



Prova 12 Masc., 400m Estilos Absoluto  
15/12/2023 - 20:39 Resultados

Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

Juv. B Mas. Juv B: 5:05.79 / Juv. A Mas. Juv A: 4:58.78 / J nior 1  Ano Mas. Jun17: 4:50.36 / J nior 2  Ano Mas. Jun18: 4:48.96 / S nior 1  Ano Mas. Sen19: 4:41.94 / S nior 2  Ano Mas. 20 +: 4:40.54

Pontos: FINA 2023

Juvenis A, 16 anos

Lugar	Ano	Tempo final	Pts
1. SILVA, Francisco Pita	08 Escola O Liceu	<b>7:02.27</b>	171
50m: 44.25 44.25	150m: 2:29.91 51.79	250m: 4:24.82 1:04.24	350m: 6:17.97 46.72
100m: 1:38.12 53.87	200m: 3:20.58 50.67	300m: 5:31.25 1:06.43	400m: 7:02.27 44.30

Absolutos, 13 anos e mais velhos

1. SILVA, Francisco Pita	08 Escola O Liceu	<b>7:02.27</b>	171
50m: 44.25 44.25	150m: 2:29.91 51.79	250m: 4:24.82 1:04.24	350m: 6:17.97 46.72
100m: 1:38.12 53.87	200m: 3:20.58 50.67	300m: 5:31.25 1:06.43	400m: 7:02.27 44.30