

Associação de Natação da Madeira
MEETING DE NATAÇÃO DA MADEIRA | CAMPEONATO REGIONAL
Funchal, 26 a 28 de junho de 2026



Prova 34 Femin., 400m Livres Absolutos
28/06/2026 - 9:44 Resultados

Recorde Regional Open	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:45.80	MARGARIDO, Ines Tomas	CNF	Oeiras	23/07/2016
Recorde Regional Jun18	4:36.93	MELIM, Claudia Ramos	CDN	Oeiras	11/05/2002
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Juv A	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv B	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Inf A	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf B	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992

TAC Nacional Inf B: 5:25.47; Inf A: 5:17.40; Jun17: 4:45.12; Jun18: 4:39.74 / TAC Nacional Julho Juv B: 5:01.26; Juv A: 4:50.50 / TAC Nacional Sen. Sen: 4:34.36

Pontos: AQUA 2025

Lugar	Ano	Tempo final	Pts
Infantil B - 13 anos			
1. ANICETO, Leonor Telo	13 Naval do Funchal	5:14.07	420
TAC Nacional Infantis Manteigadas, 17 a 19 Julho			
50m: 33.28 33.28	150m: 1:53.08 40.20	250m: 3:14.58 40.43	350m: 4:35.55 39.39
100m: 1:12.88 39.60	200m: 2:34.15 41.07	300m: 3:56.16 41.58	400m: 5:14.07 38.52
2. PONTE, Matilde Almeida	13 Agua de Pau	5:18.18	404
TAC Nacional Infantis Manteigadas, 17 a 19 Julho			
50m: 35.79 35.79	150m: 1:57.34 41.45	250m: 3:17.78 39.59	350m: 4:39.82 41.13
100m: 1:15.89 40.10	200m: 2:38.19 40.85	300m: 3:58.69 40.91	400m: 5:18.18 38.36
3. MARTINS, Maria Vieira	13 Agua de Pau	5:23.75	384
TAC Nacional Infantis Manteigadas, 17 a 19 Julho			
50m: 35.58 35.58	150m: 1:57.25 41.38	250m: 3:20.62 41.36	350m: 4:43.48 40.94
100m: 1:15.87 40.29	200m: 2:39.26 42.01	300m: 4:02.54 41.92	400m: 5:23.75 40.27
4. ANDRADE, Nuria Gouveia	13 Desportivo Nacional	5:36.09	343
50m: 36.99 36.99	150m: 2:00.85 42.63	250m: 3:27.55 43.26	350m: 4:54.42 43.03
100m: 1:18.22 41.23	200m: 2:44.29 43.44	300m: 4:11.39 43.84	400m: 5:36.09 41.67
5. COUTO, Maria Costa	13 Agua de Pau	5:42.00	326
50m: 38.24 38.24	150m: 2:06.28 44.24	250m: 3:34.53 44.04	350m: 5:01.64 43.54
100m: 1:22.04 43.80	200m: 2:50.49 44.21	300m: 4:18.10 43.57	400m: 5:42.00 40.36
6. TEIXEIRA, Maria Castro	13 Naval do Funchal	5:42.44	324
50m: 38.74 38.74	150m: 2:06.37 44.45	250m: 3:35.64 45.03	350m: 5:02.71 44.10
100m: 1:21.92 43.18	200m: 2:50.61 44.24	300m: 4:18.61 42.97	400m: 5:42.44 39.73
7. SILVA, Lara Martins	13 Desportivo Sao Roque	5:47.99	309
50m: 38.90 38.90	150m: 2:07.15 44.36	250m: 3:36.51 43.82	350m: 5:05.73 43.97
100m: 1:22.79 43.89	200m: 2:52.69 45.54	300m: 4:21.76 45.25	400m: 5:47.99 42.26
8. MEDEIROS, Lucia Berlo	13 Agua de Pau	5:48.79	307
50m: 35.97 35.97	150m: 2:04.49 45.69	250m: 3:35.40 45.16	350m: 5:05.97 44.18
100m: 1:18.80 42.83	200m: 2:50.24 45.75	300m: 4:21.79 46.39	400m: 5:48.79 42.82

Infantil A - 14 anos

1. JARDIM, Maria Velosa	12 Naval do Funchal	5:29.65	364
50m: 36.96 36.96	150m: 1:59.50 41.59	250m: 3:23.46 42.15	350m: 4:48.21 42.17
100m: 1:17.91 40.95	200m: 2:41.31 41.81	300m: 4:06.04 42.58	400m: 5:29.65 41.44
2. MACHADO, Sarah Camila	12 Naval do Funchal	5:38.84	335
50m: 37.08 37.08	150m: 2:02.43 43.38	250m: 3:29.46 44.04	350m: 4:56.44 43.28
100m: 1:19.05 41.97	200m: 2:45.42 42.99	300m: 4:13.16 43.70	400m: 5:38.84 42.40



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Prova 34, Femin., 400m Livres, Infantil A - 14 anos

Lugar		Ano							Tempo final	Pts
3.	GARCIA, Beatriz Mare	12	Naval de Ponta Delgada						5:53.06	296
	50m: 38.77 38.77	150m: 2:08.46	44.99	250m: 3:40.55	45.92	350m: 5:10.89	44.19			
	100m: 1:23.47 44.70	200m: 2:54.63	46.17	300m: 4:26.70	46.15	400m: 5:53.06	42.17			
4.	AMORIM, Beatriz Pereira	12	Desportivo Sao Roque						5:53.15	296
	50m: 39.10 39.10	150m: 2:07.33	44.50	250m: 3:37.90	45.07	350m: 5:11.16	46.48			
	100m: 1:22.83 43.73	200m: 2:52.83	45.50	300m: 4:24.68	46.78	400m: 5:53.15	41.99			
5.	SOUSA, Sara Maria	12	Naval de Ponta Delgada						6:23.33	231
	50m: 42.21 42.21	150m: 2:20.56	50.45	250m: 4:00.36	49.67	350m: 5:38.93	49.06			
	100m: 1:30.11 47.90	200m: 3:10.69	50.13	300m: 4:49.87	49.51	400m: 6:23.33	44.40			

Juvenis - 15 e 16 anos

1.	JESUS, Vera Franca	11	Naval do Funchal						4:52.62	520
	<i>TAC Nacional JUV, JUN e SEN Jamor, 23 a 26 Julho</i>									
	50m: 33.06 33.06	150m: 1:46.00	36.83	250m: 2:59.74	37.22	350m: 4:16.31	38.07			
	100m: 1:09.17 36.11	200m: 2:22.52	36.52	300m: 3:38.24	38.50	400m: 4:52.62	36.31			
2.	FERREIRA, Carolina Morao	11	Selecao dos Acores						5:01.27	476
	50m: 33.01 33.01	150m: 1:45.86	37.11	250m: 3:03.04	38.86	350m: 4:22.63	39.80			
	100m: 1:08.75 35.74	200m: 2:24.18	38.32	300m: 3:42.83	39.79	400m: 5:01.27	38.64			
3.	CAPAREIRA, Alice Machado	11	Selecao dos Acores						5:10.93	433
	50m: 33.51 33.51	150m: 1:50.50	39.28	250m: 3:11.18	40.53	350m: 4:31.97	40.33			
	100m: 1:11.22 37.71	200m: 2:30.65	40.15	300m: 3:51.64	40.46	400m: 5:10.93	38.96			
4.	VIEIRA, Sara Goncalves	10	Selecao dos Acores						5:19.72	399
	50m: 33.09 33.09	150m: 1:53.52	41.09	250m: 3:16.70	41.67	350m: 4:39.46	41.34			
	100m: 1:12.43 39.34	200m: 2:35.03	41.51	300m: 3:58.12	41.42	400m: 5:19.72	40.26			
5.	AZEVEDO, Filipa Pinheiro	11	Naval de Ponta Delgada						6:17.12	243
	50m: 40.71 40.71	150m: 2:15.91	48.14	250m: 3:53.35	48.98	350m: 5:29.77	48.33			
	100m: 1:27.77 47.06	200m: 3:04.37	48.46	300m: 4:41.44	48.09	400m: 6:17.12	47.35			

Juniores - 17 e 18 anos

1.	TEMTEM, Madalena Barbosa	09	Desportivo Nacional						5:27.35	371
	50m: 34.70 34.70	150m: 1:57.19	42.11	250m: 3:22.07	42.58	350m: 4:46.85	42.25			
	100m: 1:15.08 40.38	200m: 2:39.49	42.30	300m: 4:04.60	42.53	400m: 5:27.35	40.50			