

Prova 1 Femin., 400m Livres Absoluto
31/05/2024 - 19:15 Resultados

Recorde Regional Open	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

Infantil B Fem. Inf B: 5:19.41 / Infantil A Fem. Inf A: 5:08.41 / Juv. B Fem. Juv B: 4:53.50 / Juv. A Fem. Juv A: 4:46.71 /
Júnior 1º Ano Fem. Jun16: 4:39.91 / Júnior 2º Ano Fem. Jun17: 4:38.55 / Sénior 1.º Fem. Sen18: 4:33.12 /
Sénior 2.º Fem. 19+: 4:31.76

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo final	Pts	Torneio
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Infantis (12 and 13 years)

1.	JESUS, Vera Franca	11	Naval do Funchal	4:51.80	498	4,00
<i>Vencedor do Escalão [Infantil A e B], TAC Nacional Infantis 19-21 Julho - Manteigadas</i>						
	50m: 34.71 34.71	150m:	250m:	350m:		
	100m: 1:08.88 34.17	200m: 2:23.83	300m: 3:38.14	400m: 4:51.80		
2.	OLIVEIRA, Mariana Lopes	11	Naval do Funchal	5:30.37	343	2,00
	50m: 36.62 36.62	150m:	250m:	350m:		
	100m: 1:17.21 40.59	200m: 2:41.31	300m: 4:05.74	400m: 5:30.37		
3.	QUINTAL, Margarida Silva	12	Juventude Atlantico	5:46.78	296	1,00
	50m: 38.18 38.18	150m:	250m:	350m:		
	100m: 1:22.25 44.07	200m: 2:51.52	300m: 4:21.09	400m: 5:46.78		
4.	FREITAS, Sara Margarida	11	Juventude Atlantico	6:01.27	262	-
	50m: 38.48 38.48	150m:	250m:	350m:		
	100m: 1:25.02 46.54	200m: 2:58.64	300m: 4:33.69	400m: 6:01.27		
5.	SILVA, Ana Matilde	11	Desportivo Nacional	6:04.72	255	-
	50m: 41.41 41.41	150m:	250m:	350m:		
	100m: 1:26.42 45.01	200m: 2:58.85	300m: 4:33.55	400m: 6:04.72		
6.	OJKIC, Vera Jose	12	Juventude Atlantico	6:17.34	230	-
	50m: 40.16 40.16	150m:	250m:	350m:		
	100m: 1:24.28 44.12	200m: 3:00.02	300m: 4:41.76	400m: 6:17.34		

Juvenis (14 and 15 years)

1.	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	4:53.73	488	4,00
<i>Vencedor do Escalão [Juvenil A e B]</i>						
	50m: 31.00 31.00	150m:	250m:	350m:		
	100m: 1:06.61 35.61	200m: 2:21.05	300m: 3:37.05	400m: 4:53.73		
2.	MELIM, Sara Beatriz	09	Desportivo Nacional	4:56.76	473	2,00
	50m: 35.14 35.14	150m:	250m:	350m:		
	100m: 1:12.15 37.01	200m: 2:27.18	300m: 3:42.49	400m: 4:56.76		
3.	ROSA, Clara Sofia	10	Desportivo Nacional	5:05.38	434	1,00
	50m: 35.24 35.24	150m:	250m:	350m:		
	100m: 1:13.25 38.01	200m: 2:30.63	300m: 3:48.61	400m: 5:05.38		
4.	PEREIRA, Eduarda Ribeiro	09	Naval do Funchal	5:07.90	423	-
	50m: 32.74 32.74	150m:	250m:	350m:		
	100m: 1:10.15 37.41	200m: 2:27.42	300m: 3:47.36	400m: 5:07.90		

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Absolutos (16+ years)

1.	ROJAS, Zara Alejandra	07	Desportivo Nacional	4:45.41	532	4,00
	<i>Vencedor do Escalão [Júnior e Sénior]</i>					
	50m: 29.60	29.60	150m: 250m:	350m:		
	100m: 1:03.30	33.70	200m: 2:14.40	400m: 4:45.41		