nacional	**1:35.03**	307
	50m: 44.44 44.44 100m: 1:35.03 50.59				
5.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	**1:44.38**	231
	50m: 48.72 48.72 100m: 1:44.38 55.66				

Juvenil B, 14 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:27.58**	392
	50m: 40.90 40.90 100m: 1:27.58 46.68				
2.	ABREU, Maria Eduarda	05	CD Nacional	**1:36.65**	292
	50m: 46.63 46.63 100m: 1:36.65 50.02				
3.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**1:37.39**	285
	50m: 44.41 44.41 100m: 1:37.39 52.98				
4.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:38.10**	279
	50m: 46.11 46.11 100m: 1:38.10 51.99				
5.	BARROS, Ana Carolina	05	Salesianos de Funchal	**1:49.26**	202
	50m: 52.54 52.54 100m: 1:49.26 56.72				
6.	CARDOSO, Isabel Maria	05	CS Maritimo	**2:02.84**	142
	50m: 56.74 56.74 100m: 2:02.84 1:06.10				

Juvenil A, 15 anos

1.	JESUS, Mariana Caires	04	Salesianos de Funchal	**1:37.06**	288
	50m: 45.91 45.91 100m: 1:37.06 51.15				
2.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**1:38.73**	274
	50m: 46.33 46.33 100m: 1:38.73 52.40				

Absoluto, 14 anos e mais velhas

1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:20.78**	500
	50m: 37.81 37.81 100m: 1:20.78 42.97				
2.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:27.58**	392
	50m: 40.90 40.90 100m: 1:27.58 46.68				
3.	ABREU, Maria Eduarda	05	CD Nacional	**1:36.65**	292
	50m: 46.63 46.63 100m: 1:36.65 50.02				
4.	JESUS, Mariana Caires	04	Salesianos de Funchal	**1:37.06**	288
	50m: 45.91 45.91 100m: 1:37.06 51.15				
5.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**1:37.39**	285
	50m: 44.41 44.41 100m: 1:37.39 52.98				
6.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:38.10**	279
	50m: 46.11 46.11 100m: 1:38.10 51.99				

Prova 6, Femin., 100m Bruços, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts
7.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**1:38.73**	274
	50m: 46.33 46.33 100m: 1:38.73 52.40				
8.	NOBREGA, Valeria Cardoso	02	CD Nacional	**1:48.89**	204
	50m: 51.51 51.51 100m: 1:48.89 57.38				
9.	BARROS, Ana Carolina	05	Salesianos de Funchal	**1:49.26**	202
	50m: 52.54 52.54 100m: 1:49.26 56.72				
10.	CARDOSO, Isabel Maria	05	CS Maritimo	**2:02.84**	142
	50m: 56.74 56.74 100m: 2:02.84 1:06.10				

Prova 7 — Masc., 50m Costas — Absolutos
05/07/2019 - 20:21 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014
Recorde Regional Juv A	29.40	FERNANDES, Rui Afonso	CDN	Funchal	14/06/2019
Recorde Regional Juv B	29.92	FERNANDES, Rui Afonso	CDN	Funchal	29/06/2018

TAC Regional Juv B: 49.25; Juv A: 49.25; Jun: 49.25; Sen: 48.32 / TAC Nacional Juv B: 29.25; Juv A: 29.25; Jun: 29.25; Sen: 28.32

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**30.22**	500
2.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**33.06**	382
3.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**34.64**	332
4.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**37.59**	260
5.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**38.02**	251
6.	GOMES, Alexandre Monteiro	04	Salesianos de Funchal	**38.90**	234
7.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**47.81**	126
Juvenil A, 16 anos					
1.	GOMES, Goncalo Camara	03	Naval do Funchal	**29.84**	520
2.	CAMARA, Simao Vieira	03	CD Sao Roque	**33.49**	368
3.	ABREU, Tiago Gomes	03	Naval do Funchal	**41.35**	195
4.	KOVAL, Igor	03	CD Nacional	**42.06**	185
Absoluto, 15 anos e mais velhos					
1.	SILVA, Tomas Antonio	01	Naval do Funchal	**29.23**	553
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
2.	SILVA, Joao Jesus	02	Salesianos de Funchal	**29.78**	523
3.	GOMES, Goncalo Camara	03	Naval do Funchal	**29.84**	520
4.	CAMACHO, Afonso Caires	04	Naval do Funchal	**30.22**	500
5.	MARCOS, Joao Freitas	01	Individual ANMAD	**32.36**	407
6.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**33.06**	382
7.	CAMARA, Simao Vieira	03	CD Sao Roque	**33.49**	368
8.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**34.14**	347
9.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**34.64**	332
10.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**37.59**	260
11.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**38.02**	251
12.	GOMES, Alexandre Monteiro	04	Salesianos de Funchal	**38.90**	234
13.	ABREU, Tiago Gomes	03	Naval do Funchal	**41.35**	195

Prova 7, Masc., 50m Costas, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
14.	KOVAL, Igor	03	CD Nacional	**42.06**	185
15.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**47.81**	126

Prova 8 — Femin., 50m Costas — Absolutos
05/07/2019 - 20:25 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong		Coimbra	30/03/2017
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015
Recorde Regional Juv B	33.06	AGUILAR, Vera Ines	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 53.22; Jun: 53.22; Sen: 52.25 / Juv A: 53.22 / TAC Nacional Juv B: 33.22; Juv A: 33.22; Jun: 33.22; Sen: 32.25

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	JARDIM, Teresa Vieira	05	Naval do Funchal	**35.61**	438
2.	FERNANDES, Maria Madalena	05	Salesianos de Funchal	**46.27**	200
3.	DINIS, Maria Antonia	05	CD Nacional	**46.38**	198
Juvenil A, 15 anos					
1.	GONCALVES, Maria Margarida	04	Naval do Funchal	**34.41**	486
2.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**39.44**	322
3.	SOARES, Ines Silva	04	CD Nacional	**44.55**	224
4.	BATISTA, Rita Teixeira	04	CD Nacional	**50.90**	150
Absoluto, 14 anos e mais velhas					
1.	ROSA, Beatriz Jong	00	CD Nacional	**33.99**	504
2.	GONCALVES, Maria Margarida	04	Naval do Funchal	**34.41**	486
3.	JARDIM, Teresa Vieira	05	Naval do Funchal	**35.61**	438
4.	SA, Marta Romao	03	Naval do Funchal	**36.21**	417
5.	LUIS, Jessica Santos	00	CD Sao Roque	**36.23**	416
6.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**38.49**	347
7.	TELES, Anabela Corte	01	Individual ANMAD	**38.90**	336
8.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**39.44**	322
9.	JESUS, Filipa Mafalda	03	CD Sao Roque	**39.72**	316
10.	PEREIRA, Luisa Tovela	03	CD Nacional	**41.29**	281
11.	FERNANDES, Francisca Oliveira	02	Escola O Liceu	**43.42**	242
12.	CRO, Isabel Matilde	00	Escola O Liceu	**43.58**	239
13.	SOARES, Ines Silva	04	CD Nacional	**44.55**	224
14.	FERNANDES, Maria Madalena	05	Salesianos de Funchal	**46.27**	200
15.	DINIS, Maria Antonia	05	CD Nacional	**46.38**	198
16.	FERREIRA, Fatima Maria	78	Escola O Liceu	**49.42**	164
17.	BATISTA, Rita Teixeira	04	CD Nacional	**50.90**	150
18.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**51.65**	143

Prova 9 — Masc., 4 x 100m Livres — Absoluto
05/07/2019 - 20:40 — Resultados

Recorde Regional 3:35.90 Clube Desportivo Nacional CDN Faro 19/07/2009

TAC Nacional Estafetas Juv: 3:56.02; Jun: 3:46.19; Sen: 3:38.54

Pontos: FINA 2019

Lugar — Tempo final — Pts

Infantis, 13 anos e 14 anos

1.	Naval do Funchal 5				Naval do Funchal			**4:14.03**	406
	VOLOZHENIN, Alexandre	+0,70	30.86	1:04.12	OLIVEIRA, Diogo Alexandre	+0,23	29.31	1:01.26	
	LEITAO, Andre Freitas	+0,31	30.50	1:05.14	RODRIGUES, Joao Luis	+0,38	29.96	1:03.51	
2.	Naval do Funchal 6				Naval do Funchal			**4:36.50**	315
	FERRAZ, Luis Afonso	+0,67	34.28	1:10.80	ABREU, Joao Francisco	+0,39	32.64	1:08.93	
	PITA, Pedro Miguel	+0,26	32.74	1:09.97	PAULOS, Joao Afonso	+0,34	31.60	1:06.80	
3.	CD Nacional 12				CD Nacional			**4:41.39**	299
	FREITAS, Diogo Jesus	+0,66	32.55	1:08.11	MACHADO, Bernardo Magalhae	+0,44	31.52	1:07.60	
	ALVES, Pedro Miguel	+0,43	35.27	1:13.60	GONCALVES, Martim Luis	+0,51	34.48	1:12.08	

Juvenis, 15 anos e 16 anos

1.	Naval do Funchal 24				Naval do Funchal			**4:02.31**	468
	FERNANDES, Diogo Henrique	+0,71	27.89	58.78	CAMACHO, Afonso Caires	+0,05	28.73	1:01.24	
	FERREIRA, Leonardo Filipe	+0,34	28.36	59.57	FERNANDES, Martim Pestana	+0,27	29.40	1:02.72	
2.	Naval do Funchal 23				Naval do Funchal			**4:09.63**	428
	BAPTISTA, Tiago Ornelas	+0,66	29.59	1:02.24	GOMES, Goncalo Camara	+0,45	28.41	1:00.69	
	AGUIAR, Pedro Ferreira	+0,06	29.48	1:02.42	ABREU, Nuno Afonso		29.26	1:04.28	
3.	Salesianos de Funchal 2				Salesianos de Funchal			**4:30.29**	337
	NUNES, Afonso Miguel	+0,74	31.49	1:06.91	GONCALVES, Vitor Afonso	+0,20	31.55	1:06.83	
	PEREIRA, Jordao Abreu	+0,63	32.97	1:07.20	SILVA, Eduardo Rodrigues	+0,47	33.38	1:09.35	

Absolutos, 13 anos e mais velhos

1.	Naval do Funchal 55				Naval do Funchal			**3:48.65**	557
	SILVA, Tomas Antonio		26.85	56.38	GRACA, Fernando Guerreiro	+0,16	27.39	57.54	
	AGUIAR, Joao Menezes	+0,42	27.63	57.32	DEUS, Andre Portugal	+0,28	27.65	57.41	
2.	Salesianos de Funchal 1				Salesianos de Funchal			**4:06.30**	446
	LEAL, Diogo Silva	+0,69	30.83	1:03.68	FREITAS, Joao Tomas	+0,37	29.79	1:02.64	
	RODRIGUES, Renato Correia	+0,51	29.62	1:02.37	SILVA, Joao Jesus	+0,40	27.25	57.61	
3.	CD Sao Roque 1				CD Sao Roque			**4:11.18**	420
	RODRIGUES, Pedro Reis	+0,75	28.93	1:00.81	CAMARA, Simao Vieira	+0,59	31.12	1:06.67	
	LOPES, Pedro Henrique	+0,42	28.52	1:00.45	RODRIGUES, Rodrigo Reis	+0,26	30.71	1:03.25	
4.	CD Nacional 3				CD Nacional			**4:42.08**	297
	MACHADO, Tiago Magalhaes	+0,68	30.59	1:04.99	LUIS, Francisco Sousa	+0,50	34.19	1:15.45	
	AGUILAR, Luis Santos	+0,53	31.81	1:08.00	ALVES, Luis Fernandez	+0,59	34.41	1:13.64	

Prova 10 — Femin., 4 x 100m Livres — Absoluto
05/07/2019 - 20:51 — Resultados

Recorde Regional	4:10.25	Clube Desportivo Nacional	CDN	Coimbra	24/07/2015

TAC Nacional Estafetas Juv: 4:21.37; Jun: 4:13.90; Sen: 4:08.92

Pontos: FINA 2019

Lugar — Tempo final — Pts

Infantis, 12 e 13 anos

1.	Naval do Funchal 16				Naval do Funchal			**4:46.01**	396
	DEUS, Ines Portugal	+0,57	33.13	1:09.36	FREITAS, Beatriz Rodrigues	+0,11	34.66	1:12.00	
	ROVERI, Isabel Vasconcelos	+0,59	34.64	1:13.91	ABREU, Ana Rodrigues	+0,25	33.33	1:10.74	
2.	Naval do Funchal 6				Naval do Funchal			**4:54.91**	361
	FERRO, Maria Leonor	+0,67	33.96	1:11.49	BAPTISTA, Constança Ornelas	+0,27	38.77	1:22.16	
	SEQUEIRA, Beatriz Meneses	+0,38	34.42	1:13.12	JARDIM, Lara Filipa	+0,10	31.83	1:08.14	
3.	Salesianos de Funchal 2				Salesianos de Funchal			**5:07.73**	318
	RODRIGUES, Laura Sofia	+0,77	35.09	1:13.60	FARIA, Laura Pereira	+0,19	38.90	1:22.60	
	FRANCA, Ines Matos	+0,15	36.52	1:16.58	CARICHAS, Joana Medeiros	+0,42	36.06	1:14.95	
4.	CD Nacional 9				CD Nacional			**5:12.04**	305
	TEMTEM, Sara Maria	+0,86	39.86	1:21.36	CAMARA, Ines Cruz	+0,66	35.13	1:14.01	
	GONCALVES, Valentina Jose	+0,79	36.33	1:15.51	MATEUS, Clarisse Vieira	+0,53		1:21.16	

Juvenil, 14 e 15 anos

1.	Naval do Funchal 25				Naval do Funchal			**4:42.23**	412
	NASCIMENTO, Sofia Alexandre	+0,70	31.57	1:06.33	JARDIM, Teresa Vieira	+0,12	33.72	1:10.72	
	ARAUJO, Maria Clara	+0,42	32.46	1:09.09	GOMES, Madalena Sousa	+0,32	36.26	1:16.09	
2.	Salesianos de Funchal 1				Salesianos de Funchal			**4:49.12**	383
	OLIVEIRA, Sara Fernandes	+0,68	32.14	1:06.77	ANDRADE, Margarida Fernande	+0,21	34.47	1:13.43	
	JESUS, Mariana Caires	+0,39	33.77	1:11.85	BARROS, Ana Carolina	+0,11	37.51	1:17.07	

Absolutos, 12 anos e mais velhas

1.	Naval do Funchal 55				Naval do Funchal			**4:26.36**	490
	GOMES, Susana Clara	+0,68	31.09	1:04.86	GONCALVES, Maria Margarida	+0,16	32.34	1:08.74	
	FERREIRA, Julia Caldeira	+0,27	31.86	1:07.06	FERNANDES, Ana Catarina	+0,05	30.99	1:05.70	
2.	CD Sao Roque 1				CD Sao Roque			**4:36.31**	439
	SOUSA, Joana Francisca	+0,74	32.08	1:06.89	JESUS, Filipa Mafalda	+0,44	33.44	1:10.03	
	LUIS, Jessica Santos	+0,44	31.93	1:07.49	SILVA, Silvana Suamade	+0,43	33.92	1:11.90	
3.	CD Nacional 7				CD Nacional			**5:07.90**	317
	LECA, Natasha Maria	+0,69	35.81	1:12.89	ABREU, Maria Eduarda	+0,46	37.96	1:17.55	
	SOARES, Ines Silva	+0,70	37.95	1:20.03	TEMBE, Ines Afonso	+0,56	36.68	1:17.43	
4.	Escola O Liceu 1				Escola O Liceu			**5:35.53**	245
	LAMEIRAS, Beatriz Andreia	+0,63	35.15	1:14.50	ABREU, Luana Vasconcelos		43.54	1:31.03	
	FERNANDES, Francisca Oliveira	+0,64	38.98	1:21.28	CRO, Isabel Matilde	+0,64	40.64	1:28.72	

2 - 2ª Jornada / 1ª Sessão — 06/07/2019 - 9:15

Prova 11 — Masc., 4 x 50m Estilos — Absoluto, 15 anos e mais velhos
06/07/2019 - 9:15 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional	1:50.21	Clube Naval do Funchal	CNF	Coimbra	03/04/2015

TAC Nacional Estafetas Jun: 1:54.40; Sen: 1:53.27

Pontos: FINA 2019

Lugar							Tempo final	Pts
1.	CD Nacional 1			CD Nacional			**1:55.19**	533
	Recorde Regional							
	FERNANDES, Rui Afonso	03	+0,66	MOURA, Vitor Diogo	90	+0,29	27.40	
	SILVA, Luis Pedro	98	+0,25	QUINTAL, Nuno Alexandre	99	+0,38	26.05	
2.	Naval do Funchal 55			Naval do Funchal			**1:56.57**	514
	SILVA, Tomas Antonio	01	+0,66	OLIVEIRA, Pedro Freitas	02	+0,21	29.32	
	FERNANDES, Pedro Pestana	01	+0,14	DEUS, Andre Portugal	02	-0,01	26.02	
3.	Naval do Funchal 24			Naval do Funchal			**2:00.47**	466
	CAMACHO, Afonso Caires	04	+0,72	FERREIRA, Leonardo Filipe	04	+0,25	29.77	
	FERNANDES, Martim Pestana	04	+0,08	FERNANDES, Diogo Henrique	04	+0,32	27.03	
4.	CD Sao Roque 1			CD Sao Roque			**2:08.27**	386
	RODRIGUES, Pedro Reis	02	+0,68	RODRIGUES, Rodrigo Reis	04	+0,62	31.97	
	VIEIRA, Emanuel Eloi	03	+0,70	LOPES, Pedro Henrique	03	+0,44	27.87	
5.	Salesianos de Funchal 1			Salesianos de Funchal			**2:09.17**	378
	PEREIRA, Jordao Abreu	04	+0,77	RODRIGUES, Renato Correia	03	+0,57	30.06	
	FREITAS, Joao Tomas	02	+0,39	NUNES, Goncalo Almada	01	+0,27	27.71	
6.	CD Nacional 18			CD Nacional			**2:25.24**	266
	KOVAL, Igor	03	+0,84	MACHADO, Tiago Magalhaes	04	+0,53	31.84	
	LUIS, Francisco Sousa	03	+0,30	URDANETA, Lisandro Alberto	04	+0,61	32.19	
7.	Salesianos de Funchal 2			Salesianos de Funchal			**2:25.88**	262
	GONCALVES, Vitor Afonso	04	+0,80	SILVA, Eduardo Rodrigues	04	+0,32	34.05	
	FERNANDEZ, Joao Guilherme	04	+0,36	GOMES, Alexandre Monteiro	04	+0,29	28.53	
DSQ	Escola O Liceu 1			Escola O Liceu				
	111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11, Obs.: -0,14							
	CASTRO, Martim Pereira, JORGE, Andre Camara, FERNANDES, Joao Vitor, EULALIO, Hugo Yves							
DSQ	Naval do Funchal 23			Naval do Funchal				
	111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11, Obs.: -0,05							
	GOMES, Goncalo Camara, AGUIAR, Pedro Ferreira, BAPTISTA, Tiago Ornelas, ABREU, Nuno Afonso							

Prova 12 — Femin., 4 x 50m Estilos — Absoluto, 14 anos e mais velhas
06/07/2019 - 9:21 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional	2:03.46	Clube Desportivo Nacional	CDN	Coimbra	25/07/2015

TAC Nacional Estafetas Jun: 2:09.33; Sen: 2:08.05

Pontos: FINA 2019

Lugar	Tempo final	Pts

Prova 12, Femin., 4 x 50m Estilos

1.	Naval do Funchal 55				Naval do Funchal			**2:10.48**	541
	GONCALVES, Maria Margarida	04	+0,64	34.54	FERREIRA, Julia Caldeira	03			31.39
	FERNANDES, Ana Catarina	03	0.00	35.95	GOMES, Susana Clara	77	+0,32		28.60
2.	CD Nacional 5				CD Nacional			**2:17.05**	467
	FERREIRA, Maria Leonor	04	+0,70	33.30	ROSA, Beatriz Jong	00	+0,42		30.86
	LECA, Natasha Maria	03	+0,37	42.61	AGUILAR, Vera Ines	00	+0,36		30.28
3.	Naval do Funchal 25				Naval do Funchal			**2:22.31**	417
	JARDIM, Teresa Vieira	05	+0,68	35.84	AVEIRO, Leonor Sofia	05	+0,41		35.62
	ARAUJO, Maria Clara	05	+0,47	40.44	NASCIMENTO, Sofia Alexandre	05	+0,03		30.41
4.	Salesianos de Funchal 1				Salesianos de Funchal			**2:25.42**	391
	ANDRADE, Margarida Fernandes	04	+0,79	39.85	OLIVEIRA, Sara Fernandes	04	+0,25		31.49
	LUIS, Mariana Capelo	05	+0,31	42.71	JESUS, Mariana Caires	04	+0,35		31.37
5.	CD Nacional 16				CD Nacional			**2:43.10**	277
	PEREIRA, Luisa Tovela	03	+0,68	40.89	SOARES, Ines Silva	04	+0,55		40.79
	NOBREGA, Valeria Cardoso	02	+0,46	49.28	ABREU, Maria Eduarda	05	+0,20		32.14
6.	Escola O Liceu 1				Escola O Liceu			**2:53.10**	231
	CRO, Isabel Matilde	00	+0,80	43.82	FERNANDES, Francisca Oliveira	02	+0,54		39.15
	FERREIRA, Fatima Maria	78	+0,48	49.26	ABREU, Luana Vasconcelos	01	+0,66		40.87

Prova 13 — Masc., 400m Estilos — Absoluto
06/07/2019 - 9:25 — Resultados

Recorde Regional Absoluto	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Sen	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Jun18	4:35.59	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	4:34.60	FRANCO, Paulo Fragueiro	CDN	Famalicao	05/08/1999
Recorde Regional Juv A	4:46.62	FREITAS, Tomas Miguel	CDN	Coimbra	28/07/2006
Recorde Regional Juv B	4:44.63	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	11/03/2005
Recorde Regional Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	23/07/2004
Recorde Regional Inf B	4:59.28	FREITAS, Tomas Miguel	CDN	Restelo	25/07/2003

TAC Regional Inf B: 7:17.00; Inf A: 7:01.70; Juv B: 6:34.55; Juv A: 6:26.23; Jun: 6:15.96; Sen: 6:06.31 / TAC Nacional Inf B: 5:53.41; Inf A: 5:31.59; Juv B: 5:14.55; Juv A: 5:06.23; Jun: 4:55.96; Sen: 4:46.31

Pontos: FINA 2019

Lugar		Ano			Tempo final	Pts

Infantil B, 13 anos

1.	ABREU, Joao Francisco				06	Naval do Funchal					**5:45.79**	350
	Mínimos Camp. Nacional de Infantis, Loulé											
	50m:	37.14	37.14	150m:	2:03.09	44.12	250m:	3:36.23	51.06	350m:	5:07.80	40.85
	100m:	1:18.97	41.83	200m:	2:45.17	42.08	300m:	4:26.95	50.72	400m:	5:45.79	37.99
2.	PAULOS, Joao Afonso				06	Naval do Funchal					**5:46.43**	348
	Mínimos Camp. Nacional de Infantis, Loulé											
	50m:	35.05	35.05	150m:	2:04.20	46.99	250m:	3:38.36	49.42	350m:	5:08.72	40.34
	100m:	1:17.21	42.16	200m:	2:48.94	44.74	300m:	4:28.38	50.02	400m:	5:46.43	37.71
3.	PITA, Pedro Miguel				06	Naval do Funchal					**5:48.79**	341
	Mínimos Camp. Nacional de Infantis, Loulé											
	50m:	34.54	34.54	150m:	2:02.23	44.97	250m:	3:38.09	52.84	350m:	5:10.52	39.28
	100m:	1:17.26	42.72	200m:	2:45.25	43.02	300m:	4:31.24	53.15	400m:	5:48.79	38.27
4.	GONCALVES, Martim Luis				06	CD Nacional					**6:01.09**	307
	50m:	36.32	36.32	150m:	2:05.77	45.36	250m:	3:45.46	55.63	350m:	5:20.66	41.61
	100m:	1:20.41	44.09	200m:	2:49.83	44.06	300m:	4:39.05	53.59	400m:	6:01.09	40.43

Prova 13, Masc., 400m Estilos

Infantil A, 14 anos

1. GOUVEIA, Luis Galvao 05 CD Nacional **5:12.97** 472
Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.55	32.55	150m:	1:51.61	40.81	250m:	3:14.85	44.18	350m:	4:37.99	36.57
100m:	1:10.80	38.25	200m:	2:30.67	39.06	300m:	4:01.42	46.57	400m:	5:12.97	34.98

2. OLIVEIRA, Diogo Alexandre 05 Naval do Funchal **5:20.19** 441
Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.26	32.26	150m:	1:51.97	41.88	250m:	3:20.37	47.37	350m:	4:45.04	36.33
100m:	1:10.09	37.83	200m:	2:33.00	41.03	300m:	4:08.71	48.34	400m:	5:20.19	35.15

3. LEITAO, Andre Freitas 05 Naval do Funchal **5:32.70** 393

50m:	34.69	34.69	150m:	1:56.61	40.65	250m:	3:26.04	48.38	350m:	4:54.09	39.31
100m:	1:15.96	41.27	200m:	2:37.66	41.05	300m:	4:14.78	48.74	400m:	5:32.70	38.61

4. ALVES, Andre Camara 05 CD Nacional **5:46.06** 349

50m:	35.26	35.26	150m:	2:04.12	46.64	250m:	3:37.96	48.91	350m:	5:07.31	40.09
100m:	1:17.48	42.22	200m:	2:49.05	44.93	300m:	4:27.22	49.26	400m:	5:46.06	38.75

Juvenil B, 15 anos

1. ALVES, Paulo Rodrigues 04 CD Nacional **5:00.47** 534
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	30.68	30.68	150m:	1:47.51	40.47	250m:	3:08.27	41.52	350m:	4:26.11	36.06
100m:	1:07.04	36.36	200m:	2:26.75	39.24	300m:	3:50.05	41.78	400m:	5:00.47	34.36

2. RODRIGUES, Rodrigo Reis 04 CD Sao Roque **5:11.99** 477
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	32.74	32.74	150m:	1:51.42	40.92	250m:	3:15.09	44.04	350m:	4:37.05	36.05
100m:	1:10.50	37.76	200m:	2:31.05	39.63	300m:	4:01.00	45.91	400m:	5:11.99	34.94

3. NUNES, Afonso Miguel 04 Salesianos de Funchal **5:25.16** 421

50m:	32.90	32.90	150m:	1:53.25	42.07	250m:	3:22.41	47.54	350m:	4:48.22	38.58
100m:	1:11.18	38.28	200m:	2:34.87	41.62	300m:	4:09.64	47.23	400m:	5:25.16	36.94

Juvenil A, 16 anos

DSQ MATOS, Rodrigo Vieira 03 Individual ANMAD
616 - O atleta efectuou a chegada totalmente submerso - SW 6.3, Obs.: Costas

Absoluto, 15 anos e mais velhos

1. SILVA, Tomas Antonio 01 Naval do Funchal **4:44.00** 632
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	29.82	29.82	150m:	1:41.33	36.05	250m:	2:58.45	40.71	350m:	4:12.58	33.53
100m:	1:05.28	35.46	200m:	2:17.74	36.41	300m:	3:39.05	40.60	400m:	4:44.00	31.42

2. ALVES, Paulo Rodrigues 04 CD Nacional **5:00.47** 534
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	30.68	30.68	150m:	1:47.51	40.47	250m:	3:08.27	41.52	350m:	4:26.11	36.06
100m:	1:07.04	36.36	200m:	2:26.75	39.24	300m:	3:50.05	41.78	400m:	5:00.47	34.36

3. RODRIGUES, Pedro Reis 02 CD Sao Roque **5:08.64** 493

50m:	34.11	34.11	150m:	1:53.26	38.90	250m:	3:17.27	45.62	350m:	4:35.70	32.92
100m:	1:14.36	40.25	200m:	2:31.65	38.39	300m:	4:02.78	45.51	400m:	5:08.64	32.94

4. RODRIGUES, Rodrigo Reis 04 CD Sao Roque **5:11.99** 477
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	32.74	32.74	150m:	1:51.42	40.92	250m:	3:15.09	44.04	350m:	4:37.05	36.05
100m:	1:10.50	37.76	200m:	2:31.05	39.63	300m:	4:01.00	45.91	400m:	5:11.99	34.94

Prova 13, Masc., 400m Estilos, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
5.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**5:25.16**	421
	50m: 32.90 32.90 150m: 1:53.25 42.07 250m: 3:22.41 47.54 350m: 4:48.22 38.58				
	100m: 1:11.18 38.28 200m: 2:34.87 41.62 300m: 4:09.64 47.23 400m: 5:25.16 36.94				
DSQ	MATOS, Rodrigo Vieira	03	Individual ANMAD		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3, Obs.: Costas				

Prova 14 — Femin., 400m Estilos — Absoluto
06/07/2019 - 9:39 — Resultados

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:28.09	FERREIRA, Maria Leonor	CDN	Coimbra	06/04/2019
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC Regional Inf B: 7:50.66; Inf A: 7:30.77; Juv B: 7:04.75; Jun: 6:50.09; Sen: 6:38.97 / Juv A: 7:00.41 /
TAC Nacional Inf B: 6:15.54; Inf A: 5:57.92; Juv B: 5:44.75; Juv A: 5:40.41; Jun: 5:30.09; Sen: 5:18.97

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1.	NETO, Leonor Rodrigues	07	Naval do Funchal	**6:17.18**	352
	50m: 39.39 39.39 150m: 2:15.09 48.00 250m: 3:58.11 56.15 350m: 5:35.81 42.53				
	100m: 1:27.09 47.70 200m: 3:01.96 46.87 300m: 4:53.28 55.17 400m: 6:17.18 41.37				
2.	GONCALVES, Valentina Jose	07	CD Nacional	**6:23.13**	336
	50m: 41.65 41.65 150m: 2:22.33 49.68 250m: 4:02.63 52.93 350m: 5:39.81 44.73				
	100m: 1:32.65 51.00 200m: 3:09.70 47.37 300m: 4:55.08 52.45 400m: 6:23.13 43.32				

Infantil A, 13 anos

1.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	**5:48.12**	447
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 38.38 38.38 150m: 2:08.82 45.11 250m: 3:40.36 49.03 350m: 5:09.29 39.60				
	100m: 1:23.71 45.33 200m: 2:51.33 42.51 300m: 4:29.69 49.33 400m: 5:48.12 38.83				
2.	DEUS, Ines Portugal	06	Naval do Funchal	**5:52.54**	431
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 38.63 38.63 150m: 2:11.24 46.67 250m: 3:45.70 49.28 350m: 5:14.04 39.02				
	100m: 1:24.57 45.94 200m: 2:56.42 45.18 300m: 4:35.02 49.32 400m: 5:52.54 38.50				
3.	FERRO, Maria Leonor	06	Naval do Funchal	**5:58.76**	409
	50m: 36.95 36.95 150m: 2:10.58 49.28 250m: 3:48.40 51.01 350m: 5:20.58 40.59				
	100m: 1:21.30 44.35 200m: 2:57.39 46.81 300m: 4:39.99 51.59 400m: 5:58.76 38.18				
4.	JARDIM, Lara Filipa	06	Naval do Funchal	**6:11.11**	369
	50m: 35.47 35.47 150m: 2:07.95 48.23 250m: 3:50.81 57.31 350m: 5:29.73 42.98				
	100m: 1:19.72 44.25 200m: 2:53.50 45.55 300m: 4:46.75 55.94 400m: 6:11.11 41.38				
5.	PEREIRA, Joana Marques	06	CD Nacional	**6:18.42**	348
	50m: 40.02 40.02 150m: 2:20.52 49.54 250m: 4:01.60 52.00 350m: 5:37.17 43.41				
	100m: 1:30.98 50.96 200m: 3:09.60 49.08 300m: 4:53.76 52.16 400m: 6:18.42 41.25				
6.	FARIA, Laura Pereira	06	Salesianos de Funchal	**6:43.24**	288
	50m: 42.23 42.23 150m: 2:27.29 52.84 250m: 4:15.62 58.53 350m: 6:01.54 48.52				
	100m: 1:34.45 52.22 200m: 3:17.09 49.80 300m: 5:13.02 57.40 400m: 6:43.24 41.70				
7.	TEMBE, Ines Afonso	06	CD Nacional	**7:14.85**	229
	50m: 37.21 37.21 150m: 2:24.41 1:01.60 250m: 4:31.04 1:09.21 350m: 6:28.74 49.26				
	100m: 1:22.81 45.60 200m: 3:21.83 57.42 300m: 5:39.48 1:08.44 400m: 7:14.85 46.11				

Prova 14, Femin., 400m Estilos

Juvenil A, 15 anos

1. SOUSA, Joana Francisca 04 CD Sao Roque **5:34.64** 504
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	34.38	34.38	150m:	1:58.96	42.75	250m:	3:30.26	48.77	350m:	4:57.58	38.30
100m:	1:16.21	41.83	200m:	2:41.49	42.53	300m:	4:19.28	49.02	400m:	5:34.64	37.06

2. JESUS, Mariana Caires 04 Salesianos de Funchal **6:48.32** 277

50m:	40.79	40.79	150m:	2:27.87	54.92	250m:	4:18.85	57.91	350m:	6:06.65	49.04
100m:	1:32.95	52.16	200m:	3:20.94	53.07	300m:	5:17.61	58.76	400m:	6:48.32	41.67

Absoluto, 14 anos e mais velhas

1. SOUSA, Joana Francisca 04 CD Sao Roque **5:34.64** 504
Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	34.38	34.38	150m:	1:58.96	42.75	250m:	3:30.26	48.77	350m:	4:57.58	38.30
100m:	1:16.21	41.83	200m:	2:41.49	42.53	300m:	4:19.28	49.02	400m:	5:34.64	37.06

2. JESUS, Mariana Caires 04 Salesianos de Funchal **6:48.32** 277

50m:	40.79	40.79	150m:	2:27.87	54.92	250m:	4:18.85	57.91	350m:	6:06.65	49.04
100m:	1:32.95	52.16	200m:	3:20.94	53.07	300m:	5:17.61	58.76	400m:	6:48.32	41.67

Prova 15 — Masc., 200m Livres — Absoluto
06/07/2019 - 9:54 — Resultados

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016
Recorde Regional Juv B	1:58.42	CASTRO, Joao Cruz	CDSR	Coimbra	24/07/2015
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUSA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC Regional Inf B: 3:29.43; Inf A: 3:23.00; Juv B: 3:07.76; Juv A: 3:04.66; Jun: 3:00.10; Sen: 2:56.94 / TAC Nacional Inf B: 2:23.99; Inf A: 2:14.92; Juv B: 2:07.76; Juv A: 2:04.66; Jun: 2:00.10; Sen: 1:56.94

Pontos: FINA 2019

Lugar — Ano — Tempo final — Pts

Infantil B, 13 anos

1. FERRAZ, Luis Afonso 06 Naval do Funchal **2:34.36** 288

50m:	35.40	35.40	100m:	1:15.58	40.18	150m:	1:56.12	40.54	200m:	2:34.36	38.24

2. SETIM, Joao Oliveira 06 Naval do Funchal **2:38.26** 267

50m:	35.47	35.47	100m:	1:16.47	41.00	150m:	1:57.90	41.43	200m:	2:38.26	40.36

3. GARANITO, Simao Silva 06 Naval do Funchal **2:43.59** 242

50m:	37.10	37.10	100m:	1:20.10	43.00	150m:	2:02.50	42.40	200m:	2:43.59	41.09

4. SILVA, Joao Luis 06 Escola O Liceu **2:46.46** 230

50m:	35.59	35.59	100m:	1:18.42	42.83	150m:	2:02.38	43.96	200m:	2:46.46	44.08

5. CASTRO, Mateus Pereira 06 Escola O Liceu **3:02.29** 175

50m:	41.80	41.80	100m:	1:27.89	46.09	150m:	2:15.96	48.07	200m:	3:02.29	46.33

6. TEMES, Joao Caires 06 Salesianos de Funchal **3:02.95** 173

50m:	44.28	44.28	100m:	1:31.60	47.32	150m:	2:18.46	46.86	200m:	3:02.95	44.49

Prova 15, Masc., 200m Livres

Infantil A, 14 anos

1.	RODRIGUES, Joao Luis			05	Naval do Funchal								**2:15.78**	423
	50m:	30.86	30.86	100m:	1:05.86	35.00	150m:	1:41.56	35.70	200m:	2:15.78	34.22		
2.	SOUSA, Lourenco Quintas			05	Naval do Funchal								**2:24.06**	354
	50m:	32.44	32.44	100m:	1:09.23	36.79	150m:	1:47.23	38.00	200m:	2:24.06	36.83		
3.	VOLOZHENIN, Alexandre			05	Naval do Funchal								**2:24.96**	348
	50m:	32.97	32.97	100m:	1:10.70	37.73	150m:	1:49.14	38.44	200m:	2:24.96	35.82		
4.	FREITAS, Diogo Jesus			05	CD Nacional								**2:31.50**	305
	50m:	33.68	33.68	100m:	1:12.54	38.86	150m:	1:53.58	41.04	200m:	2:31.50	37.92		
5.	SILVA, Tony Stefano			05	Naval do Funchal								**2:39.13**	263
	50m:	33.16	33.16	100m:	1:13.25	40.09	150m:	1:56.62	43.37	200m:	2:39.13	42.51		
6.	ALVES, Luis Fernandez			05	CD Nacional								**2:41.45**	252
	50m:	35.50	35.50	100m:	1:17.28	41.78	150m:	2:00.21	42.93	200m:	2:41.45	41.24		
7.	MENDES, Juan Diego			05	CD Nacional								**2:52.52**	206
	50m:	40.21	40.21	100m:	1:24.31	44.10	150m:	2:09.88	45.57	200m:	2:52.52	42.64		
8.	NUNES, Andre Maltez			05	CD Nacional								**2:55.97**	194
	50m:	39.99	39.99	100m:	1:25.42	45.43	150m:	2:12.44	47.02	200m:	2:55.97	43.53		
9.	CORREIA, Rodrigo Ramos			05	CD Nacional								**2:59.61**	183
	50m:	40.18	40.18	100m:	1:27.33	47.15	150m:	2:15.19	47.86	200m:	2:59.61	44.42		

Juvenil B, 15 anos

1.	FERNANDES, Diogo Henrique			04	Naval do Funchal								**2:11.21**	469
	50m:	31.10	31.10	100m:	1:03.93	32.83	150m:	1:38.01	34.08	200m:	2:11.21	33.20		
2.	FERREIRA, Leonardo Filipe			04	Naval do Funchal								**2:14.52**	435
	50m:	30.41	30.41	100m:	1:04.76	34.35	150m:	1:39.88	35.12	200m:	2:14.52	34.64		
3.	MACHADO, Tiago Magalhaes			04	CD Nacional								**2:25.67**	343
	50m:	31.29	31.29	100m:	1:07.56	36.27	150m:	1:46.52	38.96	200m:	2:25.67	39.15		
4.	FERNANDEZ, Joao Guilherme			04	Salesianos de Funchal								**2:42.93**	245
	50m:	37.50	37.50	100m:	1:19.50	42.00	150m:	2:02.65	43.15	200m:	2:42.93	40.28		
5.	GOMES, Alexandre Monteiro			04	Salesianos de Funchal								**2:43.79**	241
	50m:	40.38	40.38	100m:	1:23.44	43.06	150m:	2:07.41	43.97	200m:	2:43.79	36.38		
6.	URDANETA, Lisandro Alberto			04	CD Nacional								**3:09.25**	156
	Fora do Tempo Limite (FTL's)													
	50m:	41.33	41.33	100m:	1:28.73	47.40	150m:	2:20.05	51.32	200m:	3:09.25	49.20		

Juvenil A, 16 anos

1.	GOMES, Goncalo Camara			03	Naval do Funchal								**2:08.03**	505
	50m:	29.49	29.49	100m:	1:01.40	31.91	150m:	1:34.48	33.08	200m:	2:08.03	33.55		
2.	LOPES, Pedro Henrique			03	CD Sao Roque								**2:13.68**	444
	50m:	30.05	30.05	100m:	1:03.46	33.41	150m:	1:38.28	34.82	200m:	2:13.68	35.40		
3.	BAPTISTA, Tiago Ornelas			03	Naval do Funchal								**2:16.07**	421
	50m:	30.83	30.83	100m:	1:04.80	33.97	150m:	1:40.64	35.84	200m:	2:16.07	35.43		
4.	VIEIRA, Emanuel Eloi			03	CD Sao Roque								**2:18.62**	398
	50m:	32.09	32.09	100m:	1:07.65	35.56	150m:	1:43.44	35.79	200m:	2:18.62	35.18		
5.	ABREU, Nuno Afonso			03	Naval do Funchal								**2:23.65**	358
	50m:	32.08	32.08	100m:	1:08.83	36.75	150m:	1:46.95	38.12	200m:	2:23.65	36.70		
6.	ABREU, Tiago Gomes			03	Naval do Funchal								**2:42.66**	246
	50m:	37.19	37.19	100m:	1:19.04	41.85	150m:	2:02.33	43.29	200m:	2:42.66	40.33		

Prova 15, Masc., 200m Livres, Juvenil A, 16 anos

Lugar		Ano		Tempo final	Pts
7.	KOVAL, Igor	03	CD Nacional	**2:57.91**	188
	50m: 39.42 39.42 100m: 1:26.94 47.52 150m: 2:13.81 46.87 200m: 2:57.91 44.10				
DSQ	AGUIAR, Pedro Ferreira	03	Naval do Funchal		
	403 - Falsa partida - SW 4.4				

Absoluto, 15 anos e mais velhos

1.	DEUS, Andre Portugal	02	Naval do Funchal	**2:05.19**	540
	50m: 29.17 29.17 100m: 1:01.17 32.00 150m: 1:33.38 32.21 200m: 2:05.19 31.81				
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**2:08.03**	505
	50m: 29.49 29.49 100m: 1:01.40 31.91 150m: 1:34.48 33.08 200m: 2:08.03 33.55				
3.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**2:11.21**	469
	50m: 31.10 31.10 100m: 1:03.93 32.83 150m: 1:38.01 34.08 200m: 2:11.21 33.20				
4.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	**2:13.25**	448
	50m: 29.14 29.14 100m: 1:01.31 32.17 150m: 1:37.34 36.03 200m: 2:13.25 35.91				
5.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:13.68**	444
	50m: 30.05 30.05 100m: 1:03.46 33.41 150m: 1:38.28 34.82 200m: 2:13.68 35.40				
6.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**2:14.52**	435
	50m: 30.41 30.41 100m: 1:04.76 34.35 150m: 1:39.88 35.12 200m: 2:14.52 34.64				
7.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**2:16.07**	421
	50m: 30.83 30.83 100m: 1:04.80 33.97 150m: 1:40.64 35.84 200m: 2:16.07 35.43				
8.	FREITAS, Joao Tomas	02	Salesianos de Funchal	**2:16.29**	419
	50m: 30.48 30.48 100m: 1:05.29 34.81 150m: 1:41.69 36.40 200m: 2:16.29 34.60				
9.	SOUSA, Joao Pedro	74	Naval do Funchal	**2:17.88**	404
	50m: 31.20 31.20 100m: 1:05.67 34.47 150m: 1:41.57 35.90 200m: 2:17.88 36.31				
10.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**2:18.62**	398
	50m: 32.09 32.09 100m: 1:07.65 35.56 150m: 1:43.44 35.79 200m: 2:18.62 35.18				
11.	ABREU, Nuno Afonso	03	Naval do Funchal	**2:23.65**	358
	50m: 32.08 32.08 100m: 1:08.83 36.75 150m: 1:46.95 38.12 200m: 2:23.65 36.70				
12.	MACHADO, Tiago Magalhaes	04	CD Nacional	**2:25.67**	343
	50m: 31.29 31.29 100m: 1:07.56 36.27 150m: 1:46.52 38.96 200m: 2:25.67 39.15				
13.	NUNES, Goncalo Almada	01	Salesianos de Funchal	**2:28.02**	327
	50m: 33.68 33.68 100m: 1:12.13 38.45 150m: 1:52.18 40.05 200m: 2:28.02 35.84				
14.	ABREU, Tiago Gomes	03	Naval do Funchal	**2:42.66**	246
	50m: 37.19 37.19 100m: 1:19.04 41.85 150m: 2:02.33 43.29 200m: 2:42.66 40.33				
15.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**2:42.93**	245
	50m: 37.50 37.50 100m: 1:19.50 42.00 150m: 2:02.65 43.15 200m: 2:42.93 40.28				
16.	GOMES, Alexandre Monteiro	04	Salesianos de Funchal	**2:43.79**	241
	50m: 40.38 40.38 100m: 1:23.44 43.06 150m: 2:07.41 43.97 200m: 2:43.79 36.38				
17.	KOVAL, Igor	03	CD Nacional	**2:57.91**	188
	50m: 39.42 39.42 100m: 1:26.94 47.52 150m: 2:13.81 46.87 200m: 2:57.91 44.10				
18.	URDANETA, Lisandro Alberto	04	CD Nacional	**3:09.25**	156
	Fora do Tempo Limite (FTL's)				
	50m: 41.33 41.33 100m: 1:28.73 47.40 150m: 2:20.05 51.32 200m: 3:09.25 49.20				
DSQ	AGUIAR, Pedro Ferreira	03	Naval do Funchal		
	403 - Falsa partida - SW 4.4				

Prova 16 — Femin., 200m Livres — Absoluto
06/07/2019 - 10:12 — Resultados

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994
Recorde Regional Juv B	2:14.71	ANDRADE, Rubina Amaro	CDN	Istambul (TUR)	08/07/1993
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC Regional Inf B: 3:41.16; Inf A: 3:34.02; Juv B: 3:20.29; Jun: 3:13.74; Sen: 3:10.94 / Juv A: 3:17.65 /
TAC Nacional Inf B: 2:36.81; Inf A: 2:24.66; Juv B: 2:20.29; Juv A: 2:17.65; Jun: 2:13.74; Sen: 2:10.94

Pontos: FINA 2019

Lugar		Ano			Tempo final	Pts

Infantil B, 12 anos

1. FIGUEIRA, Madalena Leonor — 07 — Naval do Funchal — **2:51.42** — 286

50m:	37.72	37.72	100m:	1:23.44	45.72	150m:	2:09.29	45.85	200m:	2:51.42	42.13

2. GOUVEIA, Ines Mendes — 07 — Salesianos de Funchal — **3:31.13** — 153

50m:	50.37	50.37	100m:	1:44.84	54.47	150m:	2:40.49	55.65	200m:	3:31.13	50.64

Infantil A, 13 anos

1. FREITAS, Beatriz Rodrigues — 06 — Naval do Funchal — **2:27.74** — 447

50m:	33.71	33.71	100m:	1:11.66	37.95	150m:	1:50.75	39.09	200m:	2:27.74	36.99

2. FREITAS, Margarida Ramos — 06 — CD Nacional — **2:29.02** — 435

50m:	33.80	33.80	100m:	1:11.67	37.87	150m:	1:50.84	39.17	200m:	2:29.02	38.18

3. ABREU, Ana Rodrigues — 06 — Naval do Funchal — **2:36.00** — 379

50m:	34.27	34.27	100m:	1:13.58	39.31	150m:	1:54.64	41.06	200m:	2:36.00	41.36

4. CANADA, Maria Elvira — 06 — CD Nacional — **2:36.54** — 375

50m:	36.41	36.41	100m:	1:16.75	40.34	150m:	1:58.35	41.60	200m:	2:36.54	38.19

5. BAPTISTA, Constança Ornelas — 06 — Naval do Funchal — **2:51.59** — 285

50m:	41.44	41.44	100m:	1:25.95	44.51	150m:	2:10.84	44.89	200m:	2:51.59	40.75

6. TEMBE, Ines Afonso — 06 — CD Nacional — **2:52.81** — 279

50m:	41.00	41.00	100m:	1:26.37	45.37	150m:	2:12.30	45.93	200m:	2:52.81	40.51

7. ROVERI, Isabel Vasconcelos — 06 — Naval do Funchal — **2:59.43** — 249

50m:	38.93	38.93	100m:	1:23.95	45.02	150m:	2:11.96	48.01	200m:	2:59.43	47.47

Juvenil B, 14 anos

1. NASCIMENTO, Sofia Alexandre — 05 — Naval do Funchal — **2:26.12** — 462

50m:	33.75	33.75	100m:	1:11.05	37.30	150m:	1:49.14	38.09	200m:	2:26.12	36.98

2. ABREU, Maria Eduarda — 05 — CD Nacional — **2:47.25** — 308

50m:	38.25	38.25	100m:	1:21.50	43.25	150m:	2:05.73	44.23	200m:	2:47.25	41.52

3. DINIS, Maria Antonia — 05 — CD Nacional — **3:18.94** — 183

50m:	45.61	45.61	100m:	1:38.07	52.46	150m:	2:30.19	52.12	200m:	3:18.94	48.75

Juvenil A, 15 anos

1. CAMACHO, Laura Fernandes — 04 — Naval do Funchal — **2:27.74** — 447

50m:	34.52	34.52	100m:	1:12.97	38.45	150m:	1:50.95	37.98	200m:	2:27.74	36.79

2. GOUVEIA, Susana Isabel — 04 — Salesianos de Funchal — **2:50.58** — 290

50m:	38.26	38.26	100m:	1:22.08	43.82	150m:	2:07.63	45.55	200m:	2:50.58	42.95

3. SOARES, Ines Silva — 04 — CD Nacional — **2:56.10** — 264

50m:	39.44	39.44	100m:	1:24.77	45.33	150m:	2:11.39	46.62	200m:	2:56.10	44.71

Prova 16, Femin., 200m Livres

Absoluto, 14 anos e mais velhas

1.	GOMES, Susana Clara				77	Naval do Funchal							**2:23.82**	484
	50m:	32.63	32.63	100m:	1:09.62	36.99	150m:	1:46.61	36.99	200m:	2:23.82	37.21		
2.	FERREIRA, Julia Caldeira				03	Naval do Funchal							**2:25.98**	463
	50m:	34.19	34.19	100m:	1:11.61	37.42	150m:	1:49.66	38.05	200m:	2:25.98	36.32		
3.	NASCIMENTO, Sofia Alexandre				05	Naval do Funchal							**2:26.12**	462
	50m:	33.75	33.75	100m:	1:11.05	37.30	150m:	1:49.14	38.09	200m:	2:26.12	36.98		
4.	LUIS, Jessica Santos				00	CD Sao Roque							**2:26.25**	461
	50m:	33.49	33.49	100m:	1:11.33	37.84	150m:	1:49.89	38.56	200m:	2:26.25	36.36		
5.	CAMACHO, Laura Fernandes				04	Naval do Funchal							**2:27.74**	447
	50m:	34.52	34.52	100m:	1:12.97	38.45	150m:	1:50.95	37.98	200m:	2:27.74	36.79		
6.	TELES, Anabela Corte				01	Individual ANMAD							**2:29.57**	430
	50m:	33.19	33.19	100m:	1:11.52	38.33	150m:	1:50.52	39.00	200m:	2:29.57	39.05		
7.	JESUS, Filipa Mafalda				03	CD Sao Roque							**2:31.63**	413
	50m:	33.85	33.85	100m:	1:12.46	38.61	150m:	1:52.58	40.12	200m:	2:31.63	39.05		
8.	LECA, Natasha Maria				03	CD Nacional							**2:42.50**	336
	50m:	37.06	37.06	100m:	1:18.09	41.03	150m:	2:00.79	42.70	200m:	2:42.50	41.71		
9.	LAMEIRAS, Beatriz Andreia				03	Escola O Liceu							**2:45.54**	317
	50m:	35.95	35.95	100m:	1:17.72	41.77	150m:	2:02.36	44.64	200m:	2:45.54	43.18		
10.	PEREIRA, Luisa Tovela				03	CD Nacional							**2:46.55**	312
	50m:	37.72	37.72	100m:	1:20.89	43.17	150m:	2:06.19	45.30	200m:	2:46.55	40.36		
11.	ABREU, Maria Eduarda				05	CD Nacional							**2:47.25**	308
	50m:	38.25	38.25	100m:	1:21.50	43.25	150m:	2:05.73	44.23	200m:	2:47.25	41.52		
12.	GOUVEIA, Susana Isabel				04	Salesianos de Funchal							**2:50.58**	290
	50m:	38.26	38.26	100m:	1:22.08	43.82	150m:	2:07.63	45.55	200m:	2:50.58	42.95		
13.	SOARES, Ines Silva				04	CD Nacional							**2:56.10**	264
	50m:	39.44	39.44	100m:	1:24.77	45.33	150m:	2:11.39	46.62	200m:	2:56.10	44.71		
14.	FERNANDES, Francisca Oliveira				02	Escola O Liceu							**3:01.86**	239
	50m:	40.76	40.76	100m:	1:26.50	45.74	150m:	2:14.78	48.28	200m:	3:01.86	47.08		
15.	CRO, Isabel Matilde				00	Escola O Liceu							**3:09.25**	212
	50m:	42.99	42.99	100m:	1:31.69	48.70	150m:	2:22.74	51.05	200m:	3:09.25	46.51		
16.	DINIS, Maria Antonia				05	CD Nacional							**3:18.94**	183
	50m:	45.61	45.61	100m:	1:38.07	52.46	150m:	2:30.19	52.12	200m:	3:18.94	48.75		
17.	ABREU, Luana Vasconcelos				01	Escola O Liceu							**3:19.44**	181
	Fora do Tempo Limite (FTL's)													
	50m:	47.22	47.22	100m:	1:38.92	51.70	150m:	2:31.40	52.48	200m:	3:19.44	48.04		

Prova 17 | Masc., 50m Bruços | Absolutos
06/07/2019 - 10:26 | Absolutos (Juvenis, Juniores e Seniores) | Resultados

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.58	COSTA, Mario Martins	CSM	Faro	19/07/2009
Recorde Regional Juv A	32.83	DEUS, Andre Portugal	CNF	Funchal	04/05/2018
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017

TAC Regional Juv B: 52.01; Juv A: 52.01; Jun: 52.01; Sen: 50.95 / TAC Nacional Juv B: 32.01; Juv A: 32.01; Jun: 32.01; Sen: 30.95

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	ALVES, Paulo Rodrigues	04	CD Nacional	**33.18**	478
2.	FERNANDES, Martim Pestana	04	Naval do Funchal	**33.65**	458
3.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**46.45**	174
4.	URDANETA, Lisandro Alberto	04	CD Nacional	**49.03**	148
Juvenil A, 16 anos					
1.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**33.96**	446
2.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**36.88**	348
3.	LOPES, Pedro Henrique	03	CD Sao Roque	**36.92**	347
4.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**38.55**	305
5.	LUIS, Francisco Sousa	03	CD Nacional	**40.70**	259
DSQ	RODRIGUES, Renato Correia	03	Salesianos de Funchal		
	718 - Movimento vertical de pernas durante o percurso - SW 7.5				
Absoluto, 15 anos e mais velhos					
1.	MOURA, Vitor Diogo	90	CD Nacional	**32.52**	508
2.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**32.76**	497
3.	SILVA, Luis Pedro	98	CD Nacional	**32.85**	492
4.	MARCOS, Joao Freitas	01	Individual ANMAD	**33.09**	482
5.	ALVES, Paulo Rodrigues	04	CD Nacional	**33.18**	478
6.	SOUSA, Tiago Ferreira	91	CD Nacional	**33.32**	472
7.	FERNANDES, Martim Pestana	04	Naval do Funchal	**33.65**	458
8.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**33.96**	446
9.	CASTRO, Martim Pereira	02	Escola O Liceu	**34.22**	436
10.	QUINTAL, Nuno Alexandre	99	CD Nacional	**35.55**	388
11.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**36.88**	348
12.	LOPES, Pedro Henrique	03	CD Sao Roque	**36.92**	347
13.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**38.55**	305
14.	LUIS, Francisco Sousa	03	CD Nacional	**40.70**	259
15.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**46.45**	174
16.	URDANETA, Lisandro Alberto	04	CD Nacional	**49.03**	148
DSQ	RODRIGUES, Renato Correia	03	Salesianos de Funchal		
	718 - Movimento vertical de pernas durante o percurso - SW 7.5				

Prova 18 | Femin., 50m Bruços | Absolutos
06/07/2019 - 10:30 | Absolutos (Juvenis, Juniores e Seniores) | Resultados

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015
Recorde Regional Juv B	34.80	ABREU, Laura Catarina	CDN	Oeiras	25/07/2014

TAC Regional Juv B: 56.95; Jun: 56.95; Sen: 55.66 / Juv A: 56.95 / TAC Nacional Juv B: 36.95; Juv A: 36.95; Jun: 36.95; Sen: 35.66

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**44.16**	295
2.	GOMES, Madalena Sousa	05	Naval do Funchal	**46.31**	255
Juvenil A, 15 anos					
1.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**46.16**	258
Absoluto, 14 anos e mais velhas					
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**37.44**	484
2.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**44.16**	295
3.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**46.16**	258
4.	GOMES, Madalena Sousa	05	Naval do Funchal	**46.31**	255
5.	FERREIRA, Fatima Maria	78	Escola O Liceu	**50.58**	196
6.	NOBREGA, Valeria Cardoso	02	CD Nacional	**50.92**	192

Prova 19 | Masc., 200m Costas | Absoluto
06/07/2019 - 10:32 | Resultados

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
Recorde Regional Juv B	2:15.57	FERNANDES, Rui Afonso	CDN	Oeiras	27/07/2018
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoa do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC Regional Inf B: 3:48.30; Inf A: 3:39.12; Juv B: 3:25.37; Juv A: 3:24.02; Jun: 3:18.48; Sen: 3:13.96 / TAC Nacional Inf B: 2:48.30; Inf A: 2:37.32; Juv B: 2:25.37; Juv A: 2:24.02; Jun: 2:18.48; Sen: 2:13.96

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	ALVES, Pedro Miguel	06	CD Nacional	**2:50.74**	281
	50m: 39.58 (39.58) 100m: 1:23.13 (43.55) 150m: 2:07.75 (44.62) 200m: 2:50.74 (42.99)				
2.	TEMES, Joao Caires	06	Salesianos de Funchal	**3:21.67**	170
	50m: 47.82 (47.82) 100m: 1:40.91 (53.09) 150m: 2:34.20 (53.29) 200m: 3:21.67 (47.47)				
Infantil A, 14 anos					
1.	DIAS, Andre Vicente	05	CD Nacional	**2:29.60**	418
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 34.87 (34.87) 100m: 1:12.97 (38.10) 150m: 1:51.25 (38.28) 200m: 2:29.60 (38.35)				
2.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	**2:34.26**	381
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 35.22 (35.22) 100m: 1:14.54 (39.32) 150m: 1:54.97 (40.43) 200m: 2:34.26 (39.29)				

Prova 19, Masc., 200m Costas

Juvenil B, 15 anos

1.	PEREIRA, Jordao Abreu				04	Salesianos de Funchal							**2:32.20**	397
	50m:	36.76	36.76	100m:	1:16.56	39.80	150m:	1:55.76	39.20	200m:	2:32.20	36.44		
2.	LEAL, Diogo Silva				04	Salesianos de Funchal							**2:33.46**	387
	50m:	35.65	35.65	100m:	1:15.18	39.53	150m:	1:54.98	39.80	200m:	2:33.46	38.48		
3.	GONCALVES, Vitor Afonso				04	Salesianos de Funchal							**2:44.19**	316
	50m:	39.17	39.17	100m:	1:20.11	40.94	150m:	2:02.50	42.39	200m:	2:44.19	41.69		
4.	AGUILAR, Luis Santos				04	CD Nacional							**2:45.19**	311
	50m:	37.67	37.67	100m:	1:19.66	41.99	150m:	2:03.83	44.17	200m:	2:45.19	41.36		
5.	SILVA, Eduardo Rodrigues				04	Salesianos de Funchal							**2:51.38**	278
	50m:	41.95	41.95	100m:	1:26.30	44.35	150m:	2:09.47	43.17	200m:	2:51.38	41.91		
6.	GOMES, Alexandre Monteiro				04	Salesianos de Funchal							**3:09.15**	207
	50m:	45.86	45.86	100m:	1:33.10	47.24	150m:	2:22.99	49.89	200m:	3:09.15	46.16		

Juvenil A, 16 anos

1.	FERNANDES, Rui Afonso				03	CD Nacional							**2:21.84**	491
	Mínimos Camp. Nacional de JUV e ABS, Funchal													
	50m:	31.54	31.54	100m:	1:07.50	35.96	150m:	1:44.64	37.14	200m:	2:21.84	37.20		

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio				01	Naval do Funchal							**2:14.82**	572
	Mínimos Camp. Nacional de JUV e ABS, Funchal													
	50m:	30.84	30.84	100m:	1:05.01	34.17	150m:	1:40.15	35.14	200m:	2:14.82	34.67		
2.	SILVA, Joao Jesus				02	Salesianos de Funchal							**2:18.51**	527
	50m:	31.72	31.72	100m:	1:06.75	35.03	150m:	1:42.81	36.06	200m:	2:18.51	35.70		
3.	FERNANDES, Rui Afonso				03	CD Nacional							**2:21.84**	491
	Mínimos Camp. Nacional de JUV e ABS, Funchal													
	50m:	31.54	31.54	100m:	1:07.50	35.96	150m:	1:44.64	37.14	200m:	2:21.84	37.20		
4.	RODRIGUES, Pedro Reis				02	CD Sao Roque							**2:27.38**	437
	50m:	33.79	33.79	100m:	1:11.27	37.48	150m:	1:49.62	38.35	200m:	2:27.38	37.76		
5.	PEREIRA, Jordao Abreu				04	Salesianos de Funchal							**2:32.20**	397
	50m:	36.76	36.76	100m:	1:16.56	39.80	150m:	1:55.76	39.20	200m:	2:32.20	36.44		
6.	LEAL, Diogo Silva				04	Salesianos de Funchal							**2:33.46**	387
	50m:	35.65	35.65	100m:	1:15.18	39.53	150m:	1:54.98	39.80	200m:	2:33.46	38.48		
7.	NASCIMENTO, Diogo Andre				02	Naval do Funchal							**2:36.22**	367
	50m:	35.71	35.71	100m:	1:15.33	39.62	150m:	1:55.77	40.44	200m:	2:36.22	40.45		
8.	GONCALVES, Vitor Afonso				04	Salesianos de Funchal							**2:44.19**	316
	50m:	39.17	39.17	100m:	1:20.11	40.94	150m:	2:02.50	42.39	200m:	2:44.19	41.69		
9.	AGUILAR, Luis Santos				04	CD Nacional							**2:45.19**	311
	50m:	37.67	37.67	100m:	1:19.66	41.99	150m:	2:03.83	44.17	200m:	2:45.19	41.36		
10.	SILVA, Eduardo Rodrigues				04	Salesianos de Funchal							**2:51.38**	278
	50m:	41.95	41.95	100m:	1:26.30	44.35	150m:	2:09.47	43.17	200m:	2:51.38	41.91		
11.	GOMES, Alexandre Monteiro				04	Salesianos de Funchal							**3:09.15**	207
	50m:	45.86	45.86	100m:	1:33.10	47.24	150m:	2:22.99	49.89	200m:	3:09.15	46.16		

Prova 20 — Femin., 200m Costas — Absoluto
06/07/2019 - 10:40 — Resultados

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:33.16	FREITAS, Monica Alexandra	CDN	Salonica (GRE)	01/01/1989
Recorde Regional Juv A	2:32.09	ROSA, Beatriz Jong	CDN	Coimbra	24/07/2015
Recorde Regional Juv B	2:33.42	FERREIRA, Maria Leonor	CDN	Funchal	11/03/2018
Recorde Regional Inf A	2:41.09	SOUSA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:45.63	SA, Marta Romao	CNF	Funchal	04/07/2015

TAC Regional Inf B: 4:03.60; Inf A: 3:53.40; Juv B: 3:39.58; Jun: 3:34.42; Sen: 3:29.34 / Juv A: 3:38.93 /
TAC Nacional Inf B: 2:56.91; Inf A: 2:48.09; Juv B: 2:39.58; Juv A: 2:38.93; Jun: 2:34.42; Sen: 2:29.34

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1. RODRIGUES, Laura Sofia — 07 — Salesianos de Funchal — **2:50.51** — 385
   Mínimos Camp. Nacional de Infantis, Loulé

50m:	39.88	39.88	100m:	1:23.13	43.25	150m:	2:07.36	44.23	200m:	2:50.51	43.15

2. CAMARA, Ines Cruz — 07 — CD Nacional — **2:58.16** — 337

50m:	41.70	41.70	100m:	1:27.94	46.24	150m:	2:13.76	45.82	200m:	2:58.16	44.40

3. NETO, Leonor Rodrigues — 07 — Naval do Funchal — **2:58.68** — 334

50m:	41.45	41.45	100m:	1:27.59	46.14	150m:	2:15.29	47.70	200m:	2:58.68	43.39

4. TEMTEM, Sara Maria — 07 — CD Nacional — **3:09.56** — 280

50m:	45.34	45.34	100m:	1:33.22	47.88	150m:	2:23.05	49.83	200m:	3:09.56	46.51

5. MATEUS, Clarisse Vieira — 07 — CD Nacional — **3:11.04** — 273

50m:	45.23	45.23	100m:	1:33.83	48.60	150m:	2:23.24	49.41	200m:	3:11.04	47.80

DSQ FRANCA, Ines Matos — 07 — Salesianos de Funchal
616 - O atleta efectuou a chegada totalmente submerso - SW 6.3

Infantil A, 13 anos

1. CARICHAS, Joana Medeiros — 06 — Salesianos de Funchal — **2:48.66** — 397

50m:	40.15	40.15	100m:	1:23.61	43.46	150m:	2:07.49	43.88	200m:	2:48.66	41.17

2. SILVA, Silvana Suamade — 06 — CD Sao Roque — **2:49.35** — 393

50m:	39.78	39.78	100m:	1:23.26	43.48	150m:	2:06.88	43.62	200m:	2:49.35	42.47

3. FREITAS, Margarida Ramos — 06 — CD Nacional — **2:49.66** — 390

50m:	40.22	40.22	100m:	1:22.89	42.67	150m:	2:06.45	43.56	200m:	2:49.66	43.21

4. DIAS, Julia Alves — 06 — CD Nacional — **2:50.31** — 386

50m:	40.14	40.14	100m:	1:23.35	43.21	150m:	2:08.48	45.13	200m:	2:50.31	41.83

5. DEUS, Ines Portugal — 06 — Naval do Funchal — **2:50.36** — 386

50m:	40.70	40.70	100m:	1:25.05	44.35	150m:	2:10.08	45.03	200m:	2:50.36	40.28

6. SEQUEIRA, Beatriz Meneses — 06 — Naval do Funchal — **2:57.35** — 342

50m:	41.84	41.84	100m:	1:26.43	44.59	150m:	2:12.40	45.97	200m:	2:57.35	44.95

7. FARIA, Laura Pereira — 06 — Salesianos de Funchal — **3:11.02** — 273

50m:	45.29	45.29	100m:	1:36.26	50.97	150m:	2:26.56	50.30	200m:	3:11.02	44.46

Juvenil B, 14 anos

1. ARAUJO, Maria Clara — 05 — Naval do Funchal — **2:46.08** — 416

50m:	38.34	38.34	100m:	1:20.99	42.65	150m:	2:04.04	43.05	200m:	2:46.08	42.04

2. JARDIM, Teresa Vieira — 05 — Naval do Funchal — **2:48.85** — 396

50m:	39.36	39.36	100m:	1:22.38	43.02	150m:	2:06.96	44.58	200m:	2:48.85	41.89

3. FERNANDES, Maria Madalena — 05 — Salesianos de Funchal — **3:32.14** — 199

50m:	50.08	50.08	100m:	1:45.39	55.31	150m:	2:42.46	57.07	200m:	3:32.14	49.68

Prova 20, Femin., 200m Costas, Juvenil B, 14 anos

Lugar		Ano		Tempo final	Pts
DSQ	BARROS, Ana Carolina	05	Salesianos de Funchal		
	614 - Nadador não efectuou viragem aos 150 m após terminar movimento contínuo de braços - SW 6.4				

Juvenil A, 15 anos

1.	FERREIRA, Maria Leonor	04	CD Nacional									**2:33.70**	525
	Mínimos Camp. Nacional de JUV e ABS, Funchal												
	50m:	35.35	35.35	100m:	1:14.15	38.80	150m:	1:54.49	40.34	200m:	2:33.70	39.21	
2.	GONCALVES, Maria Margarida	04	Naval do Funchal									**2:40.88**	458
	50m:	36.00	36.00	100m:	1:16.35	40.35	150m:	1:58.77	42.42	200m:	2:40.88	42.11	
3.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal									**2:52.71**	370
	50m:	40.82	40.82	100m:	1:24.47	43.65	150m:	2:09.30	44.83	200m:	2:52.71	43.41	

Absoluto, 14 anos e mais velhas

1.	FERREIRA, Maria Leonor	04	CD Nacional									**2:33.70**	525
	Mínimos Camp. Nacional de JUV e ABS, Funchal												
	50m:	35.35	35.35	100m:	1:14.15	38.80	150m:	1:54.49	40.34	200m:	2:33.70	39.21	
2.	GONCALVES, Maria Margarida	04	Naval do Funchal									**2:40.88**	458
	50m:	36.00	36.00	100m:	1:16.35	40.35	150m:	1:58.77	42.42	200m:	2:40.88	42.11	
3.	LUIS, Jessica Santos	00	CD Sao Roque									**2:43.97**	433
	50m:	37.42	37.42	100m:	1:19.54	42.12	150m:	2:02.39	42.85	200m:	2:43.97	41.58	
4.	ARAUJO, Maria Clara	05	Naval do Funchal									**2:46.08**	416
	50m:	38.34	38.34	100m:	1:20.99	42.65	150m:	2:04.04	43.05	200m:	2:46.08	42.04	
5.	JARDIM, Teresa Vieira	05	Naval do Funchal									**2:48.85**	396
	50m:	39.36	39.36	100m:	1:22.38	43.02	150m:	2:06.96	44.58	200m:	2:48.85	41.89	
6.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal									**2:52.71**	370
	50m:	40.82	40.82	100m:	1:24.47	43.65	150m:	2:09.30	44.83	200m:	2:52.71	43.41	
7.	TELES, Anabela Corte	01	Individual ANMAD									**3:02.13**	316
	50m:	42.76	42.76	100m:	1:29.88	47.12	150m:	2:16.83	46.95	200m:	3:02.13	45.30	
8.	PEREIRA, Luisa Tovela	03	CD Nacional									**3:08.85**	283
	50m:	44.62	44.62	100m:	1:33.29	48.67	150m:	2:22.65	49.36	200m:	3:08.85	46.20	
9.	FERNANDES, Maria Madalena	05	Salesianos de Funchal									**3:32.14**	199
	50m:	50.08	50.08	100m:	1:45.39	55.31	150m:	2:42.46	57.07	200m:	3:32.14	49.68	
DSQ	BARROS, Ana Carolina	05	Salesianos de Funchal										
	614 - Nadador não efectuou viragem aos 150 m após terminar movimento contínuo de braços - SW 6.4												

Prova 21 — Masc., 4 x 200m Livres — Absoluto
06/07/2019 - 11:02 — Resultados

Recorde Regional	7:43.38	Clube Desportivo Nacional	CDN	Lisboa	28/03/2009

TAC Nacional Estafetas Juv: 8:38.62; Jun: 8:17.01; Sen: 8:00.20

Pontos: FINA 2019

Infantis, 13 anos e 14 anos

Lugar							Tempo final	Pts
1.	Naval do Funchal 5			Naval do Funchal			**9:44.94**	366
	VOLOZHENIN, Alexandre	05	+0,65	33.35	38.98	40.15	38.97	2:31.45
	SOUSA, Lourenco Quintas	05	+0,16	32.82	38.43	40.17	38.14	2:29.56
	RODRIGUES, Joao Luis	05	+0,35	31.28	36.73	37.27	36.35	2:21.63
	OLIVEIRA, Diogo Alexandre	05	+0,28	32.17	35.87	37.84	36.42	2:22.30
2.	CD Nacional 13			CD Nacional			**10:13.68**	317
	DIAS, Andre Vicente	05	+0,66	31.12	35.01	37.29	36.42	2:19.84
	MACHADO, Bernardo Magalhaes	06	+0,34	33.40	38.31	40.57	39.13	2:31.41
	GONCALVES, Martim Luis	06	+0,53	36.42	40.94	43.02	41.66	2:42.04
	ALVES, Pedro Miguel	06	+0,52	36.43	40.94	42.09	40.93	2:40.39
3.	Naval do Funchal 6			Naval do Funchal			**10:15.92**	313
	ABREU, Joao Francisco	06	+0,69	35.14	39.61	40.36	39.54	2:34.65
	PAULOS, Joao Afonso	06	+0,32	33.21	38.55	40.13	39.72	2:31.61
	SETIM, Joao Oliveira	06	+0,10	35.09	40.95	41.57	40.87	2:38.48
	FERRAZ, Luis Afonso	06	+0,29	34.94	39.79	39.33	37.12	2:31.18

Juvenis, 15 anos e 16 anos

Lugar							Tempo final	Pts
1.	Naval do Funchal 24			Naval do Funchal			**9:09.89**	440
	FERNANDES, Diogo Henrique	04	+0,70	30.15	34.04	35.50	34.45	2:14.14
	FERREIRA, Leonardo Filipe	04	+0,28	29.64	33.51	36.50	36.83	2:16.48
	CAMACHO, Afonso Caires	04	+0,03	30.09	35.90	37.42	35.32	2:18.73
	FERNANDES, Martim Pestana	04	+0,21	30.92	36.46	37.73	35.43	2:20.54

Prova 22 — Femin., 4 x 200m Livres — Absoluto
06/07/2019 - 11:13 — Resultados

Recorde Regional	9:05.61	Clube Desportivo Nacional	CDN	Oeiras	21/07/2016

TAC Nacional Estafetas Juv: 9:25.95; Jun: 9:09.78; Sen: 8:59.00

Pontos: FINA 2019

Infantis, 12 e 13 anos

Lugar							Tempo final	Pts
1.	Naval do Funchal 6			Naval do Funchal			**10:40.26**	375
	JARDIM, Lara Filipa	06	+0,83	34.07	39.90	40.53	39.23	2:33.73
	ROVERI, Isabel Vasconcelos	06	+0,64	40.09	46.58	47.57	46.07	3:00.31
	SEQUEIRA, Beatriz Meneses	06	+0,34	35.62	40.14	41.25	40.78	2:37.79
	FREITAS, Beatriz Rodrigues	06	+0,18	33.62	38.60	39.30	36.91	2:28.43
2.	Naval do Funchal 16			Naval do Funchal			**10:40.87**	374
	DEUS, Ines Portugal	06	+0,64	35.91	38.61	40.03	37.26	2:31.81
	FERRO, Maria Leonor	06	+0,28	36.22	41.39	41.48	40.83	2:39.92
	ABREU, Ana Rodrigues	06	+0,24	35.31	39.64	41.22	41.48	2:37.65
	BAPTISTA, Constança Ornelas	06	+0,12	41.08	44.95	44.51	40.95	2:51.49
3.	CD Nacional 10			CD Nacional			**11:21.94**	311
	GONCALVES, Valentina Jose	07	+0,75	37.17	41.60	44.55	43.09	2:46.41
	CAMARA, Ines Cruz	07	+0,45	36.02	40.19	41.80	40.78	2:38.79
	MATEUS, Clarisse Vieira	07	+0,63	41.78	46.39	46.74	44.53	2:59.44
	TEMTEM, Sara Maria	07	+0,32	42.05	44.80	46.85	43.60	2:57.30

Prova 22, Femin., 4 x 200m Livres

Juvenil, 14 e 15 anos

1.	Naval do Funchal 25			Naval do Funchal				**10:20.55**	412
	ARAUJO, Maria Clara	05	+0,66	33.55	37.47	38.61	37.47	2:27.10	
	NASCIMENTO, Sofia Alexandre	05	+0,07	33.61	38.43	39.11	38.85	2:30.00	
	GOMES, Madalena Sousa	05	+0,04	37.13	43.35	43.33	43.08	2:46.89	
	AVEIRO, Leonor Sofia	05	+0,39	35.91	40.01	40.68	39.96	2:36.56	

3 - 2ª Jornada / 2ª Sessão — 06/07/2019 - 16:30

Prova 23 — Femin., 50m Mariposa — Absolutos
06/07/2019 - 16:30 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra	02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras	13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal	03/07/2015
Recorde Regional Juv B	30.44	ROSA, Beatriz Jong	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 50.68; Jun: 50.68; Sen: 49.93 / Juv A: 50.68 / TAC Nacional Juv B: 30.68; Juv A: 30.68; Jun: 30.68; Sen: 29.93

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**34.25**	362
2.	BARROS, Ana Carolina	05	Salesianos de Funchal	**45.52**	154
Juvenil A, 15 anos					
1.	SOUSA, Joana Francisca	04	CD Sao Roque	**31.82**	452
2.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**32.66**	418
3.	FERREIRA, Maria Leonor	04	CD Nacional	**33.93**	373
4.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**34.69**	349
Absoluto, 14 anos e mais velhas					
1.	GOMES, Susana Clara	77	Naval do Funchal	**30.36**	521
2.	ROSA, Beatriz Jong	00	CD Nacional	**30.40**	518
3.	SOUSA, Joana Francisca	04	CD Sao Roque	**31.82**	452
4.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**32.02**	444
5.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**32.66**	418
6.	FERREIRA, Maria Leonor	04	CD Nacional	**33.93**	373
7.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**34.25**	362
8.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**34.69**	349
9.	JESUS, Filipa Mafalda	03	CD Sao Roque	**36.25**	306
10.	CRO, Isabel Matilde	00	Escola O Liceu	**39.21**	241
11.	FERNANDES, Francisca Oliveira	02	Escola O Liceu	**40.38**	221
12.	BARROS, Ana Carolina	05	Salesianos de Funchal	**45.52**	154
13.	ERRA, Juliana Franco	03	AD Machico	**48.56**	127

Prova 24 | Masc., 50m Mariposa | Absolutos
06/07/2019 - 16:33 | Absolutos (Juvenis, Juniores e Seniores) | Resultados

Recorde Regional Absoluto	25.38	MARQUES, Miguel Freitas	INDMAD	Coimbra	23/07/2015
Recorde Regional Sen	25.38	MARQUES, Miguel Freitas	INDMAD	Coimbra	23/07/2015
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra	04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras	13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra	04/04/2014
Recorde Regional Juv B	27.58	CAIRES, Nuno Costa	CNF	Faro	20/07/2009

TAC Regional Juv B: 46.81; Juv A: 46.81; Jun: 46.81; Sen: 46.08 / TAC Nacional Juv B: 26.81; Juv A: 26.81; Jun: 26.81; Sen: 26.08

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	LEAL, Diogo Silva	04	Salesianos de Funchal	**29.32**	438
2.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**30.35**	395
3.	MACHADO, Tiago Magalhaes	04	CD Nacional	**31.63**	349
4.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**31.67**	347
5.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**35.45**	247
DSQ	GANANCA, Tiago Rodrigues	04	Naval do Funchal		
	403 - Falsa partida - SW 4.4				
Juvenil A, 16 anos					
1.	FERNANDES, Rui Afonso	03	CD Nacional	**27.58**	526
2.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**30.62**	384
3.	ABREU, Nuno Afonso	03	Naval do Funchal	**34.09**	278
4.	KOVAL, Igor	03	CD Nacional	**36.98**	218
Absoluto, 15 anos e mais velhos					
1.	FERREIRA, Miguel Goncalves	93	CD Nacional	**26.29**	607
2.	AGUIAR, Joao Menezes	97	Naval do Funchal	**26.62**	585
3.	FERNANDES, Rui Afonso	03	CD Nacional	**27.58**	526
4.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**27.77**	515
5.	QUINTAL, Nuno Alexandre	99	CD Nacional	**27.78**	515
6.	SOUSA, Tiago Ferreira	91	CD Nacional	**27.79**	514
7.	MOURA, Vitor Diogo	90	CD Nacional	**27.84**	511
8.	SILVA, Martim Moniz	99	Naval do Funchal	**27.96**	505
9.	SILVA, Luis Pedro	98	CD Nacional	**28.16**	494
10.	FERRO, Henrique Martins	01	Naval do Funchal	**28.72**	466
11.	LEAL, Diogo Silva	04	Salesianos de Funchal	**29.32**	438
12.	CAMACHO, Duarte Nuno	69	CD Nacional	**30.11**	404
13.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**30.35**	395
14.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**30.62**	384
15.	MACHADO, Tiago Magalhaes	04	CD Nacional	**31.63**	349
16.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**31.67**	347
17.	FERREIRA, Rodrigo Nobrega	01	AD Machico	**31.90**	340
18.	EULALIO, Hugo Yves	85	Escola O Liceu	**33.39**	296
19.	ABREU, Nuno Afonso	03	Naval do Funchal	**34.09**	278
20.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**35.45**	247
21.	KOVAL, Igor	03	CD Nacional	**36.98**	218
22.	PERESTRELO, Pedro Antonio	96	AD Machico	**40.37**	167
DSQ	GANANCA, Tiago Rodrigues	04	Naval do Funchal		
	403 - Falsa partida - SW 4.4				

Prova 25 | Femin., 200m Bruços | Absoluto
06/07/2019 - 16:37 | Resultados

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Juv B	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.97	ABREU, Laura Catarina	CDN	Funchal	06/07/2012

TAC Regional Inf B: 4:28.06; Inf A: 4:20.34; Juv B: 4:03.36; Jun: 3:54.20; Sen: 3:46.66 / Juv A: 4:01.12 /
TAC Nacional Inf B: 3:26.23; Inf A: 3:16.73; Juv B: 3:03.36; Juv A: 3:01.12; Jun: 2:54.20; Sen: 2:46.66

Pontos: FINA 2019

Lugar		Ano			Tempo final	Pts

Infantil B, 12 anos

1. RODRIGUES, Laura Sofia — 07 — Salesianos de Funchal — **2:59.60** — 464
Recorde Regional, Mínimos Camp. Nacional de Infantis, Loulé

50m:	40.90	40.90	100m:	1:28.66	47.76	150m:	2:16.05	47.39	200m:	2:59.60	43.55

2. CAMARA, Ines Cruz — 07 — CD Nacional — **3:10.30** — 390
Mínimos Camp. Nacional de Infantis, Loulé

50m:	43.77	43.77	100m:	1:31.87	48.10	150m:	2:21.57	49.70	200m:	3:10.30	48.73

3. FIGUEIRA, Madalena Leonor — 07 — Naval do Funchal — **3:24.72** — 313
Mínimos Camp. Nacional de Infantis, Loulé

50m:	45.69	45.69	100m:	1:38.15	52.46	150m:	2:33.05	54.90	200m:	3:24.72	51.67

4. FRANCA, Ines Matos — 07 — Salesianos de Funchal — **3:28.48** — 297

50m:	48.09	48.09	100m:	1:42.14	54.05	150m:	2:36.35	54.21	200m:	3:28.48	52.13

Infantil A, 13 anos

1. DIAS, Julia Alves — 06 — CD Nacional — **3:14.77** — 364
Mínimos Camp. Nacional de Infantis, Loulé

50m:	44.27	44.27	100m:	1:33.79	49.52	150m:	2:24.66	50.87	200m:	3:14.77	50.11

2. PEREIRA, Joana Marques — 06 — CD Nacional — **3:16.44** — 355
Mínimos Camp. Nacional de Infantis, Loulé

50m:	44.79	44.79	100m:	1:36.59	51.80	150m:	2:28.12	51.53	200m:	3:16.44	48.32

3. ABREU, Ana Rodrigues — 06 — Naval do Funchal — **3:19.75** — 337

50m:	44.74	44.74	100m:	1:35.05	50.31	150m:	2:27.28	52.23	200m:	3:19.75	52.47

Juvenil B, 14 anos

1. LUIS, Mariana Capelo — 05 — Salesianos de Funchal — **3:25.34** — 310

50m:	45.91	45.91	100m:	1:39.09	53.18	150m:	2:31.39	52.30	200m:	3:25.34	53.95

2. GOMES, Madalena Sousa — 05 — Naval do Funchal — **3:28.75** — 295

50m:	47.81	47.81	100m:	1:41.25	53.44	150m:	2:34.53	53.28	200m:	3:28.75	54.22

3. ABREU, Maria Eduarda — 05 — CD Nacional — **3:31.00** — 286

50m:	47.04	47.04	100m:	1:41.37	54.33	150m:	2:36.48	55.11	200m:	3:31.00	54.52

Juvenil A, 15 anos

1. JESUS, Mariana Caires — 04 — Salesianos de Funchal — **3:30.08** — 290

50m:	47.87	47.87	100m:	1:42.58	54.71	150m:	2:37.29	54.71	200m:	3:30.08	52.79

2. GOUVEIA, Susana Isabel — 04 — Salesianos de Funchal — **3:32.76** — 279

50m:	48.80	48.80	100m:	1:42.78	53.98	150m:	2:39.23	56.45	200m:	3:32.76	53.53

Prova 25, Femin., 200m Bruços

Absoluto, 14 anos e mais velhas

1.	FERNANDES, Ana Catarina			03	Naval do Funchal							**2:55.54**	497
	50m:	39.17	39.17	100m:	1:23.75	44.58	150m:	2:09.71	45.96	200m:	2:55.54	45.83	
2.	LUIS, Mariana Capelo			05	Salesianos de Funchal							**3:25.34**	310
	50m:	45.91	45.91	100m:	1:39.09	53.18	150m:	2:31.39	52.30	200m:	3:25.34	53.95	
3.	GOMES, Madalena Sousa			05	Naval do Funchal							**3:28.75**	295
	50m:	47.81	47.81	100m:	1:41.25	53.44	150m:	2:34.53	53.28	200m:	3:28.75	54.22	
4.	JESUS, Mariana Caires			04	Salesianos de Funchal							**3:30.08**	290
	50m:	47.87	47.87	100m:	1:42.58	54.71	150m:	2:37.29	54.71	200m:	3:30.08	52.79	
5.	ABREU, Maria Eduarda			05	CD Nacional							**3:31.00**	286
	50m:	47.04	47.04	100m:	1:41.37	54.33	150m:	2:36.48	55.11	200m:	3:31.00	54.52	
6.	GOUVEIA, Susana Isabel			04	Salesianos de Funchal							**3:32.76**	279
	50m:	48.80	48.80	100m:	1:42.78	53.98	150m:	2:39.23	56.45	200m:	3:32.76	53.53	

Prova 26 — Masc., 200m Bruços — Absoluto
06/07/2019 - 16:45 — Resultados

Recorde Regional Absoluto	2:23.72	SILVA, Tomas Antonio	CNF	Coimbra	07/04/2019
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011
Recorde Regional Jun18	2:23.72	SILVA, Tomas Antonio	CNF	Coimbra	07/04/2019
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017
Recorde Regional Juv B	2:30.28	ALVES, Paulo Rodrigues	CDN	Coimbra	07/04/2019
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 4:14.67; Inf A: 4:04.37; Juv B: 3:48.39; Juv A: 3:44.24; Jun: 3:36.01; Sen: 3:29.76 / TAC Nacional Inf B: 3:13.86; Inf A: 3:04.37; Juv B: 2:48.39; Juv A: 2:44.24; Jun: 2:36.01; Sen: 2:29.76

Pontos: FINA 2019

Lugar			Ano							Tempo final	Pts

Infantil B, 13 anos

1.	PAULOS, Joao Afonso			06	Naval do Funchal							**3:11.93**	287
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	44.25	44.25	100m:	1:32.87	48.62	150m:	2:23.13	50.26	200m:	3:11.93	48.80	
2.	MACHADO, Bernardo Magalhaes			06	CD Nacional							**3:12.54**	284
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	42.23	42.23	100m:	1:31.35	49.12	150m:	2:21.85	50.50	200m:	3:12.54	50.69	
3.	SETIM, Joao Oliveira			06	Naval do Funchal							**3:17.30**	264
	50m:	43.84	43.84	100m:	1:35.03	51.19	150m:	2:26.55	51.52	200m:	3:17.30	50.75	

Infantil A, 14 anos

1.	GOUVEIA, Luis Galvao			05	CD Nacional							**2:48.29**	426
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	38.32	38.32	100m:	1:21.27	42.95	150m:	2:04.85	43.58	200m:	2:48.29	43.44	
2.	SILVA, Tony Stefano			05	Naval do Funchal							**2:52.29**	397
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	38.04	38.04	100m:	1:22.73	44.69	150m:	2:08.13	45.40	200m:	2:52.29	44.16	
3.	RODRIGUES, Joao Luis			05	Naval do Funchal							**2:55.03**	379
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	39.43	39.43	100m:	1:24.84	45.41	150m:	2:09.78	44.94	200m:	2:55.03	45.25	

Prova 26, Masc., 200m Bruços, Infantil A, 14 anos

Lugar		Ano		Tempo final	Pts
4.	LEITAO, Andre Freitas	05	Naval do Funchal	**2:57.81**	361
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 40.66 40.66 100m: 1:25.85 45.19 150m: 2:12.38 46.53 200m: 2:57.81 45.43				
5.	ALVES, Andre Camara	05	CD Nacional	**3:01.26**	341
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 41.39 41.39 100m: 1:27.51 46.12 150m: 2:15.14 47.63 200m: 3:01.26 46.12				
6.	VOLOZHENIN, Alexandre	05	Naval do Funchal	**3:06.94**	311
	50m: 41.80 41.80 100m: 1:29.07 47.27 150m: 2:18.59 49.52 200m: 3:06.94 48.35				
7.	SOUSA, Lourenco Quintas	05	Naval do Funchal	**3:08.34**	304
	50m: 42.42 42.42 100m: 1:30.34 47.92 150m: 2:19.90 49.56 200m: 3:08.34 48.44				
8.	CORREIA, Rodrigo Ramos	05	CD Nacional	**3:31.65**	214
	50m: 47.19 47.19 100m: 1:42.36 55.17 150m: 2:39.08 56.72 200m: 3:31.65 52.57				

Juvenil B, 15 anos

1.	ALVES, Paulo Rodrigues	04	CD Nacional	**2:32.29**	575
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.47 34.47 100m: 1:13.88 39.41 150m: 1:53.28 39.40 200m: 2:32.29 39.01				
2.	FERNANDES, Martim Pestana	04	Naval do Funchal	**2:36.73**	527
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.68 34.68 100m: 1:15.06 40.38 150m: 1:55.87 40.81 200m: 2:36.73 40.86				
3.	AGUILAR, Luis Santos	04	CD Nacional	**3:04.54**	323
	50m: 41.49 41.49 100m: 1:29.19 47.70 150m: 2:16.91 47.72 200m: 3:04.54 47.63				
4.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**3:13.63**	279
	50m: 45.58 45.58 100m: 1:35.15 49.57 150m: 2:25.59 50.44 200m: 3:13.63 48.04				
DSQ	GOMES, Alexandre Monteiro	04	Salesianos de Funchal		
	722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6				

Juvenil A, 16 anos

1.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**2:41.34**	483
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 35.88 35.88 100m: 1:17.50 41.62 150m: 1:59.76 42.26 200m: 2:41.34 41.58				
2.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:53.02**	392
	50m: 38.25 38.25 100m: 1:21.85 43.60 150m: 2:06.96 45.11 200m: 2:53.02 46.06				
3.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**3:01.85**	337
	50m: 40.98 40.98 100m: 1:27.69 46.71 150m: 2:14.88 47.19 200m: 3:01.85 46.97				
4.	LUIS, Francisco Sousa	03	CD Nacional	**3:28.95**	222
	50m: 45.61 45.61 100m: 1:38.26 52.65 150m: 2:34.15 55.89 200m: 3:28.95 54.80				

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	**2:25.33**	662
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 32.85 32.85 100m: 1:10.15 37.30 150m: 1:47.68 37.53 200m: 2:25.33 37.65				
2.	ALVES, Paulo Rodrigues	04	CD Nacional	**2:32.29**	575
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.47 34.47 100m: 1:13.88 39.41 150m: 1:53.28 39.40 200m: 2:32.29 39.01				

Prova 26, Masc., 200m Bruços, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
3.	FERNANDES, Martim Pestana	04	Naval do Funchal	**2:36.73**	527
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.68 34.68 100m: 1:15.06 40.38 150m: 1:55.87 40.81 200m: 2:36.73 40.86				
4.	CASTRO, Martim Pereira	02	Escola O Liceu	**2:40.51**	491
	50m: 35.88 35.88 100m: 1:16.27 40.39 150m: 1:58.18 41.91 200m: 2:40.51 42.33				
5.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**2:41.30**	484
	50m: 37.61 37.61 100m: 1:18.36 40.75 150m: 2:00.12 41.76 200m: 2:41.30 41.18				
6.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**2:41.34**	483
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 35.88 35.88 100m: 1:17.50 41.62 150m: 1:59.76 42.26 200m: 2:41.34 41.58				
7.	MARCOS, Joao Freitas	01	Individual ANMAD	**2:42.70**	471
	50m: 36.36 36.36 100m: 1:18.27 41.91 150m: 1:59.94 41.67 200m: 2:42.70 42.76				
8.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**2:44.24**	458
	50m: 35.52 35.52 100m: 1:17.35 41.83 150m: 2:01.02 43.67 200m: 2:44.24 43.22				
9.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:53.02**	392
	50m: 38.25 38.25 100m: 1:21.85 43.60 150m: 2:06.96 45.11 200m: 2:53.02 46.06				
10.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**3:01.85**	337
	50m: 40.98 40.98 100m: 1:27.69 46.71 150m: 2:14.88 47.19 200m: 3:01.85 46.97				
11.	AGUILAR, Luis Santos	04	CD Nacional	**3:04.54**	323
	50m: 41.49 41.49 100m: 1:29.19 47.70 150m: 2:16.91 47.72 200m: 3:04.54 47.63				
12.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**3:13.63**	279
	50m: 45.58 45.58 100m: 1:35.15 49.57 150m: 2:25.59 50.44 200m: 3:13.63 48.04				
13.	LUIS, Francisco Sousa	03	CD Nacional	**3:28.95**	222
	50m: 45.61 45.61 100m: 1:38.26 52.65 150m: 2:34.15 55.89 200m: 3:28.95 54.80				
DSQ	GOMES, Alexandre Monteiro	04	Salesianos de Funchal		
	722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6				

Prova 27 — Femin., 50m Livres — Absolutos
06/07/2019 - 17:00 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
Recorde Regional Juv B	28.51	AGUILAR, Vera Ines	CDN	Coimbra	05/04/2014

TAC Regional Juv B: 48.76; Jun: 48.76; Sen: 48.19 / Juv A: 48.76 / TAC Nacional Juv B: 28.76; Juv A: 28.76; Jun: 28.76; Sen: 28.19

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**31.21**	436
2.	JARDIM, Teresa Vieira	05	Naval do Funchal	**32.48**	387
3.	DINIS, Maria Antonia	05	CD Nacional	**39.49**	215
Juvenil A, 15 anos					
1.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**31.60**	420
2.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**33.06**	367
3.	BATISTA, Rita Teixeira	04	CD Nacional	**41.04**	191

Prova 27, Femin., 50m Livres

Absoluto, 14 anos e mais velhas

1.	GOMES, Susana Clara	77	Naval do Funchal	**28.76**	557
2.	ROSA, Beatriz Jong	00	CD Nacional	**28.85**	552
3.	LUIS, Jessica Santos	00	CD Sao Roque	**31.15**	438
4.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**31.21**	436
5.	TELES, Anabela Corte	01	Individual ANMAD	**31.37**	429
6.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**31.60**	420
7.	JESUS, Filipa Mafalda	03	CD Sao Roque	**31.92**	407
8.	LECA, Natasha Maria	03	CD Nacional	**31.97**	405
9.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**32.35**	391
10.	JARDIM, Teresa Vieira	05	Naval do Funchal	**32.48**	387
11.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**32.78**	376
12.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**33.06**	367
13.	PIMENTA, Erica Silva	01	AD Machico	**34.60**	320
14.	PEREIRA, Luisa Tovela	03	CD Nacional	**35.37**	299
15.	FERNANDES, Francisca Oliveira	02	Escola O Liceu	**35.89**	286
16.	CRO, Isabel Matilde	00	Escola O Liceu	**37.26**	256
17.	FERREIRA, Fatima Maria	78	Escola O Liceu	**37.91**	243
18.	DINIS, Maria Antonia	05	CD Nacional	**39.49**	215
19.	ERRA, Juliana Franco	03	AD Machico	**40.04**	206
20.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**40.14**	205
21.	NOBREGA, Valeria Cardoso	02	CD Nacional	**40.29**	202
22.	BATISTA, Rita Teixeira	04	CD Nacional	**41.04**	191

Prova 28 — Masc., 50m Livres — Absolutos
06/07/2019 - 17:04 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Sen	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Jun18	24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
Recorde Regional Jun17	24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
Recorde Regional Juv A	25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
Recorde Regional Juv B	25.87	CASTRO, Joao Cruz	CDSR	Funchal	06/06/2015

TAC Regional Juv B: 45.23; Juv A: 45.23; Jun: 45.23; Sen: 44.92 / TAC Nacional Juv B: 25.23; Juv A: 25.23; Jun: 25.23; Sen: 24.92

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Juvenil B, 15 anos

1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**27.21**	453
2.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**27.34**	447
3.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**28.08**	412
4.	FERNANDES, Martim Pestana	04	Naval do Funchal	**28.38**	399
5.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**29.63**	351
6.	MACHADO, Tiago Magalhaes	04	CD Nacional	**30.00**	338
7.	URDANETA, Lisandro Alberto	04	CD Nacional	**32.49**	266
8.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**32.52**	265
9.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**35.91**	197
10.	SILVA, Rodrigo Miranda	04	CD Nacional	**42.21**	121

Juvenil A, 16 anos

1.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**27.71**	429
2.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**30.25**	330
3.	ABREU, Nuno Afonso	03	Naval do Funchal	**30.37**	326
4.	LUIS, Francisco Sousa	03	CD Nacional	**31.25**	299
5.	KOVAL, Igor	03	CD Nacional	**32.26**	272

Prova 28, Masc., 50m Livres, Juvenil A, 16 anos

Lugar		Ano		Tempo final	Pts
6.	PARODI, Luis Alexandre	03	Escola O Liceu	**35.10**	211

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Joao Vitor	00	Escola O Liceu	**25.39**	558
2.	SOUSA, Tiago Ferreira	91	CD Nacional	**25.47**	553
3.	MOURA, Vitor Diogo	90	CD Nacional	**25.85**	529
4.	QUINTAL, Nuno Alexandre	99	CD Nacional	**26.09**	514
5.	FERREIRA, Miguel Goncalves	93	CD Nacional	**26.63**	484
6.	DEUS, Andre Portugal	02	Naval do Funchal	**26.70**	480
7.	SILVA, Luis Pedro	98	CD Nacional	**26.86**	471
8.	CAMACHO, Afonso Caires	04	Naval do Funchal	**27.21**	453
9.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**27.34**	447
10.	JORGE, Andre Camara	90	Escola O Liceu	**27.49**	440
11.	FERREIRA, Rodrigo Nobrega	01	AD Machico	**27.65**	432
12.	MATOS, Rodrigo Vieira	03	Individual ANMAD	**27.71**	429
13.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**28.08**	412
14.	NUNES, Goncalo Almada	01	Salesianos de Funchal	**28.13**	410
15.	FERNANDES, Martim Pestana	04	Naval do Funchal	**28.38**	399
16.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**29.63**	351
17.	MACHADO, Tiago Magalhaes	04	CD Nacional	**30.00**	338
18.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**30.25**	330
19.	EULALIO, Hugo Yves	85	Escola O Liceu	**30.33**	327
20.	ABREU, Nuno Afonso	03	Naval do Funchal	**30.37**	326
21.	LUIS, Francisco Sousa	03	CD Nacional	**31.25**	299
22.	KOVAL, Igor	03	CD Nacional	**32.26**	272
23.	URDANETA, Lisandro Alberto	04	CD Nacional	**32.49**	266
24.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**32.52**	265
25.	SILVA, Duarte Paulo	72	Escola O Liceu	**33.38**	245
26.	PERESTRELO, Pedro Antonio	96	AD Machico	**34.70**	218
27.	PARODI, Luis Alexandre	03	Escola O Liceu	**35.10**	211
28.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**35.91**	197
29.	SILVA, Rodrigo Miranda	04	CD Nacional	**42.21**	121

Prova 29 — Femin., 100m Costas — Absoluto
06/07/2019 - 17:09 — Resultados

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015
Recorde Regional Juv B	1:11.35	NUNES, Jeanette Vilarejo	CNF	Olivais	30/01/1994
Recorde Regional Inf A	1:13.06	COSTA, Maria Jardim	CDN	Funchal	15/06/2019
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC Regional Inf B: 2:05.68; Inf A: 2:00.07; Juv B: 1:53.94; Jun: 1:50.89; Sen: 1:49.09 / Juv A: 1:53.34 /
TAC Nacional Inf B: 1:25.68; Inf A: 1:20.07; Juv B: 1:13.94; Juv A: 1:13.34; Jun: 1:10.89; Sen: 1:09.09

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	RODRIGUES, Laura Sofia	07	Salesianos de Funchal	**1:21.94**	354
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 39.83 39.83 100m: 1:21.94 42.11				

Prova 29, Femin., 100m Costas, Infantil B, 12 anos

Lugar		Ano		Tempo final	Pts
2.	GONCALVES, Valentina Jose	07	CD Nacional	**1:23.99**	329
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 40.81 40.81 100m: 1:23.99 43.18				
3.	FRANCA, Ines Matos	07	Salesianos de Funchal	**1:29.48**	272
	50m: 43.51 43.51 100m: 1:29.48 45.97				
4.	TEMTEM, Sara Maria	07	CD Nacional	**1:30.54**	262
	50m: 44.33 44.33 100m: 1:30.54 46.21				
5.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:31.46**	255
	50m: 44.64 44.64 100m: 1:31.46 46.82				
6.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	**1:34.02**	234
	50m: 47.37 47.37 100m: 1:34.02 46.65				
7.	GOUVEIA, Ines Mendes	07	Salesianos de Funchal	**1:46.36**	162
	50m: 53.37 53.37 100m: 1:46.36 52.99				

Infantil A, 13 anos

1.	JARDIM, Lara Filipa	06	Naval do Funchal	**1:19.33**	390
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 37.69 37.69 100m: 1:19.33 41.64				
2.	CARICHAS, Joana Medeiros	06	Salesianos de Funchal	**1:20.16**	378
	50m: 39.69 39.69 100m: 1:20.16 40.47				
3.	CANADA, Maria Elvira	06	CD Nacional	**1:21.19**	364
	50m: 39.84 39.84 100m: 1:21.19 41.35				
4.	DIAS, Julia Alves	06	CD Nacional	**1:22.34**	349
	50m: 40.60 40.60 100m: 1:22.34 41.74				
5.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	**1:23.02**	340
6.	FARIA, Laura Pereira	06	Salesianos de Funchal	**1:25.71**	309
	50m: 42.42 42.42 100m: 1:25.71 43.29				
7.	ABREU, Ana Rodrigues	06	Naval do Funchal	**1:26.16**	305
	50m: 41.99 41.99 100m: 1:26.16 44.17				
8.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	**1:33.10**	241
	50m: 43.26 43.26 100m: 1:33.10 49.84				
9.	BAPTISTA, Constança Ornelas	06	Naval do Funchal	**1:35.66**	222
	50m: 47.45 47.45 100m: 1:35.66 48.21				

Juvenil B, 14 anos

1.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:16.31**	439
	50m: 36.43 36.43 100m: 1:16.31 39.88				
2.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:17.24**	423
	50m: 37.36 37.36 100m: 1:17.24 39.88				
3.	ABREU, Maria Eduarda	05	CD Nacional	**1:30.54**	262
	50m: 44.93 44.93 100m: 1:30.54 45.61				
4.	DINIS, Maria Antonia	05	CD Nacional	**1:44.98**	168
	50m: 50.72 50.72 100m: 1:44.98 54.26				
DSQ	FERNANDES, Maria Madalena	05	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				
DSQ	LUIS, Mariana Capelo	05	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				

Prova 29, Femin., 100m Costas

Juvenil A, 15 anos

1.	FERREIRA, Maria Leonor	04	CD Nacional	**1:11.92**	524
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.99 34.99 100m: 1:11.92 36.93				
2.	SOUSA, Joana Francisca	04	CD Sao Roque	**1:13.02**	501
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 35.32 35.32 100m: 1:13.02 37.70				
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:14.25**	476
	50m: 35.55 35.55 100m: 1:14.25 38.70				
4.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:17.70**	415

Absoluto, 14 anos e mais velhas

1.	FERREIRA, Maria Leonor	04	CD Nacional	**1:11.92**	524
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 34.99 34.99 100m: 1:11.92 36.93				
2.	SOUSA, Joana Francisca	04	CD Sao Roque	**1:13.02**	501
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 35.32 35.32 100m: 1:13.02 37.70				
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:14.25**	476
	50m: 35.55 35.55 100m: 1:14.25 38.70				
4.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:16.31**	439
	50m: 36.43 36.43 100m: 1:16.31 39.88				
5.	SA, Marta Romao	03	Naval do Funchal	**1:16.96**	428
	50m: 36.65 36.65 100m: 1:16.96 40.31				
6.	LUIS, Jessica Santos	00	CD Sao Roque	**1:17.22**	423
	50m: 37.10 37.10 100m: 1:17.22 40.12				
7.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:17.24**	423
	50m: 37.36 37.36 100m: 1:17.24 39.88				
8.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:17.70**	415
9.	FREITAS, Viviana Maria	03	AD Machico	**1:28.00**	286
	50m: 43.93 43.93 100m: 1:28.00 44.07				
10.	ABREU, Maria Eduarda	05	CD Nacional	**1:30.54**	262
	50m: 44.93 44.93 100m: 1:30.54 45.61				
11.	DINIS, Maria Antonia	05	CD Nacional	**1:44.98**	168
	50m: 50.72 50.72 100m: 1:44.98 54.26				
DSQ	FERNANDES, Maria Madalena	05	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				
DSQ	LUIS, Mariana Capelo	05	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				

Prova 30 | Masc., 100m Costas | Absoluto
06/07/2019 - 17:19 | Resultados

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012
Recorde Regional Juv B	1:02.38	FERNANDES, Rui Afonso	CDN	Oeiras	28/07/2018
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:10.58	CAMACHO, Afonso Caires	CNF	Funchal	18/03/2017

TAC Regional Inf B: 1:58.54; Inf A: 1:54.15; Juv B: 1:46.92; Juv A: 1:45.57; Jun: 1:42.81; Sen: 1:40.89 / TAC Nacional Inf B: 1:18.54; Inf A: 1:14.15; Juv B: 1:06.92; Juv A: 1:05.57; Jun: 1:02.81; Sen: 1:00.89

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 13 anos

1. MACHADO, Bernardo Magalhaes — 06 — CD Nacional — **1:18.35** — 289
   Mínimos Camp. Nacional de Infantis, Loulé
   50m: 37.71 37.71 100m: 1:18.35 40.64
2. ALVES, Pedro Miguel — 06 — CD Nacional — **1:19.97** — 272
   50m: 39.27 39.27 100m: 1:19.97 40.70
3. GONCALVES, Martim Luis — 06 — CD Nacional — **1:20.97** — 262
   50m: 39.70 39.70 100m: 1:20.97 41.27
4. SETIM, Joao Oliveira — 06 — Naval do Funchal — **1:25.11** — 226
   50m: 41.49 41.49 100m: 1:25.11 43.62
5. FERRAZ, Luis Afonso — 06 — Naval do Funchal — **1:25.87** — 220
   50m: 42.46 42.46 100m: 1:25.87 43.41
6. GARANITO, Simao Silva — 06 — Naval do Funchal — **1:26.04** — 218
   50m: 41.67 41.67 100m: 1:26.04 44.37
7. SILVA, Joao Luis — 06 — Escola O Liceu — **1:28.21** — 203
   50m: 43.05 43.05 100m: 1:28.21 45.16
8. TEMES, Joao Caires — 06 — Salesianos de Funchal — **1:28.85** — 198
   50m: 43.55 43.55 100m: 1:28.85 45.30
9. CASTRO, Mateus Pereira — 06 — Escola O Liceu — **1:37.82** — 148
   50m: 47.02 47.02 100m: 1:37.82 50.80
10. NACHYCHKO, Maximo — 06 — Naval do Funchal — **1:39.73** — 140
    50m: 47.88 47.88 100m: 1:39.73 51.85

Infantil A, 14 anos

1. DIAS, Andre Vicente — 05 — CD Nacional — **1:09.19** — 420
   Mínimos Camp. Nacional de Infantis, Loulé
   50m: 34.00 34.00 100m: 1:09.19 35.19
2. SOUSA, Lourenco Quintas — 05 — Naval do Funchal — **1:19.91** — 273
   50m: 38.12 38.12 100m: 1:19.91 41.79
3. LEITAO, Andre Freitas — 05 — Naval do Funchal — **1:21.81** — 254
   50m: 39.00 39.00 100m: 1:21.81 42.81
4. FREITAS, Diogo Jesus — 05 — CD Nacional — **1:29.25** — 196
   50m: 43.98 43.98 100m: 1:29.25 45.27
5. ALVES, Luis Fernandez — 05 — CD Nacional — **1:35.59** — 159
6. MENDES, Juan Diego — 05 — CD Nacional — **1:43.30** — 126
7. NUNES, Andre Maltez — 05 — CD Nacional — **1:49.24** — 106
   50m: 53.43 53.43 100m: 1:49.24 55.81

Prova 30, Masc., 100m Costas

Juvenil B, 15 anos

1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**1:11.09**	387
	50m: 33.33 33.33 100m: 1:11.09 37.76				
2.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**1:11.47**	381
	50m: 34.32 34.32 100m: 1:11.47 37.15				
3.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**1:13.04**	357
	50m: 35.43 35.43 100m: 1:13.04 37.61				
4.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:18.35**	289
	50m: 38.21 38.21 100m: 1:18.35 40.14				
5.	AGUILAR, Luis Santos	04	CD Nacional	**1:23.46**	239
	50m: 39.34 39.34 100m: 1:23.46 44.12				
DSQ	LEAL, Diogo Silva	04	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				

Juvenil A, 16 anos

1.	FERNANDES, Rui Afonso	03	CD Nacional	**1:03.59**	542
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 30.65 30.65 100m: 1:03.59 32.94				
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**1:04.84**	511
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 31.09 31.09 100m: 1:04.84 33.75				
3.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:13.72**	347
	50m: 35.35 35.35 100m: 1:13.72 38.37				
4.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:28.61**	200
	50m: 43.29 43.29 100m: 1:28.61 45.32				

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Rui Afonso	03	CD Nacional	**1:03.59**	542
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 30.65 30.65 100m: 1:03.59 32.94				
2.	SILVA, Joao Jesus	02	Salesianos de Funchal	**1:03.78**	537
	50m: 30.41 30.41 100m: 1:03.78 33.37				
3.	GOMES, Goncalo Camara	03	Naval do Funchal	**1:04.84**	511
	Mínimos Camp. Nacional de JUV e ABS, Funchal				
	50m: 31.09 31.09 100m: 1:04.84 33.75				
4.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:07.20**	459
	50m: 32.34 32.34 100m: 1:07.20 34.86				
5.	FREITAS, Joao Tomas	02	Salesianos de Funchal	**1:09.20**	420
	50m: 33.06 33.06 100m: 1:09.20 36.14				
6.	CAMACHO, Afonso Caires	04	Naval do Funchal	**1:11.09**	387
	50m: 33.33 33.33 100m: 1:11.09 37.76				
7.	NUNES, Afonso Miguel	04	Salesianos de Funchal	**1:11.47**	381
	50m: 34.32 34.32 100m: 1:11.47 37.15				
8.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**1:11.67**	378
	50m: 34.11 34.11 100m: 1:11.67 37.56				
9.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**1:13.04**	357
	50m: 35.43 35.43 100m: 1:13.04 37.61				

Prova 30, Masc., 100m Costas, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
10.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:13.72**	347
	50m: 35.35 35.35 100m: 1:13.72 38.37				
11.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:18.35**	289
	50m: 38.21 38.21 100m: 1:18.35 40.14				
12.	AGUILAR, Luis Santos	04	CD Nacional	**1:23.46**	239
	50m: 39.34 39.34 100m: 1:23.46 44.12				
13.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:28.61**	200
	50m: 43.29 43.29 100m: 1:28.61 45.32				
DSQ	LEAL, Diogo Silva	04	Salesianos de Funchal		
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3				

Prova 31 — Femin., 800m Livres — Absoluto
06/07/2019 - 17:30 — Resultados

Recorde Regional Absoluto	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Sen	9:30.57	ANDRADE, Rubina Amaro	CDN	Lisboa	03/08/1997
Recorde Regional Jun17	9:23.70	ANDRADE, Rubina Amaro	CDN	Famalicao	04/08/1996
Recorde Regional Jun16	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Juv A	9:26.04	ANDRADE, Rubina Amaro	CDN	Nicosia (CYP)	23/04/1994
Recorde Regional Juv B	9:27.06	ANDRADE, Rubina Amaro	CDN	Chiasso (SUI)	11/06/1993
Recorde Regional Inf A	9:48.78	ANDRADE, Rubina Amaro	CDN	Aveiro	08/08/1992
Recorde Regional Inf B	10:17.67	ANDRADE, Rubina Amaro	CDN	Braga	27/07/1991

TAC Regional Inf B: 13:29.92; Inf A: 12:37.90; Juv B: 11:59.83; Jun: 11:31.26; Sen: 11:11.77 / Juv A: 11:47.20 /
TAC Nacional Inf B: 10:54.94; Inf A: 10:24.93; Juv B: 10:19.83; Juv A: 10:07.20; Jun: 9:51.26; Sen: 9:31.77

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1.	NETO, Leonor Rodrigues	07	Naval do Funchal	**11:34.97**	339

50m:	38.78	38.78	250m:	3:33.40	44.26	450m:	6:29.71	44.25	650m:	9:25.58	43.78
100m:	1:22.09	43.31	300m:	4:17.04	43.64	500m:	7:13.57	43.86	700m:	10:09.06	43.48
150m:	2:05.96	43.87	350m:	5:01.43	44.39	550m:	7:58.07	44.50	750m:	10:52.41	43.35
200m:	2:49.14	43.18	400m:	5:45.46	44.03	600m:	8:41.80	43.73	800m:	11:34.97	42.56

Infantil A, 13 anos

1.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	**10:28.54**	458

50m:	36.09	36.09	250m:	3:15.22	40.01	450m:	5:53.77	39.56	650m:	8:32.35	39.31
100m:	1:15.79	39.70	300m:	3:55.17	39.95	500m:	6:33.73	39.96	700m:	9:12.02	39.67
150m:	1:55.15	39.36	350m:	4:34.45	39.28	550m:	7:13.50	39.77	750m:	9:50.77	38.75
200m:	2:35.21	40.06	400m:	5:14.21	39.76	600m:	7:53.04	39.54	800m:	10:28.54	37.77

2.	SILVA, Silvana Suamade	06	CD Sao Roque	**10:32.60**	450

50m:	36.05	36.05	250m:	3:13.94	39.56	450m:	5:53.50	39.56	650m:	8:33.82	39.63
100m:	1:15.23	39.18	300m:	3:54.29	40.35	500m:	6:34.08	40.58	700m:	9:14.63	40.81
150m:	1:54.57	39.34	350m:	4:33.49	39.20	550m:	7:13.58	39.50	750m:	9:53.43	38.80
200m:	2:34.38	39.81	400m:	5:13.94	40.45	600m:	7:54.19	40.61	800m:	10:32.60	39.17

3.	DEUS, Ines Portugal	06	Naval do Funchal	**10:39.37**	435

50m:	36.41	36.41	250m:	3:20.20	41.28	450m:	6:04.04	40.97	650m:	8:44.69	39.38
100m:	1:16.98	40.57	300m:	4:01.11	40.91	500m:	6:43.85	39.81	700m:	9:23.70	39.01
150m:	1:57.96	40.98	350m:	4:42.20	41.09	550m:	7:24.86	41.01	750m:	10:01.96	38.26
200m:	2:38.92	40.96	400m:	5:23.07	40.87	600m:	8:05.31	40.45	800m:	10:39.37	37.41

4.	FREITAS, Margarida Ramos	06	CD Nacional	**10:44.49**	425

50m:	35.49	35.49	250m:	3:18.58	41.55	450m:	6:02.99	41.41	650m:	8:45.61	40.30
100m:	1:14.78	39.29	300m:	3:59.88	41.30	500m:	6:44.22	41.23	700m:	9:25.72	40.11
150m:	1:55.98	41.20	350m:	4:41.25	41.37	550m:	7:24.93	40.71	750m:	10:06.05	40.33
200m:	2:37.03	41.05	400m:	5:21.58	40.33	600m:	8:05.31	40.38	800m:	10:44.49	38.44

Prova 31, Femin., 800m Livres, Infantil A, 13 anos

Lugar		Ano		Tempo final	Pts
5.	FERRO, Maria Leonor	06	Naval do Funchal	**11:01.30**	393

50m:	36.97	36.97	250m:	3:24.26	42.44	450m:	6:12.63	40.94	650m:	8:59.10	40.95
100m:	1:18.59	41.62	300m:	4:07.09	42.83	500m:	6:54.71	42.08	700m:	9:40.43	41.33
150m:	1:59.78	41.19	350m:	4:49.78	42.69	550m:	7:35.85	41.14	750m:	10:21.44	41.01
200m:	2:41.82	42.04	400m:	5:31.69	41.91	600m:	8:18.15	42.30	800m:	11:01.30	39.86

6.	TEMBE, Ines Afonso	06	CD Nacional	**12:34.79**	264

50m:	40.50	40.50	250m:	3:46.50	47.93	450m:	6:59.64	47.84	650m:	10:14.40	48.72
100m:	1:25.49	44.99	300m:	4:34.86	48.36	500m:	7:48.30	48.66	700m:	11:02.31	47.91
150m:	2:11.99	46.50	350m:	5:23.38	48.52	550m:	8:37.14	48.84	750m:	11:50.49	48.18
200m:	2:58.57	46.58	400m:	6:11.80	48.42	600m:	9:25.68	48.54	800m:	12:34.79	44.30

Juvenil A, 15 anos

1.	JESUS, Mariana Caires	04	Salesianos de Funchal	**11:41.05**	330

50m:	38.50	38.50	250m:	3:35.42	44.58	450m:	6:35.00	44.74	650m:	9:34.19	44.60
100m:	1:21.96	43.46	300m:	4:20.18	44.76	500m:	7:19.50	44.50	700m:	10:18.90	44.71
150m:	2:06.71	44.75	350m:	5:05.11	44.93	550m:	8:05.04	45.54	750m:	11:02.04	43.14
200m:	2:50.84	44.13	400m:	5:50.26	45.15	600m:	8:49.59	44.55	800m:	11:41.05	39.01

2.	SOARES, Ines Silva	04	CD Nacional	**12:22.41**	278
	Fora do Tempo Limite (FTL's)				

50m:	40.51	40.51	250m:	3:45.53	46.97	450m:	6:54.26	47.39	650m:	10:04.26	47.31
100m:	1:25.33	44.82	300m:	4:32.49	46.96	500m:	7:41.84	47.58	700m:	10:51.16	46.90
150m:	2:11.83	46.50	350m:	5:19.78	47.29	550m:	8:29.16	47.32	750m:	11:38.01	46.85
200m:	2:58.56	46.73	400m:	6:06.87	47.09	600m:	9:16.95	47.79	800m:	12:22.41	44.40

Absoluto, 14 anos e mais velhas

1.	TELES, Anabela Corte	01	Individual ANMAD	**10:44.89**	424

50m:	36.19	36.19	250m:	3:19.77	41.29	450m:	6:04.22	41.31	650m:	8:46.72	40.75
100m:	1:16.69	40.50	300m:	4:00.61	40.84	500m:	6:44.55	40.33	700m:	9:26.82	40.10
150m:	1:57.65	40.96	350m:	4:42.00	41.39	550m:	7:25.87	41.32	750m:	10:06.89	40.07
200m:	2:38.48	40.83	400m:	5:22.91	40.91	600m:	8:05.97	40.10	800m:	10:44.89	38.00

2.	JESUS, Filipa Mafalda	03	CD Sao Roque	**11:02.35**	392

50m:	36.16	36.16	250m:	3:23.91	42.41	450m:	6:12.29	42.00	650m:	8:59.76	41.46
100m:	1:17.31	41.15	300m:	4:06.22	42.31	500m:	6:54.10	41.81	700m:	9:41.65	41.89
150m:	1:59.19	41.88	350m:	4:48.40	42.18	550m:	7:36.09	41.99	750m:	10:22.54	40.89
200m:	2:41.50	42.31	400m:	5:30.29	41.89	600m:	8:18.30	42.21	800m:	11:02.35	39.81

3.	JESUS, Mariana Caires	04	Salesianos de Funchal	**11:41.05**	330

50m:	38.50	38.50	250m:	3:35.42	44.58	450m:	6:35.00	44.74	650m:	9:34.19	44.60
100m:	1:21.96	43.46	300m:	4:20.18	44.76	500m:	7:19.50	44.50	700m:	10:18.90	44.71
150m:	2:06.71	44.75	350m:	5:05.11	44.93	550m:	8:05.04	45.54	750m:	11:02.04	43.14
200m:	2:50.84	44.13	400m:	5:50.26	45.15	600m:	8:49.59	44.55	800m:	11:41.05	39.01

4.	PEREIRA, Luisa Tovela	03	CD Nacional	**11:42.65**	328
	Fora do Tempo Limite (FTL's)				

50m:	38.38	38.38	250m:	3:35.44	45.15	450m:	6:34.55	44.36	650m:	9:34.73	44.96
100m:	1:21.94	43.56	300m:	4:20.09	44.65	500m:	7:19.66	45.11	700m:	10:19.41	44.68
150m:	2:06.67	44.73	350m:	5:05.40	45.31	550m:	8:05.36	45.70	750m:	11:02.98	43.57
200m:	2:50.29	43.62	400m:	5:50.19	44.79	600m:	8:49.77	44.41	800m:	11:42.65	39.67

5.	LECA, Natasha Maria	03	CD Nacional	**12:04.58**	299
	Fora do Tempo Limite (FTL's)				

50m:	39.15	39.15	250m:	3:38.20	45.30	450m:	6:42.64	46.29	650m:	9:49.40	46.22
100m:	1:22.97	43.82	300m:	4:23.63	45.43	500m:	7:28.93	46.29	700m:	10:35.56	46.16
150m:	2:07.65	44.68	350m:	5:09.63	46.00	550m:	8:16.55	47.62	750m:	11:21.11	45.55
200m:	2:52.90	45.25	400m:	5:56.35	46.72	600m:	9:03.18	46.63	800m:	12:04.58	43.47

Prova 31, Femin., 800m Livres, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts
6.	SOARES, Ines Silva	04	CD Nacional	**12:22.41**	278
	Fora do Tempo Limite (FTL's)				

50m:	40.51	40.51	250m:	3:45.53	46.97	450m:	6:54.26	47.39	650m:	10:04.26	47.31
100m:	1:25.33	44.82	300m:	4:32.49	46.96	500m:	7:41.84	47.58	700m:	10:51.16	46.90
150m:	2:11.83	46.50	350m:	5:19.78	47.29	550m:	8:29.16	47.32	750m:	11:38.01	46.85
200m:	2:58.56	46.73	400m:	6:06.87	47.09	600m:	9:16.95	47.79	800m:	12:22.41	44.40

Prova 32 — Masc., 1500m Livres — Absoluto
06/07/2019 - 17:55 — Resultados

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC Regional Inf B: 22:32.16; Inf A: 21:45.24; Juv B: 20:14.02; Juv A: 19:59.71; Jun: 19:22.98; Sen: 18:51.20 /
TAC Nacional Inf B: 19:37.31; Inf A: 18:41.31; Juv B: 18:14.02; Juv A: 17:59.71; Jun: 17:22.98; Sen: 16:51.20

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 13 anos

1.	PAULOS, Joao Afonso	06	Naval do Funchal	**20:07.10**	375

50m:	34.04	34.04	450m:	5:56.33	40.50	850m:	11:20.50	40.37	1250m:	16:46.00	40.73
100m:	1:12.93	38.89	500m:	6:37.15	40.82	900m:	12:01.39	40.89	1300m:	17:27.30	41.30
150m:	1:53.08	40.15	550m:	7:17.67	40.52	950m:	12:41.68	40.29	1350m:	18:08.05	40.75
200m:	2:33.25	40.17	600m:	7:58.10	40.43	1000m:	13:22.42	40.74	1400m:	18:48.52	40.47
250m:	3:13.83	40.58	650m:	8:38.49	40.39	1050m:	14:02.79	40.37	1450m:	19:28.42	39.90
300m:	3:54.55	40.72	700m:	9:18.95	40.46	1100m:	14:43.85	41.06	1500m:	20:07.10	38.68
350m:	4:35.15	40.60	750m:	9:59.35	40.40	1150m:	15:24.66	40.81			
400m:	5:15.83	40.68	800m:	10:40.13	40.78	1200m:	16:05.27	40.61			

2.	PITA, Pedro Miguel	06	Naval do Funchal	**20:17.01**	366

50m:	34.71	34.71	450m:	6:01.82	40.80	850m:	11:28.74	40.81	1250m:	16:55.44	40.77
100m:	1:15.02	40.31	500m:	6:42.51	40.69	900m:	12:09.39	40.65	1300m:	17:36.84	41.40
150m:	1:55.62	40.60	550m:	7:23.78	41.27	950m:	12:50.19	40.80	1350m:	18:17.45	40.61
200m:	2:36.91	41.29	600m:	8:04.70	40.92	1000m:	13:30.96	40.77	1400m:	18:58.03	40.58
250m:	3:18.06	41.15	650m:	8:45.64	40.94	1050m:	14:11.63	40.67	1450m:	19:38.06	40.03
300m:	3:59.00	40.94	700m:	9:26.52	40.88	1100m:	14:52.70	41.07	1500m:	20:17.01	38.95
350m:	4:40.14	41.14	750m:	10:07.35	40.83	1150m:	15:33.54	40.84			
400m:	5:21.02	40.88	800m:	10:47.93	40.58	1200m:	16:14.67	41.13			

3.	ABREU, Joao Francisco	06	Naval do Funchal	**20:19.02**	364

50m:	37.03	37.03	450m:	6:01.64	40.90	850m:	11:29.76	40.94	1250m:	16:57.37	40.67
100m:	1:17.03	40.00	500m:	6:42.60	40.96	900m:	12:10.43	40.67	1300m:	17:38.46	41.09
150m:	1:57.83	40.80	550m:	7:23.53	40.93	950m:	12:51.13	40.70	1350m:	18:19.40	40.94
200m:	2:38.49	40.66	600m:	8:04.97	41.44	1000m:	13:32.32	41.19	1400m:	19:00.55	41.15
250m:	3:19.27	40.78	650m:	8:46.32	41.35	1050m:	14:13.42	41.10	1450m:	19:40.05	39.50
300m:	3:59.63	40.36	700m:	9:26.95	40.63	1100m:	14:54.15	40.73	1500m:	20:19.02	38.97
350m:	4:40.71	41.08	750m:	10:08.50	41.55	1150m:	15:35.20	41.05			
400m:	5:20.74	40.03	800m:	10:48.82	40.32	1200m:	16:16.70	41.50			

Infantil A, 14 anos

Prova 32, Masc., 1500m Livres, Infantil A, 14 anos

Lugar		Ano		Tempo final	Pts
1.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	**18:44.66**	464

50m:	32.33	32.33	450m:	5:28.55	37.59	850m:	10:32.19	38.13	1250m:	15:37.30	37.70
100m:	1:07.61	35.28	500m:	6:05.83	37.28	900m:	11:11.02	38.83	1300m:	16:15.28	37.98
150m:	1:44.47	36.86	550m:	6:43.70	37.87	950m:	11:49.00	37.98	1350m:	16:53.21	37.93
200m:	2:21.25	36.78	600m:	7:21.76	38.06	1000m:	12:27.56	38.56	1400m:	17:31.06	37.85
250m:	2:58.56	37.31	650m:	7:59.58	37.82	1050m:	13:05.83	38.27	1450m:	18:08.57	37.51
300m:	3:36.00	37.44	700m:	8:37.82	38.24	1100m:	13:44.23	38.40	1500m:	18:44.66	36.09
350m:	4:13.54	37.54	750m:	9:16.01	38.19	1150m:	14:21.89	37.66			
400m:	4:50.96	37.42	800m:	9:54.06	38.05	1200m:	14:59.60	37.71			

Juvenil B, 15 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**18:27.94**	485						
50m:	32.24	32.24	450m:	5:27.35	36.61	850m:	10:24.22	37.08	1250m:	15:24.75	37.10
100m:	1:08.33	36.09	500m:	6:04.26	36.91	900m:	11:02.08	37.86	1300m:	16:02.38	37.63
150m:	1:44.97	36.64	550m:	6:40.72	36.46	950m:	11:39.15	37.07	1350m:	16:39.35	36.97
200m:	2:22.08	37.11	600m:	7:17.78	37.06	1000m:	12:17.37	38.22	1400m:	17:16.80	37.45
250m:	2:58.92	36.84	650m:	7:54.80	37.02	1050m:	12:54.98	37.61	1450m:	17:52.81	36.01
300m:	3:36.35	37.43	700m:	8:32.29	37.49	1100m:	13:32.78	37.80	1500m:	18:27.94	35.13
350m:	4:13.37	37.02	750m:	9:09.07	36.78	1150m:	14:10.03	37.25			
400m:	4:50.74	37.37	800m:	9:47.14	38.07	1200m:	14:47.65	37.62			
2.	TELES, Artur Corte	04	Individual ANMAD	**18:48.75**	459						
50m:	32.82	32.82	450m:	5:28.44	37.44	850m:	10:34.49	38.78	1250m:	15:41.08	38.29
100m:	1:08.78	35.96	500m:	6:06.13	37.69	900m:	11:13.32	38.83	1300m:	16:19.19	38.11
150m:	1:45.34	36.56	550m:	6:44.25	38.12	950m:	11:51.49	38.17	1350m:	16:57.18	37.99
200m:	2:21.77	36.43	600m:	7:22.52	38.27	1000m:	12:29.62	38.13	1400m:	17:34.70	37.52
250m:	2:58.53	36.76	650m:	8:00.84	38.32	1050m:	13:07.78	38.16	1450m:	18:12.49	37.79
300m:	3:36.23	37.70	700m:	8:39.34	38.50	1100m:	13:46.32	38.54	1500m:	18:48.75	36.26
350m:	4:13.24	37.01	750m:	9:17.68	38.34	1150m:	14:24.76	38.44			
400m:	4:51.00	37.76	800m:	9:55.71	38.03	1200m:	15:02.79	38.03			

Absoluto, 15 anos e mais velhos

1.	DEUS, Andre Portugal	02	Naval do Funchal	**17:37.73**	558						
50m:	30.55	30.55	450m:	5:12.21	35.54	850m:	9:59.28	35.31	1250m:	14:44.74	35.83
100m:	1:04.24	33.69	500m:	5:48.43	36.22	900m:	10:35.25	35.97	1300m:	15:20.72	35.98
150m:	1:39.28	35.04	550m:	6:24.61	36.18	950m:	11:10.71	35.46	1350m:	15:55.51	34.79
200m:	2:14.58	35.30	600m:	7:00.77	36.16	1000m:	11:47.04	36.33	1400m:	16:30.60	35.09
250m:	2:49.93	35.35	650m:	7:36.25	35.48	1050m:	12:21.98	34.94	1450m:	17:04.03	33.43
300m:	3:25.20	35.27	700m:	8:12.43	36.18	1100m:	12:57.91	35.93	1500m:	17:37.73	33.70
350m:	4:00.83	35.63	750m:	8:47.80	35.37	1150m:	13:33.35	35.44			
400m:	4:36.67	35.84	800m:	9:23.97	36.17	1200m:	14:08.91	35.56			
2.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	**18:26.66**	487						
50m:	32.85	32.85	450m:	5:26.62	37.96	850m:	10:28.27	38.34	1250m:	15:26.27	37.92
100m:	1:07.99	35.14	500m:	6:04.22	37.60	900m:	11:05.50	37.23	1300m:	16:02.72	36.45
150m:	1:44.40	36.41	550m:	6:42.28	38.06	950m:	11:42.89	37.39	1350m:	16:40.44	37.72
200m:	2:20.45	36.05	600m:	7:19.01	36.73	1000m:	12:20.38	37.49	1400m:	17:17.03	36.59
250m:	2:57.47	37.02	650m:	7:56.94	37.93	1050m:	12:58.10	37.72	1450m:	17:54.09	37.06
300m:	3:34.14	36.67	700m:	8:34.42	37.48	1100m:	13:34.36	36.26	1500m:	18:26.66	32.57
350m:	4:11.85	37.71	750m:	9:12.52	38.10	1150m:	14:12.18	37.82			
400m:	4:48.66	36.81	800m:	9:49.93	37.41	1200m:	14:48.35	36.17			
3.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**18:27.94**	485						
50m:	32.24	32.24	450m:	5:27.35	36.61	850m:	10:24.22	37.08	1250m:	15:24.75	37.10
100m:	1:08.33	36.09	500m:	6:04.26	36.91	900m:	11:02.08	37.86	1300m:	16:02.38	37.63
150m:	1:44.97	36.64	550m:	6:40.72	36.46	950m:	11:39.15	37.07	1350m:	16:39.35	36.97
200m:	2:22.08	37.11	600m:	7:17.78	37.06	1000m:	12:17.37	38.22	1400m:	17:16.80	37.45
250m:	2:58.92	36.84	650m:	7:54.80	37.02	1050m:	12:54.98	37.61	1450m:	17:52.81	36.01
300m:	3:36.35	37.43	700m:	8:32.29	37.49	1100m:	13:32.78	37.80	1500m:	18:27.94	35.13
350m:	4:13.37	37.02	750m:	9:09.07	36.78	1150m:	14:10.03	37.25			
400m:	4:50.74	37.37	800m:	9:47.14	38.07	1200m:	14:47.65	37.62			

Prova 32, Masc., 1500m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
4.	TELES, Artur Corte	04	Individual ANMAD	**18:48.75**	459

50m:	32.82	32.82	450m:	5:28.44	37.44	850m:	10:34.49	38.78	1250m:	15:41.08	38.29
100m:	1:08.78	35.96	500m:	6:06.13	37.69	900m:	11:13.32	38.83	1300m:	16:19.19	38.11
150m:	1:45.34	36.56	550m:	6:44.25	38.12	950m:	11:51.49	38.17	1350m:	16:57.18	37.99
200m:	2:21.77	36.43	600m:	7:22.52	38.27	1000m:	12:29.62	38.13	1400m:	17:34.70	37.52
250m:	2:58.53	36.76	650m:	8:00.84	38.32	1050m:	13:07.78	38.16	1450m:	18:12.49	37.79
300m:	3:36.23	37.70	700m:	8:39.34	38.50	1100m:	13:46.32	38.54	1500m:	18:48.75	36.26
350m:	4:13.24	37.01	750m:	9:17.68	38.34	1150m:	14:24.76	38.44			
400m:	4:51.00	37.76	800m:	9:55.71	38.03	1200m:	15:02.79	38.03			

Prova 33 — Femin., 4 x 100m Estilos — Absoluto
06/07/2019 - 18:26 — Resultados

Recorde Regional	4:35.97	Clube Desportivo Nacional	CDN	Coimbra	26/07/2015

TAC Nacional Estafetas Juv: 4:55.32; Jun: 4:46.89; Sen: 4:41.26

Pontos: FINA 2019

Lugar								Tempo final	Pts
Infantis, 12 e 13 anos									
1.	Salesianos de Funchal 2				Salesianos de Funchal			**5:30.86**	342
	CARICHAS, Joana Medeiros	+0,76	39.97	1:20.93	FARIA, Laura Pereira	+0,44	40.19	1:27.83	
	RODRIGUES, Laura Sofia	+0,53	39.37	1:24.82	FRANCA, Ines Matos	+0,42	36.81	1:17.28	
2.	CD Nacional 8				CD Nacional			**5:41.40**	311
	TEMTEM, Sara Maria		45.60	1:32.50	CAMARA, Ines Cruz	+0,58	35.49	1:19.87	
	MATEUS, Clarisse Vieira	+0,46	45.65	1:35.78	GONCALVES, Valentina Jose	+0,58	35.31	1:13.25	
3.	Naval do Funchal 16				Naval do Funchal			**5:42.52**	308
	FERRO, Maria Leonor	+0,86	43.11	1:27.53	BAPTISTA, Constança Ornelas	+0,47	41.34	1:35.01	
	DEUS, Ines Portugal	+0,06	42.55	1:30.57	FREITAS, Beatriz Rodrigues	+0,20	33.34	1:09.41	
DSQ	Naval do Funchal 6				Naval do Funchal				
	111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11, Obs.: -0.39								
	ROVERI, Isabel Vasconcelos, SEQUEIRA, Beatriz Meneses, JARDIM, Lara Filipa, ABREU, Ana Rodrigues								
Juvenil, 14 e 15 anos									
1.	Naval do Funchal 25				Naval do Funchal			**5:21.99**	371
	JARDIM, Teresa Vieira	+0,65	37.48	1:17.83	AVEIRO, Leonor Sofia	+0,19	38.10	1:24.92	
	ARAUJO, Maria Clara	+0,22	42.02	1:31.65	NASCIMENTO, Sofia Alexandre	+0,04	32.22	1:07.59	
2.	Salesianos de Funchal 1				Salesianos de Funchal			**5:40.32**	314
	ANDRADE, Margarida Fernande	+0,72	41.32	1:27.79	OLIVEIRA, Sara Fernandes	+0,11	34.08	1:18.20	
	LUIS, Mariana Capelo	0.00	43.71	1:38.36	JESUS, Mariana Caires	+0,39	36.56	1:15.97	
Absolutos, 12 anos e mais velhas									
1.	Naval do Funchal 55				Naval do Funchal			**4:52.35**	496
	GONCALVES, Maria Margarida	+0,68	36.98	1:16.28	FERREIRA, Julia Caldeira	+0,17	32.80	1:10.88	
	FERNANDES, Ana Catarina	-0,01	37.10	1:20.27	GOMES, Susana Clara	+0,18	30.55	1:04.92	
2.	CD Sao Roque 1				CD Sao Roque			**5:18.99**	382
	LUIS, Jessica Santos	+0,80	37.62	1:18.09	SILVA, Silvana Suamade	+0,45	37.23	1:20.79	
	SOUSA, Joana Francisca	+0,60	42.00	1:29.12	JESUS, Filipa Mafalda	+0,38	33.24	1:10.99	
3.	CD Nacional 11				CD Nacional			**5:35.22**	329
	FERREIRA, Maria Leonor	+0,72	35.46	1:13.64	TEMBE, Ines Afonso	+0,49	38.45	1:25.84	
	ABREU, Maria Eduarda	+0,37	45.27	1:35.94	PEREIRA, Luisa Tovela	+0,30	37.20	1:19.80	

Prova 34 — Masc., 4 x 100m Estilos — Absoluto
06/07/2019 - 18:39 — Resultados

Recorde Regional	4:00.49	Clube Desportivo Nacional	CDN	Faro	21/07/2009

TAC Nacional Estafetas Juv: 4:27.78; Jun: 4:16.62; Sen: 4:07.94

Pontos: FINA 2019

Lugar — Tempo final — Pts

Infantis, 13 anos e 14 anos

1.	Naval do Funchal 5				Naval do Funchal		**4:41.86**	397	
	LEITAO, Andre Freitas	+0,62	33.58	1:10.39	RODRIGUES, Joao Luis	+0,35	31.23	1:08.34	
	SILVA, Tony Stefano	+0,30	36.36	1:19.39	OLIVEIRA, Diogo Alexandre	+0,20	30.07	1:03.74	
2.	CD Nacional 4				CD Nacional		**5:17.88**	277	
	ALVES, Pedro Miguel	+0,97	39.66	1:20.74	MACHADO, Bernardo Magalhae	+0,45	34.89	1:18.02	
	ALVES, Andre Camara	+0,40	40.44	1:25.05	GONCALVES, Martim Luis	+0,13	34.87	1:14.07	
3.	Naval do Funchal 6				Naval do Funchal		**5:21.35**	268	
	PITA, Pedro Miguel	+0,63	36.64	1:17.17	ABREU, Joao Francisco	+0,41	37.69	1:23.28	
	SETIM, Joao Oliveira	+0,01	41.82	1:30.59	PAULOS, Joao Afonso	+0,30	32.44	1:10.31	
4.	CD Nacional 19				CD Nacional		**6:31.13**	148	
	MENDES, Juan Diego	+0,89	47.63	1:41.01	ALVES, Luis Fernandez	+0,79	44.49	1:43.12	
	CORREIA, Rodrigo Ramos	+0,52	46.13	1:42.33	NUNES, Andre Maltez	+0,31	39.63	1:24.67	

Juvenis, 15 anos e 16 anos

1.	Naval do Funchal 24				Naval do Funchal		**4:35.58**	425	
	CAMACHO, Afonso Caires	+0,75	33.95	1:12.79	FERREIRA, Leonardo Filipe	+0,39	30.95	1:08.62	
	FERNANDES, Martim Pestana	+0,16	34.19	1:13.59	FERNANDES, Diogo Henrique	+0,20	29.02	1:00.58	
2.	Naval do Funchal 23				Naval do Funchal		**4:37.72**	415	
	GOMES, Goncalo Camara	+0,69	31.92	1:06.98	BAPTISTA, Tiago Ornelas		30.40	1:05.38	
	AGUIAR, Pedro Ferreira	+0,16	36.68	1:21.11	ABREU, Nuno Afonso	+0,26	30.41	1:04.25	
DSQ	Salesianos de Funchal 2				Salesianos de Funchal				

616 - O atleta efectuou a chegada totalmente submerso - SW 6.3

PEREIRA, Jordao Abreu, NUNES, Afonso Miguel, SILVA, Eduardo Rodrigues, GONCALVES, Vitor Afonso

Absolutos, 13 anos e mais velhos

1.	Naval do Funchal 55				Naval do Funchal		**4:12.82**	551	
	SILVA, Tomas Antonio	+0,54	29.46	1:01.52	AGUIAR, Joao Menezes	+0,50	27.41	59.99	
	FERNANDES, Pedro Pestana	+0,06	33.44	1:12.81	DEUS, Andre Portugal	+0,20	27.88	58.50	
2.	CD Nacional 14				CD Nacional		**4:33.87**	433	
	AGUILAR, Luis Santos	+0,79	39.27	1:21.83	FERREIRA, Miguel Goncalves	+0,32	27.71	1:00.46	
	MOURA, Vitor Diogo	+0,40	32.81	1:12.56	QUINTAL, Nuno Alexandre	+0,31	27.60	59.02	
3.	Salesianos de Funchal 1				Salesianos de Funchal		**4:35.16**	427	
	SILVA, Joao Jesus	+0,61	30.82	1:04.29	LEAL, Diogo Silva	+0,46	31.08	1:07.29	
	FREITAS, Joao Tomas	+0,44	37.52	1:20.89	NUNES, Goncalo Almada	+0,16	29.73	1:02.69	
4.	CD Sao Roque 1				CD Sao Roque		**4:39.29**	408	
	RODRIGUES, Pedro Reis	+0,68	32.91	1:08.35	RODRIGUES, Rodrigo Reis	+0,51	32.21	1:08.81	
	VIEIRA, Emanuel Eloi	+0,57	38.09	1:21.52	LOPES, Pedro Henrique	+0,21	28.79	1:00.61	

4 - 3ª Jornada / 1ª Sessão — 07/07/2019 - 9:15

Prova 35 — Femin., 1500m Livres — Absolutos
07/07/2019 - 9:15 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen18	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:14.40	TEMPO LIMITE,			
Recorde Regional Jun16	19:14.40	DORIA, Madalena Melim	CDN	Funchal	03/07/2016
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	20:04.56	GONCALVES, Rita Pinheiro	CDN	Funchal	10/07/2011

TAC Regional Juv B: 20:25.21; Jun: 20:25.21; Sen: 19:54.48 / Juv A: 20:25.21 / TAC Nacional Juv B: 18:25.21; Juv A: 18:25.21; Jun: 18:25.21; Sen: 17:54.48

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Juvenil B, 14 anos

1. ARAUJO, Maria Clara — 05 — Naval do Funchal — **19:33.38** — 482
Recorde Regional

50m:	34.39	34.39	450m:	5:46.36	39.03	850m:	11:01.25	40.23	1250m:	16:18.28	39.50
100m:	1:12.54	38.15	500m:	6:25.70	39.34	900m:	11:40.94	39.69	1300m:	16:57.91	39.63
150m:	1:51.35	38.81	550m:	7:05.30	39.60	950m:	12:20.75	39.81	1350m:	17:37.61	39.70
200m:	2:30.01	38.66	600m:	7:44.86	39.56	1000m:	13:00.42	39.67	1400m:	18:17.02	39.41
250m:	3:09.94	39.93	650m:	8:25.23	40.37	1050m:	13:40.35	39.93	1450m:	18:56.29	39.27
300m:	3:49.41	39.47	700m:	9:03.88	38.65	1100m:	14:19.93	39.58	1500m:	19:33.38	37.09
350m:	4:28.63	39.22	750m:	9:42.77	38.89	1150m:	14:59.38	39.45			
400m:	5:07.33	38.70	800m:	10:21.02	38.25	1200m:	15:38.78	39.40			

Absoluto, 14 anos e mais velhas

1. ARAUJO, Maria Clara — 05 — Naval do Funchal — **19:33.38** — 482
Recorde Regional

50m:	34.39	34.39	450m:	5:46.36	39.03	850m:	11:01.25	40.23	1250m:	16:18.28	39.50
100m:	1:12.54	38.15	500m:	6:25.70	39.34	900m:	11:40.94	39.69	1300m:	16:57.91	39.63
150m:	1:51.35	38.81	550m:	7:05.30	39.60	950m:	12:20.75	39.81	1350m:	17:37.61	39.70
200m:	2:30.01	38.66	600m:	7:44.86	39.56	1000m:	13:00.42	39.67	1400m:	18:17.02	39.41
250m:	3:09.94	39.93	650m:	8:25.23	40.37	1050m:	13:40.35	39.93	1450m:	18:56.29	39.27
300m:	3:49.41	39.47	700m:	9:03.88	38.65	1100m:	14:19.93	39.58	1500m:	19:33.38	37.09
350m:	4:28.63	39.22	750m:	9:42.77	38.89	1150m:	14:59.38	39.45			
400m:	5:07.33	38.70	800m:	10:21.02	38.25	1200m:	15:38.78	39.40			

Prova 36 — Masc., 800m Livres — Absolutos
07/07/2019 - 9:36 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional Absoluto	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao	24/07/1997

TAC Regional Juv B: 10:20.65; Juv A: 10:20.65; Jun: 10:20.65; Sen: 10:10.68 / TAC Nacional Juv B: 8:40.65; Juv A: 8:40.65; Jun: 8:40.65; Sen: 8:30.68

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Absoluto, 15 anos e mais velhos

1. DEUS, Andre Portugal — 02 — Naval do Funchal — **9:11.54** — 550

100m:	1:03.26	1:03.26	300m:	3:21.50	1:09.73	500m:	5:41.89	1:10.33	700m:	8:03.91	1:11.03
200m:	2:11.77	1:08.51	400m:	4:31.56	1:10.06	600m:	6:52.88	1:10.99	800m:	9:11.54	1:07.63

2. SILVA, Joao Jesus — 02 — Salesianos de Funchal — **9:32.86** — 491

100m:	1:04.42	1:04.42	300m:	3:28.45	1:12.60	500m:	5:55.21	1:13.32	700m:	8:21.38	1:12.98
200m:	2:15.85	1:11.43	400m:	4:41.89	1:13.44	600m:	7:08.40	1:13.19	800m:	9:32.86	1:11.48

Prova 37 — Femin., 200m Mariposa — Absoluto
07/07/2019 - 9:47 — Resultados

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
Recorde Regional Juv B	2:31.39	CERDAS, Sara Rodrigues	CNF	Lisboa	18/05/2003
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC Regional Inf B: 4:14.67; Inf A: 4:02.31; Juv B: 3:46.38; Jun: 3:36.86; Sen: 3:28.80 / Juv A: 3:41.81 /
TAC Nacional Inf B: 3:10.46; Inf A: 2:58.09; Juv B: 2:46.38; Juv A: 2:41.81; Jun: 2:36.86; Sen: 2:28.80

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	CAMARA, Ines Cruz	07	CD Nacional	**2:56.91**	326
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 36.71 (36.71) 100m: 1:20.92 (44.21) 150m: 2:09.68 (48.76) 200m: 2:56.91 (47.23)				
Infantil A, 13 anos					
1.	FERRO, Maria Leonor	06	Naval do Funchal	**2:58.65**	316
	50m: 38.43 (38.43) 100m: 1:24.07 (45.64) 150m: 2:11.53 (47.46) 200m: 2:58.65 (47.12)				
2.	SILVA, Silvana Suamade	06	CD Sao Roque	**3:02.22**	298
	50m: 38.75 (38.75) 100m: 1:25.12 (46.37) 150m: 2:13.92 (48.80) 200m: 3:02.22 (48.30)				
DSQ	TEMBE, Ines Afonso	06	CD Nacional		
	102 - Não completou a prova - SW 10.2				
Juvenil A, 15 anos					
1.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**3:02.78**	295
	50m: 34.98 (34.98) 100m: 1:17.13 (42.15) 150m: 2:07.57 (50.44) 200m: 3:02.78 (55.21)				
Absoluto, 14 anos e mais velhas					
1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**2:36.87**	468
	50m: 34.02 (34.02) 100m: 1:13.58 (39.56) 150m: 1:54.77 (41.19) 200m: 2:36.87 (42.10)				
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**3:02.78**	295
	50m: 34.98 (34.98) 100m: 1:17.13 (42.15) 150m: 2:07.57 (50.44) 200m: 3:02.78 (55.21)				

Prova 38 — Masc., 200m Mariposa — Absoluto
07/07/2019 - 9:51 — Resultados

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.98	FRANCO, Paulo Fragueiro	CDN	Praga (CZE)	12/04/1998
Recorde Regional Juv B	2:12.64	FRANCO, Paulo Fragueiro	CDN	Famalicao	27/07/1997
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 3:55.10; Inf A: 3:46.34; Juv B: 3:29.53; Juv A: 3:25.43; Jun: 3:15.37; Sen: 3:11.02 / TAC Nacional Inf B: 2:53.26; Inf A: 2:44.87; Juv B: 2:29.53; Juv A: 2:25.43; Jun: 2:15.37; Sen: 2:11.02

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 13 anos

1. PITA, Pedro Miguel — 06 — Naval do Funchal — **2:47.19** — 296
   Mínimos Camp. Nacional de Infantis, Loulé

50m:	34.58	34.58	100m:	1:16.72	42.14	150m:	2:01.36	44.64	200m:	2:47.19	45.83

2. GONCALVES, Martim Luis — 06 — CD Nacional — **2:54.91** — 259

50m:	36.57	36.57	100m:	1:21.62	45.05	150m:	2:09.10	47.48	200m:	2:54.91	45.81

3. ABREU, Joao Francisco — 06 — Naval do Funchal — **2:58.41** — 244

50m:	38.61	38.61	100m:	1:22.63	44.02	150m:	2:10.20	47.57	200m:	2:58.41	48.21

4. MACHADO, Bernardo Magalhaes — 06 — CD Nacional — **3:04.00** — 222

50m:	36.67	36.67	100m:	1:22.55	45.88	150m:	2:14.29	51.74	200m:	3:04.00	49.71

Infantil A, 14 anos

1. GOUVEIA, Luis Galvao — 05 — CD Nacional — **2:22.47** — 479
   Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.01	32.01	100m:	1:08.36	36.35	150m:	1:46.40	38.04	200m:	2:22.47	36.07

2. RODRIGUES, Joao Luis — 05 — Naval do Funchal — **2:31.25** — 400
   Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.32	32.32	100m:	1:11.02	38.70	150m:	1:51.40	40.38	200m:	2:31.25	39.85

3. DIAS, Andre Vicente — 05 — CD Nacional — **2:33.38** — 384
   Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.50	32.50	100m:	1:11.06	38.56	150m:	1:51.78	40.72	200m:	2:33.38	41.60

4. ALVES, Andre Camara — 05 — CD Nacional — **2:51.24** — 276

50m:	36.18	36.18	100m:	1:21.12	44.94	150m:	2:07.63	46.51	200m:	2:51.24	43.61

Juvenil B, 15 anos

1. RODRIGUES, Rodrigo Reis — 04 — CD Sao Roque — **2:29.49** — 415
   Mínimos Camp. Nacional de JUV e ABS, Funchal

50m:	33.65	33.65	100m:	1:12.03	38.38	150m:	1:50.81	38.78	200m:	2:29.49	38.68

Juvenil A, 16 anos

1. BAPTISTA, Tiago Ornelas — 03 — Naval do Funchal — **2:28.59** — 422

50m:	31.30	31.30	100m:	1:08.17	36.87	150m:	1:47.37	39.20	200m:	2:28.59	41.22

Prova 38, Masc., 200m Mariposa

Absoluto, 15 anos e mais velhos

1.	GRACA, Fernando Guerreiro				02	Naval do Funchal						**2:16.61**	543
	50m:	30.12	30.12	100m:	1:04.05	33.93	150m:	1:40.45	36.40	200m:	2:16.61	36.16	
2.	FERRO, Henrique Martins				01	Naval do Funchal						**2:18.34**	523
	50m:	29.50	29.50	100m:	1:04.25	34.75	150m:	1:40.38	36.13	200m:	2:18.34	37.96	
3.	SILVA, Martim Moniz				99	Naval do Funchal						**2:21.68**	487
	50m:	30.61	30.61	100m:	1:05.39	34.78	150m:	1:41.88	36.49	200m:	2:21.68	39.80	
4.	BAPTISTA, Tiago Ornelas				03	Naval do Funchal						**2:28.59**	422
	50m:	31.30	31.30	100m:	1:08.17	36.87	150m:	1:47.37	39.20	200m:	2:28.59	41.22	
5.	RODRIGUES, Rodrigo Reis				04	CD Sao Roque						**2:29.49**	415
	Mínimos Camp. Nacional de JUV e ABS, Funchal												
	50m:	33.65	33.65	100m:	1:12.03	38.38	150m:	1:50.81	38.78	200m:	2:29.49	38.68	
DSQ	AGUIAR, Joao Menezes				97	Naval do Funchal							
	O nadador alterou a técnica de nado durante o percurso de mariposa.												

Prova 39 — Femin., 100m Livres — Absoluto
07/07/2019 - 9:59 — Resultados

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015
Recorde Regional Juv B	1:02.10	CAIRES, Joana Costa	CNF	Oeiras	29/07/2012
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC Regional Inf B: 1:54.46; Inf A: 1:51.40; Juv B: 1:44.61; Jun: 1:41.97; Sen: 1:40.66 / Juv A: 1:43.52 /
TAC Nacional Inf B: 1:14.46; Inf A: 1:11.40; Juv B: 1:04.61; Juv A: 1:03.52; Jun: 1:01.97; Sen: 1:00.66

Pontos: FINA 2019

Lugar					Ano						Tempo final	Pts

Infantil B, 12 anos

1.	GONCALVES, Valentina Jose				07	CD Nacional						**1:17.18**	300
	50m:	36.22	36.22	100m:	1:17.18	40.96							
2.	FIGUEIRA, Madalena Leonor				07	Naval do Funchal						**1:17.36**	298
	50m:	36.75	36.75	100m:	1:17.36	40.61							
3.	TEMTEM, Sara Maria				07	CD Nacional						**1:21.38**	256
	50m:	39.53	39.53	100m:	1:21.38	41.85							
4.	GOUVEIA, Ines Mendes				07	Salesianos de Funchal						**1:37.95**	147
	50m:	48.70	48.70	100m:	1:37.95	49.25							

Infantil A, 13 anos

1.	JARDIM, Lara Filipa				06	Naval do Funchal						**1:08.64**	427
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	32.74	32.74	100m:	1:08.64	35.90							
2.	SEQUEIRA, Beatriz Meneses				06	Naval do Funchal						**1:09.29**	415
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	32.95	32.95	100m:	1:09.29	36.34							
3.	FREITAS, Margarida Ramos				06	CD Nacional						**1:09.81**	406
	Mínimos Camp. Nacional de Infantis, Loulé												
	50m:	33.61	33.61	100m:	1:09.81	36.20							

Prova 39, Femin., 100m Livres, Infantil A, 13 anos

Lugar		Ano		Tempo final	Pts
4.	ABREU, Ana Rodrigues	06	Naval do Funchal	**1:11.22**	382
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 33.95 33.95 100m: 1:11.22 37.27				
5.	CANADA, Maria Elvira	06	CD Nacional	**1:13.16**	353
	50m: 35.91 35.91 100m: 1:13.16 37.25				
6.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	**1:14.51**	334
	50m: 35.50 35.50 100m: 1:14.51 39.01				
7.	FARIA, Laura Pereira	06	Salesianos de Funchal	**1:14.53**	333
	50m: 37.08 37.08 100m: 1:14.53 37.45				
8.	BAPTISTA, Constança Ornelas	06	Naval do Funchal	**1:22.70**	244
	50m: 41.02 41.02 100m: 1:22.70 41.68				

Juvenil B, 14 anos

1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:05.63**	489
	50m: 31.23 31.23 100m: 1:05.63 34.40				
2.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:11.61**	376
	50m: 33.74 33.74 100m: 1:11.61 37.87				
3.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:12.70**	359
	50m: 35.51 35.51 100m: 1:12.70 37.19				
4.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:14.41**	335
	50m: 35.56 35.56 100m: 1:14.41 38.85				
5.	ABREU, Maria Eduarda	05	CD Nacional	**1:14.69**	331
	50m: 36.30 36.30 100m: 1:14.69 38.39				
6.	FERNANDES, Maria Madalena	05	Salesianos de Funchal	**1:26.21**	215
	50m: 41.36 41.36 100m: 1:26.21 44.85				
7.	TEIXEIRA, Daniela Nobrega	05	AD Camacha	**1:28.05**	202
	50m: 42.42 42.42 100m: 1:28.05 45.63				
8.	DINIS, Maria Antonia	05	CD Nacional	**1:32.87**	172
	50m: 44.62 44.62 100m: 1:32.87 48.25				

Juvenil A, 15 anos

1.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**1:05.87**	483
	50m: 31.79 31.79 100m: 1:05.87 34.08				
2.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:09.44**	412
	50m: 33.16 33.16 100m: 1:09.44 36.28				
3.	JESUS, Mariana Caires	04	Salesianos de Funchal	**1:12.39**	364
	50m: 35.01 35.01 100m: 1:12.39 37.38				
4.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**1:15.83**	317
	50m: 35.10 35.10 100m: 1:15.83 40.73				
5.	SOARES, Ines Silva	04	CD Nacional	**1:16.40**	310
	50m: 37.31 37.31 100m: 1:16.40 39.09				
6.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**1:18.80**	282
	50m: 38.58 38.58 100m: 1:18.80 40.22				
7.	BATISTA, Rita Teixeira	04	CD Nacional	**1:33.27**	170
	50m: 45.28 45.28 100m: 1:33.27 47.99				

Prova 39, Femin., 100m Livres

Absoluto, 14 anos e mais velhas

1.	ROSA, Beatriz Jong	00	CD Nacional	**1:03.92**	529	
	50m: 30.93	30.93	100m: 1:03.92	32.99		
2.	GOMES, Susana Clara	77	Naval do Funchal	**1:04.55**	514	
	50m: 31.20	31.20	100m: 1:04.55	33.35		
3.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:05.63**	489	
	50m: 31.23	31.23	100m: 1:05.63	34.40		
4.	OLIVEIRA, Sara Fernandes	04	Salesianos de Funchal	**1:05.87**	483	
	50m: 31.79	31.79	100m: 1:05.87	34.08		
5.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:06.02**	480	
	50m: 31.49	31.49	100m: 1:06.02	34.53		
6.	LUIS, Jessica Santos	00	CD Sao Roque	**1:06.69**	466	
	50m: 31.86	31.86	100m: 1:06.69	34.83		
7.	JESUS, Filipa Mafalda	03	CD Sao Roque	**1:08.52**	429	
	50m: 32.27	32.27	100m: 1:08.52	36.25		
8.	TELES, Anabela Corte	01	Individual ANMAD	**1:08.75**	425	
	50m: 32.49	32.49	100m: 1:08.75	36.26		
9.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:09.44**	412	
	50m: 33.16	33.16	100m: 1:09.44	36.28		
10.	LECA, Natasha Maria	03	CD Nacional	**1:11.55**	377	
	50m: 34.97	34.97	100m: 1:11.55	36.58		
11.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:11.61**	376	
	50m: 33.74	33.74	100m: 1:11.61	37.87		
12.	JESUS, Mariana Caires	04	Salesianos de Funchal	**1:12.39**	364	
	50m: 35.01	35.01	100m: 1:12.39	37.38		
13.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:12.70**	359	
	50m: 35.51	35.51	100m: 1:12.70	37.19		
14.	SA, Marta Romao	03	Naval do Funchal	**1:12.89**	357	
	50m: 32.91	32.91	100m: 1:12.89	39.98		
15.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**1:13.88**	342	
	50m: 35.02	35.02	100m: 1:13.88	38.86		
16.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:14.41**	335	
	50m: 35.56	35.56	100m: 1:14.41	38.85		
17.	ABREU, Maria Eduarda	05	CD Nacional	**1:14.69**	331	
	50m: 36.30	36.30	100m: 1:14.69	38.39		
18.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**1:14.78**	330	
	50m: 34.80	34.80	100m: 1:14.78	39.98		
19.	ANDRADE, Margarida Fernandes	04	Salesianos de Funchal	**1:15.83**	317	
	50m: 35.10	35.10	100m: 1:15.83	40.73		
20.	SOARES, Ines Silva	04	CD Nacional	**1:16.40**	310	
	50m: 37.31	37.31	100m: 1:16.40	39.09		
21.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**1:18.80**	282	
	50m: 38.58	38.58	100m: 1:18.80	40.22		
22.	PEREIRA, Luisa Tovela	03	CD Nacional	**1:19.68**	273	
	50m: 37.71	37.71	100m: 1:19.68	41.97		
23.	FERNANDES, Francisca Oliveira	02	Escola O Liceu	**1:21.48**	255	
	50m: 38.41	38.41	100m: 1:21.48	43.07		
24.	CRO, Isabel Matilde	00	Escola O Liceu	**1:24.80**	226	
	50m: 39.63	39.63	100m: 1:24.80	45.17		

Prova 39, Femin., 100m Livres, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts
25.	FERNANDES, Maria Madalena	05	Salesianos de Funchal	**1:26.21**	215
	50m: 41.36 41.36 100m: 1:26.21 44.85				
26.	FERREIRA, Fatima Maria	78	Escola O Liceu	**1:26.32**	214
	50m: 41.34 41.34 100m: 1:26.32 44.98				
27.	TEIXEIRA, Daniela Nobrega	05	AD Camacha	**1:28.05**	202
	50m: 42.42 42.42 100m: 1:28.05 45.63				
28.	NOBREGA, Valeria Cardoso	02	CD Nacional	**1:32.03**	177
	50m: 43.99 43.99 100m: 1:32.03 48.04				
29.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**1:32.52**	174
	50m: 43.51 43.51 100m: 1:32.52 49.01				
30.	DINIS, Maria Antonia	05	CD Nacional	**1:32.87**	172
	50m: 44.62 44.62 100m: 1:32.87 48.25				
31.	BATISTA, Rita Teixeira	04	CD Nacional	**1:33.27**	170
	50m: 45.28 45.28 100m: 1:33.27 47.99				
32.	ERRA, Juliana Franco	03	AD Machico	**1:33.28**	170
	50m: 42.37 42.37 100m: 1:33.28 50.91				

Prova 40 — Masc., 100m Livres — Absoluto
07/07/2019 - 10:10 — Resultados

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
Recorde Regional Juv B	54.43	CASTRO, Joao Cruz	CDSR	Coimbra	26/07/2015
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC Regional Inf B: 1:47.83; Inf A: 1:44.26; Juv B: 1:38.28; Juv A: 1:36.97; Jun: 1:34.83; Sen: 1:33.63 / TAC Nacional Inf B: 1:07.83; Inf A: 1:04.26; Juv B: 58.28; Juv A: 56.97; Jun: 54.83; Sen: 53.63

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	PAULOS, Joao Afonso	06	Naval do Funchal	**1:05.73**	363
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 31.65 31.65 100m: 1:05.73 34.08				
2.	SETIM, Joao Oliveira	06	Naval do Funchal	**1:09.23**	311
	50m: 33.35 33.35 100m: 1:09.23 35.88				
3.	PITA, Pedro Miguel	06	Naval do Funchal	**1:09.28**	310
	50m: 33.08 33.08 100m: 1:09.28 36.20				
4.	FERRAZ, Luis Afonso	06	Naval do Funchal	**1:11.53**	282
	50m: 34.86 34.86 100m: 1:11.53 36.67				
5.	GARANITO, Simao Silva	06	Naval do Funchal	**1:11.97**	276
	50m: 35.34 35.34 100m: 1:11.97 36.63				
6.	ALVES, Pedro Miguel	06	CD Nacional	**1:14.13**	253
	50m: 35.57 35.57 100m: 1:14.13 38.56				
7.	CASTRO, Mateus Pereira	06	Escola O Liceu	**1:21.80**	188
	50m: 38.45 38.45 100m: 1:21.80 43.35				
8.	VIEIRA, Rodrigo Leal	06	AD Machico	**1:21.88**	188
	50m: 37.97 37.97 100m: 1:21.88 43.91				

Prova 40, Masc., 100m Livres, Infantil B, 13 anos

Lugar		Ano		Tempo final	Pts
9.	TEMES, Joao Caires	06	Salesianos de Funchal	**1:24.15**	173
	50m: 40.66 40.66 100m: 1:24.15 43.49				
10.	VIVEIROS, Pedro Perestrelo	06	AD Machico	**1:27.07**	156
	50m: 40.61 40.61 100m: 1:27.07 46.46				
11.	JARDIM, Andre Saldanha	06	AD Machico	**1:31.64**	134
	50m: 42.74 42.74 100m: 1:31.64 48.90				

Infantil A, 14 anos

1.	VOLOZHENIN, Alexandre	05	Naval do Funchal	**1:04.64**	382
	50m: 31.30 31.30 100m: 1:04.64 33.34				
2.	SOUSA, Lourenco Quintas	05	Naval do Funchal	**1:06.09**	357
	50m: 30.94 30.94 100m: 1:06.09 35.15				
3.	FREITAS, Diogo Jesus	05	CD Nacional	**1:07.53**	335
	50m: 32.53 32.53 100m: 1:07.53 35.00				
4.	SILVA, Tony Stefano	05	Naval do Funchal	**1:07.60**	334
	50m: 30.38 30.38 100m: 1:07.60 37.22				
5.	ALVES, Luis Fernandez	05	CD Nacional	**1:12.09**	275
	50m: 34.99 34.99 100m: 1:12.09 37.10				
6.	MENDES, Juan Diego	05	CD Nacional	**1:18.29**	215
	50m: 38.48 38.48 100m: 1:18.29 39.81				
7.	CORREIA, Rodrigo Ramos	05	CD Nacional	**1:21.07**	193
	50m: 38.47 38.47 100m: 1:21.07 42.60				
8.	NUNES, Andre Maltez	05	CD Nacional	**1:22.60**	183
	50m: 39.74 39.74 100m: 1:22.60 42.86				
9.	RIBEIRO, Joao Pedro	05	AD Machico	**1:29.87**	142
	50m: 41.16 41.16 100m: 1:29.87 48.71				

Juvenil B, 15 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**58.76**	508
	50m: 28.08 28.08 100m: 58.76 30.68				
2.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**59.94**	479
	50m: 28.87 28.87 100m: 59.94 31.07				
3.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:02.61**	420
	50m: 30.07 30.07 100m: 1:02.61 32.54				
4.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:03.10**	410
	50m: 30.02 30.02 100m: 1:03.10 33.08				
5.	LEAL, Diogo Silva	04	Salesianos de Funchal	**1:04.19**	390
	50m: 30.75 30.75 100m: 1:04.19 33.44				
6.	TELES, Artur Corte	04	Individual ANMAD	**1:04.53**	384
	50m: 30.39 30.39 100m: 1:04.53 34.14				
7.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**1:05.23**	371
	50m: 32.25 32.25 100m: 1:05.23 32.98				
8.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:06.21**	355
	50m: 31.59 31.59 100m: 1:06.21 34.62				
9.	AGUILAR, Luis Santos	04	CD Nacional	**1:07.90**	329
	50m: 32.28 32.28 100m: 1:07.90 35.62				
10.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**1:08.93**	315
	50m: 33.68 33.68 100m: 1:08.93 35.25				

Prova 40, Masc., 100m Livres, Juvenil B, 15 anos

Lugar		Ano		Tempo final	Pts
11.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**1:12.12**	275
	50m: 35.29 35.29 100m: 1:12.12 36.83				
12.	URDANETA, Lisandro Alberto	04	CD Nacional	**1:17.46**	222
	50m: 36.96 36.96 100m: 1:17.46 40.50				
13.	SILVA, Rodrigo Miranda	04	CD Nacional	**1:30.10**	141
	50m: 42.44 42.44 100m: 1:30.10 47.66				
14.	SEMIAO, Francisco Gomes	04	AD Camacha	**1:34.64**	121
	50m: 48.05 48.05 100m: 1:34.64 46.59				

Juvenil A, 16 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	**58.20**	523
	50m: 28.22 28.22 100m: 58.20 29.98				
2.	RODRIGUES, Renato Correia	03	Salesianos de Funchal	**1:00.36**	469
	50m: 28.19 28.19 100m: 1:00.36 32.17				
3.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:01.73**	438
	50m: 29.17 29.17 100m: 1:01.73 32.56				
4.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:02.32**	426
	50m: 29.75 29.75 100m: 1:02.32 32.57				
5.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:02.92**	414
	50m: 30.33 30.33 100m: 1:02.92 32.59				
6.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**1:05.18**	372
	50m: 31.04 31.04 100m: 1:05.18 34.14				
7.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:06.30**	354
	50m: 31.20 31.20 100m: 1:06.30 35.10				
8.	LUIS, Francisco Sousa	03	CD Nacional	**1:13.95**	255
	50m: 33.49 33.49 100m: 1:13.95 40.46				
9.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:14.19**	252
	50m: 35.87 35.87 100m: 1:14.19 38.32				
10.	KOVAL, Igor	03	CD Nacional	**1:17.32**	223
	50m: 35.90 35.90 100m: 1:17.32 41.42				
11.	HENRIQUES, Guilherme Sousa	03	AD Camacha	**1:35.43**	118
	50m: 43.51 43.51 100m: 1:35.43 51.92				

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Joao Vitor	00	Escola O Liceu	**56.31**	578
	50m: 27.67 27.67 100m: 56.31 28.64				
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**58.20**	523
	50m: 28.22 28.22 100m: 58.20 29.98				
3.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**58.76**	508
	50m: 28.08 28.08 100m: 58.76 30.68				
4.	DEUS, Andre Portugal	02	Naval do Funchal	**59.09**	500
	50m: 28.76 28.76 100m: 59.09 30.33				
5.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**59.94**	479
	50m: 28.87 28.87 100m: 59.94 31.07				
6.	RODRIGUES, Renato Correia	03	Salesianos de Funchal	**1:00.36**	469
	50m: 28.19 28.19 100m: 1:00.36 32.17				
7.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	**1:00.41**	468
	50m: 28.69 28.69 100m: 1:00.41 31.72				

Prova 40, Masc., 100m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
8.	FERREIRA, Rodrigo Nobrega	01	AD Machico	**1:00.88**	457
	50m: 29.46 29.46 100m: 1:00.88 31.42				
9.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:01.73**	438
	50m: 29.17 29.17 100m: 1:01.73 32.56				
10.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:02.32**	426
	50m: 29.75 29.75 100m: 1:02.32 32.57				
11.	FREITAS, Joao Tomas	02	Salesianos de Funchal	**1:02.53**	422
	50m: 29.84 29.84 100m: 1:02.53 32.69				
12.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:02.61**	420
	50m: 30.07 30.07 100m: 1:02.61 32.54				
13.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:02.92**	414
	50m: 30.33 30.33 100m: 1:02.92 32.59				
14.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:03.10**	410
	50m: 30.02 30.02 100m: 1:03.10 33.08				
15.	NUNES, Goncalo Almada	01	Salesianos de Funchal	**1:03.13**	410
	50m: 30.31 30.31 100m: 1:03.13 32.82				
16.	JORGE, Andre Camara	90	Escola O Liceu	**1:03.87**	396
	50m: 29.75 29.75 100m: 1:03.87 34.12				
17.	LEAL, Diogo Silva	04	Salesianos de Funchal	**1:04.19**	390
	50m: 30.75 30.75 100m: 1:04.19 33.44				
18.	TELES, Artur Corte	04	Individual ANMAD	**1:04.53**	384
	50m: 30.39 30.39 100m: 1:04.53 34.14				
19.	GAMA, Ibrahim Jose	01	Salesianos de Funchal	**1:05.08**	374
	50m: 31.16 31.16 100m: 1:05.08 33.92				
20.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**1:05.18**	372
	50m: 31.04 31.04 100m: 1:05.18 34.14				
21.	PEREIRA, Jordao Abreu	04	Salesianos de Funchal	**1:05.23**	371
	50m: 32.25 32.25 100m: 1:05.23 32.98				
22.	GONCALVES, Vitor Afonso	04	Salesianos de Funchal	**1:06.21**	355
	50m: 31.59 31.59 100m: 1:06.21 34.62				
23.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:06.30**	354
	50m: 31.20 31.20 100m: 1:06.30 35.10				
24.	AGUILAR, Luis Santos	04	CD Nacional	**1:07.90**	329
	50m: 32.28 32.28 100m: 1:07.90 35.62				
25.	SILVA, Eduardo Rodrigues	04	Salesianos de Funchal	**1:08.93**	315
	50m: 33.68 33.68 100m: 1:08.93 35.25				
26.	FERNANDEZ, Joao Guilherme	04	Salesianos de Funchal	**1:12.12**	275
	50m: 35.29 35.29 100m: 1:12.12 36.83				
27.	LUIS, Francisco Sousa	03	CD Nacional	**1:13.95**	255
	50m: 33.49 33.49 100m: 1:13.95 40.46				
28.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:14.19**	252
	50m: 35.87 35.87 100m: 1:14.19 38.32				
29.	KOVAL, Igor	03	CD Nacional	**1:17.32**	223
	50m: 35.90 35.90 100m: 1:17.32 41.42				
30.	URDANETA, Lisandro Alberto	04	CD Nacional	**1:17.46**	222
	50m: 36.96 36.96 100m: 1:17.46 40.50				
31.	SILVA, Duarte Paulo	72	Escola O Liceu	**1:19.03**	209
	50m: 39.07 39.07 100m: 1:19.03 39.96				

Prova 40, Masc., 100m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
32.	EULALIO, Hugo Yves	85	Escola O Liceu	**1:19.21**	207
	50m: 30.11 30.11 100m: 1:19.21 49.10				
33.	SILVA, Rodrigo Miranda	04	CD Nacional	**1:30.10**	141
	50m: 42.44 42.44 100m: 1:30.10 47.66				
34.	SEMIAO, Francisco Gomes	04	AD Camacha	**1:34.64**	121
	50m: 48.05 48.05 100m: 1:34.64 46.59				
35.	HENRIQUES, Guilherme Sousa	03	AD Camacha	**1:35.43**	118
	50m: 43.51 43.51 100m: 1:35.43 51.92				
36.	FERNANDES, Francisco Emanuel	01	AD Camacha	**1:51.71**	74
	Fora do Tempo Limite (FTL's)				
DSQ	QUINTAL, Nuno Alexandre	99	CD Nacional		
	403 - Falsa partida - SW 4.4				

Prova 41 — Femin., 200m Estilos — Absoluto
07/07/2019 - 10:25 — Resultados

Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
Recorde Regional Juv B	2:32.87	CAIRES, Joana Costa	CNF	Povoa de Varzim	24/03/2012
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC Regional Inf B: 4:03.60; Inf A: 3:55.44; Juv B: 3:38.83; Jun: 3:33.45; Sen: 3:29.09 / Juv A: 3:37.34 /
TAC Nacional Inf B: 2:56.26; Inf A: 2:47.31; Juv B: 2:38.83; Juv A: 2:37.34; Jun: 2:33.45; Sen: 2:29.09

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos de Funchal	**2:51.44**	398
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 36.68 36.68 100m: 1:21.13 44.45 150m: 2:09.61 48.48 200m: 2:51.44 41.83				
2.	NETO, Leonor Rodrigues	07	Naval do Funchal	**2:58.65**	351
	50m: 38.39 38.39 100m: 1:23.74 45.35 150m: 2:17.36 53.62 200m: 2:58.65 41.29				
3.	GONCALVES, Valentina Jose	07	CD Nacional	**3:05.81**	312
	50m: 40.89 40.89 100m: 1:28.89 48.00 150m: 2:22.26 53.37 200m: 3:05.81 43.55				
4.	FRANCA, Ines Matos	07	Salesianos de Funchal	**3:06.93**	307
	50m: 43.24 43.24 100m: 1:32.47 49.23 150m: 2:25.17 52.70 200m: 3:06.93 41.76				
5.	MATEUS, Clarisse Vieira	07	CD Nacional	**3:09.38**	295
	50m: 44.46 44.46 100m: 1:33.55 49.09 150m: 2:24.65 51.10 200m: 3:09.38 44.73				
6.	TEMTEM, Sara Maria	07	CD Nacional	**3:16.00**	266
	50m: 46.55 46.55 100m: 1:35.75 49.20 150m: 2:33.95 58.20 200m: 3:16.00 42.05				

Infantil A, 13 anos

1.	DEUS, Ines Portugal	06	Naval do Funchal	**2:46.42**	435
	Mínimos Camp. Nacional de Infantis, Loulé				
	50m: 36.77 36.77 100m: 1:19.88 43.11 150m: 2:08.40 48.52 200m: 2:46.42 38.02				
2.	JARDIM, Lara Filipa	06	Naval do Funchal	**2:50.52**	404
	50m: 35.71 35.71 100m: 1:19.83 44.12 150m: 2:12.58 52.75 200m: 2:50.52 37.94				

Prova 41, Femin., 200m Estilos, Infantil A, 13 anos

Lugar		Ano		Tempo final	Pts
3.	FERRO, Maria Leonor	06	Naval do Funchal	**2:52.44**	391
	50m: 37.15 37.15 100m: 1:23.56 46.41 150m: 2:14.75 51.19 200m: 2:52.44 37.69				
4.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	**2:52.46**	391
	50m: 37.01 37.01 100m: 1:23.35 46.34 150m: 2:15.70 52.35 200m: 2:52.46 36.76				
5.	PEREIRA, Joana Marques	06	CD Nacional	**2:54.91**	374
	50m: 38.73 38.73 100m: 1:24.85 46.12 150m: 2:14.55 49.70 200m: 2:54.91 40.36				
6.	CARICHAS, Joana Medeiros	06	Salesianos de Funchal	**3:01.60**	334
	50m: 40.87 40.87 100m: 1:25.77 44.90 150m: 2:20.44 54.67 200m: 3:01.60 41.16				
7.	CANADA, Maria Elvira	06	CD Nacional	**3:05.94**	312
	50m: 39.91 39.91 100m: 1:26.51 46.60 150m: 2:25.99 59.48 200m: 3:05.94 39.95				
8.	BAPTISTA, Constança Ornelas	06	Naval do Funchal	**3:23.82**	236
	50m: 42.87 42.87 100m: 1:36.62 53.75 150m: 2:37.86 1:01.24 200m: 3:23.82 45.96				

Juvenil B, 14 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	**3:03.18**	326
	50m: 42.24 42.24 100m: 1:28.82 46.58 150m: 2:22.13 53.31 200m: 3:03.18 41.05				
2.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**3:17.45**	260
	50m: 48.87 48.87 100m: 1:38.99 50.12 150m: 2:32.85 53.86 200m: 3:17.45 44.60				
3.	BARROS, Ana Carolina	05	Salesianos de Funchal	**3:23.79**	237
	50m: 46.86 46.86 100m: 1:37.77 50.91 150m: 2:36.88 59.11 200m: 3:23.79 46.91				

Juvenil A, 15 anos

1.	SOUSA, Joana Francisca	04	CD Sao Roque	**2:39.13**	497
	50m: 33.09 33.09 100m: 1:13.57 40.48 150m: 2:01.52 47.95 200m: 2:39.13 37.61				
2.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**3:15.68**	267
	50m: 47.39 47.39 100m: 1:35.25 47.86 150m: 2:33.46 58.21 200m: 3:15.68 42.22				

Absoluto, 14 anos e mais velhas

1.	SOUSA, Joana Francisca	04	CD Sao Roque	**2:39.13**	497
	50m: 33.09 33.09 100m: 1:13.57 40.48 150m: 2:01.52 47.95 200m: 2:39.13 37.61				
2.	ARAUJO, Maria Clara	05	Naval do Funchal	**3:03.18**	326
	50m: 42.24 42.24 100m: 1:28.82 46.58 150m: 2:22.13 53.31 200m: 3:03.18 41.05				
3.	GOUVEIA, Susana Isabel	04	Salesianos de Funchal	**3:15.68**	267
	50m: 47.39 47.39 100m: 1:35.25 47.86 150m: 2:33.46 58.21 200m: 3:15.68 42.22				
4.	LUIS, Mariana Capelo	05	Salesianos de Funchal	**3:17.45**	260
	50m: 48.87 48.87 100m: 1:38.99 50.12 150m: 2:32.85 53.86 200m: 3:17.45 44.60				
5.	BARROS, Ana Carolina	05	Salesianos de Funchal	**3:23.79**	237
	50m: 46.86 46.86 100m: 1:37.77 50.91 150m: 2:36.88 59.11 200m: 3:23.79 46.91				

Prova 42 | Masc., 200m Estilos | Absoluto
07/07/2019 - 10:37 | Resultados

Recorde Regional Absoluto	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:12.25	FREITAS, Tomas Miguel	CDN	Lisboa	27/07/2008
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
Recorde Regional Juv B	2:16.23	FREITAS, Tomas Miguel	CDN	Funchal	03/04/2005
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC Regional Inf B: 3:48.30; Inf A: 3:41.16; Juv B: 3:25.36; Juv A: 3:22.00; Jun: 3:17.44; Sen: 3:13.65 / TAC Nacional Inf B: 2:45.64; Inf A: 2:36.20; Juv B: 2:25.36; Juv A: 2:22.00; Jun: 2:17.44; Sen: 2:13.65

Pontos: FINA 2019

Lugar		Ano		Tempo final	Pts

Infantil B, 13 anos

1. GONCALVES, Martim Luis — 06 — CD Nacional — **2:51.26** — 294

50m:	34.23	34.23	100m:	1:19.11	44.88	150m:	2:13.37	54.26	200m:	2:51.26	37.89

2. ABREU, Joao Francisco — 06 — Naval do Funchal — **2:51.99** — 291

50m:	37.66	37.66	100m:	1:20.93	43.27	150m:	2:12.42	51.49	200m:	2:51.99	39.57

3. FERRAZ, Luis Afonso — 06 — Naval do Funchal — **3:00.55** — 251

50m:	40.07	40.07	100m:	1:26.54	46.47	150m:	2:22.40	55.86	200m:	3:00.55	38.15

4. ALVES, Pedro Miguel — 06 — CD Nacional — **3:00.64** — 251

50m:	44.85	44.85	100m:	1:29.56	44.71	150m:	2:21.65	52.09	200m:	3:00.64	38.99

Infantil A, 14 anos

1. GOUVEIA, Luis Galvao — 05 — CD Nacional — **2:29.23** — 445
Mínimos Camp. Nacional de Infantis, Loulé

50m:	31.66	31.66	100m:	1:11.80	40.14	150m:	1:55.98	44.18	200m:	2:29.23	33.25

2. OLIVEIRA, Diogo Alexandre — 05 — Naval do Funchal — **2:30.79** — 432
Mínimos Camp. Nacional de Infantis, Loulé

50m:	30.87	30.87	100m:	1:09.53	38.66	150m:	1:55.36	45.83	200m:	2:30.79	35.43

3. LEITAO, Andre Freitas — 05 — Naval do Funchal — **2:35.43** — 394
Mínimos Camp. Nacional de Infantis, Loulé

50m:	33.34	33.34	100m:	1:11.80	38.46	150m:	1:58.88	47.08	200m:	2:35.43	36.55

4. RODRIGUES, Joao Luis — 05 — Naval do Funchal — **2:35.56** — 393
Mínimos Camp. Nacional de Infantis, Loulé

50m:	32.04	32.04	100m:	1:13.89	41.85	150m:	2:00.59	46.70	200m:	2:35.56	34.97

5. DIAS, Andre Vicente — 05 — CD Nacional — **2:39.84** — 362

50m:	32.61	32.61	100m:	1:13.02	40.41	150m:	2:03.52	50.50	200m:	2:39.84	36.32

6. SILVA, Tony Stefano — 05 — Naval do Funchal — **2:47.58** — 314

50m:	36.35	36.35	100m:	1:22.48	46.13	150m:	2:08.61	46.13	200m:	2:47.58	38.97

7. ALVES, Luis Fernandez — 05 — CD Nacional — **3:15.36** — 198

50m:	42.45	42.45	100m:	1:35.76	53.31	150m:	2:32.60	56.84	200m:	3:15.36	42.76

8. CORREIA, Rodrigo Ramos — 05 — CD Nacional — **3:22.32** — 178

50m:	42.96	42.96	100m:	1:39.99	57.03	150m:	2:37.07	57.08	200m:	3:22.32	45.25

DSQ MENDES, Juan Diego — 05 — CD Nacional
608 - Não chegou na posição dorsal - SW 6.5

Prova 42, Masc., 200m Estilos

Juvenil B, 15 anos

1. NUNES, Afonso Miguel 04 Salesianos de Funchal **2:32.66** 416
   50m: 32.32 32.32 100m: 1:12.38 40.06 150m: 1:58.23 45.85 200m: 2:32.66 34.43
2. GOMES, Alexandre Monteiro 04 Salesianos de Funchal **2:59.54** 255
   50m: 38.52 38.52 100m: 1:30.86 52.34 150m: 2:24.51 53.65 200m: 2:59.54 35.03

Juvenil A, 16 anos

1. LOPES, Pedro Henrique 03 CD Sao Roque **2:33.88** 406
   50m: 34.04 34.04 100m: 1:14.91 40.87 150m: 1:59.16 44.25 200m: 2:33.88 34.72

Absoluto, 15 anos e mais velhos

1. SILVA, Tomas Antonio 01 Naval do Funchal **2:12.19** 641
   Recorde Regional, Mínimos Camp. Nacional de JUV e ABS, Funchal
   50m: 28.67 28.67 100m: 1:01.62 32.95 150m: 1:40.52 38.90 200m: 2:12.19 31.67
2. RODRIGUES, Pedro Reis 02 CD Sao Roque **2:22.70** 509
   50m: 32.00 32.00 100m: 1:08.13 36.13 150m: 1:50.01 41.88 200m: 2:22.70 32.69
3. MARCOS, Joao Freitas 01 Individual ANMAD **2:26.27** 473
   50m: 30.77 30.77 100m: 1:08.60 37.83 150m: 1:51.48 42.88 200m: 2:26.27 34.79
4. CASTRO, Martim Pereira 02 Escola O Liceu **2:28.15** 455
   50m: 30.97 30.97 100m: 1:11.07 40.10 150m: 1:53.82 42.75 200m: 2:28.15 34.33
5. SILVA, Luis Pedro 98 CD Nacional **2:28.19** 455
   50m: 29.68 29.68 100m: 1:09.59 39.91 150m: 1:52.10 42.51 200m: 2:28.19 36.09
6. NUNES, Afonso Miguel 04 Salesianos de Funchal **2:32.66** 416
   50m: 32.32 32.32 100m: 1:12.38 40.06 150m: 1:58.23 45.85 200m: 2:32.66 34.43
7. LOPES, Pedro Henrique 03 CD Sao Roque **2:33.88** 406
   50m: 34.04 34.04 100m: 1:14.91 40.87 150m: 1:59.16 44.25 200m: 2:33.88 34.72
8. GOMES, Alexandre Monteiro 04 Salesianos de Funchal **2:59.54** 255
   50m: 38.52 38.52 100m: 1:30.86 52.34 150m: 2:24.51 53.65 200m: 2:59.54 35.03

Prova 43 — Femin., 4 x 50m Livres — Absoluto, 14 anos e mais velhas
07/07/2019 - 10:58 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional	1:52.94	Clube Desportivo Nacional	CDN	Coimbra	23/07/2015

TAC Nacional Estafetas Jun: 1:55.40; Sen: 1:54.26

Pontos: FINA 2019

Lugar							Tempo final	Pts
1.	Naval do Funchal 55			Naval do Funchal			**2:01.10**	505
	GOMES, Susana Clara	77	+0,68	29.55	GONCALVES, Maria Margarida	04	+0,22	31.29
	FERREIRA, Julia Caldeira	03	+0,26	30.90	FERNANDES, Ana Catarina	03	-0,01	29.36
2.	Salesianos de Funchal 1			Salesianos de Funchal			**2:09.28**	415
	OLIVEIRA, Sara Fernandes	04	+0,67	32.55	ANDRADE, Margarida Fernandes	04	+0,46	32.62
	JESUS, Mariana Caires	04		29.94	BARROS, Ana Carolina	05	+0,41	34.17
3.	Naval do Funchal 25			Naval do Funchal			**2:11.74**	392
	NASCIMENTO, Sofia Alexandre	05	+0,77	32.00	AVEIRO, Leonor Sofia	05	+0,46	34.34
	JARDIM, Teresa Vieira	05	+0,06	32.69	ARAUJO, Maria Clara	05	+0,53	32.71
4.	Escola O Liceu 1			Escola O Liceu			**2:23.42**	304
	LAMEIRAS, Beatriz Andreia	03	+0,74	33.47	CRO, Isabel Matilde	00	+0,75	36.41
	FERREIRA, Fatima Maria	78	+0,87	38.22	FERNANDES, Francisca Oliveira	02	+0,62	35.32

Prova 43, Femin., 4 x 50m Livres, Absoluto, 14 anos e mais velhas

Lugar								Tempo final	Pts
5.	CD Nacional 15				CD Nacional			**2:32.06**	255
	ABREU, Maria Eduarda	05	+0,71	32.73	DINIS, Maria Antonia	05	+0,16		41.22
	SOARES, Ines Silva	04	+0,55	35.51	BATISTA, Rita Teixeira	04	+0,74		42.60

Prova 44 — Masc., 4 x 50m Livres — Absoluto, 15 anos e mais velhos
07/07/2019 - 11:02 — Absolutos (Juvenis, Juniores e Seniores) — Resultados

Recorde Regional	1:38.24	Clube Desportivo Nacional	CDN	Faro	18/07/2009

TAC Nacional Estafetas Jun: 1:41.97; Sen: 1:40.96

Pontos: FINA 2019

Lugar								Tempo final	Pts
1.	Naval do Funchal 55				Naval do Funchal			**1:44.58**	534
	SILVA, Tomas Antonio	01	+0,58	25.45	SILVA, Martim Moniz	99	+0,34		26.79
	AGUIAR, Joao Menezes	97	+0,33	25.90	DEUS, Andre Portugal	02	+0,22		26.44
2.	Escola O Liceu 1				Escola O Liceu			**1:49.74**	462
	FERNANDES, Joao Vitor	00	+0,62	25.60	JORGE, Andre Camara	90	+0,18		27.71
	EULALIO, Hugo Yves	85	+0,71	29.31	CASTRO, Martim Pereira	02	+0,51		27.12
3.	CD Sao Roque 1				CD Sao Roque			**1:50.94**	447
	CAMARA, Simao Vieira	03	+0,63	27.82	LOPES, Pedro Henrique	03	+0,40		27.67
	RODRIGUES, Pedro Reis	02	+0,60	26.64	RODRIGUES, Rodrigo Reis	04	+0,37		28.81
4.	Naval do Funchal 23				Naval do Funchal			**1:52.60**	427
	GOMES, Goncalo Camara	03	+0,63	28.04	AGUIAR, Pedro Ferreira	03	+0,28		28.43
	BAPTISTA, Tiago Ornelas	03		27.19	ABREU, Nuno Afonso	03	+0,12		28.94
5.	Naval do Funchal 24				Naval do Funchal			**1:54.55**	406
	FERREIRA, Leonardo Filipe	04	+0,64	28.04	FERNANDES, Diogo Henrique	04	+0,14		27.11
	FERNANDES, Martim Pestana	04	+0,31	27.40	ABREU, Tiago Gomes	03	+0,15		32.00
6.	Salesianos de Funchal 2				Salesianos de Funchal			**2:02.99**	328
	GOMES, Alexandre Monteiro	04	+0,88	33.17	GONCALVES, Vitor Afonso	04	+0,22		30.23
	PEREIRA, Jordao Abreu	04	+0,50	29.31	NUNES, Afonso Miguel	04	+0,53		30.28
7.	CD Nacional 17				CD Nacional			**2:04.96**	313
	MACHADO, Tiago Magalhaes	04	+0,67	29.16	KOVAL, Igor	03	+0,75		32.24
	LUIS, Francisco Sousa	03	+0,22	32.04	AGUILAR, Luis Santos	04	+0,59		31.52
DSQ	Salesianos de Funchal 1				Salesianos de Funchal				

111 - Rendição antecipada do(a) 2 nadador(a) - SW 10.11, Obs.: -0,06

LEAL, Diogo Silva, NUNES, Goncalo Almada, FREITAS, Joao Tomas, SILVA, Joao Jesus