

Prova 10 Masc., 400m Livres Absolutos
30/10/2022 - 10:19 Resultados

| | | | | | |
|---------------------------|---------|------------------------|------|-----------------------|------------|
| Recorde Regional Absoluto | 3:50.96 | FRANCO Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen | 3:50.96 | FRANCO Paulo Fragueiro | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 3:57.10 | CASTRO Joao Cruz | CDSR | Porto | 09/12/2017 |
| Recorde Regional Jun17 | 3:57.38 | CASTRO Joao Cruz | CDSR | Funchal | 26/07/2017 |
| Recorde Regional Juv A | 4:05.44 | CASTRO Joao Cruz | CDSR | Penteada | 09/07/2016 |
| Recorde Regional Juv B | 4:11.24 | FREITAS Tomas Miguel | CDN | Funchal | 25/06/2005 |
| Recorde Regional Inf A | 4:17.08 | FREITAS Tomas Miguel | CDN | Funchal | 10/07/2004 |
| Recorde Regional Inf B | 4:27.04 | FREITAS Tomas Miguel | CDN | Funchal | 12/07/2003 |

ZONAL Inf. B Mas. Inf B: 5:40.60 / ZONAL Inf. A Mas. Inf A: 5:18.10 / ZONAL Juv. B Mas. Juv B: 4:38.55 /
ZONAL Juv. A Mas. Juv A: 4:33.44 / OPEN Juvenis Mas. Juv: 4:22.43 / OPEN Júnior Mas. Jun: 4:13.80 /
OPEN Sénior Mas. Sen: 4:06.41 / Infantil B Mas. Inf B: 5:28.62 / Infantil A Mas. Inf A: 5:06.20 / Juv. B Mas. Juv B: 4:28.59 /
Juv. A Mas. Juv A: 4:22.43 / Júnior 1º Ano Mas. Jun17: 4:15.03 / Júnior 2º Ano Mas. Jun18: 4:13.80 /
Sénior 1º Ano Mas. 19: 4:07.64 / Sénior 2º Ano Mas. 20+: 4:06.41

Pontos: FINA 2022

| Lugar | Nome | Ano | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---|-----|--------|----------------------------|----------------|-------|----------|-------|
| 1. | OLIVEIRA Afonso Miguel <i>TAC ZONAL - Guarda (dezembro)</i> | 07 | 148420 | Juventude Atlantico Clube | 4:30.99 | +0,61 | 480 | 23,00 |
| | 50m: 28.84 28.84 150m: 1:36.63 34.16 250m: 2:46.82 35.22 350m: 3:58.41 35.73 | | | | | | | |
| | 100m: 1:02.47 33.63 200m: 2:11.60 34.97 300m: 3:22.68 35.86 400m: 4:30.99 32.58 | | | | | | | |
| DSQ | MENDONCA Florival Rodrigo <i>102 - Não completou a prova SW 10,2</i> | 10 | 216967 | Juventude Atlantico Clube | | | | - |
| DNS | OLIVEIRA Diogo Alexandre | 05 | 130414 | Naval do Funchal | | | | - |
| EXH | ALMEIDA Joao Francisco <i>TAC ZONAL - Guarda (dezembro)</i> | 07 | 209787 | Naval do Funchal | 4:30.87 | +0,65 | 481 | - |
| | 50m: 30.22 30.22 150m: 1:38.30 34.21 250m: 2:48.60 35.26 350m: 3:57.59 34.28 | | | | | | | |
| | 100m: 1:04.09 33.87 200m: 2:13.34 35.04 300m: 3:23.31 34.71 400m: 4:30.87 33.28 | | | | | | | |
| EXH | FERNANDES Diogo Henrique | 04 | 133152 | Naval do Funchal | 4:32.55 | +0,67 | 472 | - |
| | 50m: 30.11 30.11 150m: 1:38.07 34.81 250m: 2:49.04 35.80 350m: 3:58.58 34.61 | | | | | | | |
| | 100m: 1:03.26 33.15 200m: 2:13.24 35.17 300m: 3:23.97 34.93 400m: 4:32.55 33.97 | | | | | | | |
| EXH | PEREIRA Lucas Santos | 07 | 207434 | Naval do Funchal | 4:35.72 | +0,65 | 456 | - |
| | 50m: 30.32 30.32 150m: 1:39.03 35.01 250m: 2:49.66 35.35 350m: 4:00.27 35.44 | | | | | | | |
| | 100m: 1:04.02 33.70 200m: 2:14.31 35.28 300m: 3:24.83 35.17 400m: 4:35.72 35.45 | | | | | | | |
| EXH | COSTA Guilherme Corte | 07 | 132693 | Desportivo Nacional | 4:39.28 | +0,73 | 438 | - |
| | 50m: 30.83 30.83 150m: 1:40.59 35.37 250m: 2:52.41 36.12 350m: 4:05.16 36.21 | | | | | | | |
| | 100m: 1:05.22 34.39 200m: 2:16.29 35.70 300m: 3:28.95 36.54 400m: 4:39.28 34.12 | | | | | | | |
| EXH | MIRANDA Francisco Guilherme | 08 | 206796 | Naval do Funchal | 4:40.11 | +0,60 | 435 | - |
| | 50m: 30.30 30.30 150m: 1:39.12 35.01 250m: 2:51.05 36.03 350m: 4:04.16 36.90 | | | | | | | |
| | 100m: 1:04.11 33.81 200m: 2:15.02 35.90 300m: 3:27.26 36.21 400m: 4:40.11 35.95 | | | | | | | |
| EXH | CASTRO Marco Antonio | 08 | 203451 | Naval do Funchal | 4:42.96 | +0,82 | 422 | - |
| | 50m: 32.52 32.52 150m: 1:44.06 36.47 250m: 2:56.95 36.59 350m: 4:08.90 35.51 | | | | | | | |
| | 100m: 1:07.59 35.07 200m: 2:20.36 36.30 300m: 3:33.39 36.44 400m: 4:42.96 34.06 | | | | | | | |
| EXH | RODRIGUES Guilherme Gome | 08 | 208353 | Clube Desportivo Sao Roque | 4:43.88 | +0,66 | 417 | - |
| | 50m: 30.70 30.70 150m: 1:40.56 35.31 250m: 2:52.74 36.50 350m: 4:07.25 37.46 | | | | | | | |
| | 100m: 1:05.25 34.55 200m: 2:16.24 35.68 300m: 3:29.79 37.05 400m: 4:43.88 36.63 | | | | | | | |
| EXH | JESUS David Martins | 07 | 213011 | Clube Desportivo Sao Roque | 4:46.68 | +0,57 | 405 | - |
| | 50m: 30.75 30.75 150m: 1:42.37 36.68 250m: 2:56.44 36.97 350m: 4:10.56 37.56 | | | | | | | |
| | 100m: 1:05.69 34.94 200m: 2:19.47 37.10 300m: 3:33.00 36.56 400m: 4:46.68 36.12 | | | | | | | |
| EXH | NUNES Henrique Dias | 07 | 204294 | Desportivo Nacional | 5:26.65 | +0,73 | 274 | - |
| | 50m: 34.90 34.90 150m: 1:57.68 42.13 250m: 3:22.97 42.47 350m: 4:47.01 41.09 | | | | | | | |
| | 100m: 1:15.55 40.65 200m: 2:40.50 42.82 300m: 4:05.92 42.95 400m: 5:26.65 39.64 | | | | | | | |
| EXH | CARVALHO Joaquim Eduardo | 07 | 202564 | Naval do Funchal | 5:34.25 | | 256 | - |
| | 50m: 37.58 37.58 150m: 2:02.13 42.76 250m: 3:28.27 43.08 350m: 4:53.49 42.78 | | | | | | | |
| | 100m: 1:19.37 41.79 200m: 2:45.19 43.06 300m: 4:10.71 42.44 400m: 5:34.25 40.76 | | | | | | | |