

Prova 1 Masc., 400m Livres 12 - 14 anos
17/06/2023 - 9:15 CADETES A + EXH Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
Cadete A, 12 anos			
1. ABREU, Pedro Dinis	11	Naval do Funchal	5:39.61 244
50m: 35.61 35.61	150m: 1:58.06 42.63	250m: 3:27.63 45.21	350m: 4:57.25 44.39
100m: 1:15.43 39.82	200m: 2:42.42 44.36	300m: 4:12.86 45.23	400m: 5:39.61 42.36
2. PENSO, Tiago Daniel	11	Escola O Liceu	5:45.48 231
50m: 39.90 39.90	150m: 2:09.57 45.85	250m: 3:40.73 45.92	350m: 5:04.87 40.76
100m: 1:23.72 43.82	200m: 2:54.81 45.24	300m: 4:24.11 43.38	400m: 5:45.48 40.61
3. FREITAS, Jonas Christian	11	Desportivo Nacional	5:49.38 224
50m: 38.26 38.26	150m: 2:05.51 45.13	250m: 3:35.56 45.85	350m: 5:06.16 44.78
100m: 1:20.38 42.12	200m: 2:49.71 44.20	300m: 4:21.38 45.82	400m: 5:49.38 43.22
4. VARELA, Alvaro Antonio	11	Ginasio de Porto Santo	5:52.20 218
50m: 37.65 37.65	150m: 2:05.63 44.81	250m: 3:35.64 45.07	350m: 5:07.86 45.99
100m: 1:20.82 43.17	200m: 2:50.57 44.94	300m: 4:21.87 46.23	400m: 5:52.20 44.34
5. SILVA, Alexandre Antonio	11	Naval do Funchal	6:26.70 165
50m: 42.54 42.54	150m: 2:22.46 50.65	250m: 4:04.45 51.26	350m: 5:43.18 49.32
100m: 1:31.81 49.27	200m: 3:13.19 50.73	300m: 4:53.86 49.41	400m: 6:26.70 43.52
6. LUCIO, Lourenco Perestrelo	11	Naval do Funchal	6:30.92 160
50m: 40.82 40.82	150m: 2:19.09 49.11	250m: 3:58.96 49.30	350m: 5:44.53 52.34
100m: 1:29.98 49.16	200m: 3:09.66 50.57	300m: 4:52.19 53.23	400m: 6:30.92 46.39
7. SILVA, Pedro Fernandes	11	Naval do Funchal	6:46.75 142
50m: 43.37 43.37	150m: 2:27.01 51.84	250m: 4:12.88 52.28	350m: 6:00.66 53.89
100m: 1:35.17 51.80	200m: 3:20.60 53.59	300m: 5:06.77 53.89	400m: 6:46.75 46.09
8. JARDIM, Tiago Francisco	11	Desportiva de Machico	6:54.28 134
50m: 40.74 40.74	150m: 2:21.59 52.75	250m: 4:10.04 54.96	350m: 6:00.50 54.86
100m: 1:28.84 48.10	200m: 3:15.08 53.49	300m: 5:05.64 55.60	400m: 6:54.28 53.78
9. CRO, Rodrigo Antonio	11	Desportivo Sao Roque	7:00.66 128
50m: 43.33 43.33	150m: 2:30.09 53.65	250m: 4:19.29 53.95	350m: 6:08.86 55.14
100m: 1:36.44 53.11	200m: 3:25.34 55.25	300m: 5:13.72 54.43	400m: 7:00.66 51.80
10. MARTINS, Eduardo Abreu	11	Desportivo Sao Roque	7:05.57 124
50m: 44.17 44.17	150m: 2:32.24 55.59	250m: 4:22.32 55.34	350m: 6:11.99 53.89
100m: 1:36.65 52.48	200m: 3:26.98 54.74	300m: 5:18.10 55.78	400m: 7:05.57 53.58
11. COSTA, Tomas Aveiro	11	Naval do Funchal	7:07.66 122
50m: 46.38 46.38	150m: 2:34.32 54.89	250m: 4:23.78 55.36	350m: 6:14.43 54.77
100m: 1:39.43 53.05	200m: 3:28.42 54.10	300m: 5:19.66 55.88	400m: 7:07.66 53.23
12. PEREIRA, Duarte Afonso	11	Desportivo Sao Roque	7:25.58 108
50m: 46.81 46.81	150m: 2:40.98 58.96	250m: 4:39.00 1:00.00	350m: 6:32.23 56.68
100m: 1:42.02 55.21	200m: 3:39.00 58.02	300m: 5:35.55 56.55	400m: 7:25.58 53.35
13. FREITAS, Gabriel Pinto	11	Desportivo Sao Roque	7:28.50 105
50m: 47.15 47.15	150m: 2:39.09 56.95	250m: 4:36.21 59.43	350m: 6:33.29 58.34
100m: 1:42.14 54.99	200m: 3:36.78 57.69	300m: 5:34.95 58.74	400m: 7:28.50 55.21
14. BAPTISTA, Miguel Sande	11	Desportivo Nacional	8:02.18 85
50m: 53.81 53.81	150m: 2:56.61 1:03.28	250m: 4:58.93 1:02.58	350m: 7:05.80 1:05.63
100m: 1:53.33 59.52	200m: 3:56.35 59.74	300m: 6:00.17 1:01.24	400m: 8:02.18 56.38
DSQ PINTO, Daniel Rodrigues	11	Juventude Atlantico	
<i>104 - Deu impulso ou andou no fundo da piscina - SW 10.4</i>			
EXH JESUS, Bernardo Correia	10	Desportivo Sao Roque	7:52.70 90
50m: 51.05 51.05	150m: 2:52.14 1:01.20	250m: 4:54.07 1:01.17	350m: 6:55.43 1:01.03
100m: 1:50.94 59.89	200m: 3:52.90 1:00.76	300m: 5:54.40 1:00.33	400m: 7:52.70 57.27