

Prova 30 Femin., 200m Bru os Absolutos  
23/11/2024 - 17:39 Resultados

|                        |         |                        |      |           |            |
|------------------------|---------|------------------------|------|-----------|------------|
| Recorde Regional Open  | 2:32.35 | QUINTAL, Fabiana Maria | CDN  | Guimaraes | 06/12/2008 |
| Recorde Regional Sen   | 2:32.35 | QUINTAL, Fabiana Maria | CDN  | Guimaraes | 06/12/2008 |
| Recorde Regional Jun18 | 2:39.86 | MARQUES, Mariana Sousa | CNF  | Alcoba a  | 18/02/2006 |
| Recorde Regional Jun17 | 2:37.74 | RODRIGUES, Laura Sofia | JACL | Leiria    | 09/12/2023 |
| Recorde Regional Jun16 | 2:38.79 | ABREU, Laura Catarina  | CDN  | Funchal   | 08/07/2016 |
| Recorde Regional Juv A | 2:41.54 | ABREU, Laura Catarina  | CDN  | Funchal   | 11/07/2015 |
| Recorde Regional Juv B | 2:43.10 | ABREU, Laura Catarina  | CDN  | Tomar     | 14/12/2013 |
| Recorde Regional Inf A | 2:47.89 | ABREU, Laura Catarina  | CDN  | Funchal   | 06/04/2003 |
| Recorde Regional Inf B | 2:56.77 | RODRIGUES, Laura Sofia | JACL | Funchal   | 08/06/2019 |

ZONAL Inf. B Fem. Inf B: 3:23.00 / ZONAL Inf. A Fem. Inf A: 3:15.50 / ZONAL Juv. B Fem. Juv B: 3:04.49 /  
ZONAL Juv. A Fem. Juv A: 3:00.81 / Infantil B Fem. Inf B: 3:10.30 / Infantil A Fem. Inf A: 3:02.09 / Juv. B Fem. Juv B: 2:56.94 /  
Juv. A Fem. Juv A: 2:52.84 / J nior 1.  Ano Fem. Jun16: 2:48.74 / J nior 2.  e 3.  Ano Fem. 17 - 18: 2:47.93 /  
S nior 1.  Fem. Sen19: 2:44.65 / S nior 2.  Fem. 20 +: 2:43.83

Pontos: AQUA 2024

| Lugar | Ano |  | Tempo final | Pts | 50m | 100m | 150m | 200m |
|-------|-----|--|-------------|-----|-----|------|------|------|
|-------|-----|--|-------------|-----|-----|------|------|------|

Infantil B - 12 anos

|                            |    |                     |                |     |         |         |         |         |
|----------------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. MACIEL, Constanca Maria | 13 | Escola O Liceu      | <b>4:01.74</b> | 172 | 57.49   | 1:01.53 | 1:03.22 | 59.50   |
| 2. VELOSA, Mila Marochkina | 13 | Desportivo Nacional | <b>4:11.33</b> | 153 | 57.85   | 1:04.32 | 1:05.29 | 1:03.87 |
| 3. LUIS, Clara Abreu       | 13 | Escola O Liceu      | <b>4:27.21</b> | 127 | 1:00.54 | 1:10.96 | 1:08.47 | 1:07.24 |

Infantil A - 13 anos

|   |    |                     |                |     |       |       |       |       |
|---|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. QUINTAL, Margarida Silva                               | 12 | Juventude Atlantico | <b>3:07.96</b> | 366 | 42.46 | 49.26 | 49.08 | 47.16 |
| <i>TAC ZONAL INFANTIS - Pinhal Novo, 21-23 Mar o 2025</i> |    |                     |                |     |       |       |       |       |
| 2. FREITAS, Maria Silva                                   | 12 | Naval do Funchal    | <b>3:32.73</b> | 253 | 47.41 | 54.13 | 56.76 | 54.43 |
| 3. GONCALVES, Maria Clara                                 | 12 | Escola O Liceu      | <b>3:32.88</b> | 252 | 49.50 | 54.40 | 55.76 | 53.22 |
| 4. SILVA, Joana Flor                                      | 12 | Naval do Funchal    | <b>3:43.64</b> | 217 | 51.26 | 57.10 | 58.99 | 56.29 |

Juvenil B - 14 anos

|  |    |                  |                |     |       |       |       |       |
|--|----|------------------|----------------|-----|-------|-------|-------|-------|
| 1. PEREIRA, Ana Matilde                                | 11 | Naval do Funchal | <b>3:00.29</b> | 415 | 39.92 | 44.95 | 47.40 | 48.02 |
| <i>TAC ZONAL JUVENIS - Abrantes, 6-8 Dezembro 2024</i> |    |                  |                |     |       |       |       |       |

Juvenil A - 15 anos

|  |    |                     |                |     |       |       |       |       |
|--|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. SOUSA, Susana Conceic o                             | 10 | Desportivo Nacional | <b>2:59.62</b> | 420 | 41.62 | 46.06 | 45.86 | 46.08 |
| <i>TAC ZONAL JUVENIS - Abrantes, 6-8 Dezembro 2024</i> |    |                     |                |     |       |       |       |       |

Juniores - 16, 17 e 18 anos

|   |    |                     |                |     |       |       |       |       |
|---|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. RODRIGUES, Laura Sofia                                 | 07 | Juventude Atlantico | <b>2:40.00</b> | 594 | 35.85 | 39.90 | 41.61 | 42.64 |
| <i>TAC's - 13 a 15 Dez. + 21 a 23 Mar. + 24 a 27 Jul.</i> |    |                     |                |     |       |       |       |       |
| 2. MELIM, Sara Beatriz                                    | 09 | Desportivo Nacional | <b>3:00.84</b> | 412 | 41.59 | 46.26 | 46.70 | 46.29 |