Prova 4 — Femin., 200m Costas — Absolutos
10/10/2026 - 9:30 — Startlist

Recorde Regional Open	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun18	2:21.85	ROSA, Beatriz Jong	CDN	Porto	08/12/2017
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Juv A	2:24.91	MATEUS, Eleine Vieira	CDN	Funchal	29/07/2025
Recorde Regional Juv B	2:21.40	GONCALVES, Vera Andrade	JACL	Sines	17/12/2023
Recorde Regional Inf A	2:22.71	FERRO, Maria Franco	CNF	Funchal	29/07/2026
Recorde Regional Inf B	2:29.09	FERRO, Maria Franco	CNF	Funchal	08/03/2025

TAC Zonal Inf B: 2:53.45; Inf A: 2:46.56; Juv B: 2:40.08; Juv A: 2:34.46 / TAC Nacional Inf B: 2:48.25; Inf A: 2:41.56; Jun17: 2:29.70; Jun18: 2:26.87; Sub21: 2:25.46 / TAC Nacional Março Juv B: 2:38.50; Juv A: 2:32.93 / TAC Nacional Julho Juv B: 2:36.15; Juv A: 2:30.67 / TAC Nacional Sen. Sen: 2:24.05 / TAC Nacional Abs. Sen: 2:20.72

		Ano		
Série 1 de 2, 9:30				
3	PESTANA, Margarida Barros	14	Naval do Funchal	4:00.00
4	ROMAO, Ana Catarina	14	Juventude Atlantico	3:30.00
5	RODRIGUES, Diana Velosa	14	Naval do Funchal	4:00.00
Série 2 de 2, 9:36				
1	LUIS, Clara Abreu	13	Escola O Liceu	3:08.34
2	CARVALHO, Laura Jardim	09	Juventude Atlantico	2:56.01
3	QUINTAL, Margarida Silva	12	Juventude Atlantico	2:43.05
4	MATEUS, Eleine Vieira	09	Desportivo Nacional	2:24.82
5	JARDIM, Maria Velosa	12	Naval do Funchal	2:40.85
6	TEMTEM, Maria Clara	13	Desportivo Nacional	2:55.35
7	ANDRADE, Nuria Gouveia	13	Desportivo Nacional	2:56.52
8	JESUS, Mariana Franca	14	Naval do Funchal	3:10.00