



Prova 10 Masc., 400m Estilos Absoluto
08/07/2023 - 9:26 Com o apoio da Junta de Freguesia de Santo António Resultados

Recorde Regional Open	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

Juv. B Mas. Juv B: 5:05.79 / Juv. A Mas. Juv A: 4:58.78 / Júnior 1º Ano Mas. Jun17: 4:50.36 / Júnior 2º Ano Mas. Jun18: 4:48.96 / Sénior 1º Ano Mas. Sen19: 4:41.94 / Sénior 2º Ano Mas. 20+: 4:40.54

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
Infantis B, 13 anos			
1. DUARTE, Nayan Santos	10 Juventude Atlantico	7:27.55	144
50m: 51.06 51.06	150m: 2:51.93 56.79	250m: 4:50.28 1:04.22	350m: 6:40.95 46.98
100m: 1:55.14 1:04.08	200m: 3:46.06 54.13	300m: 5:53.97 1:03.69	400m: 7:27.55 46.60

Infantis A, 14 anos			
1. SILVA, Joao Bernardo	09 Desportivo Nacional	5:32.34	352
50m: 33.87 33.87	150m: 1:58.02 42.81	250m: 3:29.23 49.06	350m: 4:56.60 37.79
100m: 1:15.21 41.34	200m: 2:40.17 42.15	300m: 4:18.81 49.58	400m: 5:32.34 35.74
2. PESTANA, Pedro Correia	09 Desportivo Nacional	5:51.56	297
50m: 37.68 37.68	150m: 2:08.93 44.06	250m: 3:43.45 51.47	350m: 5:13.67 38.61
100m: 1:24.87 47.19	200m: 2:51.98 43.05	300m: 4:35.06 51.61	400m: 5:51.56 37.89

Juvenis A, 16 anos			
1. COSTA, Guilherme Corte	07 Desportivo Nacional	5:05.63	453
50m: 30.67 30.67	150m: 1:44.96 38.26	250m: 3:09.46 46.50	350m: 4:32.20 35.67
100m: 1:06.70 36.03	200m: 2:22.96 38.00	300m: 3:56.53 47.07	400m: 5:05.63 33.43
2. OLIVEIRA, Afonso Miguel	07 Juventude Atlantico	5:06.89	447
50m: 31.21 31.21	150m: 1:45.70 37.85	250m: 3:10.53 46.29	350m: 4:32.47 34.92
100m: 1:07.85 36.64	200m: 2:24.24 38.54	300m: 3:57.55 47.02	400m: 5:06.89 34.42
3. JESUS, David Martins	07 Desportivo Sao Roque	5:46.91	310
50m: 28.08 28.08	150m: 1:53.07 52.70	250m: 3:32.77 50.85	350m: 5:06.97 41.72
100m: 1:00.37 32.29	200m: 2:41.92 48.85	300m: 4:25.25 52.48	400m: 5:46.91 39.94

Classificação Geral			
1. COSTA, Guilherme Corte	07 Desportivo Nacional	5:05.63	453
50m: 30.67 30.67	150m: 1:44.96 38.26	250m: 3:09.46 46.50	350m: 4:32.20 35.67
100m: 1:06.70 36.03	200m: 2:22.96 38.00	300m: 3:56.53 47.07	400m: 5:05.63 33.43
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100m: 1:00.37 32.29	200m: 2:41.92 48.85	300m: 4:25.25 52.48	400m: 5:46.91 39.94
5. PESTANA, Pedro Correia	09 Desportivo Nacional	5:51.56	297
50m: 37.68 37.68	150m: 2:08.93 44.06	250m: 3:43.45 51.47	350m: 5:13.67 38.61
100m: 1:24.87 47.19	200m: 2:51.98 43.05	300m: 4:35.06 51.61	400m: 5:51.56 37.89



Prova 10, Masc., 400m Estilos, Classificação Geral

Lugar				Ano				Tempo final	Pts			
6.	DUARTE, Nayan Santos			10	Juventude Atlantico			7:27.55	144			
	50m:	51.06	51.06	150m:	2:51.93	56.79	250m:	4:50.28	1:04.22	350m:	6:40.95	46.98
	100m:	1:55.14	1:04.08	200m:	3:46.06	54.13	300m:	5:53.97	1:03.69	400m:	7:27.55	46.60