

Prova 46 28/06/2026	Masc., 50m Bru�os PROVA EXTRA 3				Absolutos Resultados
Recorde Regional Open	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	30.84	FERNANDES, Martim Pestana	CNF	Oeiras	01/08/2021
Recorde Regional Juv A	31.65	GONCALVES, Tomas Figueiredo	CNF	Funchal	27/06/2026
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017
Recorde Regional Inf A	33.94	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	34.98	FREITAS, Tomas Miguel	CDN	Restelo	26/07/2003

TAC Nacional Inf B: 39.63; Inf A: 37.79; Jun17: 32.87; Jun18: 31.95 / TAC Nacional Julho Juv B: 35.02; Juv A: 33.48 /
TAC Nacional Sen. Sen: 31.33

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
EXH MONTEIRO, Ivo Lopes	11 Naval de Ponta Delgada	36.71	353