

Prova 26 Femin., 400m Livres Absoluto  
Startlist  
18/11/2023 - 10:03

Recorde Regional Open	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

ZONAL Inf. B Fem. Inf B: 5:35.00 / ZONAL Inf. A Fem. Inf A: 5:19.50 / ZONAL Juv. B Fem. Juv B: 5:07.37 /  
ZONAL Juv. A Fem. Juv A: 4:59.94 / Infantil B Fem. Inf B: 5:19.41 / Infantil A Fem. Inf A: 5:08.41 / Juv. B Fem. Juv B: 4:53.50 /  
Juv. A Fem. Juv A: 4:46.71 / J nior 1  Ano Fem. Jun16: 4:39.91 / J nior 2  Ano Fem. Jun17: 4:38.55 /  
S nior 1.  Fem. Sen18: 4:33.12 / S nior 2.  Fem. 19 +: 4:31.76

Ano

S rie 1 de 3

1 FREITAS, Sofia Spinola	11	Desportivo Sao Roque	7:28.31
2 FERREIRA, Ana Pereira	10	Juventude Atlantico	6:52.48
3 NASCIMENTO, Leonor Silva	10	Naval do Funchal	6:18.22
4 JARDIM, Maria Velosa	12	Naval do Funchal	6:11.08
5 BAPTISTA, Valentina Hermida	11	Juventude Atlantico	6:17.79
6 OLIVEIRA, Ana Lopes	12	Naval do Funchal	6:34.70
7 AMORIM, Beatriz Pereira	12	Desportivo Sao Roque	7:17.12

S rie 2 de 3

1 MACHADO, Sarah Camila	12	Naval do Funchal	6:02.91
2 PEREIRA, Ana Matilde	11	Naval do Funchal	5:56.47
3 FERRO, Maria Franco	12	Naval do Funchal	5:46.43
4 JARDIM, Eva Santos	10	Juventude Atlantico	5:25.78
5 OLIVEIRA, Mariana Lopes	11	Naval do Funchal	5:33.09
6 MATA, Valeria Isabel	11	Naval do Funchal	5:47.73
7 COSTA, Rafaela Tome	11	Naval do Funchal	5:59.05
8 SARGO, Leonor Lourenco	11	Naval do Funchal	6:06.32

S rie 3 de 3

1 MATEUS, Eleine Vieira	09	Desportivo Nacional	5:09.48
2 PEREIRA, Eduarda Ribeiro	09	Naval do Funchal	4:54.40
3 SILVA, Silvana Suamade	06	Desportivo Sao Roque	4:52.76
4 CAMARA, Ines Cruz	07	Desportivo Nacional	4:39.35
5 RODRIGUES, Laura Sofia	07	Juventude Atlantico	4:50.53
6 MARGARIDO, Paula Aguiar	09	Juventude Atlantico	4:53.78
7 JESUS, Vera Franca	11	Naval do Funchal	5:05.74
8 ROSA, Clara Sofia	10	Desportivo Nacional	5:25.00