

Event 2 Women, 400m Freestyle  
18/02/2023 - 9:47 Race 2: 400m Freestyle Female Categorias Results

World Record	3:56.40	TITMUS, Ariarne	AUS	Adelaide (AUS)	22/05/2022
European Record	4:01.53	PELLEGRINI, Federica	ITA	Eindhoven (NED)	24/03/2008
Portuguese National Record	4:09.49	DURAES, Diana Margarida	SLB	Tarragona (ESP)	25/06/2018
OPEN Liceu Madeira Record	4:46.65	CELIK, Tina	SLO	Funchal	22/02/2020

Points: FINA 2022

Plane Name Birth Clube Time Points INFO

Infantil B, 12 anos

- JESUS, Vera Franca 11 Naval do Funchal **5:41.28** 332  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho*  
 50m: 36.82 36.82 150m: 2:04.45 42.98 250m: 3:33.43 43.47 350m: 5:00.68 42.73  
 100m: 1:21.47 44.65 200m: 2:49.96 45.51 300m: 4:17.95 44.52 400m: 5:41.28 40.60
- OLIVEIRA, Mariana Lopes 11 Naval do Funchal **5:47.69** 314  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho*  
 50m: 38.90 38.90 150m: 2:07.31 44.67 250m: 3:36.50 44.47 350m: 5:06.57 45.01  
 100m: 1:22.64 43.74 200m: 2:52.03 44.72 300m: 4:21.56 45.06 400m: 5:47.69 41.12
- SARGO, Leonor Lourenco 11 CD Sao Roque **6:10.43** 260  
 50m: 40.53 40.53 150m: 2:13.58 47.29 250m: 3:49.08 47.60 350m: 5:25.18 47.61  
 100m: 1:26.29 45.76 200m: 3:01.48 47.90 300m: 4:37.57 48.49 400m: 6:10.43 45.25
- PEREIRA, Ana Matilde 11 Naval do Funchal **6:10.51** 259  
 50m: 39.51 39.51 150m: 2:14.32 47.82 250m: 3:49.63 47.48 350m: 5:25.01 47.28  
 100m: 1:26.50 46.99 200m: 3:02.15 47.83 300m: 4:37.73 48.10 400m: 6:10.51 45.50
- GONCALVES, Mafalda Beatriz 11 Desportivo Nacional **6:12.64** 255  
 50m: 39.62 39.62 150m: 2:13.17 47.67 250m: 3:49.69 48.50 350m: 5:27.11 48.75  
 100m: 1:25.50 45.88 200m: 3:01.19 48.02 300m: 4:38.36 48.67 400m: 6:12.64 45.53
- MATA, Valeria Isabel 11 Naval do Funchal **6:23.00** 235  
 50m: 41.04 41.04 150m: 2:18.25 49.92 250m: 3:57.74 50.16 350m: 5:35.99 49.33  
 100m: 1:28.33 47.29 200m: 3:07.58 49.33 300m: 4:46.66 48.92 400m: 6:23.00 47.01
- VELOSA, Ana Matilde 11 Juventude Atlantico **7:02.06** 175  
 50m: 44.19 44.19 150m: 2:29.63 52.94 250m: 4:19.70 54.46 350m: 6:09.06 53.20  
 100m: 1:36.69 52.50 200m: 3:25.24 55.61 300m: 5:15.86 56.16 400m: 7:02.06 53.00

DSQ MARQUES, Margarida Paixao 11 Naval do Funchal  
 403 - Falsa partida - SW 4.4

Infantil A, 13 anos

- RIBEIRO, Guida Drumond 10 Naval do Funchal **5:26.38** 380  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho*  
 50m: 35.21 35.21 150m: 1:56.72 41.91 250m: 3:22.04 42.32 350m: 4:47.01 41.59  
 100m: 1:14.81 39.60 200m: 2:39.72 43.00 300m: 4:05.42 43.38 400m: 5:26.38 39.37
- JARDIM, Eva Santos 10 Juventude Atlantico **5:47.90** 313  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 37.57 37.57 150m: 2:05.99 44.63 250m: 3:35.96 44.64 350m: 5:05.11 43.86  
 100m: 1:21.36 43.79 200m: 2:51.32 45.33 300m: 4:21.25 45.29 400m: 5:47.90 42.79
- BRITO, Madalena Pinto 10 Naval do Funchal **5:52.76** 301  
 50m: 37.90 37.90 150m: 2:06.60 45.34 250m: 3:38.76 46.56 350m: 5:10.69 46.29  
 100m: 1:21.26 43.36 200m: 2:52.20 45.60 300m: 4:24.40 45.64 400m: 5:52.76 42.07
- MEDEIROS, Constanca Sousa 10 Naval do Funchal **6:07.89** 265  
 50m: 41.81 41.81 150m: 2:14.40 47.13 250m: 3:50.01 48.37 350m: 5:23.97 45.96  
 100m: 1:27.27 45.46 200m: 3:01.64 47.24 300m: 4:38.01 48.00 400m: 6:07.89 43.92
- NASCIMENTO, Leonor Silva 10 Naval do Funchal **6:17.11** 246  
 50m: 40.89 40.89 150m: 2:15.78 48.13 250m: 3:52.66 48.79 350m: 5:31.03 49.87  
 100m: 1:27.65 46.76 200m: 3:03.87 48.09 300m: 4:41.16 48.50 400m: 6:17.11 46.08

Event 2, Girls, 400m Freestyle, Infantil A, 13 anos

Plane	Name	Birth	Clube	Time	Points	INFO
DSQ	TEIXEIRA, Maria Leonor 403 - Falsa partida - SW 4.4	10	Naval do Funchal			
DNS	MULCHANDE, Mellik Anki	10	CD Campinho			

Juvenil B, 14 anos

1.	MOREIRA, Madalena Valente	09	Colegio Efanor	<b>4:56.33</b>	508	
<i>POR: TAC Nacional, JUV. - Coimbra, 28 a 30 julho, POR: TAC OPEN PORTUGAL - Funchal, 30 a 2 abril</i>						
	50m: 33.20 33.20	150m: 1:48.07	37.82	250m: 3:04.65	38.24	350m: 4:20.36 37.27
	100m: 1:10.25 37.05	200m: 2:26.41	38.34	300m: 3:43.09	38.44	400m: 4:56.33 35.97
2.	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	<b>5:10.85</b>	440	
	50m: 34.11 34.11	150m: 1:51.24	38.45	250m: 3:10.03	38.90	350m: 4:31.17 40.25
	100m: 1:12.79 38.68	200m: 2:31.13	39.89	300m: 3:50.92	40.89	400m: 5:10.85 39.68
3.	BERNARDO, Gabriela Sousa	09	Colegio Efanor	<b>5:36.78</b>	346	
	50m: 37.06 37.06	150m: 2:02.52	43.28	250m: 3:28.95	42.91	350m: 4:55.21 42.57
	100m: 1:19.24 42.18	200m: 2:46.04	43.52	300m: 4:12.64	43.69	400m: 5:36.78 41.57
4.	PEREIRA, Leonor Madureira	09	Colegio Efanor	<b>5:45.48</b>	320	
	50m: 38.03 38.03	150m: 2:07.60	45.65	250m: 3:36.19	44.38	350m: 5:04.81 44.26
	100m: 1:21.95 43.92	200m: 2:51.81	44.21	300m: 4:20.55	44.36	400m: 5:45.48 40.67

Juvenil A, 15 anos

1.	GOMES, Rita Silva	08	Colegio Efanor	<b>5:12.02</b>	435	
	50m: 34.10 34.10	150m: 1:51.35	39.01	250m: 3:11.00	40.00	350m: 4:32.48 40.73
	100m: 1:12.34 38.24	200m: 2:31.00	39.65	300m: 3:51.75	40.75	400m: 5:12.02 39.54
2.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	<b>5:22.11</b>	395	
	50m: 34.74 34.74	150m: 1:55.75	41.09	250m: 3:19.61	42.00	350m: 4:42.37 41.05
	100m: 1:14.66 39.92	200m: 2:37.61	41.86	300m: 4:01.32	41.71	400m: 5:22.11 39.74
3.	NOBREGA, Sara Francisca	08	CD Sao Roque	<b>5:32.16</b>	360	
	50m: 36.76 36.76	150m: 2:01.47	42.85	250m: 3:26.58	42.31	350m: 4:51.31 42.44
	100m: 1:18.62 41.86	200m: 2:44.27	42.80	300m: 4:08.87	42.29	400m: 5:32.16 40.85
4.	MARQUES, Beatriz Paixao	08	Naval do Funchal	<b>6:37.94</b>	209	
	50m: 42.67 42.67	150m: 2:23.40	50.25	250m: 4:06.00	50.71	350m: 5:49.22 50.86
	100m: 1:33.15 50.48	200m: 3:15.29	51.89	300m: 4:58.36	52.36	400m: 6:37.94 48.72

Juniores, 16 e 17 anos

1.	GOUVEIA, Ana Luisa	06	Colegio Efanor	<b>4:51.35</b>	534	
	50m: 32.04 32.04	150m: 1:44.87	36.51	250m: 2:59.48	37.74	350m: 4:15.24 37.89
	100m: 1:08.36 36.32	200m: 2:21.74	36.87	300m: 3:37.35	37.87	400m: 4:51.35 36.11
2.	ROJAS, Zara Alejandra	07	Desportivo Nacional	<b>4:53.60</b>	522	
	50m: 31.64 31.64	150m: 1:44.49	36.90	250m: 3:01.59	39.25	350m: 4:16.92 36.85
	100m: 1:07.59 35.95	200m: 2:22.34	37.85	300m: 3:40.07	38.48	400m: 4:53.60 36.68
3.	SILVA, Silvana Suamade	06	CD Sao Roque	<b>5:06.15</b>	460	
	50m: 33.64 33.64	150m: 1:50.41	39.09	250m: 3:08.52	39.16	350m: 4:28.30 39.80
	100m: 1:11.32 37.68	200m: 2:29.36	38.95	300m: 3:48.50	39.98	400m: 5:06.15 37.85
DNS	AMARAL, Maria Teresa	06	CD Campinho			

Seniores, 18 anos e mais velhas

1.	NUNES, Rita Sofia	05	Colegio Efanor	<b>4:42.68</b>	585	
<i>POR: OPEN Liceu Madeira Record</i>						
	50m: 32.18 32.18	150m: 1:43.60	36.14	250m: 2:55.49	35.72	350m: 4:07.64 36.09
	100m: 1:07.46 35.28	200m: 2:19.77	36.17	300m: 3:31.55	36.06	400m: 4:42.68 35.04



OPEN NATAÇ O DO LICEU - Madeira  
16th "Clube Escola O Liceu" Anniversary  
Funchal, February, 19th and 20th



Event 2, Women, 400m Freestyle, Seniores, 18 anos e mais velhas

Plane	Name	Birth	Clube	Time	Points	INFO
DNS	MALHEIRO, Maria Vieira	05	CD Campinho			