Prova 3 — Femin., 200m Mariposa — Absolutos
24/10/2026 - 10:21 — Resultados

Recorde Regional Open	2:21.15	ROSA Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:23.80	ROSA Beatriz Jong	CDN	Abrantes	01/12/2018
Recorde Regional Jun18	2:21.15	ROSA Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Juv A	2:25.16	ROSA Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv B	2:25.61	ROSA Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Inf A	2:28.89	CAMARA Ines Cruz	CDN	Funchal	10/07/2021
Recorde Regional Inf B	2:32.56	CERDAS Sara Rodrigues	CNF	Rio Maior	06/07/2002

TAC Zonal Inf B: 2:58.72; Inf A: 2:51.62; Juv B: 2:44.95; Juv A: 2:39.16 / TAC Nacional Inf B: 2:53.36; Inf A: 2:46.47; Jun17: 2:30.99; Jun18: 2:28.14; Sub21: 2:26.72 / TAC Nacional Março Juv B: 2:43.31; Juv A: 2:37.58 / TAC Nacional Julho Juv B: 2:40.90; Juv A: 2:35.25 / TAC Nacional Sen. Sen: 2:25.29 / TAC Nacional Abs. Sen: 2:21.94

Pontos: AQUA 2026

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
EXH	VIEIRA Matilde Sofia	11	209483	Desportivo Nacional	**2:45.40**	+0,89	375	-
	50m: 35.06 35.06	100m: 1:16.31 41.25	150m: 2:00.53 44.22	200m: 2:45.40 44.87				
EXH	FREITAS Sara Margarida	11	215578	Juventude Atlantico	**2:54.49**	+0,67	319	-
	50m: 36.22 36.22	100m: 1:19.55 43.33	150m: 2:06.11 46.56	200m: 2:54.49 48.38				