



Prova 30 Masc., 1500m Livres Absoluto  
09/07/2023 - 9:15 Junto com a prova 31. - 1500L Femin. Resultados

|                        |          |                           |      |          |            |
|------------------------|----------|---------------------------|------|----------|------------|
| Recorde Regional Open  | 15:05.68 | FRANCO, Paulo Fragueiro   | CDN  | Leiria   | 06/12/2009 |
| Recorde Regional Sen   | 15:05.68 | FRANCO, Paulo Fragueiro   | CDN  | Leiria   | 06/12/2009 |
| Recorde Regional Jun18 | 15:38.98 | FRANCO, Paulo Fragueiro   | CDN  | Mealhada | 25/03/2000 |
| Recorde Regional Jun17 | 15:58.37 | DEUS, Andre Portugal      | CNF  | Funchal  | 13/07/2019 |
| Recorde Regional Juv A | 16:31.31 | CASTRO, Joao Cruz         | CDSR | Funchal  | 29/07/2016 |
| Recorde Regional Juv B | 16:30.75 | ALMEIDA, Carlos Alexandre | CDN  | Penafiel | 21/03/2004 |
| Recorde Regional Inf A | 16:57.52 | ALMEIDA, Carlos Alexandre | CDN  | Funchal  | 13/07/2003 |
| Recorde Regional Inf B | 17:40.06 | FREITAS, Tomas Miguel     | CDN  | Funchal  | 31/05/2003 |

Juv. B Mas. Juv B: 18:15.67 / Juv. A Mas. Juv A: 17:50.54 / Júnior 1º Ano Mas. Jun17: 17:20.38 /  
Júnior 2º Ano Mas. Jun18: 17:15.36 / Sénior 1º Ano Mas. Sen19: 16:50.23 / Sénior 2º Ano Mas. 20 +: 16:45.20

Pontos: FINA 2022

Lugar Ano Tempo final Pts  
Infantis A, 14 anos

|                         |                        |                         |                         |     |
|-------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. SILVA, Joao Bernardo | 09                     | Desportivo Nacional     | <b>20:09.82</b>         | 343 |
| 100m: 1:15.28 1:15.28   | 500m: 6:46.66 1:24.00  | 900m: 12:15.16 1:21.47  | 1300m: 17:34.60 1:20.39 |     |
| 200m: 2:37.04 1:21.76   | 600m: 8:09.79 1:23.13  | 1000m: 13:34.64 1:19.48 | 1400m: 18:54.67 1:20.07 |     |
| 300m: 3:59.07 1:22.03   | 700m: 9:32.47 1:22.68  | 1100m: 14:54.73 1:20.09 | 1500m: 20:09.82 1:15.15 |     |
| 400m: 5:22.66 1:23.59   | 800m: 10:53.69 1:21.22 | 1200m: 16:14.21 1:19.48 |                         |     |

Juvenis B, 15 anos

|                                |                        |                         |                         |     |
|--------------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. FERNANDEZ, Henrique Justino | 08                     | Juventude Atlantico     | <b>19:00.81</b>         | 409 |
| 100m: 1:09.00 1:09.00          | 500m: 6:16.92 1:16.90  | 900m: 11:24.79 1:16.60  | 1300m: 16:31.81 1:16.58 |     |
| 200m: 2:25.40 1:16.40          | 600m: 7:34.26 1:17.34  | 1000m: 12:42.32 1:17.53 | 1400m: 17:48.50 1:16.69 |     |
| 300m: 3:42.64 1:17.24          | 700m: 8:51.28 1:17.02  | 1100m: 13:58.72 1:16.40 | 1500m: 19:00.81 1:12.31 |     |
| 400m: 5:00.02 1:17.38          | 800m: 10:08.19 1:16.91 | 1200m: 15:15.23 1:16.51 |                         |     |

Classificação Geral

|                                |                        |                         |                         |     |
|--------------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. FERNANDEZ, Henrique Justino | 08                     | Juventude Atlantico     | <b>19:00.81</b>         | 409 |
| 100m: 1:09.00 1:09.00          | 500m: 6:16.92 1:16.90  | 900m: 11:24.79 1:16.60  | 1300m: 16:31.81 1:16.58 |     |
| 200m: 2:25.40 1:16.40          | 600m: 7:34.26 1:17.34  | 1000m: 12:42.32 1:17.53 | 1400m: 17:48.50 1:16.69 |     |
| 300m: 3:42.64 1:17.24          | 700m: 8:51.28 1:17.02  | 1100m: 13:58.72 1:16.40 | 1500m: 19:00.81 1:12.31 |     |
| 400m: 5:00.02 1:17.38          | 800m: 10:08.19 1:16.91 | 1200m: 15:15.23 1:16.51 |                         |     |
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| 100m: 1:15.28 1:15.28          | 500m: 6:46.66 1:24.00  | 900m: 12:15.16 1:21.47  | 1300m: 17:34.60 1:20.39 |     |
| 200m: 2:37.04 1:21.76          | 600m: 8:09.79 1:23.13  | 1000m: 13:34.64 1:19.48 | 1400m: 18:54.67 1:20.07 |     |
| 300m: 3:59.07 1:22.03          | 700m: 9:32.47 1:22.68  | 1100m: 14:54.73 1:20.09 | 1500m: 20:09.82 1:15.15 |     |
| 400m: 5:22.66 1:23.59          | 800m: 10:53.69 1:21.22 | 1200m: 16:14.21 1:19.48 |                         |     |