

Prova 1	Masc., 1500m Livres				Absolutos
16/11/2023 - 19:15	ABSOLUTO (JUV., JUN. e SEN.)				Resultados
Recorde Regional Open	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Rec Nac Adaptada S17	19:44.77	CARVALHO, Joaquim Eduardo	CNF	Funchal	27/05/2023

ZONAL Juv. B Mas. Juv B: 18:45.82 / ZONAL Juv. A Mas. Juv A: 18:25.72 / Júnior 1º Ano Mas. Jun17: 17:20.38 / Júnior 2º Ano Mas. Jun18: 17:15.36 / Sénior 1º Ano Mas. Sen19: 16:50.23 / Sénior 2º Ano Mas. 20+: 16:45.20

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
<b>Juvenil B - 15 anos</b>			
1.	SILVA, Joao Bernardo	09 Desportivo Nacional	<b>18:06.86</b> 473
<i>Torneio Zonal Juvenis: Sines, 15 a 17 Dezembro</i>			
100m:	1:08.17 1:08.17	500m:	6:00.71 1:13.69
200m:	2:21.15 1:12.98	600m:	7:13.78 1:13.07
300m:	3:34.54 1:13.39	700m:	8:26.26 1:12.48
400m:	4:47.02 1:12.48	800m:	9:39.74 1:13.48
		900m:	10:52.71 1:12.97
		1000m:	12:05.78 1:13.07
		1100m:	13:18.89 1:13.11
		1200m:	14:32.01 1:13.12
		1300m:	15:45.15 1:13.14
		1400m:	16:57.56 1:12.41
		1500m:	18:06.86 1:09.30
2.	PESTANA, Pedro Correia	09 Desportivo Nacional	<b>18:25.09</b> 450
<i>Torneio Zonal Juvenis: Sines, 15 a 17 Dezembro</i>			
100m:	1:06.50 1:06.50	500m:	6:01.10 1:14.81
200m:	2:18.94 1:12.44	600m:	7:15.10 1:14.00
300m:	3:32.14 1:13.20	700m:	8:30.57 1:15.47
400m:	4:46.29 1:14.15	800m:	9:44.71 1:14.14
		900m:	11:00.03 1:15.32
		1000m:	12:15.07 1:15.04
		1100m:	13:29.91 1:14.84
		1200m:	14:44.37 1:14.46
		1300m:	15:59.21 1:14.84
		1400m:	17:13.85 1:14.64
		1500m:	18:25.09 1:11.24
3.	MARTINS, Antonio Freitas	09 Desportivo Nacional	<b>18:33.64</b> 439
<i>Torneio Zonal Juvenis: Sines, 15 a 17 Dezembro</i>			
100m:	1:09.84 1:09.84	500m:	6:07.80 1:14.02
200m:	2:24.38 1:14.54	600m:	7:22.02 1:14.22
300m:	3:39.14 1:14.76	700m:	8:36.48 1:14.46
400m:	4:53.78 1:14.64	800m:	9:51.61 1:15.13
		900m:	11:06.19 1:14.58
		1000m:	12:20.58 1:14.39
		1100m:	13:35.35 1:14.77
		1200m:	14:50.12 1:14.77
		1300m:	16:05.45 1:15.33
		1400m:	17:21.45 1:16.00
		1500m:	18:33.64 1:12.19

**Juvenil A - 16 anos**

1.	FERNANDEZ, Henrique Justino	08 Juventude Atlantico	<b>19:01.89</b> 407
100m:	1:07.89 1:07.89	500m:	6:08.55 1:17.16
200m:	2:21.53 1:13.64	600m:	7:26.14 1:17.59
300m:	3:36.03 1:14.50	700m:	8:43.40 1:17.26
400m:	4:51.39 1:15.36	800m:	10:01.27 1:17.87
		900m:	11:18.89 1:17.62
		1000m:	12:36.26 1:17.37
		1100m:	13:53.14 1:16.88
		1200m:	15:11.09 1:17.95
		1300m:	16:28.64 1:17.55
		1400m:	17:46.14 1:17.50
		1500m:	19:01.89 1:15.75

**Juniores - 17, 18 anos**

1.	COSTA, Guilherme Corte	07 Desportivo Nacional	<b>17:33.94</b> 518
100m:	1:03.97 1:03.97	500m:	5:42.94 1:10.29
200m:	2:13.06 1:09.09	600m:	6:54.11 1:11.17
300m:	3:22.95 1:09.89	700m:	8:04.92 1:10.81
400m:	4:32.65 1:09.70	800m:	9:16.12 1:11.20
		900m:	10:26.86 1:10.74
		1000m:	11:37.74 1:10.88
		1100m:	12:49.54 1:11.80
		1200m:	14:01.23 1:11.69
		1300m:	15:13.81 1:12.58
		1400m:	16:25.61 1:11.80
		1500m:	17:33.94 1:08.33
2.	PENSO, Miguel Reigada	07 Desportivo Sao Roque	<b>19:37.53</b> 372
100m:	1:09.62 1:09.62	500m:	6:19.32 1:19.07
200m:	2:24.88 1:15.26	600m:	7:38.24 1:18.92
300m:	3:42.36 1:17.48	700m:	8:58.25 1:20.01
400m:	5:00.25 1:17.89	800m:	10:17.71 1:19.46
		900m:	11:36.43 1:18.72
		1000m:	12:56.00 1:19.57
		1100m:	14:16.78 1:20.78
		1200m:	15:37.78 1:21.00
		1300m:	16:59.94 1:22.16
		1400m:	18:19.38 1:19.44
		1500m:	19:37.53 1:18.15
3.	CARVALHO, Joaquim Eduardo	07 Naval do Funchal	<b>19:47.91</b> 362
<i>RECORDE NACIONAL DE NATACÃO ADAPTADA</i>			
100m:	1:08.80 1:08.80	500m:	6:26.70 1:20.30
200m:	2:26.15 1:17.35	600m:	7:47.12 1:20.42
300m:	3:45.90 1:19.75	700m:	9:07.21 1:20.09
400m:	5:06.40 1:20.50	800m:	10:27.56 1:20.35
		900m:	11:47.42 1:19.86
		1000m:	13:07.89 1:20.47
		1100m:	14:28.60 1:20.71
		1200m:	15:49.35 1:20.75
		1300m:	17:09.89 1:20.54
		1400m:	18:29.93 1:20.04
		1500m:	19:47.91 1:17.98