

Prova 11 Masc., 400m Estilos JUVENIS A & B Juvenis Resultados  
11/05/2025 - 9:28

Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005

Juv. B Mas. Juv B: 5:02.11 / Juv. A Mas. Juv A: 4:57.75

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
<b>Juvenis B, 15 anos</b>			
1. GONCALVES, Tomas Figueiredo	10 Naval do Funchal	<b>4:52.70</b>	516
<i>TAC Nacional Juv Jun e Sen. - Coimbra, 24-27 Julho</i>			
50m: 30.44 30.44	150m: 1:46.09 39.31	250m: 3:03.81 39.13	350m: 4:19.53 35.39
100m: 1:06.78 36.34	200m: 2:24.68 38.59	300m: 3:44.14 40.33	400m: 4:52.70 33.17
2. RAPOSO, Mateus Medeiros	10 Desportivo Nacional	<b>5:10.14</b>	433
50m: 31.62 31.62	150m: 1:51.42 42.71	250m: 3:15.82 44.06	350m: 4:36.09 35.91
100m: 1:08.71 37.09	200m: 2:31.76 40.34	300m: 4:00.18 44.36	400m: 5:10.14 34.05
3. MENDES, Salvador Neves	10 Naval do Funchal	<b>5:20.81</b>	392
50m: 30.61 30.61	150m: 1:48.04 41.24	250m: 3:16.09 47.78	350m: 4:44.94 38.14
100m: 1:06.80 36.19	200m: 2:28.31 40.27	300m: 4:06.80 50.71	400m: 5:20.81 35.87
4. GONCALVES, Tiago Mauricio	10 Desportivo Nacional	<b>6:05.97</b>	264
50m: 36.57 36.57	150m: 2:11.72 49.82	250m: 3:52.43 52.39	350m: 5:28.58 42.94
100m: 1:21.90 45.33	200m: 3:00.04 48.32	300m: 4:45.64 53.21	400m: 6:05.97 37.39
5. FERREIRA, Manuel Maria	10 Naval do Funchal	<b>6:27.23</b>	222
50m: 39.49 39.49	150m: 2:22.07 51.58	250m: 4:07.77 58.20	350m: 5:46.84 41.56
100m: 1:30.49 51.00	200m: 3:09.57 47.50	300m: 5:05.28 57.51	400m: 6:27.23 40.39

**Juvenis A, 16 anos**

1. ANDRADE, Salvador Freitas	09 Naval do Funchal	<b>4:52.46</b>	517
<i>TAC Nacional Juv Jun e Sen. - Coimbra, 24-27 Julho</i>			
50m: 30.90 30.90	150m: 1:45.95 39.70	250m: 3:04.01 41.23	350m: 4:20.58 34.30
100m: 1:06.25 35.35	200m: 2:22.78 36.83	300m: 3:46.28 42.27	400m: 4:52.46 31.88
2. SILVA, Joao Bernardo	09 Desportivo Nacional	<b>5:07.73</b>	444
50m: 31.10 31.10	150m: 1:48.78 40.79	250m: 3:12.65 44.02	350m: 4:33.07 36.11
100m: 1:07.99 36.89	200m: 2:28.63 39.85	300m: 3:56.96 44.31	400m: 5:07.73 34.66
3. MARTINHO, Joao Miguel	09 Desportivo Nacional	<b>5:15.20</b>	413
50m: 32.98 32.98	150m: 1:53.81 43.03	250m: 3:16.77 41.83	350m: 4:38.01 38.12
100m: 1:10.78 37.80	200m: 2:34.94 41.13	300m: 3:59.89 43.12	400m: 5:15.20 37.19
4. SOUSA, Eduardo Afonseca	09 Desportivo Nacional	<b>5:19.39</b>	397
50m: 32.08 32.08	150m: 1:53.05 42.60	250m: 3:20.36 45.54	350m: 4:43.46 36.86
100m: 1:10.45 38.37	200m: 2:34.82 41.77	300m: 4:06.60 46.24	400m: 5:19.39 35.93
5. CRESPO, Joao Jesus	09 Desportivo Nacional	<b>5:24.61</b>	378
50m: 31.68 31.68	150m: 1:57.02 44.90	250m: 3:22.08 42.86	350m: 4:46.21 39.03
100m: 1:12.12 40.44	200m: 2:39.22 42.20	300m: 4:07.18 45.10	400m: 5:24.61 38.40
6. MARTINS, Antonio Freitas	09 Desportivo Nacional	<b>6:04.87</b>	266
50m: 37.97 37.97	150m: 2:10.76 48.59	250m: 3:53.67 56.15	350m: 5:28.94 38.70
100m: 1:22.17 44.20	200m: 2:57.52 46.76	300m: 4:50.24 56.57	400m: 6:04.87 35.93