

| Prova 11 | Femin., 1500m Livres | | | | Absolutos |
|------------------------|---|--------------------------|-----|---------|------------|
| 08/03/2025 - 10:42 | Junto com a prova n.º 12 (1500m Livres Masc.) | | | | Resultados |
| Recorde Regional Open | 17:37.10 | ANDRADE, Rubina Amaro | CDN | Funchal | 22/07/1995 |
| Recorde Regional Sen | 18:33.88 | VIEIRA, Rubina Capitaio | CDN | Funchal | 26/02/2011 |
| Recorde Regional Jun18 | 18:11.94 | MELIM, Claudia Ramos | CDN | | 16/12/2001 |
| Recorde Regional Jun17 | 18:32.01 | HENRIQUES, Luisa Costa | CNF | Funchal | 29/05/2010 |
| Recorde Regional Jun16 | 17:37.10 | ANDRADE, Rubina Amaro | CDN | Funchal | 22/07/1995 |
| Recorde Regional Juv A | 18:48.70 | COSTA, Maria Jardim | CDN | Funchal | 13/05/2021 |
| Recorde Regional Juv B | 18:18.70 | ANDRADE, Rubina Amaro | CDN | Funchal | 05/03/1993 |
| Recorde Regional Inf A | 18:56.18 | JESUS, Vera Franca | CNF | Funchal | 28/06/2024 |
| Recorde Regional Inf B | 19:43.31 | CORREIA, Lisandra Aguiar | CSM | Funchal | 01/06/2003 |

Juv. B Fem. Juv B: 19:08.03 / Juv. A Fem. Juv A: 18:48.30 / Júnior 1º Ano Fem. Jun16: 18:28.31 / Júnior 2º e 3.º Ano Fem. 17 - 18: 18:15.49 / Sénior 1.º Fem. Sen19: 18:03.40 / Sénior 2.º Fem. 20 +: 17:48.60

Pontos: AQUA 2024

| Lugar | Ano | | Tempo final | | | | | | Pts | | | |
|-------------------------|------------------------|---------|-------------|---------------------|---------|---------|--------|----------|---------|-----------------|----------|---------|
| Juniore, 16 aos 18 anos | | | | | | | | | | | | |
| 1. | RODRIGUES, Laura Sofia | | 07 | Juventude Atlantico | | | | | | 18:31.44 | 545 | |
| | 100m: | 1:06.70 | 1:06.70 | 500m: | 6:01.88 | 1:14.97 | 900m: | 11:00.62 | 1:14.80 | 1300m: | 16:02.23 | 1:15.68 |
| | 200m: | 2:18.74 | 1:12.04 | 600m: | 7:16.69 | 1:14.81 | 1000m: | 12:15.51 | 1:14.89 | 1400m: | 17:17.70 | 1:15.47 |
| | 300m: | 3:32.38 | 1:13.64 | 700m: | 8:31.28 | 1:14.59 | 1100m: | 13:30.76 | 1:15.25 | 1500m: | 18:31.44 | 1:13.74 |
| | 400m: | 4:46.91 | 1:14.53 | 800m: | 9:45.82 | 1:14.54 | 1200m: | 14:46.55 | 1:15.79 | | | |

Absolutos, 12 anos e mais velhas

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|----|------------------------|---------|---------|---------------------|---------|---------|--------|----------|---------|-----------------|----------|---------|
| 1. | RODRIGUES, Laura Sofia | | 07 | Juventude Atlantico | | | | | | 18:31.44 | 545 | |
| | 100m: | 1:06.70 | 1:06.70 | 500m: | 6:01.88 | 1:14.97 | 900m: | 11:00.62 | 1:14.80 | 1300m: | 16:02.23 | 1:15.68 |
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| | 300m: | 3:32.38 | 1:13.64 | 700m: | 8:31.28 | 1:14.59 | 1100m: | 13:30.76 | 1:15.25 | 1500m: | 18:31.44 | 1:13.74 |
| | 400m: | 4:46.91 | 1:14.53 | 800m: | 9:45.82 | 1:14.54 | 1200m: | 14:46.55 | 1:15.79 | | | |