

Prova 3 Femin., 400m Estilos Juvenis
10/05/2025 - 9:30 JUVENIS A & B Resultados

Recorde Regional Open	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Juv A	5:17.32	GONCALVES, Vera Andrade	JACL	Funchal	04/05/2024
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021

Juv. B Fem. Juv B: 5:35.03 / Juv. A Fem. Juv A: 5:28.22

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Juvenis B, 14 anos			
1. JESUS, Vera Franca	11	5:36.59	455
50m: 35.22 35.22	150m: 1:59.08 43.00	250m: 3:32.92 51.92	350m: 5:00.62 36.38
100m: 1:16.08 40.86	200m: 2:41.00 41.92	300m: 4:24.24 51.32	400m: 5:36.59 35.97
2. COSTA, Rafaela Tome	11	5:57.62	379
50m: 37.75 37.75	150m: 2:59.79	250m: 4:35.85	350m: 5:57.62
100m: 1:24.06 46.31	200m: 2:59.79	300m: 4:35.85	400m: 5:57.62
3. MATA, Valeria Isabel	11	6:10.31	341
50m: 37.87 37.87	150m: 2:11.70 48.04	250m: 3:52.16 54.21	350m: 5:28.57 41.39
100m: 1:23.66 45.79	200m: 2:57.95 46.25	300m: 4:47.18 55.02	400m: 6:10.31 41.74
4. VIEIRA, Matilde Sofia	11	6:11.92	337
50m: 38.34 38.34	150m: 2:14.54 49.39	250m: 3:54.49 53.12	350m: 5:29.82 42.62
100m: 1:25.15 46.81	200m: 3:01.37 46.83	300m: 4:47.20 52.71	400m: 6:11.92 42.10

Juvenis A, 15 anos

1. ROSA, Clara Sofia	10	5:38.88	446
50m: 35.37 35.37	150m: 2:44.27	250m: 4:21.02	350m: 5:38.88
100m: 1:16.98 41.61	200m: 2:44.27	300m: 4:21.02	400m: 5:38.88
2. BRITO, Madalena Pinto	10	5:43.76	427
50m: 35.45 35.45	150m: 2:47.50	250m: 4:23.12	350m: 5:43.76
100m: 1:17.71 42.26	200m: 2:47.50	300m: 4:23.12	400m: 5:43.76
3. SOUSA, Susana Conceicao	10	6:25.01	304
50m: 46.51 46.51	150m: 2:31.04 53.05	250m: 4:07.45 46.39	350m: 5:41.09 46.84
100m: 1:37.99 51.48	200m: 3:21.06 50.02	300m: 4:54.25 46.80	400m: 6:25.01 43.92
4. ALIKBEROVA, Emiliia	10	6:44.10	263
50m: 42.64 42.64	150m: 3:19.11	250m: 5:11.84	350m: 6:44.10
100m: 1:38.43 55.79	200m: 3:19.11	300m: 5:11.84	400m: 6:44.10