

| Prova 4 18/02/2023 - 10:16 | Femin., 200m Costas Race 4: 200m Backstroke Female | | | | Categorias Resultados | |
|----------------------------------|---|--------------------------|-----|----------------|--------------------------|--|
| World Record | 2:03.35 | SMITH, Regan E | USA | Gwangju (KOR) | 26/07/2019 | |
| European Record | 2:06.08 | PANZIERA, Margherita | ITA | Budapest (HUN) | 23/05/2021 | |
| Portuguese National Record | 2:10.41 | REBELO, Camila Rodrigues | ALN | Oran (ALG) | 02/07/2022 | |
| OPEN Liceu Madeira Record | 2:24.69 | RAMOS, Ana Rita | POR | Funchal | 19/02/2022 | |
| ParaSwimming Nacional Record S21 | 3:41.39 | NG, Mannie | POR | Liberec (CZE) | 08/07/2009 | |

Pontos: FINA 2022

| Plane | Name | Birth | Clube | Time | Points | INFO |
|----------------------------|--|-------|---------------------|----------------|---------|---|
| Infantil B, 12 anos | | | | | | |
| 1. | VINAGREIRO, Ana Miguel | 11 | Colegio Efanor | 3:16.80 | 246 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março</i> | | | | | |
| | 50m: | 47.96 | 47.96 | 100m: | 1:38.19 | 50.23 150m: 2:28.15 49.96 200m: 3:16.80 48.65 |
| 2. | LOGARINHO, Mia Jorge | 11 | Colegio Efanor | 3:18.22 | 240 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março</i> | | | | | |
| | 50m: | 48.09 | 48.09 | 100m: | 1:38.79 | 50.70 150m: 2:29.34 50.55 200m: 3:18.22 48.88 |
| 3. | VIEIRA, Matilde Sofia | 11 | Desportivo Nacional | 3:27.07 | 211 | |
| | 50m: | 48.07 | 48.07 | 100m: | 1:41.26 | 53.19 150m: 2:36.35 55.09 200m: 3:27.07 50.72 |
| 4. | FREITAS, Sara Margarida | 11 | Juventude Atlantico | 3:39.67 | 177 | |
| | 50m: | 50.59 | 50.59 | 100m: | 1:46.67 | 56.08 150m: 2:44.32 57.65 200m: 3:39.67 55.35 |
| DNS | VIEIRA, Frederica Vinhas | 11 | CD Campinho | | | |

Infantil A, 13 anos

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|----|--|-------|----------------|----------------|---------|---|
| 1. | NOGUEIRA, Cloe Canadas | 10 | Colegio Efanor | 2:45.89 | 411 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i> | | | | | |
| | 50m: | 37.72 | 37.72 | 100m: | 1:19.79 | 42.07 150m: 2:04.27 44.48 200m: 2:45.89 41.62 |
| 2. | CUNHA, Maria Rita | 10 | Colegio Efanor | 2:49.31 | 386 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i> | | | | | |
| | 50m: | 40.87 | 40.87 | 100m: | 1:24.59 | 43.72 150m: 2:07.49 42.90 200m: 2:49.31 41.82 |
| 3. | OLIVEIRA, Catarina Sousa | 10 | Colegio Efanor | 2:50.79 | 376 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i> | | | | | |
| | 50m: | 41.32 | 41.32 | 100m: | 1:25.91 | 44.59 150m: 2:09.49 43.58 200m: 2:50.79 41.30 |
| 4. | OLIVEIRA, Rita Sousa | 10 | Colegio Efanor | 3:04.84 | 297 | |
| | <i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março</i> | | | | | |
| | 50m: | 42.85 | 42.85 | 100m: | 1:29.75 | 46.90 150m: 2:18.35 48.60 200m: 3:04.84 46.49 |

Juvenil B, 14 anos

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|----|---------------------------|-------|---------------------|----------------|---------|---|
| 1. | SOUSA, Ines Fernandes | 09 | Colegio Efanor | 2:46.64 | 405 | |
| | 50m: | 37.26 | 37.26 | 100m: | 1:19.53 | 42.27 150m: 2:03.81 44.28 200m: 2:46.64 42.83 |
| 2. | MATEUS, Eleine Vieira | 09 | Desportivo Nacional | 2:51.93 | 369 | |
| | 50m: | 39.65 | 39.65 | 100m: | 1:23.24 | 43.59 150m: 2:08.47 45.23 200m: 2:51.93 43.46 |
| 3. | FERREIRA, Natacha Camacho | 09 | Juventude Atlantico | 3:08.37 | 280 | |
| | 50m: | 43.92 | 43.92 | 100m: | 1:31.85 | 47.93 150m: 2:21.93 50.08 200m: 3:08.37 46.44 |
| 4. | SILVA, Mariana Ponte | 09 | Naval do Funchal | 3:25.66 | 215 | |
| | 50m: | 49.76 | 49.76 | 100m: | 1:42.42 | 52.66 150m: 2:36.65 54.23 200m: 3:25.66 49.01 |
| 5. | ROMAO, Laura Beatriz | 09 | Naval do Funchal | 3:32.21 | 196 | |
| | 50m: | 49.44 | 49.44 | 100m: | 1:44.28 | 54.84 150m: 2:39.33 55.05 200m: 3:32.21 52.88 |

Prova 4, Femin., 200m Costas

Juvenil A, 15 anos

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|-----|-------------------------|---------------|----------------|---------------|-------|---------------|--|--|----------------|-------|
| 1. | FONTE, Beatriz Geraides | 08 | Colegio Efanor | | | | | | 2:44.51 | 421 |
| | 50m: 37.47 37.47 | 100m: 1:19.21 | 41.74 | 150m: 2:03.43 | 44.22 | 200m: 2:44.51 | | | | 41.08 |
| DNS | COUTINHO, Rafaela Calvo | 08 | CD Campinho | | | | | | | |

Juniores, 16 e 17 anos

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| 1. | CARICHAS, Joana Medeiros | 06 | Juventude Atlantico | | | | | | 2:43.98 | 425 |
| | 50m: 37.57 37.57 | 100m: 1:19.93 | 42.36 | 150m: 2:03.78 | 43.85 | 200m: 2:43.98 | | | | 40.20 |
| 2. | RINCU, Alexandra | 07 | Naval do Funchal | | | | | | 3:04.06 | 300 |
| | 50m: 43.08 43.08 | 100m: 1:29.59 | 46.51 | 150m: 2:17.35 | 47.76 | 200m: 3:04.06 | | | | 46.71 |

Seniores, 18 anos e mais velhas

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|-----|----------------------------|---------------|------------------------|---------------|-------|---------------|--|--|----------------|-------|
| 1. | PEREIRA, Isabel dos Santos | 05 | Colegio Efanor | | | | | | 2:38.38 | 472 |
| | 50m: 35.24 35.24 | 100m: 1:15.50 | 40.26 | 150m: 1:57.19 | 41.69 | 200m: 2:38.38 | | | | 41.19 |
| DNS | TORRES, Diana Ines | 99 | Futebol Clube do Porto | | | | | | | |
| DNS | FERNANDES, Ana Catarina | 05 | CD Campinho | | | | | | | |