

Prova 7	Masc., 800m Livres				Absolutos
30/06/2023 - 20:35	Absoluto (Juvenis, Juniores e Seniores)				Resultados
Recorde Regional Open	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao	24/07/1997
Recorde Nacional Nat. Adaptada	11:28.68	CARVALHO, Joaquim Eduardo	CNF	Vila Franca de Xira	29/04/2023

Juv. B Mas. Juv B: 9:51.35 / Juv. A Mas. Juv A: 9:37.78 / Júnior 1º Ano Mas. Jun17: 9:21.51 / Júnior 2º Ano Mas. Jun18: 9:18.80 / Sênior 1º Ano Mas. Sen19: 9:05.23 / Sênior 2º Ano Mas. 20+: 9:02.52

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
Juvenis B, 15 anos			
1. MIRANDA, Francisco Guilherme	08 Naval do Funchal	9:26.35	508
<i>TAC Nacional - Coimbra, 28 a 30 de julho de 2023</i>			
100m: 1:05.17 1:05.17	300m: 3:26.89 1:11.50	500m: 5:51.28 1:12.42	700m: 8:17.04 1:12.93
200m: 2:15.39 1:10.22	400m: 4:38.86 1:11.97	600m: 7:04.11 1:12.83	800m: 9:26.35 1:09.31

Juvenis A, 16 anos

1. JESUS, David Martins	07 Desportivo Sao Roque	9:38.14	478
100m: 1:04.92 1:04.92	300m: 3:28.29 1:12.65	500m: 5:56.20 1:14.73	700m: 8:25.73 1:14.14
200m: 2:15.64 1:10.72	400m: 4:41.47 1:13.18	600m: 7:11.59 1:15.39	800m: 9:38.14 1:12.41
2. NUNES, Duarte Costa	07 Juventude Atlantico	10:42.71	348
100m: 1:12.28 1:12.28	300m: 3:56.39 1:22.72	500m: 6:41.73 1:22.46	700m: 9:26.17 1:23.42
200m: 2:33.67 1:21.39	400m: 5:19.27 1:22.88	600m: 8:02.75 1:21.02	800m: 10:42.71 1:16.54
3. CARVALHO, Joaquim Eduardo	07 Naval do Funchal	10:52.77	332
<i>Recorde Nacional de Natação Adaptada</i>			
100m: 1:13.90 1:13.90	300m: 3:58.54 1:22.83	500m: 6:45.18 1:23.03	700m: 9:31.30 1:23.18
200m: 2:35.71 1:21.81	400m: 5:22.15 1:23.61	600m: 8:08.12 1:22.94	800m: 10:52.77 1:21.47

Absolutos, 15 anos e mais velhos

1. ABREU, Sergio Gomes	96 Naval do Funchal	8:56.36	598
<i>TAC Nacional - Coimbra, 28 a 30 de julho de 2023</i>			
100m: 1:02.08 1:02.08	300m: 3:14.41 1:06.47	500m: 5:30.90 1:08.68	700m: 7:49.37 1:09.31
200m: 2:07.94 1:05.86	400m: 4:22.22 1:07.81	600m: 6:40.06 1:09.16	800m: 8:56.36 1:06.99
2. MIRANDA, Francisco Guilherme	08 Naval do Funchal	9:26.35	508
<i>TAC Nacional - Coimbra, 28 a 30 de julho de 2023</i>			
100m: 1:05.17 1:05.17	300m: 3:26.89 1:11.50	500m: 5:51.28 1:12.42	700m: 8:17.04 1:12.93
200m: 2:15.39 1:10.22	400m: 4:38.86 1:11.97	600m: 7:04.11 1:12.83	800m: 9:26.35 1:09.31
3. JESUS, David Martins	07 Desportivo Sao Roque	9:38.14	478
100m: 1:04.92 1:04.92	300m: 3:28.29 1:12.65	500m: 5:56.20 1:14.73	700m: 8:25.73 1:14.14
200m: 2:15.64 1:10.72	400m: 4:41.47 1:13.18	600m: 7:11.59 1:15.39	800m: 9:38.14 1:12.41
4. NUNES, Duarte Costa	07 Juventude Atlantico	10:42.71	348
100m: 1:12.28 1:12.28	300m: 3:56.39 1:22.72	500m: 6:41.73 1:22.46	700m: 9:26.17 1:23.42
200m: 2:33.67 1:21.39	400m: 5:19.27 1:22.88	600m: 8:02.75 1:21.02	800m: 10:42.71 1:16.54
5. CARVALHO, Joaquim Eduardo	07 Naval do Funchal	10:52.77	332
<i>Recorde Nacional de Natação Adaptada</i>			
100m: 1:13.90 1:13.90	300m: 3:58.54 1:22.83	500m: 6:45.18 1:23.03	700m: 9:31.30 1:23.18
200m: 2:35.71 1:21.81	400m: 5:22.15 1:23.61	600m: 8:08.12 1:22.94	800m: 10:52.77 1:21.47

EXH MANES, Bernardo Silva	07 Seleccion dos Acores	9:55.28	438
100m: 1:06.27 1:06.27	300m: 3:36.87 1:16.18	500m: 6:09.18 1:15.93	700m: 8:40.94 1:15.84
200m: 2:20.69 1:14.42	400m: 4:53.25 1:16.38	600m: 7:25.10 1:15.92	800m: 9:55.28 1:14.34