

Prova 1 Masc., 400m Livres 12 - 14 anos
25/03/2023 - 9:15 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
Cadetes A, 2011			
1. PENSO, Tiago Daniel	11	5:48.88	225
50m: 38.60 38.60 150m:		250m:	
100m: 1:20.58 41.98 200m: 2:48.62		300m: 4:18.42	
350m:		400m: 5:48.88	
2. FREITAS, Jonas Christian	11	5:56.81	210
50m: 39.20 39.20 150m:		250m:	
100m: 1:21.89 42.69 200m: 2:52.71		300m: 4:24.08	
350m:		400m: 5:56.81	
3. ABREU, Pedro Dinis	11	6:01.24	202
50m: 38.82 38.82 150m:		250m:	
100m: 1:22.34 43.52 200m: 2:54.11		300m: 4:29.44	
350m:		400m: 6:01.24	
4. FERNANDES, Francisco Miguel	11	6:21.77	171
50m: 43.44 43.44 150m:		250m:	
100m: 1:32.38 48.94 200m: 3:12.66		300m: 4:53.14	
350m:		400m: 6:21.77	
5. VARELA, Alvaro Antonio	11	6:22.28	171
50m: 37.24 37.24 150m:		250m:	
100m: 1:21.95 44.71 200m: 3:02.90		300m: 4:43.99	
350m:		400m: 6:22.28	
6. LUCIO, Lourenco Perestrelo	11	6:50.12	138
50m: 40.76 40.76 150m:		250m:	
100m: 1:32.46 51.70 200m: 3:18.91		300m: 5:07.80	
350m:		400m: 6:50.12	
7. COSTA, Tomas Aveiro	11	6:54.67	134
50m: 44.58 44.58 150m:		250m:	
100m: 1:35.99 51.41 200m: 3:22.30		300m: 5:10.36	
350m:		400m: 6:54.67	
8. CRO, Rodrigo Antonio	11	6:58.77	130
50m: 42.84 42.84 150m:		250m:	
100m: 1:34.89 52.05 200m: 3:22.78		300m: 5:12.01	
350m:		400m: 6:58.77	
9. SILVA, Pedro Fernandes	11	7:01.27	127
50m: 42.94 42.94 150m:		250m:	
100m: 1:35.14 52.20 200m: 3:22.54		300m: 5:14.80	
350m:		400m: 7:01.27	
10. SILVA, Alexandre Antonio	11	7:01.80	127
50m: 44.86 44.86 150m:		250m:	
100m: 1:38.35 53.49 200m: 3:27.80		300m: 5:20.12	
350m:		400m: 7:01.80	
11. RODRIGUES, Rodrigo San	11	7:16.75	114
50m: 46.74 46.74 150m:		250m:	
100m: 1:39.86 53.12 200m: 3:31.94		300m: 5:29.78	
350m:		400m: 7:16.75	
12. PEREIRA, Duarte Afonso	11	7:20.81	111
50m: 43.97 43.97 150m:		250m:	
100m: 1:39.07 55.10 200m: 3:32.79		300m: 5:29.50	
350m:		400m: 7:20.81	
13. BAPTISTA, Miguel Sande	11	7:50.49	91
50m: 45.97 45.97 150m:		250m:	
100m: 1:43.54 57.57 200m: 3:48.55		300m: 5:50.47	
350m:		400m: 7:50.49	
14. PINTO, Daniel Rodrigues	11	8:27.95	72
50m: 56.17 56.17 150m:		250m:	
100m: 1:57.38 1:01.21 200m: 4:05.47		300m: 6:18.14	
350m:		400m: 8:27.95	
EXH NASCIMENTO, Santiago Santos	10	6:28.84	162
50m: 42.52 42.52 150m:		250m:	
100m: 1:29.94 47.42 200m: 3:09.43		300m: 4:52.45	
350m:		400m: 6:28.84	
EXH GOMEZ, Manuel Emilio	09	6:43.32	145
50m: 44.79 44.79 150m:		250m:	
100m: 1:34.84 50.05 200m: 3:19.41		300m: 5:04.07	
350m:		400m: 6:43.32	