

Prova 1 Masc., 400m Livres  
18/02/2023 - 9:15 Race 1: 400m Freestyle Male Categorias Resultados

World Record	3:40.07	BIEDERMANN, Paul	GER	Rome (ITA)	26/07/2009
European Record	3:42.50	MAERTENS, Lukas	GER	Rome (ITA)	17/08/2022
Portuguese National Record	3:50.56	LOPES, Jose Paulo	SCB	Barcelona (ESP)	06/06/2021
OPEN Liceu Madeira Record	4:14.08	SANTOS, Pedro Miguel	POR	Funchal	19/02/2022
ParaSwimming Nacional Record S8	4:45.39	CANCELA, Diogo Luis	ALN	Coimbra	03/04/2022
ParaSwimming Nacional Record S9	4:21.94	GRACHAT, David Realista	POR	Londres (GBR)	04/09/2012
ParaSwimming Nacional Record S10	4:24.87	GONCALVES, Emanuel Luis	CDN	Coimbra	10/06/2011
ParaSwimming Nacional Record S17	5:28.66	CARVALHO, Joaquim Eduardo	CNF	Coimbra	13/11/2022

Pontos: FINA 2022

Plane	Name	Birth	Clube	Time	Points	INFO
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Infantil B, 13 anos

- GONCALVES, Tomas Figueiredo** 10 Naval do Funchal **5:18.92** 328  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março, POR: TAC Nacional, INF. - Famalicão, 21 a 23 julho*  
 50m: 35.71 35.71 150m: 1:55.30 40.26 250m: 3:18.31 41.29 350m: 4:39.49 40.59  
 100m: 1:15.04 39.33 200m: 2:37.02 41.72 300m: 3:58.90 40.59 400m: 5:18.92 39.43
- LETRA, Francisco Freitas** 10 Naval do Funchal **5:33.72** 286  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 34.72 34.72 150m: 1:58.92 44.01 250m: 3:26.67 45.02 350m: 4:53.74 44.08  
 100m: 1:14.91 40.19 200m: 2:41.65 42.73 300m: 4:09.66 42.99 400m: 5:33.72 39.98
- JACINTO, Pedro Freitas** 10 Juventude Atlantico **5:39.32** 272  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 39.31 39.31 150m: 2:07.53 44.73 250m: 3:34.00 42.49 350m: 4:59.23 41.69  
 100m: 1:22.80 43.49 200m: 2:51.51 43.98 300m: 4:17.54 43.54 400m: 5:39.32 40.09
- ROCHA, Tomas Pinto** 10 Naval do Funchal **5:42.83** 264  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 36.25 36.25 150m: 2:02.29 43.37 250m: 3:32.71 45.53 350m: 4:59.98 43.56  
 100m: 1:18.92 42.67 200m: 2:47.18 44.89 300m: 4:16.42 43.71 400m: 5:42.83 42.85
- GARANITO, Mateus Silva** 10 Naval do Funchal **6:02.07** 224  
 50m: 37.28 37.28 150m: 2:07.76 45.32 250m: 3:41.75 46.32 350m: 5:15.31 46.29  
 100m: 1:22.44 45.16 200m: 2:55.43 47.67 300m: 4:29.02 47.27 400m: 6:02.07 46.76
- VIEIRA, Francisco Rodrigues** 10 Naval do Funchal **6:06.92** 215  
 50m: 40.59 40.59 150m: 2:12.71 46.96 250m: 3:48.23 48.53 350m: 5:22.56 46.77  
 100m: 1:25.75 45.16 200m: 2:59.70 46.99 300m: 4:35.79 47.56 400m: 6:06.92 44.36
- DUARTE, Nayan Santos** 10 Juventude Atlantico **6:42.60** 163  
 50m: 42.59 42.59 150m: 2:24.21 51.32 250m: 4:06.85 51.87 350m: 5:50.96 52.88  
 100m: 1:32.89 50.30 200m: 3:14.98 50.77 300m: 4:58.08 51.23 400m: 6:42.60 51.64
- MENDONCA, Florival Rodrigo** 10 Juventude Atlantico **7:20.66** 124  
 50m: 45.35 45.35 150m: 2:35.62 56.43 250m: 4:30.53 59.10 350m: 6:27.85 58.55  
 100m: 1:39.19 53.84 200m: 3:31.43 55.81 300m: 5:29.30 58.77 400m: 7:20.66 52.81
- DSQ MENDES, Salvador Neves** 10 Naval do Funchal  
*403 - Falsa partida - SW 4.4*

Infantil A, 14 anos

- ANDRADE, Salvador Freitas** 09 Naval do Funchal **5:10.06** 357  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 33.70 33.70 150m: 1:50.92 39.30 250m: 3:11.52 40.40 350m: 4:31.95 40.17  
 100m: 1:11.62 37.92 200m: 2:31.12 40.20 300m: 3:51.78 40.26 400m: 5:10.06 38.11
- NOGUEIRA, Goncalo Aires** 09 Colegio Efanor **5:14.97** 341  
*POR: TAC Zonal, INF. - Lagos, 24 a 26 março*  
 50m: 32.75 32.75 150m: 1:52.47 40.92 250m: 3:14.02 40.28 350m: 4:35.80 40.77  
 100m: 1:11.55 38.80 200m: 2:33.74 41.27 300m: 3:55.03 41.01 400m: 5:14.97 39.17

Prova 1, Masc., 400m Livres, Infantil A, 14 anos

Plane	Name	Birth	Clube	Time	Points	INFO
3.	SILVA, Joao Bernardo	09	Desportivo Nacional	<b>5:19.70</b>	326	
	<i>POR: TAC Zonal, INF. - Lagos, 24 a 26 março</i>					
	50m: 35.29 35.29	150m: 1:56.74	41.12	250m: 3:18.60	40.35	350m: 4:40.08 40.24
	100m: 1:15.62 40.33	200m: 2:38.25	41.51	300m: 3:59.84	41.24	400m: 5:19.70 39.62
4.	MARTINS, Antonio Freitas	09	Desportivo Nacional	<b>5:25.95</b>	307	
	50m: 37.18 37.18	150m: 1:59.19	41.73	250m: 3:23.16	41.96	350m: 4:47.17 41.85
	100m: 1:17.46 40.28	200m: 2:41.20	42.01	300m: 4:05.32	42.16	400m: 5:25.95 38.78
5.	CAMACHO, Henrique Mexedo	09	Colegio Efanor	<b>5:26.96</b>	304	
	50m: 34.32 34.32	150m: 1:56.02	41.96	250m: 3:21.39	41.71	350m: 4:45.63 42.08
	100m: 1:14.06 39.74	200m: 2:39.68	43.66	300m: 4:03.55	42.16	400m: 5:26.96 41.33
6.	PESTANA, Andre Pinto	09	Naval do Funchal	<b>5:35.62</b>	281	
	50m: 34.28 34.28	150m: 1:57.59	42.31	250m: 3:25.49	44.23	350m: 4:54.23 44.03
	100m: 1:15.28 41.00	200m: 2:41.26	43.67	300m: 4:10.20	44.71	400m: 5:35.62 41.39
7.	ABREU, Afonso Henrique	09	Naval do Funchal	<b>5:42.22</b>	265	
	50m: 37.78 37.78	150m: 2:04.91	43.70	250m: 3:34.48	44.60	350m: 5:01.94 43.29
	100m: 1:21.21 43.43	200m: 2:49.88	44.97	300m: 4:18.65	44.17	400m: 5:42.22 40.28
8.	VELOZA, Tomas Ramos	09	Desportivo Nacional	<b>5:42.38</b>	265	
	50m: 39.90 39.90	150m: 2:06.83	44.10	250m: 3:35.11	44.40	350m: 5:01.29 43.24
	100m: 1:22.73 42.83	200m: 2:50.71	43.88	300m: 4:18.05	42.94	400m: 5:42.38 41.09
9.	GOMES, Joao Abreu	09	Naval do Funchal	<b>5:57.99</b>	232	
	50m: 37.51 37.51	150m: 2:07.45	46.76	250m: 3:42.00	47.55	350m: 5:15.03 46.46
	100m: 1:20.69 43.18	200m: 2:54.45	47.00	300m: 4:28.57	46.57	400m: 5:57.99 42.96
10.	CAMACHO, Santiago Bettencourt	09	Juventude Atlantico	<b>5:59.65</b>	229	
	50m: 39.97 39.97	150m: 2:10.11	45.32	250m: 3:42.73	46.02	350m: 5:16.28 47.35
	100m: 1:24.79 44.82	200m: 2:56.71	46.60	300m: 4:28.93	46.20	400m: 5:59.65 43.37
DNS	SHUBIN, Alexandre	09	CD Campinho			

Juvenil B, 15 anos

1.	WEIR, Euan	08	Dun City Aqu	<b>4:28.03</b>	553	
	50m: 30.09 30.09	150m: 1:37.08	33.94	250m: 2:45.91	34.16	350m: 3:55.12 34.09
	100m: 1:03.14 33.05	200m: 2:11.75	34.67	300m: 3:21.03	35.12	400m: 4:28.03 32.91
2.	RODRIGUES, Guilherme Gomes	08	CD Sao Roque	<b>4:45.44</b>	458	
	50m: 32.51 32.51	150m: 1:44.62	36.26	250m: 2:57.49	36.22	350m: 4:10.78 36.52
	100m: 1:08.36 35.85	200m: 2:21.27	36.65	300m: 3:34.26	36.77	400m: 4:45.44 34.66
3.	ANTUNES, Frederico Luis	08	Juventude Atlantico	<b>5:49.31</b>	250	
	50m: 36.55 36.55	150m: 2:04.40	45.21	250m: 3:35.07	45.74	350m: 5:06.41 45.84
	100m: 1:19.19 42.64	200m: 2:49.33	44.93	300m: 4:20.57	45.50	400m: 5:49.31 42.90
4.	SILVA, Francisco Pita	08	Juventude Atlantico	<b>6:06.54</b>	216	
	50m: 41.12 41.12	150m: 2:16.63	48.16	250m: 3:51.24	47.88	350m: 5:23.24 44.68
	100m: 1:28.47 47.35	200m: 3:03.36	46.73	300m: 4:38.56	47.32	400m: 6:06.54 43.30

Juvenil A, 16 anos

1.	COSTA, Guilherme Corte	07	Desportivo Nacional	<b>4:39.76</b>	486	
	50m: 30.86 30.86	150m: 1:41.18	35.68	250m: 2:53.61	35.93	350m: 4:06.09 36.01
	100m: 1:05.50 34.64	200m: 2:17.68	36.50	300m: 3:30.08	36.47	400m: 4:39.76 33.67
2.	OLIVEIRA, Afonso Miguel	07	Juventude Atlantico	<b>4:42.06</b>	474	
	50m: 30.28 30.28	150m: 1:40.22	36.13	250m: 2:53.62	36.72	350m: 4:06.72 36.10
	100m: 1:04.09 33.81	200m: 2:16.90	36.68	300m: 3:30.62	37.00	400m: 4:42.06 35.34
3.	JESUS, David Martins	07	CD Sao Roque	<b>4:46.26</b>	454	
	50m: 30.88 30.88	150m: 1:42.76	36.28	250m: 2:56.46	36.71	350m: 4:10.17 36.37
	100m: 1:06.48 35.60	200m: 2:19.75	36.99	300m: 3:33.80	37.34	400m: 4:46.26 36.09

Prova 1, Masc., 400m Livres, Juvenil A, 16 anos

Plane	Name	Birth	Clube	Time	Points	INFO
4.	FERNANDES, Afonso Berimbau	07	Juventude Atlantico	<b>4:54.21</b>	418	
	50m: 31.64 31.64 150m: 1:45.96 37.79 250m: 3:03.25 38.81 350m: 4:19.49 38.06					
	100m: 1:08.17 36.53 200m: 2:24.44 38.48 300m: 3:41.43 38.18 400m: 4:54.21 34.72					
5.	NUNES, Duarte Costa	07	Juventude Atlantico	<b>5:06.48</b>	370	
	50m: 32.83 32.83 150m: 1:50.65 39.67 250m: 3:10.61 39.86 350m: 4:30.17 39.42					
	100m: 1:10.98 38.15 200m: 2:30.75 40.10 300m: 3:50.75 40.14 400m: 5:06.48 36.31					
6.	BERENGUER, Santiago Moura	07	Juventude Atlantico	<b>5:18.42</b>	330	
	50m: 34.70 34.70 150m: 1:55.19 40.49 250m: 3:17.97 41.53 350m: 4:39.52 40.09					
	100m: 1:14.70 40.00 200m: 2:36.44 41.25 300m: 3:59.43 41.46 400m: 5:18.42 38.90					
7.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	<b>5:34.85</b>	283	
	50m: 37.07 37.07 150m: 2:01.78 42.96 250m: 3:28.49 43.62 350m: 4:53.68 41.53					
	100m: 1:18.82 41.75 200m: 2:44.87 43.09 300m: 4:12.15 43.66 400m: 5:34.85 41.17					
8.	DRUMOND, Pedro Afonso	07	Escola O Liceu	<b>5:52.88</b>	242	
	50m: 38.03 38.03 150m: 2:06.00 44.23 250m: 3:37.80 46.75 350m: 5:10.30 46.27					
	100m: 1:21.77 43.74 200m: 2:51.05 45.05 300m: 4:24.03 46.23 400m: 5:52.88 42.58					

Juniores, 17 e 18 anos

1.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	<b>4:25.79</b>	567	
	50m: 28.71 28.71 150m: 1:36.19 34.07 250m: 2:45.32 34.64 350m: 3:54.87 34.73					
	100m: 1:02.12 33.41 200m: 2:10.68 34.49 300m: 3:20.14 34.82 400m: 4:25.79 30.92					
2.	CALHANDRO, Guilherme Oliveira	06	Colegio Efanor	<b>4:54.32</b>	418	
	50m: 31.30 31.30 150m: 1:45.76 37.71 250m: 3:01.73 37.59 350m: 4:17.67 37.94					
	100m: 1:08.05 36.75 200m: 2:24.14 38.38 300m: 3:39.73 38.00 400m: 4:54.32 36.65					
3.	SILVA, Joao Luis	06	CD Sao Roque	<b>5:00.38</b>	393	
	50m: 32.46 32.46 150m: 1:46.74 37.81 250m: 3:04.29 39.27 350m: 4:22.94 39.41					
	100m: 1:08.93 36.47 200m: 2:25.02 38.28 300m: 3:43.53 39.24 400m: 5:00.38 37.44					

DNS SILVA, Nuno Gabriel 05 CD Campinho

Seniores, 19 anos e mais velhos

1.	NUNES, Diogo Barbosa	00	Colegio Efanor	<b>4:25.66</b>	568	
	50m: 28.20 28.20 150m: 1:32.20 32.98 250m: 2:41.63 34.50 350m: 3:52.75 35.56					
	100m: 59.22 31.02 200m: 2:07.13 34.93 300m: 3:17.19 35.56 400m: 4:25.66 32.91					
2.	ABREU, Sergio Gomes	96	Naval do Funchal	<b>4:26.10</b>	565	
	50m: 28.74 28.74 150m: 1:34.70 33.70 250m: 2:43.94 34.89 350m: 3:54.88 35.26					
	100m: 1:01.00 32.26 200m: 2:09.05 34.35 300m: 3:19.62 35.68 400m: 4:26.10 31.22					
3.	CORDEIRO, Tomas Coelho	04	Colegio Efanor	<b>4:32.60</b>	526	
	50m: 30.48 30.48 150m: 1:39.37 34.88 250m: 2:49.78 35.08 350m: 3:58.18 34.44					
	100m: 1:04.49 34.01 200m: 2:14.70 35.33 300m: 3:23.74 33.96 400m: 4:32.60 34.42					
4.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	<b>4:34.97</b>	512	
	50m: 30.36 30.36 150m: 1:38.65 34.59 250m: 2:49.72 35.39 350m: 4:00.49 35.29					
	100m: 1:04.06 33.70 200m: 2:14.33 35.68 300m: 3:25.20 35.48 400m: 4:34.97 34.48					
5.	CASTRO, Martim Pereira	02	Escola O Liceu	<b>4:39.93</b>	485	
	50m: 30.75 30.75 150m: 1:40.67 35.47 250m: 2:52.76 36.12 350m: 4:04.95 36.12					
	100m: 1:05.20 34.45 200m: 2:16.64 35.97 300m: 3:28.83 36.07 400m: 4:39.93 34.98					

DNS REIS, Bruno Ferreira 00 Futebol Clube do Porto

DNS SILVA, Renato Filipe 98 Futebol Clube do Porto

EXH	SZABO, Florian	11	Politehnica Cluj	<b>5:14.49</b>	342	
	50m: 34.82 34.82 150m: 1:55.14 40.60 250m: 3:15.92 40.42 350m: 4:35.87 39.62					
	100m: 1:14.54 39.72 200m: 2:35.50 40.36 300m: 3:56.25 40.33 400m: 5:14.49 38.62					