

Prova 2	Femin., 400m Livres				Categorias
18/02/2023 - 9:47	Race 2: 400m Freestyle Female				Resultados
World Record	3:56.40	TITMUS, Ariarne	AUS	Adelaide (AUS)	22/05/2022
European Record	4:01.53	PELLEGRINI, Federica	ITA	Eindhoven (NED)	24/03/2008
Portuguese National Record	4:09.49	DURAES, Diana Margarida	SLB	Tarragona (ESP)	25/06/2018
OPEN Liceu Madeira Record	4:46.65	CELIK, Tina	SLO	Funchal	22/02/2020

Pontos: FINA 2022

Plane	Name	Birth	Clube	Time	Points	INFO
Infantil B, 12 anos						
1.	JESUS, Vera Franca	11	Naval do Funchal	5:41.28	332	
	<i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i>					
	50m: 36.82	36.82	150m: 2:04.45	42.98	250m: 3:33.43	43.47
	100m: 1:21.47	44.65	200m: 2:49.96	45.51	300m: 4:17.95	44.52
					350m: 5:00.68	42.73
					400m: 5:41.28	40.60
2.	OLIVEIRA, Mariana Lopes	11	Naval do Funchal	5:47.69	314	
	<i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i>					
	50m: 38.90	38.90	150m: 2:07.31	44.67	250m: 3:36.50	44.47
	100m: 1:22.64	43.74	200m: 2:52.03	44.72	300m: 4:21.56	45.06
					350m: 5:06.57	45.01
					400m: 5:47.69	41.12
3.	SARGO, Leonor Lourenco	11	CD Sao Roque	6:10.43	260	
	50m: 40.53	40.53	150m: 2:13.58	47.29	250m: 3:49.08	47.60
	100m: 1:26.29	45.76	200m: 3:01.48	47.90	300m: 4:37.57	48.49
					350m: 5:25.18	47.61
					400m: 6:10.43	45.25
4.	PEREIRA, Ana Matilde	11	Naval do Funchal	6:10.51	259	
	50m: 39.51	39.51	150m: 2:14.32	47.82	250m: 3:49.63	47.48
	100m: 1:26.50	46.99	200m: 3:02.15	47.83	300m: 4:37.73	48.10
					350m: 5:25.01	47.28
					400m: 6:10.51	45.50
5.	GONCALVES, Mafalda Beatriz	11	Desportivo Nacional	6:12.64	255	
	50m: 39.62	39.62	150m: 2:13.17	47.67	250m: 3:49.69	48.50
	100m: 1:25.50	45.88	200m: 3:01.19	48.02	300m: 4:38.36	48.67
					350m: 5:27.11	48.75
					400m: 6:12.64	45.53
6.	MATA, Valeria Isabel	11	Naval do Funchal	6:23.00	235	
	50m: 41.04	41.04	150m: 2:18.25	49.92	250m: 3:57.74	50.16
	100m: 1:28.33	47.29	200m: 3:07.58	49.33	300m: 4:46.66	48.92
					350m: 5:35.99	49.33
					400m: 6:23.00	47.01
7.	VELOSA, Ana Matilde	11	Juventude Atlantico	7:02.06	175	
	50m: 44.19	44.19	150m: 2:29.63	52.94	250m: 4:19.70	54.46
	100m: 1:36.69	52.50	200m: 3:25.24	55.61	300m: 5:15.86	56.16
					350m: 6:09.06	53.20
					400m: 7:02.06	53.00
DSQ	MARQUES, Margarida Paixao	11	Naval do Funchal			
	<i>403 - Falsa partida - SW 4.4</i>					

Infantil A, 13 anos

1.	RIBEIRO, Guida Drumond	10	Naval do Funchal	5:26.38	380	
	<i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho</i>					
	50m: 35.21	35.21	150m: 1:56.72	41.91	250m: 3:22.04	42.32
	100m: 1:14.81	39.60	200m: 2:39.72	43.00	300m: 4:05.42	43.38
					350m: 4:47.01	41.59
					400m: 5:26.38	39.37
2.	JARDIM, Eva Santos	10	Juventude Atlantico	5:47.90	313	
	<i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março</i>					
	50m: 37.57	37.57	150m: 2:05.99	44.63	250m: 3:35.96	44.64
	100m: 1:21.36	43.79	200m: 2:51.32	45.33	300m: 4:21.25	45.29
					350m: 5:05.11	43.86
					400m: 5:47.90	42.79
3.	BRITO, Madalena Pinto	10	Naval do Funchal	5:52.76	301	
	50m: 37.90	37.90	150m: 2:06.60	45.34	250m: 3:38.76	46.56
	100m: 1:21.26	43.36	200m: 2:52.20	45.60	300m: 4:24.40	45.64
					350m: 5:10.69	46.29
					400m: 5:52.76	42.07
4.	MEDEIROS, Constanca Sousa	10	Naval do Funchal	6:07.89	265	
	50m: 41.81	41.81	150m: 2:14.40	47.13	250m: 3:50.01	48.37
	100m: 1:27.27	45.46	200m: 3:01.64	47.24	300m: 4:38.01	48.00
					350m: 5:23.97	45.96
					400m: 6:07.89	43.92
5.	NASCIMENTO, Leonor Silva	10	Naval do Funchal	6:17.11	246	
	50m: 40.89	40.89	150m: 2:15.78	48.13	250m: 3:52.66	48.79
	100m: 1:27.65	46.76	200m: 3:03.87	48.09	300m: 4:41.16	48.50
					350m: 5:31.03	49.87
					400m: 6:17.11	46.08

Prova 2, Femin., 400m Livres, Infantil A, 13 anos

Plane	Name	Birth	Clube	Time	Points	INFO
DSQ	TEIXEIRA, Maria Leonor 403 - Falsa partida - SW 4.4	10	Naval do Funchal			
DNS	MULCHANDE, Mellik Anki	10	CD Campinho			

Juvenil B, 14 anos

1.	MOREIRA, Madalena Valente	09	Colegio Efanor	4:56.33	508	
<i>POR: TAC Nacional, JUV. - Coimbra, 28 a 30 julho, POR: TAC OPEN PORTUGAL - Funchal, 30 a 2 abril</i>						
	50m: 33.20 33.20	150m: 1:48.07	37.82	250m: 3:04.65	38.24	350m: 4:20.36 37.27
	100m: 1:10.25 37.05	200m: 2:26.41	38.34	300m: 3:43.09	38.44	400m: 4:56.33 35.97
2.	MARGARIDO, Paula Aguiar	09	Juventude Atlantico	5:10.85	440	
	50m: 34.11 34.11	150m: 1:51.24	38.45	250m: 3:10.03	38.90	350m: 4:31.17 40.25
	100m: 1:12.79 38.68	200m: 2:31.13	39.89	300m: 3:50.92	40.89	400m: 5:10.85 39.68
3.	BERNARDO, Gabriela Sousa	09	Colegio Efanor	5:36.78	346	
	50m: 37.06 37.06	150m: 2:02.52	43.28	250m: 3:28.95	42.91	350m: 4:55.21 42.57
	100m: 1:19.24 42.18	200m: 2:46.04	43.52	300m: 4:12.64	43.69	400m: 5:36.78 41.57
4.	PEREIRA, Leonor Madureira	09	Colegio Efanor	5:45.48	320	
	50m: 38.03 38.03	150m: 2:07.60	45.65	250m: 3:36.19	44.38	350m: 5:04.81 44.26
	100m: 1:21.95 43.92	200m: 2:51.81	44.21	300m: 4:20.55	44.36	400m: 5:45.48 40.67

Juvenil A, 15 anos

1.	GOMES, Rita Silva	08	Colegio Efanor	5:12.02	435	
	50m: 34.10 34.10	150m: 1:51.35	39.01	250m: 3:11.00	40.00	350m: 4:32.48 40.73
	100m: 1:12.34 38.24	200m: 2:31.00	39.65	300m: 3:51.75	40.75	400m: 5:12.02 39.54
2.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	5:22.11	395	
	50m: 34.74 34.74	150m: 1:55.75	41.09	250m: 3:19.61	42.00	350m: 4:42.37 41.05
	100m: 1:14.66 39.92	200m: 2:37.61	41.86	300m: 4:01.32	41.71	400m: 5:22.11 39.74
3.	NOBREGA, Sara Francisca	08	CD Sao Roque	5:32.16	360	
	50m: 36.76 36.76	150m: 2:01.47	42.85	250m: 3:26.58	42.31	350m: 4:51.31 42.44
	100m: 1:18.62 41.86	200m: 2:44.27	42.80	300m: 4:08.87	42.29	400m: 5:32.16 40.85
4.	MARQUES, Beatriz Paixao	08	Naval do Funchal	6:37.94	209	
	50m: 42.67 42.67	150m: 2:23.40	50.25	250m: 4:06.00	50.71	350m: 5:49.22 50.86
	100m: 1:33.15 50.48	200m: 3:15.29	51.89	300m: 4:58.36	52.36	400m: 6:37.94 48.72

Juniores, 16 e 17 anos

1.	GOUVEIA, Ana Luisa	06	Colegio Efanor	4:51.35	534	
	50m: 32.04 32.04	150m: 1:44.87	36.51	250m: 2:59.48	37.74	350m: 4:15.24 37.89
	100m: 1:08.36 36.32	200m: 2:21.74	36.87	300m: 3:37.35	37.87	400m: 4:51.35 36.11
2.	ROJAS, Zara Alejandra	07	Desportivo Nacional	4:53.60	522	
	50m: 31.64 31.64	150m: 1:44.49	36.90	250m: 3:01.59	39.25	350m: 4:16.92 36.85
	100m: 1:07.59 35.95	200m: 2:22.34	37.85	300m: 3:40.07	38.48	400m: 4:53.60 36.68
3.	SILVA, Silvana Suamade	06	CD Sao Roque	5:06.15	460	
	50m: 33.64 33.64	150m: 1:50.41	39.09	250m: 3:08.52	39.16	350m: 4:28.30 39.80
	100m: 1:11.32 37.68	200m: 2:29.36	38.95	300m: 3:48.50	39.98	400m: 5:06.15 37.85
DNS	AMARAL, Maria Teresa	06	CD Campinho			

Seniores, 18 anos e mais velhas

1.	NUNES, Rita Sofia	05	Colegio Efanor	4:42.68	585	
<i>POR: OPEN Liceu Madeira Record</i>						
	50m: 32.18 32.18	150m: 1:43.60	36.14	250m: 2:55.49	35.72	350m: 4:07.64 36.09
	100m: 1:07.46 35.28	200m: 2:19.77	36.17	300m: 3:31.55	36.06	400m: 4:42.68 35.04



OPEN NATAÇ O DO LICEU - Madeira
16th "Clube Escola O Liceu" Anniversary
Funchal, February, 19th and 20th



Prova 2, Femin., 400m Livres, Seniores, 18 anos e mais velhas

Plane	Name	Birth	Clube	Time	Points	INFO
DNS	MALHEIRO, Maria Vieira	05	CD Campinho			