

Prova 14 17/11/2023 - 19:40	Femin., 400m Estilos ABSOLUTO (JUV., JUN. e SEN.)				Absolutos Startlist
Recorde Regional Open	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:13.99	CAMARA, Ines Cruz	CDN	Funchal	08/07/2023
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
ZONAL Juv. B Fem. Juv B: 5:50.53 / ZONAL Juv. A Fem. Juv A: 5:44.29 / Juv. B Fem. Juv B: 5:37.05 / Juv. A Fem. Juv A: 5:29.24 / J�nior 1� Ano Fem. Jun16: 5:21.44 / J�nior 2� Ano Fem. Jun17: 5:19.88 / S�nior 1.� Fem. Sen18: 5:13.64 / S�nior 2.� Fem. 19 +: 5:12.08					

Ano

S rie 1 de 1

3 ROSA, Clara Sofia	10	Desportivo Nacional	5:55.00
4 CAMARA, Ines Cruz	07	Desportivo Nacional	5:13.99
5 RODRIGUES, Laura Sofia	07	Juventude Atlantico	5:27.96
6 FERREIRA, Ana Pereira	10	Juventude Atlantico	7:00.00