

Prova 2

Masc., 400m Livres

Absoluto

31/05/2024 - 19:30

Resultados

Recorde Regional Open	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

Infantil B Mas. Inf B: 4:54.87 / Infantil A Mas. Inf A: 4:40.13 / Juv. B Mas. Juv B: 4:28.59 / Juv. A Mas. Juv A: 4:22.43 /

Júnior 1º Ano Mas. Jun17: 4:15.03 / Júnior 2º Ano Mas. Jun18: 4:13.80 / Sénior 1º Ano Mas. Sen19: 4:07.64 /

Sénior 2º Ano Mas. 20+: 4:06.41

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo final	Pts	Torneio
<b>Infantis (13 and 14 years)</b>						
1.	MENDES, Salvador Neves	10	Naval do Funchal	<b>4:58.12</b>	360	4,00
	<i>Vencedor do Escalão [Infantil A e B]</i>					
	50m: 32.79 32.79	150m: 250m:	350m:	250m:	350m:	
	100m: 1:09.86 37.07	200m: 2:25.18	300m: 3:42.20	400m: 4:58.12		
2.	VIEIRA, Francisco Rodrigues	10	Naval do Funchal	<b>5:14.67</b>	306	2,00
	50m: 34.84 34.84	150m: 250m:	350m:	250m:	350m:	
	100m: 1:13.25 38.41	200m: 2:33.98	300m: 3:55.04	400m: 5:14.67		
3.	SILVA, Alexandre Antonio	11	Naval do Funchal	<b>5:17.39</b>	299	1,00
	50m: 35.49 35.49	150m: 250m:	350m:	250m:	350m:	
	100m: 1:15.74 40.25	200m: 2:36.37	300m: 3:58.53	400m: 5:17.39		
4.	MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	<b>6:02.54</b>	200	-
	50m: 37.88 37.88	150m: 250m:	350m:	250m:	350m:	
	100m: 1:23.41 45.53	200m: 2:57.31	300m: 4:30.24	400m: 6:02.54		
5.	FERREIRA, Manuel Maria	10	Naval do Funchal	<b>6:23.21</b>	169	-
	50m: 38.50 38.50	150m: 250m:	350m:	250m:	350m:	
	100m: 1:23.78 45.28	200m: 2:54.13	300m: 4:38.22	400m: 6:23.21		

Juvenis (15 and 16 years)

1.	MIRANDA, Francisco Guilherme	08	Naval do Funchal	<b>4:17.26</b>	561	4,00
	<i>Vencedor do Escalão [Juvenil A e B], TAC Nacional OPEN Portugal   12-14 Julho - Jamor</i>					
	50m: 28.60 28.60	150m: 250m:	350m:	250m:	350m:	
	100m: 1:00.15 31.55	200m: 2:05.20	300m: 3:11.59	400m: 4:17.26		
2.	JESUS, Vasco Franca	08	Naval do Funchal	<b>4:21.79</b>	532	2,00
	<i>TAC Nacional OPEN Portugal   12-14 Julho - Jamor</i>					
	50m: 29.41 29.41	150m: 250m:	350m:	250m:	350m:	
	100m: 1:01.69 32.28	200m: 2:08.05	300m: 3:15.55	400m: 4:21.79		
3.	CASTRO, Marco Antonio	08	Naval do Funchal	<b>4:23.71</b>	521	1,00
	50m: 29.08 29.08	150m: 250m:	350m:	250m:	350m:	
	100m: 1:01.29 32.21	200m: 2:08.01	300m: 3:15.92	400m: 4:23.71		
4.	SOUSA, Eduardo Afonseca	09	Desportivo Nacional	<b>4:41.84</b>	427	-
	50m: 31.30 31.30	150m: 250m:	350m:	250m:	350m:	
	100m: 1:05.38 34.08	200m: 2:16.31	300m: 3:29.90	400m: 4:41.84		
5.	PESTANA, Pedro Correia	09	Desportivo Nacional	<b>4:44.95</b>	413	-
	50m: 30.08 30.08	150m: 250m:	350m:	250m:	350m:	
	100m: 1:04.29 34.21	200m: 2:16.21	300m: 3:30.61	400m: 4:44.95		

Prova 2, Masc., 400m Livres, Juvenis (15 and 16 years)

Lugar	Nome	Ano	Clube	Tempo final	Pts	Torneio
6.	MARTINS, Antonio Freitas	09	Desportivo Nacional	<b>4:48.10</b>	399	-
	50m: 33.59 33.59 150m: 250m:			350m:		
	100m: 1:10.14 36.55 200m: 2:23.54 300m: 3:36.86			400m: 4:48.10		
7.	MARTINHO, Joao Miguel	09	Desportivo Nacional	<b>4:54.94</b>	372	-
	50m: 32.14 32.14 150m: 250m:			350m:		
	100m: 1:08.80 36.66 200m: 2:23.74 300m: 3:39.62			400m: 4:54.94		
8.	CRESPO, Joao Jesus	09	Desportivo Nacional	<b>5:01.41</b>	349	-
	50m: 32.79 32.79 150m: 250m:			350m:		
	100m: 1:10.87 38.08 200m: 2:27.34 300m: 3:44.51			400m: 5:01.41		
9.	JARDIM, Joao Tomas	09	Desportivo Nacional	<b>5:23.68</b>	281	-
	50m: 34.94 34.94 150m: 250m:			350m:		
	100m: 1:14.25 39.31 200m: 2:38.77 300m: 4:02.03			400m: 5:23.68		
10.	VELOZA, Tomas Ramos	09	Desportivo Nacional	<b>5:45.27</b>	232	-
	50m: 38.56 38.56 150m: 250m:			350m:		
	100m: 1:21.30 42.74 200m: 2:50.41 300m: 4:18.78			400m: 5:45.27		

Absolutos (17+ years)

1.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	<b>4:10.58</b>	607	4,00
	<i>Vencedor do Escalão [Júnior e Sénior]</i>					
	50m: 27.60 27.60 150m: 250m:			350m:		
	100m: 58.73 31.13 200m: 2:03.18 300m: 3:07.57			400m: 4:10.58		
2.	COSTA, Guilherme Corte	07	Desportivo Nacional	<b>4:13.69</b>	585	2,00
	<i>TAC Nacional OPEN Portugal   12-14 Julho - Jamor</i>					
	50m: 28.71 28.71 150m: 250m:			350m:		
	100m: 59.44 30.73 200m: 2:04.38 300m: 3:10.29			400m: 4:13.69		
3.	ABREU, Sergio Gomes	96	Naval do Funchal	<b>4:13.85</b>	584	1,00
	50m: 27.59 27.59 150m: 250m:			350m:		
	100m: 58.78 31.19 200m: 2:03.98 300m: 3:09.54			400m: 4:13.85		
4.	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	<b>4:15.42</b>	573	-
	50m: 27.79 27.79 150m: 250m:			350m:		
	100m: 59.01 31.22 200m: 2:03.66 300m: 3:09.83			400m: 4:15.42		
5.	BERENGUER, Santiago Moura	07	Juventude Atlantico	<b>4:53.87</b>	376	-
	50m: 31.44 31.44 150m: 250m:			350m:		
	100m: 1:09.22 37.78 200m: 2:26.44 300m: 3:41.64			400m: 4:53.87		
6.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	<b>5:04.15</b>	339	-
	50m: 33.20 33.20 150m: 250m:			350m:		
	100m: 1:10.76 37.56 200m: 2:28.17 300m: 3:45.52			400m: 5:04.15		